Jennifer Garner Is 'Not Surprised' Ben Affleck Is Dating Playboy Model Shauna Sexton



By Rhodesia Williams

In <u>latest celebrity news</u>, <u>Jennifer Garner</u> isn't surprised that her ex, <u>Ben Affleck</u>, was spotted on a date with a *Playboy* model. The <u>celebrity exes</u> are all too familiar with this scenario. Affleck apparently has had his share of secret <u>celebrity relationships</u> even since his <u>celebrity divorce</u> to Garner. Unfortunately for Garner, Affleck isn't too worried about being discreet. Knowing Affleck won't change, all she can do is protect her kids as much as she can. In celebrity news, Ben Affleck's ex isn't surprised he's dating a Playboy model, but she isn't pleased. What are some ways to cope with your ex moving on?

Cupid's Advice:

It's never easy to watch your ex move on, especially if you are always reminded of it. Cupid has some ways to cope with your ex moving on:

1. Think about it: So, your relationship didn't work out, but you can't seem to rationalize it. Make a list of the pros and cons of your relationship and be honest. While sometimes, the relationship could've ended out of the blue, but think about anything that could've been a warning signs. Sometimes taking some time to think can put this situation in perspective. Giving yourself time and being honest with yourself will help you to heal and move on.

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2. Enjoy yourself: Go out and enjoy your single life. Although you may miss your relationship, use this time to adapt to your new lifestyle. Have a night out with friends or even enjoy a movie night alone with your favorite snacks. Dating yourself is a big part of healing because it let's you know that it's okay to be alone. You won't be able to move on unless you get out and start enjoying life.

Related Link: Dating Advice Q&A: Should I Remain Friends with My Ex Online?

3. No lurking: The best thing you can do to help move on is

not to creep on your ex. For one, you already know what you are going to see. Also, why bum yourself out? Whether your ex is with someone or not, understand that you also need to start the process of moving on. Lurking will only hurt you so try your best not to. It's always easier said than done but it will help you to make peace with your ex moving on.

What are some ways you coupe with an ex moving on? Share below.

Celebrity Baby News: Kim Kardashian & Kanye West Have One Last Embryo for Baby No. 4





By Rhodesia Williams

In <u>celebrity news</u>, sources are saying that <u>Kim Kardashian</u> and <u>Kanye West</u> have decided to try for <u>celebrity baby</u> number four. According to *UsMagazine.com*, the <u>celebrity couple</u> want to use their last embryo to have their fourth and final child with a surrogate. The couple currently have three <u>celebrity kids</u> of their own. Because of Kardashian's previous high risks pregnancies, doctors advised her of this being the safest way.

In celebrity baby news, Kim and Kanye may be trying for baby number four at some point. What is the value of giving your children siblings?

Cupid's Advice:

Some people are okay with having one child, while others want

their child to have a sibling to play with. Cupid has some advice on the value of giving your children siblings:

1. Bonding: It's always cute to see siblings play together. At a young age they start to build this bond that will take them through their most valuable years. Although there will be plenty of fights and arguments, it will only make their bonds stronger. Learning how to build bonds with others is important and who better than to learn with than siblings?

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2. Boys and girls: Sometimes you have a specific idea on what kind of family you want. Maybe you want a boy and a girl or all girls or maybe even all boys. When having both boys and girls, it's nice to teach your children how to respect other genders. For example, teaching your son not to hit girls or teaching your girls the importance of keeping your dress down when wearing one. Although you don't need to have one of each to be able to teach these lessons, it's a plus.

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3. Learning lessons: Along with building bonds, your children will also be able to learn lessons together. Whether it's something simple like Also, with siblings that may come around later, your older children will be able to teach them.

What are some other reasons giving your children siblings can be a positive thing? Share your thoughts below.

Travel Trend: Norway



By Rhodesia Williams

Life is about exploring different lands and cultures. If you are thinking of traveling to a country you haven't visited before, but don't know where to go, give Norway a try. The latest <u>travel trend</u> has people exploring lands all over Europe. Although the weather can be on the cooler side, with so many things to do, you won't even notice. Breathing in the fresh air and taking in the sights will have you ready to see just what Norway has to offer.

With so many fun things to explore

in Norway, why not take a trip? Here are a few things to check out on your Norwegian getaway.

1. Nature: Interested in exploring all that Norway has to offer? With so many long roadways and plenty of mountains to hike, experience exploring a whole new land.Traveling through Norway won't be hard since islands are connected by bridges and roads. While the summer months are the warmest, it doesn't get truly hot in Norway, making your adventures comfortable.

Related Link: <u>Travel Tips: How to Make the Most of Time on</u> <u>Your Vacation</u>

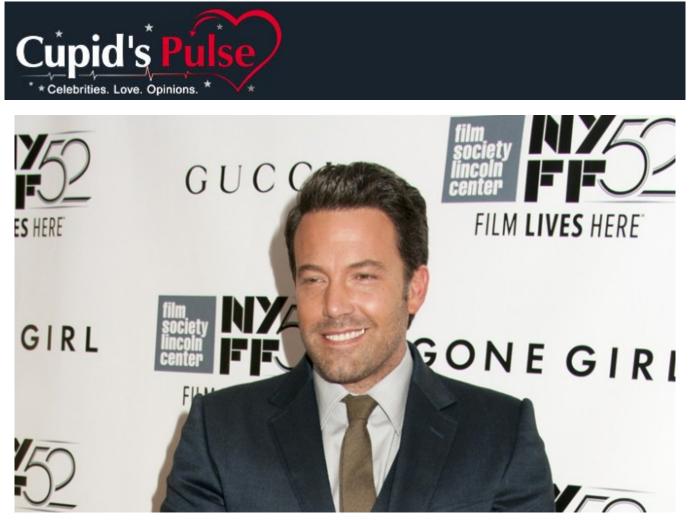
2. History: Want to learn about Norway? The country is filled with different historical sites as well as museums. Explore the famous Viking ship that can be found in Norway's capital of Oslo. Learn about the people and culture of Norway. There are so many things to experience like their food and music. Pick up a few quick lessons on their language, too.

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3. Good eats: Norwegians are known for using their own natural ingredients to cook. Using what is native to their land, it's safe to say their cuisine will be fresh and tasty. Norway, with their specialty in seafood, has been nominated for having one of the best top 50 restaurants in the world.

What are some places you would like to visit? Share below.

