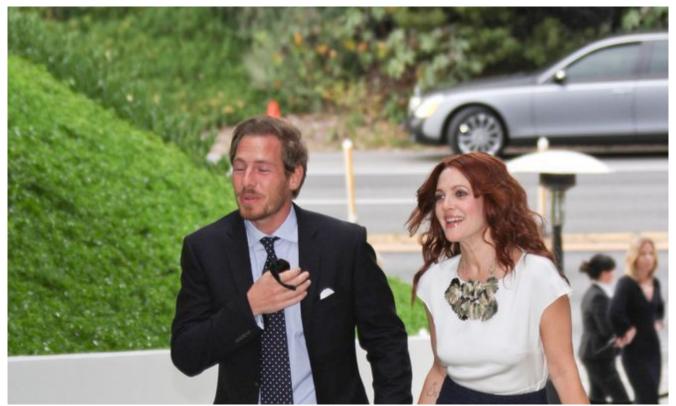
Celebrity Parents: Exes Drew Barrymore & Will Kopelman Reunite for Daughter's Graduation





By; Emily Green

In the latest <u>celebrity news</u>, actress Drew Barrymore and exhusband Will Kopelman reunited for their daughter Frankie's graduation, according to *UsMagazine.com*. This <u>celebrity couple</u> split in 2016, but they have remained on good terms while coparenting their two daughters, Olive (6) and Frankie (5).

These celebrity parents are focusing on making co-parenting successful. What are some things you can do to enhance your co-parenting situation?

Cupid's Advice:

Just because you and your partner are no longer together doesn't mean your family is broken. By staying on good terms with your ex, you can ensure that your children adjust well to a new family dynamic. Here are some of Cupid's tips to ensure a successful co-parenting situation:

1. Communication is key: By actively communicating with your ex, you can ensure that you are both on the same page regarding your children. If one of you has concerns about something, you should be able to sit down and talk it out. Even just asking one another about their day, or what has been going on in their lives is a great step toward having a friendly relationship.

Related Link: <u>Celebrity Parents:Inside Kate Hudson's Co-</u> <u>Parenting with Exes Matt Bellamy & Chris Robinson</u>

2. Be open and flexible: Different situations pop up all the time, so if your ex has to cancel a day because of an impromptu meeting, try to schedule another day so your children can still see them! Remember to put your children first, and work your parenting schedules around what will make the kids happy.

Related Link: <u>Celebrity Parents: Bradley Cooper Says</u>
<u>Fatherhood Has Changed Him In 'Every Way'</u>

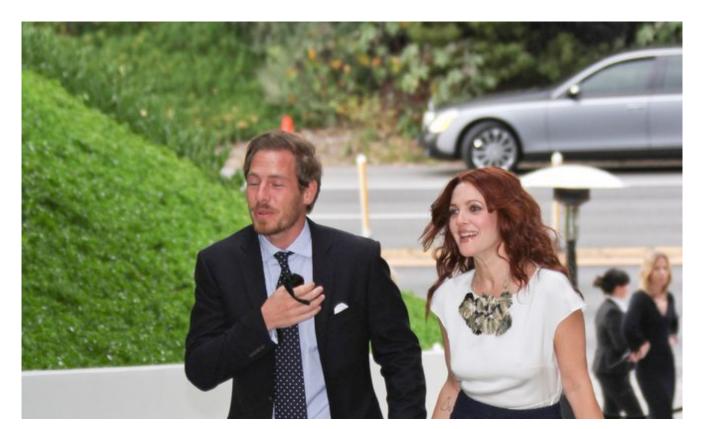
3. Respect their time: Each of you deserve an equal amount of

time with your children. Make sure that your ex receives just as much time and respect with their children as you expect in return.

What are some of your tips to have a successful co-parent relationship? Let us know in the comments below!

Celebrity Divorce: Drew Barrymore Says She Was In a 'Very Dark and Fearful Place' After Divorce





By <u>Jessica Gomez</u>

In <u>celebrity news</u>, Drew Barrymore opens up about the hardship she went through after her divorce from Will Kopelman. According to <u>UsMagazine.com</u>, she will not be acting any time soon. The former celebrity couple's divorce had a big impact on her. "I personally was in a very dark and fearful place, and then this script came along, and I was like, 'Yeah, I don't think it's a good time,'" she said."I was not looking for a job," Barrymore continued. "I had actually stopped acting for several years because I wanted to raise my kids, but then a shift happened in my life and I was separating from their father and it was just a very difficult time." We sure are glad Barrymore is no longer in that dark place!

This <u>celebrity divorce</u> was not easy for Drew Barrymore. What are some helpful tips to coping with the

divorce process?

Cupid's Advice:

We know that divorce is not easy. And unfortunately, for some of us, it's a time where we undergo a deep sadness. Cupid has some tips on getting through a hard divorce, and most of it is mental:

1. Know that you are sure about the divorce: Sometimes love can blind us, but it is important to know the reason for the divorce and that it is in fact the right decision. Try your best to skip any denial stage to make it easier for yourself. Think things through, analyze and examine your situation. But don't overdo it to the point you're blaming yourself or driving yourself crazy.

