

Celebrity Break-Up: Victoria Fuller Says She & Chris Soules Split Due to Geography



By Nicole Maher

In the latest [celebrity news](#), *Bachelor* Nation stars Victoria Fuller and Chris Soules called off their relationship due to geographical reasons. According to *UsMagazine.com*, Fuller was not ready to move to Iowa and join Soules on his farm. The two had been traveling to see each other since April of this year, but were ultimately unable to reach a decision on where to settle down together. While the pair agreed to a [celebrity break-up](#), they have reportedly been staying in contact with each other.

In celebrity break-up news, Victoria and Chris split due to location. What do you do if you're in a long distance relationship and can't agree on a place to live together eventually?

Cupid's Advice:

Distance can be one of the most difficult factors of a relationship to navigate. Whether someone is a long car ride away or only accessible by plane, the challenge of seeing each other can have a toll on the relationship. If you are looking for ways to overcome the challenges of distance as a couple, Cupid has some advice for you:

1. Meet in the middle: One of the main reasons people do not want to uproot their life and move is because they are familiar with their current surroundings. It can be difficult to convince a person to leave their family and friends and move to a completely new place where they only know one person. But if both partners are willing to meet someplace in the middle, it would allow both of them to remain closer to home and to each other.

Related link: [New Celebrity Couple: Is Victoria Fuller Quarantining with Former 'Bachelor' Chris Soules in Iowa?](#)

2. Continue to travel: If the impending distance does not need to be resolved right away, then continue your current travel methods. Circumstances and priorities may change after a period of time, and the two of you may eventually reach a point of agreement on where to finally settle down together.

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[Francesca Farago Sets Record Straight on Romance Rumors with Former 'Bachelorette' Star Jef Holm](#)

3. Be honest with yourself: If you and your partner have had multiple conversations about the distance and there has been no compromise on either side, it might be time to consider the alternative of breaking-up. Breaking-up does not mean that the relationship failed, it simply means that the two people involved are progressing in different directions. In this case it may be two different geographical locations.

What are some other ways to conquer a long-distance relationship? Start a conversation in the comments below!

Celebrity News: Trista Sutter Explains Why 'The Bachelorette' Has More Success Than 'The Bachelor'





By Diana Iscenko

In the latest [celebrity news](#), Trista Sutter, the first *Bachelorette*, revealed why *The Bachelor* has less success than its female-led spin-off. On a recent episode of *UsMagazine.com*'s "Here For the Right Reasons" podcast, Sutter explained why "women do it better." The [reality TV](#) star claims a season's success is based on how well it was cast and how open the lead is to finding love on the show. Sutter also acknowledges how easy it is to "get caught up in the lust factor." In the franchise's history, six *Bachelorettes* are still with their season's winner, while only one *Bachelor* is married to his season's winner. Several *Bachelors* have ended up with someone from their season after proposing to someone else.

In celebrity news, Trista Sutter opens up about why *The Bachelorette*

has more success stories than *The Bachelor*. What are some ways to tell the difference between lust and love?

Cupid's Advice:

The start of a new relationship is exciting! It's easy to get swept up with a new partner, but are you excited for the right reasons? If you're not sure if you're in love or in lust, Cupid has some advice for you.

1. You enjoy talking to them: Anyone in a new relationship will want to see their partner, but talking over the phone consistently might show that there's a deeper level of connection. If you only talk to your new partner while seeing them in person, love may be taking a backseat to lust.

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2. You accept their flaws: Lust often loses interest when you discover your partner's flaws. If your feelings toward your partner are genuine, it'll be easier to accept their flaws and continue to like them despite their more negative qualities.

Related Link: [Celebrity Exes: Ben Higgins Apologizes to Olivia Caridi for Her 'Bachelor' Experience on His Season](#)

3. You're excited about the future: Your excitement should go past the next time you'll see your new partner. You should also be excited for them to meet the other people in your life and to reach relationship milestones with them. If you're excited for what your future relationship will hold, you're likely in love, not lust.

How do you navigate love and lust in a new relationship? Start a conversation in the comments below!

Celebrity Break-Up: Cassie Randolph Slams 'Bachelor' Editing After Talking Split from Colton Underwood



By Diana Iscenko

In the latest [celebrity news](#), Cassie Randolph speaks out

against how *The Bachelor: The Greatest Seasons – Ever!* portrayed her in a recent interview. The interview focused on Randolph's recent split from [Bachelor](#) Colton Underwood, despite Randolph's reluctance to talk about it. The [reality TV](#) star posted on her Instagram story, explaining how much was cut from her interview: "There's so much more to me than just my past relationship, and I think that's why I'm annoyed."

In celebrity break-up news, Cassie Randolph isn't happy with the way her split was in the spotlight on a recent episode of The Bachelor GOAT. What are some ways to keep the after-effects of your split from getting you down?

Cupid's Advice:

No matter how your relationship ended, it's completely normal to be upset. That doesn't mean you should let your grief consume you! If you're having trouble keeping your head up post-break-up, Cupid has some advice for you:

1. Lean on your friends: It's easy to see your friends less during a relationship, but it's important to stay connected. Use this time to catch up with them. Set aside time to talk to them, whether that's in person or over the phone.

Related Link: [Celebrity Break-Up: 'Bachelor' Alum Colton Underwood Jokes About Split from Cassie Randolph](#)

2. Focus on your interests: Throw yourself back into your hobbies. Focusing on something you enjoy will help you focus on something besides your break-up. It's also a great

opportunity to try something new!

Related Link: [Celebrity News: Arie Luyendyk Jr. Says 'Bachelor' Concept 'Barely Works' for Finding Love](#)

3. Keep saying "yes": Accept social every invitation you get. Spend as much time as you can with those who support you. It may not feel genuine at first, but spending time with friends and family will prevent you from isolating yourself.

How do you keep your mood up after a break-up? Start a conversation in the comments below!

Celebrity Exes: Ben Higgins Apologizes to Olivia Caridi for Her 'Bachelor' Experience on His Season





By Alycia Williams

In latest [celebrity news](#), [reality TV star](#) Ben Higgins and Chris Harrison apologized to Olivia Caridi for her humiliating experience on *The Bachelor*. According to *UsMagazine.com*, Caridi faced such a difficult time on Higgins' season that she had trouble watching the first episode. and that's when she realized she would have a difficult few months as the rest of the season aired. Although she says that she can laugh at it now, Harrison and Higgins both apologized.