Celebrity Couple News: Niall Horan & Hailee Steinfeld Confirm Relationship with PDA



By Rhodesia Williams

In <u>celebrity news</u>, Niall Horan and Hailee Steinfeld confirmed their new <u>celebrity relationship</u> with some public affection. According to *UsMagazine.com*, the new <u>celebrity couple</u> have been photographed numerous of times since January in New York and even at Disneyland. It looks like this <u>celebrity dating</u> is just getting started. In celebrity couple news, Niall and Hailee and bringing their relationship into the public eye with some serious displays of affection. What are some ways to announce your relationship to family and friends?

Cupid's Advice:

It's exciting being in a new relationship and it's even more exciting to tell friends and family. Cupid has some ways to announce your relationship to your friends and family:

1. See it to believe it: As much as family have friends have heard about this new flame, a good introduction would be to bring them to a party or gathering. While yes, you and your new partner may steal the spot light for a bit, this will be the perfect time for everyone to meet. Whether it is a family party or a get together with friends, you will be able to introduce your new partner to a group rather than one by one. You also won't have to repeat yourself as many times.

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2. Telephone: While you can talk about your new relationship with a simple phone call, your friends and family will end up playing the game telephone. You can just throw in the towel if your parents know. From aunts, uncles, and cousins, you can bet that when you are asked about your new flame, their version of your new lover will be different. The telephone also eliminates you having to tell everyone. I'm sure if you tell your big mouthed cousin she will tell everyone. **Related Link:** <u>Relationship Advice: How to Build a Lasting Love</u>

3. Social media: A cute way to introduce your new flame to friends and family could be through social media. As we all know, news travels extra fast with social media. A cute post will definitely shock your friends and but also shows your loved ones about your relationship. Now you won't have to hear those dreadful questions of why are you single and when will you find someone.

What are some ways you would announce your new relationship? Share below.

Celebrity News: Kaitlyn Bristowe Addresses Shawn Booth Split Rumors





By Rhodesia Williams

In celebrity news, Kaitlyn Bristowe talks about rumors of a <u>celebrity break up</u> from Shawn Booth. According to *EOnline.com*, Bristowe put an end to the <u>celebrity gossip</u> by explaining why she isn't wearing her engagement ring and insisting that the <u>celebrity relationship</u> is still going strong. It looks like this <u>celebrity couple</u> won't fall victim to the pressure of the rumor mill.

In celebrity news, Kaitlyn Bristowe addresses rumors of a split from Shawn Booth. What are some ways to keep break-up rumors from affecting your relationship?

Cupid's Advice:

It can be hard to ignore gossip and rumors when you are in a

relationship. It's annoying because you don't know where it came from or why anybody is saying anything to begin with. Cupid has some ways on how to keep break-up rumors from affecting your relationship:

1. Don't feed into it: The best thing you can do is to not feed into the rumors. Giving attention to this hurtful gossip will make things worst by allowing the gossip to grow and potentially spiral out of control. When someone asks if you heard it? Say yes and keep it moving. Eventually your silence will show the person who started the nasty rumor that you could careless and the rumors will stop. Silence is stronger than any other answer, remember that.

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2. Actions speak louder than words: Remember, actions speak louder than words. Show your haters that you and your partner are still going strong and you are un-bothered. Not only will this shut down the person who started the rumor, it will shut down and questions or thoughts anyone else has about your relationship. To avoid ridiculous questions, this is the east way to keep the rumors away.

Related Link: Date Idea: Take a Journey

3. Talk about it: Make sure you and your partner are on the same page when it comes to these rumors. Talk it out in private about what you both know. From there, together, you should make the decision on how your are going to respond, if at all. Your relationship is bigger than a silly rumor so give each other the respect and time to figure out what your next move will be.

What are some ways you keep break-up rumors from affecting your relationship? Share below.

Celebrity Baby News: Jason Aldean & Wife Brittany Reveal Sex of Baby No. 2



By Rhodesia Williams

In <u>celebrity news</u>, Jason and Brittany Aldean revealed the gender of their <u>celebrity baby</u>! According to *EOnline.com*, the <u>celebrity couple</u> have gone through a lot in the pregnancy department. The couple decided to do a gender reveal for their daughters. Jason tossed a ball while his daughters took turns trying to hit one to see what color was inside. It looks like this <u>celebrity relationship</u> found light at the end of the tunnel. Congrats to the happy couple, who are expecting a baby girl.

In celebrity baby news, Jason Aldean and his wife Brittany are expecting a second girl. What are some unique ways to announce the sex of your unborn baby?

Cupid's Advice:

It's safe to say the most exciting part of a pregnancy is finding out the sex of the baby. Cupid has some advice on unique ways to announce the sex of your unborn baby:

1. Gender reveal parties: Gender reveal parties are all the rave now! Instead of having just a baby shower, people will also have a gender reveal as well. This party includes everyone in on the fun. There are plenty of games to be played, like at a baby shower. People reveal the gender by releasing balloons in the air or even cutting a cake with the inside being the color of the gender. This is a fun way to include friends in family in on the excitement.

Related Link: <u>How to Celebrate the New Year with a New Baby</u>

2. Surprise, surprise!: A fun way to announce the gender of your unborn baby is to decorate the baby's room with the colors related to the gender. Invite close friends over for a small get together with them just thinking it's just that, a get together. While still being able to play little games, or even take a few bets, later on you can tell your guests that the get together is to reveal the gender. You can reveal the gender by simply opening the door the baby's room. Your guests will be in shock and won't expect it. **Related Link:** <u>Product Review: Share a Scare with Care Onesies</u>

3. Invites only: A unique way of announcing the sex of your baby could be included with the baby shower invitations. Being pregnant is tiring but to be continuously asked what you are having could be runner up. Surprise everyone by sending out baby shower invites that correlate to the sex of the baby. While people will think they are receiving a aby shower invite, they will be surprised to learn the gender of the baby. A good idea is to have the details of the invitation on the front and in small letters at the bottom write, "by the way." On the back you then reveal the gender. It's a cute, yet easy way to reveal the gender of your bundle of joy.

What are some unique ways to announce the sex of your unborn baby? Share below.

Celebrity News: Duchess Meghan's Dad Says She Told Him He Couldn't Make Speech at Her Wedding





By Rhodesia Williams

In <u>celebrity news</u>, it looks like the relationship between Meghan Markle and her dad may not be repairable. According to UsMagazine.com, during a <u>celebrity interview</u>, Thomas Markle had a lot to say about the royal wedding. Although there was a lot of <u>celebrity gossip</u> going around about Markle, in the interview he cleared things up. Markle was upset because he did not receive a formal invitation nor was he allowed to make a small speech congratulating the new <u>celebrity couple</u>. As much as Duchess Meghan would like to fix her now <u>famous</u> <u>relationship</u> with her father, it looks like it will be a long time before that happens.

