

# Dating Experts Give Relationship Advice To Attract a High Quality Man



On this week's [Single in Stilettos](#) post, founder and matchmaker Suzanne Oshima talks expert [relationship advice](#) with love coach Nicole Moore on finding your next relationship and love. They're not talking how to attract just any man, but a high quality man. "You want to be an energy of 'I am the prize,'" Moore exclaimed.

## Author Gives Relationship Advice To

# Help You Find The Right Man

Here are Moore's three best pieces of expert relationship advice to help you be magnetic to a high quality man:

**1. Be present in your body, not your head.** When you are present in your head, you are dating from your insecurities and fears, but when you are present in your body, you transition from thinking to feeling. The dating experts say that men are constantly thinking they want a woman who will make them feel. A high quality man will love the energy you emit when you are totally present in the date and not in your own head.

**Related Link:** [Dating Experts Reveal How To Attract the Right Man](#)

**2. Do not hate men.** Women often hold negative notions of men: they cheat, they lie, all they want is sex. But here's some love advice: If these thoughts are in your mind, he can read them in your energy and when he does he is not going to feel safe or comfortable with you. When you love and appreciate men, they will flock to you because your energy makes them want to be around you.

**3. Be confident in yourself and what you have to offer.** High quality men know they have options and they want to be confident in making their choice, but first they must feel confident about you. If you act confidently in front of him, he will be confident in your presence.

**Related Link:** [Expert Dating Advice: How to be a Smarter Dater](#)

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**What's your best piece of love advice for being a smarter dater? Share with us in the comments below!**