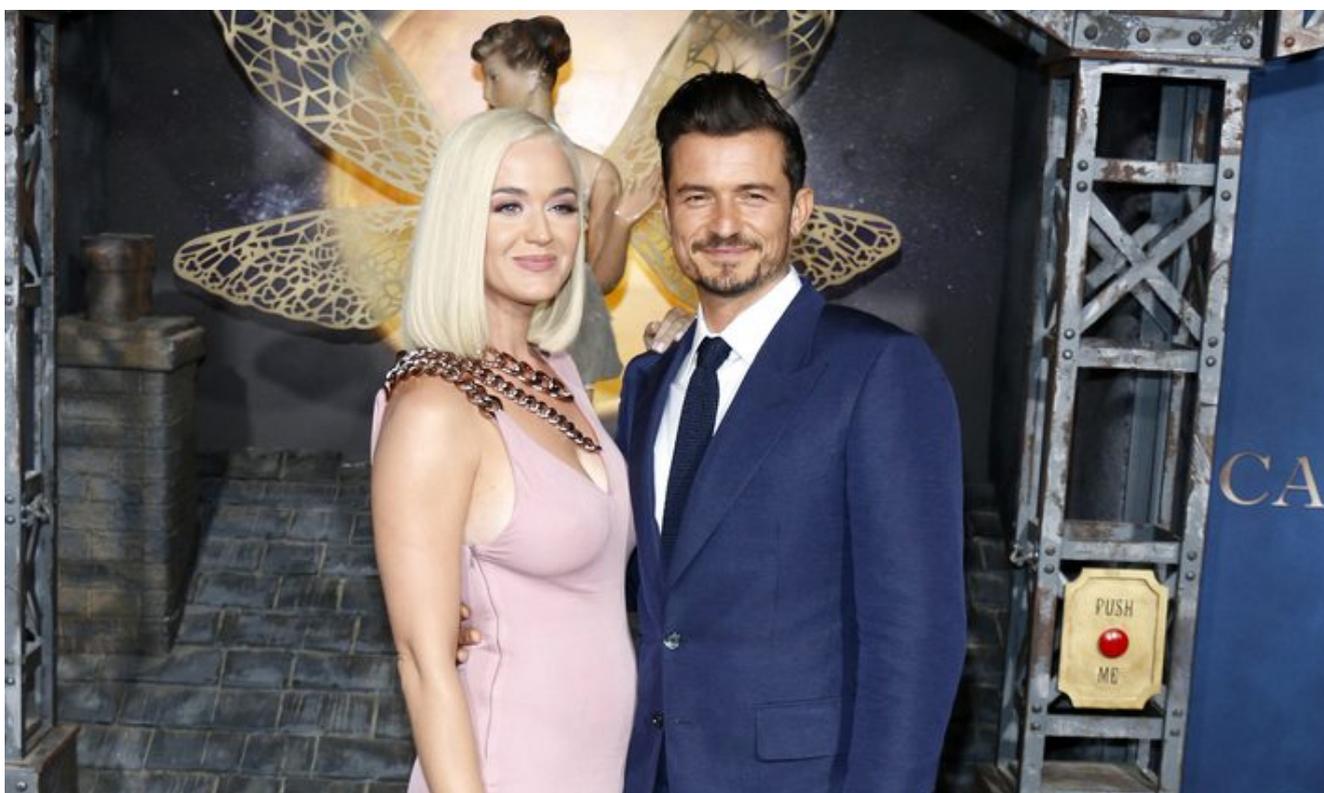


# Celebrity Couple: Katy Perry & Orlando Bloom Steal Kiss at Misha Nonoo's Rehearsal Dinner



By Ahjané Forbes

In [celebrity news](#), Orlando Bloom makes [Katy Perry](#) feel like she's living a "teenage dream" when the two steal a kiss at designer Misha Nonoo's rehearsal dinner. The [celebrity couple](#) are engaged and are set to elope any day now. The two kept showing signs of affection all night. According to *People.com*, the lovebirds kept laughing while talking with their famous friends.

# This celebrity couple isn't afraid to show their affection in public. What are some ways to show you care about your partner in public?

## Cupid's Advice:

Letting everyone see the love you share with your partner is an important part of the relationship. Holding hands, stealing a kiss, and even eye contact can be signs of affection to display in public. Cupid has some ways you can get lovey dovey with your partner in public:

**1. The basics:** Hand holding and kissing are the universal displays of affection that can be shown by every couple. However, it is important that you and your partner discuss what is acceptable and what is not. Some people like a peck on the cheek or a lip bite rather than a French kiss in the public eye. Learn to keep it cute and concise.

**Related Link:** [Celebrity Couple News: Kendall Jenner Spotted 'All Over' Ben Simmons at Dinner with Sisters](#)

**2. Look fabulous together:** Matching outfits or wearing the same color can be a way to show your love for your partner. It's also great for the pics you're bound to post on social media. Wearing the same color makes you look like a "unit". This is also a way to get creative with your partner. Doing cute things like wearing a shirt that says "His Queen" or "Her King" and vice versa will let everyone know you're together.

**Related Link:** [Celebrity Couple: Colton Underwood & Cassie Randolph Sport Romantic Jerseys at Hockey Game](#)

**3. Be there for them:** This might seem like an obvious one, but it's not just about dates all the time. If your lover is an artist, show up at their art show, take pictures, and post them on social media. Write a cute message like, "I have

fallen in love with you all over again” while showing their recent work. Being present in the moment will make them feel really good, especially if you’re trying to get more serious. This is an important factor to keep in mind if you want to be #couplegoals.

**What are some cute way you show affection to your other half? Tell us about in the comments below!**

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# **Celebrity News: Orlando Bloom Reveals How Past Divorce Affects Katy Perry Relationship**





By [Katie Sotack](#)

Actor Orlando Bloom is determined to learn from his and [Katy Perry](#)'s past divorces before entering into new matrimony. Once married to Miranda Kerr, Bloom learned the importance of growing with a partner and laying down a foundation for commitment, according to *EOnline.com*. In an interview with NBC's *Sunday Tonight*, Bloom reiterated his desire to make this marriage last, saying, "She's remarkable and so I'm always so impressed with that and I'm encouraged". The celebrity couple continue to grow closer as Bloom teaches Perry to embrace the small moments.

**In [celebrity news](#), Orlando Bloom opened up about how his past divorce impacts his relationship with Katy Perry. What are some ways**

# your past relationship can affect your new relationship?

## Cupid's Advice:

Don't let the ghost of relationships past haunt your new romance. Learn from the mistakes from your ex and bring new perspective into your next relationship:

**1. Intimacy:** There's a lot from a past relationship that can cause anxiety in future partnerships. For example, being cheating on may make you jealous and paranoid as a future partner. This is a normal reaction, but it's something to learn from. Take your trauma and turn it into intimacy by confiding in your new significant other about your concerns.

**Related Link:** [Celebrity News: Cassie Rudolph Defends 'Bachelor' Colton Underwood After He's Deemed a Bad Kisser on 'BiP'](#)

**2. Know yourself better:** Each relationship and opportunity that enters your life should teach you something about yourself. Start your new relationship with a thorough understanding of what went wrong last time and how you can grow from that.

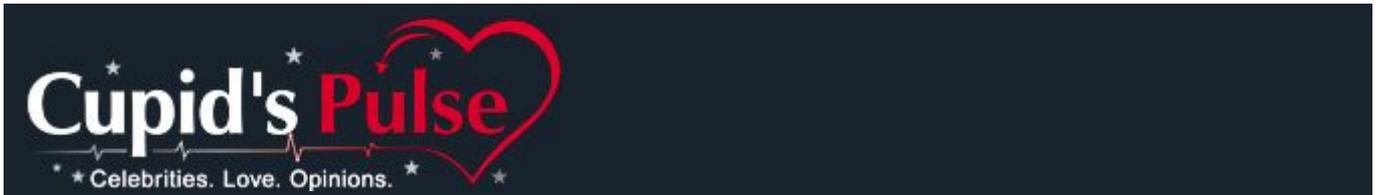
**Related Link:** [Celebrity Couple Kelly Ripa & Mark Consuelos Send Daughter Off to College](#)

**3. It's a part of you:** your past relationships are your history. You're bound to feel nostalgic or sentimental about your past at some point in this new relationship. Take a breath and realize you can miss what you once had with someone without wanting it back.

**How have you turned your past relationship into fuel for your new one? Share in the comments below!**

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# Celebrity Wedding: Katy Perry & Orlando Bloom Are Engaged!



