

Celebrity News: Dwayne Wade Responds to Backlash Over His Son Wearing Fake Nails



By [Hope Ankney](#)

In the latest [celebrity news](#), Dwayne Wade took to Twitter after Thanksgiving weekend to address criticism of his son, Zion, wearing fake nails. According to *UsMagazine.com*, the hate started over a photo of Wade with his wife, Gabriella Union, and two children, that was posted on Thanksgiving. In the photo, his son is seen wearing a cropped, black sweater and fake nails. He wrote, in response, "Stupidity is apart of this world we live in—so I get it. But here's the thing—I've been chosen to lead my family not y'all. So we will continue to be us and support each other with pride, love & a smile!"

In celebrity news, Dwayne Wade is a proud parent and is sticking up for his child amid controversy. What are some ways to shield your children from unnecessary drama?

Cupid's Advice:

Just like Dwayne Wade and Gabriella Union, sometimes you, too, can come under fire for the way you choose to allow your children to express themselves. It's important to let your kids know that you support them in whoever they choose to become. But, that doesn't mean you won't get backlash for it by some. If you're a parent dealing with hate over how your child is acting or dressing, don't worry. Cupid has some [parenting advice](#) for how to shield your children and stick up for them when unnecessary drama arises:

1. Stand up for them: It's difficult for a child to fight their own battles if its adults and strangers criticizing them. You're the adult in the situation. If anyone is talking badly about them, it is your responsibility to take up for them. A parent's love and support are vital in allowing a child to grow creatively and expressively. And, they won't forget the fact that you stood up for them in the face of controversy.

Related Link: [Celebrity Couple Gabrielle Union & Dwayne Wade Signed Prenup](#)

2. Monitor their social media: If they're young enough, make sure you have full access to their social media pages. There are a lot of hateful people online, and it is not a world that young kids should be getting into at premature ages. Make sure their profiles are private and that they are only accepting

friend requests to people they know and trust. This way, the kid doesn't get to experience the toxic comments that can be posted, firsthand.

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3. Prioritize self-esteem: It's important for a child to start learning and acquiring their self-esteem at a young age. This way, when they are faced with drama and hate over their personal expression, it won't destroy them like it would without it. They'll know how to better handle the criticism and not let it get to them.

How have you helped shield your child away from unnecessary drama? Let us know down below.

Parenting Advice: 5 Tips for Using a Breast Pump





By Marie Burke

If you're a new or expectant mother, then your head is probably overflowing with questions and concerns about your baby. One common concern is feeding the baby: do you go for natural or formula milk? Should you go for natural, your next question is likely: how does a breast pump work? I've worked in the breast pump industry for many years as a supplier and adviser to hospitals and also on a private basis to new mothers. In this article, I'm going to cover the 5 top tips for using a breast pump. Also, see our website with an extensive [Breast Pump](#) FAQ section for more information.

Check out this parenting advice for top tips on using a breast pump.

Electric or manual?

You can choose between either an electric breast pump or manual depending on your preference, but I would recommend having both. Electric breast pumps are convenient but not

always readily available if you need to nurse or feed while outside. In these cases, having a manual breast pump to hand can be a lifesaver.

Get a proper fitting flange

The flange is the piece of equipment that is placed around the nipple and secures to the breast. Having an improperly fitted flange can impede the flow of breast milk, so make sure you get one that fits securely with the nipple exactly in the middle. There are many different standard sizes of flange that can be bought, so you might need to try a few before you get the right fit. Don't worry if you can't find one that is just right for you – every breast is different and custom flanges can be made if you are unable to find off-the-shelf flanges that fit.

Make sure your pump is sterile or new

If this is not your first child or you are friends with mothers of slightly older children, you might already have access to a breast pump and be tempted to use that instead of buying new. This needs to be approached with caution for two reasons: firstly, reusing breast pumps raises the risk of spreading bacterial contamination, even if you clean it. Secondly, breast pumps are generally only designed to last a few years, so older pumps will likely suffer from declining motor performance. If you are going to use a second-hand breast pump make sure its fully disassembled and key parts will need to be cleaned with bolting water. Ideally use a breast pump that operates a closed system, such as Ameda, for increased hygiene.

Choose single or double pumping

If your baby is struggling to feed naturally, you can't find many times to feed during the day or you're expressing a lot, consider double breast pumping. As the name suggests, this enables you to produce milk much faster. It's also

particularly good if you need to produce more milk – studies have shown double breast pumping can produce on average around 18% more milk than single breast pumping.

Don't always use your breast pump

For all the convenience a breast pump offers, it's also important to find time to breast feed naturally if you can. A lot of new mothers choose to breast pump during the week and then feed naturally at the weekend and on holidays. Feeding naturally produces the feel-good chemical oxytocin and is a good opportunity for mother-child bonding. Finding the right mix of natural feeding and using a breast pump will take experience and depends entirely on your lifestyle, but don't exclusively rely on one or the other. Both methods offer their own advantages, and as a new mother it's one less worry for you!

Marie Burke works for O'Flynn Medical. They specialize in breast pumps & medical equipment for hospitals and the home environment.

Parenting Advice: How to Help Kids Learn to Express Gratitude





By [Emily Green](#)

With Thanksgiving coming up, it is important that we all remember to express our thanks to others not only this time of year, but year round. As a parent, it is important to teach kids from an early age to express thanks to those they interact with. Check out some of these [parenting tips](#) to helping kids to learn to express gratitude year round:

Having your kids learn how to express gratitude is an important aspect of growing up! Here is some [parenting advice](#) on how to help your kids learn to express gratitude on more than just Thanksgiving Day:

Gratitude is a key lesson to learn, and the earlier your kids

learn the better! Gratitude is the attitude that everyone should have- it helps make the world a better place! Here are some of Cupid's tips on how to teach your kids gratitude:

1. Lead by example: If your kids see you expressing gratitude every day, they will be sure to follow in your footsteps! By remembering yourself to express gratitude to others, even with the smallest acts of kindness, your kids will learn that gratitude is an important part of growing up.

