

# Enjoy the Outdoors With This Challenging Date Idea!



By [Brooke Crawford](#)

According to PsychologyToday.com, one of the qualities of a very successful relationship is the ability to stand together in the face of external challenges. Why not embark on a walk on the wild side and take your date outdoors? Not only will you learn about yourself, but you'll learn how to navigate through challenges as a couple – and you'll grow closer in the process. Consider our [dating advice](#) below to add a little adventure to your next date.

# Follow This Dating Advice All the Way to Acadia National Park

During the 20th century, large parcels of land were donated in order to form what is now called Acadia National Park. This park is home to natural life, three campgrounds, five lean-to shelters, and the tallest mountain on the Atlantic coast. If you're looking to fit in some exercise on this weekend date idea, it boasts hiking trails for the thrill seeker. It's also a great spot if you're just looking for a little fresh air.

**Related Link:** [Weekend Date Idea: Connect with Nature](#)

Another great outdoor activity to consider is whitewater rafting. If you live in West Virginia, the Gauley River, nicknamed the Beast of the East, boasts the most intense whitewater rafting east of the Mississippi. This 105-mile long river creates the perfect space to test your endurance and coordination as a couple. If you're concerned about intensity, New River is an easier path to navigate. Choose this activity for your next outdoor, water adventure!

## Date Idea: Get Wet and Wild at the Columbia River Gorge

The Columbia River Gorge is the perfect getaway for windy water sports, including windsurfing, paddle boarding, and kiteboarding. This gorge is said to be the largest scenic area in the United States and includes a mixture of trails, forests, and windy rivers. Whether you fancy a trail walk or a windy ride on a paddle board, there is something for every couple looking for some outdoor fun. Leave your phones at home and spend a weekend here connecting with nature and one another.

**Related Link:** [Date Idea: Explore Your Relationship and Love on](#)

## [a Road Trip](#)

These outdoor date ideas allow you and your partner to focus on your relationship without the strain of your normal day-to-day expectations. Challenge your relationship by tackling these activities as a team and grow through your new experiences.

**What's your favorite outdoor date idea? Share with us in the comments below!**