

Relationship Advice: Romance After Baby



By Dr. Jane Greer

Bringing a baby into your lives can change everything. The days move in a different way, the demands on you can be like nothing you have ever experienced before, both physically and emotionally, and you might be getting little to no sleep.

It's no wonder, then, that your romantic relationship, which may have always come naturally to the two of you, might now change as well. The very fact that the press paid so much attention to Meghan Markle and Prince Harry's small gestures toward each other on their most recent trip – holding hands while walking, a nice kiss goodbye as they went their separate ways one day – points to how important such moves can be after

having a child.

The royal couple has always been demonstrative with affection. But since the arrival of Baby Archie, their hand-holding and kissing seems a continued declaration of romance.

Keeping the romance alive and remaining passionate partners even after expanding your family can be a challenge. So how do you go about accepting and navigating the new circumstances without losing that important connection that brought you to this point in the first place?

The first step is acknowledging that things are no longer the same, and adjusting your expectations accordingly, so that you won't feel disappointed if you look back at the way things used to be. Perhaps you were intimate in the house whenever and wherever you wanted, spontaneously. But that was before being up all night with a crying infant or changing diapers, or worrying constantly made new demands on your energy. It was before you were breastfeeding or washing bottles and before all you could think about was this tiny new being.

As a result, the time and fuel you have for being romantic has probably diminished dramatically. With this in mind, work to establish a new normal based on what your life is like now and the resources you have and don't have as new parents. Things are likely to be starkly different from the way they were before.

Related Link: [Relationship Advice: An Unconventional Marriage](#)

One helpful change might be to plan for time alone together, as opposed to simply waiting for it to unfold. You might not find the time nearly as often as you used to, so try to shift the emphasis from quantity to quality. Focus on making the times that you can be together meaningful so that the feel-good connection lingers.

Also, shift from the free-fall expression of love that previously accompanied your relationship and instead pay attention to the smaller gestures of connection, as Meghan and Harry seem to be doing. You might have to exchange an exciting romp in the hay or staying in bed together all day for a passing kiss, a warm hug, or a gentle back or foot rub. Look for opportunities to pepper each other with consideration, maybe offering your partner a few hours alone without the baby, or being empathic and acknowledging that you appreciate how exhausted they must be.

Related Link: [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

The truth is that little acts of thoughtfulness and understanding in the face of having a baby ARE sweeping gestures of romance. They will allow you and your significant other to feel cared about, which then leads to wanting to please each other. It creates an atmosphere of gratitude, appreciation, and love, all of which are the kindling of romantic love.

The bottom line is that it's important to accept that things have evolved. It is unwise to judge your love by your old standards; your new situation will likely not hold up and might lead to feelings that something is wrong or missing.

Instead, think of the new phase as a revamp. Know that if your partner is too tired for sex or even a make-out session, it is not personal, it is because they are wiped out. Putting it all

in the context of nurturing your home and baby and creating a new landscape of love can sustain you through the period of infancy and toddlerhood.

Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on Facebook, at www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer on Twitter](https://twitter.com/DrJaneGreer) for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.

'Bachelorette' Hannah Brown Runs Into Celebrity Ex Tyler Cameron at People's Choice Awards





By [Hope Ankney](#)

In the latest [celebrity news](#), [Bachelorette](#) star Hannah Brown bumped into her [celebrity ex](#), Tyler Cameron, at Sunday's People's Choice Awards. According to *UsMagazine.com*, Brown commented on their interaction before the show started, saying there was no bad blood. She discussed how sweet it was that Cameron brought his mother as his date. When asked if she was nervous about seeing him, she replied positively, "I think I have so much going on right now. I mean, I came straight from practice for the show tomorrow, so there's no place for nerves and honestly, I'm just really focused on myself right now and I'm just really glad that I am able to be here and to celebrate the nomination of the award."

These celebrity exes crossed paths at the People's Choice Awards. What are some tips for keeping your cool

in the presence of an ex?

Cupid's Advice:

A break-up is never easy. It's even harder when you know you're going to have to see your ex again whether you plan on it or not. Standing in the presence of someone that you have a history with would make anyone sweat bullets, but it doesn't have to be an interaction you dread. Instead, if you're worried about keeping your blood pressure down the next time you see your ex, don't worry. Cupid has some [relationship advice](#) on how to stay as cool, calm, and collected as possible in their presence:

1. Think about the positives: If you know you're going to have to be around an ex in a public setting, make sure you don't focus on the negatives of your relationship. Associating their presence with hurt will only hinder you from having a cordial interaction with them. Try to keep your mind on the positives of your guys' time together. Then, when the time comes, you'll be level-headed enough to have a friendly passing conversation.

Related Link: [Celebrity News: Jed Wyatt Vacations with New Woman After Hannah Brown Split](#)

2. Be surrounded by friends: Being around an ex, alone, can be a daunting task. But, if you know there might be a possibility that you'll run into your ex somewhere, bring a couple of your friends to cushion the blow. You'll feel much more confident and positive being around them. And, you won't have to worry about suffering through any awkward silences that might occur.

Related Link: [Celebrity News: 'Bachelorette' Hannah Brown & DWTS Partner Clear Up Romance Rumors](#)

3. Focus on yourself: The best advice to keeping your cool when you're around an ex is to do what Hannah Brown did and

focus on yourself. Don't allow yourself to think too much about their presence. Keep doing what you're doing, and don't worry about them being there. This helps in alleviating the stress of seeing your ex and acting kindly towards them when you do bump into them.

What are some ways you keep your cool around an ex? Sound off in the comments below!

Celebrity Break-Up: David Eason Speaks Out After Jenelle Evans Announces Split





By [Hope Ankney](#)

In the latest [celebrity news](#), *Teen Mom 2* alum David Eason has spoken out after Jenelle Evans announced their [celebrity break-up](#). This is the first time he's addressed the issue with his estranged wife, and he seemingly shaded Evans through several Instagram stories on Sunday, November 3rd. According to *UsMagazine.com*, Eason posted two screenshots of *TMZ* articles. One detailed a request for full custody of the pair's two-year-old daughter, Ensley. The other discussed Evan's road rage that was broadcast in 2018 where she followed a driver home and then brandished a gun.

In celebrity break-up news, David Eason threw some shade Jenelle Evans' way after she announced their split. What are some things

to avoid on social media during a break-up?

Cupid's Advice:

Getting over a nasty breakup is hard, but it is even harder when social media is involved. Whether it is viewing their stories, stalking their profiles, or keeping up with what their friends are doing, it is a breeding ground for hurt feelings and questionable consequences. If you're going through a break-up, and you're having a hard time pulling yourself away from your ex's social media, don't worry! Cupid has some [relationship advice](#) on what to avoid on social media during a split:

1. Social media stories: Facebook has them. Instagram has them. Snapchat has them. Social media stories allow users to see exactly what's going on with someone in real-time. It's a cool feature unless you're going through a tough break-up. Seeing your ex out having fun on their stories can further fan the flame, and it might lead to feeling worse or to toxic social media behavior. Before you decide to click on their icon, think about what viewing this story is really going to help when it comes to getting over them.

Related Link: [Celebrity Parents: 'Teen Mom 2' Alum Jenelle Evans & David Eason Lose Custody of Kids After Legal Battle](#)

2. Burner accounts: If you follow their FINSTA (private Instagram) or Fake Twitter, chances are your ex will be venting about you and your relationship after it ends. If they haven't already blocked you from following their account, maybe it's a good idea to unfriend yourself from seeing those posts. And, if you are blocked, don't give in to the temptation to ask friends who are still privy to the accounts to spy on them and report back. You'll see or hear something you weren't prepared for, and it will only lead to anger or

hurt.

Related Link: [Celebrity Break-Up: 'Bachelor' Alum Tia Booth and Boyfriend Cory Cooper Split After 1 Year Together](#)

3. Keeping up with the circle: Chances are, when a relationship ends, the friend circle won't be the same. Some people will choose to stay with your ex while others might be more neutral about the breakup. Either way, it isn't a good idea to poke your nose into the circle, especially on social media, to keep up to date about what your ex is doing. Not only does it not paint you in a good light, but it can cause issues in the friend group. It's better to keep a safe distance than to cause more distress than is necessary.

What are some things you avoid on social media while going through a breakup? Let us know down below!