By [Mara Miller](#)

In the latest [celebrity wedding](#) news, [Katy Perry](#) and Orlando Bloom are engaged! According to [UsMagazine.com](#), the [celebrity couple](#) recently announced their engagement on Instagram after Bloom popped the question on Valentine's Day. Perry shared the picture, too, with the caption, "full bloom." The couple met in 2016 at the CAA's Golden Globes after party, where they had a total dance-off. They called it off in 2017, but remained friends until they rekindled their romance in 2018. It's so sweet to see Bloom and Perry taking their relationship to the

next level, and on the day of love, at that!

## **In celebrity wedding news, Katy Perry and Orlando Bloom will be tying the knot. What are some ways to know your relationship is ready for marriage?**

### **Cupid's Advice:**

Marriage is a lot more than signatures on a marriage certificate. It's a legal commitment to each other to make things work in good times and bad. Let Cupid give you some ways to know you're ready to tie the knot:

**1. You're financially stable(ish):** Yuck—bills and money. Are you comfortable about talking finances with each other? If you can't talk about money and bills, then getting married might not be an option yet.

**Related Link:** [Celebrity Couple: Joe Alwyn Clears Up Rumors About Dating Taylor Swift](#)

**2. You make long-term plans together:** Making a last-minute decision to go on a date is one thing, but when you and your partner can sit down to talk about your future plans, then you might be ready for marriage.

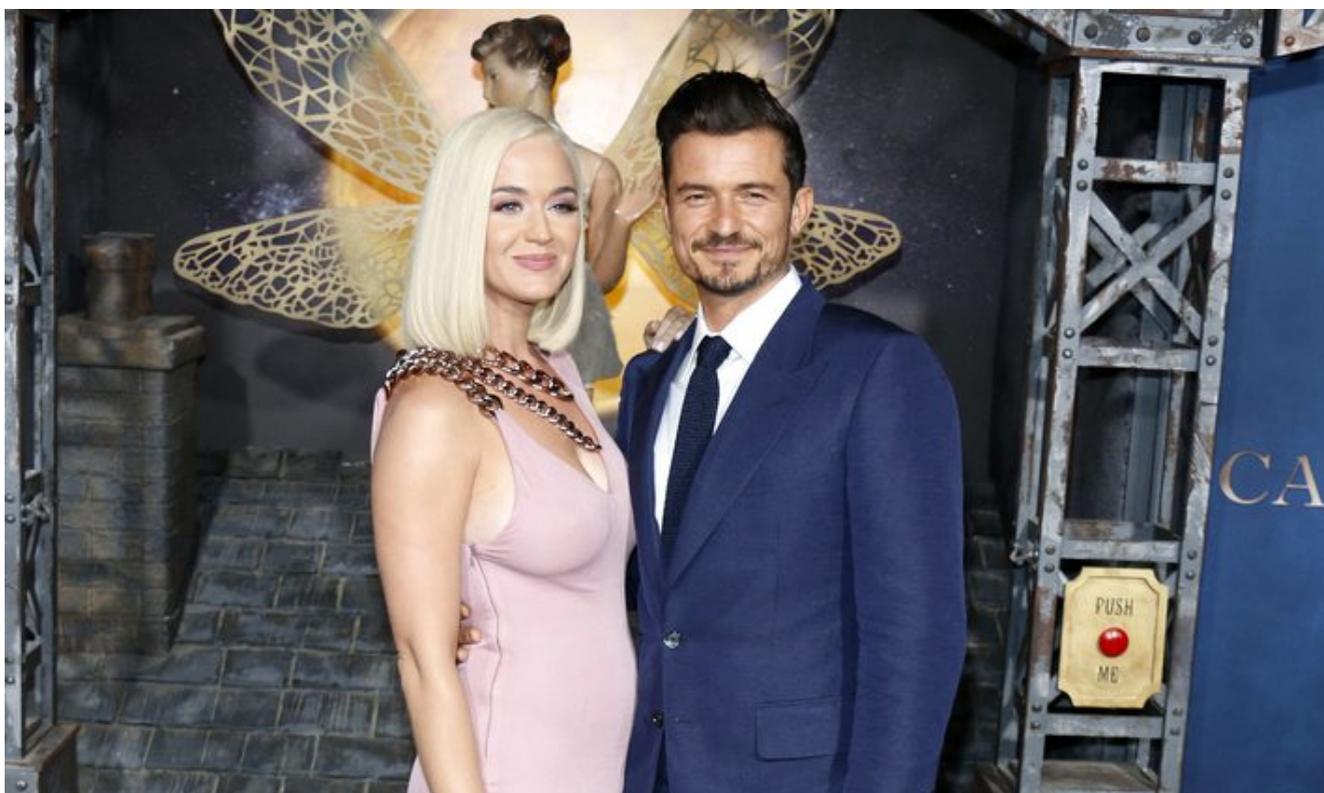
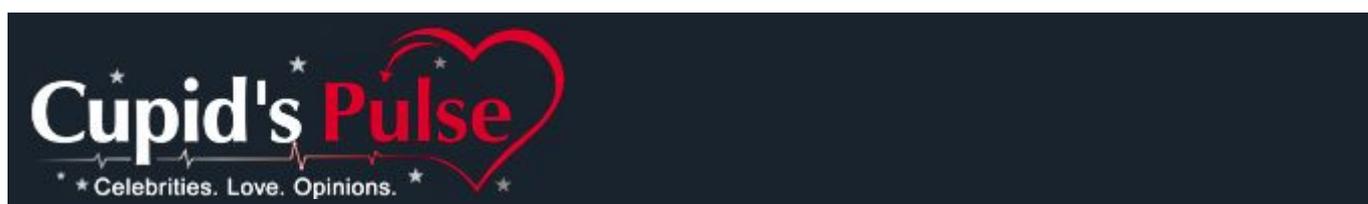
**Related Link:** [Celebrity Couple: 'BIP' Star Taylor Nolan Praises New Boyfriend](#)

**3. You can trust your partner:** Trust is the number one key to a healthy, long-lasting relationship and marriage. You don't test each other. You both know each other well that if you or your honey go out with friends that there isn't any worry about them coming home at the end of the night.

Getting married is the ultimate way to show how much you love your partner. What are some other ways you know your relationship is ready for wedding bells? Let us know in the comments below!

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## Celebrity News: Katy Perry Supports Orlando Bloom Through His Grandma's Illness



By [Courtney Shapiro](#)

In [celebrity news](#), Katy Perry sends love to boyfriend, Orlando

Bloom, as he struggles with his grandmother's illness. The actor shared a sweet post on his Instagram about cherishing life and how grateful he is for the time he had with his grandma. Perry responded to the post with "love you angel." According to *People.com*, the [celebrity couple](#) only recently made their debut on the red carpet together, after previously dating for about a year. The pair had briefly separated, but reconciled earlier this year.

## **In celebrity news, Katy Perry is standing by her partner as he goes through a tough time What are some ways to support your partner through tragedy?**

### **Cupid's Advice:**

How can you support your partner through tragedy? Cupid shares some advice:

**1. Give them space:** Let your partner know you are there for them if you need, but don't bombard them. Allow your partner to take the time they need to get through the tragedy, and if the relationship is strong, then they'll already know they have you for support.

**Related Link:** [Celebrity Couple News: Find Out Why Kanye West Surprised Wife Kim Kardashian With a \\$1 Million Check](#)

**2. Help take the weight off of them:** Make yourself useful to your partner in any way you can. If there is stuff to do around the house, just do it, this way your partner isn't worried about little things that aren't as important.

**Related Link:** [Celebrity Couple News: Why Justin Bieber Was](#)

[Crying in Hailey Baldwin's Arms](#)

**3. Tell them you love them:** They probably know this, but it can help them realize they aren't alone. Reassure them that you love them, the vocalization may not seem like much, but can ease some of their worry.

**What are ways you or your partner have supported each other through tragedy? Let us know in the comments!**

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## **On-Again Celebrity Couple: Katy Perry Says She's 'Not Single'**





By [Haley Lerner](#)

In recent [celebrity news](#), [Katy Perry](#) confirmed she is “not single” after recently reconnecting with her ex-boyfriend, Orlando Bloom. According to *UsMagazine.com*, Perry announced the news during the *American Idol* finale on Monday after noticing upcoming *Bachelorette* Becca Kuftrin in the audience. “Yes, I’ll give you all my roses,” Perry told Kuftrin. “I’m not single, but I still like you.” While Perry didn’t mention Bloom, one can speculate she was talking about the actor. The on-again [celebrity couple](#) first met at a Golden Globes after party in 2016 and initially ended things in March 2017. But, it seems the pair have rekindled their romance!

