

Kim Kardashian's New Flame



A little over two

months after her breakup with longtime boyfriend Reggie Bush, Kim Kardashian has her eyes on yet another football star – The Dallas Cowboy's Miles Austin. After meeting at an L.A. restaurant, the two have kept in touch, and have even gone on a few dates. An insider told [People](#), "It's going really well." While they aren't officially dating, the relationship seems promising. The two are reportedly "taking it slow." A friend of the couple said that Kardashian "thinks he's a really good guy. He's really sweet to her.... He thinks Kim is his dream girl." **Is it wise to date the same type?**

Cupid's Advice:

Sometimes it's easy to find yourself frequently drawn to the same kind of man. Before entering a relationship with yet another "type" of guy, consider Cupid's suggestions:

1. Are you hurt? If you constantly date the same type of man

and find yourself hurt at the end of a relationship, then it's time for something new. On the other hand, if your relationships are healthy and usually end with some kind of mutual agreement, then your choice in men is fine the way it is.

2. Do you ever wish for more? Similar men typically have similar shortcomings. If your current relationship does not offer all you wish for, chances are, your typecast guy will leave you with the same feelings. Make a change if you're unhappy.

3. Step out of your comfort zone: If you've been dating the same kind of guy since high school and find yourself hurt and unhappy in relationships, then you need something different. It may be difficult at first, but putting yourself out there and dating people that you would normally pass by or disregard could prove to be rewarding.

For more info on types of partners, check out [Cupid's interview](#) with Andrea Syrtash's, author of *He's Just Not Your Type* (and that's a good thing).

Movie Review: Going the Distance





For a new twist on long-distance relationships, check out Warner Bros. new movie, *Going The Distance*. Garrett (Justin Long) and Erin (Drew Barrymore) fall in love one summer in New York City, but never meant for it to happen – especially knowing that Erin will be heading back to San Francisco in six weeks. The couple plans on staying casual, but it doesn't take long for their love to ignite a passion they can't escape. Follow these two real-life lovers on their coast-to-coast romance.

How can you make a long-distance relationship less challenging?

Cupid's Advice:

You can't control who you fall in love with, or where they live. If you unexpectedly find yourself in a long-distance relationship, Cupid offers a few ways to help shrink the distance:

1. Stay in touch: Technology has come a long way. Gone are the days when you could only use the postal service, or had to

pay huge fees for phone conversations. Now you can text, email, Skype, and even talk on the phone for little to no money at all.

2. Old school: Although it's easy to spend hours chatting and texting, it can be much more romantic if you compose some old fashioned snail mail and send it to the one you love. The sentiment will not be missed.

3. Getaways: With the savings on communication, why not plan a romantic interlude with your sweetheart. Take a weekend getaway in your respective cities, or choose somewhere in between and meet halfway.

Release date: August 27, 2010

Hilary Duff's "Imminent" Wedding





Ex-Disney star

Hilary Duff and fiancé Mike Comrie of the Edmonton Oilers have planned a quiet affair for their upcoming wedding, [E! News](#) confirmed last Friday. The two have been engaged since February, and a source close to the couple told E! News that the wedding is “imminent.” The couple is finalizing their preparations for the big day, which is happening this month. **What finishing steps do you need to prepare for your wedding?**

Cupid's Advice:

Duff and Comrie have been taking dancing lessons to get ready for their nuptials, but there are a few key steps that many couples might overlook during the hustle and the bustle before the big event.

1. Beautify: This should ideally take place a week or so before the wedding. Haircuts and final teeth whitening appointments should happen while there is still time to correct any mistakes.

2. Game plan: There are certain aspects that even the best wedding planner might not know to prepare for. Does the best man have a tendency to make raunchy comments when he's drunk? Have an aunt who's a bit of a cougar with her eye on one of

the groomsmen? Prepare for these situations ahead of time.

3. Happy honeymoon: The last thing you're thinking about as your wedding approaches is the idea of the aftermath, but it's a key ingredient, too. Make sure you have all the plans set for getting from wedding mindset to honeymoon mode without a hitch.

Julia Roberts In 'Eat, Pray, Love'



Julia Roberts stars in this week's *Eat, Pray, Love* as a modern wife who realizes she's missing something in her life. Deciding that her soul is unfulfilled, she divorces her husband and takes a yearlong,

life-altering journey. She first stops in Italy, where she finds ethereal joy in the art of eating. She then goes to India, where she studies with yogis at an ashram, finding strength through prayer, as well as gaining inner tranquility. Finally, she heads to Bali, where she meets her true love.

What can you do to lead a fulfilling life?

Cupid's Advice:

Eat, Pray, Love was adapted from Elizabeth Gilbert's memoir, where she chronicled her own personal choices to change her way of life. Below are some of Cupid's suggestions to help you figure out how to get your life where you want it to:

- 1. Assess your situation:** Categorize every aspect of your life, and summarize each section. When complete, read through it to see if there's room for improvement. With family or friends, figure out ways to work on what's missing.
- 2. Think of yourself:** Most people put others before themselves, leading to unresolved resentments that get tucked away in the subconscious. If you take a few moments each week to reflect on your personal choices, and how they have, or will affect you, you might find positive ways to resolve any conflicts that arise ahead of time.
- 3. Be true to your opinion:** This may sound corny, but if you don't believe in yourself, or if you let others provide your opinion for you, you'll end up miserable. Offer your insight to the conversation and make your voice heard.