Relationship Advice: 4 Tips for Building and Planning a Wedding Website





The role technology plays in the wedding planning process has increased in recent years. Case in point: These days, roughly three out of four couples make it a point to create a wedding website that shares important information with their guests. Indeed, creating a wedding website is a great idea for several reasons. In addition to providing everyone with key details about your special day, it will also help your guests who are coming in from out of town to learn about where to stay and how to get to your ceremony.

As for how to plan and build your wedding website, including what to include and what can be left out, consider the following tips:

1. Start with a Wedding Website Template

Unless you or your partner have a lot of experience creating websites, you should begin by [choosing a wedding website](#)

[platform](#). For instance, Minted.com offers free wedding website templates that are designed by independent artists and have a personalized look and feel. Your wedding website should share a matching design with your invitations, as well as the chosen colors for your wedding and reception.

Once you've chosen your platform, it's time to think about what to include on the wedding website.

2. List Important Details on the Main Page

The main page of your wedding website should include all the important wedding details. This includes your names [in a font that's easy to read](#), the wedding date, and the time and location of both the ceremony and reception. The main page is also a great place to include a nice photo of the two of you and a short welcome message for your guests.

3. Provide Plenty of Schedule Information

In addition to the time of the ceremony and reception, a wedding website should also include information on any other planned activities surrounding the main event. For instance, if you're hosting a welcome dinner for out-of-town guests and/or a morning-after breakfast include the location and time on the website. Be sure to include only the events that everyone is welcome to attend on the wedding website. In the case of a rehearsal dinner, it's best to leave this off the website.

4. Include Local Travel Details

For guests driving or flying in for the occasion, a wedding website is the perfect place to include details about their travel and accommodations. Knowing this, your wedding website should [feature information about the nearest airport](#), as well as the names and phone numbers for any local hotels where you have reserved a number of rooms.

If you've arranged for discounts for airport shuttles or rental cars, include this on the wedding website as well. Basically, your site should be a one-stop travel information stop for anyone who is coming to your wedding from another city.

Have Fun Planning Your Wedding Website

Planning your wedding website should be more fun than stressful. Choose a user-friendly platform that will help you create a lovely and informative website. Be mindful of what to include and what to skip and the final product will be an attractive and helpful wedding website that your guests will truly appreciate.

Celebrity Break-Up: Meg Ryan & John Mellencamp Call Off Engagement





By [Meghan Khameraj](#)

In [celebrity news](#), Meg Ryan and John Mellencamp called off their engagement. A source for *UsMagazine.com* reports that the [famous couple](#) split and that Ryan “...had enough and ended [their engagement]...She has no regrets.” Ryan ignited rumors of a potential celebrity break-up when she was spotted sans engagement ring. The couple were on and off for eight years and announced their engagement in November 2018.

This celebrity break-up reportedly comes after Meg Ryan “had enough.” What are some ways to know your relationship isn’t fixable?

Cupid’s Advice:

Meg Ryan and John Mellencamp called it quits on their relationship. Ryan seems very secure in her decision to end

her relationship and does not have any regrets. Cupid has some [relationship advice](#) to help you know when your relationship is beyond repair:

1. You aren't happy: Unhappiness is the first tell-tale sign that your relationship may be headed in the wrong direction. If you've felt less happy in recent months, take some time to assess the situation and determine if staying in the relationship is the best option for you.

Related Link: [Celebrity Baby News: Blake Lively & Ryan Reynolds Reveal Sex of Third Baby](#)

2. You and your partner argue often: Arguments are normal in a relationship, however, if you and your partner are constantly butting heads over the simplest of issues, there may be an underlying reason why. Your relationship is causing you extra stress through all of the fighting, so ask yourself: is it worth it?

Related Link: [Celebrity Couple News: Jenni 'JWoww' Farley & Zack Carpinello Are Back Together After Split](#)

3. You can picture your life without them: Being able to picture a happy future for yourself without your partner is the most obvious sign that your relationship is beyond repair. If you think you would be happier without your significant other, you shouldn't drag your relationship out, as it is not fair to your partner.

How do you know when a relationship is unfixable? Let us know in the comments below!

Dating Advice: Why 'Ghosting' is the New Normal in the Dating Scene



By [Hope Ankney](#)

Most of us have been the victim of abandoned text messages, empty voicemail boxes, and the complete disappearance of someone we thought we had a great connection with over drinks. This leaves us with a haunted mind that tries to understand what we did wrong to cause someone to vanish from our lives. An experience that is more common in our [dating](#) lives than most of us think, the term "ghosting" (the act of withdrawing or ending a relationship suddenly and without explanation) has become the new normal.

In this dating advice, find out why “ghosting” is so trendy right now in the dating scene.

Is ghosting a new trend because of the rise of technology and social media? The absence of communicating with others face-to-face? The desensitization of considering others' feelings due to impersonal interaction? Those are questions that have circulated around the term “ghosting” for a while now, in an effort to understand the epidemic that has created open wounds and confusion. It seems that the main culprit to “ghosting” in our dating lives is the lack of vulnerable communication we have, now. Many people don't know how to cope with having an honest conversation, so they'd rather disappear instead of confronting the other person directly about their feelings. Dr. Fran Walfish, a leading child, couple and family Psychotherapist in private practice in Beverly Hills, California, provides her opinion on why “ghosting” has become so popular in modern dating:

1. Technology: As Dr. Walfish explains, “We are currently living in an age where people judge dates based on what technology they have. They slide this under the guise of ‘ease’.” With how technology-dependent our society is, nowadays, it's much easier to contact people on whatever social media app or texting device we have available to us. She goes on to say that people have normalized texting to be a front-runner in how we communicate in relationships, which ends up causing much more misunderstanding, uncertainty, and distance between people. This results in “ghosting” being a common practice that hurts and confuses the message receiver.

Related Link: [Expert Dating Advice: How To Have Tough Talks With Your Partner](#)

2. “Cookie Jarring”: This, as Dr. Walfish has coined, “is a

dating term where you keep someone as a backup with no real intention of dating them. You use them as a possible escort for parties or group events so you don't have to go alone, but you put them back in the cookie jar when you're done." This somewhat of a brutal way to put it, right? But, "cookie jarring" is actually a phenomenon that only further perpetuates "ghosting." With millennials and Gen Z-ers being raised in an environment of selfish and narcissistic media, these daters lack the realization that their behavior could significantly impact another. So, when they're using someone or treating them coldly, they often don't see it as being rude or disrespectful.

Related Link: [Dating Advice: 3 Ways to Know If Your Relationship Is Worth Saving](#)

3. Peer Pressure: Young people seem to constantly worry about how their peers perceive them, especially on social media. Dr. Walfish details that "young adults seem more consumed with how they are viewed by their peers if they show up dateless, rather than building internal character by doing the right thing and treating others the way they want to be treated." Not only that but sometimes friends persuade them to drop those they're dating or seeing. We love to fit in, and it isn't abnormal for us to do that by 'ghosting' someone that the peers we value are telling us to. Peer pressure is the culprit for many people disappearing on others, and the constant focus on social media can tell a person that they don't need to be dating one person when there are so many potential partners out there.

4. Bottom Line: 'Ghosting has become a phenomenon that, sadly, is here to stay. The dating scene has veered away from finding someone to build a relationship with, instead, focusing more on how easy and simple hooking-up is. This replacement has caused a stunt in how we utilize our communication skills and function in healthy relationships. The [relationship advice](#) that Dr. Walfish gives on how to combat the ever-increasing,

impersonal characteristics of modern dating is to stick to traditional dating roles. "Open, honest communication between two loving and solemnly committed partners is required to make all the types of role divisions in relationships work." And, if you aren't feeling the same connection that your date is, the best thing to say is what Dr. Walfish suggests: "You are a lovely person, but I feel like we are not the right match (or fit)." By doing this, you're at least not leaving someone in the dark, feeling abandoned and rejected without knowing exactly why.

[Dr. Fran Walfish](#) is a leading couples relationship and family psychologist in Beverly Hills, CA, as well as the author of the book [The Self-Aware Parent: Resolving Conflict and Building a Better Bond with Your Child](#). She also writes a weekly relationship and parenting Q&A that is published in the 'Beverly Hills Courier' newspaper and is a former co-star on WE TV's 'Sex Box.' You can find her on [Facebook](#), [Twitter](#), [LinkedIn](#), and [YouTube](#).

