

# Celebrity Couple Ryan Lochte & 'Playboy' Model Kayla Rae Reid Are Engaged



By [Mallory McDonald](#)

Wedding bells are in the air for [celebrity couple](#) Ryan Lochte and *Playboy* model, Kayla Rae Reid. There is nothing, but pure joy from the two as they are celebrating their [celebrity engagement](#). Lochte shared with [UsMagazine.com](#) how he felt before proposing. He said, "I couldn't really focus, I couldn't concentrate. I'm just happy everything worked out." He also shared details on the proposal to Reid, saying, "We were in a helicopter, and we went down around West Hollywood and Hollywood, and then we flew over Santa Monica and the pier, and we went up the coast in the helicopter. Then they landed us on top of a mountain in Malibu, and on the mountain, there was a picnic that had roses and champagne, and she was like, 'What's going on?'" Lochte claims he kept messing up on his proposal speech, but finally popped the question and couldn't help but feel like "his life was complete" afterward.

**This celebrity couple will soon be tying the knot! What are some ways to tell that marriage is the right answer for your relationship?**

## **Cupid's Advice:**

This engagement seems nothing short of a fairy tale, but

sometimes a marriage isn't always the right answer. Cupid has the perfect relationship advice for how to know:

**1. Commitment:** If you are at a place in your relationship where marriage is the next step and you need that commitment to feel secure in your relationship, then it may be time to get engaged!

**Related Link:** [Celebrity News: Find Out What Olympic Swimmer Ryan Lochte Looks For In A Girl](#)

**2. Mutual want:** If both you and your partner have always wanted to get married, then it is the perfect next step in your relationship. Make sure that despite you both wanting to get married, you both are in agreement on when.

**Related Link:** [Wedding: Miranda Kerr Is Engaged to Snapchat CEO Evan Spiegel](#)

**3. Insecurities:** If the biggest issue in your relationship is insecurity that your partner is not committed to you for life, your relationship might need marriage to survive. That doesn't mean pressuring your partner into marriage, but it may be a good idea to begin bringing up the idea.

How would you decide if marriage is right for your relationship? Share your ideas below.

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# Celebrity News: Ryan Lochte 'Is Not Looking for a

# Relationship' During Olympics

By [Nicole Caico](#)

Apparently, Olympic swimmer Ryan Lochte's game plan is to stay single. Lochte had everyone guessing about his relationship status as he posted photos of himself and Playboy playmate Kayla Rae Reid. According to [EOnline.com](#), a source commented on the relationship between Lochte and Reid saying, "Ryan was with a Playmate. He didn't meet her on Tinder. He is on Tinder though. He thinks she is hot, that's about it." Looks like there's no [celebrity relationship](#) here. Lochte is a single celebrity playing the field.

**In celebrity news, it looks like this Olympian is holding off on a serious relationship. What are some ways to tell if someone is relationship-driven or just looking to have fun?**

## **Cupid's Advice:**

There is nothing more frustrating than misreading whether someone is looking for a relationship or just looking to have fun. Here are some ways to spare yourself the heartbreak and awkward conversations:

**1. Social media:** Check the person's Instagram or Snapchat account to get an idea of what they're like. If every picture is with a different girl at a different party, chances are this person is just looking to have fun.

**Related Link:** [Celebrity News: Selena Gomez Wants a 'Low Key' Guy Who Isn't 'Terrified' Of her](#)

**2. Contact:** If you meet someone and they keep up conversation after meeting, this may be a sign that they are looking for a relationship. If communication is nonexistent or spotty, chances are the other person is just looking to have fun.

**Related Link:** [Celebrity News: Lauren Conrad Opens Up About Long Ago Split from Jason Wahler](#)

**3. Ask:** If you know you're just in it for a hook-up or you're in it for the long term, say something. If both of you seem to like each other, it could be worth a shot to ask. If anything, it will save you time and hurt feelings if you clear things up before they get serious.

**Why are you relationship-driven or just looking to have fun? Comment below!**

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## Celebrity News: Find Out What Olympic Swimmer Ryan Lochte Looks for In a Girl



 By Jessica Conigliaro

Olympic gold medalist Swimmer Ryan Lochte is single—and looking! Lochte tells [People](#) that a major turn off for him is when a girl is a bad kisser. “Honestly, if she can make me laugh, then I’m pretty much sold,” he says. “If she’s not funny, she’s taking life too seriously and that’s definitely

not how I live my life. I have fun in any aspect of life.”

**What are some ways to tell if you're a good match for someone?**

### **Cupids Advice:**

When on a first date, it is often hard to tell if the person is right for you. You have to ask the right questions and hope they are giving you honest answers. Cupid is here to help you weed through the bad seeds and find a good match for you:

**1. Similar interests:** After meeting someone new, always find out what their hobbies are. Try to find a common ground between the two of you. If you are really into sports and he is wearing a jersey of your favorite team—that is definitely a good sign. Start up a conversation about the team—you both will love having that common interest so early in the relationship.

