

Travel Tips: Travel Purchases and Home Decoration Concepts



Going on a trip and shopping for relics to bring back home can be a joyous experience for anyone. It doesn't matter if you travel to a neighboring town or to a continent thousands of miles away. Collecting meaningful things that are brand new to you can be immensely rewarding. It can be especially fun to bring home eye-catching items that you can use for interior design applications.

Integrating these new elements into your living space and making them appear cool and stylish doesn't have to be hard either.

Do you want to jazz up the appearance of one of your doors at home? If you invest in a sturdy [barn door kit](#), you may have the ideal foundation for wreath draping. It isn't uncommon for people to pick up eye-catching wreaths any time they're away from home. You can give your barn door a pop of flair by adorning it with a wreath from your travels.

Art aficionados often adore collecting pieces during their distant voyages, and quite understandably. There are few items that can make a residential space look and feel more fashionable than artwork on otherwise bare walls. It doesn't matter if you pick up a painting of pieces of fruit from an

outdoor market in rural France. It doesn't matter if you get your hands on a striking abstract art print in Berlin; Germany; or Seoul, South Korea either. Artwork can quickly take the vibe of your interior design scheme to the next level.

Figurines can be cute and dainty. They can be elegant, sophisticated, and dignified at the same exact time. They come in all sorts of materials and tend to be small. That's why they're usually a cinch to pack in luggage. If you want to create a cool and modern feel with figurines that you bought during a trip, there are so many diverse options on hand for you. Perhaps you have a grand piano in your family room. If you do, tasteful placement of figurines directly on top of it may just work like a charm. Maybe you have a floating wall shelf in your den or study. If you do, then putting figurines on display there may give your space some extra character. There are so many spots that are optimal for figurine placement all throughout your home. Think outside the interior design box.

It isn't unusual for people to collect stunning and refined housewares any time they're away from home. Fine china collectors abound in the travel sector. If you purchase stunning platters during a big trip, though, you do not necessarily have to set them aside for meals. That's because you can highlight all of their glory for the world to see by putting them directly on your walls like murals. Plates on walls can instantly introduce touches of pure sophistication to homes of all kinds.

Shopping for lovely and timeless area rugs can be thrilling. If you secured an intricate rug during a vacation somewhere distant, then you can take a couple of different decoration approaches. You can take the classic approach by covering your flooring with a soft and smooth rug. You can even opt to drape it right on top of an empty wall like an enormous painting. If you scored a rug during a trip that makes you feel proud,

putting it on the wall may be a smart and updated way to showcase it.

Are you a budget-conscious traveler? If you are, then you're probably more than hesitant to fork over significant sums of money on souvenirs when you're away. That wouldn't stop you from snapping seemingly endless pictures of your unfamiliar and visually appealing surroundings, however. If you want to decorate your home with reminders of your time away, then it can help to depend on pictures. You can put pictures of famous landmarks that you've seen inside of frames. You can take a more simple route as well. If you don't want to devote a substantial amount of time to framing or anything else like that, you can simply get magnets and put your images on top of your refrigerator in your kitchen. People who visit your home for dinner will be able to see evidence of your marvelous voyages.

Celebrity Break-Up News: Kelly Clarkson Is Sued by Father-in-Law's Company Amid Divorce



 By Nicole Maher

In the latest [celebrity news](#), Kelly Clarkson is being sued by her ex father-in-law's company amid her celebrity divorce from Brandon Blackstock. According to *UsMagazine.com*, Starstruck Management Group, which is owned by Narval Blackstock,

announced that Clarkson owns \$1.4 million in unpaid commissions. This amount is in addition to the \$1.9 million that Clarkson has already paid since the end of her [celebrity relationship](#) with Blackstock. The couple had been married for seven years before officially announcing their [celebrity break-up](#) in June of this year.

This celebrity break-up is not going smoothly, as Kelly Clarkson is getting sued by her ex's father's company. What are some support systems to have in place during a dramatic divorce?

Cupid's Advice:

Going through a divorce is challenging in any circumstance, but can be even more difficult when the divorce turns dramatic. Not only are you facing the end of a relationship, but you are also forced to confront other hardships in your life. If you are looking for ways to stay supported during a dramatic divorce, Cupid has some advice for you.

1. Family and friends: The first people you can find support in amid a dramatic divorce are those closest to you. Friends and family can be the perfect outlets to allow you to express your feelings and escape any drama caused by your divorce. You may also have someone in your circle that has gone through a similar experience and can offer some insight of their own.

Related Link: [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

2. A lawyer: The last person you probably want to spend more

time with amid your divorce is your lawyer, but they can be one of your best support systems. By discussing any charges or accusations brought forward by your ex partner with your lawyer, you will have a better understanding of what you are actually responsible for throughout the process. This can help alleviate some of the uncertainty or stress you may be feeling.

Related Link: [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

3. Counselors and therapists: It can be easy to get caught up in the financial and legal strains of a difficult divorce and forget the effect it is having on your emotions. At the end of the day, you are still processing the end of a relationship as well. Discussing the events of your divorce with a therapist can help in the healing process and allow you to move on with your life in a healthier way.