**This news has us believing Katy Perry and Orlando Bloom are a celebrity couple again. What are some things to be leery of when**

# you're considering reconnecting with an ex?

## Cupid's Advice:

Deciding whether or not to get back together with your ex is difficult. Cupid has some things for you to consider:

**1. Think about why you two broke up:** Before reuniting with an old flame, it's important to consider why you broke up with your partner in the first place. There are reasons you and your ex-beau ended things, and it's important you remember them. If the problems are still there, it's likely getting back together will lead you to more heartbreak. But, if you and your ex have changed for the better, it might be worth a shot to give things another go.

**Related Link:** [Celebrity Break Up: Katy Perry & Orlando Bloom Break Up After 10 Months Together](#)

**2. Intentions:** It's important you consider why it's you want to get back with your ex. If you only want to do it because you're lonely and miss the comfort of the connection you two once had, reviving your romance might not be best for you. You have to make sure you're content being on your own and are not just looking for an easy way to be off the market again. Get back together with your ex because you still miss and love him or her, not because you miss being in a relationship.

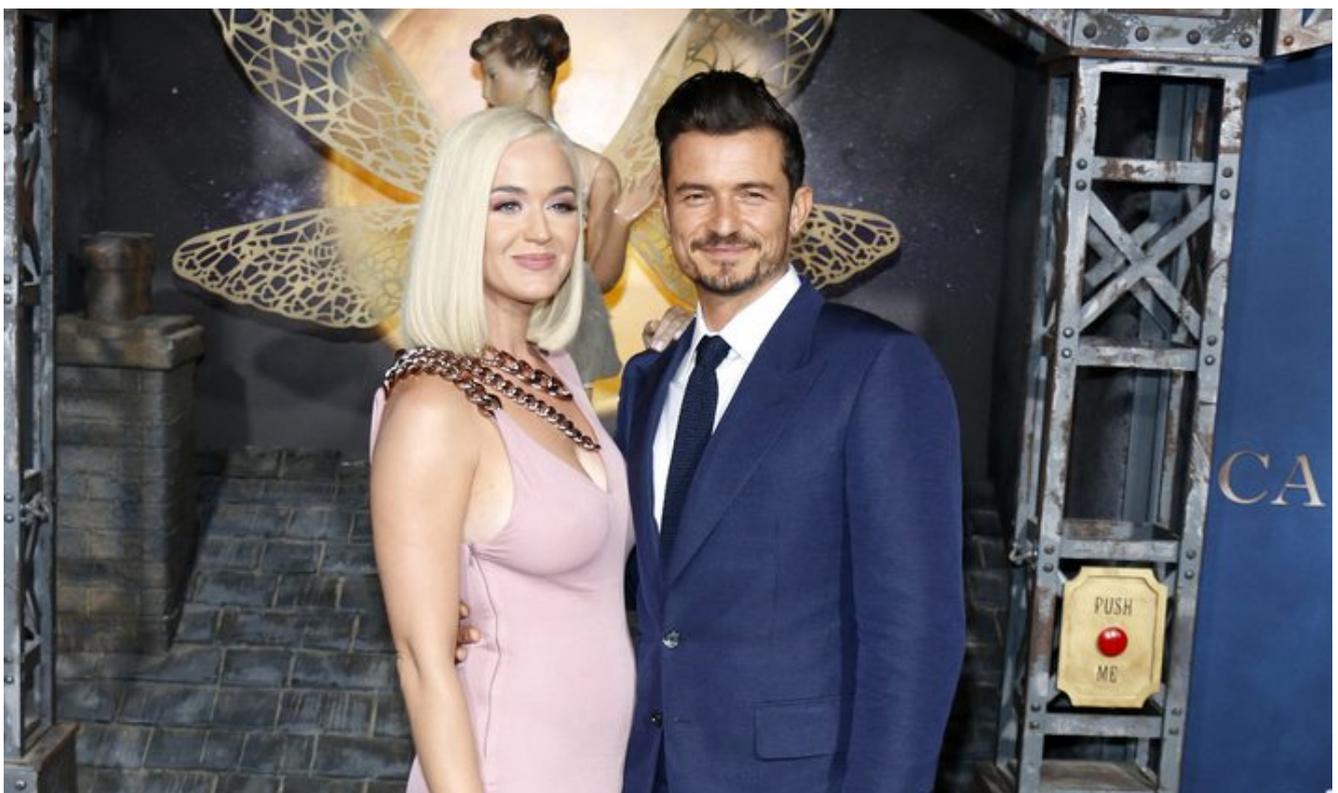
**Related Link:** [Celebrity Couple News: Katy Perry Reveals the One Problem with Dating Orlando Bloom](#)

**3. Logistics:** Even if your heart is in the right place, sometimes a relationship just can't practically work out. Would your relationship be long distance? Do you and your ex have time for each other in your lives? It's important you consider these things before restarting your relationship!

Do you have any more things to consider before reuniting with an ex? Comment them below!

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# Celebrity Travel: Top 5 European Hotspots



By [Jessica Gomez](#)

Oh Europe, how beautiful is thee! Europe is definitely a great place to vacation, and it's one of the areas at the top of the list for celebrity travel. It has a rich history, and it's full of culture. Europe is a large area with countless stunning spots, so limiting them to five is not an easy task.

That said, here are five “hot” [vacation destinations](#) in various European countries that your favorite celebs routinely enjoy!

**And the 5 top European hotspots (in no particular order) for [celebrity vacations](#) go to... \*drum roll, please\*:**

**1. Venice, Italy:** This is one of the most romantic places in Europe, and it’s very popular with tourists as a result. The beautiful art and architecture here are big reasons for the heavy tourism as well. Take a ride on a gondola (long wooden boats) through the Great Canal, visit the major landmarks, eat the delicious chibo (food) at your pick of numerous cute cafes and elegant restaurants – the list goes on! Johnny Depp, [Brad Pitt](#), and [Kristen Stewart](#) are some of the many celebrities who have been spotted vacationing here! [George Clooney](#) and his wife Ama had their [celebrity wedding](#) here and then came back for their third wedding anniversary, according to [us.hellomagazine.com](#)!

**Related Link:** [Top 5 Getaway Spots on the East Coast](#)

**2. Ibiza, Spain:** Party central! This island is known for the around-the-clock socializing and astonishing performances. Hit the beaches and the night clubs! Fun awaits you on this paradise island. Some of your night life loving celebs that have had their fair share of good times here are [Justin Bieber](#), [Kim Kardashian](#), Orlando Bloom, and Kate Moss! However, Bieber and Bloom may have had too much fun, as they shared some hostile moments there as well. Four years ago, the two hunks got into an altercation in Ibiza where Bloom allegedly swung at Bieber, according to [People.com](#).

**3. The Algarve, Portugal:** Sweet, sweet paradise! Clear waters, green nature, and a strong sun – why are we not there right now? This destination is considered one of the most beautiful in Europe, as it's one of the most developed regions in Portugal. Prince William and his wife Kate Middleton enjoyed their honeymoon there – and we're picturing ours there, too!

**Related Link:** [Top 5 Vacation Spots to Spend New Years](#)

**4. Paris, France:** Known as the City of Lights, Paris is a big tourist spot! The romantic city is home to one of the most famous landmarks in history: the Eiffel Tower. There are various cafes and restaurants at which to eat and enjoy wine, too. And, of course, there are numerous museums, monuments, and cathedrals to see. Robin Thicke has been seen “touring it” up with his girlfriend April Love Geary.

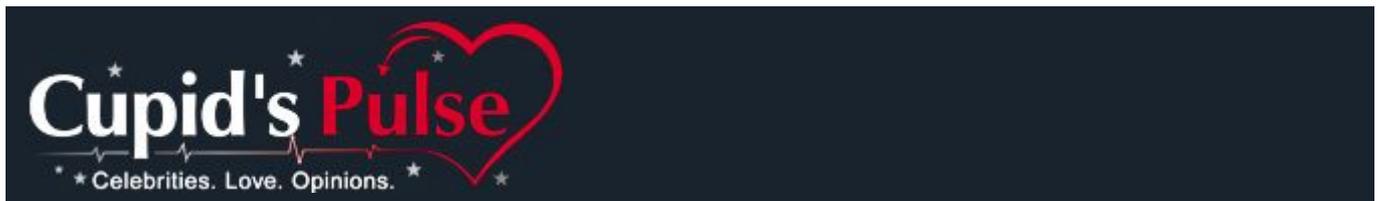
**5. Mykonos, Greece:** Celebrities really do love to come here! Tons have visited: [Leonardo DiCaprio](#), Mariah Carey, [Ariana Grande](#), and Paris Hilton – making this a celebrity hotspot for sure. It's a nice, relaxing vacation spot away from it all. This Greek island provides delicious Mediterranean cuisine near breathtaking waves. Celebrities like Tom Hanks and [Tom Cruise](#) own houses here!

