

Dating Advice: How To Attract A Man Through Your Body Language



On this week's episode of [Single in Stiletto's](#), founder and matchmaker Suzanne Oshima talks to relationship expert and author of *The Power of Women Over Men and How to Use It* Nick Karson to talk expert [dating advice](#) on how to show a man you're interested in him through your body language.

Dating Advice On Attracting A Man Through Your Body Language

Dating is not easy, but expert dating advice says one of the

best ways to show a man that you're attracted to him is through your body language. Experts say your body language can say more to a man than you ever could. Their three best dating tips are to smile, hold eye contact, and lean into his personal space a bit.

1. Smile. One of the biggest things you can do to show a man that you're interested, is to smile. It's a green light because men are so nervous and want to say hi, but don't always feel comfortable. If you can hold his gaze and give him a sweet smile, it makes you approachable.

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2. Holding his eye contact for 2-3 seconds. Doing this shows that you're listening and are engaged in the conversation.

3. Lean in. Go into his personal space a beat and lean in when you're talking to him. When women do that little hair toss, it shows men that you like them.

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