What are some other support systems that you can turn to during a dramatic divorce? Start a conversation in the comments below.

Celebrity News : 'The Bachelor' Debuts New Promo With Lots of Crying & Making Out



 By [Hope Ankney](#)

In the latest [celebrity news](#), The [Bachelor](#) dropped its newest trailer, and it's no surprise that it's filled with drama. According to [ENewsOnline.com](#), it bounces back and forth from make-out scenes to soundbites of one of the women saying, "the claws are about to come out," to buckets of tears, and to former [Bachelorette](#) Hannah Brown stepping out of the limo, herself, to greet Peter, it seems like this season will be one bumpy ride. The *Bachelor* returns Monday, January 6 at 8 p.m. on ABC.

In celebrity news, *Bachelor* fans are on the edge of their seats waiting for the new season to debut. What are some unique ways to meet potential partners?

Cupid's Advice:

The average dating scene can get stale quickly. Swiping right, going on blind dates, catching dinner and a flick... It all begins to pile up after a while, making it harder and harder to stay hopeful about finding someone you're excited about. If you're in a dating rut, don't worry! Cupid has some [love advice](#) on some unique ways to meet your next romantic partner:

1. Volunteer your time: Making time to volunteer is great for multiple reasons. Besides giving back to your community and making a difference, you could meet someone that shares like-minded interests with you. You're both helping others and spending quality time together. A perfect place to forge a deeper bond.

Related Link: [Celebrity News: Peter Weber Is Named As Season 24 'Bachelor'](#)

2. Start taking your dog to the dog park: Maybe a bit cliché, but going to a dog park will instantly open you up to a new selection of people who also love dogs. It's amazing how many times dogs will attract conversation between two people. Seize that opportunity!

Related Link: [Celebrity News: 'DWTs' Winner and Former 'Bachelorette' Hannah Brown May Be on Peter Weber's 'Bachelor' Season.](#)

3. Sign up for a class: There is always a class you can sign up for in your city, and if you've been meaning to get better at cooking or pottery, now is the time to do it. You'll be working alongside others one-on-one, and you'll be creating things together. Treat it like school. Remember how easy it was to forge friendships there? Approach this no differently!

What are some unique places you've met partners? Sound off below!

Expert Dating Advice: Three Reasons Why My Worst Relationship Brought Me to My Best Relationship



 By [Tori Autumn](#)

Over the course of a year and a half, the previous relationship I was in affected me mentally and emotionally. It kept me in a lot of stress, anxiety, and embarrassment. I felt like I became a different person to my friends, family, and even co-workers; however, if I hadn't gotten in that drama-filled relationship, I wouldn't have appreciated the current relationship I'm in.

Expert Dating Advice on How to Use a Bad Relationship for Personal and Romantic Growth

1. Going through something publicly gave me strength to move forward. After letting my friends and family know for the tenth time that I was ready to leave this guy for good, it felt as if a weight was lifted from my shoulders and I was ready to accept healthy love in my life.

My public breakup seems most similar to R&B singer Ciara. Back in 2014, Ciara called off the engagement with her fiance, rapper Future, after he was hit with cheating allegations. The [celebrity couple](#) was constantly in the headlines for their son's custody battle.

Things did get better for Ciara. Following the tumultuous breakup, she was seen with Seahawks' Quarterback Russell Wilson at the White House Correspondents' Dinner in April 2015. The new couple married June 2016 and then welcomed their daughter in April 2017.

Like Ciara, I have found success with my new love. When I entered into this new relationship, I knew it was for me because it was a better reflection of who I was, who I am, and who I need.

Related Link: [Relationship Advice: What We Can Learn From the](#)

[Trials and Triumphs of Celebrity Relationships](#)

2. My values in a relationship changed. At first, it made sense to be with my ex. We clicked personality-wise and he was the kind of guy I was used to.

Similarly, Ciara might have felt comfortable dating someone in her industry. With her career as an R&B singer, she had dated rapper Bow Wow before falling for rapper Future, having a child with him, and getting engaged to him.

When I first met the guy I'm in a relationship with now, he was nothing like I was used to. Similar to Russell Wilson, my boyfriend had just gotten out of a serious relationship but knew exactly what he wanted out of life. From the start, there weren't any mind games and I started valuing positive mindset, encouragement, and long-term commitment.

Related Link: [Relationship Advice: Will Your Perfect Partner Vision Become Reality?](#)

3. Instead of regretting love, I started to feel the power of celebrating it. Ci-Ci and Russell quickly became known as #RelationshipGoals because of their open love for each other, their successful careers, drama-free living, and how happy the pair became together.

Instead of complaining about my ex, I became happier knowing that there was no drama in my relationship and that it was a constant reminder of how things can change for the better. I became ready for this relationship when I realized I wanted to change certain behaviors, old ways of thinking that no longer served me, and that I wanted serious commitment.

