

# Expert Dating Advice: How to Be a Smarter Dater



On this week's [Single in Stiletto](#) show, founder and matchmaker Suzanne Oshima talks to dating expert and relationship author Tinzley Bradford about how to be a smarter dater. "I do what I do because I love to help women be better!" Bradford, writer of *The Settle-Free Dating Method for Women*, exclaims.

## Relationship Author Helps You Find the Right Man

Here are Bradford's three best pieces of expert [dating advice](#) to help you be a smarter dater:

**1. Be observant:** “I’m a strong believer in watching what people do versus what they say,” the dating expert reveals. If he says he’s going to call you at a certain time but never does, that’s something important for you to note. Always keep his actions in mind.

**Related Link:** [Expert Dating Advice About Why You Shouldn’t Give Up on Finding the Right Man](#)

**2. Be aware of who you’re dating:** If you already see some not-so-great sides of your partner, it may be time to move on. For instance, if you want a serious relationship and love, but he just wants to “Netflix and chill,” be smart and *listen* to what he says. “Ladies, you can’t change a man’s mind,” Oshima explains.

**Related Link:** [Relationship Advice About True Love](#)

**3. Don’t overstress:** You don’t have to go on a date every night or even every weekend. Don’t put too much pressure on yourself. “Date yourself sometimes,” Bradford shares of this piece of expert dating advice. “Take time for *you*. A little downtime never hurts.”

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**What’s your best piece of love advice for being a smarter dater? Share with us in the comments below!**