**What are some places in these celebrity destinations you've been to or dream of going to? Comment below!**

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**Celebrity Exes: Katy Perry Discusses Rekindled Romance**

# with Orlando Bloom



By [Melissa Lee](#)

After spending a night out at Ed Sheeran's concert in California, Katy Perry discussed the potential of a rekindled romance with ex Orlando Bloom. The celebrity couple dated for 10 months before splitting back in February. According to [UsMagazine.com](#), Perry explained that "it's nice to keep people you love around you." She also mentioned that due to their busy schedules, she doesn't necessarily feel the need to label their relationship. "I'm really busy," Perry says. "And you know what, I'm about to go on tour for another year."

## Celebrity exes don't always have to

# be on bad terms. What are some ways to keep things civil with your ex?

## Cupid's Advice:

It seems that this former Hollywood couple are keeping things super civil, and we applaud them for that! It can be tough to stay friendly with someone you used to be romantically involved with. Check out some of Cupid's tips if this is something you find yourself struggling with:

**1. Distance can do miracles:** The break-up process can be lengthy, but it's essential for *anyone* that wants to get over their ex. Before you can even think about being civil with your former lover, it's important to distance yourself for a little bit. There's no way that you will be able to be friends right after breaking up – there is way too much sadness, anger, and hurt there!

**Related Link:** [Celebrity Break-Up: Anna Faris Opens Up About Split from Chris Pratt](#)

**2. Enforce boundaries:** At the same time, it's crucial to have some limits when being friends with an ex. Lines can get blurred at times, especially if you're just trying to stay friends. An example of an important boundary to have is not hanging out one-on-one all the time. Base these limitations on your comfort levels with one another, and you should be good to go.

**Related Link:** [Celebrity News: 'Bachelorette' Alum Shawn Booth Opens Up About Having Kids with Kaitlyn Bristowe](#)

**3. Make sure you have fully moved on:** Before becoming BFFs with your ex-lover, make sure that you have fully and completely moved on from them. If you begin hanging out with your ex while you still have feelings for them, it can get

really messy. There's even a potential for you getting even more hurt than you were before. Make sure to take care of your heart before putting yourself out there again.

What are some of your tips for keeping things civil with your ex? Share your thoughts below.

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## Top 5 Celebrity Honeymoon Destinations



By [Melissa Lee](#)

Are you and your significant other on the market for a

honeymoon destination? It can get exhausting when trying to find the perfect romantic vacation spot, especially if you're attempting to think outside the box and go somewhere new. Celebrities are always jet-setting to the most luxurious and gorgeous getaway destinations, so regardless of what you're looking for, at least one of these spots is guaranteed to strike a chord with you and your partner!

## **Frustrated with trying to plan your honeymoon? Don't worry – check out the top five celebrity honeymoon destinations for ideas!**

**1. Amalfi Coast, Italy:** Italy is notorious for its beautiful views, delicious food and overall romantic aura, so it's no wonder why the Amalfi Coast is such a popular honeymoon spot. Celebrity couple Reese Witherspoon and Jim Toth headed here for their post-wedding getaway, where they were seen taking boat rides on the coast, shopping around, and sharing romantic meals together.

**2. Anguilla:** This low-key Caribbean island is a 16-mile long stretch with 33 beaches! Anguilla was the host to honeymooners Orlando Bloom and Miranda Kerr, where they stayed in a private two-story villa and shared alfresco dinners every night. Though on the more quiet side, Anguilla is known for its art galleries, seafood options, and gorgeous hotels complete with luxurious amenities.

**Related Link:** [Top 5 Most Luxurious Romantic Getaways in the United States](#)

**3. Costa Rica:** If you and your partner are a more adventurous pair, Costa Rica might be right up your ally. This Central American country is home to hundreds of outdoor activities,

some of which include surfing, hiking, and snorkeling. Newlyweds Andy Roddick and Brooklyn Decker headed to Costa Rica on their honeymoon – they were seen zip-lining through one of the many rain forests, laying out on the beach, and enjoying some fine dining.

**4. Los Cabos, Mexico:** This relaxing destination is ideal if you and your sweetheart are looking for a low-key, calming vacation. Los Cabos has hosted couples Kevin Jonas and Danielle Deleasa and LeAnn Rimes and Eddie Cibrian. This spot is perfect for renting out private villas and enjoying the beach, along with your partner's company.

**Related Link:** [Top 5 Romantic Getaways in the Northeast U.S.](#)

**5. St. Barts:** This Caribbean island is known for being glamorous and chic – plus it has hosted celeb mega-couple Beyonce and Jay Z, so what's not to adore? Complete with luxurious bistros with decadent food, glitzy nightlife and designer boutiques, St. Barts is *the* celeb-approved honeymoon spot that will surely give you a time to remember. Head here if you're looking to soak up the sun on a private beach, enjoy delicious food, or have a night out with your partner.

**What are your favorite honeymoon spots? Leave your thoughts below.**

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**Celebrity Break-Up: Katy Perry & Orlando Bloom Break**

# Up After 10 Months Together



By [Delaney Gilbride](#)

In [latest celebrity news](#), it looks like Orlando Bloom may just be the one that got away. World renowned pop star [Katy Perry](#) and British actor Orlando Bloom's reps released this statement regarding the [celebrity couples](#) relationship: "Before rumors or falsifications get out of hand we can confirm that Orlando and Katy are taking respectful, loving space at this time." According to [EOnline.com](#), the two posed for a photo at *Vanity Fair's* 2017 Oscar After-Party but failed to walk down the red carpet together during the event. After confirming to *E!News* that the two were in fact a couple following the 2016 Golden Globes, Perry and Bloom weren't afraid to flaunt their relationship. Although they traveled abroad together, spent holidays together, and even talked about marriage and

children together, it looks like the two couldn't quite make the relationship work in their favor.

## This [celebrity break-up](#) caught us by surprise. What are some ways to fight rumors after a messy break-up?

### Cupid's Advice:

Although we don't truly know what happened between Katy Perry and Orlando Bloom, the news is heartbreaking! The vagueness surrounding this celebrity break-up is sure to start some rumors. What are some ways to avoid this? Cupid's here with [relationship advice](#):

**1. Make an announcement:** We may not be lucky enough to have our own personal reps break the news for us, but we do have social media. In order to avoid rumors regarding your failed relationship it might be best for you to clear the air for everyone else. Even if it's just a couple of words, it's better than hearing nasty rumors about you and your ex.

**Related Link:** [Celebrity Exes: Late George Michael's Ex Opens Up About Relationship](#)

**2. Tell your close friends and family what happened:** If you feel uncomfortable talking about your break-up online, you're not alone. A break-up is something very personal, and if it ended badly you may not want to discuss it with the world. Talking to your friends and loved ones is a good way to get it off your chest, and they'll be able to shut down rumors quicker than they begin.

**Related Link:** [Celebrity Break-Up: Jennifer Lopez and Drake End Their Whirlwind Romance](#)

**3. If people ask, just tell them the truth:** Even if your break-up ended badly, you don't have to get into detail. Just let people know the truth even if it isn't the full story – people don't need to know everything! This way it's straight from your own mouth and that's the only confirmation people need.

**Have you just gone through a bad break-up? Comment below with some ways you avoided nasty rumors about what went down.**

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## Top 5 Most Traveled Celebrity Couples



By Nisha Ramirez and Kayla Garritano

Once you get past the daunting task of packing and getting through airport security, traveling can be a great way to bond with your partner. Whether you decide to take a road trip through the 50 states or hop on a plane headed around the world, visiting a new place and learning a new culture can bring the two of you closer. [Celebrity couples](#) are always seen traveling together, and just like them, you could have your very own [romantic getaway](#).

## These celebrity couples have taken traveling to the extreme:

**1. Ethan Zohn and Jenna Morasca:** Ethan Zohn won the hit reality TV show *Survivor Africa*. His girlfriend, Jenna Morasca, won *Survivor Amazon*. After being together for eight years, the adventure loving couple took traveling to new heights and joined the cast of *The Amazing Race* in September. Zohn and Morasca hoped the competition across the world would help them relieve stress following Zohn's battle against Hodgkin's disease.

