

# Vanessa Minnillo and Nick Lachey Are Savoring Engagement



After getting engaged, most couples practically race down the aisle like there's a finish line at the end. That's not the case for soon-to-be married couple Vanessa Minnillo and Nick Lachey. Minnillo, 30, and Lachey, 36, are savoring their engagement. According to [People](#), the two were engaged in November and have been enjoying it ever since. "We're enjoying being engaged," Minnillo says. "Everyone rushes to the next step and I like this step. I'm in love and we're happy, so when it comes and it happens organically I will welcome it with open arms."

**How long should you be engaged before marriage?**

Cupid's Advice:

Although most couples believe that sooner is better, Vanessa

Minnillo and Nick Lachey are proof that taking the engagement process slow is very rewarding. Cupid has a few good things that can come out of waiting:

**1. Growing comfortable:** Being engaged really puts a relationship into perspective, and it's a great way to tell whether or not you're truly ready to commit to this person forever. Waiting will not only help you both become more comfortable and sure of your decision, but it can give you some time to ease into the transition from engagement to marriage.

**2. Making decisions:** Taking your time with wedding arrangements will give you and your fiance not only more time to make your own decisions, but also to come together and find a common ground on your perfect wedding. The longer you wait, the less stressful the planning becomes!

**3. Right time:** Many couples make the mistake of getting married right away without thinking about the rest of their priorities. Give yourselves sometime to finish school, or wait until your jobs are less hectic before you request time off.

Wedding stress becomes a lot less scary when it's the only thing you have to worry about.