

Celebrity Video Interview: Brad Goreski Says, “I Think We’re Going to See an Explosion of Glamour” at the Oscars



Interview by [Whitney Johnson](#).

In our celebrity video interview, we talked to fashion stylist Brad Goreski about the fashion at Sunday night's Grammys as well as his tips for [date night](#) looks. “The number one trend that I loved was the metallics,” the reality TV star says, citing Taylor Swift, Chrissy Tiegen (“the golden goddess of the evening”), and Rita Ora as gorgeous examples. Plus, he

reveals his predictions for the upcoming Oscars: “I think we’re going to see an explosion of glamour.”

Related Link: [Celeb Stylist Rachel Zoe and Brad Goreski Split](#)

Celebrity Stylist Talks Date Night Looks

When it comes to a date night, Goreski encourages women to look beyond what they’re wearing. “Starting off with really good hair, makeup, and skin is super duper important,” he explains. “Your skin should definitely be glowing on Valentine’s Day!” He also says that you should invest in a show-stopping coat to amp up your look this winter. Watch the celebrity video interview above for more!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Single in Stilettos Show: He Can’t Love You If You Don’t Love You





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to life stylist and mind body coach Diana Antholis about learning to love yourself. Antholis explains why self-love, self-confidence, and self-esteem are all important when it comes to falling in love with a man.

Related Link: [Find Out What Makes a Man Fall in Love](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What is your number one tip for self-love? Tell us in the comments below!

NoGamesLove Video Dating Tips: I Miss Your Smile...But I Miss Mine More



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on Toxic Relationships

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House shares her

tips for recognizing when it's time to end a toxic relationship and honor yourself and your intuition. "Sometimes the hardest breakup is when you have to do the breaking up," the dating expert explains. "You have to finally admit that this relationship isn't working."

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you know when it's time to end a toxic relationship? Tell us in the comments below!

Single in Stilettos Show: What Makes a Man Fall in Love?





Have you ever wondered how to make a man fall in love with you? If so, then this week's [Single in Stilettos](#) show is for you! Founder Suzanne Oshima talk to Professional Wingman's Thomas Edwards Jr. about the key qualities a man looks for in a woman, which include emotional stability, low drama, sexual compatibility, and a supportive and appreciative nature. If you're missing these characteristics, it's going to be hard to make your relationship last forever.

Related Link: [What Attracts a Man When You're Out](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Cupid wants to know: How do you know when a man is in love with you?

Single in Stilettos Show: First Date Tips for Women



Dating coach Nando Rodriguez has helped his clients open their eyes to love and find The One, so it's only fitting that he shares his first date tips on this week's [Single in Stilettos](#) show. He discusses first date expectations and preparations; the biggest mistake you can make when it comes to dating; why your checklist may be keeping you single; why you should stop thinking so much; whether or not you should go on a second date with him; and more.

Related Link: [Five Conversations to Avoid on a First Date](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What's your best first date tip? Tell us in the comments below!

NoGamesLove Dating Video Tips: Dating Power Tools



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on Dating Power Tools

Have you ever wondered what you need to bring on a date – not literally but mentally? In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House reveals the dating power tools that “make you feel better and look better and prepare you for a date.” The dating expert covers everything from eating a base food (did you know asparagus helps to minimize your chances of having a hangover after a drinking date?) to depuffing to calming those butterflies in your stomach and increasing your confidence (hint: wear red). Good luck!

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Cupid wants to know: What are your dating power tools?

Single in Stilettos Show: How to Flirt With a Guy





If you're hoping to find love in the new year, this [Single in Stilettos](#) show is for you! Founder Suzanne Oshima chats with dating coach Hunt Ehthridge to uncover the secrets of flirting. Ehthridge, who believes that flirting is the best way to show a guy you're interested in him, shares his top three tips: eye contact is key; appropriate touching is allowed; and playful teasing can be fun.

Related Link: [7 Ways to Flirt In a Web 2.0 World](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Cupid wants to know: What's your go-to flirting move?

