

# Single Celebrity: Tyler Posey Confirms He's Single After Split



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In the latest [celebrity news](#), Tyler Posey confirmed his split with Sophia Ali. According to *UsMagazine.com*, the [single celebrity](#) elaborated on his life after the celebrity break-up at Netflix's *Fast & Furious: Spy Racers* world premiere. The 28-year-old actor stated, "I don't have a girlfriend. I'm focused on work and just myself." He detailed how he thought single life was much more suited for him right now, even going onto say he was "very, very happy" at the moment.

# This single celebrity is enjoying being unattached. What are some positives to being single?

## Cupid's Advice:

Just like Tyler Posey, sometimes being single is just more suited for where you are in your life. It isn't always the best time to have a relationship, and that's okay. Work, school, or even family matters can get in the way of really giving your all to someone else without wearing yourself down. If you've just freshly gotten out of a relationship and don't know how to enjoy being unattached, don't worry! Cupid has some [love advice](#) on the positives of being single:

**1. Spontaneous travel:** When you're not tied to anyone, you don't have to worry about including them in your plans and working around both of your guys' schedules. If you want to travel on a whim, there isn't someone else you have to consider. Book a plane ticket, take a cruise, go backpacking. Give the vagabond spirit of singlehood a try!

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**2. Becoming more self-reliant:** Let's be honest, when you go through a messy break-up, it can leave you devastated for weeks or even months. Love is an intense force, and it's easy to get swept up in your infatuation for one person without realizing how reliant you've become on them and the relationship. Being single means you can work on yourself and find your identity outside of who you were as a couple. Self-reliance is something you should always hold onto, and if you've lost that, don't worry. Singlehood can help you rediscover it.

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**3. No longer on the fast-track to settling down:** There are always expectations when it comes to being in a relationship. It's not bad to have expectations like settling down, moving in, getting married etc., but sometimes you're not ready to commit to those things long-term. If you're single, you don't have to follow any pre-determined scripts. You can create your own expectations!

**What are some of your favorite positives about being single?  
Let us know down below!**