These celebrity exes are on good terms, but that doesn't mean there aren't still apologies that need to happen. What are some benefits to apologizing to your ex for

wrongdoings during your relationship?

Cupid's Advice:

Apologies can be difficult, especially when it comes to your ex, but sometimes they are extremely necessary. If you've done wrong in your past relationship and haven't apologized, Cupid has some advice for you:

1. Move on with your friendship: Although you and your ex may be friendly that doesn't mean that you two are friends. If you've done wrong to your ex and never apologized for it, then you can never truly be friends until you admit your wrongdoings and apologize for them. It'll help you both move on while being friends.

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2. Helps you in your next relationship: Everyone makes mistakes, but apologizing is a key part of being in a relationship. If you can't admit what you did wrong, then you won't last too long in any relationship. Apologize to your ex now and learn how to do it as sincerely as possible for the next time.

Related Link: [Celebrity News: 'Jersey Shore' Star Ronnie Ortiz-Magro Apologies to Jen Harley & Their Daughter](#)

3. Feel better about yourself: After having your apology accepted, you'll feel like a weight has been lifted off of your shoulders. Knowing that you are a big enough person to be apologetic is an amazing feeling.

What are some more benefits to apologizing to your ex for wrongdoings during your relationship? Start a conversation in the comments below!

Celebrity News: 'The Bachelor' Names Matt James as First Black Male Lead



By Diana Iscenko

In the latest [celebrity news](#), [The Bachelor](#) announced its next season lead, and it's Matt James. James will be the [reality TV](#) show's first black male lead in its 25-season history. James said he was honored to hold the title and hopes the audience can see "that I'm not much different from them and they see that diverse love stories are beautiful." The franchise has had one other black lead, [Bachelorette](#) Rachel Lindsay, in

2017. Lindsay has been advocating for a more diverse cast since her season ended. In a recent blog post, Lindsay wrote, "These changes have to extend beyond casting a lead of color. The whole franchise needs a diversity makeover."

In celebrity news, *The Bachelor* listened to recent criticism from fans and franchise alums, and has selected a black male lead for the next season of the long-running show. What are some ways to meet a diverse dating pool in the "real world"?

Cupid's Advice:

It's easy to stay inside your current social circle. Depending on where you live and where you work, that social circle might only be filled with people that look like you. It's important to put yourself out there whenever trying to find a new partner, so why not put yourself into more diverse spaces? If you're not sure where to start, Cupid has some advice for you:

1. Start volunteering: Find a cause you're passionate about and volunteer at a local organization. Volunteering brings different people together for a common passion. Not only will you meet new people but you already know you have something in common!

Related Link: [Celebrity News: 'Bachelorette' Alum Rachel Lindsay Reveals the Most Awkward Part of Finding Love on Reality TV](#)

2. Attend community events: It's easy to talk to the same people in your community, but there are plenty of events in your town that will help you connect with new people. There's more to your community than just checking out the farmer's market every so often.

Related Link: [Celebrity News: Arie Luyendyk Jr. Says 'Bachelor' Concept 'Barely Works' for Finding Love](#)

3. Take time to learn: There are plenty of opportunities to learn about different cultures. There are bound to be cultural events in nearby towns and local colleges. It's not POC's responsibility to educate you on their issues! If you're interested in dating outside your race, you should be knowledgeable about your future partner's culture.

How do you put yourself out there for a new relationship? Start a conversation in the comments below!

Celebrity News: Arie Luyendyk Jr. Says 'Bachelor' Concept 'Barely Works' for Finding Love





By Diana Iscenko

In the latest [celebrity news](#), *Bachelor* Arie Luyendyk Jr. says the [reality TV](#) show's concept "barely works" when it comes to finding love off-camera. On a recent episode of the *Couple Things With Shawn and Andrew* podcast, Luyendyk Jr. reveals how he feels the show is unrealistic: "It's not natural to have two people that you [have], at the end, and then have to break up with one person and get engaged to another person an hour later." *The Bachelor* alum isn't completely writing off the show as he married his runner-up, Lauren Burnham. Despite not giving his wife the final rose, Lyendyke Jr. and Burnham tied the knot at their [celebrity wedding](#) in January 2019. Burnham also told the podcast, "it's so hard to [build trust] in such a short amount of time."

In celebrity news, Arie Luyendyk came out saying that The Bachelor

is 'unnatural' when it comes to finding love. What are some unique ways to go about finding love?

Cupid's Advice:

Most couples meet a partner through mutual friends or dating apps. We can't all sign up for *The Bachelor*, but there's always other ways to meet a new partner. If you've given up on blind dates and Tinder conversations, Cupid has some advice for you:

1. Throw a singles party: Crowded singles events can be uncomfortable and overwhelming. Instead, throw a party and ask all your invitees to bring one single friend. Do something you enjoy—like a karaoke night or a cocktail party—to take the pressure off finding a potential partner.

Related Link: [Celebrity Parents: Former 'Bachelor' Arie Luyendyk Jr. Calls Wife Lauren the 'Hottest Momma'](#)

2. Dress outside your comfort zone: You may be passing by people every day that might want to talk to you. There's no better excuse for them to speak up when you dress in a way that stands out in a crowd. Dye your hair a fun color or dress in a unique style. Whatever you're comfortable with that draws attention!

Related Link: [Celebrity Wedding: 'Bachelor' Arie Luyendyk Jr. Proposes to Lauren Burnham After Breaking Off Engagement to Becca](#)

3. Slide into someone's DMs (nicely!): Take advantage of people you're already connected with on social media. Keep your eyes peeled for posts that show what the person cares about. Try starting a conversation based on something you know you have in common. Don't send them a generic "hey" if you

want to get an actual conversation going.

How do you put yourself out there for a new relationship?
Start a conversation in the comments below!

New Celebrity Couple: Is Victoria Fuller Quarantining with Former 'Bachelor' Chris Soules in Iowa?



By Ellie Rice

In the latest celebrity news, *Bachelor* Nation's Victoria Fuller is rumored to be quarantined with her new man, former *Bachelor* Chris Soules in his hometown in Iowa. According to *UsMagazine.com*, the speculation intensified when the pair posted similar photos of a plowed field to their Instagram accounts on April 21. We love to see new relationships blossom during this uncertain time!