NoGamesLove Video Dating Tips: Get Over an Ex By Acting Like Him



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on When to Move On

It's tempting to put yourself on a dating hold after you get out of a serious relationship, but in this week's [dating advice](#) video, relationship expert and E!'s *Famously*

Single dating coach, Laurel House encourages you to take a different approach. If you want to get over an ex, start acting like him! “Guys are amazing at getting over relationships, aren’t they?” the dating expert asks. Girls, on the other hand, “saturate in the pain of the breakup.” They tend to obsess and go on a life hiatus, just waiting for love to happen to us again. Here, House shares her quick tips for moving on from heartbreak.

Related Link: [Heartbroken? Heal and Move On...Like I Did](#)

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How did you move on after a broken heart? Tell us in the comments below.

Single in Stilettos Show: My Biological Clock is Ticking Away!





In this week's [Single in Stilettos](#) show, our Executive Editor and Founder [Lori Bizzoco](#) chats with Suzanne Oshima about dating when your biological clock is ticking away. Still looking for The One when you're in your late 30s and early 40s can be tough, but it's worth the wait. Bizzoco offers her best three tips: don't freak out; communicate your feelings to your partner; and consider freezing your eggs. For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Cupid wants to know: How do you handle a ticking biological clock?

Single in Stilettos Show: How to Get Into Shape for Dating



On this week's [Single in Stilettos](#) show, lifestyle and wellness coach Tracy Campoli talks to Suzanne Oshima about how to get your body in good shape before looking for love. Campoli reveals: the three body parts you should focus on to ensure that you feel confident when dating; her best tips for losing those last five to ten pounds; how to combat negative self-talk on the morning of a date; and why you shouldn't starve yourself or obsess over every little thing you eat. For more information about Single in Stilettos shows, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

How do you get into shape before date night? Tell us in the comments below!

Single in Stilettos Show: Why Do Men Disappear?



In this week's [Single in Stilettos](#) show, Suzanne Oshima and dating and relationship strategist Joe Amoia talk about an age-old question: Why do men just disappear? They discuss the following situations: why men disappear after a few great dates; why men go away for the holidays and never come back; and why men disappear after a traumatic event occurs. Ladies, if you've dealt with a boyfriend who suddenly stops calling or

texting, listen up!

Related Link: [Joe Amoia Talks Dating Red Flags](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How have you handled a man who just disappears? Tell us in the comments below!

NoGamesLove Video Dating Tips: When and How to End It





By [E!'s Famously Single Dating Coach, Laurel House](#)

Getting dumped is never easy, but sometimes, it's even harder when you have to break up with your significant other, when you love someone but know it won't work, or when you have to break your own heart. So how do you make that decision to finally get out of an unhappy relationship and find the love you deserve? In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House offers her tips for knowing when and how to end things. One way to know: "You're lonelier with them than when you are alone."

Dating Advice from E!'s *Famously Single* Laurel House on How to Break-Up

Related Link: [Heartbroken? Heal and Move On...Like I Did](#)

If you do everything you can to fix the issues in your

relationship and still don't see a future, it's time to say goodbye. House warns that it will be heart-wrenching – “I've been there,” the dating expert candidly shares – but also assures you that you will find more happiness.

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How did you know when it was time to end a bad relationship? Share your story in the comments below.

HGTV Designer Sabrina Soto Shares Her Party Planning Secrets in Celebrity Video Interview





Interview by [Whitney Johnson](#).

Celebrity Video Interview with Sabrina Soto

The holiday season is in full swing, and for many people, that means the next few weeks will be filled with parties to plan. With that thought in mind, we enlisted the help of style expert and author Sabrina Soto. In our [celebrity video interview](#), the host of reality TV show *The Great Christmas Light Fight* shares her top tips for hosting a stylish and affordable party.

