

Zac Efron's Night Out Without Vanessa Hudgens



It looks like Zac Efron is finally over Vanessa Hudgens, despite a brief rumored reconciliation. [People](#) reports that Efron, 23, accompanied actress Teresa Palmer, 24, to a screening of her movie *Take Me Home Tonight*. The twosome then continued their night out at Voyeur nightclub in West Hollywood where, “Zac chatted with Teresa for awhile,” says a source. “She leaned in close so she could hear over the music [while Zac was] smiling and slightly flirting with her.” Efron and Hudgens, 22, ended their four-year relationship in December.

How quickly should you move on after a break-up?

Cupid's Advice:

After a relationship ends, when is it healthy to start dating again? Everybody's different, but Cupid has some tips on how

to know when you're ready:

1. Take time to recuperate: Don't start dating again after a breakup until you've had enough time to properly heal. If you don't, you'll end up in an unhealthy rebound relationship.

2. Do it for yourself: Make sure you're not jumping into a new relationship just to make your ex jealous. It's unfair to your new partner and to yourself.

3. Don't rush: Take things slow with your new boyfriend or girlfriend. Think about what went wrong in your last relationship, and try not to make the same mistakes.