

Celebrity News: 'The Bachelor' Season 20 Premieres with Ben Higgins Fending Off a Drunk Contestant



By Myesha Cobb

[The Bachelor season 20](#) kicked off earlier this week with all of the drama that fans have grown to love on the realityTV show. The premiere episode included leading man Ben Higgins handing out the First Impression Rose, engaging in drunk exchanges, and, of course, breaking some hearts during eliminations. According to the latest celebrity news in [UsMagazine.com](#), one of the contestants, Lace Morris, was so drunk that she went in for a second kiss. Not only was she

rejected, but she was also interrupted by another contestant, Mandi Kremer, who she threatened to punch. There's no doubt that there will be more fights and jealousy as Higgins looks for a relationship and love on *The Bachelor* season 20!

This celebrity news is not lacking in the drama department. What are some ways to keep drama out of your relationship and love?

Cupid's Advice:

Drama inevitably works its way into most relationships. As we read in this celebrity news story about *The Bachelor* season 20, Higgins is already dealing with his fair share, thanks to Morris and her fight with Kremer. Fortunately, drama *can* be avoided. Below, Cupid shares some love advice:

1. Remember that you love each other: Sometimes, your relationship gets so heated and cluttered with drama that you forget that you love each other. You let the things you dislike overpower your love, and everything goes south. Perhaps revisiting the restaurant where you had your first date or cooking a special meal together will remind you why you fell in love with each other in the first place.

Related Link: [Love Conquers Anger for Barry Williams & Elizabeth Kennedy](#)

2. Try counseling: If you don't feel like you can deal with the drama on your own, seek outside help. It's okay to call for reinforcements! Seeing a therapist shows that you both care about your relationship and love and want to save it by any means necessary.

Related Link: [Kourtney Kardashian & Beau Get Therapy](#)

3. Focus on communicating: Drama is often caused by miscommunication...or maybe no communication at all. Sit down and talk through your issues. Don't yell at or argue with each other. Be sure to listen to your partner too – their perspective is equally important to your own!

How do you handle drama in your relationship and love? Share your best dating advice in the comments below!