***Bachelor* fans are really trying to figure out what's happening with Chris Soules and Victoria Fuller. What are some reasons to keep your relationship under wraps at first?**

Cupid's Advice:

Navigating the rocky waters of the dating scene can definitely be challenging and once you've found someone, you won't want to let go! If you're debating whether or not to go public with your new relationship, Cupid has some advice for you:

1. Listen to your partner: There are two people in your relationship and you always have to remember that. Even though you may have strong feelings towards a certain subject, your partner's opinions should be taken into account as well. Allow them to share their thoughts on publicizing your relationship or keeping it under wraps so the two of you are on the same page. If you are still exploring each other and your emotions, that's definitely a reason to keep it private.

Related Link: [Relationship Advice: Susan Trombetti Talks Love & Dating Amid COVID-19](#)

2. Think about the family: Take a new relationship slowly and move at your own pace. If you're not ready to share your

relationship with your family, that is okay! Maybe they weren't too fond of your ex and that's left you wary of introducing them to someone new. Or they can be a bit overprotective and might scare off a new partner. Whatever the case may be, remember this is your life and you make the decisions.

Related Link: [Exclusive Celebrity Interview: Former 'Bachelor' Chris Soules Says His Dating Life is "Relatively Non-Exsistent"](#)

3. Not ready for the friends: Aside from family, your friends are probably the most important people in your life. Introducing them to someone new is a big step step for everyone! At the end of the day, all they want is for you to be happy and feeling loved, but sometimes gaining their approval is quite the feat. Avoiding judgement or potentially disapproving friends are definitely reasons to keep your relationship a secret for a while.

Would you keep your relationship a secret from your loved ones? Start a conversation in the comments below.

Celebrity Couple News: Former 'Bachelor' Ben Higgins Is Engaged to Girlfriend Jess Clarke



By [Hope Ankney](#)

In the latest [celebrity couple news](#), former [Bachelor](#) star, Ben Higgins, has proposed to girlfriend Jess Clarke. According to [UsMagazine.com](#), Clarke posted three consecutive photos on her Instagram with the caption, “I woke up in a dream today and I get to live in this dream every day from now on (eeeeep).” The pair had been together for about a year before Higgins popped the question. In January, he told the publication that he planned on proposing to Clark in 2020 saying, “We’re great. It’s fun. It’s just healthy... I think she would say the same. Our relationship is healthy. I’m a better version of myself, a more free version of myself than I’ve been in a while.”

In celebrity couple news,

coronavirus isn't keeping this couple from moving forward in their relationship. What are some ways to continue to progress your relationship while sheltering in place?

Cupid's Advice:

In these times of global isolation, we're spending more time than ever with our family and significant others. Being cooped up in a house with your partner for too long is a recipe for disaster, but there are ways to keep the romance alive! Just because you're inside for a while doesn't mean you still can't progress your relationship in healthy ways. If you're struggling with knowing how to do that, don't worry! Cupid has some [love advice](#) on how to continue growing your love in a confined space:

1. Home improvements: This might seem more like work than having fun, but now that you both have more time on your hands, it can be time to finally get that room painted! Or that new garden planted! When you're both spending time with one another while working on something that is important to both of you, it can keep your bond growing. You're being a team, and when the task is finished, you'll feel accomplished with yourself as well as each other.

Related Link: [Celebrity News: Ben Higgins Says 'Bachelorette' Hannah Brown's Sex Confessions Are 'Confusing'](#)

2. Have a picnic: Just because you're indoors doesn't mean you can't plan fun little dates with your partner! If it's warm enough outside, try going for a picnic in your backyard! Grab

some food and drinks from the kitchen (or hit the grocery store if able) and head outside. It might not be the most ideal place, but a picnic is a picnic, and as long as you're both together, it shouldn't matter where it is.

Related Link: [Celebrity News: Chris Lane Reveals Quarantine Has Strengthened Relationship with Lauren Bushnell](#)

3. Movie night: Another fun date idea is to find a day of the week where you can have a movie night. Curate a playlist of some of your favorite films (or maybe even bad films) to watch alongside your significant other. Make some popcorn, get in your pajamas, and just relax together. Or, if you want to do this more frequently, try out some silly goals like "Let's watch every single movie Nicholas Cage has been in," and choose a new one every night to view. It's fun and kooky, and everything to refresh your relationship!

How have you been progressing your relationships during this time of isolation? Let us know down below!

Celebrity News: Cassie Randolph Helps Former 'Bachelor' Colton Underwood Amid Coronavirus Battle





By [Hope Ankney](#)

In the latest [celebrity news](#), former [Bachelor](#) star Colton Underwood confirmed that he tested positive for Coronavirus. He went on to say that he was resting and taking it easy at girlfriend, Cassie Randolph's, home alongside her family. According to *EOnline.com*, Randolph took to her own social media channels later that night to give updates on Underwood as well as sharing how she and her family are caring for each other amidst the COVID-19 outbreak, saying "We're trying to one, stay positive, two, take a lot of vitamins, and get a lot of sleep."

In celebrity news, Cassie is sticking by Colton's side as he recovers from coronavirus. What are some ways to support your partner

through a serious illness?

Cupid's Advice:

In these strange times, it is important that we are giving our loved ones all the support we can. If your partner tests positive for COVID-19 or is dealing with another serious illness, it can be quite overwhelming. Don't worry, though. Cupid has some [relationship advice](#) on how to properly care for them as they recover:

1. Try to get their mind off of it: One of the most important ways to support your partner during difficult health scares is to try and distract them from what they're going through. Try putting on one of their favorite movies, going through old memorabilia, or baking a new recipe together if they can. These things allow them an escape from constant anxiety and worry they've been feeling.

Related Link: [Celebrity Baby News: 'Bachelor' Stars Arie Luyendyk Jr. & Lauren Burnham Welcome a Baby Girl](#)

2. Research the illness: It's best if you can brush up on your knowledge of the illness and ways to prevent it or help recover from it. By doing this, you're able to be a rock for them during a very scary time. You'll know the best ways to rest, what to look out for, and how to properly care for them. That, in itself, can relieve a lot of stress for your loved one.

Related Link: [Fitness Trend: 5 Multivitamins Good for Your Immune System](#)

3. Be patient and understanding: You have to be able to sympathize with their situation. They aren't feeling the greatest. Their anxiety is through the roof. They need rest. They won't be easy to handle. Yet, it is in how you understand and go about your patience that will make all the difference.

The more patient you can be with them, the less of a burden they will feel for dealing with their serious illness. All in all, it'll help in creating a safe and nurturing environment for the two of you as they recover.

