

'Idol' Contestant Chris Medina Shares Story of Fiancee's Brain Injury



How much would you sacrifice if your partner got ill? The millions of people watching *American Idol* Wednesday night had to consider that question after watching Chris Medina's touching story. *People* reports that when 26-year-old Medina auditioned for the judges in Milwaukee, he told the story of how he and the love of his life, Juliana, dated for six years and got engaged. Then two months before the wedding, everything changed when Juliana got in an accident that left her with a traumatic brain injury.

"I was about to make vows just two months from the accident – through thick and thin, 'til death do us part, for better or worse," he said. "What kind of guy would I be if I walked out when she needed me the most?"

Should you sacrifice aspects of your life for your partner's

illness?

Cupid's Advice:

An illness or injury will test even the strongest relationship. Cupid has some advice on how much you should sacrifice when your partner goes through a trauma:

1. Respect the vows: Like Chris Medina said, when you get married, you make a vow to be there for each other "in sickness and in health, 'til death do us part." Your partner's illness gives you an opportunity to show how much those vows mean to you.

2. Get help: Don't go through this experience alone. If your mate needs care, make sure you ask for help from family, friends and professionals instead of taking it all on yourself.

3. Don't sacrifice everything: Your partner would probably want you to go out and enjoy life instead of worrying about him or her constantly. Take time for yourself once in awhile.