

# Are Former Celebrity Couple Kourtney Kardashian & Scott Disick Back Together?



By Abbi Comphel

*Keeping Up With the Kardashians'* former [celebrity couple](#) Kourtney Kardashian and [Scott Disick](#) are rumored to be working on their relationship for the sake of their kids. According to [UsMagazine.com](#), Kardashian is letting Disick back into her life because he is now sober. He recently completed a stint at rehab and is now sober for their celebrity kids Mason, Penelope and Reign. He is really trying to fix his celebrity relationship with Kardashian and her family.

# **This former celebrity couple seems to always go back and forth. What are some ways to stabilize your relationship?**

## **Cupid's Advice:**

Some relationships have a hard time staying committed. They tend to go back and forth. Cupid has some advice on how to stabilize your relationship:

**1. Talk things out:** Talk out all the problems that keep leading you to this back and forth relationship. If you realize that the same things keep coming up, then find a solution for them. Don't let small things keep you from a stable relationship.

**Related Link:** [Celebrity Couple: Blake Shelton Says He's 'Thankful for Gwen for a Ton of Reasons'](#)

**2. Know what you want:** If you want to be committed to this person, then stay committed. Don't waste their time by being on and off with them. If this person is really important, then you won't feel the need to keep leaving them behind.

**Related Link:** [Celebrity News: Scott Disick Apologizes to Kourtney Kardashian After Rehab Stint](#)

**3. Make a change:** If you really want this back and forth part of your relationship to end, then you must really make the change. You can't fall back into the same patterns, so you both have to work together to make sure you don't. Always reassure each other, and make sure that things are right where they are supposed to be.

**What do you think are the best ways to stabilize your**

**relationship? Comment below!**