How have you supported your partner during serious health scares? Let us know down below!

Celebrity News: Clare Crawley Is Announced as Season 16 'Bachelorette'



By [Hope Ankney](#)

In the latest [celebrity news](#), a [Bachelor](#) alumnae was announced as the new Season 16 [Bachelorette](#)! According to [UsMagazine.com](#), Clare Crawley is officially continuing her journey to find love. The 38-year-old [reality star](#) revealed herself on *Good Morning America*, stating she had only found out two days prior. She told Lara Spencer, “[It was] So unexpected. I cannot believe it. I mean, six years later. What is happening?” Crawley makes history being the oldest *Bachelorette* to lead the show. Rachel Lindsay was previously the oldest with her season when she was 32. Crawley made her first appearance in 2014 on Juan Pablo’s season and is famously known for telling him off when he didn’t propose to her. She went on to join the franchise three more times with [Bachelor in Paradise](#) and *The Winter Games*, where none of her relationships kept a spark.

In celebrity news, there’s a new *Bachelorette* in town! What are some unique ways to go about finding love?

Cupid’s Advice:

Finding love in this modern dating scene can seem almost impossible. With the many dating apps, the insensitivity that’s come with technology and social media, and knowing that traditional ways of finding love are sometimes too unrealistic to play out, it can look pretty bleak out there for all the single folk. But, there are still some unique ways to find love that doesn’t rely on apps or constant worrying over social media. You might not get the opportunity to land yourself on a reality show to find love, but Cupid has some [love advice](#) on original ideas on finding love yourself:

1. Ask your friends for set-ups: I know that blind dates can seem terrifying and over-dramatized in film and media, but bringing back this model of finding others can actually work to your advantage. In fact, most young people do find love interests based on their friends. So, if you want to shoot your shot and trust a friend, ask them to help set you up with someone they know. Don't give them any pressure! Just tell them that you're open to anyone new, so they aren't stressed to find you the perfect date.

Related Link: [Celebrity Wedding: 'Bachelorette' JoJo Fletcher & Jordan Rodgers Get Engaged ... Again](#)

2. Live your life for you: When you begin to start getting to know all the facets of who you are, and you live for yourself and no one else, you'll go down a healthy life path. Doing what is right for you means you will be around jobs, places, and near people who further align with your life plan. You'll have a much better chance of meeting a soulmate because they will also have a similar life path.

Related Link: [New Celebrity Couple: 'Bachelor' Kaitlyn Bristowe & Jason Tartick Announce Relationship](#)

3. Use Uber as often as possible: Not technically a social media, this ridesharing service can actually connect you with others you might never meet elsewhere. When you choose the option to UberPool, you are meeting new people that you could have a connection with. It's like a sort of speed dating that can end the moment you arrive at your location.

What are some unique ways you've found love? Let us know in the comments below!

Celebrity Exes: 'Bachelor' Peter Weber Was 'Just as Frustrated' As Other Women After Hannah B.'s Return



By Ellie Rice

In the latest [celebrity news](#), *The Bachelor* star Peter Weber is giving love another shot! As the 24th season of the beloved franchise takes flight, viewers are introduced to an array of gorgeous women all vying for Weber's heart. But it wouldn't be the wildly entertaining show that it is without a little controversy, especially from Weber's [celebrity ex](#) and reality star herself, Hannah Brown. According to *UsMagazine.com*, her emotional reappearance this season has left *The*

Bachelor feeling frustrated and confused.

These celebrity exes didn't exactly have an idyllic reunion on *The Bachelor* recently. What are some factors to consider before getting back together with an ex?

Cupid's Advice:

Getting back together with an ex is a tough decision to make, and you want to make sure you're doing it for the right reasons. Cupid has some factors to consider:

1. Remember why it ended in the first place: Look back at your relationship and think about what went wrong and if those problems can be fixed. Starting from the beginning will allow you to analyze the pros and cons for the future. If the issues that plagued your relationship are hard to come back from, think about whether a second chance is really worth it.

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2. Ask yourself the big questions: Has this person really changed? And if they haven't, am I prepared to deal with that? Reconciliation can be a positive and wonderful thing, but not at the expense of your mental health. If they aren't ready to commit to you in a way that illustrates growth and understanding, then maybe they aren't the person for you.

Related Link: [Expert Dating Advice: How To Have Tough Talks With Your Partner](#)

3. Take charge: Have a genuine and honest conversation with

this person about what you are looking for in this relationship and respectfully allow them to do the same. Acknowledge each other's feelings and desires transparently and realistically. If the two of you aren't on the same page, then maybe it's time to move forward.

What are some tips you have for reconciling with an ex? Start a conversation in the comments below!

Celebrity News: 'The Bachelor' Debuts New Promo With Lots of Crying & Making Out





By [Hope Ankney](#)

In the latest [celebrity news](#), The [Bachelor](#) dropped its newest trailer, and it's no surprise that it's filled with drama. According to [ENewsOnline.com](#), it bounces back and forth from make-out scenes to soundbites of one of the women saying, "the claws are about to come out," to buckets of tears, and to former [Bachelorette](#) Hannah Brown stepping out of the limo, herself, to greet Peter, it seems like this season will be one bumpy ride. The *Bachelor* returns Monday, January 6 at 8 p.m. on ABC.

In celebrity news, *Bachelor* fans are on the edge of their seats waiting for the new season to debut. What are some unique ways to meet potential partners?

Cupid's Advice:

The average dating scene can get stale quickly. Swiping right, going on blind dates, catching dinner and a flick... It all begins to pile up after a while, making it harder and harder to stay hopeful about finding someone you're excited about. If you're in a dating rut, don't worry! Cupid has some [love advice](#) on some unique ways to meet your next romantic partner:

1. Volunteer your time: Making time to volunteer is great for multiple reasons. Besides giving back to your community and making a difference, you could meet someone that shares like-minded interests with you. You're both helping others and spending quality time together. A perfect place to forge a deeper bond.

Related Link: [Celebrity News: Peter Weber Is Named As Season 24 'Bachelor'](#)

2. Start taking your dog to the dog park: Maybe a bit cliché, but going to a dog park will instantly open you up to a new selection of people who also love dogs. It's amazing how many times dogs will attract conversation between two people. Seize that opportunity!