Related Links: <u>Has Justin Bieber Moved On from Selena Gomez</u> With Baskin Champion?

2. Think of the positive outcome: It is hard to see the light during a time as dark as going through a divorce — but it is essential that you do find it. Things can look hopeless and that can drag you into a downward spiral. It is important to find the good in all the bad situations we're in, no matter how small it may be. Just know that you are going through a hard time right now that will make you stronger, and the future holds something much better. Positive thinking goes a long way.

Related Link: <u>'Bachelor Winter Games' Winners Ashley Iaconetti</u> & Kevin Wendt Split

3. Take care of yourself emotionally and physically: Make sure you eat well and exercise. Both eating and exercising are essential to your health and make you feel better after. As for emotionally, don't overwork yourself mentally. Give yourself a break to relax. Also, if you don't want to be alone

during this time, then don't be. Reach out to family and friends. It's okay.

Have any advice on coping with a hard divorce? Share below!

Celebrity Divorce: Drew Barrymore Talks 'Girlfriend Time' Post-Split





By Stephanie Sacco

Another day, another <u>celebrity divorce</u>. This time it's Drew

Barrymore and Will Kopelman's <u>celebrity relationship</u> that took a turn. According to <u>UsMagazine.com</u>, Barrymore admitted on Chelsea Handler's Netflix show <u>Chelsea</u> that her celebrity divorce felt like a failure. However, she has been blessed to have the support of the people surrounding her. Barrymore stated, "What I do want is girlfriend time." In <u>celebrity news</u>, Barrymore is trying to be positive in the aftermath of her divorce, and sometimes all you need is your friends to get you through it.

Amid celebrity divorce, Drew Barrymore just wants to hang with friends. What are some other ways to cope with a fresh break-up?

Cupid's Advice:

Divorce is nobody's goal when they get married. Unfortunately it just happens sometimes. Couples don't always last. Cupid is here with some love advice:

1. Me time: Spending some much needed time alone is important after a break-up. Do what you like, wear your hair the way you like, watch what you like. Don't let anybody stand in your way of finding yourself.

Related Link: <u>Celebrity Divorce</u>: <u>Dean Sheremet & Sarah Silver</u>
<u>Split After 5 Years of Marriage</u>

2. Family time: Take this opportunity to spend some time with your family as well as your friends. Being part of a couple takes time and energy that your family isn't always involved in. Go shopping with your mom or take your dad out for a drink.

Related Link: Celebrity Couple News: Zac Efron & Sami

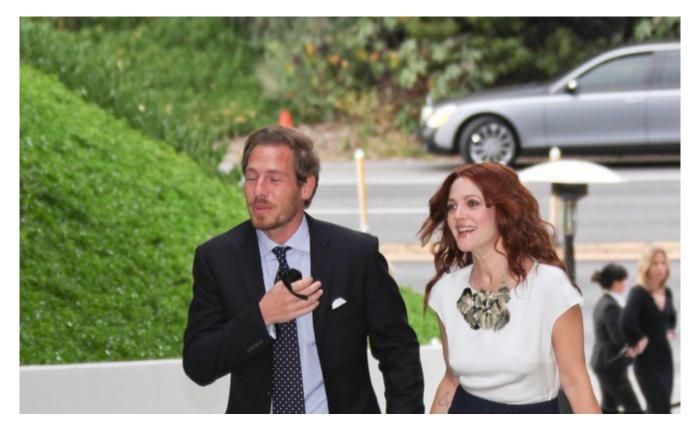
Miró Split After 2 Years Together

3. Time: Especially if it's a devastating break-up, sometimes all you need is time. Whether being alone or being around loved ones makes you feel better afterwards, it's still going to take time. You'll get through it!

How do you cope with a break-up? Comment below!

Drew Barrymore Says She 'Couldn't Be Better' After Second Child





By Louisa Gonzales

Drew Barrymore gave birth to her second daughter, Frankie, on April 22 and the transition period of bringing her home has been "great" according to <u>UsMagazine.com</u>. At a recent press conference for Barrymore's latest film, Blended, a comedy she stars in with fellow actor Adam Sandler, she couldn't hide how "happy" she is as everything is "really good" in her life at the moment. The star actress, 39, also recently celebrated a casual mother's day with her husband, art advisor Will Kopelman, 36, and 19-month-old daughter Olive with, "Sweatpants, Games of Thrones, takeout".

How do you strengthen your relationship after having a second child?

Cupid's Advice:

Your life and relationships can go through a lot of changes once you start having kids. For a lot of couples having children can be a wonderful time in their lives, but it can also be challenging and difficult at times. Cupid has some

advice on how to strengthen your relationship after having a second child:

1. Do family time together: To celebrate your new growing family try doing family activities together. It can be fun to do more things as a family, like go on a family vacation, go to an amusement park or go to the park together, there are many options for families to spend fun, quality time together. The word family is more than just a word to really qualify as family you need to be willing to put in effort, time and energy, but that doesn't mean it can't be fun.

Related: Drew Barrymore Is Engaged To Will Kopelman

2. Schedule time for just the two of you: Make sure that you make time just between the both of you. Having two kids can be handful and requirer you to spend a lot of time and energy with them, which can be a fun and enjoyable thing, but that doesn't mean you shouldn't still have "alone" time. To help with not getting or feeling overwhelmed, quality time between the two of you is essential not only for a breath of fresh air but, to help keep your romance alive.

