

# Relationship Advice: How to Find Real Love



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Michelle Marchant-Johnson to give their [relationship advice](#) on how to find real love, even if you've been in the dating world for awhile.

## Relationship Advice on Finding True Love

**1. Clarity.** It's important to have clarity about what you want in terms of a relationship in your life. One dating tip: This

doesn't mean having a huge list, but there is a power in being able to say what you want.

**Related Link:** [Dating Advice: How To Attract A Man Through Your Body Language](#)

**2. Conviction.** The experts relationship advice is to have conviction and belief that finding love is possible for you.

**3. Compassion.** Have compassion for yourself and recognize that all you've been trying to do is get one of your deepest needs met. Also, approach potential dating partners with compassion as well.

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