

'The Bachelor' Winner Whitney Bischoff is Casually Dating After Celebrity Break-Up from Chris Soules



By [Katie Gray](#)

Most recent winner of *The Bachelor*, Whitney Bischoff, is dating again after her celebrity break-up from Chris Soules. The former celebrity couple split two months after the marriage proposal aired on the finale of the show. According to [UsMagazine.com](#), both claim that they are maintaining a healthy friendship.

This celebrity break-up was the talk of the town for quite a while. What are some ways to handle public

fallout after your break-up?

Cupid's Advice:

Break-ups can be the talk of the town even if you aren't a celebrity. It's like Miranda Lambert sings, "Everybody dies famous in a small town." Whether you're living in the public eye or not, it can be difficult to navigate after a break-up. Cupid has some dating advice on how to handle the public fallout:

1. Put a smile on: Although it may be difficult to wear a smile after breaking up with someone you clearly cared for, you have to do so eventually. You're going to go places that will remind you of your ex, and you're going to run into people who will know about the split. Try to embrace it all, and remember you're strong and still have many things to be happy about.

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2. Prepare what you'll say: When you go through a split, people are going to ask you about it eventually. It's a good idea to come up with what information you want to disclose to them. This way you won't be caught off guard when it happens.

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3. New routine: Sometimes it will be hard to go places that you once went with your ex, and to do things that you once did with them. However; you must still live your life. Come up with a new routine that works for you.

How have you dealt with the public fallout after a break-up? Share your stories below!