Related: Will Kopelman to Drew Barrymore: 'I'm Excited!' to Meet Our Baby

3. Communicate: Communication is key for every good relationship, that includes the one between you and your partner, but also the one between you and your kids. With your growing family things are bound to get more hectic, so it's good to be on the same page on things. Don't assume your lovebird or child is a mindreader, talk to each other and make sure you both understand what you want in your relationship and for your children.

What do you recommend doing to strengthen your relationship after having a second child? Share your tips below.

Celebrity Couples: What True Love Looks Like





By Jared Sais

The start of a new year gives everyone a renewed sense of hope, and with this thought in mind, I decided to consider three celebrity couples who are happy in love.

Amanda Seyfried and Justin Long: These lovebirds have become a paparazzi favorite lately. In many photos, the couple appears surprised at their picture being taken. You'll see their eyebrows and eyes raised and their mouths just a bit open. Note that surprise is one of the seven micro-expressions that

people make to indicate an emotion.

In another recent photo, we see the actress leaning towards her man, either for a kiss or to whisper something to him. This behavior shows how comfortable they are with each other. When people feel comfortable, they tend to get even closer into your "personal space bubble." It's an easy way to identify if two people are dating or just really close friends.

Related Link: Amanda Seyfried and Justin Long Bond Over Her Dog

As a side note, when flirting, if you're talking to someone you're interested in, whisper something every once in a while so the person has to lean in to hear you. It's a great trick for getting closer and making a move.

Notice Seyfried's eyes in many photos of the couple. They're often locked on Justin's lips; this is what desire looks like. As she gives a slight grin and looks at her man's wanderlust smile, there is nothing but attraction and lustfully gazing eyes. Likewise, the actor has a very loving smile with deep eye contact, which tells me he is very romantically invested in the blonde beauty.

You can also see the lack of space between them in the photo above and other photos, which indicates a romantic relationship or at least a very close trusting relationship.

Drew Barrymore and Will Kopelman: We have something special here: best friends and lovers. They have a dynamic that many couples strive for. You can tell they are truly happy in many of their photos; the facial expression of smiling is categorized as high cheeks, crows feet in the corners of the eyes, and raised outer corners of the lips. Sometimes, this body language is easier to see in photos than in live action. But knowing the difference between a true smile and a fake

smile can make the difference between catching someone in a lie or knowng if your partner is truly interested in you.

When people are comfortable with someone, they usually talk with the cup in their hands; put the cup down and continue to use their hands in a conversation; or put the cup to the side of their body. In a picture of Barrymore and Kopelman at a sporting event, we see the actress talking with her cup in her hands, showing us that she's very comfortable in her husband's presence. She also leans in towards him, putting her weight on him — another sign of trust and love.

Related Link: Drew Barrymore Goes Public with Second Pregnancy

Heidi Klum and Martin Kirsten: You'll often see this pair walking at the same pace with locked hands or their arms around each other. This body language is considered mirroring each other, and all signs tell you that their relationship is going strong. They are a very real couple; they run together and share that interest. There's nothing better than an early run and coffee in the morning with your loved one.

Listen up, guys: Real man wear pink or hold their woman's purse. Yes, Kirsten often holds his girlfriend's purse, showing us what a gentleman he is. He is confident with himself and their relationship. Plus, it reveals just how close they are as a couple.

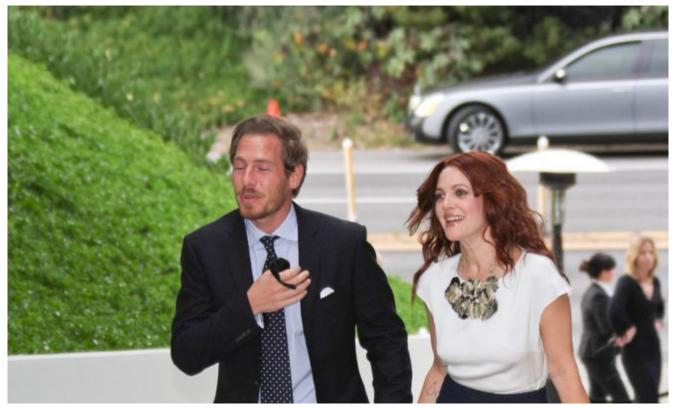
Author's Note: If you're looking for more in-depth non-verbal tricks, I will be holding a class in the New York City area. The class focuses on everything non-verbal, including confidence building, how to become a better flirter, how to spot flirting that is directed your way, how to find quality men/woman, fashion tips and tricks, and etiquette coaching. Please email me at jaredsais@gmail.com for more information and to sign up. Tickets are going fast, and there is a 20-person limit! See you there.

<u>Jared Sais</u> is co-author of the website <u>The Non-Verbal Game</u>,

where you can find free downloadable content. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.

Top 10 Hollywood Couples of 2013





By April Littleton

The year 2013 is slowly drawing to an end, and it's only fitting to look back at some of the most memorable <u>celebrity</u> <u>couples</u> to grace the television screens and magazine covers.