I always find Ciara and Russell's love story to be interesting in particular because at first the public's view of Russell Wilson's persona was that he was corny, soft, and the polar opposite of Ciara and the men we've seen her with in the past. However, the public also began to see Ciara change as a person

for the better and saw the love for the two grow stronger because of that. The power of love is real when you can learn from your past mistakes, be open to accepting new love, and stand in the new values you want for yourself.

How have you used harmful relationships to inspire growth? Share your advice below!

Celebrity News: Find Out Why Danielle Jonas Missed Priyanka Chopra's Bachelorette Party



 By [Courtney Shapiro](#)

In [celebrity news](#), Danielle Jonas was upset over missing Priyanka Chopra's Bachelorette party. The first Jonas bride was moving during the party and according to *UsMagazine.com*, commented on Chopra's Instagram saying, "Moving to another house stinks," she wrote. "Wish I could have gone. I'm glad you guys are having fun!" The party took place in Amsterdam, Netherlands where Chopra's [celebrity relationship](#) with Sophie Turner, the fiancée of Nick's brother Joe, is growing stronger. Luckily, Jonas was able to attend Chopra's bridal shower back in October, and is looking forward to future events.

In celebrity news, Danielle Jonas was a no-show at Priyanka Chopra's bachelorette party. What are some ways to support your future sister or brother-in-law?

Cupid's Advice:

How can you support your future sister or brother-in-law? Cupid has some tips:

1. Spend time with them: This person will soon be a part of your family, so it's best to start including them early. It will be reassuring for your significant other to know you get along well with their siblings.

Related Link: [Celebrity Wedding: 'Jersey Shore' Star Mike 'The Situation' Sorrentino Marries College Sweetheart](#)

2. Get to know them: Support your future in-laws by finding out what's important to them. Since they will be your family eventually, it will be nice to form a bond between just the two of you.

Related Link: [Celebrity Wedding: Priyanka Chopra Celebrates Bridal Shower Ahead of Wedding with Nick Jonas](#)

3. Don't try too hard to impress them: Let the relationship between you and your significant other's siblings form naturally. Don't force them into a relationship or constantly flaunt yourself. You already have made your mark on the family, so you shouldn't have to fight for approval.

How have you supported your future in-laws? Tell us in the comments!

Dating Advice: Fearless Flirting Formula



By [Rachel Sparks](#)

In this week's Single in Stiletto's [dating advice video](#), founder and [relationship expert Suzanne Oshima](#) talks to sensuality coach Patty Contenta about how to master flirting! Watch the video above and read the article below for some feel-good tips to improve your dating life!

Dating Advice to Help You Flirt Fearlessly!

Related Link: [Dating Advice: How to Be More Desirable](#)

1. Chemistry through charisma: Successful flirting is all about creating chemistry between you and someone else. A lot of times, flirting is intimidating because it may encourage unwanted sexual attention. "We all want to be respected for our minds and not our bodies," Contenta admits. Charisma, or the ability to verbally connect with someone, is a fun way to boost both your confidence and that of the person on the receiving end.

The foundation of charisma is ACES. A: appreciation, C: commonalities, E: elevation, S: self-expression. When you appreciate a specific detail about someone, you show that you both pay attention and admire a trait about them. Sharing something in common is the foundation of any relationship,

friendly or romantic. To be able to elevate the mood means that people will naturally want to be around you, so break out your sense of humor or share what you love about the present moment. And always, be yourself. When you bring your true self to a conversation and express your quirks, people are more likely to find you charming.

Related Link: [Dating Advice: How to Flirt with a Little Touch](#)


2. Chemistry through sensuality: Embrace your feminine energy ladies! If you feel connected with someone on an intellectual level, take it up a notch with your body language. Sensuality is physical expression, but it doesn't have to be risqué or involve touching. How you sit or lean into a conversation can show the other person you're interested and they will subconsciously lean in as well. Touching yourself, such as your hair, arms, or neck, opens up a new playing field for your person of interest. "Women need to take responsibility," Contenta says. She mentions the #MeToo movement and says, "Men are becoming more careful about flirting and touching. Give him permission!"

For more dating advice videos and additional information about the Single in Stilettos shows, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

Date Idea: Enjoy a Non-Traditional Christmas



 By [Jessica Gomez](#) and Kristin Mattern

Do something different for your date this weekend and celebrate the Christmas time by breaking free from the moldy old traditions. We've got some nice dating advice! Don't get us wrong, traditions can be great. However, sometimes, we want to do something out of the usual. Instead of mindlessly watching Christmas movies like *Rudolph the Red Nosed Reindeer* with your dearest for the eighty-billionth time, get a little creepy this Christmas and watch films like *The Nightmare Before Christmas*. Get inspired with your sweetie to decorate your place in a non-traditional way and invite your friends over for this eerie NOEL!

Here are some indoor [date ideas](#) that will allow you to embrace the Christmas spirit, but also allow you to do something different:

Time to break free from conventions this Christmas and have a ghoulish good time!

