

Halle Berry and Gabriel Aubry Begin Ugly Custody Fight



Award-winning

actress Halle Berry and her model ex Gabriel Aubry have begun what seems to be a brutal battle of custody over 3-year-old daughter, Nahla, [People](#) reports. Berry and Aubry, who split last year after four years together, have brought their battle public. Earlier this week, Berry released a statement voicing, “serious concerns for her daughter’s well-being while in the care of her father.” Sources close to Berry claim that Aubry became verbally abusive to her after their break-up, even using a racial slur. Still, Aubry’s friends stand by his side. One source said, “I never saw someone more dedicated to their child.”

How can you keep your child out of your custody fight?

Cupid’s Advice:

Nobody wants to be involved in a custody battle. But if you do find yourself drawing up visitation papers, make sure to keep your children calm, happy and distracted:

1. Keep them busy: Arrange for your kids to go home with a friend after school or spend the weekend with their grandparents. The more you distract your children and keep them away from the fights, the less they'll worry.

2. Activities and clubs: After-school activities and clubs, whether it be a sports team or drama club are great outlets for children to release pent-up energy and anger. By the time their activities are done, they're home for dinner, homework and bed.

3. Stay in check: This is you and your partner's battle, so don't involve your children. Even though it may be tempting to say something harsh about their mom or dad when tempers rise, don't do it. Children take in everything, and we forget just how observant and impressionable they are.