Related Link: [Celebrity News: 'Dwts' Winner and Former 'Bachelorette' Hannah Brown May Be on Peter Weber's 'Bachelor' Season.](#)

3. Sign up for a class: There is always a class you can sign up for in your city, and if you've been meaning to get better at cooking or pottery, now is the time to do it. You'll be working alongside others one-on-one, and you'll be creating things together. Treat it like school. Remember how easy it was to forge friendships there? Approach this no differently!

What are some unique places you've met partners? Sound off below!

Celebrity News: 'DWTS' Winner and Former 'Bachelorette' Hannah Brown May Be on Peter Weber's 'Bachelor' Season.



By [Ahjané Forbes](#)

In [celebrity news](#), Peter Weber asks Hannah Brown to join him on the upcoming season of *The Bachelor*. Brown surprises Weber

on the preview of the show coming back to profess her love to him. The two were almost a [celebrity couple](#) on *The Bachelorette*, but Brown chose another guy. According to *People.com*, *The Dancing With The Stars* alum told Weber, "Because I know there's still something there. And I would do anything for a relationship." We'll have to see how this [celebrity relationship](#) plays out!

In celebrity news, Hannah Brown is definitely making the reality TV rounds lately. What are some ways to take the initiative with your crush?

Cupid's Advice:

Talking to your crush can be hard. You don't know if you will say the wrong thing or you'll look silly in front of them. Trying your best to fit in and look good while doing it is hard enough. Getting your crush's attention without them noticing can be a task. There are some ways that you can initiate conversation smoothly. Cupid has some advice on how to approach your crush:

1. Watch your crush from a distance: Now, I don't mean stalking them on Instagram or in person, but take notice of how they move throughout the day. If you're looking for a partner who takes pride in their work and how they carry themselves, look to see if your crush has those qualities. Try to find any red flags if possible. See if there are any alarms that go off.

Related Link: [Dating Advice: 7 Ways to Subtly Flirt with Your Love Interest](#)

2. Talk to them first: We all wait for our crush to approach us, but what about going up to them first? You don't have to necessarily tell them that you're interested. Just have a simple conversation. If you both are in the same friend group, try to get to know them on a more personal level. Look to see if the vibe is there.

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3. Ask them to go out with you: This doesn't have to be a date, but try to hang out more with the person overall. Start with something small. Meet them at a local bar or at the movie theater. Try to go to a place that they have mentioned before in a previous conversation. Relax while you're with them. They, too, might be attracted to you.

What are some ways that you approached your crush? Share your experiences in the comments below!

New Celebrity Couple? 'Bachelor' Alum Nick Viall Confirms He Had Dinner with Rachel Bilson





By [Meghan Khameraj](#)

In [celebrity news](#), *Bachelor* star Nick Viall confirmed he had dinner with actress Rachel Bilson. There has been a lot of speculation that the pair is in a [celebrity relationship](#) with each other. According to *UsMagazine.com*, Viall was questioned about the dinner by Brad Goreski. Viall clarified by stating, "We hung out, and her friends were there, too...a bunch of people." While this [famous couple](#) might be spending more time together, both Viall and Bilson have kept the exact status of their relationship a secret. When Bilson was asked about the celebrity relationship, she said she didn't "want to talk about it."

There may be a new celebrity couple in the works. What are some ways to get to know each other at the beginning of a relationship?

Cupid's Advice:

Nick Viall and Rachel Bilson are tight-lipped when it comes to the status of their relationship. Whether this new celebrity couple is actually a couple is up for speculation. However, if you find yourself in a new relationship, Cupid has some advice to help you get to know your partner better:

1. Share music preferences: This may seem silly, but you can figure out a lot about a person by listening to their favorite songs. Music is a creative outlet not only for the musician but also for the listener. It is one of the few things that brings people together, so be sure to listen to when your partner shares one of their favorite songs with you.

Related Link: Celebrity News: [Tristan Thompson 'Isn't Giving Up' On a Future with Khloe Kardashian](#)

2. Ask questions: If you want to know something about your significant other then just ask! The fact that you're curious to know more about them will show them that you have a genuine interest in them which will build a stronger bond. Start with simple questions before moving into heavier topics.

Related Link: [Celebrity News: Angelina Jolie Has Been On a 'Few Dates' Amid Divorce from Brad Pitt](#)

3. Take a walk down memory lane: You can learn more about your partner by sharing your own experiences. Your partner will feel more comfortable to share any similar stories. This can build trust amongst you and your new partner while also allowing you and your partner to get to know each other better.

How do you get to know someone? Let us know in the comments below!

Celebrity Break-Up: 'Bachelor' Alum Tia Booth and Boyfriend Cory Cooper Split After 1 Year Together



By [Ahjané Forbes](#)

Tia Booth is singing "Single Ladies" in [celebrity news](#) after ending her relationship with her [celebrity ex](#), Cory Cooper. The two had dated for a year before their split. According to *UsMagazine.com*, Chad Johnson, a *Bachelor* Nation alum, publicly accused Booth of cheating on Cooper. The [reality TV star](#) responded to Johnson's accusations, asking if his Instagram had been hacked. Booth released a statement on Instagram, saying, "I am fine. He is fine. At this stage of life, we are

better as friends. He is a very private person and will freak when he reads this, but I wanted to address it myself.”

In celebrity break-up news, Tia Booth hesitantly confirmed her split on social media. What are some factors to consider before sharing relationship details on social media?

Cupid's Advice:

Making a break-up known can be hard. Whether it not to rip off the band aid and share it on social media is a tough decision. Cupid has some advice on how to post the ending of your relationship online:

1. Are you ready to admit that it is over?: Your feelings matter. How you move forward with the way you tell people about your ex is your decision. You don't owe anyone any explanations. Also, if it wasn't clear to you if you can rekindle this relationship, talk to your ex about it. Don't say anything until you're positive that it is truly over.

Related Link: [Relationship Advice: How to Approach Social Media Post-Breakup](#)

2. If your ex is ready to share: Believe it or not some people would rather keep every detail of their life private. A breakup is no different. You both should agree on the way that you want to tell others that you are no longer together.

Related Link: [Why Fans Think Lady Gaga Is Defending Bradley Cooper After Celebrity Break-Up](#)

3. How will you tell the whole world?: You don't want to air

your dirty laundry on social media. Try to do this from a professional standpoint. This is easier said than done, but using words like “we have come to a mutual agreement” or “we value each other and always will, but...” This shows maturity and will not make either party a target for trolls.

How would you post your breakup on social media? Join the conversation in the comments below!