In celebrity news, additional details are coming out about Duchess Meghan's dad's involvement in the royal wedding. What are some

ways to keep family drama out of your big day?

Cupid's Advice:

As exciting as your big day is, planning it can often be stressful because of family drama. Cupid has some advice on ways to keep family drama out of your big day:

1. Plan smart: The most proactive way to eliminate any possible problems on your big day is to plan ahead. If Uncle Louie doesn't like his ex wife, don't have them sit near each other. While you can't control who will sit near who during the ceremony, the reception is easily where you have more of a handle on what happens. Although it is your big day and you want to enjoy it the way you want, sometimes you have to bite the bullet and compromise on some things. It's safe to say you rather get to have a wedding with family rather than a wedding turned WWE Smackdown match.

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2. Set everyone straight: An aggressive yet proactive way to deal with family drama spilling onto your big day is to simply address it. Let your family know that you will not tolerate any issues on your big day. With emotions running high during a day like a wedding, it is important to speak to anybody who may pose a threat to your big day. Remember keep it short, sweet and respectful. Sometimes people need to be reminded that it's YOUR day and not theirs.

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3. Be prepared: Not only mentally, but physically prepare yourself. It may sound negative but depending how much drama

you have, you may need to prepare for the worst. As funny as it sounds, it may help to even ask a few trustworthy people to help out incase any unforeseen issues arise. It is your big day and sometimes there are those few that don't remember that. With this, you can keep it mostly to yourself and be able to deal with it without interrupting your festivities.

What are some ways you keep family drama out away from your big day? Share below.

Celebrity Couple News: Why Justin Bieber Was Crying in Hailey Baldwin's Arms





By Rhodesia Williams

In <u>celebrity news</u>, <u>Justin Bieber</u> and Hailey Baldwin showed us just how strong their <u>celebrity relationship</u> is. According to *EOnline.com*, photos were recently taken of Bieber crying with Baldwin by his side. As questions were raised and <u>celebrity</u> <u>gossip</u> began to swirl about the <u>celebrity couple</u>, Bieber assured everyone that everything was fine. Bieber chalked it up to having a bad day.

In celebrity couple news, Justin Bieber took comfort in Hailey Baldwin's arms. What are some ways to console your partner when he/she is upset?

Cupid's Advice:

Supporting your partner through a rough time or even just a

bad day is key to any relationship. Not only does it show that you care, but it also makes your partner feel safe knowing they have you in their corner. Cupid has some advice on ways to console your partner when he/she is upset:

1. Laughter: Sometimes we need a good laugh to make ourselves feel better. Cheer up your partner by making them laugh. Watching a funny movie or watching funny videos on YouTube can help your partner feel better. Although, Michael Scott from *The Office* felt that laughter cured everything, sometime a dose of it can subside the pain for now.

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2. Physically be there: Physical contact with your partner will not only cheer them up, but make them feel safe. Whether you are holding each other or simply giving your partner a hug, that secure feeling will give them the strength to get through. We all have one of those days where we could use a hug.

Related Link: <u>Relationship Advice: How Your Excitement Drives</u> Your Expectations

3. Take the time: Taking some time off with your partner could help you and your partner to get through this tough time. Putting your phones down and giving your partner your undivided attention will allow your partner to vent and get everything out. Show your partner that you are ready to listen and help tackle whatever is causing them pain.

What are some ways you console your partner? Share below.

Celebrity News: Justin Verlander Says Kate Upton Saved Him from 'Jumping Off a Bridge' During Depression



By Rhodesia Williams

In <u>celebrity news</u>, <u>celebrity couple</u> Justin Verlander and Kate Upton are nothing short of relationship goals. According to UsMagazine.com, after suffering from many injuries, Verlander had no choice, but to have surgery. Verlander was very depressed during this time period. Upton helped her man through his rough patch and helped to keep their <u>celebrity</u> <u>relationship</u> positive. In celebrity news, Justin Verlander is opening up about the support Kate Upton gave him when he was fighting depression. What are some ways to support your partner through emotional turmoil?

Cupid's Advice:

Sometimes we go through things that we often think we can't get through. Cupid has some advice on how to support your partner through emotional turmoil:

1. Be available: While you don't have to clear your schedule for the next six months, make sure you are there for your partner. A simple phone call or quick text to check on your partner will remind them that you are in their corner. Being there for your partner is important and it not only reassures your partner, but also makes them feel safe.

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2. Distractions are nice: Distracting your partner will help keep their minds off of everything that is going on. Going out or even staying in and spending time will help keep the positive times needed at such a sensitive time. Enjoy each other and remind yourselves that you are in this together.

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3. Support: Remind your partner that they have your support. Although you may say it, sometimes your partner wants to see and feel it. The smallest things will mean so much to your partner and they will be grateful. Show your partner just how much you love them and support them. It is important and it will strengthen your relationship.

What are some ways you support your partner through emotional turmoil? Share below.

Travel Trend: Shangri-La's Villingili Resort & Spa in the Maldives



By Rhodesia Williams

Want to take a page from most recent Bachelorette Becca Kufrin

and indulge in a getaway in the Maldives? Now's your chance!

Although vacations are meant for relaxation, we often find ourselves on vacation doing just as much work than if we were home. A new <u>travel trend</u> is among us, and it's one you won't forget! Shangri-La's Villingili Resort & Spa in the Maldives is offering different kinds of packages and you don't want to miss out. From dolphin watching to a trip to the equator on the resort's very own yacht, there's never a lack of things to enjoy.

If you are going your love, there are plenty of romantic activities to enjoy as well as spa treatments. The "Romance in the Maldives" package offers many amenities and plenty of couple outings. While the trip to the equator sounds fun, if you want to explore, you can also try snorkeling. When you are ready for a nice quiet time, there are plenty of couple spa treatments as well as romantic dinners.

While the Maldives may not be top of mind for most people, resorts and spas certainly are! See what experiences Shangri La's Villingili Resort & Spa in the Maldives has in store for you.

1. The Romance in the Maldives: The Romance in the Maldives package includes a five-night stay in a villa with a private pool or over the ocean, perched atop the emerald-green jungle canopy or strung along the turquoise shoreline. This package includes an exclusive stargazing and sea-gazing experience during which guests can take in the stunning and unique scenery of the island. Couples can marvel at the sky with cocktails and canapes from the elevated platform strategically located in a remote location on the golf course, perfect for star spotting. For guests interested in sea-gazing, couples can experience the resort's overwater swing, overlooking the turquoise hues of the lagoon waters.