Get scary: Take a tip from Tim Burton and incorporate the undead into your uncommon Yuletide celebration. Get cooking with your cutie and make cut out cookies to decorate for Santa. To put a twist on this tradition, decorate the cookies to resemble zombies or skeleton figures. Feel free to use Christmas colors like red, green, and white! Santa will be sure to appreciate your patchwork teddy bears and possessed angels. The two of you should also make a graveyard cake and write the reindeer or elf names on the headstones. Build a ghoul-filled gingerbread house complete with ghosts, broken tiled roof and dripping gumdrops. Stir up some romance as you mix Halloween-themed goodies with Christmas ones. Now that's out of the ordinary!

Related Link: [Date Idea: Create Magic in Your Relationship](#)

Make your own Christmas stockings together: Keep the creative juices flowing as you and your honey make Christmas stockings to hang by the fire. Rather than use ordinary red stockings, buy black or gold stockings to decorate. Using fabric glue, glitter, bows, and any other decorations you can think of. Make each other special stockings complete with ripped ribbons, sparkling spider webs, and tattered toys. This keepsake is sure to bring back fun-loving memories for years to come.

Related Link: [Date Idea: Couple Up with Game Night](#)

Throw a Christmas party with a spooky twist: Now that you're brimming with treats and devilishly delightful décor, invite your friends over for a freaky Christmas costume party. Tell everyone to use *The Nightmare Before Christmas* as their inspiration, or help your guests a bit by having blank masks ready for everyone to decorate when they get to your place. Play a mixture of Christmas carols, Halloween music, and some intense classical music (Beethoven, perhaps?) to get everyone in the mood. Pretend you and your love are Jack and Sally as you dance the night away celebrating Christmas in a new and innovative way!

Have you ever had a non-traditional Christmas? Tell us all about it below!

Date Idea: Picnic with Pals



 By [Rachel Sparks](#)

This Labor Day weekend, enjoy the last bit of hot weather by

having an outdoor picnic with your loved ones. Create some summertime memories that will last you through the chilly winter. Spend the entire day outside with good friends and fun activities to celebrate the end of the season. This weekend [date idea](#) will get you and your friends feeling the summer vibes way past the end of summer.

This weekend date idea will be the summer picnic that you won't forget!

Make it a party and ask for a double or even triple date! Pack tons of great snack foods like grapes, cheese and crackers, and a vegetable tray. Don't forget some wine, chilled, of course. It's perfect for sipping on a hot afternoon. Grab a disposable camera and have fun taking pictures as a group for an end-of-summer photo album!

Related Link: [Date Idea: Include the Pooch in Your Plans](#)

Pack a deck of cards and play poker or spades, betting on your favorite candy. If you're feeling more active, partner up with your love and play some volleyball. Toss around a Frisbee for less competitive fun. If you're really into sports, bring a baseball and some mitts and batter up together. If there's a lake nearby, bring some fishing poles and catch your dinner. Step out of your comfort zone and try something new – your partner will appreciate your willingness to get a little dirty.

Related Link: [Date Idea: Take a Journey](#)

When the sun goes down, keep the fun going for your [date night](#). Find a park in your area that has grills and turn your group picnic into a barbecue. Everybody will enjoy cooking their favorite foods and unwinding with their closest pals.

Break out the hamburgers and hot dogs and pair them with potato salad, fruit salad, and homemade chocolate chip cookies. You can even treat yourself to some unique picnic cocktails, like mimosas in mason jars, white wine spritzers, fruit-filled sangria or even a vodka-filled watermelon. Be sure to bring extra ice to keep your drinks cold.

Maybe you invited a few single friends too. If so, now is the perfect time to introduce them! Give them cooking duties together or force them to be on the same volleyball team. Share [love advice](#) with them to help them get back into [dating](#). They will get a chance to know one another in a no-pressure environment. Be sure to bring an extra blanket in case they want to cuddle up under the stars.

How will you celebrate Labor Day? Tell us in the comments below!

Trials & Triumphs of Celebrity Relationships: How to Propose



 By Dr. Jane Greer

Miles Teller revealed how he proposed to now-fiancee Keleigh Sperry. He said, “This is the day you became my girlfriend and today was the last day you woke up as my girlfriend.” While some may interpret this as cute and romantic, others may be thrown off by the cryptic message. The mention that it was the last day she was going to be his girlfriend might sound more

like a break-up at first. Of course, they were on a romantic luxury African Safari, and if there was a moment of concern for Keleigh, it quickly passed. The complicated details of their becoming engaged does draw attention to the fact that there has been a noticeable shift in marriage proposals over time. They have gone from a basic "Will you marry me?" to a sometimes overthought extravaganza, and everything in between. The pressure of social media, and the desire to share something memorable and over-the-top has only served to fuel the urge to one-up the next person. It is no longer just the element of surprise, but now more men feel the need to have a build up to the question, as Miles did, or be wildly creative in the way they propose.