Here are Cupid's top 10 favorite famous lovebirds of this year:

1. Jessica Biel and Justin Timberlake: The former 7^{th} Heaven star began dating Justin Timberlake Jan. 2007. The Hollywood couple briefly split in 2011, only to reconnect in the fall of the same year. Timberlake proposed to Jessica Biel in Jackson, Wyoming in Dec. 2011. They married at the Borgo Egnazia resort in Fasano, Italy in Oct. 2012.

A Celebrity Relationship That Started in College

2. Prince William and Kate Middleton: The Duke of Cambridge started seeing Kate Middleton in 2003 when the two were university flat mates. The famous couple became engaged in Kenya in Oct. 2010. In April of the following year, the long-time lovebirds had a celebrity wedding in Westminster Abbey, London. The newlyweds welcomed their first child, a baby boy named George, on July 22, 2013.

Related Link: Celebrities Who Met on Blind Dates

- 3. Jay-Z and Beyoncé: The Love on Top singer secretly married Jay-Z in New York City on April 4, 2008. Since then, the Hollywood couple have been more relaxed about the status of their relationship. Beyoncé announced her celebrity baby news on live TV during the 2011 MTV Video Music Awards while performing one of her singles. She said, "Tonight, I want you to stand up on your feet. I want you to feel the love that's growing inside of me." After her performance, the singer dropped her microphone and revealed her growing baby bump. The couple's daughter, Blue Ivy Carter, was born on Jan 7, 2012.
- **4. Brad Pitt and** Angelina Jolie: Everyone should know the story of how these two met. Remember the movie *Mr. and Mrs.*

Smith? The famous couple have been together for eight years now, welcoming three biological children together as well as three adopted kids.

5. Nina Dobrev and Ian Somerhalder: The Vampire Diaries costars confirmed their celebrity relationship in 2011. Two years later, the duo called it quits, and Nina Dobrev began dating Dancing with the Stars professional Derek Hough. Just six weeks after the famous couple went public, the two went their separate ways, saying the relationship "played itself out." Since then, celebrity dating rumors about Ian Somerhalder and Dobrev rekindling their romance have been spreading.

A Hollywood Couple Who Waited for Same-Sex Marriage Before Having a Celebrity Wedding of Their Own

- 6. Kristen Bell and Dax Shepard: More than three years after announcing their engagement, the happy celebrity couple finally got married. Kristen Bell and Dax Shepard began dating in late 2007 and got engaged two years later. Wedding plans were postponed when the pair decided to wait until same-sex marriage was legal in California, which happened in June. To celebrate, the former *Veronica Mars* star tweeted, "@daxshepard1 will you marry me? Xo #marriageequality #loveislove." The married duo also welcomed their first child, daughter Lincoln, in March.
- 7. Drew Barrymore and Will Kopelman: Drew Barrymore began dating Will Kopelman in 2011, and the two became engaged a year later. Married since June of last year, the famous couple had a daughter, Olive Barrymore Kopelman, and are expecting baby number two!
- 8. Kristin Cavallari and Jay Cutler: The Hills star married

Chicago Bears quarterback Jay Cutler a year after the birth of their son Camden Jack, who was born in 2012. In Oct. 2013, Kristin Cavallari announced she was pregnant with their second child.

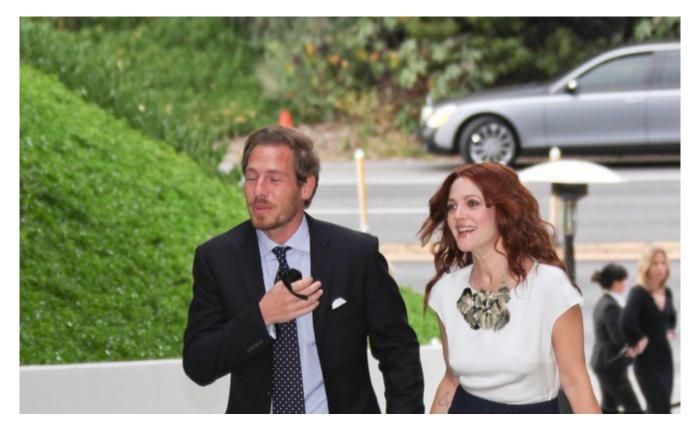
Related Link: Celebrity Women Dating a Much Younger Man

- **9. Jessica Simpson and Eric Johnson:** The singer became engaged to Eric Johnson in Nov. 2010, whom she dated since May of the same year. She gave birth to their first child, Maxwell Drew Johnson, in May 2012, and their second, son Ace Knute Johnson, on June 30, 2013.
- 10. Halle Berry and Olivier Martinez: After her celebrity divorce from model Gabriel Aubry, Halle Berry began dating actor Olivier Martinez in 2010 after meeting on the set of their film *Dark Tide*. The Hollywood couple got engaged two years later and married on July 13, 2013. The pair welcomed a son together, Maceo, in October.

Are there any other famous couples you were hoping to make the list? Comment below!