Related Link: [Kathy Hilton's Advice for Holiday Entertaining](#)

Plus, she let us in on her holiday plans: "I have been engulfed in Christmas décor for the past two months, so this year, I'm going to Europe for Christmas just to get away and not have to worry about it!" the HGTV designer reveals.

Be sure to check out Sabrina Soto on *The Great Christmas Light Fight*, which premieres tonight at 9/8c on ABC.

For more great holiday party ideas, visit www.target.com/.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Single in Stilettos Show: How to Flirt with a Man



Are you wondering how to flirt with your cute co-worker at your company's holiday party? If so, look no further than this week's [Single in Stilettos](#) show! Suzanne Oshima talks with Patty Contenta, sensuality expert and founder of Sensuality Secrets. Learn how to attract a man through natural confidence

For more information about Single in Stilettos shows, click [here](#).

What is your go-to flirting move? Tell us in the comments below!

Cupid's Pulse
* * Celebrities. Love. Opinions. *



Interview by Priyanka Singh.

Chef Claire Robinson is perhaps best known for her Food Network show *5 Ingredient Fix*. But does she use only five ingredients when cooking at home? “I’m all about few ingredient cooking, which really focuses on the quality of the ingredient and the balance within each recipe,” the reality TV host explains in our [exclusive celebrity interview](#). “I’m looking for power-packed punches of flavor!”

Related Link: [‘The Chew’ Host Carla Hall Talks Winter Dinner Date Ideas](#)

Reality TV Chef Claire Robinson Shares Recipe

Plus, she reveals how the Flavor Forecast by McCormick helps her overcome “writer’s block” when she’s developing new recipes. Celebrating the Chilies Obsession of 2014, she teaches us how to make the Three-Chile Mole Fondue. She also encourages viewers to introduce fun and exciting recipes to their partners – and she’s got just the way to do it. “Try

some of these new flavors!”

And, of course, we had to ask if food is truly the key to a man’s heart: “Food is the key to memories; food is the key to passion,” she candidly shares in our exclusive celebrity interview. “It’s the one language we all speak.”

For more information on McCormick’s Flavor Forecast, visit <http://www.mccormick.com/Flavor-Forecast>.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

**‘Mob Wives’ Executive
Producer Jenn Graziano Says,
“I’m Not Anti-Marriage; I’m
Anti-Ball and Chain!”**





Interview by [Lori Bizzoco](#).

From VH1's *Mob Wives* to *Miami Monkey*, Executive Producer Jennifer Graziano transformed the realm of [reality TV](#). She now continues to expand her resume with exciting new projects like releasing a classic, family-inspired Italian cookbook and continuing the recent launch of reality TV star Big Ang's new wine line.

Related Link: ["Bigger is Better": Mob Wives "Big Ang" Launches New Wine Line in NYC!](#)

Celebrity Video Interview with *Mob Wives* Producer

Graziano recently sat down with CupidsPulse.com's Executive Editor Lori Bizzoco to talk about the *Mob Wives* franchise and how the series impacted her family and the rest of her career. And, of course, they talked relationships and love: Despite her hectic schedule, this accomplished bachelorette is open to the idea of getting married one day to someone who's willing to support her ambitions as a thriving businesswoman. As she

told us in our celebrity video interview, “I’m not anti-marriage; I’m anti-ball and chain!”

To learn more about Graziano, follow her on Twitter @jenngraziano. Don’t forget to tune in on Thursday, December 5th at 10 PM ET/PT for the new season of Mob Wives: New Blood on VH1!

Video by Erik Erikson.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Single in Stilettos Show: Dating Red Flags





This week, [Single in Stilettos](#) founder Suzanne Oshima talks with relationship strategist Joe Amoia about dating red flags. They address the following questions: Why are you missing the red flags in the first place? What are your essential needs from a man? What if he isn't giving you what you need? What kind of men should you avoid? What's a tell-tale sign you need to get out of a relationship? Listen up if you're trying to figure out if the man in your life is worth your time!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What dating red flags have you missed in the past? Tell us in the comments below!