Whether it's a celebrity relationship or not, is it still okay to simply ask, "will you marry me," and offer a ring?

There is so much to consider as one moves toward that all-important question. As the woman waits for the moment, the man is often wrestling with all sorts of other concerns: is he ready to get married? Is he settled and established enough in his career? Does he even want to settle down and have a family? Will they be able to agree as a couple about where to live? Now, though, in addition to all of that the man is also dealing with planning the actual proposal itself and the intense responsibility to make that good enough. We hear about it all the time, the guy who took his girlfriend for a flight in a small plane and looked down at a field where "Will you be my wife?" was written in huge letters. Or the man who proposed on live television, or at the ballgame on the jumbotron. It isn't just about the size of the ring anymore. It has become about getting a great ring AND conceiving and implementing an

event so amazing it will make a big splash on Facebook, Instagram, and Snapchat. That is enough to stymie anyone.

Related Link: [Relationship Advice: Can You Cheat Jealousy?](#)

So what do you do if your boyfriend doesn't buy in to all the hype, and simply presents to you a basic, no-nonsense proposal with a ring and a question? If you love him, and want to spend the rest of your life with him, say yes! Rather than feeling disappointed that it wasn't a splashier moment like some of your friends posted on their social media sites, remember what is important and at the core of what is going on here. The person you love just asked you to be his princess and go the ball with him for the rest of his life. It doesn't get much better than that. It is so easy to lose sight of the actual declaration of love, which can come in the most simple forms.

Related Link: [Relationship Advice: The Baby Predicament](#)

The problem with all the sharing and posting is that the audience is so big – beyond the two of you, as well as important friends and family – that it is easy to forget who the most important players are in this game. The truth is, though, that this question and this decision is about only your boyfriend and you. It is about intimacy, and not necessarily about screaming from the rooftops.

Lavish proposals can be lots of fun, of course, but if that isn't your experience that need not take away from the life-changing exchange that is happening between you. Just as Miles did, each person has to make it his own. With that in mind, focus on what you are gaining, you are officially engaged and on the road to marriage, rather than on what you feel you may have missed out on.

Please tune in to the Doctor on Call radio hour on [HealthyLife.net](#) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is

Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on Facebook, at www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.

Celebrity Wedding? Kate Hudson & Boyfriend Danny Fujikawa May Be Headed Towards Engagement



 By [Marissa Donovan](#)

[Kate Hudson](#) and Danny Fujikawa getting serious! According to [EOnline.com](#), the [celebrity couple](#) are at the point of their relationship where getting engaged is a possibility. Hudson's celebrity dating history might suggest that she enjoys being with musicians like Fujikawa, due to being married to Black Crowe's Chris Robinson and engaged to Muse's Matt Bellamy. The actor may be hesitant to get married after past experiences, but she does enjoy being in committed relationships. Mother Goldie Hudson already approves of Fujikawa and has called him a wonderful person. Maybe wedding bells are in the future for this pair!

There may be a [celebrity wedding](#) coming down the pipeline! What are some ways to know you're ready to marry your partner?

Cupid's Advice:

Serious relationships can lead you to wondering if marriage is the next step. Here are some signs you know you're ready to marry your partner:

1. Time doesn't matter: Many people consider pacing themselves before jumping into the next step in their relationship. If you and your partner find yourselves enjoying each moment without worrying if you're going too fast, then you may be ready to consider marriage.

Related Link: [Celebrity Vacation: Kate Hudson Travels to Cambodia with Boyfriend Danny Fujikawa](#)

2. Your families approve: Like Goldie Hawn, your families input is always nice to have before making the next move in your relationship. If your families think you and your partner make a great couple, then think about writing wedding vows soon!


Related Link: [Celebrity News: Does Kate Hudson Use Dating Apps?](#)

3. You see a future **together:** If you already see a happy outcome of your current relationship, then obviously marriage is a great idea for you and your partner!

What do you predict for this celebrity couple? Let us know in the comments!

Celebrity Vacation: 'Bachelor' Alums Ben Higgins & Lauren Bushnell Retreat at Gansevoort Turks + Caicos



 *Article and images courtesy of MMGY Global.*

Fresh off the heels of the premier of their brand new reality TV spin-off *Ben and Lauren: Happily Ever After?*, recent *Bachelor* [Ben Higgins](#) (who once adorably described himself as “unlovable”) and his fiancé, Lauren Bushnell (or as fans of the blonde bombshell call her, Lauren B.) have just returned from their first personal [celebrity vacation](#) ever since becoming engaged on the finale of the last season of *The Bachelor*.

Find out more about this duo's romantic getaway!

The [celebrity couple](#) spent over a week indulging in some much needed one-on-one time at the uber chic [Gansevoort Turks + Caicos](#). Throughout the week, the soon-to-be-newlyweds basked in the unparalleled luxury of the resort, shacking up in an Oceanfront Suite, enjoying an intimate couple's massage at the on-site Exhale Spa, enjoying a private dinner at Mediterranean restaurant Stelle, and lounging on the white-sand beach and at the resort's cascading oceanfront infinity pool in between snorkeling sessions.