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2. The Proposal Experience: The presidential villa is nestled in its own luxurious environment with a private walkway entrance, a spacious deck with a private infinity pool and direct access to the ocean, a separate living room, yoga pavilion and even its own spa treatment room to let guests relax without leaving the villa. This offer also includes a romantic lunch date about the resort's Horizon yacht at one of the most exclusive locations on Earth, right on the equator. Aboard Shangri-La's luxurious 21-meter-long Horizon yacht, the couple can marvel at acrobatic dolphins leaping out of the water at sunset.

Have you been to the Maldives? What did you enjoy? Share your experiences below.

Beauty Tips: Best Mascara Types In The Game





By Rhodesia Williams

Beauty comes in all shapes, colors and sizes which can be exciting when you are into fashion and <u>beauty trends</u>. Mascara is the finishing touches to your masterpiece. There are so many types of mascaras that it's often tough to choose which one is best.

While moisturizing your lashes are important, sometimes the occasion calls for a different type of mascara. This beauty trend will go over the top 3 types of mascaras to use.

1. Thickening/Volumizing: Everyone wants their eye lashes to look long and full. Mascara that promotes fuller lashes are often made up of special components to get that full effect.

When buying these types of mascaras, the brushes used can vary and also make all the difference. Every company is different, so you have to not only find the mascara that fits you, but that also has the brush you like. Often these types also include lengthening as part of the formula.

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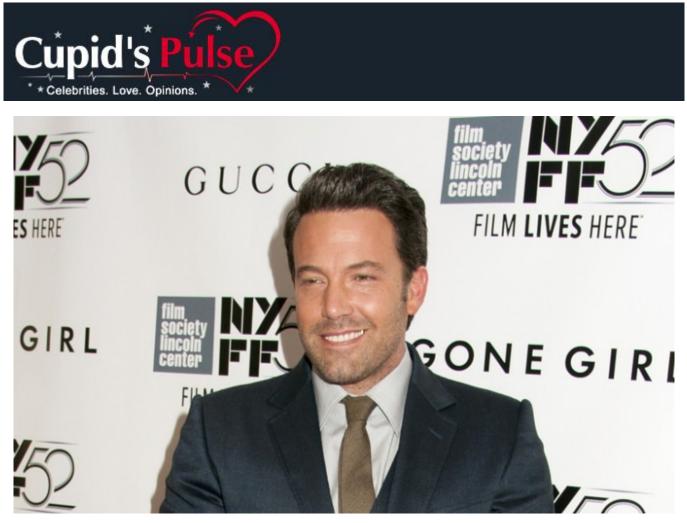
2. Smudge-proof: Smudge-proof mascara is a gift from the heavens. This is a mascara you can apply and forget about having it on. This is the bullet proof vest of mascaras, but of course it comes with a few cons. For one, you will need a make-up remover, preferably oil based, just to get it off. Also, because the mascara is made to stay on, it will unfortunately dry out your lashes as a result. This mascara isn't really for every day use, but it is still good to have in your stash just in case.

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3. Zero clumps: It's super annoying when you are applying mascara and end up with a clump on your eyelash. Then, you have to fight to get rid of it, which can end up messing up everything else. Obviously a great buy would be a mascara with zero clumps. Because the formula will be more oil based, you may run into smudging or running but that's okay. Nobody wants clumpy lashes.

What are some of your top types of Mascaras? Share below.

Celebrity Parent: Find Out More About Jesse Williams' Fight to Privately Parent



By Rhodesia Williams

In <u>celebrity news</u>, Jesse Williams is still dealing with custody issues after his <u>celebrity break-up</u>. According to *EOnline.com*, Jesse Williams' <u>celebrity divorce</u> from his exwife, Aryan Drake-Lee is costing him way more than a pretty penny. Although the <u>celebrity couple</u> filed for divorce in April 2017, they are still going at it when it comes to custody of their kids. Unfortunately, the <u>celebrity exes</u> are going tit for tat and it doesn't seem like it will end any time soon.

This celebrity parent is battling to parent in private. What are some ways to keep your custody battle out of the limelight?

Cupid's Advice:

When you break up or go through a divorce, fighting can is inevitable. Although fighting is never good, it is much better to argue in private rather than cause a show for people to watch. Cupid has some advice on ways to keep your custody battle out of the limelight:

1. Agree on privacy: If you can't agree on anything else, try to agree on keeping things between the two of you. When going through a sensitive time, keeping things private allow you and your ex to face the issues at hand without interference. Not only that, as heated as arguments get, people won't see how "heated" you can really get. We all do things out of anger so why advertise it just to regret it later.

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2. Keep it short and sweet: Think about it. When someone asks about your current situation with your ex and you calmly say you aren't seeing eye to eye, they won't know what to say. Usually people rant and rave and tell people details and sometimes, that's just what people are looking for. While I'm sure you have one or two people you can trust to keep quiet, going into details with other's is an invitation to have your business spread.

Related Link: Five Relationship Advice Tips for Breaking Up Without Hurting His Feelings 3. Keep Calm: Sometimes you just want to break your ex's windows or bleach their clothes. Well, don't. Keeping calm during this time will just let people assume everything is fine, which isn't a bad thing. Reframe from doing anything that will cause attention because it will do just that, not cause any attention. Attention will bring more confusion and during a sensitive time like this, you don't need that. As upset as you are, you don't want people or your children to see it. Children repeat everything and all you need is for them to repeat something.

What are some ways you keep your custody battle out of the limelight? Share below.

Celebrity News: Kevin Federline 'Tried to Settle' Custody Battle with Britney Spears Outside of Court





By Rhodesia Williams

In latest <u>celebrity news</u>, Kevin Federline is trying to settle his custody battle with Britney Spears out of the courtroom. According to UsMagazine.com, the ex <u>celebrity couple</u> have been going through a long drawn out custody battle since their <u>celebrity divorce</u>. Just a couple of months ago, Federline asked for more child support but is also willing to settle out of court. It looks like this

In celebrity news, the custody battle between Kevin and Britney is still going strong unfortunately. What are some ways to keep your kids out of disputes about money?

Cupid's Advice:

Custody battles are never fun and can often affect your

children. Cupid has some advice on how to keep your kids out of disputes about money:

1. Think about the kids: It's important to keep your kids in mind when you are going through a custody battle. While it's natural for kids to blame themselves for the split, hearing you and your ex fight about money will only make things worse. Keep their feelings in mind and try to make the break-up as comfortable as you can.

