

Celebrity Couple Sarah Michelle Gellar and Freddie Prinze Jr.'s Kids are the Perfect Mix of Mom and Dad



By Mackenzie Scibetta

The family that cooks together stays together! At least that's how married [celebrity couple](#) Sarah Michelle Gellar and Freddie Prinze Jr. make it seem in new, adorable family photos released to Gellar's company, *FoodStirs*. According to [UsMagazine.com](#), the [celebrity kids](#) of Gellar and Prinze both share their mother's button nose and their father's beautiful brown hair. Charlotte, 6, and Rocky, 3, helped inspire their parents to offer kid-friendly recipes and activities for

FoodStirs. Gellar said that they “love trying out recipes and working in the kitchen, and I love it too because it’s just such great, quality time together, but it’s also productive.” Having been married 13 years, Gellar and Prinze really know how to make their Hollywood relationship last.

This celebrity couple has some adorable celebrity kids! What are some ways to cherish your children’s childhood?

Cupid’s Advice:

It seems like we only have fleeting moments with our children before they’re grown up and off to college. Minutes are precious and balancing cooking, cleaning, work and family can leave only small moments dedicated for your children. Get the most out of each day with your children because before you can blink they’ll be adults. Cupid is here to help you live in the moment and appreciate your children to the fullest:

1. Get them involved in your day: Take a cue from the Gellar-Prinze family and make your breakfast, lunch and dinner with them. Allowing them to help you crack the eggs or butter the bread not only saves you time, but makes them feel important. You can incorporate your kids into endless other daily chores too.

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2. Journal only the big moments: As a parent you will naturally want to document every move your child makes, but this takes away from the actual moment. Let your camera take a back seat and focus on living in the present the majority of the time. Your brain is a surprisingly effective tool for

preserving moments so don't hold back and enjoy the moment.

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3. Cuddle them: When they've had a nightmare let your kids sleep in your bed and, rather than complain about the space they are occupying, appreciate their comfort. Even if it's just having them sit on your lap while you read your morning paper, there's always time to get close with your children.

What fun activities do you do with your little ones? Let us know below.