Relationship Advice: Fed-up, But Can't Break-up



 By [Dr. Paul DePompo](#)

Your relationship began as a magical journey: Anticipating each other's needs, having fun, good conversations, and great sex. Now, the "little quirks" you initially liked are making you nuts. You're not getting what you put in. You've tried to argue it out, spend time away, or are waiting for your partner to change. "It's better than being alone," you tell yourself. Instincts tell you to separate, yet at this fork in the road, you hesitate.

These [relationship advice](#) tips will help you resolve being fed-up when you can't break-up.

Values Adjustment

People want to be loved in the same way they see love. [Jennifer Lopez](#) allegedly broke up with Casper Smart because he was "valuing friends over her," while she "valued partners first." If you're not being loved the way you need, but you are not addressing it, think, "What would I want my own child to do in this situation?"

In J. Lo's case, sources say she breaks up and gets back together with Casper when this happens. It's important to see the rules for your loved ones as the rules for yourself. Why

are you on a lower pedestal? How you behave and what you accept teaches your loved ones more than what you say. If something is truly a deal breaker, own it.

Making it YOUR failure.

If you believe a break-up is a failure, you've been tricked into believing you're responsible for their behavior. [Beyoncé](#) is allegedly fed-up with [Jay-Z](#)'s affairs. Insiders report that she wants to appear "strong" and therefore might feel pressure to break it off. At the same time, ending the marriage might seem like a "failure."

But, relationships don't fail; they run their course. The only failure is to know it's over and allow complacency to take over. Though her album "Lemonade" shows her resiliency, she may be settling for "not failing" over "fidelity."

Waiting for Change

Boy George was onto something when he sang "Time Don't Give Me Time." More time going down this same road will get you lost. Larry King and wife Shawn allegedly have a tumultuous relationship and sleep separately. Shawn's most recent (alleged) sex scandal with Richard Greene has supposedly left Larry fed-up. Sources say Larry's concerned about the children and is also waiting for Shawn to settle down. But time doesn't lead to change in people; only change does.

If there's nothing left to try and no new information to obtain, it's fear paralyzing you from making the "wrong decision."

The "Wrong Decision"

Nobody wants to make the wrong decision. [Celebrity couples](#) are in the public eye and criticized for their choices, which adds to their pressure. However, there's no such thing as a wrong decision. There are always good and bad aspects. Having to

make the “right decision” will keep you riding the wheel of rumination and avoiding action, because it doesn’t exist. You can survive staying or going, and so can your children. It’s about picking your path and making it work.

“No Pain no Gain”

No matter what you do, there’s no way to avoid pain. You cannot think, sing, or buy your way out of it. You have to go through it. There’s pain involved in settling for a relationship that’s not working ... and pain involved in detaching and moving forward. It may “feel” like you can’t handle the pain, but feelings lie. The pain we feel after a loss makes us learn and grow.

Summary

Many people, including celebrities, stay stuck in relationships feeling fed-up. No matter how fed-up you are, it can be difficult to take your next step, whether it’s a break-up or make-up. There is no “right decision.” Pain comes and goes. It may be more difficult to stay stuck in the long run.

[Dr. Paul DePompo](#) is a psychologist, author, speaker, researcher, and recognized as an expert in helping people learn how to be their own coaches and make lasting change. He is the founder of the Cognitive Behavioral Therapy Institute of Southern California. DePompo is Board Certified in Cognitive Behavioral Therapy, is a Diplomate of the Academy of Cognitive Therapy, and is the director of the only affiliated training center of the Albert Ellis Institute in California conducting trainings for psychologist in Cognitive Behavioral Therapy. He also consults with Hollywood studios regarding psychological matters. Most recently, he co-authored a book called ‘The Other Woman’s Affair.’

Calvin Harris



Adam Richard Wiles, also known as Calvin Harris, is a Scottish DJ, record producer, singer and songwriter. Harris made his debut in 2007 with his album *I Created Disco*. Since then, Harris has collaborated with a number of big-name artists to create hits like, *We Found Love* with Rihanna, *I Need Your Love* with Ellie Goulding and *Let's Go* with Ne-Yo.

Harris currently holds the UK Singles Chart record for the most top 10 songs from one studio album, with nine top 10 entries, surpassing Michael Jackson. In October 2014, Harris became the first artist to place three songs simultaneously on *Billboard's* top 10 Dance/Electronic Songs chart. He is also the first British solo artist to reach more than one billion streams on Spotify. Additionally, Harris has received ten Brit Award nominations and four Grammy nominations, taking home the Grammy for Best Music Video in 2013 for *We Found Love*. Aside from winning a number of awards for his hit music, Harris topped the *Forbes'* list for the world's highest-paid DJ from 2013 to 2015.

