

Celebrity News: Olivia Culpo Has Moved On from Nick Jonas to NFL Star Tim Tebow



By Mackenzie Scibetta

[Celebrity exes Nick Jonas](#) and Olivia Culpo have been separated for almost 6 months now and are both happily moving on to new partners. According to [UsMagazine.com](#), Culpo has been dating former NFL quarterback Tim Tebow since September. This [celebrity news](#) only gets sweeter as Tebow allegedly thinks Culpo is “a goddess” and even writes her sweet notes all the time! While Culpo is being swooned by Tebow, Jonas has been busying himself with [Kate Hudson](#), as the latest celebrity gossip reports they are a new flame.

This celebrity news shows that the world really does keep spinning after a break-up. What are some ways to start moving on after a split?

Cupid's Advice:

Unfortunately there is no way to expedite the process of getting over an ex, but that doesn't mean it has to be painful. Figuring out how to find your place in the world again after feeling so down can be a smooth process if you have the right mindset. Cupid is here with 3 tips to help you move on after a difficult break-up:

1. Work through your feelings: Whether it's with a psychologist, your mom or your best friend talk to someone trustworthy about what's going on in your head. Express the hurt, the pain and the confusion you feel so that way you can learn to understand it. This is a healthy activity to help discover a new you!

Related Link: [Nick Jonas Breaks Silence on Split from Celebrity Ex Olivia Culpo](#)

2. Rediscover your interests: Being in a relationship might have caused you to accidentally give up some of your passions so this is the perfect time to pick up some of those lost interests. Any hobby or activity that you didn't previously have time for can now easily be squeezed back into your schedule.

Related Link: [Halle Berry and Olivier Martinez Announce Celebrity Divorce](#)

3. Go out alone: Enjoy all of the freedom you have and take advantage of every opportunity that you can. Don't be scared to see a movie by yourself or sit at a restaurant alone...embrace it! This is a time to try new things and explore a new side of yourself.

How do you help a friend who can't get over an ex? Let us know below.