**2. Kylie Jenner and Tyga:** It seems Kylie Jenner and her on-again off-again beau Tyga are always jet setting someplace new. Whether it's Mexico, the Caribbean, Turks and Caicos, or Miami, they seem to prefer tropical locals. They even sometimes bring Cairo, Tyga's song with Blac Chyna, on their trips with them. It's a true family affair!

**Related Link:** [Take a Walk on the Wild Side of the Caribbean](#)

**3. Jay-Z and Beyonce:** These two hip-hop and R&B superstars are always hopping on planes. From laid-back summer vacations to mixing work and pleasure, Jay and Bey have racked up a large number of frequent flyer miles. While [Beyonce](#) was working on her album, *4*, the married couple took to France for

some R&R and long studio hours. The travel time worked like magic, because Beyonce's album was a success and she became pregnant with their first child. In September, a month after the pregnancy announcement, the new parents vacationed in Hvar, Croatia.

4. [Prince William, Duke of Cambridge](#) and [Catherine, Duchess of Cambridge](#): Traveling is a part of William and Kate's new life together, and they take it in stride. After their lavish wedding, the royal couple took a trip around Canada and the west coast of the United States this year. The North America tour took place from June 30, 2011 to July 10, 2011. Getting to see the world is just one of those royal perks!

**Related Link:** [Date Idea: Travel Abroad without Leaving the Country](#)

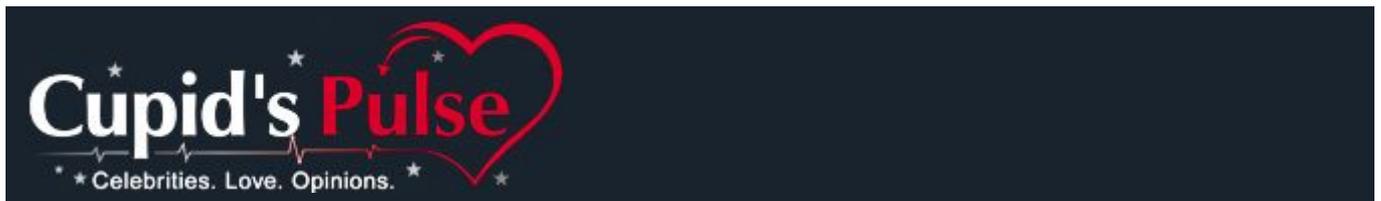
5. [Nikki Reed](#) and [Ian Somerhalder](#): When this pair got married in 2015 secretly in California, their next step was their honeymoon, planning an extravagant trip around the world. They started with Mexico, then headed to Brazil in less than a week. They were shortly seen together at a film festival in Nice, France. Happy in love, and happy in travel!

**Where are the most exciting places you've traveled? Share your experiences below.**

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## **Celebrity Couple News: Katy Perry Reveals the One Problem**

# with Dating Orlando Bloom



By Mallory McDonald

Distance doesn't always make the heart grow fonder. For [celebrity couple Katy Perry](#) and Orlando Bloom, distance put a slight strain on their relationship. In recent [celebrity couple news](#), [UsMagazine.com](#) revealed that the long drive from Los Angeles to Malibu was once a big hurdle. Perry told the magazine, "My boyfriend lives in Malibu, and getting used to that [drive] was like, 'Are you kidding me? What kind of life is this?'" But when you truly want to make a relationship work you will, and that is exactly what Perry is doing.

**Sometimes distance effects even**

# celebrity couples! What are some ways to cope with long distance in your relationship?

## Cupid's Advice:

Relationships are hard work, especially when you are commuting long distances to see each other. Cupid's here with [relationship advice](#) to make the distance seem shorter:

**1. Focus on the good:** Sometimes when you are in a long distance relationship, it can be hard to think about anything other than the distance. But, there is a reason you are willing to be in a long distance relationship, so try to focus on those things.

**Related Link:** [Sources Say Orlando Blooms Wants Celebrity Babies With Katy Perry](#)

**2. Make it exciting:** There is always an anticipation and an exciting factor when you haven't seen a person in a while. Use this to your advantage and really build up the excitement in the days before you see each other. This way, when you see each other, it is special and can be cherished.

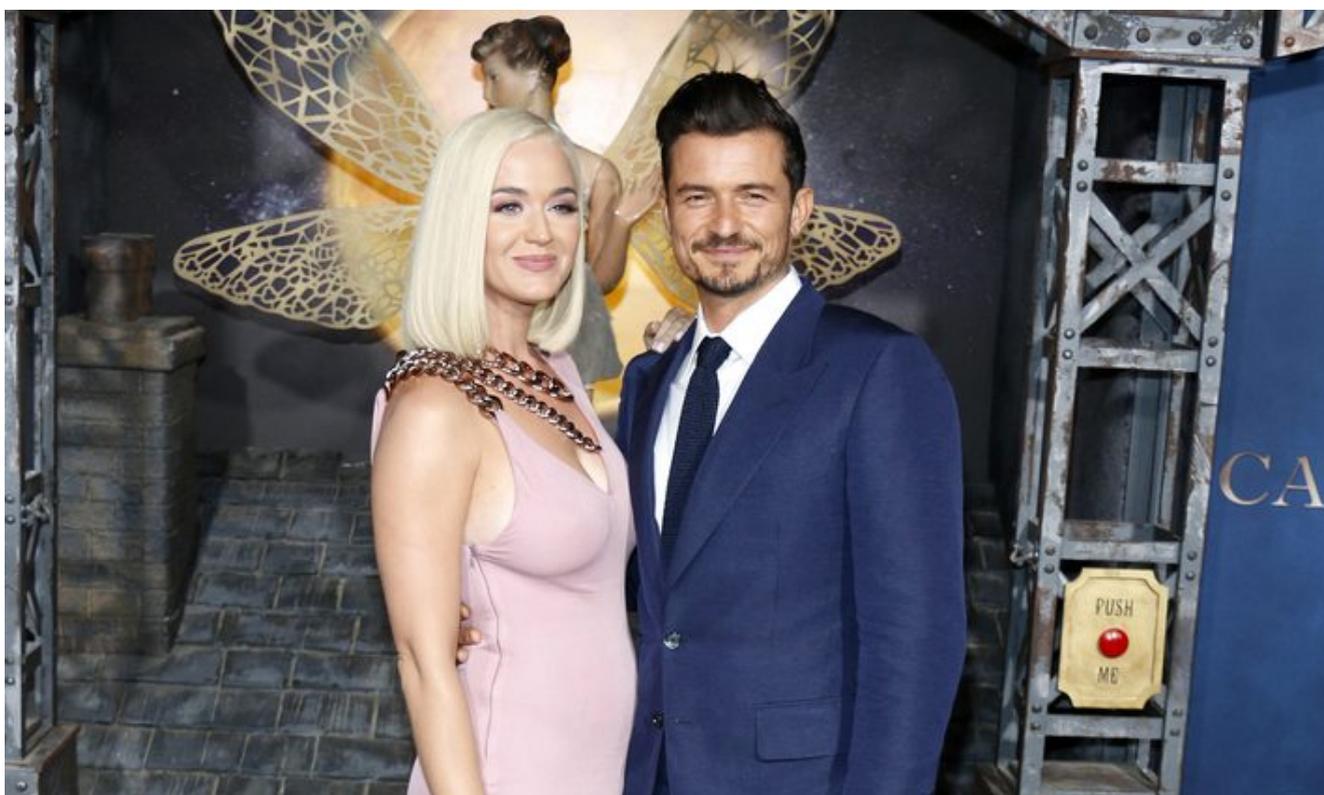
**Related Link:** [Celebrity Couple Katy Perry & Orlando Bloom Heat Up On Romantic Getaway](#)

**3. Utilize technology:** We live in a world with constant communication at our fingertips. Use this as a way to stay connected with your partner when you can't see each other. Try to Facetime multiple times a week, and shoot each other texts reminding them you are thinking of them.