Drew Barrymore Goes Public with Second Pregnancy





By April Littleton

A congratulations is in order for Drew Barrymore and her husband Will Kopelman, who just announced that they're awaiting the arrival of their second child. "Last time I never commented on it and people just stalked me the entire time," Barrymore told <u>People</u>. "So yes, it's happening, it's true. I tried to keep a secret for as long as possible." The happy couple are already parents to daughter, Olive.

How do you know when to announce your pregnancy?

Cupid's Advice:

You and your honey just found out that you're pregnant, but now you have the nerve-wrecking taste of telling your family and friends. Do you tell them right away, or do you wait it out for a little while? Ultimately, the decision is up to you, but Cupid has some useful advice:

1. You're starting to show: When you start to get a bit of a baby bump, it might be time to spill the beans. Many couples like to keep the pregnancy a secret until they're sure that

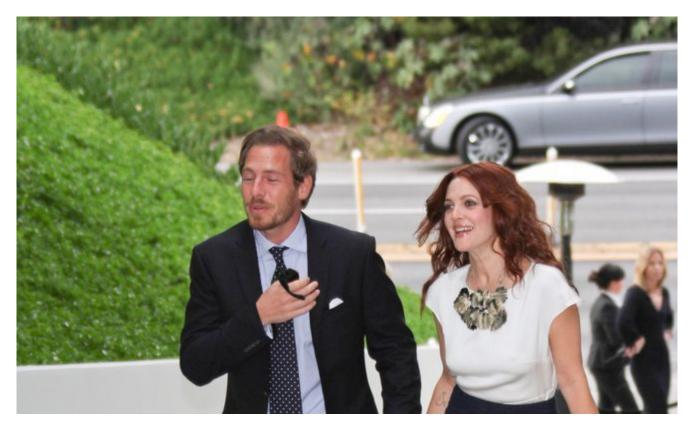
both the mom and the baby are out of harm's way (possibility of miscarriage). Plus, the longer you wait to tell your family and friends, the more time you'll have to make some important baby decisions without the hassle of your loved ones getting involved.

- 2. Your partner wants to share the news: Sometimes it's hard to keep something as exciting as a pregnancy all to yourself, and your significant other may want to spread the word sooner rather than later. Don't feel pressured to do or say anything you're uncomfortable with. The decision to share the news should come from both of you, not just one.
- 3. People are getting suspicious: You want to be the first to let all of your loved ones know about the baby. So, if the people you care about are starting to wonder if you're pregnant, then you might want to go ahead and let them in on your little secret. It won't be much of a surprise if everyone figures it out before you say anything.

How did you know when to announce your pregnancy? Comment below.

Drew Barrymore Steps Out with Will Kopelman and Their Daughter Olive





By Nic Baird

Actress Drew Barrymore stepped out with husband Will Kopelman and infant daughter Olive in NYC, Saturday, <u>UsMagazine.com</u> reports. The actress held her man's arm as they walked casually in jeans, sweatshirts, and warm coats, pushing the baby girl in her red stroller. Little Olive had a fleece onesie to keep her warm in her stroller, as well as a monkey stuffed animal to keep her company.

What are some ways to introduce your new child to the world?

Cupid's Advice:

While you may be excited to tell a few people in person, how do you let everyone know you're having a child? Besides wearing a sign, you should take a methodical approach to inform the people in your life. They'll want to know, and here's how you tell them:

1. Picture postcards: Anyone interested by the news that you had a child will want to see a picture of the baby. A shot of the newborn with family is something people will stick on

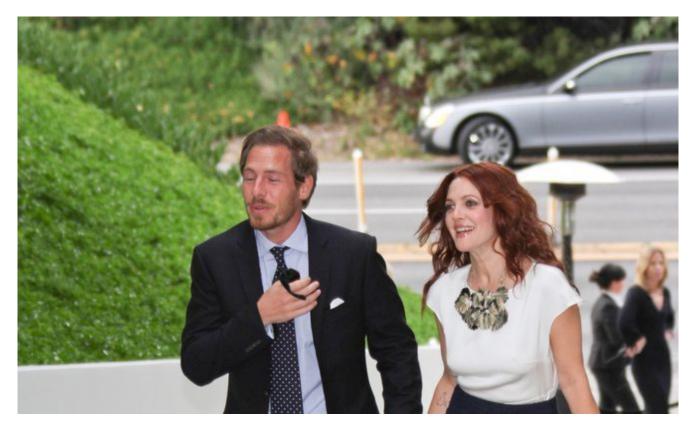
their fridges. If you're having a baby shower, you could use the postcards to get the details out.

- 2. Baby shower: Civilization designed baby showers as a template to announce an upcoming child. Once you've told your inner circle of friends and family, you can send out baby shower invitations to everyone else. If you haven't been caught by surprise, you should have ample time to plan your baby shower by scheduling it closer to the due date. The invitations will serve to let the word out, and you'll probably get some gifts out of it.
- 3. Other rituals: Baptisms, and other religious ceremonies have friends and family congregating. Any sort of family ritual is a good opportunity to assemble the important people in your life for such an important day in your life. Cigars are a traditional way for a new father to spread the word to friends, and perhaps work colleagues. It's just something you can give out, besides cupcakes.

How did you announce your pregnancy? Share your experiences below!