In terms of Harris's [celebrity relationship](#) status, he dated Taylor Swift's from 2015 to 2016. The couple started dating fresh off his celebrity break-up with then girlfriend, Aarika Wolf. Prior to dating Swift and Wolf, Harris had a few other celebrity relationships, including Rita Ora and he was also rumored to have been involved with Ellie Goulding and Anne Vyalitsyna.

Celebrity Couple Rumors: Is Miley Cyrus Engaged to Liam Hemsworth?



 [By Mary DeMaio](#)

Did Liam Hemsworth put a ring on it? In latest [celebrity news](#), rumors have been circulating about the engagement between [Miley Cyrus](#) and Hemsworth. According to [UsMagazine.com](#), this [celebrity couple](#) reunited for New Year's in Australia and realized they still hold a special place in each others' hearts. Cyrus came home exposing a Neil Lane engagement ring that Hemsworth gave her in 2012. Insiders say they are taking it slow and seeing where it goes. It has not been confirmed if the couple are engaged again or not.

If this rumor is true, this celebrity couple is making some major strides! How do you know if it's a good idea to get back together with an ex?

Cupid's Advice:

We all cherish those special memories with someone we once dated or loved. The question is, if those feelings are still there should we follow our hearts? Cupid is here to share some advice:

1. Look at the reasons why you broke up: Will history repeat itself? Reflect on the problems that tore you apart, and evaluate if those issues can strengthen your relationship or only make it worse.

Related Link: [Scott Disick Apologizes to Kourtney Kardashian After Rehab Stint](#)

2. Decide whether or not you can live without them: Look at how your life is when your ex is not in the picture. Is he or she always on your mind? Do the good times in your relationship outweigh the bad? Make sure the feelings are mutual.


Related Link: [Are Celebrity Exes Emma Stone and Andrew Garfield Back Together?](#)

3. Evaluate if things changed: Take into consideration anything that has happened in each of your lives that would make your relationship significantly different.

What are some other ways to know it's okay to get back with your ex? Share your thoughts below.

Valentine's Day Giveaway 5: Stay Chic And Hands Free with SHOLDIT Clutch Wrap



 By Kristin Mattern

Walking hand in hand with your partner is a magical moment.

Striding along next to your sweetie, you look down at your hand clasped tightly around... your purse? Don't miss out on intimate moments this Valentine's Day by being encumbered by your bag, be hands free and fashionable with SHOLDIT!

SHOLDIT is the incredible accessory that combines a chic look with functionality. This circular scarf is much more than its average scarf-cousins who only lend warmth and beauty to the wearer. SHOLDIT Clutch Wrap purse combines the beauty of a scarf, the security of a cross body and the convenience of a clutch all in one item! You can carry the essentials – like your phone, passport, lip gloss and sunglasses – without worrying about the size of the purse you will need for that shopping trip with the girls or for that romantic night out. Styled however you like as a scarf, cross body or clutch, you have all of your items at arms reach without the worry or inconvenience of a conventional purse.

Treat yourself, your bestie, your sister, your mom and all the women you love in your life to the hands free luxury of SHOLD IT by entering for a chance to win this must have accessory!

This Valentine's Day CupidsPulse.com will be giving away one Sholdit Clutch Wrap!

To enter for a chance to win please email cupid@cupidspulse.com with your full name, address, email, and daytime phone number NO LATER THAN 1 p.m. EST today. In the subject line, please write "Sholdit." Winners will be contacted on Monday, February 17, 2014. You can enter each contest only once. Good luck!

Open to US residents only.

Reality TV: ‘Bachelor’ Couple Sean Lowe and Catherine Giudici Are Finding Trouble in Paradise



 By: Kerri Sheehan

Bachelor winner, Catherine Giudici is finding that life after the final rose is not all its cracked up to be. Since relocating to Los Angeles to support fiancé, Sean Lowe, during his run on Dancing With the Stars Giudici has been hit with the boredom bug hardcore. The 26-year-old Graphic Designer currently lives by herself as her and Lowe are waiting until marriage to move in together. A source reported to [US Weekly](#) that, “She goes to some DWTS rehearsals, but mostly stays home watching TV.” After moving away from friends in Seattle Giudici is clearly not fond of being away from her crowd.

What are some ways to remain supportive of your partner’s career?

Cupid’s Advice:

It can be hard to remain supportive of your partner’s career when it feels like they are leaving you behind. Seeing someone you’re so close to skyrocket can make you feel not only lonely, but also extremely unsuccessful yourself. However, when you fill your own time you will find it easier to be happy for your other half’s successes. Cupid has some advice about how to stay busy while your significant other is soaking up the limelight:

Get Involved: Whatever career option your partner is partaking

in does have room for you. Be sure to help them out in whatever way you can. This not only makes your partner feel like you're supporting their each and every endeavor, but it also keeps you from feeling like you're doing nothing. On the off chance that getting involved isn't a viable option join in on some volunteer work in your area. If you're busy as well then your partner's hectic schedule won't seem as daunting to you.

