Kevin and Danielle Jonas Welcome a Baby Girl





By Louisa Gonzales

Congratulations to the new parents, *Married to Jonas* stars, Kevin Jonas and wife Danielle! The two welcomed a daughter on Sunday, February 2nd. According to *People*, the first time parents are reportedly "overjoyed" about the new addition to their family and want to shout it to the world. The lovebirds have never been shy about sharing their pregnancy experience and were happy to keep fans updated about their journey through social media, as they believe it is something you should celebrate and not hide.

What are some ways to prepare your relationship for your first child?

Cupid's Advice:

Pregnancy is a wonderful and beautiful thing, but it can also be stressful and challenging. There's no doubt the road to giving birth is going to be a bumpy ride, filled with a few unexpected turns and you may end up getting lost a few times along the way, but it's an amazing ride. Being in a relationships means sticking together and being there for each other, this is something you should keep in mind when preparing for your first child. Cupid has some advice on how to prepare your relationship for parenthood:

1. Stay calm: Yes, pregnancy is going to be stressful, especially if it is your first one, because it's new and unfamiliar. However, if you remind yourselves to stay calm and relax it will help keep things in perspective for the two of you. Remember, no good can come out of to worked up. Keep in mind if the mother-to-be is stressed it can be harmful to the baby and if her partner is also freaking out it will only make things worse for the mother and by extension the baby.

Related: Kevin Jonas and Wife Danielle Are Expecting

2. Read some books and take classes together: Doing pregnancy things together as a couple, will only make your relationship stronger. Go to weekly check-up appointments to the doctors together or sign yourselves up for a birthing class. Both first time parents have to put in equal effort to prepare for the new addition to their family, as it shows you are both in this together. It is also important to research and prepare for the birth of your child and parenthood, this is one of the best thing you can do for yourselves and your baby.

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3. Mentally prepare yourselves: Brace yourselves for the life changing event of having a baby. Know that some things will change and will never be the same as soon as your lover gets pregnant. There is bound to be changes in both of your daily

routines and lifestyles, so make sure you and your significant other are ready for the long journey of pregnancy and parenthood. Know that with having a child there is going to be times of pain and hardships, but also beauty and life and if you work together as a team you can over come anything.

What do you think you should do to prepare relationship for having a baby? Share your tips below.

Danielle Jonas Debuts Tiny Baby Bump at 2013 Teen Choice Awards





By Kerri Sheehan

The Jonas Brothers will soon be adding another member to their pop group as Danielle Jonas is expecting! The wife to the Married with Jonas reality star Kevin Jonas debuted her mini baby bump at the Teen Choice Awards this past Sunday. Clad in a short yellow flowered frock, the 25-year-old mom to be was glowing. The couple announced the pregnancy in July when the excited future father tweeted, "It's true — Danielle is pregnant! Can't even imagine how excited we are. I can't wait to share this with my best friend. I love you baby," according to UsMagazine.com.

How do you show off a baby bump in a tasteful manner?

Cupid's Advice:

What better way to show you're going to be a proud mama than to tastefully dress your baby bump? Cupid has some advice about what to wear during those 9 months:

1. Cover up: It's important to remember not to show too much skin when you're with child. Super short shorts are a no-no as

are deep v-necks. You're going to be a mom, so dress like it!

- 2. Dress the bump: If you're looking for examples of what not to do then you can look at how Kim Kardashian dressed during her pregnancy. She was often caught in too tight clothes that weren't maternity friendly, which ended up making her look uncomfortable and uptight. Stores have a maternity section for a reason, be sure to check them out.
- **3. Show it off:** As soon as you try to hide the bump, that's when your clothing becomes a problem. You're carry a child in there so don't be afraid for others to see the bump and know that you're expecting.

How did you dress your baby bump? Share below.