Related Link: [Parenting Tips: The Benefit of Kind Words](#)

2. Practice small acts: Intertwining small acts of gratitude into your everyday life is a great key to having your kids learn just how important gratitude is. Whether it is remembering to send a thank you card after an event, or simply just saying thank you after someone holds the door open for you, your kids will learn to integrate these acts into their everyday lives.

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3. Take it easy: Making the environment for learning as easy as possible is the most important key to your kids learning gratitude. Provide them with the appropriate materials, resources and don't discourage them if they mess up. Learning takes time, and with you helping them along the way, they will express gratitude year round without any reminders.

What are some other ways parents can help kids learn to express gratitude? Let us know in the comments below!

Parenting Advice: Stay Safe on the Spookiest Night of the Year



By [Emily Green](#)

Halloween is one of the holidays that kids look forward to the most each year. Who wouldn't want all that candy? As fun as the holiday can be, though, kids and adults have to remember to stay safe. You never know what spooky creatures might be out and about in the dead of night! Check out some of these [parenting tips](#) on how to make sure you and your kids come home safely on Halloween.

Keeping your kids safe is the best parenting advice anyone can ask for! What are some tips for staying safe on the spookiest night of the year – Halloween?

As parents, all we want to do is keep kids safe! While we want them to have an unforgettable Halloween night, staying safe is also a priority. Here are some of Cupid's tips to making sure you and your kids always return home safely on Halloween night:

1. Bring a flashlight: It can get pretty dark when trick or treating at night, so having a flashlight will help you make sure you know where you are, where you're going, and who's around you! You can keep the little ones at arm's length, and make sure no one gets left behind!

Related Link: [Parenting Tips: How to Find the Best Tracking App for Your Kid](#)

2. If you separate from your kids, have a designated meeting place: There's always the awful chance that you and your kids could get separated at some point. If that does happen, make sure you have a designated meeting spot that is very familiar to your child. This will ease the anxiety on both ends, and it's a surefire way to make sure you find each other again.

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3. Make sure your kids know your phone number: On the off chance that your kids get lost and can't find their way back to you, make sure they know your cell phone number! If they can't remember it, write it on a tag or necklace for them to

wear. This way if they can't call you and let you know where they are, a trusted adult will.

4. Don't talk to strangers: This may be an old rule, but it stands tried and true. Make sure your kids know to only talk to trusted adults – no one they aren't familiar with. If they stick with other parents they know, they'll return home safe and sound in no time.

What are some other tips to ensure your kids return home safe on Halloween night? Let us know in the comments below!

Celebrity News: Heidi Klum Reveals What Her Kids Think of New Husband Tom Kaulitz





By [Hope Ankney](#)

In the latest [celebrity news](#), Heidi Klum revealed how her children feel about her new husband, Tom Kaulitz. According to *UsMagazine.com*, Klum opened up at the Amazon Prime Video Post-Emmy party, saying that things seem “so far, so good.” Kaulitz added, “I think it’s working out pretty good,” as he spoke about teaching her four kids how to play the guitar. [The celebrity couple](#) wed in front of friends and family only last month.

In celebrity news, even the famous worry about introducing their kids to a new partner. What are some effective ways to introduce your kids to your partner?

Cupid’s Advice:

There are some things celebrities do that aren’t so much

different than us. Fame doesn't always have its perks, especially when it comes to introducing your children to your newest love interest. It's something that a lot of couples worry about, as things get complicated when kids are involved. If you're stressing over having the talk with your little ones about or introducing them to your new partner, don't worry! Cupid has some [parenting advice](#) that'll help you navigate the trickiness of moving on with someone new when you're a parent:

1. Don't have your children meet every person you date:

Children rely on you for their security and stability. They tend to thrive in environments that can be built on trust and vulnerability. Having partners come in and out of your life is something that hurts a child's ability to find genuine investment within your relationships. Everyone wants to jump into inviting the date over to 'get to know' their kids, but unless it is someone you've been with that you trust being in your life for a long time, it might not be the greatest idea to have kids form a bond with them.

Related Link: [Celebrity Parents Open Up About Their Best Parenting Advice](#)

2. Keep the first meeting short and sweet: Going somewhere that is public is a great way to introduce your kids to your partner. Perhaps, ask them where they would like to go. Restaurants or out for ice cream are great environments for the children to relate to the new person that is being introduced to them since they are content and relaxed. Remember, meeting the kids where they are comfortable is key!

Related Link: [Parenting Advice: Tips to Get Your Child Talking](#)

3. Talk to your kids: Having a conversation about your partner first is always a great idea before introducing your kids to them. Ask your children how they feel about you seeing a new person and what they think about you having a dating life. Opening a dialogue can be an important aspect of your

relationship with your kids, and it can help you see their perspective on the relationship before you figure out how to introduce the person to the rest of your family.

How have you introduced your children to your new partner? Sound off in the comments below!

Parenting Tips: 5 Ways to Boost Your Child's Self-Esteem



By [Mara Miller](#)

You love your children, then you want nothing more than for them to be happy and healthy. You want to praise them like crazy whenever they succeed, like learning to play an instrument or winning the game for their sports team. We've gathered together five ways to boost your child's self-esteem in these [parenting tips](#).

Check out our five ways to boost your child's self-esteem with our parenting tips!

Boosting your child's self-esteem is important but be sure not to overdo it. You can actually cause more harm than good if you praise your children too much, causing them to think they need to be perfect at everything they do and setting impossible standards—but we'll touch upon that in a few moments. A child with high self-esteem and confidence in themselves will grow to be well-adjusted adults who own their own house by the time they are twenty-five because they have an amazing job, so here are five tips on boosting your child's self-esteem with our [parenting advice](#):

1. Let them make choices: Kids won't learn if you constantly nag them. Let them make a choice not to do homework. They'll mess up and get a C on an assignment or feel completely lost because they haven't practiced playing piano for a music recital audition. Not only will your kids learn responsibility from messing up, but they will also start to surprise you with their choices.

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2. Let them help around the house: Let your kids help you cook and clean. Even if they are little, you will help build their self-confidence when they show you they know how to wash a

dish or help cook breakfast (and you'll teach them important life skills, too!).

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3. Show them unconditional love: Letting your children know you love them is one of the most important things you can do as a parent. If they feel loved, they'll feel more confident in whatever they're trying to do!