**How do you handle a long distance relationship? Comment below!**

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# Find Your Balance On Date Night With Stand Up Paddle Boarding In New York



By [Cortney Moore](#)

Remember how Orlando Bloom made [celebrity news](#) earlier this month while paddle boarding nude? We bet you do! Aside from Bloom's outrageous antics, you might have noticed an increasing number of celebrities on vacation standing on boards and having paddles at hand. What is this sport that has celebrities like [Jennifer Aniston](#), Cameron Diaz and Julia Roberts so ready to jump in the water? Well,

<https://www.globosurfer.com/best-inflatable-stand-paddle-board-s/>, also known as SUP, is a leisurely way to get in a good workout while also seeing the sights, making it a great option for [date night](#)! Avoid getting love handles while you're falling in love. SUP works out your core, legs, back, shoulders, arms and neck by exercising your endurance, strength and balance. In fact, you can burn anywhere from 500 to 1,000 calories in one hour! Challenge your sweetheart to a race, or do yoga at sunset. The possibilities are surprisingly endless when you're on a paddle board.

## **Stand up paddle boarding is a date night activity that can get you fit. Check out some of the best places in NYC to begin your paddle boarding experience!**

**1. Manhattan Kayak + SUP:** Zero experience is needed at Manhattan Kayak. It's a complete paddle sports center located in the heart of NYC. With beginner, intermediate and advanced classes taught over 40 times a week, you'll definitely find time to paddle out to the city sights. This location also offers paddle tours to iconic NYC destinations, day or night, and instructional classes for speed demons and cross fit/yoga lovers.

**2. A-Team Paddleboarding:** Offering group and private lessons at Rockaway beach in Queens, students are taught by a Rivera Paddlesurf team rider and other certified paddle board instructors. This location provides classes for those just learning how to paddle board, and those who are more experienced and want to learn how to paddle surf or race. SUP yoga and Pilates are also fitness options that are available. There's even a limited number of TRUCK-A-FLOAT sustainable

living pods open to those who wish to stay overnight, ideal for a memorable date night. Book these in advance because they go quick!

**Related Link:** [Enjoy the Outdoors With This Challenging Date Idea!](#)

**3. New York Kayak Co.:** With a beautiful view of the Statue of Liberty, New York Kayak Co. offers a number of kayak and paddle boarding related options for native New Yorkers. Beginner and intermediate classes are available, along with SUP yoga and tours throughout the day. Students have the option to learn in groups or private lessons. Club memberships offer special perks such as storage, rentals, discounts and exclusive access to facilities.

**4. Rockaway Jet Ski:** Home to all of your water sport needs, Rockaway Jet Ski is nestled right in the Jamaica Bay. Here you can try your hand at paddle boarding and other paddle activities, such as yoga and sightseeing tours. After your lessons, you can enjoy food, cocktails and live music at the Thai Rock deck bar and restaurant. Just imagine a romantic date night at sunset with your significant other and the NYC skyline.

**Related Link:** [Ireland Baldwin Opens Up About Boyfriend Slater Trout](#)

**5. Skudin Surf Inc.:** The Skudin Surf school has multiple locations throughout New York. However, their SUP branch is located on Long Beach. Here you'll be able to enjoy group, private or semi-private paddle boarding lessons in flat water or the ocean. SUP yoga and other fitness classes are also available. There's even a full moon paddle tour that could be a romantic trip for couples. Package deals and registration for adult surf camp are also an option for avid fans of paddle boarding.

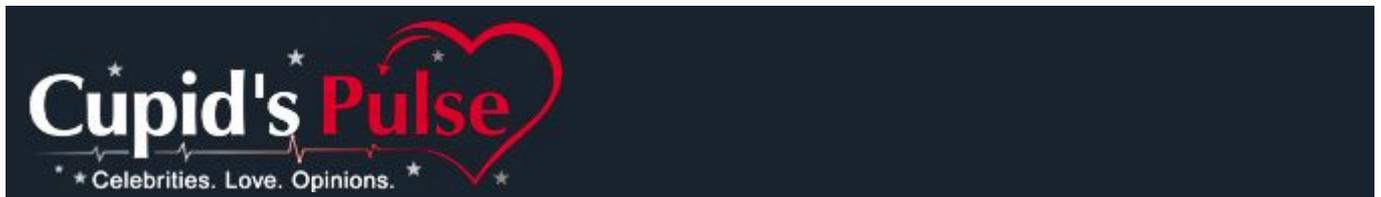
**6. Kostal Paddle:** All the way in Port Washington and Island

Park Long Island, Kostal Paddle is an ideal spot to learn how to paddle board. Surround yourself by the beauty of nature, and take lessons in standard paddle boarding, SUP touring and yoga. Classes are taught in the summer on Fridays, Saturdays and Sundays, so if you want to learn how to paddle board, then you need to reserve spots soon! Their last lesson for the year will be on September 16.

**Have you heard of paddle boarding? Would you give this a try on date night? Share your thoughts in the comments below!**

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## **Sources Say Orlando Bloom Wants Celebrity Babies with Katy Perry**





By [Stephanie Sacco](#)

This [celebrity couple](#) is getting pretty serious or so we think. In [celebrity news](#), Orlando Bloom and Katy Perry have been linked since January, but only recently did the idea of a future between them come about. According to [People.com](#), a source says of Bloom, “He would love to settle down with Katy and have more kids. He hasn’t been this serious about a girl since Miranda.” Sounds pretty serious. Are [celebrity babies](#) in their future? A friend of Perry’s says, “She’s not going to rashly make a huge commitment like marriage again unless she thinks it’s absolutely right.” Let’s hope this celebrity couple is here to stay.

**These celebrity babies will no doubt be talented, whether they sing or act! What are some ways to get your kids interested in your**

# own hobbies?

## Cupid's Advice:

Teaching your child to enjoy the same things you and your partner do can be a great way to bond with your child. It's sometimes challenging to engage your child. Cupid is here to help:

**1. Play with them:** Whether it's music or acting that you're interested in, play it in a casual environment. Kids love to play school and play store so whatever it is you're into, play it with them. Allow them to play an instrument or play with dolls. Incorporate your interests into their games.

**Related Link:** ['Bachelorette' Alum Jillian Harris Welcomes Celebrity Baby Boy](#)

**2. Show them:** If you take them to your concerts or gigs, they might get an appreciation for it too. Not everybody is an entertainer, so take them to your intramural softball games or just introduce them to your favorite entertainers. Concerts and movies that you love can be stuff that the two of you love together especially as your child gets older.

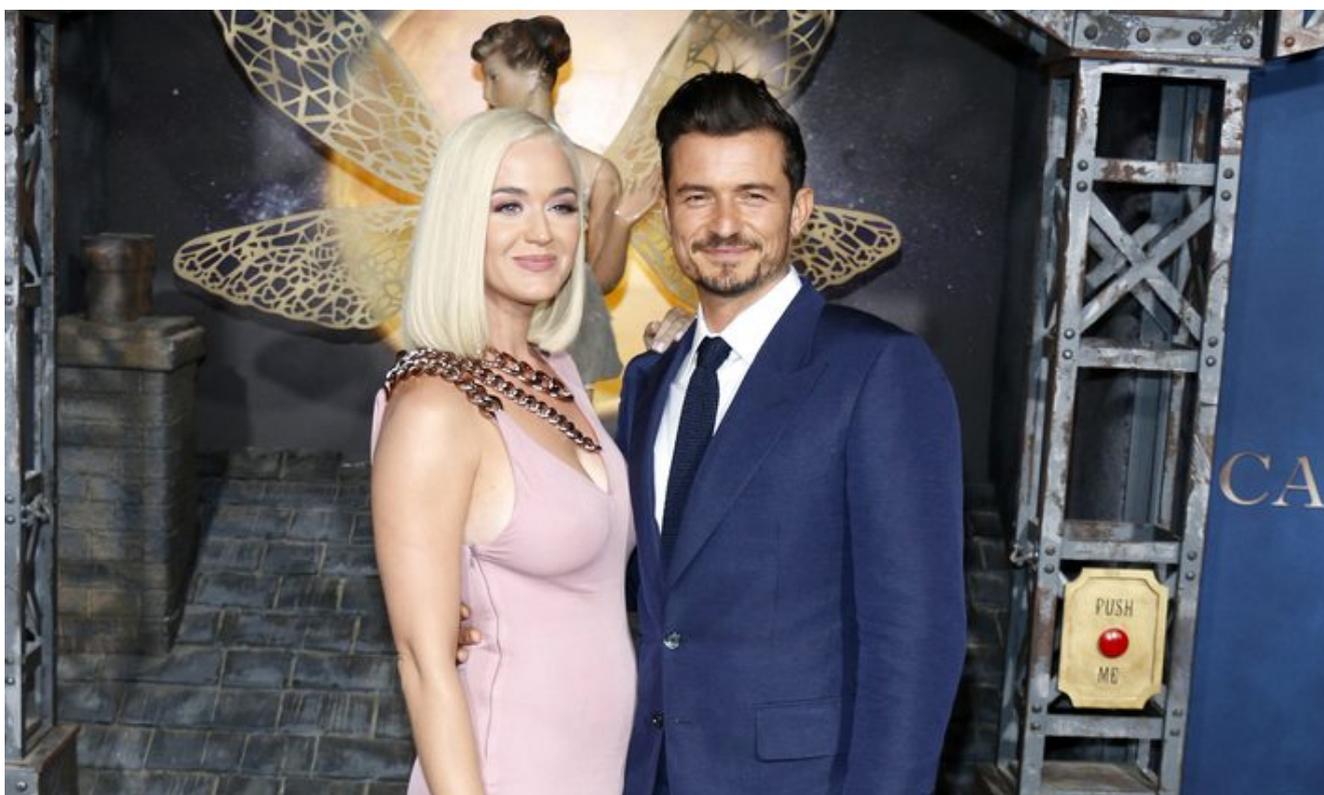
**Related Link:** [Celebrity News: 'Bachelor' Star Michelle Money Reveals Her Teenage Pregnancy](#)

