

Celebrity News: Lauren Adkins Talks Saving Herself for Thomas Rhett in New Book



By Alycia Williams

In latest [celebrity news](#), Lauren Adkins talks about saving herself for Thomas Rhett in her new book. According to *UsMagazine.com*, Adkins talks a lot her [celebrity relationship](#) with Rhett, including how the two met and what their relationship was like when they were in high school and in college. Adkins talks about staying true to their values while they were in college by saving themselves for marriage. “I mean, don’t get me wrong, it’s not like we didn’t kiss a ton or get a little too close a few times,” she writes. “We just always made a choice to stop short of breaking the promise

we'd made to save ourselves for marriage."

In celebrity news, Lauren Adkins is opening up about her life with country star Thomas Rhett. What are some ways to cope with a partner who has a demanding job?

Cupid's Advice:

In a relationship you always want to be supportive of what your partner is doing, even if it feels like it's stealing time away from your relationship. If your partner has a demanding job and your looking for ways to cope, Cupid has some advice for you:

1. Don't nag: Annoying your partner about the long hours that they work isn't going to make the situation any better. Instead have a conversation with them about it when you get the chance, it'll result in a better outcome.

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2. Show unconditional support: It can be difficult to show interest in your spouse's career after your own long day of work. But it's important that you're thoughtful and present in your conversations relating to your partner's career, and that your support is unconditional toward their work. Without such support, a lack of understanding and resentment can breed in your partner, making it difficult to act as a couple.

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3. Come up with a solution together: After talking to your

partner, you should try to come up with a set day and time once a week that you know you count on your partner to be around. That way even when it feels like you haven't seen your partner in a while, you can look forward to the set time that you both put together.

What are some other ways to cope with a partner who has a demanding job? Start a conversation in the comment below!

Celebrity News: Thomas Rhett & Wife Lauren Speak Out Against Racism for Adopted Daughter





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In latest [celebrity news](#), country star Thomas Rhett and his wife Lauren Akins have spoken out against racism. According to *EOnline.com*, this [celebrity couple](#) expressed their concern for their oldest daughter, whom they adopted from Uganda. “As the father of a black daughter and also two white daughters, I have struggled with what to say today,” Rhett stated. “I get scared when I think about my daughters and what kind of world they will be growing up in.”

In celebrity news, Thomas Rhett and Lauren are standing up for their adopted black daughter. What are some ways to stand up for what you believe with your partner?

Cupid's Advice:

When you and your partner have the same views on social issues, it's important that you both stand together. If you need some ways to stand up for what you believe in with your partner then, Cupid has some advice for you:

1. Take a stand on social media together: Social media is a great way to support something that you truly believe in. When you and partner are posted together helping to support a great cause, it's extremely impactful to everyone who sees it.

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2. Donate together: If you are in the right financial state to donate to a charity, then you should. Donating money to a great cause is amazing, but when you and your partner donate as a couple, it shows a incredible amount of unity and togetherness.

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3. Attend **rallies or events together:** There will always be a charity event, protest, or rally to attend when it comes to social issues. You and your partner can attend these events as a unit. Invest your time and energy into a cause that you both feel really strongly about.

What are some other ways to stand up for what you believe with your partner? Start a conversation in the comments below!