4. Keep goals within reach: Encourage your children to set goals within their reach. Don't let them set unreasonable goals like learning how to play the piano perfectly in a week, for example.

5. Don't lose sleep over it: If you see your child fail, don't blame yourself. They have to learn and adjust as children if they are going to be well-balanced adults. You can't micromanage everything. Give constructive criticism, encourage them to try again, and watch your child's success rate flow off the charts!

What are some ways you boost your child's self-esteem? Let us know in the comments below!

Parenting Tips: The Benefit of Kind Words





By [Bonnie Griffin](#)

Trying to be a good parent is a full-time job and then some. As a parent, you're always growing, learning, making mistakes and correcting them, and trying to find the best ways to raise your children to be good people. A big part of that includes setting a good example for your child. They see you as a role model so being a kind person yourself is important for their development as they grow. This [parenting advice](#) on using kind words with your children will help you raise your children to be good, kind people.

Try raising your children with a kind word in these parenting tips!

Your children look up to you. They learn a lot about their language skills and behaviors by mimicking you. If you use harsh language or they see you being unkind to others that could influence their behavior. That's why it is important to set a good example that starts with using kind words with your children. Cupid has some [parenting tips](#) on how using kind

words around your children can benefit them and their development as people:

1. Sets a good example: Your children love you unconditionally and they look up to you. Often times, especially when they are young, they want to be just like mommy or daddy. It's important you set a good example by being a good role model. You want your child to be kind, then be kind yourself and they will follow suit.

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2. Teaches them to be positive: Babies and young children are "sculpted" by experiences. Kind words help you give your child positive experiences. This will help them grow into a happy child full of laughter and love. They will then pass their positive experiences onto others, spreading the kindness you've taught them. Teaching your child kindness and giving them these positive experiences also gives them happy memories; memories they will carry with them throughout their lives.

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3. Offers them encouragement: As a parent you want your child to grow and accomplish great things. Teaching them kindness through your words and actions is one of the first milestones to encouraging them to grow and learn and become successful people as they grow older. Kindness shows them you believe in them and gives them the encouragement to keep pushing forward because they know they have you in their corner to help them succeed.

Kindness goes a long way with your children. It teaches them to be positive and kind to others and helps them succeed. Let us know your thoughts about the benefits of using kind words with your children below.

Parenting Advice: Tips to Get Your Child Talking



By [Bonnie Griffin](#)

Kids are full of questions. We can sometimes find ourselves tired of giving them answers, especially when they ask the same question more than once. However tiresome the endless questions may be, it's actually good that they are asking questions and they should be encouraged to ask even more. According to *Parents.com* "When you answer your child's questions, you help keep your child's mind open, says author and parenting expert Michele Borba, Ed.D." This [parenting advice](#) will help you get your kids talking and help them use

their imaginations and satisfy their need to learn.

Parenting Advice: Ask your kids questions to keep them talking.

Teaching your child to talk doesn't have to be all work. It can be fun for both of you. The main important part is to just get your kids talking so they can mimic your words and patterns and continue to learn and grow. Cupid has some [parenting tips](#) when it comes to some ways to get your kids talking more:

1. Ask them open-ended questions: You want to get their minds and imagination working and open-ended questions are a great way to do that. Instead of asking them yes or no questions, ask them questions that require a more elaborate answer. Ask them questions that will make them think and talk more. You can ask them what they like to daydream about, or what makes them happy. If they give a short answer prompt them to elaborate.

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2. Parent-Kid Activities: Life is busy and sometimes we feel like we don't have enough time in the day to do everything we need. It's important that we make time to be with our kids because they learn much of their words and behaviors from us. If we just sit around on our smartphones that is what they will mimic. Set aside time every night to do an activity with your child. Working together on a puzzle, or playing an easy game of go-fish is a good way to break into conversation with your child and get them talking.

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3. Listen and participate: When your child starts asking you a

hundred questions, don't blow them off. It only takes a few minutes to engage them when they want to ask questions, and showing them you are interested in what they have to say will only prompt them to talk even more and ask more questions which are a good thing. It not only helps them learn to talk and open their imaginations but sets the precedent that you are there to listen and help them learn and that is equally important in their development.

Encouraging questions and asking questions of your own are great ways to get your children talking. Let us know your thoughts about getting your young children to talk in the comments below.

Parenting Advice: Plan To Fail and Be Okay With It





By [Bonnie Griffin](#)

If there is one thing about parenting is certain, it's that nobody is perfect; not us and not even our children as much as we love them. We're all human and being human means we will make mistakes, but we need to slow down and realize it's okay to fail. Children are growing and learning. They might not meet your expectations on the first try. Admit it—you have experienced moments like this in your own life you learned from. See this as an opportunity for growth instead of failure. Instead of stressing out about mistakes you or your child might make, follow these [parenting tips](#) keep small failures from turning into something big, and help your child grow into a contributing, responsible person.

We all learn from mistakes. Here are some parenting tips on how to handle your child's.

Sometimes you're going to zig when you later realize you

should have zagged. Sometimes your children are going to forget or choose not to do their homework or drop a dish when helping clean the kitchen. It is all a way to learn and grow that will make you a great parent, and your children grow into a responsible adult. Cupid has [parenting advice](#) and [parenting tips](#) on accepting those failures with ways to help your children learn from them so they can grow into intelligent, good people:

1. Learn from mistakes: Just like you learn from mistakes at work and throughout life, you will learn from mistakes as a parent. You may learn a better schedule, etc. Like you, your children can also learn from mistakes. Instead of stepping in to help them smooth out every mistake they might make, let them make them.

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2. Rules of homework: Getting our children to do their homework isn't always easy. In fact, it can be really hard, and mistakes might get made. Remember, it is up to you to help set them up for success but don't do their homework for them. Provide them with a quiet, phone-free environment, and give them the tools they need. If they wait until the last night to do their science project even though they had the tools necessary to complete it, don't jump in and do it for them. They will learn to prepare and use their time more wisely the next time.