**3. Don't force them:** Your opinions matter, but so does your child's. Don't force them to enjoy the same hobbies that you do, but allow them to make their own decisions. Maybe even see what their hobbies are and enjoy those with your child. They might not want to knit with you, but you can hang out with them. Start a hobby together like a book club or a movie day.

**How do you keep your child engaged with your hobbies? Comment below!**

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# Celebrity News: Selena Gomez Wants a 'Low Key' Guy Who Isn't 'Terrified' Of her



By [Nicole Caico](#)

Singer and single celebrity, [Selena Gomez](#), talked about her ideal relationship for the September issue of *Vogue Australia*. According to [UsMagazine.com](#), after publicly dating [Justin Bieber](#) and being linked to Orlando Bloom, Gomez would be happy to have a low-profile [celebrity relationship](#). In her interview with *Vogue*, the 24-year-old says, "I'd be so stoked with a writer or producer or actor who is low-key, but those kind of

guys are terrified of me!” Gomez says she believes her single celebrity relationship will remain because, “Nobody would want to throw themselves into that situation where it was so heightened publicly, like, why would they?”

**This celebrity news has us shocked that someone so successful could have trouble finding guys to date! What are some ways to attract the kind of people you'd be interested in dating?**

#### **Cupid's Advice:**

Even when you're Selena Gomez, finding good guys is difficult. In order to have a successful relationship, there needs to be some level of compatibility between two people, and to find that you need to attract the right type of people. Cupid has some tips:

**1. Know yourself:** The first step to attracting people you'd be interested in dating is knowing what kind of people you're looking for. Evaluate what you personally need from someone you'd be dating, and only spend time with people who bring that to the table. You should also do your best to be yourself, because you'll only attract people you'd actually click with if you behave like your genuine self.

**Related Link:** [Celebrity News: Lauren Conrad Opens Up About Long Ago Split from Jason Wahler](#)

**2. Birds of a feather flock together:** Know what type of person you're looking to date, and go to a place where you'd find those type of people. If you're not into partying, don't go

looking for your prince charming in a bar. If you're looking to date someone fit, hit the gym. If you're looking to date someone who works hard, consider someone in your work place or someone a co-worker knows.

**Related Link:** [Why Rihanna & Drake Haven't Made Their Celebrity Relationship Official](#)

**3. Keep an open mind:** While knowing what your ideal man or woman would be like is important, it is also important not to count people out because they don't check all of your boxes. Keeping an open mind and considering more than one time of person will give you many more people to choose from, and you'll attract more suitors.

**What do you do to attract the right type of people? Comment below!**

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## **Relationship Advice: Are Your BF and Best Friend Too Close for Comfort?**





By Dr. Jane Greer

Recent images of [Selena Gomez](#) with [Katy Perry](#)'s boyfriend Orlando Bloom looking cozy together had people talking about whether a [celebrity relationship](#) was brewing, but the women cleared up the [celebrity news](#), quickly promising there was nothing inappropriate going on between them. Selena took to Twitter to endorse Katy's quick response to the pictures. Katy addressed the drama surrounding the two of them, calling it a "dumb conspiracy." While Katy is clearly confident there's nothing going on with them, sometimes remaining secure in your relationship when your partner has close female friends can be challenging.

**This gives us the opportunity for important relationship advice around the following question: Is there such a thing as being too**

# close to your girlfriend's boyfriend, and is there a point when it can and does feel threatening?

When we become close to someone, our natural instinct is to share them with the other people we are close to. Eventually you want to introduce your new boyfriend to your best friend so you can proudly show them how great the other is. You might even end up spending a lot of time together as a group. Sometimes, this can lead to a separate connection between your significant other and your friend. That is all okay to a point.

**Related Link:** [Relationship Advice: Why Are Women Attracted to Unavailable Men?](#)

However, there is a definite line that exists which defines how close the two most important people in your life can get to each other, and that is based on the fact that you are sexually intimate with your boyfriend so there is a clear element of exclusivity that should never be violated by either party. As long as the connection remains about sharing the strong feelings they have for you, it is all good. If there is ever a point when you might feel threatened or begin to doubt their intentions, then follow this [relationship advice](#) tip and start to think about putting boundaries in place. How can you tell if that time has come?

The first red flag is if you start to feel left out. If your boyfriend and best friend develop inside jokes that you are not a part of, or they find reasons to spend time together away from you – even if you are sick or out of town – it is only natural to wonder if something is brewing between them. Another indication of a problem could be if your friend is

admiring you so much that she starts to dress and act like you. If it begins to appear that she almost wants to be you, which can sometimes be flattering, but usually means she is jealous of what you have and might want it for herself, you should absolutely be on guard.

**Related Link:** [Relationship Advice: 5 Ways to 'Affair-Proof' Your Relationship](#)

The best way to gauge when and if that line is being crossed is to trust your feelings and go with your instincts. If it is all positive, and your interactions are supportive and caring, then that is exactly what love and friendship is about. But if you start to feel uneasy, uncomfortable or a sense of competition surfaces from your friend, that is a good time to start setting limits on how much time you spend together as a group, and begin to monitor what you share with your friend so you can build your own sense of identity separate from her, which is a great piece of relationship advice. By doing this, you can protect yourself and not have to worry about being betrayed by someone close to you.

In Selena Gomez and Katy Perry's situation, all is above board. With these tools in place, you can make sure it will be for you, too

*Please tune in to the Doctor on Call radio hour on [HealthyLife.net](#) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on Facebook, at [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer on Twitter](#) for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.*

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# Celebrity Couple Katy Perry & Orlando Bloom Heat Up with Romantic Getaway



By [Cortney Moore](#)

In case you didn't already know, [Katy Perry](#) and Orlando Bloom have been spotted together frequently since January, but have yet to confirm a [celebrity relationship](#). In four short months, the [celebrity couple](#) has been seen in romantic [celebrity vacation](#) spots, such as Hawaii and England! Most recently, the pair have spent a weekend together in Aspen, reports [People.com](#). According to a source from *E! News*, the celebrity

couple definitely appear to be in an intimate relationship and look to be “very in love.”

## **This celebrity couple is getting cozy at a romantic getaway. What are some ways vacation can help you come closer as a couple?**

### **Cupid’s Advice:**

Everyone loves a good vacation, and taking time off with your sweetheart makes the occasion extra special. Cupid can provide you some tips on how to feel closer with that special person in your life during your trip:

**1. Plan activities:** Depending on where you go for vacation, you should plan activities accordingly. Go sightseeing, visit local restaurants and go out of your comfort zone by trying new things. Having activities to keep you busy will give you plenty to talk about and bring you both closer.

**Related Link:** [Celebrity Couple Kylie Jenner & Tyga Go on New Year’s Ski Trip](#)

**2. Add spontaneity:** It’s also important not to plan out everything in your vacation. A vacation is meant for relaxation! It’s absolutely okay to deviate from plans and just go with the flow. Being spontaneous keeps things interesting because you don’t know what to expect. Anticipation can be exhilarating and re-light a spark in your relationship.

**Related Link:** [Famous Couple George and Amal Clooney Have Family Dinner in Italy](#)

**3. Bring it home:** Of course nobody wants vacation to end, but

it will have to sometime. But returning home shouldn't be a sad ordeal for your relationship. Make sure to continue the closeness at home, maybe implementing some vacation inspired activities to your daily routine like exploring your town like tourists together. It doesn't matter what you do so long as you enjoy each other's company.

