

Celebrity Couple News: Is Kaley Cuoco Dating Karl Cook?



By

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Latest [celebrity news](#) has us all wondering if Kaley Cuoco has moved on from her [celebrity divorce](#) that ended in September. [UsMagazine.com](#) shared that the two have been spending quite a bit of time together. From shooting ranges to equestrian competitions to tennis matches (BNP Paribas Open), it is possible that a new [celebrity relationship](#) is in the works.

This celebrity couple news comes post-divorce for Kaley. What are

some ways to know you're ready to date again after a divorce?

Cupid's Advice:

Divorce is super tough to cope with. After ending a marriage, it can be difficult to get back up on the dating bandwagon. Cupid has some [dating advice](#) for those who need a few signs:

1. Content being alone: Marriage can often times make a person feel dependent upon their former spouse. After a divorce, you need time to be confident in being on your own. Make sure your main focus is to uplift and support yourself. If you have reached a point where you are content being single, this could be a sign that you are ready for a few dates.

Related Link: [Heidi Klum Talks Life After Celebrity Break-Up from Seal](#)

2. You are at peace: You have been associated with another person whom you no longer have ties with. When you are at peace with who you are and where you are at in life, that's a sign that you are ready to get back out there. Do a self evaluation. If you feel that you are truly at a peaceful state in your life, then maybe it is time to check out the attractive neighbor across the way.

Related Link: [Expert Dating Advice: Moving on After a Divorce](#)

3. Say it: Saying things out loud can have a different effect than when you are stuck in your thoughts. The next time you get a chance, tell a close friend that you are ready to date again. Listen to how it sounds and feels as you say it. If it is true, then your friend will agree and you will feel empowered by saying it.

Dating is not something that comes easily, especially after a divorce. Share your thoughts and tips below!