Celebrity Couple News: Jenni 'JWoww' Farley & Zack Carpinello Are Back Together After Split





By [Hope Ankney](#)

In our latest [celebrity news](#), Jenni 'JWoww' Farley and Zack Carpinello are back together! After the [celebrity couple](#) split only two weeks ago, it seems like the two have mended their relationship. According to *UsMagazine.com*, the reality star and wrestler were seen together twice after they announced their break-up. This is when they spent time at Universal Studios in Florida on October 18th, and when Carpinello hung out with Farley's children on October 12th.

In celebrity couple news, this split didn't last! What are some ways to decide whether to get back together with an ex?

Cupid's Advice:

Getting back together with an ex can be a difficult decision. Let's be honest, it's much easier to patch things up with an

ex instead of finding someone new because it means we must get to *know* someone new which, usually, isn't something we want to do. As you've probably broken up for legit reasons, it usually doesn't stop lingering feelings from keeping the flame alive. But, it's important to know when these feelings aren't just the normal process of missing a past relationship. If you're unsure of whether to give your ex another chance, don't worry. Cupid has some [relationship advice](#) that can help you decide:

1. Listen to your gut: The first thing you must do when reconsidering an old flame is to listen to what your gut is telling you. A past relationship could've ended because you chose to ignore major red flags or never followed what your gut felt. If you're choosing to give this person a second chance, make sure you're willing and able to trust your instincts if things start to slide back into the same territory.

Related Link: [Celebrity News: JWoww Is 'Hurt' After Boyfriend Makes a Move on Angelina Pivarnick](#)

2. Address what ended the relationship: Sometimes, partners like to jump back together without discussing what made them split in the first place. But, those issues seem to always creep back into a relationship if they're not dealt with properly. It's important for a couple to build on their new relationship by learning from the problems that occurred in the past that led to their break-up. It'll help you both to understand each other's perspective on the situation, and it will stop similar issues from arising in the future.

Related Link: [Celebrity News: Source Says Kylie Jenner Left Travis Scott Over Lifestyle Differences](#)

3. Time has passed: Time heals all wounds, right? Or, so they say. It's possible that your relationship ended because both of you just needed some time apart from one another.

Sometimes, one needs to go soul-searching. Sometimes, both of you just need to learn to live life without one another to see if the relationship is right. It's often that when time passes, you have matured and grown as people. So, when you do find your way back together, it's like your relationship has recharged, and you've realized that you'd rather be with no one else.

How have you decided when to get back together with an ex? Let us know down below!

Movie Review: Last Christmas





By [Ahjané Forbes](#)

Last Christmas is a movie that sets the mood for the upcoming holiday. The film takes place in London and is directed by Paul Feig, who is known for his work on *Bridesmaids* and *Someone Great*. The female lead Kate, played by Emilia Clarke, has been having a streak of ongoing bad luck. After coming out of the hospital, she finds a job singing and working as an elf in a year-round Christmas store. When Kate meets Tom, played by Henry Golding, he impacts her life in a very special way by turning her misfortune into a positive experience. Eventually the two of them start dating, and Tom shows Kate that even damsels in distress can find love, too.

***Last Christmas* is a modern-day feel-good movie that makes you feel love for the holidays! Check out**

our movie review.

Should you see it: If you are a fan of a rom-com with a little sprinkle of reality then this the the movie for you!

Who to take: Take someone that you are comfortable sharing your feelings around. A few close friends or your partner would be a good date choice for this movie.

Cupid's Advice:

Last Christmas represents the heartfelt relationship between Kate and Tom and shows us that love can happen when you least expect it. Cupid has some relationship advice for those singles looking for love this holiday season:

1. Search for a person that you are attracted to: It's not all about looks! Attraction can be based on intellect and how a person makes you feel emotionally. Sometimes love comes in a way you may never anticipate.

Related Link: [Movie Review: Midnight Sun](#)

2. Adds value to your life: Find someone who feels good to be around and who goes the extra mile to make you feel special. A good partner will push you to be a better person and support you in both the good and bad times.

Related Link: [Movie Review: The Sky is Pink](#)

3. Create your own ending: Not everyone's love story is the same. The way you plan to tell your story is completely up to you.

Are you going to see *Last Christmas*? Let us know in the comments below!

Movie Review: Lady and the Tramp



By [Hope Ankney](#)

Get ready for another animated Disney re-make! *Lady and the Tramp* is the next film to be offered a reboot, but unlike its predecessors, it won't be coming out in theaters. It'll be offered through Disney's newest streaming service starting on November 12th. Don't worry, though. The adored [movie](#) will still stick to its classic story-line. The journey follows a pampered Cocker Spaniel named Lady whose life is ripped away from her once her owners have a baby of their own. She goes

through certain circumstances that lead her onto the streets, where she meets the tough and brawny stray dog, Tramp, who comes around to protect her. Soon enough, a romance between the two starts to blossom, but the differences in who they are and where they come from threaten to keep them apart.

Check out our movie review for *Lady and the Tramp*, a perfect film for the whole family!

Should you see it: If you were already a fan of the beloved classic, love a good, family-friendly movie that caters to all ages, adore dogs, or are always up for a heart-warming experience, you should definitely consider seeing this film. And, unlike other animated remakes that Disney has done, *Lady and the Tramp* feature real dogs and isn't made up of mostly CGI!

Who to take: This movie is perfect for any family outing with the kids, your friends when you're wanting to experience nostalgia, or even as a light rom-com for a casual date night! The story-line is made to entertain everyone that sees the film which makes it an easy and enjoyable watch for anyone who is even slightly interested!

Cupid's Advice:

Lady and the Tramp is known for how it marries a child-like adventure story with an unforgettable romance. Always acting as a loose interpretation of *Romeo & Juliet*, it focuses on how differences between two people can hinder the success of a budding relationship. If you've ever found yourself in a position where you and your partner have major differences between both of you, don't automatically call it quits! Cupid has some [relationship advice](#) on how to stay together even when it seems like you're differences can tear you apart:

1. Talk about expectations/differences and negotiate: It's tough to have a conversation about expectations in a relationship. It's even harder when that conversation steers towards things that bother you about certain aspects between you and your significant other. But, having these hard discussions can help you and your partner grow stronger. Work together when it comes to making decisions and following through on expectations. It's a good start to being able to have differences and disagreements that don't, ultimately, feel like a personal attack anytime they're brought up.

Related Link: [Movie Review: The Lion King](#)

2. Let the differences be a positive thing: Depending on the circumstances, some differences can actually be good to have in a relationship. Being with someone who shares the same opinion or values about everything as you do can actually be quite boring and bland. Differences between two people give texture to the romance and can make the relationship fun and exciting. You should always be growing and changing in your relationships, so being with someone who shows you new ways to perceive life and opens you to new experiences is always something you should be looking for.

Related Link: [Movie Review: The Sky is Pink](#)

3. Only compromise when it's worth it for both of you: There's no such thing as a relationship without compromise. But, you should never find yourself in a relationship that has you compromising more than the other person. Every couple handles differences and the compromises to those differences in unique ways. So, the key to having a healthy and successful relationship is to find ways where compromise doesn't seem like a bad thing, and it can help both of you to become happier and better people.

What are some ways you've found a way to stay in relationships despite your differences? Let us know below!

Celebrity News: Matthew Koma Calls Hilary Duff 'Wife' Sparking Marriage Rumors



By [Hope Ankney](#)

In the latest [celebrity news](#), Matthew Koma has, seemingly, sparked rumors that he and [Hilary Duff](#) have secretly tied the knot. According to *UsMagazine.com*, the musician referred to Duff as his “wife” in an Instagram post shared on Saturday night. In the photo, you can see the actress mid-laugh as she’s dressed to the nines. Many fans began speculating about a possible wedding ceremony, but neither party responded.

Instead, Duff posted a photo to her own Instagram the same night of the two, detailing that they were attending the AdoptTogether's 2019 Baby Ball in Los Angeles.

In celebrity news, is it possible that Hilary Duff and Matthew Koma tied the knot in secret? What are some benefits to keeping your nuptials on the down-low?

