

5 Tips On Looking For Love

Posted on May 6, 2014 by Lori Bizzoco

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Waiting for that special someone to come along can often be the most frustrating part of falling in love.

Unfortunately, **there is no special formula** or textbook solution to **finding "the one,"** but that doesn't mean it's out of your hands! Whether you've been casually dating for years or are fresh out of a relationship and ready to move on, **challenge yourself by following these five dating tips.** They may put you outside of your comfort zone, but sometimes, that's what it takes to experience happily ever after.

1. Have the right attitude

Despite your age, occupation, or how long you've been single, love can happen anytime, anywhere. So **clear your head of any doubts** you have, whether it's telling yourself you've missed your chance at finding true love or that you'll be single forever. **Your skepticism can be a big factor in your ability to open up your heart, so don't let it get in the way.**

2. Get rid of your checklist

Whether you've written it down or just have it in your mind, we all have a checklist for our ideal partner. You've repeated it to your friends a dozen times. It goes something like, "He can't be shorter than six feet, live more than five miles away, wear sneakers on a date, or have a tattoo." You know the list — the one **sabotaging your love life.**

While it's important to know what you're looking for, **extensive checklists like this often limit you to a small number of people.** Let's be honest: When it comes to love, it's less about the head and more about the heart. If someone has nice qualities, then **take a chance and go on a few dates before making a decision.** You might be surprised what you'll find when you're no longer focusing on your list of expectations.

3. Don't be closed off by your "type"

So many people tend to gravitate towards what they think is their "type" while rejecting partners that ultimately may have been better choices for them. For example, maybe you've always dated bodybuilders, so that's who you look for when **browsing dating websites** or people at the bar. While toned bodies are nice, it's important to be open-minded to men who have qualities beyond six-pack abs. After all, if dating your "type" was the best choice for you, then you wouldn't be single, would you? **Challenge yourself to approach someone that has nothing in common with your exes.**

4. Visit new places to meet new people

Have you gotten in the habit of going to that same bar every weekend to spot a hottie? Or have you been a member of the same dating website since 2008?

This month, **make a vow that you'll try something different.** Maybe this means a small change like having a drink at a restaurant across town or making a profile on a new dating site. Or, if you're really brave, enroll in a singles cooking class, volunteer your time to a charity, or go to the opening of a hip art gallery. Remember, **even if you don't initially meet your future husband at the new gathering, you may meet his sister, cousin or best friend.** You never know!



5. Stay true to yourself

While it's important to be open-minded when **looking for love,** you must always stay true to who you are and what you need. **Never try and change in order to be compatible with someone else.** While this may work for a little bit in the beginning, **love with real longevity is about being honest and real.** No matter how many frogs you need to kiss to find the right match, the right person will accept you for who you are.

While some of these tips may be easier said than done, just **making a conscious effort** to remember them when you're out on the town or scrolling through online dating profiles can **change your entire outlook on relationships.**

Remember to use both your head AND your heart. Love can be found by anyone; it's just a matter of learning how to approach and accept that love.

RECOMMENDED FOR YOU

-  [Don't Take Online Dating So Seriously](#) 
-  [The Simple Formula Of Finding The Right "One" For You](#) 
-  [Make Her Beg to Be Your Girlfriend: Be the "Nice Guy" Who Always Gets the Girl](#) 
-  [Make Him Beg to Be Your Boyfriend in 6 Simple Steps](#) 

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About Lori Bizzoco
 Lori Bizzoco is the Founder and Executive Editor of [CupidsPulse.com](#), a first-of-its-kind website that takes the latest celebrity news and repackages it to help singles and couples navigate their love lives. She is a sought after relationship and entertainment expert who has been featured in The Wall Street Journal, Newsday, Forbes, Chicago-Tribune, Working Mother, Woman's Day, Redbook, Parenting, and on Fox News, The Suze Orman Show, WebMD, Match.com, JDate, YourTango, and more. She's appeared in two books, 'No Excuses: 9 Ways Women Can Change How We Think about Power' by feminist icon Gloria Feldt and 'Cheat on Your Husband (With Your Husband)' by Andrea Syrtash. Today, [CupidsPulse.com](#) has more than two million unique visitors per month.

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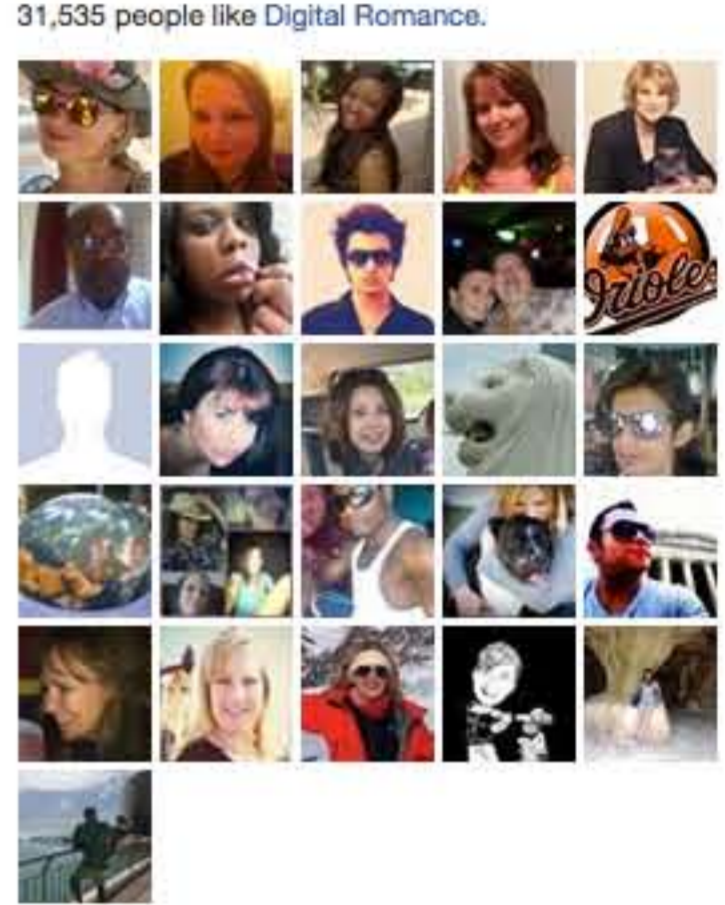
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