

Celebrity News: Demi Lovato Says 'Manly' Boyfriend Wilmer Valderrama 'Loves So Hard'



By [Stephanie Sacco](#)

Demi Lovato seems to have found “the one.” In [celebrity news](#), Demi Lovato and Wilmer Valderrama are still going strong. According to [UsMagazine.com](#), this [celebrity relationship](#) has lasted for six years. Lovato had nothing but good things to say about her man, saying, “When I dated white guys, it wasn’t as passionate as my relationship with Wilmer. Maybe that’s just Wilmer. But I do believe that Latin people are just more expressive, more passionate with their emotions.” She added, “He’s very manly, and he can be stubborn like Latino men can, but he’s protective and he cares so much

and loves so hard.” This duo are proving that long-term relationships can last.

In celebrity news, Demi Lovato is totally smitten. What are some ways to keep the spark alive in your long-term relationship?

Cupid’s Advice:

Long-term relationships can get dull or tedious and can even provoke thoughts of break-ups. It’s important to keep the spark alive. Cupid is here to help:

1. Surprises: Plan surprise dates for your partner or cook a meal for them without their knowledge. Send flowers to your partner’s place of work. Keep them on their toes.

Related Link: [Ways to Remain Confident In Your Long-Term Relationship](#)

2. Try new things: Go someplace different or plan a trip somewhere special. Take a hike, a road trip, or stay put but try a new restaurant. Don’t settle into a routine that’s going to get old fast.

Related Link: [5 Pieces of Love Advice From Celebrity Couples in Long-Term Relationships](#)

3. Hobby: Take up a hobby that you can do together that you both enjoy. Take a class together or start binge watching a show. Anything that can bring you two closer will help.

Do you know how a better way to keep the spark alive? Leave a comment below!