Cupid's Advice:

It's not uncommon for [celebrity couples](#) to secretly get married. Their entire lives are handed to the public on a silver platter. Privacy is something they don't take for granted, so it's understandable that there are some aspects of their world that they would like to keep separate. But, this isn't just helpful for celebrity relationships. It can be just as beneficial for anyone to keep their private life... well, private. Here are some of Cupid's best [relationship advice](#) on why getting married on the down-low can actually be a good thing:

1. Filtered social media: The advancements in the visual aspect of social media has changed how we get attention from our peers. However, if you become obsessed with recognition and likes, it can negatively affect your relationship. It begins to blossom when a couple notices that they're more in love with the idea of their relationship being flaunted online than they actually are being in the relationship. Keeping your marriage private can help in keeping both of your motivations pure as you step into the next part of your lives together. It's important to note when you're in a partnership with another because you have a genuine bond versus when you love

the views that social media gives you for that partnership.

Related Link: [Celebrity Wedding: Country Singers Carly Pearce & Michael Ray Marry After 1 Year of Dating](#)

2. Fewer riffs due to privacy: When you share almost every waking moment of your marriage online or with others, it hinders the relationship from having a bond that should be shared only with each other. Most spouses aren't exactly excited to know that the majority of their relationship is exposed to third parties. This can cause drama and unnecessary issues in your marriage when others know about problems or complications that are normally kept quiet.

Related Link: [Celebrity Wedding: Justin Bieber & Hailey Baldwin Tie the Knot for the Second Time](#)

3. Less opportunity for exes to meddle: No matter what, it seems like some exes just don't allow you to ever be happy. The only thing worse than friends or family being in your marriage's business is if an ex is meddling in it as well. This can damage your relationship if your marriage isn't built on the strongest of foundations. Disclosing information to your ex or those who know your ex can be harmful, and it should be something that isn't taken lightly. Don't allow yourself to be vulnerable, and always be wise.

What are some ways that you've found being private with your marriage has been beneficial? Let us know down below!

Celebrity News: JWOWW Is

'Hurt' After Boyfriend Makes a Move on Angelina Pivarnick



By [Meghan Khameraj](#)

In [celebrity news](#), JWoww responds to the new *Jersey Shore: Family Vacation* episode where her boyfriend, Chris, got handsy with her cast mate and roommate, Angelina Pivarnick. According to *People.com*, JWoww revealed on her Instagram story that "...I'm pretty hurt. I feel disrespected by someone I called a friend and by someone who stated they loved me." Chris, who was dubbed "24" by the cast as a joke about his age, repeatedly asked Pivarnick about her sex life and current [celebrity relationship](#) with Chris Larangeira. The next episode of *Jersey Shore: Family Vacation* promises to be an entertaining one as we see JWoww and Pivarnick square off.

In celebrity news, JWOWW responds to her boyfriend putting the moves on *Jersey Shore* co-star Angelina Pivarnick. What are some ways to deal with your partner flirting with another woman?

Cupid's Advice:

Jersey Shore stars JWOWW and Angelina Pivarnick are going head-to-head again after it was revealed that JWOWW's boyfriend tried to make a move on Pivarnick in a night club. This conflict is bound to end in flames that the [celebrity couple](#) may not survive. Cupid has some [relationship advice](#) to help you deal with an unfaithful partner:

1. Talk it out: Communication is an invaluable aspect of a healthy relationship. The most effective way to avoid drama and solve a relationship problem is to respectfully tell your partner how you're feeling. If your partner doesn't respond well in both words and actions to the flirting allegations, you should consider an alternate method.

Related Link: [Celebrity News: Prince Harry & Duchess Meghan Are Considering Moving to Canada](#)

2. Consider couples' therapy: Sometimes tensions can be so high in a relationship that you and your significant other can barely speak to each other. If you find yourself in this situation, or you're simply unable to get your feelings across, you should consider speaking to an unbiased therapist who can help you work through your relationship problems.

Related Link: [Celebrity News: Source Says Kylie Jenner Left Travis Scott Over Lifestyle Differences](#)

3. Walk away: You should never lower your standards for anyone. You should also never allow anyone to make you feel like you aren't worthy. If your partner doesn't change their behavior after you've tried and tried to get your feelings across to them, you should walk away. It is never easy to walk away from someone you love, but you will thank yourself in the long run.

How would you handle an unfaithful partner? Let us know in the comments below!

Celebrity Interview: Leanne Ford Talks Interior Design Advice and Upcoming Projects





Interview by [Lori Bizzoco](#). Written by [Meghan Khameraj](#).

Leanne Ford took the interior design world by storm and made a name for herself with a now-famous 1907 schoolhouse renovation in Pittsburgh, her hometown. The home which is referred to as The Schoolhouse Project was featured in *Country Living Magazine*, and helped cement her career. Since then, Ford, whose designs are best described as modern, yet lived-in, continues to build a following with her signature “white on white” aesthetic. She leads design projects in Pennsylvania, New York, and Los Angeles and is a published author and HGTV staple on top of it all.

In our celebrity interview, Leanne Ford gives us valuable interior design advice and insight into her upcoming projects.

In a recent [celebrity interview](#) with [CupidsPulse.com](#), Ford

gives interior design advice and discusses her busy schedule full of new projects. She even gets personal and reveals some design details in her child's nursery.

Related Link: [Celebrity Chef Interview: Chef Byron Talbott Talks Lunch Food & Date Night Desserts](#)

The house and specifically the bathroom, that solidified Leanne Ford's reputation was The Schoolhouse Project. This project recognized her white and minimalist aesthetic, as the walls of the main living area were painted white, but the floor was left black for the perfect contrasting touch. In the bathroom, she knocked out the crawl space to create room for the bathtub. Though Ford's style was unique and grabbed the attention of the design world, when asked about the biggest risk she's ever taken, this was not one she would count in that category. "Honestly, everything is a risk in some form," the designer says. "If you're not making yourself nervous, you aren't doing anything special."

In addition to the time she spends on interior design projects, Ford and her brother Steve can be seen renovating old homes on their HGTV hit show, *Restored By The Fords* which is slated to come back for Season 3 early next year. She also recently appeared on *A Very Brady Renovation* and the new competition show, *Rock The Block*.

On *A Very Brady Renovation*, which premiered September 9th, the six surviving members of *The Brady Bunch* cast came together with current HGTV stars to renovate the San Fernando Valley house used in exterior shots on the series. Ford says, "We just knew we had to get it right...we were not accepting anything less than perfect on that place." As for *Rock The Block*, which premieres on October 21st, four of HGTV's brightest stars, including Leanne Ford, square off in a home renovation showdown. Ironically, Ford admits that she's "the least competitive person, probably, like ever." However, she did mention that there is a healthy competition among the

other women on the show.

Related Link: [Celebrity Interview: Entrepreneur Lara Merriken Talks Building Her Brand & Healthy Eating](#)

Although she is kept extremely busy on professional projects, Ford and her husband are focused on their family. In March they welcomed their first daughter, Ever Allen Ford. When asked if there was anything special about the baby's nursery design, Ford says that she didn't have a pre-determined vision. However, she tells us that the baby has a "Love Wall," going on to explain that this is a wall of "love letters and sweet things" that she and her husband have given to each other over the years.

Design ideas like sentimental additions to her daughter's nursery seem to come naturally for the HGTV reality star. However, to some couples, a redesign could destroy a marriage or relationship. When it comes to working through how your home will look when you are a couple, Ford gives us some healthy [relationship advice](#), explaining how two people can come to an agreement on differing design opinions and the risks of making a big change in your home. She says compromise is the best way to keep the peace at home. It sounds like picking your battle is important. To reduce nerves when it comes to a big home renovation she says, "It doesn't mean that everything has to go away...if you want to do it, you're going to love it!"

A busy schedule won't stop Leanne Ford! On top of her numerous design gigs and being a mother, Ford has no plans to slow down anytime soon. Check out Leanne Ford on *Rock the Block*, premiering October 21st on HGTV.

Keep up with Leanne on Twitter [@HeyLeanneFord](#) and [Instagram](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

Movie Review: The Sky is Pink



By [Hope Ankney](#)

If you're in the mood for a love story that pulls on your heartstrings and takes you on an emotional journey, look no further than Priyanka Chopra's newest Hindi [movie](#), *The Sky is Pink*. It acts as the true story of Aisha Chaudhary, a teenager who had pulmonary fibrosis whose parents dedicated their whole lives to helping her survive. Choosing not to focus on the illness aspect of the story, the film is narrated by the daughter, who instead details the incredible love story of her parents. She lets you know quite early on that she's speaking from beyond the grave, but her retelling of her parents' 25-

year relationship is nothing short of hilarious, heart-warming, and, at times, heart-wrenching as it touches on the beauties of life and death.

