

# Celebrity Couple Kristen Bell & Dax Shepard Talk Disciplining Their Daughters



By [Brooke Crawford](#)

Famous [celebrity couple Kristen Bell](#) and Dax Shepard are great examples of parenting. In a recent story from [UsMagazine.com](#), the pair shared their good parenting advice on how they communicate with their kids. This couple, who have been in a [celebrity relationship](#) since 2007, finds there is importance in how you raise your children for the future of the family as well as themselves.

# This celebrity couple is super focused on good parenting. What are some ways to know if your partner will be a good parent?

## Cupid's Advice:

There is no manual on how to parent your children, and sometimes watching others does not help. Finding your own set of family moral and value sets to reference is important. Being sure that you both are on the same page when parenting is also important. Cupid is here with parenting advice to help with the process:

**1. Patience:** Every parent needs to have an immense amount of patience. Raising children is not an easy job and can be thankless more often than not. Kids require a lot of patience, and without that, it can be extremely frustrating.

**Related Link:** [Simple Survival Tips for Single Parents](#)

**2. Stress management:** Kids can put a strain on a couple, as it affects each person differently. Someone who is strong under pressure will be able to handle anything that is thrown their way.

**Related Link:** [To Move or Not to Move? Why This Decision is Tough on Kids](#)

**3. Dedication:** Kids require a lot hard work and dedication. Some people see this as a full time job. This is a bit more than a job because there aren't any off days, and it is an 18 year commitment (at least). A dedicated partner will have no problem sacrificing certain parts of their life to help raise kids.

**Every family is different in how kids are raised. Share some of your valued parenting advice with us below!**