

Former Celebrity Couple Ben Affleck & Jennifer Garner Hit the Slopes with Tom & Gisele



By Emily Hoff

In [celebrity news](#), former [celebrity couple](#) Ben Affleck and Jennifer Garner and current couple Tom Brady and Gisele Bundchen were spotted vacationing together in Big Sky Montana on February 15th, according to [UsMagazine.com](#). The group went skiing at one of the Yellowstone Clubs where they enjoyed drinks and nachos. In past [celebrity relationship](#) news, Affleck had a fling with Christine Ouzonian, Ben Affleck and Jennifer Garner's nanny. Many people think that Ouzonian contributed to the celebrity divorce.

This former celebrity couple isn't letting their split affect their family life! What are some ways to keep your family life strong after a split?

Cupid's Advice:

1. Communicate: Good communication is key to anything in life. You need to communicate to your family what is going on. Communicate especially if there are kids involved. A split can cause a lack of communication, but it is vital, especially if you want to keep a strong family unit.

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2. Be open about how you are feeling: If you are the one going through the divorce, communicate with your friends, family, or ex-spouse, how you are feeling. Do not hold those feeling in and be passive aggressive. No one wins in that case, and it only hurts your family more, so it's important to especially ask your kids how they are feeling because a divorce is very hard on them.

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3. Know it takes work to be a strong family unit during a divorce: Ben and Jen are very lucky that they still can communicate with each other and be civil after their split. Some are not as fortunate. So, just know that if you want to still be a strong family unit especially after a split, that it is going to take work and it is not going to come easily.

What are some ways to keep your family unit strong during a split? Comment Below.