Check out our movie review of *The Sky is Pink*, a perfect rom-com for date night!

Should you see it: If you're a sucker for romantic comedies, love a good immersive, emotional experience, or gravitate towards true stories, you should definitely go give it a watch. It's a modern twist on the general love story, and if anything, it's refreshing as it is inspiring.

Who to take: This film is perfect for date night with your partner or even a girls' night with your girlfriends! Having moments of tenderness mixed with humor is the recipe for a great movie experience with others. Besides, you can wipe each other's tears, too.

Cupid's Advice:

The Sky is Pink inspires us and how we treat our relationships. To see a couple go through such trials and tribulations spanning 25 years, and yet they still choose one another at the end of the day is something that should be enacted in our own lives. Knowing that the film isn't an act of fiction but based on a true couple makes its impact even greater. Here is some of Cupid's [relationship advice](#) on how to have a loving and lasting marriage, yourself:

1. Learn how to handle fights: It shouldn't be shocking to anyone that relationships will have their fair share of fights, but it is in how you deal with those fights that matter. Surprisingly, some studies have shown that arguing is one of the healthiest things a couple can do. It allows both

you and your partner to explain why you feel the way you do and to find a way to solve the conflict. Couples that engage with arguments and learn how to handle fights are more likely to be satisfied with their marriage than couples who choose to ignore conflict, altogether.

Related Link: [Movie Review: The Joker](#)

2. Don't always empathize: We've all been in conversations with our significant other where one of us is having a bad day and the other simply says, "me too." Saying "me too" can actually be damaging to a relationship because it can become a barrier to real communication. Those words shut the other person's feelings down even though we think we're being empathetic. Instead, if your partner is having a rough day, choose not to empathize but to listen to what happened and offer your support. Having a commitment to listen to their problems is something that can make all the difference.

Related Link: [Movie Review: Hustlers](#)

3. Be a little old-fashioned: It's not always bad to have old-fashioned morals. When it comes to marriage, having traditional views on certain issues is actually a good thing to ensuring a long-lasting marriage. Is my partner going to be able to provide? Are they going to be a good parent? How do they get along with my friends and family? These are all questions that can determine if a marriage will be worth the long-haul. Don't get caught up in the feeling of love, because reason and logic have to be important aspects of your relationship too.

What are some ways that you've kept your marriage long-lasting? Let us know in the comments!

Movie Review: The Joker



By [Hope Ankney](#)

If you're looking for a dark and psychologically thrilling film to jumpstart Halloween, Joaquin Phoenix's adaptation of *The Joker* is the perfect one for you. The film focuses on the origin story of the infamous DC comic villain, and his descent into chaos and madness. Arthur (The Joker's given name) has never felt like he genuinely fit into society. As a failing comedian, he tries to find purpose on the streets of Gotham City. Yet, he continuously feels the need to wear two masks—one for his day-job and the other to try to fit into the framework of the world that has, overtly, rejected him. The

only person who has shown Arthur any sense of empathy and kindness is his neighbor, Sophie Dumond. They form a connection as she tries to help better his circumstances and make him feel less alone. Unfortunately, this comes on the heels of his descent into the madness that ultimately transforms him into the criminal mastermind we now know him to be as The Joker.

Check out our movie review on *The Joker*, a psychologically-gripping movie for you and your friends if you're trying to jumpstart the Halloween spirit!

Should you see it: If you're a fan of DC comics, dark thrillers, themes of isolation and empathy, or you're just are looking for something creepy enough for the spooky month of October, definitely go see it. Besides, there's something oddly reassuring about the relationship forged between Arthur and Sophie, a certain kindness for those struggling that isn't reciprocated nearly enough these days.

Who to take: *The Joker* is rated R, so consider taking your friends or a date that loves dark and gritty films! Be wary of the violence, but be ready for a lot of good and tense cinema.

Cupid's Advice:

Even though the [movie](#) doesn't entirely focus on the connection that transpired between Arthur and Sophie, it is one that we think is an important aspect to take note of! Our main character is susceptible to falling through the cracks, yet Sophie takes it upon herself to reach out her empathy and understanding of his isolation to try and help him in any way she can. This can also be said for any relationship where one

of you is struggling more than the other. Being in a partnership comes with its ups and its downs, and sometimes we need our significant other to be that Sophie Dumond for us when we're feeling down. Here's Cupid's [love advice](#) on how to be there for your partner when they're going through a tough time:

1. Be fully present when they want to talk to you: Not everyone wants to talk about their situation when they're struggling, but if your partner does come to you at some point to discuss their hardships, make sure you're there for them. Giving your significant other the undivided attention they deserve when they're speaking out about their circumstances is incredibly important for them to feel supported by you.

Related Link: [Movie Review: Hustlers](#)

2. Empower them, even if it's in small ways: Sometimes, a partner can be less than motivated to do even the smallest of tasks when they're down. But, if you keep encouraging them to complete something and make them feel worthy when they do, this can go a long way for helping them realize their worth and purpose. This can be as mundane as answering emails, cooking a meal, or even running some errands. Productivity can make a huge difference when someone is having a tough time.

Related Link: [Movie Review: The Lion King](#)

3. Let them know they're not alone: Adversity can cause people to have a negative view of themselves and their lives. As a partner, you must be able to validate their feelings while also letting them know they aren't going through this alone. Relationships are built on the foundation of being a team. Whatever happens to one affects the other. Help them not to lose sight of that.

How have you supported your partner when they've been going through a hard time? Tell us down below!

Check out some other movie reviews from Cupid's Pulse [here!](#)

Celebrity News: Miley Cyrus Appears to Shade Exes Kaitlynn Carter & Liam Hemsworth in Post About Love



By [Hope Ankney](#)

In [celebrity news](#), [Miley Cyrus](#) might've just indirectly shaded both of her [celebrity exes](#). On Sunday, Cyrus took to Instagram

to post about love and loyalty that could be pointed at Liam Hemsworth and Kaitlynn Carter. According to *UsMagazine.com*, her Instagram story showed her in bed surrounded by her pups. The caption of the stories read, "Happy Sunday from me & 2 stinky dogs! waking up surrounded by animals is my favorite way to start a morning. I am immediately reminded about LOVE without conditions... the best part about animals is that they are careless about the details. They live by the golden rule ... Love & Be Loved. Nothing in between. No questions regarding wealth, career, talents, race, age sex ... They love back 100X ... all they ask is to be cared for in exchange for loyalty, reliability, and faithfulness. (reminds me of someone)."

In celebrity news, Miley Cyrus sent a message to her exes via Instagram. What are some ways social media can help you cope with feelings?

Cupid's Advice:

Even celebrities air their dirty laundry on social media from time to time. It's hard not to, especially when you're trying to handle your feelings that can be difficult to ignore. But, it can get messy if you throw your feelings out on your social platforms without thinking it through. If you're having a hard time coping with feelings by yourself, don't worry! Cupid has [relationship advice](#) on how using social media, in a healthy way, can help you sort through your feelings:

- 1. Private Instagrams:** Something I'm sure you've heard before, but FINSTAS (or fake Instas) are accounts that are private for you to vent and cope over your feelings in a space that only a few people have access to. By creating a private IG, you're

allowing yourself a place to comfortably discuss and post about things you're having a hard time dealing with. It's therapeutic to have a sense of freedom when it comes to not censoring yourself online, and accounts like these can act as a personal diary.

Related Link: [Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding](#)

2. Private Twitters: Another way to cope on social media is through something similar to the FINSTAS- a private twitter. Private Twitter accounts are something that, from personal experience, has been even better at coping with feelings because of the format of the platform. Instead of having to post photos and write captions underneath to vent, Twitter allows you to simply post a tweet and even write threads that hold all your thoughts together in a cohesive manner. This type of account feels most like a diary because it's like you're writing down excerpts from your day. You can also quote tweet others without them seeing it, so that can also help to vent if you're sorting through feelings about a certain person.