Related Link: [Parenting Advice: How to Decide What TV Shows & Movies to Allow Your Kids to Watch](#)

3. Teach them kindness: Kids can be mean. It's something we hear often, but it's something that makes it all that more important that. Teach them what kindness is through action, and show them it should be a part of everyday life. Volunteer at a soup kitchen, donate toys and clothes to shelters and let

them be a part of it all.

What are some ways you deal with your children when they don't initially meet expectations? Let us know in the comments below.

Parenting Tips: Lifestyle Changes for Better Behavior



By [Bonnie Griffin](#)

We all love our children and would do anything for them, but that doesn't mean getting them to behave in the best way is always an easy task. As a parent, you want the best for your

child and part of this includes teaching them appropriate behaviors so they grow into productive and good people. Luckily, if your children have behavioral issues, we have some [parenting tips](#) to help you develop better your children's behavior.

Here are parenting tips to help improve your child's behavior.

Raising your children is a full-time gig, and the most important job you will ever have. Sometimes it seems like the hardest job in the world it's because you love your children and are dedicated to them. Parenting is a 24/7 job which doesn't end after the workday. Your children won't always behave the way you want or expect. Cupid has [parenting advice](#) on lifestyle choices to help with nurturing your children so they behave better:

1. Routines: Children thrive on routines. Make sure you have a strictly set routine for important parts of the day like mornings, breakfast, school, after school, dinner, and bedtime. That doesn't mean you have to dictate to your kids exactly what the routine has to be comprised of, it means you can work together to make a routine; allow them to give input and come up with a routine together.

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2. Daily one-on-one time: The one thing that will have the best effect on your children's behavior is spending quality time with them individually. They have an emotional need to feel connected with you as their parent and need positive attention or they will seek out your attention other ways. This often means they will act out negatively because they see negative attention as better than no attention.

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3. Sleep is important: When you're tired you feel sluggish and cranky. So do your children. Children and teenagers need more sleep to keep up with all the energy their growing bodies require.

4. Find opportunities to say yes: Children have lots of questions, they want to go everywhere and see everything which means saying no a lot. To counter the negative tone that can be set every time they hear the word no, find ways to say yes. Make a compromise and help them notice you are trying to help them find their way in life and with their friends. The more positive reactions they get from you the more positive their behavior will be in return.

5. Look for the source: When children misbehave it's usually because some underlying issue is bothering them. Take a look at the big picture and try to address the real issue causing the poor behavior.

What are some ways you redirect misbehavior in your children? Let us know in the comments below.

Parenting Trend: The Science Behind Baby Fever





By [Bonnie Griffin](#)

Whenever you see a cute new baby cooing you might feel a profound sense of “baby fever,” or a desire to have a baby of your own. Baby fever is often passed off as a fleeting thought, and people don’t often think of this thought as an emotion, but science shows that it is as real as any other emotion you may experience. Baby fever may feel stronger under different circumstances, like when you see a happy baby, or a bit more faint when you are around a crying baby or unhappy child.

Parenting Trend: Baby fever is an emotion as real as any other.

Every time you see a baby, or you get on social media and all your friends are posting pictures of their children, you feel a sudden need to have a baby of your own. A desire to hold a tiny life in your arms and nurture and love them. This is a natural part of life and real emotion that most people experience throughout their lives. The number one factor is

often simply being exposed to babies being cute. Let's take a look at this [parenting trend](#) and check out some of the reasons why people get baby fever:

1. Peer pressure: Peer pressure plays a role in people's emotions causing feelings of baby fever. When we reach adulthood and many of our friends and family members are having babies, they often begin to hint, or outright say that it is time for us to do the same. Family members may often add to this feeling of pressure to have children, like parents insisting it is time for you to make them a grandparent with plenty of [parenting advice](#).

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2. Society: Society has certain "norms" we all feel pressured to meet from time to time. Once you reach a certain age or you get married it is as if you feel this invisible weight on your shoulders saying you should take certain next steps, and one of those steps is having a baby. Your subconscious can play into this need to meet societal norms with feelings of baby fever.

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3. Biological clock: Women have a finite time to have children before it becomes difficult. Our bodies have a biological clock that reminds us when we're ready for kids. Baby fever is sometimes our body's way of saying it is time for us to have our own babies before the opportunity passes us by. It can also be a combination between our biological clock reminding us that it is time to pass on our genes, and cultural influences telling us we need to have children.

Let us know some of the things that make you feel baby fever in the comments below.

Parenting Advice: Collaborative Parenting



By [Katie Sotack](#)

Past [parenting advice](#) has sought to punish bad behaviors and reward the good. Collaborative parenting takes a new and innovative approach to parenting that involves treating your children like people. The [parenting trend](#) focuses on working with our children rather than against them to solve problems.

Collaborative parenting involves working with your children and treating them like people in this parenting advice.

The beauty of collaborative parenting is the understanding and well-thought-out approach you must take in guiding your child. If they don't want to clean their room, ask them *why*, and then come up with a solution together. They might only need to pick up their room for fifteen minutes a day, for example. Here are some collaborative [parenting tips](#) to help you and your child get on the same page:

1. Hear your child out: Instead of becoming angry and grounding your child the moment you find out they haven't done their homework, hear your child out. The collaborative parenting approach encourages you to breathe and think before you dole out punishment. Maybe they have too many after school activities or they don't understand the homework. Communicating with your child and understanding them is an important key factor in being a strong role model for your child.

Related Link: [Parenting Trend: Baby Led Weaning](#)

2. Offer choices with boundaries: Yes, by all means, listen to your child, but you are still the adult. For example, if it's close to bedtime and your five-year-old daughter doesn't want to stop playing with her dolls but you want to read her a book before she falls asleep, give her an option. Keep playing and go straight to bed with no book or you can read the book after you tuck her into bed. It's giving a clear choice and option that makes collaborative parenting work!

3. Keep your head: Try not to lose temper with your child.

This is easier said than done, but keeping a calm head while you offer choices and the consequences of not listening will prevent you from turning into a screaming banshee to get things done your way. You may have to employ tremendous patience but both you and your child will have a better relationship in the end.

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4. Seek a CPS expert: If you truly feel you are failing with collaborative parenting, seeking the guidance of a collaborative parenting solving expert is an option. An expert can show you how to work with your child, teach you patience, and ease your concerns.