Celebrity News: Peter Weber Is Named As Season 24 'Bachelor'





By Meghan Khameraj

In [celebrity news](#), former *Bachelorette* contestant Peter Weber will take on the mantle as the season 24 *Bachelor*. Weber was previously on Hannah Brown's season of *The Bachelorette* and finished in third place. According to *UsMagazine.com*, Weber stated that Brown inspired him to take the role noting that "Brown's commitment to remaining '100 percent unapologetically herself' from night one until the final rose inspired him to pursue the same goal during his turn as the lead." Weber was a fan favorite during Brown's season, especially after she revealed that they had slept together four times in a windmill. Perhaps this time Weber will fall in love and we'll have a new [celebrity couple](#) to keep tabs on!

In celebrity news, Peter Weber is the new *Bachelor*. What are some unique ways to go about finding

Love?

Cupid's Advice:

Peter Weber is on the search for true love. While we may not be able to go on a publicly televised search, we can still find love. If your dating history consists of relationships that seem to fizzle after the first few dates, Cupid has some [dating advice](#) to help you find love in new and exciting ways:

1. Take a class: Do you like painting? Or maybe dancing or sports? An easy way to meet someone new is to take a class on something you're interested in. If you're both in the same class that means you already have one thing in common which will make it easier to break the ice.

Related Link: [Celebrity News: Miley Cyrus & Kaitlynn Carter Step Out for Date Night in Matching Outfits](#)

2. Go to parties: Maybe you can throw one or just go to one you were invited to. Parties are a relaxed environment where you can meet people with no immediate commitment. Parties are basically speed dating rounds but with good music and drinks.

Related Link: [Celebrity News: Hayden Panettiere Spotted Holding Hands with Boyfriend Brian's Brother After Drama](#)

3. Post about your interests: Social media plays probably the most crucial role when it comes to finding new love. Nearly everyone has some form of social media so posting about what you enjoy can help catch the attention of someone who shares similar interests.

What are some fun ways to meet someone new? Let us know in the comments below!

Celebrity News: Former 'Bachelor' Contestant Kirpa Sudick Squashes Cam Ayala Dating Rumors



By [Hope Ankney](#)

In [celebrity news](#), former [Bachelor](#) contestant, Kirpa Sudick, is dismissing rumors of dating [Bachelor in Paradise](#) alum Cam Ayala. *Bachelor Nation* began speculating a potential spark between the two when Sudick took to Instagram to upload a post in dedication to Ayala's birthday. Ayala had commented

underneath the post saying, “ILYSM” alongside a heart emoji and an angel emoji. According to *UsMagazine.com*, the reality star squashed the rumors by stating, “We are just friends and not dating! I’ve just been very lucky to have met so many great people through *The Bachelor!*”

In celebrity news, Kirpa Sudick is not dating Cam Ayala after all. What are some ways to tastefully let people know you are not dating someone?

Cupid’s Advice:

Just like celebrities, sometimes we can post something on our social media that tend to look different than how we intended. But unlike them, we can’t go to a news source and dismiss these relationship rumors. Instead, we have to think up ways to tastefully let others know we’re not dating someone without looking too defensive. If you’re in this predicament, and you don’t know how to go about squashing dating rumors, don’t worry! Cupid has you covered with our [love advice](#) on how to nicely let others know you’re not dating this person:

1. Be playful: Sometimes, having fun with the situation can be a good way to let others know it doesn’t bother you before you let them know you guys aren’t dating. If both you and the other person are game, it can be funny to be playful and pretend like you are dating. Be over-dramatic with the idea, posting mushy comments, creating your own ‘ship’ name, taking ridiculous photos together, etc. By doing this before coming clean that you both aren’t dating, it can let people know that none of it bothered you, and it wasn’t a big deal!

Related Link: [Celebrity News: ‘The Bachelor’ Star Tia Booth](#)

[Has a New Boyfriend](#)

2. Be kind: This might seem like an obvious answer, but there are ways you can dismiss dating rumors that are much harsher than you meant them to be. Try and be as kind as possible when letting others know you aren't dating someone. Saying something rude or condescending can make you look bad when someone was just curious about the situation. So, try and be as polite and friendly as you can when letting others know so you don't look like a ticking timebomb anytime something false is said about you!

Related Link: [Celebrity News: 'BiP' Star Caelynn Responds to Blake Releasing Their Texts](#)

3. Be direct: Perhaps, the best way to be tasteful is to just be honest about it. Being direct doesn't have to be harsh, and it can stop speculation quickly. Simply explain away the idea that you and the person are dating and then say nothing else on the matter. By facing the situation head-on and refusing to talk about it further, it can be an easy and effective way of stopping the rumors from circulating.

Do you have any tips for tastefully letting others know you aren't dating someone? Sound off in the comments!

Celebrity News: Cassie Randolph Defends 'Bachelor' Colton Underwood After He's

Deemed a Bad Kisser on 'BiP'



By [Katie Sotack](#)

Reality TV show [Bachelor in Paradise](#) brings all the drama. This Monday, Colton Underwood came under attack for his less than par kissing abilities. Cassie Randolph hopped to her man's defense with a tweeted gif of the two locking lips and the caption, "Kiss me dammit you good kisser you". According to [EOnline.com](#), Derek Peth posed the question to the *BiP* girls about their worst kissing experiences. Sydney Lotuaco, Caitlin Clemmens, and Tayshia Adams all agreed Underwood's skills could use some work.

In [celebrity news](#), Cassie Randolph

is standing by her man's kissing skills. What are some ways to learn how to kiss better?

Cupid's Advice:

The date's going really well, and you can see a future with this one. They're attractive, smart, and hilarious, but then the end of the night comes. They lean in for you, and you find that they kiss with all tongue and teeth. Fear not! All that first date potential isn't wasted on your ideal partner's worst kiss. Here are some ways to improve:

1. Take cues: Your partner will kiss how they want to be kissed. Note the subtle movements of their lips and tongue and whether they apply a lot of pressure or a delicate touch. Take cues from their style, body language, and sounds on whether or not you could up your game.

Related Link: [Celebrity News: 'BiP' Star Caelynn Responds to Blake Releasing Their Texts](#)

2. Use bodies: A great kiss should inspire your whole body, not just your mouth. Use your physical being to your advantage by working in hands. Grip their waist, tangled their hair, cup their face, etc. There's a million and one ways to set your partner's nerve endings on fire, the lips are only one aspect.