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2. Compromise: When fighting about money, the children will unintentionally be pulled in. A compromise is the easiest way to avoid dragging the children through any fighting. While wanting to fight for what's right, it is important to remember that your kids are well aware of what's going on. Sometimes the best thing to do is to compromise.

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3. Keep a straight face: Tensions are high and you don't want to back down. To not drag your kids into the fight, stay calm around them. Making comments or arguing around the kids will only make things worse. It is important to keep the kids out of it. Kids remember everything; don't make them think your break-up is about money to be spent on them.

What are some ideas on how to keep kids out of disputes about money? Share below.

Celebrity News: Kim Kardashian Recalls Tough Conversation with Khloe About Tristan Thompson Cheating Scandal



By Rhodesia Williams

In <u>celebrity news</u>, <u>Kim Kardashian</u> finally spoke out about her talk with sister, Khloe, with regard to her <u>celebrity</u> <u>relationship</u> with Tristan Thompson amid cheating allegations. According to *EOnline.com*, Kardashian says the conversation about the <u>celebrity couple</u> was hard to have because her sister was expecting the arrival of her <u>celebrity baby</u>, Truth. Kim said, "Her motherly instincts kicked in and she has to do what makes her happy so we'll support that." It looks like the Kardashian crew will be following Khloe's lead.

In celebrity news, Kim Kardashian recalls the drama around Tristan Thompson's cheating scandal. What are some ways to support a friend or relative who is dealing with cheating allegations?

Cupid's Advice:

Helping a friend through cheating allegations is difficult. While your loved one is looking for answers, you can only be there to support them. Cupid has some advice on how to support a friend or relative through cheating allegations:

1. Don't go looking: Naturally, you will be ready to go fight your loved one's partner, don't. Also, as fun as an old fashion stake out sounds, surveillance is not needed. In essence, don't go looking for trouble. You and your loved one should trust that all of the answers needed will present themselves. Everything happens for a reason and just like this presented itself, have faith that your questions will be answered soon.

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2. Proclaim your love: Reminding your loved one just how much you love them and care for them will help tremendously. At a time when they are feeling violated and vulnerable, it is important to remind them how much you mean to them. Surrounding your loved one with emotional support will heal their heart and self esteem.

Related Link: <u>Relationship Advice: From Cheater to Keeper-How</u> <u>to Make Amends</u>

3. Be there: At such a sensitive time, it is important to be there for your loved one. While you may not be able to physically be there all the time, make sure you check in. Your loved one will eventually need some alone time, however, initially, physically checking on them will help them to not feel so alone. A game night is a good idea; the atmosphere will be calm and allows the group to talk and have fun with no interruptions.

What are some ways other ways to support a loved one through cheating allegations? Share below.

Celebrity News: Jack Osbourne Allegedly Punches Estranged Wife's New Boyfriend





By Rhodesia Williams

In <u>celebrity news</u>, an upset Jack Osbourne has recently gotten himself into some trouble just months after his split from wife Lisa. According to *UsMagazine.com*, Jack Osbourne has been going through a <u>celebrity break up</u> from his estranged wife, Lisa. Apparently, Osbourne went to talk to his wife when her boyfriend showed up. After a heated argument, Osbourne punched him. The <u>celebrity couple</u> say that although their <u>celebrity</u> <u>relationship</u> is over, they will continue to co-parent and enjoy their kids.

In celebrity news, Jack Osbourne apparently isn't a fan of his estranged wife's new beau. What are some ways to handle jealousy coming from an ex moving on?

Cupid's Advice:

Moving on after a break up is always hard. Some take it better than others, so it is important to consider your ex partner's feelings. Cupid has some advice on how to handle jealousy from an ex:

1. Stay away: The easiest and safest way to handle a jealous ex is to stay away! While you don't have to hide like you're in the Witness Protection Program, keeping your distance may be best. Everyone is different, so you can't know for sure how your ex feels. Running when you see them is a bit too much but if you deliberately go looking to see your ex, just be prepared for anything that may happen. If you are seeing someone else, please heed this warning. You know what they say... "If you knock on the Devil's door, he will answer." Be smart and be safe.

Related Link: <u>Dating Advice: Secrets to Letting Go of the</u> <u>Outcome of a Relationship</u>

2. Respect the break up: For whatever reason, your relationship unfortunately ended. For you and your partner, it is important to respect your break up. Showing respect towards your ex could ease the tension and may help your partner to move on. Parading a new flame around too soon may egg your ex on and cause a huge, unnecessary commotion. Keep the peace and have respect.

Related Link: Dating Advice Q&A: Should I Remain Friends with My Ex Online?

3. Stay quiet: If your ex is acting out, sometimes the best response is no response. Not every action deserves a reaction. Whether your ex is genuinely upset or purposely trying to hurt you, keep calm and continue on. Eventually, your ex will get tired of not being answered and will hopefully work on healing themselves. Silence is the loudest answer you can give.

What are some ways to handle a jealous ex? Share below.

Celebrity Couple Blake Lively & Ryan Reynolds Attend Taylor Swift Concert



By Rhodesia Williams

In <u>celebrity news</u>, Ryan Reynolds and <u>Blake Lively</u> turn up at a Taylor Swift concert. According to *EOnline.com*, the <u>celebrity</u> <u>couple</u> decided to spend their date night out at the pop star's concert. Not only did the couple enjoy the concert, but their daughter, James, happens to be in the intro to one of Swift's songs. The couple were seen jumping and excited to hear the sound of their daughter's voice. Music is certainly keeping

this <u>celebrity relationship</u> interesting.

Celebrity couple Blake and Ryan attended a star-studded concert together. What are some ways music can bring you together as a couple?

Cupid's Advice:

Music has this magical ability to make things better! Whether you are on a road trip or had a horrible day at work. Hearing your favorite tunes can always save the day. Cupid has some advice on how music can bring you and your partner together as a couple:

1.Bonding: It's always a sigh of relief when you are with someone who enjoys the same music as you do. Dancing at home or heading out to a concert, music helps to enjoy your partner even more. After a long day, play some tunes and enjoy each other's company. Sing your hearts out! There's nothing wrong with being the main performers at your own private concert.

Related Link: Date Idea: List Your Love

2. Keep calm: Music helps to keep things calm. When having a bad day, blasting music almost always helps. When hearing one of your favorite songs play, don't be surprised if you start with a hum and end with you and your partner putting on a show. Music is like the universe's band aid, it can help with pain.