**2. Makes you laugh:** The person you choose to be with should be able to make you laugh—especially when you are feeling down. Laughter is needed to lighten the mood and to have some fun. You should find your partner to be humorous, or things will get boring very quickly in the relationship.

**3. Feel comfortable around them:** You have been dating your partner for a few weeks and start to eat messier around him and care a little less about the way you look and act around him. That is definitely a good sign! You are starting to care more about just being around your date, and less about making a good impression. Being comfortable around someone is the first major step to a real relationship.

**How did you know your date was a good match for you? Share in the comments below.**

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# Ryan Lochte Confesses to a Crush on Blake Lively



 By Nicole Weintraub

While Blake Lively may be newlyweds with Ryan Reynolds, there's another Ryan who has an eye out for her. Olympic gold medalist Ryan Lochte admitted to [People](#) that the *Gossip Girl* star "makes my toes curl". Though the two have not officially met yet, Lochte admits that he would break his diet just for her since Lively has a weakness for homemade goods. Lochte is attracted to women who have a similar style as Lively in the sense that they have a versatile fashion. Ladies that can go from wearing a dress out on the town one night and then wear laidback jerseys make his heart skip a beat.

**How do you make first moves on a crush?**

## **Cupid's Advice:**

Here are some tips on how to make the first move on your new crush:

**1. Flirt it up:** Send those sly messages, especially if you want the other person to know how you feel. Be sure to pay attention to what your crush is talking about so they know you are listening.

**2. Go out as a group:** The best way to get to know someone better is by spending time with them in a group setting. Socialize with everyone but be sure to spend some alone time with your crush to have some one on one bonding time.


**3. Spend time as friends:** The more time you spend together, the more you will be able to get to know one another. Go out for coffee or visit a local museum. The more you two talk, the higher the chances of something happening.

**Have you ever made the first move? Share your experiences below.**

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## Olympian Ryan Lochte Says He's 'Always Looking' for the Perfect Girl



 By Jessica Nappi

Step aside Michael Phelps; after winning five medals at the London Olympics, Ryan Lochte has become one of the world's most eligible bachelors. Over the weekend, Lochte headed to Vegas where he told [People](#), "I'm always looking for the perfect girl. Now that I'm older, I'm looking to settle down a bit." For Lochte, the perfect girl starts with a sense of humor. "Anyone that can make me smile and make me laugh, that's the key to my heart," he said. Ladies, are you writing this down?

**How do you know when your dating standards are unreasonable?**

### **Cupid's Advice:**

Everyone has standards when it comes to dating, but having too many restrictions will keep your heart closed off from the

world. Here are some ways to know you have gone too far with your standards:

**1. You expect perfection:** Perfection is a word that has a different specific meaning for everyone, but with the same base understanding; physical beauty accompanied by a good personality. But if your definition of perfection pertains only to certain hair colors, eye colors and body types, you've gone too far. You are only limiting yourself if you limit your selection. Physicality can attract you to others, but inner beauty is what sustains relationships.

**2. You never go on dates:** If you're constantly looking for the perfect guy and will only go on a date when you think you've found him, then your standards are too high. Dating around is a good way to find out what you both want and don't want in a partner, so don't sit around and wait for the one.

**3. You're looking for Prince Charming:** Chivalry isn't dead, but it certainly isn't alive as it once was. So, if your date doesn't open the door for you or return your glass slipper by the end of the night, it's not the end of the dating world. If you think it is, your standards are unreasonable and you might've read one too many Nicholas Sparks books.

**What dating standards do you think are unreasonable? Tell us below.**

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**Olympian Ryan Lochte Speaks  
Out About Love and**



# Relationships



☒ With the 2012 Olympics in full swing, there have certainly been a lot of amazing athletic feats to enjoy. Of course, when they're not spending time with their training regimens, the Olympians find time to date just like we do. [Women's Health](#) chatted with swimmer Ryan Lochte about what he looks for in a partner and how he starts a relationship. Here's what he had to say:

**1. When you see a woman you want to meet, you:** Make eye contact. Some guys keep staring, but I'll give a wink and come back later, because it keeps her thinking.

**2. What confuses you about the opposite sex?:** It's impossible to know what they're thinking. If I could have one superpower, I'd be like Mel Gibson in *What Women Want*, where he reads women's minds.

**3. You're very stylish. How important is it for a guy to have fashion sense?:** Really important—it's how your personality comes out. I don't have a set style, but I try not to dress like everyone else.

**4. What do women look hottest in?:** One of my long-sleeve button-down shirts and that's all. The second sexiest thing: white jeans.

**5. You're surrounded by dudes constantly. Be honest: Do guys swap sex stories?:** Yes.

**6. Rapid Fire Questions:**

**Sexy women always...:** keep a fit body.

**Celeb crush?:** Carmen Electra.

**What do you sleep in?:** I'm mostly naked.

**Lights on or off?:** On.

We at *Cupid's Pulse* wish Ryan Lochte and all of the athletes competing the best of luck both at this year's Olympics and in all of their future romantic endeavors!