How likely are you to try collaborative parenting? Share in the comments below!

Parenting Tips: Best Subscription Services for Kids





By [Katie Sotack](#)

Subscription-based services are everywhere. From meal kits to style and book boxes, you can get your monthly fix with a continuous supply of goodies. Subscription-based services are set to become the hottest [parenting trend](#) in 2019. These boxes range from toys to diapers, and the options are endless.

With diapers, food, and fun able to be shipped regularly, there's no need for a trip to the store any longer. Check out the subscription packages that may be right for you with these parenting tips.

Subscription-based services are an efficient way to shop. All they require is a customizable "click." This system is especially convenient for new parents who can no longer pop

out to the store without worrying about the baby. Here are great starter kits for parents who want fun essentials shipped and delivered:

1. Happy Family Organics: Operating on a monthly basis, HFO specializes in sending food based on your child's "growing taste buds and dietary needs". You're required to enter the little one's age and allergies before selecting from options and restrictions. The company says it'll "build a unique bundle" for your child. If you find yourself dissatisfied with the service you can cancel whenever you like without fees.

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2. Lovevery: Lovevery works by delivering toys based on your child's age. The toys venture between 0-24 months and are categorized into sections by experts. The boxes ship every two to three months, depending on your baby's stage with a guarantee that the package's cotton and wood are sourced sustainably and organically.

3. The Honest Company: Enjoy a shipment of seven jumbo diaper bags and four packs of Honest wipes every month. With this service, you're able to craft the exact diaper you want for your little one with customizable prints. All diapers are certified eco-friendly, super absorbent, and made without fragrances or lotions.

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4. MOMBOX: Parenting subscription boxes aren't just for your kids. At MOMBOX, services are customized with items dedicated to taking care of new moms so they don't have to run to the store after giving birth. They offer a standard box, which carries everything from overnight pads to nipple cream, and a c-section option containing belly oil and a calming supplement tea.

Are subscription services useful to new moms? Share your experience below!

Parenting Trend: 2019 New Age Parenting Trends



By [Bonnie Griffin](#)

Gender reveal parties were all the rage last year. They're becoming more passé in 2019. Having all of your friends and family show up just to set off an elaborate reveal of your baby's gender may not be at the top of your list as a new parent, especially if you are a new age parent who doesn't

want to push your baby into gender norms before they are even born. Instead of gender reveals there are many new [parenting trends](#) popular in 2019.

Move over gender reveal parties, there are new age parenting trends this year.

Everyone has their own parenting style. Some parents are strict, some constantly worry about all the perils their children may face, and some are relaxed and prefer to let their children make their own decisions from a young age. There is no one set “right” way to parent your children. Each parent gets to choose their own personal parenting style. Let’s take a look at some popular parenting trends for 2019:

1. Parenting with an authoritative edge: You may not be a very strict or overprotective parent, but you teach your children to respect your authority. Authoritative parents make it clear they aren’t pushovers by setting firm rules. Parents who practice an authoritative parenting style have expectations for their children, and they provide them with the resources and support needed to succeed. They are great at listening to their children as well, but they also believe in fair discipline if their children break the rules.

Related Link: [Parenting Trend: Weighted Blankets](#)

2. Subscriptions: Parents are taking subscriptions to a level far beyond just using Amazon Prime. Parents are using subscriptions for all things baby including toys, diapers, baby food, and even postpartum recovery items. The convenience of skipping the store with the stroller is a far greater help through online shopping and parents love it!

Related Link: [Parenting Advice: Tips to Leave in the Past](#)

3. Audiobooks: Parents are looking for ways to limit screen time. Audiobooks offer a great alternative to sitting your children in front of the TV for a little quiet time. It gives parents something to help distract the kids when needed, or it can help at bedtime to get them lying still and calming down before they fall asleep. It is a great alternative to television with the added benefit of them learning a new book.

Gender reveals used to be the greatest thing for new parents, but this year it's more about the children and convenience in the new age. Let us know some of your parenting style or your favorite methods of convenience as a parent below.

Parenting Trend: Authoritative Parenting





By [Emily Green](#)

The way you raise your child sets the foundation for the rest of his or her life. Authoritative parenting is the most recent parenting trend gaining popularity in 2019. This parenting style means you're sensitive to your child's emotional needs but have high standards on how you expect them to behave. It not only allows your child to explore who they are as an individual but teaches them responsibility. Check out these [parenting tips](#) to learn some [parenting advice](#) about why authoritative parenting is an ideal style of parenting.

Authoritative parenting is a popular parenting trend in 2019. What are some benefits to raising your child this way?

While it is important to give your child some freedom to explore life on their own, it is also important that they follow household ground rules! Here are some key aspects to

raising your child with an authoritative form of parenting:

1. Be flexible: Rules are meant to be broken (as some kids, especially teens, will test you with). You can't always control what happens while you're raising your child. Take into consideration the situation at hand—step away to calm down if need be—and then decide the best and most appropriate course of action.

Related Link: [Parenting Advice: 4 Types of Parenting Styles](#)

2. Comfort, but don't coddle: Your child is only human. They'll make mistakes, break rules, and test your patience because there is no way to get them to listen to you 100% of the time. It's important to let your child know after they mess up *why* they made a mistake, but also be there to comfort and to show them what they did isn't the end of the world because you'll always be there for them.

Related Link: [Parenting Advice: 4 Ways to Promote Healthy Growth & Development](#)

3. Listen: Your child will form their own opinions as they get older. This is the beauty of parenthood—you get to watch a human you created turn into their own person. Be there to listen to your child if they have something to say. It's important to let them know you care even if they might be wrong.

4. Place limits: Every household has to have rules. Rules are rules for a reason, from cleaning dishes after a meal to no running in the house. It can take a while to strike a solid balance between letting your child be a kid and teaching them responsibility so your rules and boundaries are respected.

5. Consistent Discipline: Your kid will think it's okay to keep breaking the rules if you don't practice consistent discipline. For example, it's important for your child to know if they hit your dog, a time out will follow. Studies show

this type of cause and effect method to disciplining your children will help them develop their cognitive skills and the ability to make wise choices.

What are some other aspects of authoritative parenting? Let us know in the comments below!