Drew Barrymore and Will Kopelman Make First Post-Baby Apperance





By Nicole Weintraub

New parents Drew Barrymore and Will Kopelman recently made their first public debut, according to <u>People</u>. Their daughter, Olive Barrymore, was welcomed into the world on September 26th, though this is the couple's first appearance together since her birth. The pair attended Saturday's LACMA 2012 Art and Film Gala that was also attended by Jennifer Aniston and her new fiancé Justin Theroux. Barrymore and Kopelman mingled with other guests and were photographed showing their phone to Aniston and Theroux. Were they showing off photos of their new

What are some signs that it's time to go out after having a baby?

Cupid's Advice:

baby girl?

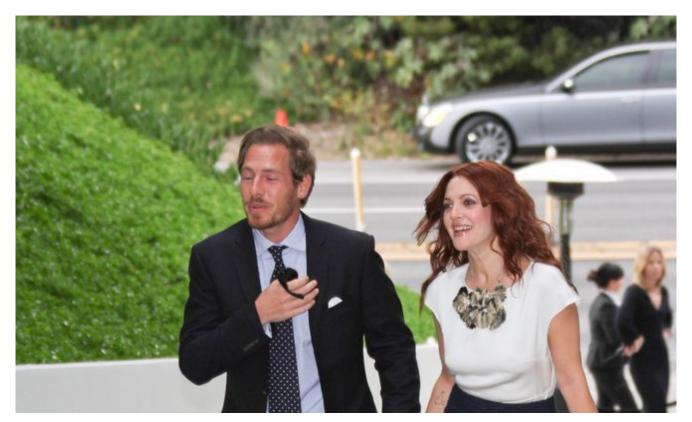
When you first have a baby, you want to spend all of your time at home with them. Though, you can't forget about your relationship time. Here are some ways when you know it's time to head out after having the baby:

- 1. Claustrophic: If you are beginning to feel suffocated or claustrophic from spending so much time indoors with the same routine, it's time to call the babysitter. It's healthy to go out as a couple every now and then, even if you have a baby at home.
- 2. Deja vu: Have the sense of déjà vu all of the time? If you feel yourself doing the same thing over and over again day in and day out, it's time to break up that routine a little bit. Go out for dinner or catch a flick with your partner; something that is out of the house.
- 3. It's been months: If it has not been weeks but rather months since you and your partner have gone out, it's time to put down the remote and go outside. It is not healthy to live like a hermit. Regardless of how busy you are, you need to take time out to refresh yourself.

How long would you wait before going out after having a baby? Share your ideas with us in the comments below!

Will Kopelman to Drew Barrymore: 'I'm Excited!' to Meet Our Baby





Art consultant Will Kopelman is thrilled that his wife, Drew Barrymore, is expecting. At their wedding on Saturday, Will announced "I'm excited to meet the newest member of our family," a source tells <u>USMagazine.com</u>. The couple married at Barrymore's estate in Montecito, California. Guests at the ceremony included Reese Witherspoon, Scarlett Johansson and Steven Spielberg.

How do you know if your partner will be a good parent?

Cupid's Advice:

Becoming a parent can be scary. However, if you and your partner are a good team, parenting can be a lot easier. Here are some ways to know if your partner will be a good parent:

- 1. How they treat you: If your honey is sweet and fair to you, they'll be the same way to your child. Take a look at how they approach your obstacles as a couple and think about how their reactions could apply to raising a child.
- 2. If they're fun: Does your partner make your dates memorable and creative? Being able to use your imagination and find

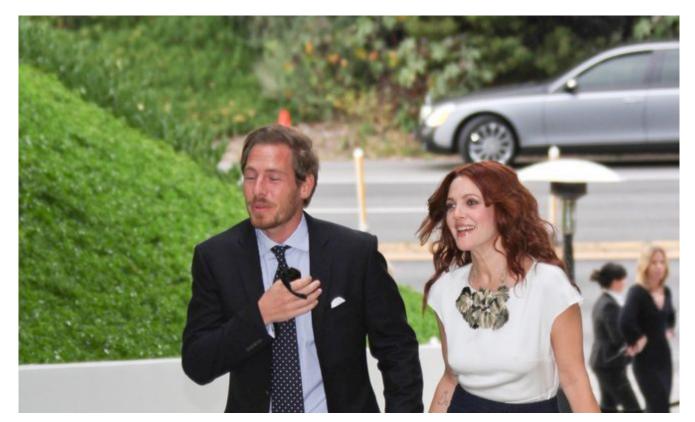
entertainment in the smallest things is important in keeping a child entertained.

3. Responsibility: Every parent needs to be responsible. Take a look at your partner's track record. If they're usually reliable and trustworthy, that will go a long way as a parent. Just remember not to expect perfection.

How do you know if your partner will be a good parent? Let us know below.

Newly Married Drew Barrymore Passionately Kisses New Husband





Newlyweds Drew Barrymore and Will Kopelman shared a happy and passionate kiss as they left their wedding on Saturday. According to <u>UsMagazine.com</u>, the couple drove off in a classic Mercedes after the ceremony, sharing one public kiss before leaving to San Ysidro Ranch.

Where are some romantic locations to spend your wedding night?

