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Revive your Love Life

14 Celebrity-Inspired Tips

By Lori Bizzoco for CupidsPulse.com



As with every new year, there comes the ritualistic list of resolutions: Lose weight, stop smoking, save money, buy a house, etc. Instead of the same old, self-promises, why not resolve to making things better for you and that special someone in 2014? Whether you're single or in a relationship that needs reinvigorating, now is the time to focus on improving your love life. Who knows, if you begin now, you may be celebrating with someone new this coming Valentine's Day! To get you started, here are 14 tips inspired by your favorite celebrities:

1. Jennifer Garner accepts Ben Affleck for who he is and doesn't try to change his quirky personality or make him give up his vintage arcade games, motorbikes and poker nights. Men love women who let them be themselves. Accept your man for who he is, and if you can't, then maybe it's time to let him go.

2. Will Smith married his best friend, Jada Pinkett Smith, noting on many occasions that you need to check your insecurities and be yourself around your partner. Great advice! Find someone you feel comfortable being around. After all, it's hard to maintain a relationship when you feel like you can't be your true self.

3. Beyoncé Knowles knows that being confident in who you are is very important in a relationship. Having self-assurance allows you to better share yourself with your partner – nothing is sexier than feeling good in your own skin.

4. When Glamour asked Jennifer Aniston for love advice, she said, "Why does the romance leave relationships? I think it's laziness. I really do. I think a good relationship is about collaboration. That's the way to go in a relationship." If you feel the same, stop logging wasted hours on Facebook and start putting more time into your man to keep the love flowing.

5. Don't be your own personal paparazzi and broadcast your relationship all over the Internet. Ryan Reynolds kept his relationship with Blake Lively hush hush, and now the happy couple are married.

6. Taylor Swift is infamous for moving quickly, but she was moving at ludicrous speed when she was dating Conor Kennedy and decided to buy a house across the street from his family home in Rhode Island, only to break up shortly after ... awkward. Don't move too fast and

force the rhythm of the relationship. Let it move at a natural speed.

7. Guys don't want to be told they're cute; men want to hear they look like James Bond, claims Ashton Kutcher. Wowing your date with a compliment only takes two minutes, but it could have him hooked on you until the next millennium!

8. Channing Tatum pays attention to the details so he can be in tune with wife Jenna Dewan. As soon as she wakes up, he knows from her expressions if she had a bad dream or is in a good mood. Watch for body language cues and actions to better understand and connect with your partner. Sometimes it's not in what they say, but in what they do.

9. Emma Stone loves that Andrew Garfield constantly goof's around with her. Be fearless and make your man laugh without worrying about looking silly or like the fool.

10. Jay-Z shows his compassion and attraction to his wife Beyoncé by sharing

playful little touches. Sit next to your sweetie so your legs or shoulders barely touch, or reach out and place your hand on his arm for a flirty move that lets him know he's on your mind.

11. Brad Pitt was quoted saying, "Do you know how you tell real love? It's when someone else's interest trumps your own. I like to put it that way: Trumps your own. Love of somebody else becomes the most important, most worthwhile thing in your life." Measure your own feelings in a relationship. Are you willing to go out of your way for your partner and put their interests first?

12. Justin Timberlake almost let Jessica Biel get away, but he got smart, won her back and made things official! Before you lose someone you love, make sure you know the difference between fear of committing and fear of being with the completely wrong person.

13. Reese Witherspoon candidly revealed to Elle she follows Shakespeare's advice to love fully and with all your heart, like Romeo and Juliet, because you always gain from love. Put

your whole heart into it, even if it gets broken, at least you won't be constantly wishing and thinking "what if?"

14. The best way to get affection is to show it. Katharine McPhee told Men's Health she exemplifies what she wants to receive from her man, like being appreciative and looking him in the eye.

Revamp your relationship in 2014 by following these stars' outlook and make it a happy, love-filled year!

Lori Bizzoco is the Executive Editor of CupidsPulse.com, a first-of-its-kind website that takes the latest celebrity news and repackages it to help singles and couples navigate their love lives. She is a sought after relationship and entertainment expert who has been featured in The Wall Street Journal, Newsday, Forbes, Chicago-Tribune, Working Mother, Woman's Day, Redbook, Parenting, and on Fox News, The Sue Orman Show, WebMD, Match.com, iVista, YourTango, and more. She's appeared in two books, *No Excuses: 9 Ways Women Can Change How We Think about Power* by feminist icon Gloria Feldt and *Cheat on Your Husband (With Your Husband)* by Andrea Syrtash. Today, CupidsPulse.com has more than one million unique visitors per month.

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