Life can be a challenge. What you make from the cards you've been dealt is up to you and the choices you make.

Release Date: Aug. 13

Kelly Osbourne Calls Off Engagement



Kelly Osbourne and her fiancé, model Luke Worrall, have called off their engagement, [People](#) reported last Wednesday. The split comes on the heels of reports that Worrall cheated on Osbourne. That day, she tweeted that she would not comment on the split. The two got engaged in November 2008.

How can you deal with a breakup online?

Cupid's Advice:

Osbourne used technology to communicate her feelings with her friends and fans. However, the web is a public forum that must be approached with care. Here are some of Cupid's tips

on dealing with a breakup on the Internet:

1. Personal boundaries: In an avenue that basically has no barriers, it's important to have your own limits for the amount and content of the information you put out on the web.

2. Censorship: There are certain things that shouldn't be mentioned in a public setting. Avoid any of the "B" words: boys, breakups, bosses, bank accounts, and bodily functions. Add any others you feel necessary, but basically, if you wouldn't talk about a topic to a group of people you don't know, don't put it online.

3. Be true to yourself: You have the ability to create a whole image for yourself online. This means you also have the ability to recreate your online identity after the split. Revamp your profile, or tweet some inspirational quotes. Keep yourself positive and moving forward, even if it's just online.

Nick Jonas Double Dates





Nick Jonas, of the pop group The Jonas Brothers, has been seen out with two different girls in the last week in London, [Mail Online](#) reported. The youngest Jonas brother is in England performing *Les Miserables*, and was recently spotted out on the town with two of his co-stars, Samantha Barks and Lucie Jones. No relationship with either woman has been confirmed for Jonas as of yet.

How can you play the field without hurting yourself – or someone else?

Cupid's Advice:

Jonas has a history of on-and-off relationships with other young stars, including Miley Cyrus and Selena Gomez, but there comes a time when playing the field can be taken too far. Someone will get hurt if there aren't clear signs of what both people want in the 'relationship' from the start.

1. Define what you are: Are you single? Are you looking? What are you looking for? Figure out who you're looking for in the dating game, and then make that clear to anyone you might get involved with.

2. Pick on someone your size: Only go for people who are looking for the same things you are. If you want to be single, but the person you're seeing wants a committed relationship, there's no way things can end well for either of you.

3. Bounce back, not back and forth: If something doesn't work out, you need to be realistic with yourself, and end it. It's not right to bop back and forth between mates, and play with other hearts than your own.

Angelina Jolie's New Tattoo is 'For Brad'



Angelina Jolie is well known for both her high-profile romance with Brad Pitt, as well as her array of inspiring tattoos.

During a recent interview with [MTV](#), Jolie was questioned on her latest ink, located on her inner thigh. Fans got a glimpse of it in *Vanity Fair*, which featured the actress as August's cover story. When MTV asked about it, Jolie shied away from the topic, and said, "Um, it's for Brad."

How else can I express commitment in my relationship?

Cupid's Advice:

Getting a tattoo in honor of your loved one is a permanent and significant way to show you care. Want a less drastic approach? Cupid has some ideas:

- 1. Try the alternative:** If you like the idea of something permanent, try getting a piercing instead. If you don't want it to be seen, you can simply take it out. Beats laser surgery!
 - 2. Commit:** If you're jumping the gun by getting a tattoo in your partner's honor, it looks as if you're ready for marriage. Not the case? Try a promise ring. Already married? Take celebrating anniversaries a step further and commemorate your first date or your first kiss with a sentimental tradition, then promise to do it every year.
 - 3. The small things count:** You don't always need a physical object to show you care. Just being there for your partner says you're in it for the long haul. Simple gestures, such as surprising your partner with breakfast in bed, or even just saying, "I love you," can go a long way.
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John Krasinski & Emily Blunt Wed



Just a week after his costar Jenna Fischer got married, *The Office* star John Krasinski wed actress Emily Blunt, [People](#) reported Saturday. [US Weekly](#) confirmed that couple married in Italy, after spending the week with George Clooney at his villa in Lake Como. The newlyweds have been dating since 2008, and got engaged last August.

Can success at work lead to success in love?

Cupid's Advice:

Krasinski and Fischer married each other on their TV show, and celebrated real life marital bliss only one week apart. While their individual relationships are different, their work life seemed to predict their personal futures. You too can allow

your professional success to influence your daily life by taking the right steps.

1. Use work to network: Colleagues who see you every day might have a friend who's perfect for you. Just be careful not to burn any bridges at work if any consequential relationships don't pan out.

2. Mix business with pleasure: In moderation, of course. While getting involved with someone at work might not be the best idea, hanging out with work friends outside the office can open you up to a new group of people.