Related Link: Expert Dating Advice: Date Ideas for Spring Love

3. Projects: Music could influence different types of projects or hobbies you may want to try. Dance classes are a fun way to keep things spicy in your relationship. Having a romantic

paint night with some nice music is always a plus. Maybe you and your partner have a chore like cleaning out the garage. Incorporating music will allow you guys to enjoy it more. Remember, the music will help set the tone. Any music, on the right volume, will be just fine.

What are some ways you think music can bring you and your partner together? Share below.

Parenting Trend: Weighted Blankets



By Rhodesia Williams

The latest <u>parenting trend</u> you should be looking into is <u>weighted blankets</u>. These blankets, originally designed for children diagnosed with Autism, have made their mark in the world of relaxation. Children and adults have grown fond of these stress relievers. With being able to create your own, people all over have fallen in love with these custom blankets.

Weighted blankets are the new parenting trend when it comes to relaxation. Why are these new blankets all the rave and how do they work?

1. Create your own: Imagine being able to cuddle up with the perfect blanket. Luckily, these heaven sent covers allow you to design them yourself. From the material to the weight, enjoy customizing your own blanket. Surprising your child with a custom blanket will not only excite them, but it will show them that you were thinking of them. Knowing what your child likes also helps to create the perfect gift.

Related Link: Do We Sleep Differently When in Love?

2. Reduces stress: Because the blanket has some weight to it, researchers say it's like being held or even hugged. Ultimately, the weight acts as a pressure which then calms your child without you even having to touch them. This blanket will help to eliminate any anxiety or restlessness that your child may suffer from throughout the night. No more restless nights! Not only will your child sleep, but you will be able to rest as well. Sounds like a win- win!

Related Link: <u>Relationship Advice: Our Connection With Sleep</u>

3. Worth it: With so many sleep aid options, this may be the least invasive and totally worth it. Although the blanket can be pricey, just imagine the amazing sleep your child will get. Initially, the target consumers were children with Autism, but the popularity of the blankets have spread. Think about it; no trips to the doctor's office, no medications, and most importantly, no more late nights.

What do you think about weighted blankets? Share below.

Celebrity Wedding News: Michelle Williams Secretly Marries Phil Elverum





By Rhodesia Williams

In <u>celebrity news</u>, it looks like Michelle Williams successfully pulled off her own secret <u>celebrity wedding</u>. According to *EOnline.com*, Michelle Williams and Phil Elverum tied the knot just a few weeks ago. This <u>celebrity</u> <u>relationship</u> comes after both Williams and Elverum lost both of their spouses. The wedding was small with just close friends and family. It looks like this <u>celebrity</u> couple followed their hearts and will hopefully live happily ever after.

In celebrity wedding news, Michelle Williams is a married woman! What are some benefits to surprising guests with your nuptials?

Cupid's Advice:

There is no prize like a surprise! There are so many benefits

to surprising your guests with your nuptials. Cupid has some benefits of surprising your guests with your nuptials:

1. No headaches: Surprising your guests not only allows you to plan in peace, but it also allows you to create the day that you want without any outside opinions. Although you may need help here and there, overall planning and getting things done on your own helps to eliminate the headaches and issues that could've occurred.

Related Link: <u>Relationship Advice: Post-Engagement Behavior</u>

2. Creativity: Show your guests just how creative you are! Planning your special day allows you to not only surprise your guests, but it shows them just how you want to celebrate. Everyone will remember your special day and will see just how hard you worked to create the day that you wanted. From flowers to decorations, give your guest a day to never forget.

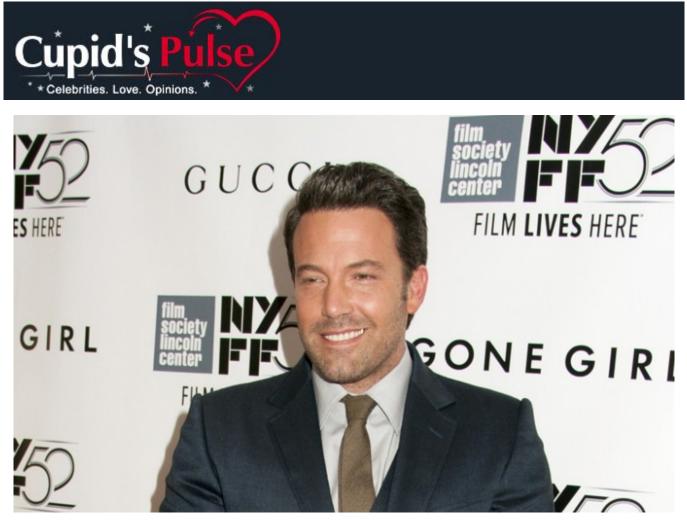
Related Link: <u>Relationship Advice: How to Compromise on</u> <u>Planning Your Nuptials</u>

3. Following your heart: When getting married, it is important to make sure you are saying "I do" for the right reasons. If you are truly in love with your partner, then no objections or opinions will matter. Do what makes you happy, and always follow your heart.

What are some benefits you think would come from surprising guests with nuptials? Share below.

Celebrity News: Jennifer

Garner 'Doesn't Want' Her Kids Around Ben Affleck's GF Lindsay Shookus



By Rhodesia Williams

In <u>celebrity news</u>, Jennifer Garner says she doesn't want <u>Ben</u> <u>Affleck</u>'s new <u>celebrity relationship</u> anywhere near their three children. Affleck, who is now dating Lindsay Shookus, went through a public <u>celebrity break-up</u> with Garner in 2015. They share three children together; however, Garner has her reasons for not wanting Shookus around her children. In celebrity news, Jennifer Garner is doing well post-split from Ben Affleck, but she doesn't want her kids around his new girlfriend. What are some ways to handle introducing your kids to your new partner?

Cupid's Advice:

Introducing your children to a new partner can be difficult. Often times, your ex may have some requests and, to keep the peace, honoring them is a good idea. Cupid has some ideas on how to introduce your new partner to your kids:

1. Who wants ice cream?: Naturally, most kids love ice cream. A good ice breaker is taking the kids and your new partner out for ice cream. It is important to have the kids in an environment where they are comfortable and feel safe. While you may think they are focused on their sundaes, they will remember the outing and it will help associate your partner with a happy memory.