Catch Up With Friends: People in long-term relationships often forget to add some quality friend time into the equation. Take all of your extra time and channel it into your friendships to strengthen those as best you can. This will create a healthy balance between your spouse and your friends so no one feels forgotten. Dedicating all of your time pining over one person isn't beneficial to anyone.

Show Your Support: Nothing breaks up a relationship faster than an unsupportive partner. If you were doing well work wise wouldn't you want your hubby to be proud of you? Make sure he knows you appreciate his achievements.

How do you stay supportive of your partner's career? Share your ideas below.

RightThisMinute: Three-Year-Old Wants God to Send a Handsome Boy



We've all looked for love in strange places, but for three-year-old Koren, the path to finding a partner begins by shouting at God. This adorable video is from [RightThisMinute](#), a news clip show that looks for the web's best videos, and definitely provides a unique look at the world of dating. Koren might be young, but she knows what she wants, and she's not afraid to ask for divine intervention to get it. If you've ever been desperate to find Mr. Right, you'll certainly be able to laugh along with Koren's predicament.

Foreplay 411: 5 Tips to Try



By Romance Recovery's Johanna Lyman for GalTime.com

Good foreplay is the "Holy Grail" of feminine sexuality. Women long for it, but few have actually experienced it... and most gals don't even really believe it exists! But here's the deal—good foreplay is **essential** in order for most women to reach orgasm. The average female takes a little over ten minutes to become aroused, but the level of arousal needed to climax during sex takes a little longer. What you do during that time is more important than how long you take to do it. Here are some tips for improving the foreplay in your relationship.

1. Come to Your Senses: From Caffyn Jesse, a Somatic Sex Educator: "The beginning of coming to our senses as erotic beings is to recognize that intercourse with a beloved partner is only one of many hundreds of possibilities for erotic interaction. We can learn to be playful. We can let go of empty and habitual approaches to sex. Coming to our senses means becoming mindful of our skin, our heartbeat, our breath, and the amazing intricacy of all we touch, see, smell, hear

and taste – including our own bodies, and those of our lovers.” Touch, sight, taste, smell and sound... think of them all as tools to enhance foreplay.

Related: [3 Mistakes Women Make in Bed](#)

2. Try a Blindfold: Speaking of senses, try blocking one to increase your sensual awareness through the others. The easiest way to do this is with a blindfold. The great thing about this tip is that you get to do it twice: once as the blindfolded partner, and one as the partner who can see. Pay attention to your other senses when the blindfold is on. Can you predict where your partner will touch you next by sensing him with your skin or hearing him move? Notice how your sense of touch is heightened when you’re blindfolded.

3. Fun with Food: You can use food to spice up your usual routine. Surprise your partner by feeding him something succulent, like strawberries or mango, then give him a deep kiss. The foreplay options using whipped cream are nearly endless, as well as delicious.

Related: [4 Hottest Bedroom Trends](#)

4. Do the Unexpected: From Maria Merloni, MSW and relationship therapist: “Do something unexpected. Explore unusual areas of your partner’s body (such as just inside the hip bone, in the crease of the arm) using your hands, mouth, teeth. Use your imagination!”

5. Bedtime Stories: Share a bedtime story. Read an erotic tale out loud to your partner. If you’re shy, have him read one to you. There are a number of sites that offer erotic stories, or you could read a passage from an erotic novel like “50 Shades of Grey.” One of my favorite sites is Lusty Library. I once read a story to my partner while he was driving us to Montreal. I was kind enough to wait until we were almost there, but I’ll tell you that we couldn’t check into the hotel fast enough!

Try these tips and I bet you'll start to find foreplay fun again!

Remembered Forever 9/11



There are few significant events that get etched into our mind, ones that we're able to recall clearly no matter how many years pass by. And for all of us, September 11, 2001 will remain forever in our memories. We will never forget how the nation united as one as courageous firefighters and civilians attempted to save those who were inside the burning buildings. For the 2,973 innocent lives lost on that day, our prayers go out to their families. And may God bless the heroes of this country and the United States of America.



50 First Worst Dates: Looking for Story Submissions



We were contacted about a very cool new book called *50 First Worst Dates*. You know the one. The kind where his loving and unassuming wife calls in the middle of your dinner even though he said he was never married. Or, the one where he tells you that he's secretly in love with your best friend and would like you to make an introduction. Yes, these are real stories!

Maybe it was that first date with a guy who looked 26 in his online profile, but was actually 60. A first date that was so bad, that staying in and cleaning your bathroom would have been more fun. You know the pain we're talking about.

Experienced "worst" daters and first-time authors Rachel Kapor and Andrew Hahn are developing a new book, *50 First Worst Dates* and they're looking for your stories. Feel free to

share your story by submitting the brief details of that first date gone wrong on their website. If your story is selected you'll will receive \$150.

Just think, some cold hard cash might erase the memory of that traumatizing experience, especially when you're walking around with a new pair of shoes.

50 First Worst Dates will highlight the greatest romantic blunders of all time, provide an ego boost for the soul and be a reminder to all singles that their dating life could be much worse.

Submit your story now!