Joe Jonas and Ashley Greene Are Spotted in Vegas Hanging As Friends





Jonas Brothers singer Joe Jonas and ex-girlfriend Ashley Greene were spotted hanging out with some friends in Las Vegas' Tao Nightclub. The club was full of celebrities in celebration of it's 1000th Night in Business. *People* reports that Jonas had dinner downstairs before heading upstairs to the party hosted by Jay-Z. He joined a table with Greene, Rob Kardashian and *Dancing With the Stars* partner Cheryl Burke. Jonas and Greene seemed to be friendly with one another, while at the same time mingling with everyone else. There are no reports of anything happening other than two civil exes having a good time.

How do you become friends with an ex after a bitter break-up?

Cupid's Advice:

After a bad break-up it's hard to go back to being friends. Its important to get some closure and let go of any animosity between you and your ex before trying your hand at friendship.

1. Talk it out: Meet up with your ex and calmly discuss what lead to your break-up. A lunch date at a neutral location always helps to break the ice a little bit. This will help

both you of you to heal and start fresh.

- 2. Don't be awkward: If you happen to unexpectedly run into your ex at a club or restaurant, don't avoid them or make the situation uncomfortable. Take a deep breath and say "hello". Yes, it may be awkward at first, but it could lead to a surprising civil and friendly conversation.
- 3. Keep in touch: Once the two of you have gotten past the bitterness of your previous relationship, keep in touch with one another. Exchange phone numbers or e-mail addresses (if they've changed since you broke up) and make sure to check up on each other every once in a while.

How do you become friends with your ex after a bad breakup? Tell us your story below.

Nick Jonas Dating Another British Co-Star?





Nick Jonas sure has a love for Brits. <u>People</u> reports that Jonas, 18, is getting close with <u>Les Miserables</u> co-star Samantha Barks. Barks, 20, was all giggles when asked about Jonas, commenting, "Nick is such a wonderful person…we definitely keep in contact." Jonas had nothing to say on the subject, politely telling reporters, "I keep that stuff to myself." The Jo-Bro has been playing the role of Marius since June, and, according to the <u>Daily Mail</u>, has been romantically linked to another one of his co-stars, Lucie Jones. Now, however, Jonas seems extremely happy with Barks. When asked about his love for British women, Jonas merely replied, "They're great — very kind…[and] very supportive."What are important things to consider before entering the dating world?

Cupid's Advice:

When you're young and just starting to realize you're attracted to the opposite sex, it can seem like nothing can go wrong. Cupid has some things to consider before jumping into the dating pool:

1. Know the risks: A mistake many young people make when they

first start dating is not knowing the risks. There are too many stories of unwanted teenage pregnancies and rape that circulate these days, so it's important to be cautious.

- 2. Separation: Young people often make the mistake of mixing their private and professional lives. It's important to keep your relationship separate from your career ambitions when you're young. If your relationship ends, your job should not be affected.
- **3. Peer pressure:** Peer pressure is at its peak when you're young. Don't date around just because everyone else is doing it. Only play the field if you feel ready.

Nick Jonas Double Dates





Nick Jonas, of the pop group The Jonas Brothers, has been seen out with two different girls in the last week in London, <u>Mail Online</u> reported. The youngest Jonas brother is in England performing *Les Miserables*, and was recently spotted out on on the town with two of his co-stars, Samantha Barks and Lucie Jones. No relationship with either woman has been confirmed for Jonas as of yet.

How can you play the field without hurting yourself — or someone else?

Cupid's Advice:

Jonas has a history of on-and-off relationships with other young stars, including Miley Cyrus and Selena Gomez, but there comes a time when playing the field can be taken too far. Someone will get hurt if there aren't clear signs of what both people want in the 'relationship' from the start.

1. Define what you are: Are you single? Are you looking? What are you looking for? Figure out who you're looking for

in the dating game, and then make that clear to anyone you might get involved with.

- 2. Pick on someone your size: Only go for people who are looking for the same things you are. If you want to be single, but the person you're seeing wants a committed relationship, there's no way things can end well for either of you.
- 3. Bounce back, not back and forth: If something doesn't work out, you need to be realistic with yourself, and end it. It's not right to bop back and forth between mates, and play with other hearts than your own.