NoGamesLove Video Dating Tips: 10 Places to Meet Your Soul Mate by New Year's Eve



By [E!'s Famosly Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famosly Single* Laurel House on Where to Meet Your Soul Mate

Are you hoping to find a guy before New Year's Eve rolls around? If so, you're in luck! With a little strategic dating, it is possible to meet your soul mate – or even just Mr. Right

Now – before the clock strikes midnight and a new year begins. First, you must do something different. “You want to expose yourself to new people and set-up an opportunity for chemistry,” says Laurel House, dating expert and E!’s *Famously Single* dating coach in this week’s [dating advice](#) video. “You do that by going places you normally would *never* go.”

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What are you going to do to meet a man by NYE? Share your tips in the comments below.

Single in Stilettos Show: Why Self-Confidence is So Important in Dating





On this week's [Single in Stilettos](#) show, Jennifer Daure, transformational coach at Timeless Living, talks about the importance of self-confidence when dating. She reveals why self-assurance is so important when you're looking for love and what men really think about a woman with confidence. Plus, she shares her top three tips for ensuring that you possess poise before your next night out.

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you build up self-confidence in moments of doubt? Tell us in the comments below!

'The Chew' Host Carla Hall Talks About Thanksgiving Dinner and Date Night



If you're hosting Thanksgiving dinner this year and are tired of the same old marshmallow-covered sweet potato casserole, dried out stuffing, and gel-like gravy ladled over tough turkey, update your family's traditional meal with tips from *The Chew* host Carla Hall. Follow her advice on how to put personal pizzaz into classic Thanksgiving dishes. With the cool weather and holiday season quickly approaching, Hall also provides dinner date ideas for those chilly winter evenings spent with your sweetie.

Related Link: ['Top Chef' Alum Richard Blais on Healthy Holiday Cooking](#)

For more information on Hall, visit www.carlahall.com/.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you plan to revamp your family's Thanksgiving traditions this year? Share with us in the comments below!

Single in Stilettos Show: What Attracts a Man When You're Out



Thomas Edwards, founder of The Professional Wingman, answers an age-old question in this video interview with [Single in Stilettos](#) founder Suzanne Oshima: What are men attracted to when you're out? The dating expert reveals how to give men signals that you're interested; what men are looking for; why men aren't approaching you; how to give a guy your number without seeming desperate; how to tell a man you're not interested; and more. Listen up before your next night out! For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Tell us: What do you think guys are attracted to when you're out?

NoGamesLove Video Dating Tips: Heartbroken? Heal and Move On...Like I Did





By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on How to Move On

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House addresses a tough question: How can you heal and move on after a broken heart? The dating expert reveals two heartbreaks of her own and uses her experiences to encourage others to pick up the pieces and focus on the future. "I found myself again. I realized I had lost myself in a lot of ways," she candidly says. "I was so concerned with making him happy that I forgot how to make myself happy." If you're struggling with heartache, listen up for more great tips!

For more information about our dating mentor, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube](#)

[channel](#).

How did you heal and move on after a broken heart? Share your story in the comments below.

Single in Stilettos Show: What to Do When He Doesn't Call



On today's [Single in Stilettos](#) show, founder Suzanne Oshima speaks with Diana Antholis, a life stylist and mind body coach. After years spent battling with body issues, she

finally found a way to cleanse her mind and soul of negative thoughts and self-sabotaging actions, ultimately discovering a healthier and happier life. In this video interview, Antholis shares her top three tips for what to do when a guy doesn't call you back.

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Cupid wants to know: What do you do when a guy doesn't call you back?

Single in Stilettos Show: Signs You're Dating a Player





In this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Hunt Ethridge, who reveals his advice for how to tell if you're dating a player. In this video interview, he shares the three biggest signs that you're dating a player, if a player can truly change and commit, and if you can ever really trust a player. Listen up for some fantastic dating tips!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Tell us: Do you believe that a player can change and really commit?