Related Link: [Celebrity News: Miley Cyrus & Kaitlynn Carter Step Out for Date Night in Matching Outfits](#)

3. The 'close friends' option: Lastly, with the progress in certain social media to include options that allow you to post without others seeing, the Close Friends option allows someone to post their feelings on their own account, like their Instagram Story, without having to create a whole private account just to do so. This is much more accessible to the average person, and it can feel even more liberating to do it on your main account. The only issue here is to be sure you're careful in how you word things or choose to vent because even though things seem to be private, you must be observant which accounts on your main are allowed to see these stories. Trusting some friends to not share things you post in

confidence might not be the best idea.

What are some ways that you find social media can help you cope with your feelings? Let us know down below!

Ask the Guys' Guy: How Do I Know My Boyfriend is Serious About Me?



By [Robert Manni](#)

Question from Amy K. San Jose, CA: "I've been wondering lately if my boyfriend really loves me. We haven't been together that long, but how do I know things are serious? How do I know he REALLY likes me? Thanks, Robert!"

Is your relationship *serious*?

Hi Amy:

With all the activity taking place in our lives, occasionally we slip into the dreaded "self-doubt" zone, whether it is about love, work, or who we are and our value as a human beings. Before tackling your specific question about love, always remind yourself that you're a divine being deserving of love.

Related Link: [Ask The Guy's Guy: What Do I Do If I Have Trouble Opening Up To My Significant Other](#)

Concerning your sense of doubt about your boyfriend's feelings, start by asking yourself why you feel this way. Is your intuition telling you he does not share the same feelings for you as you have for him? Or, is he not as emotionally available as you'd like and you simply want him to be more open about his feelings. If that's the case, ask yourself why he's not more open about expressing himself. Whatever the case, it sounds like you need reassurances concerning his feelings.

My advice? Ask him straight up how he feels about the relationship. Pay attention to the signals he provides in his response, both verbal and non-verbal. For example, if he's unsure about his feelings, he will probably act unsure when responding. You can also ask if he loves you, assuming that you have expressed this previously and simply need reassurance. If you have not had the "are we in love" conversation, that's a different story, but there is no reason why you should hold back on having this conversation. When

couples are in the right relationship, it's easy talking about anything with their partner. Again, when someone is uncomfortable expressing their feelings, it's usually because they're unsure about how they feel.

Related Link: [Ask The Guy's Guy: Should I Follow My Boyfriend To Where His Job Is?](#)

As a guy, I can tell you that when a man is happy in a relationship, he doesn't say much about it. He simply enjoys being with his partner and it usually shows. When dudes have an issue on their mind, they usually bring it up to find out how their partner feels. Unfortunately, many guys (and women) who are unsure about their feelings often stay in relationships. It's not a good thing, but it often happens, so it's good to check in on how he is feeling on a regular basis.

The bottom line is if you want a sense of your partner's feelings, have the conversation, but do it in a casual way. When people, and guys in particular, feel cornered, they get defensive. That said, it's your right to know how he feels, and regardless of the response, it's always better to get to the truth. After all, the truth, for better or worse, will set you free.

Hope this helps. Good luck.

Guy's Guy

Robert Manni

If you would like relationship expert Robert Manni to answer your online dating/relationship questions, please email gillian@nvmediainc.com

More about the Guy's Guy:



Robert is the host of Guy's Guy Radio, featured on Blog Talk Radio and available on iTunes, Stitcher, and TuneIn. The weekly podcast features interviews with relationship coaches, entertainers, authors, wellness experts, spiritual teachers, sports personalities, and a weekly "Guys' Guy's Guide" exploring current guy-focused topics.

His novel, THE GUYS' GUY'S GUIDE TO LOVE, praised as the "men's successor to Sex and the City," has been developed into two feature-length adapted screenplays, a scripted television series (pilot and treatment), and a series of non-scripted Guy's Guy show concepts.

Robert has appeared on broadcast television (NBC's Morning Blend, WPIX11 Morning News) and is a frequent guest across a spectrum of satellite, terrestrial, and web-based radio programs and podcasts, as well as a contributor to Huffington Post, Thought Catalog, Cupid's Pulse, GalTime, is a featured expert on GoodMenProject and YourTango. He was also named a Top Dating Blogger by DatingAdvice.com.

Robert developed the Guy's Guy Platform to help men and women better understand each other and bridge the growing communication gap between the sexes. He continually creates a fresh, robust palette of timely Guy's Guy [content focused on life, love and the pursuit of happiness](#). Whether it's navigating the challenges of dating, relationships, friendship, career or wellness, Robert explores ways to help both men and women be at their best so that everybody wins.

Read more at [Cupid's](#).

Royal Celebrity Couple Prince Harry & Meghan Markle Hold Hands on Tour in South Africa



By [Hope Ankney](#)

In royal [celebrity news](#), Prince Harry and Meghan Markle have officially started off their royal tour in South Africa! The Duke and Duchess of Sussex were given a very warm welcome as they walked hand-in-hand to the Nyanga township. According to

People.com, the two were on their way to the NGO workshop called Justice Desk which teaches children about self-awareness and safety. The program is also said to teach self-defense and female empowerment to local, young girls.

This [celebrity couple](#) is staying close while on tour in South Africa. What are some ways traveling with your partner can bring you closer as a couple?

Cupid's Advice:

Traveling as a couple is one that can be very exciting. You both get to experience new sights and adventures together. You're making memories that only you two will remember. But, traveling with your partner can actually strengthen your relationship as well. If you're already packing your bags or are thinking about going off in the future with your significant other, Cupid has some [relationship advice](#) on how traveling can bring you that much closer:

1. Seeing the best and worst of your partner: Few things can quickly bring out the highs and lows in another person than traveling does. It's automatically a stressful situation if you're traveling somewhere where there's language and cultural barriers. But, it can also be the best experience when you see your partner at the height of their excitement. You're both being able to take part in something that neither of you has done before. Traveling usually shows every side of your partner, and if you can handle those highs and lows, it can create an unbreakable bond between the two of you.

Related Link: [Royal Celebrity Parents: Meghan Markle & Prince Harry Are 'Enjoying Each Day' with Baby Archie](#)

2. More time to talk: It's obvious that when you're traveling there is a lot more time to talk than any other time in your relationship. You're constantly driving, flying, or waiting around. And, if you're traveling as a couple, you are the only two people you're constantly talking to. Being able to have that time to really converse and open up to your partner while experiencing new things together is an opportunity to learn a lot more about them than you thought you knew. The open discussions and conversations you have on this trip can bring you that much closer to each other than you ever thought possible.

Related Link: [Travel Tips: Backpacking in Beautiful Vacation Spots](#)

3. Teamwork: Traveling is a very stressful thing to plan and do. Traveling with your partner can show how well both of you deal with working together. There's always the planning of the trip and packing the right necessities, and then there are the directions and where to go once you're there. A lot of couples get into a pre-travel ritual that allows them to both work with one another to get everything sorted the way it needs to be before they go. It's amazing how helpful teamwork and splitting up duties can make you feel less stressed, especially when the trip starts. It can also bring you closer by figuring out how to have the best time together as you travel, encouraging the other or keeping their interests in mind.

How have you felt you've gotten closer as a couple when you've traveled? Tell us down below!

Celebrity Divorce: Sarah Palin's Husband Files for Divorce After 31 Years of Marriage



By Ahjané Forbes

“[It’s] impossible to live together as husband and wife,” said Todd Palin, who filed for a [celebrity divorce](#) from former Alaskan Governor Sarah Palin on Friday, September 6. Todd Palin called it quits on his birthday pointing to “incompatibility of temperament between the parties.” According to *UsMagazine.com*, the former Republican Vice President candidate has not commented on the filing. However, her [celebrity ex](#) does wish to have shared custody of their

son, Trig, who has Down syndrome.

This celebrity divorce comes after multiple decades of marriage. How do you know when to call it quits on your marriage?

Cupid's Advice:

No matter how long the relationship, we all encounter our likes, dislikes, and most importantly, the common ground with our partners. Marriage is kind of tricky. Every day, you respond "until death do us part" and "I do", but what happens when you begin to respond "I don't"? Cupid has some [relationship advice](#) on how to know when your marriage is definitely over:

1. Communication starts to change: We all go through that honeymoon phase of our relationships, and then we start to get comfortable with each other. It's healthy to have arguments here and there, but if your partner starts disrespecting you, not caring, and not telling you important information, then you likely have a problem. Communication is the root of every successful relationship. If your significant other starts to talk less or gets mad at everything you say or do, it's time to have a serious conversation about why this might be happening.