Parenting Tips: Social Media Apps to Keep an Eye On



By [Bonnie Griffin](#)

Smartphones, social media, and many cell phone apps make parenting an extra difficult task these days. Facebook,

Snapchat, and Instagram were once apps you had to worry about your kids using inappropriately, but they pale in comparison to some of the newer apps available to children on their smartphones. Regularly checking your children's cell phone and following this [parenting advice](#) on watching out for dangerous apps can help keep your children safe on their phones.

Parenting Tip: Monitor your children's smartphones and watch out for these dangerous new apps.

You might be worried about checking your kids' phones because you don't want them to think you're being nosy. It's important to inform your children aware you are the one in charge of the phones, and you are checking them for their safety and not just to be a snoop. Your job is to parent them, not a friend. You should also set up their phones so your approval is required before they can download new apps. There are too many risky apps and ways for kids to be lured into something dangerous to not monitor their phones these days. Cupid has some [parenting tips](#) when it comes to some of the apps you need to be on the lookout for:

1. Dating apps in disguise: You would never be okay with your children using Tinder or Bumblebee, but what you may not realize is there are numerous new apps made for hooking up which are disguised as something innocent. These apps encourage your children to meet up with their matches. Anyone can pose as a teenager online, so you never really know who the other person is they are agreeing to meet when it comes to online hookups. The Yubo app, Hot or Not, and the HOLLA app are all designed to help teens hook up with other teens or people.

Related Link: [Parenting Tips: Apply Research to the Practice](#)

[of Parenting](#)

2. Anonymous ranking apps: As a parent, you want to teach your child to be kind and not to be a bully. There are apps out there built around ranking people based on their looks. These apps promote negative comments. Some of these apps also allow you to comment anonymously so your cruel or inappropriate comments are not linked to your name. If children can access these apps then so can adults, so you never know who is judging your children's photos. Some of these apps include Lipsi, Tellonym, and the BIGO LIVE app.

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3. Apps disguised to hide content: Nobody wants to think their kids would hide things from them, but in reality, they will. There are apps out there disguised as something innocent which are specifically designed to help your kids hide things on their smartphones. Some of these include the Calculator app, the Locker. This app is especially sneaky because it looks just like an ordinary calculator, but it stores hidden photos, allowing teens to share nudes without parents finding them because they don't know to check this app.

Smartphones can be great tools, allowing you to keep up with your kids as long as they are monitored properly to keep children from downloading apps which could lead them into dangerous situations. Let us know your thoughts about smartphone safety for your children in the comments below.

Parenting Advice: How to Support Your Child Through Graduation



By [Katie Sotack](#)

You've made it to the graduation milestone, congratulations! Graduation is a testament to both students and parents alike. Both parties have worked hard to get to this point, but in terms of [parenting](#), you may be asking, "what's next?" Whether your child's looking for their first career or moving onto more school, they need your support now more than ever.

Graduation symbolizes the end of an era. What are some ways to ensure a successful transition with this parenting advice?

With parental pride swelling as your grad sweeps across the stage with their diploma, this is surely one of the best moments shared between you and your child. Here are some [parenting advice](#) and [parenting tips](#) on the road after pomp and circumstance:

1. Instill confidence: Avoid expressing your concerns about your child's weaknesses at this moment, especially if they're underperforming. Instead, routinely share your belief in them and their abilities.

Related Link: [Parenting Tips: Apply Research to the Practice of Parenting](#)

2. Be proactive: It's important to be aware of all opportunities. Avoid an explosive reaction by keeping your mind open to all the possibilities your child may consider. When something comes up that you hadn't thought out, process your feelings and then react in accordance.

3. Encourage the best fit: Whether it be college or career, find one that is a personal fit. The 'take what you can get' attitude will be harmful to your child's potential in the long run. So encourage them to keep searching until they find what will work for them.

Related Link: [Parenting Advice: 5 Steps to More Effective Parenting](#)

4. Sit on the sidelines: This is your child's journey. While it may be tempting to impart your desires and dictate which

way is the right one, let your child take the lead and support their decisions.

How do you support your child through transitions like graduation? Share in the comments below.

Single Celebrity Parents: Balance Your Career & Parenting Like Sandra Bullock



By [Bonnie Griffin](#)

One [single celebrity parent](#) who seems to have it all figured

out when it comes to being a full-time actress and mom is Sandra Bullock. According to *RadarOnline.com*, Bullock was already helping raise her three stepchildren in her previous marriage when she decided to adopt her baby boy from New Orleans. Bullock handled her quickly changing family situation and becoming a single mom with grace, making a smooth transition into her role as a single celebrity mom.

This single celebrity parent balances working full-time as an actress in the public eye. What are some ways to balance being a full-time single parent and a full-time career?

Cupid's Advice:

Trying to balance work and being a single parent can be the most difficult job of them all. Spending time away from your child to work, then coming home to take care of them and provide a happy, healthy home can be a lot to juggle for anyone. Cupid's has some [parenting advice](#) to help you balance work and parenthood:

1. Find your support system: Being a single parent doesn't have to mean you are all alone. Everyone needs support, whether it be someone to listen when we need to vent or to lend a helping hand. This includes single parents. Reach out to family or friends and find people who are willing to listen and occasionally pitch in when you need some time for yourself.

Related Link: Parenting Tips: [Apply Research to the Practice of Parenting](#)

2. Take care of yourself: It is easy to focus all your energy on making sure your children eat well and take their vitamins so that they are healthy, but it's not as easy to remember to take care of yourself. If you are going to pull double-time working and being a single parent, taking care of your own health is essential so that you can care for your child and not wind up completely worn down and exhausted. Your health will help you keep up with your busy career and allow you to be the best parent you can be.

Related Link: [Celebrity Parents: Mindy Kaling Opens Up About Single Parenting and Hard Work](#)

3. Have a backup plan: The unexpected can happen to anyone. We would all love to ditch work and take care of our child anytime they are sick or don't have school, but that isn't always realistic when you're working. It is important to have a plan for what to do when something happens out of the ordinary, like losing a job or handling work when you have a sick child. Having a friend, neighbor, or family member as a backup for childcare when you cannot take your child to daycare or school will help you balance work and parenting. Folks in the IT world know that passing the Cisco 200-125 test to get the [ExamSnap's Website](#) credential can make all of the difference. Other parents simply go back to school to find what they love to do.

