

Al Gore Splits From Wife



Al and Tipper Gore were high school sweethearts, and their relationship has withstood the Vietnam War, the near death of a child, and a failed presidential campaign attempt in 2000. Now, the couple that seemed unbreakable, announced that they have chosen to go their separate ways.

How do you pick up the pieces after spending half a lifetime with the same person?

Cupid's Advice:

Many couples feel pressured to stick together, even when they are worlds apart in their own lives. If you find that you don't know who you're living with any longer, consider the following to help understand your situation.

1. Pay Attention: For duos that celebrate yet another

anniversary but suddenly realize that they aren't the same two people that got married, it's time to open your eyes and see yourselves as individuals.

2. Clear the cobwebs: This may sound cliché, but one of the best ways to start fresh is getting rid of any obstacles you think are blocking your path.

3. Focus on your future: One thing many longtime couples forget is that while they may be 'one' within a relationship, they're still separate people, and are entitled to their own road in life – even if this means traveling in different directions. If splitting up is necessary, know that you can find yourself in the process. Picking up the pieces may take awhile, but it can be done without guilt or pain if done right. _____