

Denise Richards Protects Children From Charlie Sheen



It's no secret that Charlie Sheen has constantly been in and out of rehab, but now it's affecting his children. As a result of the media frenzy surrounding the actor's rambunctious behavior, according to *People*, ex-wife Denise Richards has been trying her hardest to protect their daughters Sam, 6 and Lola, 5. With new drama about the *Two and a Half Men* star in the news every day, shielding the kids is getting to be a full-time job for Richards, who has said she still cares about her ex a great deal. The actor also has 2-year-old twins with ex-wife, Brooke Mueller.

When should you protect your children from your ex?

Cupid's Advice:

It's the parents' job to protect and shelter their children for as long as possible. In certain cases, that responsibility extends to protecting them from your ex. Here are some of those cases:

1. When drugs or alcohol are involved: Until your partner or ex-partner can sober up, he or she should not be allowed around the kids.

2. When they are abusive: If your mate is physically or emotionally abusive to you or the kids, cut off all contact. Protect your kids by telling them that they are safe and that abuse is not acceptable behavior.

3. Mental or physical illness: Though it may not be your partner's fault that they are ill, children need to be protected from the pain serious illness can cause. At least shelter them from some of the gruesome details.