Related Link: <u>Relationship Advice: The Pitfalls of Dating</u> <u>While Divorcing</u>

2. Introduce the idea: Sometimes the "what if" game helps. Slightly introducing the idea will help in finding out if your kids are okay with you having a new partner. Kids often object to their parent being with someone new because they want to see their biological parents together. Over time, suggesting that you may have a new partner will plant the seed needed and will help introduce your new partner. Related Link: Parenting Tip: Being a Adoptive Parent

3. Make it a party: If you and your ex are on good terms, it's a good idea for all adults involved to introduce your new partner. Your children seeing that you all are getting along and can co-exist will ease their minds. Naturally kids don't want to see their parents apart, so when introducing a new partner, you want your kids to feel comfortable. Having your ex back you up can only help the situation.

What ways would you introduce your new partner to your children?? Share below.

Celebrity Baby News: New Mom Cardi B Is Already 'Embracing Motherhood'





By Rhodesia Williams

In <u>celebrity baby news</u>, it looks like Cardi B is loving motherhood. According to *UsMagazine.com*, <u>celebrity couple</u> Cardi B and Offset just welcomed their <u>celebrity baby</u> girl, Kulture. The birth of baby Kulture did nothing, but add more love and smiles to this <u>celebrity relationship</u>. Sources say, with guidance from family, Cardi is enjoying motherhood. Parenthood is just another notch added on Cardi's belt of accomplishments.

In celebrity baby news, it didn't take long for Cardi B to start embracing motherhood. What are some ways to adapt to parenthood?

Cupid's Advice:

Being a first time parent is never easy. Between being extremely tired and overly careful, you need to remember to

breath and take your time. Cupid has some advice on way to adapt to parenthood:

1. Ask for help: Never be afraid to ask for help. Your family and friends are there to help. Asking for help will help your transition into motherhood be a lot smoother. Getting ideas from others can only help you. As a first time parent you are not only exhausted but super cautious. Taking advice from others can simplify your life and if you're lucky, can get in a little more rest.

Related Link: <u>Product Review: Mom and Baby's Favorite Baby</u> <u>Clothes</u>

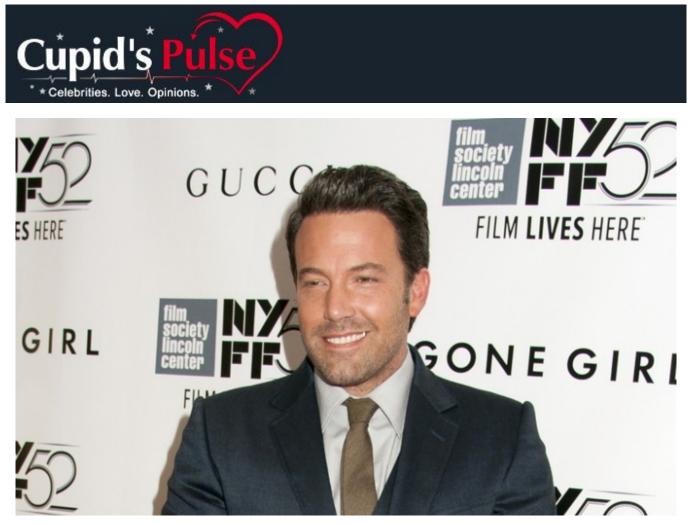
2. Give it time: Give parenthood time. Nobody perfects it on the first try. Your first child is when you learn and take notes. As frustrated as you may get, count to 10 and breathe. Don't ever think parenthood is not for you. Time and patience will get you through. When you need a break or when things get too stressful, don'tbe afraid to say it.

Related Link: <u>Parenting Advice: You're Never Too Old to Have a</u> <u>Child</u>

3. Stay positive: It is important that you stay positive. While there will be some says where you cranky and feel like you just can't, remember, you can! While taking care of a newborn seems much at first, just wait for the terrible twos. By then you will be wishing your baby was a newborn again. Keeping a positive attitude will help you get through your rough patches. Enjoy your baby and stay positive.

What are some ways you would adapt to parenthood. Share below.

Celebrity News: Amy Schumer Clarifies Pregnancy Rumors With a Cocktail in Hand



By Rhodesia Williams

In <u>celebrity news</u>, comedian Amy Schumer shuts down pregnancy rumors with husband Chris Fischer by holding a cocktail. According to *EOnline.com*, Schumer posted a caption on Instagram alluding to the fact that the <u>celebrity couple</u> could be expecting their first <u>celebrity baby</u>. Schumer said, "@leesaevansstyle and I are cookin' somethin' up." Unfortunately, her followers took it literally and Schumer had to apologize. She explained how she is coming out with a new clothing line and the celebrity couple will not be having a child. Schumer goes on to say, "That's what I was trying to allude to, but thank you for thinking of my womb."

It looks like this celebrity news may have been false! What are some ways to know you're ready to have children with your partner?

Cupid's Advice:

Babies are not only a lot of work, but a lot of responsibility. Not having children doesn't mean you and your partner love each other less, it's just that you realize it may not be the right time. Cupid has some advice on ways to know if you and your partner are ready to have children:

1. Stability: Having a stable environment is extremely important when bringing children into the world. Make sure your situation is suitable before the baby comes. Although there may not be a "perfect" time to have a kid, ideally, a good time to have one is when you and your partner are stable yourselves as well as when you are together.

Related Link: Dating Advice: Most Common Dating Mistakes

2. Agreed?: Make sure you discuss the topic with your partner. The element of surprise may not be the best route when it comes to this topic. Because so much goes into have children, it is important to have a serious talk about having a baby. If your partner isn't ready, all you can do is respect their feelings. Babies are a lot of responsibilities. If you and your partner feel like you are both on the same page and are ready to become parents, Cupid wishes you well.

Related Link: <u>Date Idea: Enjoy a Night by the Fireplace</u>

3. Game plan: Anything could happen either before or after the baby is born. If you and your partner are ready, make sure you have a game plan. Having some type of a general plan of how you want to do things helps tremendously. Coming up with plans will make you and your partner feel a little more comfortable and will prepared to have your own bundle of joy. If you feel confident with your plans and you feel the time is right, it's game time!

What are some ways you know that you and your partner are ready to have children? Share below.

Celebrity Engagement: Justin Bieber 'Needed' This Engagement to Hailey Baldwin





By Rhodesia Williams

In <u>celebrity news</u>, <u>Justin Bieber</u> and Hailey Baldwin's engagement seems to be just what this blossoming <u>celebrity</u> <u>relationship</u> needed. According to <u>UsMagazine.com</u>, we know Bieber's stardom came after being adored by the younger generation during his debut. Since then, the pop star hasn't been able to shake this image. The <u>celebrity couple</u> are more than excited for their future. With talks of a <u>celebrity</u> <u>wedding</u>, it looks like our Bieber is growing up.

This celebrity engagement came at a good time in Justin's life. What are some ways to know you're ready for marriage?