What are some ways you balance being a working parent? Let us know in the comments below.

Parenting Tips: Taking Care of Yourself Helps You Take Care of Your Kids



By [Mara Miller](#)

All parents do it: You feel selfish when you put your needs above your children's. This can be even truer when your little one is under the age of five. Whether from self-imposed pressure or from a constant need to be around your child, it feels like there is little time for your passions outside of raising your child. This stems from an age in which we over-parent our children. It's easy to confuse the amount of time you spend with your kid with the quality of your relationship. In fact, by not stepping away, you might be hurting yourself and your child more than you realize.

In these [parenting tips](#), we explore how taking care of yourself helps you take care of your kids.

In the [parenting advice](#) below, we have a list of reasons why you shouldn't be afraid to put yourself first once in a while in order to keep your sanity for yourself and your child.

1. Start Small: It can be as simple as shutting the bathroom door while your child safely naps in the other room. Starting small allows you to realize that, yes, you don't have to be with your child every second of the day. It will give you time to do what you need. It can be as simple as cleaning the house or taking a shower.

Related Link: [Parenting Advice: Five Reasons to Stop Yelling at Your Kids](#)

2. Recruit your partner: You don't have to feel guilty for spending time with your friends or doing things you love. Think of it as a chance for your partner to spend quality time with your kid(s) so you can develop individually. While your partner is with your child, this isn't considered babysitting either: it's parenting.

Related Link: [Parenting Advice: How to Cope with Your Child's Diabetes](#)

3. Get help: Hiring a babysitter while you and your partner go on a date is perfectly fine. Or maybe you've decided you want to go back to school and need help for two hours every day so you can take your class. If you can do something to better yourself for you *and* your family, why not go for it? Don't be afraid to source out help.

4. Do what you love: Taking care of yourself means balancing what you love to do with being available for your children.

Whether it's a movie night once a week with your best friend or some time away at your favorite coffee shop because you need to work on your blog, make sure you can still pursue your passions as well as be a good parent to your child.

5. Happier parent equals happier kid: Even if your child is too young to understand, they'll know that you're happier when you start to put yourself first on occasion. You'll have more energy to run after your little one and you'll feel like the time you spend with them is more meaningful than if you ignore your life to be a mother or father.

What are some of the benefits of taking care of yourself before you take care of your child? Let us know in the comments below!

Parenting Advice: Tips to Leave in the Past





By Megan McIntosh

Do you remember when you last tried an old wives' tale because you thought it was solid [parenting advice](#), but it didn't work? It might have even made the situation worse. We now know some advice our elders swore by is best left in the past.

Cupid shares parenting advice that's best left in the past.

We've all heard one of these parenting tips from either our parents or grandparents when they want to help us with our children. Sometimes the best thing you can do is agree and move on. Here are a few things we should all leave in the past:

- 1. Spanking:** Your parents might have spanked you when you were a kid. They probably thought it was the most effective way to punish you. Society now understands a child can't understand your explanation, nor can they connect spanking as a consequence of their wrong-doing.

Related Link: [Parenting Advice: Five Reasons to Stop Yelling at Your Kids](#)

2. Chicken soup for colds: Your parents probably made a bowl chicken soup for you when had a cold while you were still a kid. Chicken soup has no actual medical value to cure your illness. Soup as a comfort food when you're sick will make you feel better mentally. It won't get rid of your cold. Best to stick to medicine.

3. Put some alcohol on your teething baby's gums: You know this is a risky remedy. Alcohol in any form is bad for your baby. Give them a teething ring or some baby's aspirin instead.

Related Link: [Parenting Advice: Cooking Fun with Your Kids](#)

4. Do as I say: This is a frequent statement you might make to your kids, "Do as I say, not as I do." You might realize that the best lesson is a visual one. Show your kids your good behavior and they will imitate you.

What are some old wives' tales about parenting that you no longer listen to? Share below!

Parenting Tips: Apply Research to the Practice of Parenting





By [Mara Miller](#)

Let's be honest: it's easy to second guess yourself after you have your first baby...or your second...or even your third (if you decide you want that many kids!). This is totally normal! Your parents may have parenting styles that you didn't agree with as kids, so now you want to do better for your own children. If you feel this way, it's why you might consider applying research to the practice of parenting in these [parenting tips](#). We are now in an age where information is literally a tap away on a phone screen or a computer keyboard, so it's easier than ever to access the information you need.

Here are some parenting tips for applying research to help you become a better mother or father!

You can use a search engine on the internet to find just about any information you need, but don't discount parenting books for [parenting advice](#)! They can have a wealth of information as

well.

1. Figure out the kind of parent you are: Doing a quick Google search on “the four kinds of parents” can give you a wealth of information on parenting types. Whether authoritarian, permissive, uninvolved, or authoritative, you will be able to figure out areas where your parenting skills are working just fine or where you need to improve for your kids.

Related Link: [Parenting Tips: 4 Types of Parenting Styles](#)

2. Find new ways to entertain your kids: Are you the type of parent who doesn't want your child to spend *hours* playing video games? Running out of things to do to entertain them? Research new ways to play with your kids will take only a few minutes. It doesn't mean that you're a bad parent just because you have run out of things to do, it just means that you need help!

Related Link: [Parenting Advice: How to Cope with Your Child's Diabetes](#)

3. Find new ways to bond with your child: Bonding with your child should be obvious, but figuring out new ways to do it so your child doesn't get bored or show disinterest is another beast altogether. What might work for one parent when it comes to bonding with their child may not work for another. It depends on how old the child is but using research to help you find new things to bond with your kids might help you find something you didn't think about before.

4. Keep up to date with the latest research: Research centered around child development continually changes and evolves. Keeping up to date so you can make the best decisions, like that children actually need to *play* in order to learn, for your child. That way you'll have the power to say “no” if someone—like a teacher—tries to tell you otherwise.