Cupid's Advice:

Your wedding night is the perfect time to experience something new before the honeymoon even begins. Here are some places where you can have an exciting, unique wedding night:

- 1. A cabin on the beach: Is there anything more romantic than watching the sun rise on the beach? After an intimate night with your love, round up in the morning to cuddle on the shore. It will be a morning you'll never forget.
- 2. Anywhere near a diner: Chances are you were so busy during the wedding you didn't have time to relax (or eat). Head out to a diner where you can fill up, have a coffee to wake you up, and experience your first date as a married couple. Take

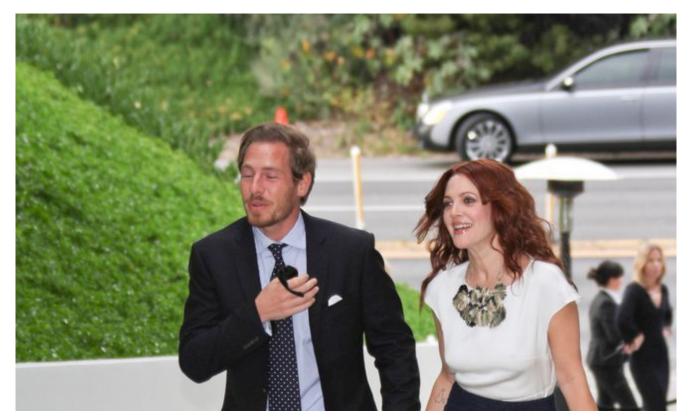
some time to flirt and wind down before you head to the hotel for the night.

3. At home: If the two of you share a home, this is the perfect place to spend your first married night together. After sharing highlights of the day, curl up together where the two of you are most comfortable.

Where are some great places to spend your wedding night? Let us know below.

Drew Barrymore and Will Kopelman Celebrate Pregnancy and Engagement at Shower





Actress Drew Barrymore and her fiance Will Kopelman have a lot to plan for with a wedding and a baby on the way! The couple of one year are excited for both dates to come quickly, and they celebrated the coming events with some of their closest friends with a baby shower and engagement party. "Everyone was doting on pregnant Drew and asking her how she is feeling," a witness told <u>UsMagazine.com</u>. "She is so thrilled to be expecting, and also really excited about the wedding."

What are some unique ways to celebrate your engagement?

Cupid's Advice:

Getting engaged is one of the most exciting moments of your life, and this is when you and your fiance begin a new chapter in your life. Cupid has some tips to make it special:

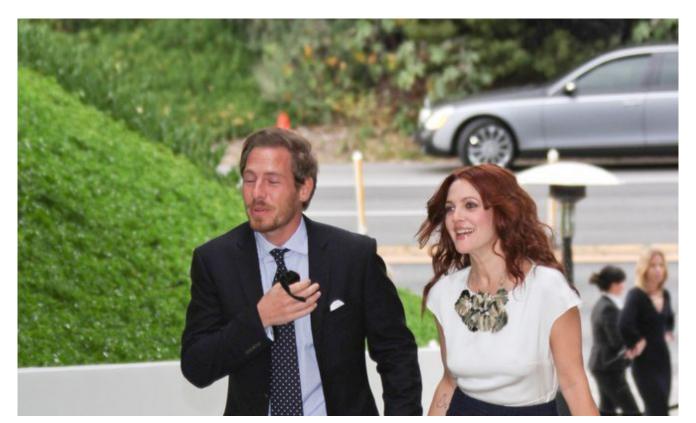
1. Getaway: You and your new fiance should take a weekend vacation together where you can celebrate your new status together and flaunt your hubby or wifey-to-be on your arm. This way you can have a little fun along with rest and relaxation before the stressful planning begins.

- 2. Surprise announcement: You'll hardly be able to hold the news inside, but if you can stand it for a couple of days, surprising your parents and closest friends at a dinner or party would be a great way for everyone to get really excited and celebrate together. A more unique approach might be putting a video together on YouTube and breaking the news on the web.
- 3. Make memoirs: Don't wait to get your engagement pictures because you'll be glowing with excitement and you want to be able to capture that. It's also a good (and maybe cheesy) idea to write love letters to each other including details of the proposal. Keeping a journal of your life together will be something you'll appreciate having later when you can look back and reminisce about your journey.

How did you make your engagement special? Share your comments below.

Rumor: Is Drew Barrymore Fighting Morning Sickness?





Rumors are still flying around about whether Drew Barrymore is pregnant or not. Although Barrymore and fiancé, Will Kopelman, aren't commenting on the allegations, the *Big Miracle* actress has been dropping small hints that she may be expecting. Barrymore was photographed carrying a box of Premium Saltine Crackers to lunch in L.A. Could she be battling morning sickness? According to *UsMagazine.com*, a source confirmed that the couple are excited to welcome their new baby. It looks like "moms" the word ... for now.

How do you support your partner when pregnancy gets tough?