Cupid's Advice:

Just when you think things can't get any better, BOOM, you're engaged! As exciting and overwhelming as it can be, marriage

is a great goal to strive for. Cupid has some advice on ways to know if you are ready for marriage:

1. Slow and steady: Knowing if you are ready for marriage takes sitting down and examining your relationship. Rushing through things can eventually hurt your relationship. Remember, slow and steady wins the race. Take your time and sort things out. No relationship is perfect, but if you have a strong foundation, you may just be ready for marriage. Make sure you are taking enough time to think things over. While you don't want to have the longest engagement like Roy and Pam from *The Office*, make sure enough time is given to get things in order.

Related Link: Expert Marriage Advice: Your Choice of Mate Can Make or Break Your Career

2. Be the bigger person: A big part of being in a relationship, let alone a marriage, is sometimes having to be the bigger person. Compromising is a big part of being in a relationship. Marriage is a lot of work and lots of added stress. Make sure you are able to utilize these important tools. Marriages are two way streets just like any other relationship. Be prepared.

Related Link: <u>Relationship Advice: How to Compromise on</u> <u>Planning Your Nuptials</u>

3. Right is right: Make sure you are getting married for the right reasons. Don't get married because your cousin Michele, who is always in competition with you, just got married so now you have to out do her. Marriage is a sacred union and is something to be taken seriously. You are not only bounded together by faith, but by law. Those two words represent a lifetime commitment. If you are in it for the right reasons, then why not?

What are some ways you can tell you are ready for marriage? Share below.

Fashion Advice: 5 Outfit Ideas for Labor Day Weekend



By Rhodesia Williams

Labor Day is the last hoorah of the summer. With school back in session soon or returning back to work Tuesday morning, it's only right to go all out! Whether you are hanging out on the beach or enjoying a nice BBQ, end the summer with a bang! Enjoy some <u>fashion advice</u> to make your outfit shine brighter than the fireworks.

Labor Day Weekend is the last event of the summer. What are some outfit ideas for the infamous weekend?

Labor Day is the last holiday of the summer so you have to make it count. While sometimes weather can be hard to predict, there is always an outfit for the occasion. Everyone knows the saying, "Don't wear white after Labor Day." Whether you believe it or not, including white in your outfit will fit perfectly. Here are some outfit ideas for the big weekend:

1. Calm and casual: As hot as it can be, you may not feel like getting super dressed up. That's okay because keeping things calm and casual always works. A cute skirt with a tank top can be just enough especially if you accessorize. Adding jewelry to your outfit will not only make your outfit pop, but you will definitely shine like a diamond.

Related Link: Fashion Trend: The 90's Are Making a Comeback

2. Dress to the 'T': Similar to the calm and casual look, don't be afraid to wear a T-shirt. Buying a cute T-shirt or even a polo will be just right for Labor Day. This look works if you are attending a BBQ with outdoor activities. Its quick, simple, and can still be stylish. You can even use this if you plan on changing clothes. There's nothing wrong with an outfit change.

3. Maxi madness: It goes without saying that maxi dresses are the simplest outfit idea. Finding a cute Labor Day maxi dress won't be too hard. The traditional red, white, and blue colors for Labor Day gives you a lot to work with. Printed or striped dresses are typical; however, there are many ways to get creative. For example, a red maxi dress with jewelry or shoes to match will do wonders. The possibilities are endless! **Related Link:** <u>Fashion: Celebrity Style Shoes for Affordable</u> <u>Prices</u>

4. Summer dress: Not everyone is into maxi dresses which is totally fine. Finding a cute summer dress will be just fine. Although red, white and blue are traditional Labor Day colors, it doesn't mean you have to wear them. Finding a cute summer dress that fits your style is always a good idea. Not only will you stand out, but it shows that you decided to be different. Remember, standing out doesn't mean you are standing alone. Even if you are the only one not wearing red, white and blue, just know you did what others were scared to do.

5. Nice top: Finding a cute top to wear is a good idea. If you happen to be in a rush or received an invite to a gathering short notice, your best option is to find a cute top. Sometimes it's frustrating finding a full outfit, so just focus on the important part – the top. What will catch people's eye is the top you pick. Either going traditional or not, make sure it's you. Comfort is always a must!

What are some outfit ideas for Labor Day? Share below.

Celebrity News: Selena Gomez 'Doesn't Care' About Justin Bieber & Hailey Baldwin's Engagement





By Rhodesia Williams

In <u>celebrity news</u>, <u>Selena Gomez</u> is reportedly unbothered by <u>celebrity couple Justin Bieber</u> and Hailey Baldwin's engagement. According to *UsMagazine.com*, Gomez was seen on a boat with her friends living her best life when news broke about the engagement. Bieber and Gomez were a couple from 2011 to 2015, on and off. After the celebrity relationship ended for the last time, Gomez and her circle don't speak about Bieber. Apparently in the past, Bieber had a habit of making his relationships very public to upset Gomez. By the looks of it, Gomez is more than okay with this recent development.

In celebrity news, there's no big green monster to be found in Selena

Gomez. What are some ways to handle jealousy when your ex moves on with someone new?

Cupid's Advice:

In some cases it's hard to see an ex with someone new. As hard as it can be, you have to keep it together. Cupid has some advice on how to handle jealousy when your ex moves on with someone new:

1. Try not to look!: With social media taking over, it can be hard to avoid finding out about an ex and their new partner. As much as you may have the urge to lurk, don't look. Whether you broke up on good or bad terms, it will hurt the same when you see it. As long as you keep lurking, the more upset and angry you will get. Don't do it to yourself.

Related Link: <u>Relationship Advice: Why You Keep Attracting the</u> <u>Same Kind of Men</u>

2. "I don't want to hear it": While your friends may think they are doing you a favor by telling you your ex's every move, you have to tell them that you don't want to hear it. Constantly hearing about your ex won't help you heal and move on. A good idea is to have a conversation with the people closest to you and have a mutual agreement on not bringing up your ex. This combined with fun with your loved ones will help you have a smooth and healthy healing.

Related Link: <u>Relationship Advice: How to Overcome Dating</u> <u>Burnout</u>

3. It's not a competition: When seeing your ex with someone else, your first instinct may be to go out there and just jump into something with someone else. Bad idea! Keep your cool and take your time with getting back on the dating scene. Don't go out and hurt someone else to make your partner jealous. Not only will you hurt someone else, it will only hurt you more. Keep calm and work through it. Sometimes it gets worse before it gets better.

What are some ways that you deal with jealousy when you ex moves on? Share below