Related Link: [Celebrity Break-Up: 'Bachelorette' Alum Jordan Kimball is Using Dating App After Split from 'BIP' Love Jenna Cooper](#)

3. Avoid repetition: It may be tempting to stay in on place when your nervous for a kiss, but make sure to spice it up. Move your head and hands to create an unexpected experience for your partner. Great kisses are all about surprises.

What's your go to kiss move? Share in the comments below!

Celebrity News: 'Bachelor' Alum Colton Underwood Reacts to Hannah Brown's Sex Confession



By [Bonnie Griffin](#)

In [celebrity news](#), [Bachelor](#) alum Colton Underwood reacted positively to Hannah Brown's admission to having sex in a

windmill on the current season of *The Bachelorette*. According to *UsMagazine.com*, Underwood says the differences between the seasons of *The Bachelor* and [The Bachelorette](#) are “what’s so cool about the Bachelor franchise, [because] everybody has their own twists to things.” In Underwood’s season, he was scrutinized for being a virgin, the complete opposite of the scrutiny that Brown has seen over her admission to having sex with a contestant. These celebs show us that everyone makes different choices and has different tastes when it comes to sex, but it is nice to see these two owning their choices.

In celebrity news, former *Bachelor* Colton reacted to current *Bachelorette* Hannah’s sex confession. How do you make sure you and your partner are on the same page with intimacy?

Cupid’s Advice:

Everyone has different sexual appetites. Sometimes those differences can happen between two partners in a relationship, but that doesn’t mean you can’t work things out. Cupid has some advice to help you make sure you’re on the same page as your partner in the bedroom:

1. Talk about it: The number one way for you and your partner to ensure you’re on the same page about intimacy is to have an open discussion. Tell them what you like and listen when they tell you the same. If you’re both open to talking it through, the act can be much more pleasurable for both of you in the end.

Related Link: [Celebrity News: Justin Bieber Is ‘Not in a Rush’](#)

[to Have Kids with Hailey Baldwin](#)

2. Be open to trying new things: Just because you've never tried something doesn't mean you won't like it. Be open-minded when your partner makes suggestions and you might find a new favorite way to be intimate with the person you love.

Related Link: [Celebrity News: Rachel Lindsay Says She's Surprised 'Bachelorette' Hannah Brown was 'So Bold' About Sex](#)

3. Learn to compromise: Be understanding. Sometimes one of you may be uncomfortable with something new in the bedroom. That's okay. Be willing to compromise, but know that it is okay to take things off the table if they make you uncomfortable.

What are some things you do to make sure you are on the same page as your partner? Let us know your thoughts in the comments below.

Celebrity Baby News: Sean Lowe Admits Wife Catherine's Third Pregnancy Happened 'Sooner Than Planned'





By [Bonnie Griffin](#)

In [celebrity baby news](#), Sean Lowe and Catherine Giudici are expecting their third child. According to *UsMagazine.com*, the [celebrity couple](#) had been planning for a future with three children, but this third pregnancy came a little earlier than they had planned. The former *Bachelor* star said they are still excited about the pregnancy, although “the idea of raising three kids under three and a half years old [is] a little daunting.” Ready or not, baby number three is on the way for this couple.

In celebrity baby news, this pregnancy took Bachelor Nation’s Sean and Catherine by surprise. What are some ways to cope with a surprise pregnancy?

Cupid’s Advice:

Not every pregnancy is planned for, but this doesn't mean it's not a happy occasion. Still, an unexpected pregnancy can be a lot to take in, and it can add unneeded stress if you are surprised. Cupid has some advice to deal with a surprise pregnancy:

1. Ask friends and family for help: If this isn't your first child and you're feeling a little overwhelmed talk to your friends and family. Let them know you're feeling tired and ask them for help. If you just ask you may find that you have all the help you need to bring your new child into this world.

Related Link: [Celebrity Parenting: Find Out What Carrie Underwood Is Doing Differently as a Second-Time Mom](#)

2. Remember it is normal to have negative thoughts: When you're surprised with a pregnancy every thought you have about your upcoming bundle of joy may not be positive. That's okay. Being pregnant alone takes a toll on your body with morning sickness, fatigue, stretch marks, and more. It is understandable that you might have a few negative thoughts about having to go through all of that unplanned.

Related Link: [Celebrity Baby News: Elin Nordegren Is Expecting With Former Football Pro Jordan Cameron](#)

3. Don't panic: It may not feel like you have any time to get ready for the baby, but you have nine months. All you really need to worry about are the important things like a bed for your baby, diapers, clothes, and a few supplies. If you cut back on a few of the extras you splurge on you will find the money you need to get what you need for your upcoming baby.

What are some ways you might handle a surprise pregnancy? Let us know your thoughts in the comments below.

Celebrity Baby News: 'Bachelor' Stars Arie Luyendyk Jr. & Lauren Burnham Welcome a Baby Girl



By [Bonnie Griffin](#)

In the latest [celebrity baby news](#), *Bachelor* stars Arie Luyendyk Jr. and Lauren Burnham are parents. According to *People.com*, Luyendyk confirmed on Wednesday that the pair welcomed their first child together, a beautiful baby girl. After meeting and falling in love on *The Bachelor*, the

[celebrity couple](#) has maintained their relationship in the public eye throughout the pregnancy, although they have not yet released the baby's name.

The latest celebrity baby news is that this *Bachelor* couple welcomed a baby daughter. What are some ways to work on your relationship while at the same time having a young child?

Cupid's Advice:

Having children is a beautiful gift, but that does not mean being a parent with young children is easy. Add the stress of now having a young child who solely relies on their parents to your relationship and you might find yourself asking how your relationship will survive. Cupid has some advice to keep your relationship working after having kids:

1. Have adult conversations: Just because you have a child doesn't mean all of your conversations have to revert to baby talk. You still need to communicate with each other, and as much as your young child is a very important part of your lives, they cannot be the only thing you discuss. Don't cut out your conversations just because you have a child, even if time alone is limited just have your conversations in front of your child because they will likely interrupt even if you try to take a moment and step out of the room.

Related Link: [Celebrity Baby News: Jenna Bush Hagar Is Expecting Third Child](#)

2. Work as a team: It is important for both parties in a

relationship to remember that you both had a child, and that means sharing more than those adorable baby grins. It means that you need to share the work with each other. You both have to help with the fun parts and the bad parts like when they have a meltdown. Be a united front when your child is having a tantrum because it will only add to your stress if you are not on the same team.

