

# Dating Advice: How To Approach A Man Without Seeming Desperate



On this week's Single in Stilettos [dating advice](#) video, matchmaker Suzanne Oshima talks to relationship expert Matt Adams about how to approach a man without seeming desperate.

## Dating Advice On Making The First Move

If you're single and looking for your next relationship and love, then you know how hard it can be to approach a man without appearing desperate. Desperation is about neediness

and we all know that isn't attractive. Check out the expert dating advice tips below on how to approach a man.

**1. Give value.** Dating experts reveal that you need to have the mindset that you need to give the guy something. The first step to approaching a man is to bring something to the table, like being funny or having something interesting to say.

**Related Link:** [Dating Experts Reveal How to Attract the Right Man](#)

**2. Compliments.** Give out sincere compliments, because men love them and it feeds their ego. Again, you want to give the man good feelings.

**Related Link:** [Relationship Advice: How To Get Engaged In A Year!](#)

**3. Social touching.** Don't be afraid to touch him. Touching is the next phase of acceptance, so if you touch his forearm, it lets a guy know that you're accepting him into your space. Maybe even touch his triceps and compliment his strength.

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**What's your advice on approaching a man without seeming desperate? Tell us in the comments below!**