3. Find inspiration at home: Should a relationship bloom due to a work connection, keep those two worlds intertwined. Your partner undoubtedly knows something about your office life; use it to your advantage. He or she can be someone who can help you brainstorm a new idea, and also give you a back rub after a long day.

Country Wedding for Carrie Underwood





Country singer Carrie Underwood married Mike Fischer of the Ottawa Senators last Saturday, [People](#) reported over the weekend. The couple exchanged vows on a Georgia plantation in front of family and friends, with Underwood in a custom Monique Lhuillier gown. Underwood had previously been in high-profile relationships with actor Chase Crawford and Dallas Cowboys quarterback Tony Romo.

Can you find Mr. Right after a series of Mr. Wrongs?

Cupid's Advice:

After a succession of very public relationships and breakups, Underwood kept things private this time around and struck romantic gold with Fischer. Read on for Cupid's tips on moving past failed love and finding your happily ever after:

1. Keep your options open: After a failed relationship, it's easy to want to close your heart all together. While this may save you from future heartache, it will also keep you from new love as well.

2. Take a jump: Should that new special someone come along, don't be afraid to open yourself up again. Scared that they

aren't like the other guys you've dated? See this as a new opportunity and adventure in love.

3. Make a change: Something went wrong in your past relationships – that's why they ended. Before you try to get serious with someone you *think* might be the one for you, take stock of past mistakes and try not to repeat them.

Anna Paquin & Stephen Moyer Are Avid Skypers



Newly-engaged “True Blood” stars Anna Paquin and Stephen Moyer have found a way to keep their love alive, despite long distances. The couple, who met on the set of the show, are avid users of Skype, and would use it for “three or four hours” when they first began dating, according to [People](#) magazine. Moyer told *Playboy* in a

recent interview that it helped them build trust in their relationship early on.

How can you make a long-distance relationship work?

Cupid's Advice:

Some say absence makes the heart grow fonder, and this was obviously the case for Paquin and Moyer. Long-distance relationships can not only work, but grow, as long as both parties put in the work and the extra effort for their love.

1. Keep in contact: Whether through email, Skype, or even snail mail, you need to keep in touch. Keep each other up-to-date on the little things to tighten your bond.

2. Make the extra effort: If a card or bouquet is sweet when you are living in the same town, think how much it would mean from miles away. Those added touches can make your partner's day, and also keep you on their mind.

3. Don't over-expect: No matter how much you wish it wasn't true, you are still in a long-distance relationship. Don't hold unreasonable expectations for yourself or your partner in terms of visits or long catch-up sessions. Not everyone has time for a three-hour Skype every day.

Matthew McConaughey & Camila Alves Enjoy Some Alone Time





According to [OK!](#)

[Magazine](#), actor Matthew McConaughey shared a rare moment with his Brazilian model and designer girlfriend, Camila Alves: they walked the streets of New York City's TriBeCa – sans strollers! The couple, known for bringing their children around wherever they go, decided not to bring little Levi and Vida along this time.

How important is time alone with your partner without your children?

Cupid's Advice:

Couple time is vital to all relationships. Seeking a little refuge from the consistency of parenthood never hurt anyone. Cupid says snag some free time!

1. Hire a babysitter: Even if it's for an hour or two, hire some help so you and your mate can escape for a little bit. Go out to dinner; getting out of the kitchen and enjoying a meal that someone else prepares can be relaxing.

2. Make use of your parents: Have family in town? Use 'em! They are the ultimate built-in nannies for your kids. Any grandparent would be happy to watch their little ones, and this is a great way to ensure a tight bond across all generations.

3. The buddy system: Have a friend in the neighborhood with children the same age as yours? Why not team up and take turns watching each others' kids? The little ones have play-dates, and the adults can have a breather – everybody wins!

Anna Mouglalis & Mads Mikkelsen Get it On in 'Coco Chanel & Igor Stravinsky'



Coco Avant Chanel (Anna Mouglalis) is most widely known for the amazing fragrances for women around the world – specifically, Chanel No. 5. Igor Stravinsky (Mads Mikkelsen), a Russian Composer is known for his unpopular musical genius. In the movie, Coco offers Stravinsky the use of her

villa in Garches so that he will be able to work. He accepts the offer and decides to move in with his ill wife and children. The attraction between Stravinsky and Chanel is intense and a tempestuous love affair begins. This leads him to compose inspired music, and Chanel's fragrances became immensely popular and in demand.

Cupid's Advice:

This movie is about a love affair but a relationship needs commitment and honesty in order to succeed. Here are five ways to avoid your partner from stepping out and cheating on you:

- 1. Being honest** with each other is the number one method of staying together and maintaining a healthy relationship.
- 2. Communicating** your needs and desires while listening to your partners will ultimately help you stay close.
- 3. Putting your significant other first** when necessary will help your mate do the same.
- 4. Brainstorm together** when you find yourselves at a crossroads. Often times, making the effort to stay on track works to iron out any difficulties along the way.

If you have ideas on how to prevent an affair and keep a relationship alive, we'd love to hear from you! We'll take your suggestions and create a poll where you can vote for the No. 1 reason!

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