Related Link: [Celebrity Baby News: Backstreet Boys' Nick Carter and Wife Are Expecting Baby No. 2](#)

3. You both deserve time out: Every parent needs an occasional break. A break from your partner and even the occasional break from your child. We all need a little me time now and again. Give each other that time out and away to just be alone and revel in their own thoughts. Even though this time alone may seem like a strange way to help work on your relationship, your partner will love you for offering them a break.

What are some ways you might work to avoid a custody battle with an ex? Let us know your thoughts in the comments below.

Celebrity News: 'Bachelor' Alum Ashley Spivey Reveals She Suffered a Miscarriage





By Bonnie Griffin

In [celebrity baby news](#), *The Bachelor* alum Ashley Spivey shared her [celebrity pregnancy](#) story of suffering through a miscarriage in what was a “very wanted pregnancy.” According to *UsMagazine.com*, Spivey learned of the pregnancy early on, but the devastating news came only two weeks later when her doctor revealed that “the embryo actually had shrunk and the doctor concluded that [she] was experiencing a miscarriage.”

In celebrity news, Ashley Spivey is dealing with the devastation of a miscarriage. What are some ways to support your partner during pregnancy difficulties?

Cupid’s Advice:

Pregnancy difficulties leave broken hearts and scars for both

parties in a relationship. Remember to support one another during this devastating time, without trying to find fixes that will only prolong the pain. Cupid has some advice:

1. Understand there is no quick fix: Losing a child or finding out you are unable to get pregnant is a devastating loss for anyone trying to become a parent. When someone we love is in pain, the knee-jerk reaction is to find a way to fix the problem, but there is no quick fix for a loss this painful. Like the loss of any loved one, only time will bring healing, so give yourself and your partner time to grieve and the healing will come naturally.

Related Link: [Celebrity Baby News: Shawn Johnson is Expecting a Year and a Half After Miscarriage](#)

2. Do not jump into discussing having other children: When a mother has a miscarriage, to her she just lost a unique child, and that child is irreplaceable. It may seem like telling her that she can always have another baby offers reassurance, but it will likely only add to her pain and frustration. Instead, just support her by showing and telling her that you love her and staying by her side as long as she needs you there.

Related Link: [Celebrity Baby: Carrie Underwood Opens Up About Miscarriages & Preparing for Baby Boy](#)

3. Be supportive and lift her back up: When a woman goes through a miscarriage or learns she is unable to get pregnant and have children, it often leads her to thoughts that she is broken. Whether she expresses this feeling out loud or not, it is common, and she needs her partner to be there for her. Hold her, love her, tell her she is not to blame and that it is not her fault.

Can you think of other ways to support your partner when they are experiencing pregnancy difficulties, or have had a miscarriage? Let us know your thoughts in the comments below.

Celebrity News: Kelly Ripa Says She Is 'Disgusted' By 'The Bachelor' & 'The Bachelorette'



By Megan McIntosh

Looks like there's some drama in [celebrity news](#) with [Kelly Ripa](#). It turns out that she's "disgusted" by ABC's reality shows *The Bachelor* and *The Bachelorette*. According to *UsMagazine.com*, Ripa blasted the show, saying that she can't stand the idea of women fighting over one guy, adding

that women “are too special to be arguing over a guy.” Ripa thinks both [reality shows](#) are “creepy.”

In celebrity news, not everyone has love for the Bachelor franchise apparently. What do you do if you're vying for the heart of someone another person is also interested in?

Cupid's Advice:

When you're first getting to know someone, there's no way to be sure that you're the only person they're seeing. There's always a little friendly competition at the beginning of a potential relationship. Cupid has some tips on what to do when someone else is interested in the person you're trying to snag:

1. Act your age: Some people like to act immature or childish to get someone's attention. That is not the way to do it. While using a childish voice or teasing a potential partner may get you temporary attention, it's no way to keep them interested for the long term.

Related Link: [Dating Advice: 5 Activities for a Fun and Fresh Date With Your SO](#)

2. Confidence: It doesn't matter what you do, what you wear, or what you say if you don't do it with confidence. Be confident in your walk, be confident in your flirting, just be confidence. Confidence is attractive because it shows that you know you've got what they're looking for.

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[Date](#)

3. Show interest: This might seem obvious but the best way to grab someone's attention is to show genuine interest in their lives. Ask them about their friends, their favorites, and maybe try out a hobby or two that they enjoy. This shows them you're interested and makes them want to get to know you better.

Do you have any advice for catching someone's eye? Share below!

Celebrity News: Kaitlyn Bristowe Slams Nick Viall's Reasons for Joining 'The Bachelorette'





By Megan McIntosh

Though they are no longer a [celebrity couple](#), Kaitlyn Bristowe is still has opinions about ex Nick Viall after their [celebrity break up](#). According to *UsMagazine.com*, though it was all fun and games, Bristowe didn't hesitate to diss her ex in a word association game saying Viall's name negatively in association with "the right reasons." Though it's been years since they've dated, it's clear there's still bad blood even after all this time.

In celebrity news, these exes are clearly not on good terms after their break-up. What are some ways to keep old hurts from your exes from affecting your current life?

Cupid's Advice:

It can be hard to move on from an ex when you've broken up on bad terms. It's best not to let those old wounds reopen and keep you from living your life. It's not always easy to be friends with your ex, like Kourtney Kardashian is with Scott Disick, but it is possible to prevent that old relationship from holding you back like [Khloe Kardashian](#) after her break up with Tristan Thompson. Cupid has some tips:

1. Be comfortable moving on: Sometimes when you're afraid of being alone, you tend to hold on to toxic people. Holding on to exes who are not good for you can lead to being resentful and holding onto bitterness, like Bristowe with her ex Viall.

Related Link: [Celebrity News: Demi Moore to Reflect on Ashton Kutcher & Bruce Willis Marriages In Memoir](#)

2. Let go of any possible future together: If you're still holding onto to the idea of you and your ex being together, it stops you from building a life with someone else. It also stops you from growing as a person because you may be stuck in the past.

Related Link: [Celebrity Exes: Khloe Kardashian & Tristan Thompson Reunite at True's 1st Birthday Party](#)

3. Don't talk about your ex: Don't talk about your ex-partner. Just don't. Talking about them is a sign that you're not over them. If you talk about them, you're thinking about them. If you're thinking about them, you're not moving on. Stop talking about them and you will stop thinking about them and you'll finally move on to better things.

What are some other ways to keep old hurts from a past relationship from affecting your current life? Share your thoughts below.