Cupid's Advice:

Pregnancy involves mood swings, morning sickness and physical changes. It's definitely hard, but it can be even harder if your partner has to go through it alone. Here are a few things that you can do to support your partner when pregnancy gets difficult:

1. Healthy eating: Sometimes pregnancy cravings can cause moms to over eat and feel guilty afterwards. Eat healthy foods

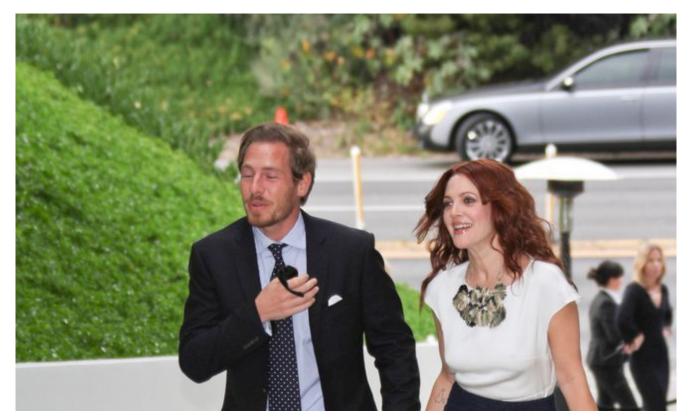
with your partner so that you both stay fit and feel amazing, inside and out.

- 2. Be understanding: Mood swings can cause arguments during pregnancy, but being understanding of the hard work your partner is undergoing emotionally and physically will ease the tension.
- 3. Become a massage therapist: Carrying around a growing baby isn't easy on the back, legs or feet. Invest in some lavender massage oils and lotions, and never wait for your partner to ask for a massage.

How would you help your soon-to-be mom through a tough pregnancy? Share your comments below.

Rumor: Is Drew Barrymore Pregnant?





After being spotted leaving a doctor's office holding a sonogram, as seen on <u>TMZ.com</u>, it is rumored that Drew Barrymore and her fiancé Will Kopelman could be expecting their first baby. According to <u>People</u>, the couple would like to become parents. "Drew is so motherly. Will would like to be a dad. Family is so important to him," said a source. However, Barrymore's rep had no comment regarding the pregnancy. In 2006, Barrymore told <u>People</u>, "I definitely feel the beginnings of a tick-tock. Whether I have children or adopt, whatever form a family comes in, I would absolutely love to have it." Recently, Barrymore has been seen wearing loose fitting clothing whenever she was in public.

What do you do if you find out you're pregnant before your wedding?

Cupid's Advice:

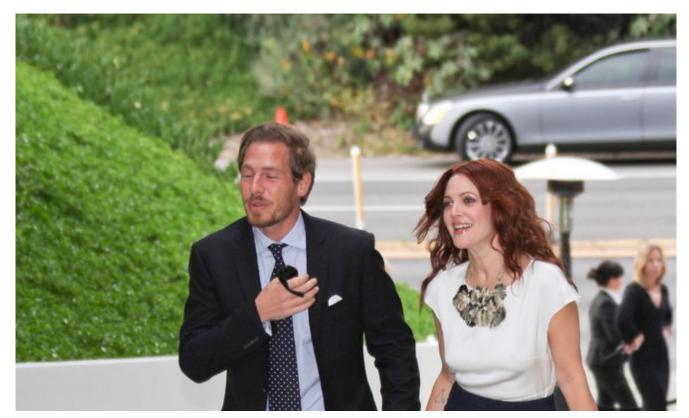
Discovering you are having a baby is a special moment in your life. Knowing your baby can be present at your wedding only makes the whole experience more special. Cupid has some tips:

- 1. Tell your friends and family: Share the news with the ones you love, especially those who will be attending the wedding and might notice a baby bump. This surprise should only make the wedding more exciting.
- 2. Cut back on wedding costs: Having a baby is costly. Rather than spending big bucks on extra flowers and candles, think about all the diapers you are going to need. As for wedding gifts, add things that can double as baby gifts to your registry.
- 3. Take belly into account when dress shopping: When looking for your gown, keep in mind what your belly will look like on the big day. It will be a blessing to share this day with your baby; however, looking like a princess will be a tad bit different than you may have imagined.

What did you do when you found out you were pregnant before your wedding? Share your stories below.

Drew Barrymore Is Engaged To Will Kopelman





Drew Barrymore is already having a very happy new year. Barrymore's rep confirmed to <u>UsMagazine.com</u> that Barrymore and her beau, Will Kopelman, 34, are now engaged. An art consultant, Kopelman popped the question in Sun Valley, Idaho, sometime during the holiday season, according to a source. The newly-engaged twosome, who was first spotted as a couple around February last year, briefly dated in 2010, but split up at the time, only to reunite later.

What are the advantages of getting engaged on a special occasion?

Cupid's Advice:

There are quite a few advantages of getting engaged on a special occasion. Cupid has a few:

1. Family get together or party: Depending on the occasion, proposing in front of family and friends can make the event even more special to your partner and to your loved ones. What a way to celebrate uniting love than with the people who love you the most.

- 2. Anniversary: Imagine both you and your love taking a muchneeded vacation for your anniversary. Not only is your mind right and ready for some relaxation and quality time to celebrate your relationship, but you're also ready for some romance. It would be perfect timing to propose.
- 3. Birthday or holiday: By getting engaged on one or your birthdays or on a holiday you both love, you're already excited for the occasion before it's made even more special.

What are some other special times to get engaged? Share your thoughts below.