Related Link: [Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding](#)

2. Not making time for each other: A relationship does not end when you get married. It's important to still schedule in date nights and continue the ongoing flow of bliss. A spark dies when you don't continue to maintain it. If you have children

and busy schedules, you can still make a romantic dinner or watch a movie. The more creative and thoughtful you are, the better.

Related Link: [Celebrity Break-Up: Allison Williams & Husband Ricky Van Veen Split After 4 Years of Marriage](#)

3. Start noticing suspicious behavior: Is your partner leaving without telling you where they are going, spending too much time on their phone, or hanging out with new friends? These are tactics that can lead to extramarital affairs. Confront your partner about this, and if it turns into a serious argument, seek out professional help.

What are some ways to know your marriage has ended? Tell us about it in the comments below!

Celebrity Exes: Kristen Stewart Is 'So Happy' Ex Robert Pattinson is Batman





By Hope Ankney

In [celebrity news](#), it's nice to know that [Kristen Stewart](#) and [Robert Pattinson](#) are [celebrity exes](#) who are actually on good terms. According to *UsMagazine.com*, over the weekend, Stewart gushed over how happy she was for Pattinson snagging the role of Batman. Speaking to *Variety.com* at the Toronto Film Festival, the actress exclaimed, "I feel like he's the only guy that could play that part. I'm so happy for him. It's crazy ... I'm very, very happy about that. I heard that and I was like, 'Oh man!' It's awesome."

These celebrity exes still show each other support in their careers. What are some benefits to staying on good terms with your ex?

Cupid's Advice:

Kristen Stewart and Robert Pattinson are exes that have tons

of history, yet they still stand on good terms with one another. They make it look easy to continuously support an ex after a break-up, but we all know how difficult that can be. But, there can be upsides to staying friendly with an ex. Cupid has some advice that can have you reaping the benefits of staying on good terms with one of your exes:

1. This person knows you better than others: If your relationship started off with the both of you being friends, chances are this ex knows you better than most people do. If the relationship didn't have a messy end, it may be good to keep this person a part of your life. Besides, if you're both up to it, you can give each other [relationship advice](#) since you both dated each other. Who else can give you better relationship advice than that?

Related Link: [Celebrity News: Kristen Stewart Opens Up About Her Love Life](#)

2. Your ex brings out your strengths: It's obvious that one of the main reasons they were in a relationship with you is because they saw how wonderful you were. If you can stay friends after a break-up, this ex is a valuable person to come to when your self-confidence has been beaten down. They'll be able to remind you of the best parts of who you are. Not to mention, they'll be able to give you this pick-me-up from an outsider's perspective.

Related Link: [New Celebrity Couple? Robert Pattinson Kisses Suki Waterhouse on Movie Date](#)

3. It can be rewarding: Having very positive and genuine interactions with your ex after a relationship has ended can be a very healthy part of the healing process. It's rewarding to be able to know you are both mature enough to handle being friendly towards one another. The fewer people you so hastily cut from your life, the more people you will have in your corner. It also gives you a sense of growth if you make an

effort to stay friends with someone you had a failed relationship with.

What are some ways that you have benefitted from staying friendly with an ex? Tell us down below!

Celebrity Exes: Tyler Cameron Sets the Record Straight on Feelings for 'Bachelorette' Hannah Brown





By Hope Ankney

In [celebrity news](#), [The Bachelorette](#) runner-up, Tyler Cameron, has officially set the record straight about where he stands with Hannah Brown. According to *EOnline.com*, the star popped on Twitter Wednesday to dismiss claims that he had been shading *The Bachelorette* star. What started with an accidental liking of a tweet shading Brown ended with Cameron writing a series of tweets defending her. Sharing how much respect he had for Brown, he stated “...that girl deserves no shade and nothing but success. She empowers women and deserves all the accolades. She empowers women and created so much conversation on how women should be treated. I am grateful for our time together and all that I learned from her.”

These [celebrity exes](#) are keeping their feelings positive all the way around. What do you do if your ex

is throwing shade at you?

Cupid's Advice:

When an ex decides to throw shade your way, it triggers an almost immediate emotional reaction. It's hard to ignore the issue and not let it affect you or your behavior. It's even worse if this ex has thrown something like this at you before. But, is it worth giving them the satisfaction of visibly showing how upset it made you? Not at all. Take a look at a few of Cupid's suggestions for [relationship advice](#) on how to deal with an ex that is trying to shade you:

1. Delete their social media from your accounts: A big mistake people make is keeping their exes on their social media as friends, followers, etc. It not only keeps a break-up fresh, but it's easy to go on their pages and keep up with their every move. Deleting them as friends or unfollowing their accounts will help you deal with an ex that might cryptically tweet about you or like shady tweets that could be indirectly addressed towards you. In fact, after wiping them away, you might not even know they're doing it anymore.

Related Link: [Celebrity News: Tyler Cameron Addresses Future with 'Bachelorette' Hannah Brown](#)

2. Take a breath: Taking a long, deep breath can do wonders for how you react towards an ex throwing shade. It'll help you balance your composure by trying to keep your mind and body calm. And, if you feel like you need to respond, taking a moment to collect yourself and your thoughts before you reply can do wonders for how the entire situation will go.

Related Link: [Celebrity News: 'Bachelorette' Hannah Brown Says 'Thank You, Next' to Questions about Tyler Cameron & Gigi Hadid](#)

3. Surround yourself with positivity: There's nothing worse

than being alone or around negativity when an ex decides to throw something your way. The isolation and negative energy will only fuel you to respond with something you'll regret later. When an ex is exhibiting this behavior, try and find friends full of positivity to surround yourself with. They'll bring your mood up while further encouraging you and keeping you motivated to be above the nonsense.

How have you dealt with an ex that's thrown shade at you? Tell us down below!

Celebrity News: Brody Jenner is 'Happy' for Miley Cyrus & Ex Kaitlynn Carter





By Hope Ankney

Three cheers for supportive exes! In [celebrity news](#), Brody Jenner is speaking out about his ex, Kaitlynn Carter, and her new fling with [Miley Cyrus](#). According to *UsMagazine.com*, Jenner is “happy that Kaitlynn’s moved on and found love.” The two [celebrity exes](#), reportedly, have no hard feelings towards one another. They had a clean split that helped them to stay close friends, allowing Jenner to not be bothered by Carter and Cyrus’s relationship.

In [celebrity news](#), Brody Jenner isn’t holding any ill will toward his ex, Kaitlynn Carter and her new relationship with Miley. What are some ways to keep jealousy at bay when your ex moves on?

Cupid's Advice:

Even Hollywood's stars go through jealousy after break-ups. It's a normal feeling to have, especially after seeing an ex with someone new. Jealousy can consume, but it doesn't have to be that way. Fortunately, Cupid has some [relationship advice](#) on how to keep the eye of jealousy away when your ex has moved on:

1. Distract yourself: Keeping one's mind busy after seeing an ex with a new fling is an important step in keeping jealousy at bay. Distraction can be your best friend when all else fails, and you just need time to turn your brain off from it all. Throwing yourself into a new hobby, double-downing at work, or even spending more time with friends could be the perfect way to keep your mind from wandering to your ex and the person they're with.

Related Link: [Celebrity News: Miley Cyrus Gets Close to Kaitlynn Carter at Lunch with Mom Tish](#)

2. Try to bring closure to the relationship: Many studies state that journaling, venting to loved ones, and creating arts and crafts are just some things that bring closure after a break-up. By creating a safe space where you can let out all your feelings without judgment, the less likely you'll become jealous and act on that jealousy. It could also help you find out more about where this jealousy is stemming from, and how you can de-construct it.

Related Link: [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

3. Embrace your 'wins:' Break-ups take such an emotional toll on us. It's even worse when it seems like they've moved on before you. You've got to learn to let go by discovering all the 'wins' that the relationship gave you. By studying the positive sides of the relationships and understanding that those things were 'wins' to you even if the relationship

ended, it helps you come to terms with the loss before jealousy overrides it. What did this person teach you about yourself? Did they encourage you to embrace something you wouldn't have otherwise? That's the 'win' that keeps the memory of the relationship positive.