5. Find support groups: Parenting little ones is a difficult

task that can become overwhelming if you don't have the right type of support. If you find the right group of people, you can not only make lifelong friends but might be able to find future playmates for your children if it's an online group for your local community. Groups like this also tend to share a lot of research that you can use in order to adjust your parenting style!

What are some other ways you can apply research to the practice of parenting? Let us know in the comments below!

Parenting Advice: Five Reasons to Stop Yelling at Your Kids





By [Mara Miller](#)

Parents yell at their children, even if they might not want to openly admit it. Maybe you snapped because you're mad they haven't put on their shoes yet. Or, you have *had* it because they won't do their homework. Or, maybe you've had a bad day yourself, and your teenager just smart-mouthed you one too many times, so you decided to let them have it. We'll explore why you need to stop yelling at your kids in this [parenting advice](#).

Parenting Advice: Five Reasons to Stop Yelling at Your Kids

You'll snap, your baby will burst into tears (or if your kids are teens they might snap back)—and then the entire family will be upset. It should go without saying: if you can stop yelling at your children, they will be happier. But if you're still not convinced, here are a few things to consider that you may not have thought about before:

1. They will learn to yell back: Yelling at your kids will eventually turn into you being yelled at by your children. And they may not just yell at you—they'll possibly yell at teachers, peers, or a future partner. Remember, you are teaching your kids cultural and social norms and they will mimic your behavior.

Related Link: [Parenting Tips: How Your Kids Can Benefit from Audio Books](#)

2. It causes anxiety: Yelling can cause anxiety attacks and severely limit your ability to interact socially with other people as an adult. Yelling can also trigger full-blown panic attacks later when your children are older. This can lead to struggling with performance in school. They will also have trouble finding, and keeping, employment when they are older.

Related Link: [Parenting Advice: 5 Steps to More Effective Parenting](#)

3. It's emotionally draining: Have you ever gotten just as upset as your children after yelling at them? Yelling at your children can be stressful and damaging to them, but it can be stressful and damaging to you even though your first response might be to raise your voice to your children.

4. They'll stop listening: Yelling at your children will trigger a fear response deep in the brain that will turn off their listening completely. This can lead to bad grades in school because your kids will automatically tune out their teachers. Adults who have been yelled at often as children will neglect orders at work or their partner.

5. Your children will learn to crave negative attention: Do you want to teach your kids to crave negative attention? Yelling at them frequently can teach them to seek that kind of attention later in a potential partner. It can also negatively affect any other social relationships, like with siblings or friends.

What are some other reasons to stop yelling at your kids? Let us know in the comments below.

Parenting Advice: How to Cope with Your Child's Diabetes



By [Mara Miller](#)

According to the American Diabetes Association, approximately 1.25 million children have diabetes. It can be a scary situation when you first find out a loved one is affected by this disease, but even scarier when one of them is your child. And, no matter if they have Type 1 or Type 2, it

can be hard on you as a parent to not feel like it's your fault or to feel guilty because there is a way you could have prevented it. We have some [parenting advice](#) and [parenting tips](#) on how to cope with your child's diabetes because it *isn't* your fault and you *shouldn't* feel guilty or alone with your family's struggle to cope with it.

Parenting Advice: How to Cope with Your Child's Diabetes

1. Get help when you need it: Rely not only on your support network with your partner and extended family but your child's healthcare professional too.

Related Link: [Parenting Advice: 5 Steps to More Effective Parenting](#)

2. Make parenting decisions together: It's important to make decisions with your child's parent together as a team rather apart. And more than anything, be consistent.

Related Link: [Parenting Advice: 7 Ways to Help Your Partner Cope with Postpartum](#)

3. Share your feelings: Don't bottle up your feelings about your child's diabetes. Connect with other parents in a support group or seek help from a family therapist.

What are some other ways to cope with your child's diabetes? Let us know in the comments below!

Parenting Advice: Cooking Fun with Your Kids



By Megan McIntosh

There comes a time when your kids want to be involved in what mom or dad is doing in the kitchen. They want to bake their own cake or fry their own eggs. Whether you decide to start small or let them help you with a whole meal, it's easy to have some cooking fun with your kids! Celebrity parent and model [Chrissy Teigen](#) recently made a special menu for [celebrity baby](#) Luna, and [Jennifer Garner](#) routinely cooks healthy meals for her kids. Like them, you can also have your kids join you in the kitchen!

Parenting Advice: Cooking with your kids can be a fun and educational experience that lets you have some quality time together, too!

Here's some exciting advice to start cooking in the kitchen with your kids:

1. Find some kid-friendly menus:

Find some fun menus that the kids can easily follow with you. Try to make character pancakes with fruit and nuts as decorations. Put together a yummy snack mix, which is simple and should keep the mess to a minimum. There are a variety of kid-friendly menus, but you can even create your own like celebrity parent Chrissy Teigen did when Luna turned out to be a picky eater.

2. Start small:

If your child wants to be involved in a the preparation of a grown-up meal, give them something small to start with. Let your child mix the spices, or let them toss some ingredients into a salad. This gets them excited to be involved in the kitchen, but keeps their little hands safe. Help them create something healthy but simple, like Jennifer Garner and her granola recipe.

Related Link: [Parenting Advice: Make Your Own Fresh Baby Food](#)

3. Let them be a little independent:

Once your child is a little older, you can let them be a little more independent in the kitchen. Let them create their own snack mix rather than following a recipe. Let your child create recipes that have three ingredients like banana pancakes or dunkaroo dip. Let your kid make dessert while you focus on dinner with them making banana oat cookies or peanut

butter fudge. Keep it seasonal by making popsicles in the summer and hot chocolate in the winter.

Related Link: [Parenting Tips: Make Popsicles with Your Kids This Summer](#)

4. Keep it age appropriate: Though we encourage independence with our children, it's very important to keep it at level with their age. If they're a little younger, you'll want to keep them away from sharp objects and doing more activities like mixing and squeezing. As they get older you can incorporate more difficult tasks such as cutting with a blunt blade or cracking eggs. Eventually they'll be able to help you out in the kitchen so much that you'll get a chance to relax a little quicker.

Related Link: [Product Review: Back-To-School Products For Kids Of All Ages](#)

Any tips for how to get started in the kitchen with your kids? Share below!