

# Celebrity News: Zayn Malik Says He's 'Good Friends' with Gigi Hadid



By Jasmine Igwegbe

When it comes to problems in relationships, one that may be immensely mind boggling to us all is: why be in a relationship with someone you are ashamed of? In [celebrity news](#), Zayn Malik and supermodel Gigi Hadid have been spotted out together multiple times, and there's been some social media love as well. According to [UsMagazine.com](#), Malik is essentially denied dating Hadid on an interview with *Apple's Music's Beast*, and Hadid confirmed that Malik is "actually single." These two continue to claim each other as just good pals, even though celebrity gossip says they are a [celebrity couple](#).

**This celebrity news seems to point toward a denial that the two celebs are dating. What do you do if you are getting signs that your partner is ashamed of you?**

## **Cupid's Advice:**

It's not easy to spot out if your partner is ashamed of you. So, when you notice it, take action to better the situation for yourself and the relationship. Cupid has some advice on what to do if you think your partner is ashamed of you:

**1. Talk it out:** If your partner is ashamed of you, it's best

to talk to your partner about the situation first. See what thoughts are going through their mind to help better your decisions in the relationship.

**Related Link:** [Celebrity News: Calvin Harris and Zayn Malik Feud Over Taylor Swift on Twitter](#)

**2. Focus on yourself:** Don't let it get to you! Continue to work on yourself and do what's best for you.

**Related Link:** [Can You Be Single and Still Have a Soulmate?](#)

**3. Become more active:** Participate in activities like cycling, snowboarding or even jet skiing. Get involved in what 's going on; keep yourself going.

**What are some other ways to deal if you think your partner is ashamed of you? Share your thoughts below.**