Have you ever had to overcome jealousy after you saw an ex with someone new? How did you do it? Sound off in the comments below!

Are Lori Loughlin & Mossimo Giannulli Heading for a Celebrity Divorce?





By Meghan Khameraj

In the latest [celebrity news](#), Lori Loughlin and Mossimo Giannulli may be headed for a [celebrity divorce](#). According to a source for *UsMagazine.com*, the [famous couple](#) of over 20 years are struggling to maintain their relationship in wake of their college admissions scandal. In March, they were arrested for reportedly bribing the University of Southern California with over \$500,000 to accept their daughters, Bella and Olivia Jade. Since then, Loughlin and Mossimo have disputed over issues such as the use of their private jet and the rejection of a plea deal.

There may be another celebrity divorce headed our way. What are some ways to get through a tough time as a couple?

Cupid's Advice:

Lori Loughlin and Massimo Giannulli are going through a rough patch in their relationship. When tensions are high and the relationship is on the line, many people may be lost on what to do next. Cupid has some relationship advice that will help you navigate through this difficult time:

1. Talk it out: While this may seem like a simple piece of advice, communication is key to making a relationship work. Talking to your partner about the things that bother you can help your relationship steer clear of rough patches. With talking comes listening, if your significant opens up about the relationship you should listen and be prepared to address those issues.

Related Link: [Celebrity Divorce: 'Jersey' Shore' Couple Jenni 'JWoww' Farley & Roger Mathews Finalize Divorce](#)

2. Take some time apart: If you can't seem to sit down and talk to your partner then perhaps you both need to take some time and clear your heads. People tend to behave less rashly once they have taken time to think about the situation. You want to approach any conflict with your significant other with a clear and rational mindset.

Related Link: [Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding](#)

3. Consider counseling: You've tried talking and clearing your mind but both seemed to have failed. Your relationship issues might be rooted in a deeper problem that can be uncovered through couples therapy or counseling. The therapist will act as an unbiased voice of reason to help you and your partner re-build your relationship.

What's your go-to strategy for getting through a tough time with your partner? Let us know in the comments below!

Celebrity Divorce: 'Jersey' Shore' Couple Jenni 'JWoww' Farley & Roger Mathews Finalize Divorce



By Meghan Khameraj

In [celebrity news](#), Jersey Shore couple Jenni 'JWoww' Farley and Roger Mathews has finalized their divorce after announcing their separation in September 2018. Farley and Mathews share two children, daughter, Meilani, 5, and son, Greyson, 3. This [celebrity divorce](#) won't be ugly, according to a source for

UsMagzine.com, “the former couple has put their differences aside for the sake of their children.” Mathews even attends the same family events as Farley’s new boyfriend. The former celebrity couple is committed to maintaining an amicable relationship for the sake of their kids.

This celebrity divorce has been finalized. What are some ways to re-build after a divorce?

Cupid’s Advice:

Even celebrity divorces can take a lot out of the couple in question. It can be hard to think about moving on and re-building your life. Cupid has some tips:

1. Talk it out: Understanding why your relationship didn’t work out will help you avoid awkward and potentially hurtful conversations with your ex. Avoid the drama and be honest with your former partner. Understand their point of view and their feelings so you can both move past it.

Related Link: [Celebrity News: Orlando Bloom Reveals How Past Divorce Affects Katy Perry Relationship](#)

2. Keep it civil: Break-ups can be nasty and it can be painful to have any sort of relationship with your ex. However, don’t take your frustrations out on your former partner, instead, express your feelings calmly to figure out how you can maintain a relationship with your ex.

Related Link: [Celebrity Break-Up: Find Out Why Katie Holmes Ended Relationship with Jamie Foxx](#)

3. Move on: Don’t spend time dwelling on the past and don’t think you might get back together. Take your time to heal from the breakup but also understand that the romantic relationship is

over and now you must move on to a more amicable relationship.

What are some other ways you can re-build a relationship? Let us know in the comments below!

Relationship Advice: An Unconventional Marriage



By [Dr. Jane Greer](#)

Once upon a time, there was a very clear, natural progression of how a couple moved from one phase of their relationship to another: they dated, became engaged, got married, and,

finally, moved in together. Any other choice, years ago, would have been frowned upon and maybe even whispered about. Of course, that has all changed and now we see and generally accept any choice people make, in the order in which they make it, and the way in which they commit to each other – as long as both members of the couple are on board.

Relationship Expert Advice: Have a Relationship Your Way

Whether they want to live together first, have a family first, or, possibly even, commit their lives to each other and never share a home, it is all happening out there. For example, actress [Kaley Cuoco](#) and her husband Karl Cook choose to be in a committed, monogamous relationship but also choose to [live apart](#). They tied the knot over a year ago but still maintain separate residences. Rather than worry about what family, friends, fans, and tabloids think of their arrangement, the busy pair say they value their independence, relish the time they spend together, and don't worry about what other people might be thinking. In other words, it works for them. There are pros and cons to every choice a couple makes as they build their life together and it is a matter of knowing what suits the individual people the best. So, how do you know if this possibility might be right for you? Will a situation like this enhance or hurt your relationship?

One question to ask yourself is how much do you need your privacy? Can you tolerate the company of another person without your own time over a 24-hour day? Consider also the accountability that can come with sharing a home with your partner, because sometimes even if you get up to simply go to the bathroom or kitchen your, partner might be curious about your whereabouts and ask you where you are going.

Related Link: [Relationship Advice: What We Can Learn From the](#)

Trials and Triumphs of Celebrity Relationships

In addition, the practicality and logistics of your lives might make it difficult to uproot yourselves, especially if you live in different places. Deciding to have a long-distance marriage can give you the opportunity to share a life while maintaining priorities of work, family, and friends. This can be especially true if you find each other a little later in life. In that case, you may have fully established an autonomous lifestyle, which includes routines and habits that are hard to break, and in some ways might not be suitable for sharing a home with another person.

That can be the case even if you live just a few blocks away from each other. If you both find yourselves sharing these concerns – and you each already love the home you created and don't want to give it up – this might be a way to have it all. Similarly, if you each keep early, late, or unusual hours at work, and coming home could be disruptive to your partner, maybe even totally conflicting with their routine, or if you travel a lot anyway and, with that in mind, it doesn't make sense to combine households, this might be something to consider. Finally, if you have a beloved pet and your spouse is allergic, it could be a way to avoid a deal breaker and still make it all work.

Ultimately, there can be many upsides to this, even beyond holding on to your daily life as you know it. There is less of a chance to get on each other's nerves, since you always have a place to go to get away and you won't be forced to be together if you don't want to be. It can keep your love fresh and more romantic because you can exercise more control over your appearance and how you present yourself to your partner. And if you have different methods of keeping house, one of you is messy and the other a neat freak, this will allow you to just be yourselves in your own homes without bugging the other person.

Related Link: [Relationship Advice: Talking Through the Tough Times](#)

On the other hand, living apart can have a real downside. You are more likely to miss out on little moments – inside jokes and shared bedtime and morning rituals – and you’re putting off the inevitable step of showing each other your authentic selves while you navigate the tricky waters of splitting up household responsibilities and chores. Because of this there, may be much less chance to learn to cooperate and work together as a team, which allows you to develop an up-and-running sense of partnership. You might not be there when you need each other, if one of you doesn’t feel well, or if you want a spontaneous snuggle. It is also possible that you will feel judged by family or friends, and even strangers, for doing something that might be construed as different.

This is not a dish for everyone, but it might be for those with a particular taste. It offers the opportunity to marry the person you love despite obstacles you might not be willing to change, which would otherwise make getting married impossible for one or both of you. Being married but living apart might be an option to give life to your commitment instead of making it untenable. For now, Kaley and Karl are taking advantage of the upsides of living apart. They are building a life together and don’t seem to be concerned that their relationship has been labeled “unconventional.” Whatever decision you make for your relationship, know it is right for you, and try to tune out the noise, focus on each other, and continue planning for your future.

Please tune in to the Doctor on Call radio hour on [HealthyLife.net](#) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let’s Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on

Facebook, at www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer on Twitter](https://twitter.com/DrJaneGreer) for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.

Read more at [Cupid's](#).