**Has a couple getaway brought you closer to your significant other? Share how you've made your vacations romantic with your partner in the comments below.**

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## **Celebrity Photo Gallery: Famous Couples That Co-Parent**





Page 1 of 20



Jennifer Lopez and Marc Anthony

Although they're no longer together, the two singers co-parent and do business together. These celebrity exes didn't let their break-up get in the way of their children or career. Photo: Charles Norfleet / PR Photos

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## Miranda Kerr After Split With Bloom: “This Is My Time to Explore”



By Louisa Gonzales

Miranda Kerr did a **revealing** photoshoot and interview for the

May 2014 issue of *British GQ* magazine. According to [UsMagazine.com](http://UsMagazine.com), Kerr not only graced the cover of the mag wearing nothing, but a pair of thigh high stockings, she also delved into steamy details of her life following the split with her husband of three years, Orlando Bloom. Kerr, 30, is reportedly enjoying the single life, open to dating and confessed to the magazine, as she gets older she is becoming more confident in asking for what she “enjoys” in and out of the bedroom. Kerr also **revealed** that she is **open to explore** whether it be with men or women.

## **How do you join the dating world after splitting from you own long-term relationship?**

### **Cupid's Advice:**

Once you split with the person you've been with for a long time, it can be hard to even think of putting yourself back out there and be **open to explore**. Getting back into the dating game after being in a long committed relationship can be fun and exciting if you let yourself go there. Cupid has some advice on how to join the dating world after a long-term relationship:

**1.Reinvent yourself:** Nothing says starting fresh, than reinventing or re-evaluating your life and it's priorities. You don't have to drastically alter yourself or your looks, but this can be a good time to maybe try something different with yourself or consider trying new things. It can be anything whether it's you buying a new outfit or wardrobe, changing your hairstyle, or experimenting with new things.

**Related:** [Orlando Bloom Says He and Ex Miranda Kerr 'Love and Cherish Each Other'](#)

**2. Join a dating website:** Sure, the thought of having to resort to online dating can be disappointing, but not if you look at in a positive way. Think of it as a way for you to

meet new people and maybe find someone you can connect with. The truth is online dating is not the taboo it used to be, many people do it these days and many people who have joined them have found love.

**Related:** [Miranda Kerr and Orlando Bloom Reunite in NYC with Son Flynn](#)

**3. Think of it as a new adventure:** Life is full of surprises and unexpected journeys. Think of the end of your long-term relationship as the beginning of a new and exciting chapter of your life. Don't be afraid to put yourself out there, **explore** new options and take a chance because you never know when you'll meet the next love of your life.

**How would you join the dating world after a long-term relationship? Share your tips in the comments below.**

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## 5 Celebrity Couples Who Are Still Friends After Divorce





By Louisa Gonzales

Breakups are hard. Divorce is even harder. Some are nasty, while others end amicably, but even so, for some couples transitioning from ex lovers to buddies just isn't possible.

Many celebrity partners have gotten married over the years, and not all of them have worked out. However, some pairs have managed to go from being in a romantic relationship to remaining friends. Here are Cupid's top 5 celebrity ex couples who still remain friends to this day.

**1. Miranda Kerr and Orlando Bloom:** The pair married for three years before calling it quits in 2013. The ex couple shares one son, Flynn, born in 2011. The ex lovers may have ended their marriage, which their reps stated the split was amicable, but the family is still spotted in friendly outings together. Having a son together it makes sense the two remains more than cordial with one another.

**Related:** [5 Celebrities with Open Marriages](#)

**2. Courteney Cox and David Arquette:** The two got hitched back

in 1999 and were together for 11 years before splitting up and then officially divorcing in 2012. The ex lovebirds have one child together their daughter, Coco. The two have reportedly stated they still remain best friends and are both fully committed to raising their daughter together even though they are no longer married.

**3. Ryan Phillippe and Reese Witherspoon:** The couple who tied the knot back in 1999 married young, but remained together for eight years, unusual for Hollywood standards, before ending their romance. The ex lovebirds have a son and daughter together and still maintain a healthy relationship with each other to this day.

**4. Demi Moore and Ashton Kutcher:** The once power couple both made headlines when they first got together back in 2003 because of their major age difference, about fifteen and half years total! Their divorce may have been one of the nastier ones, there's speculation Kutcher was unfaithful, but the ex's have both since moved on. Kutcher stated he would always cherish the time they spent together in a tweet and the pair appears to still be friendly toward one another.

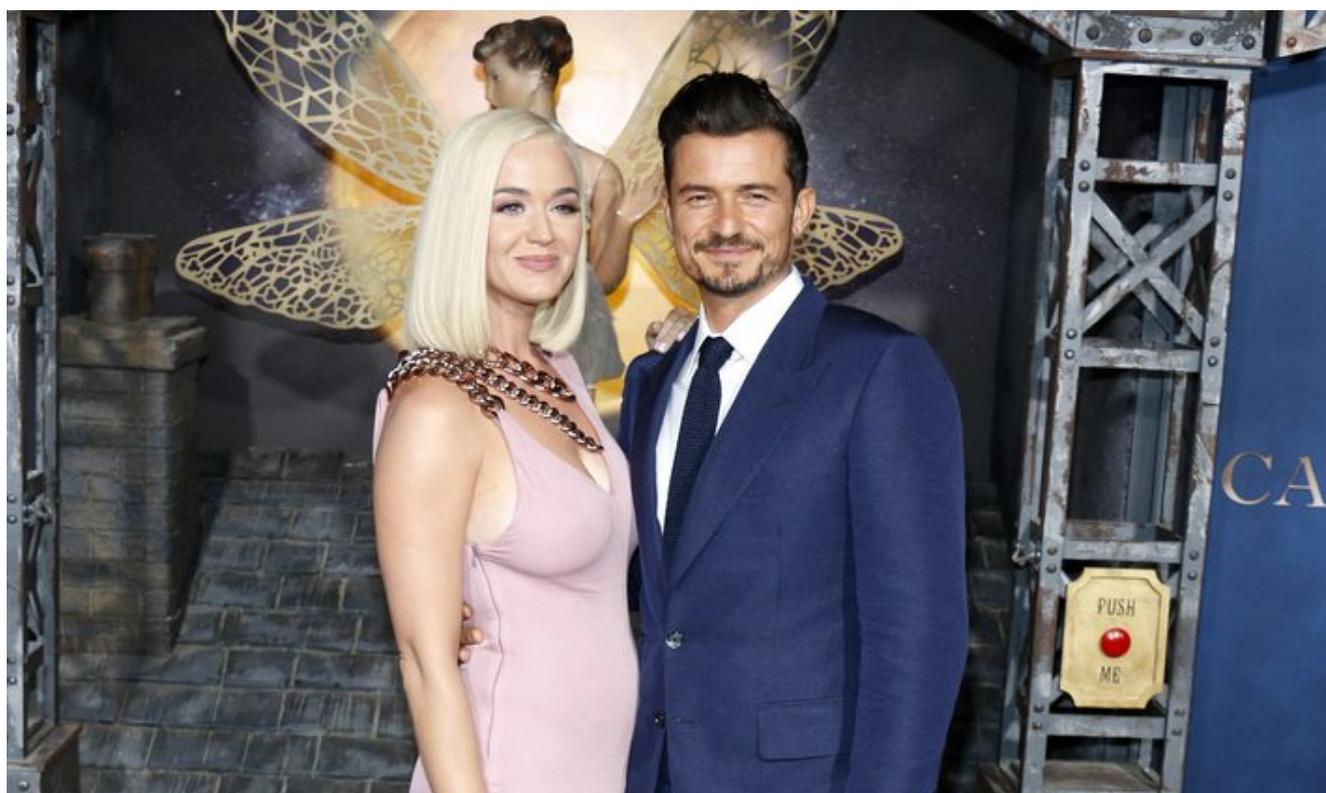
**Related:** [Top 10 Celebrity Couples of 2013](#)

**5. Demi Moore and Bruce Willis:** These two former flames haven't been married for years divorcing way back in 2000 after being married for 13 years. They had three daughters together. The duo remained close after the split. Willis even use to pose with his daughters, Demi and her now other ex husband Ashton Kutcher! Talk about having no hard feelings!

**Do you think it is good to stay friends even after a divorce? Share your comments below.**

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# Celebrity Couple Predictions: Jessica Simpson, Miranda Kerr and Beyonce



By [Shoshi](#)

For today's column, let's consider three couples who have controversy currently surrounding them, whether it's because of baby weight, a surprise split, or anti-feminist song lyrics:

**Jessica Simpson and Eric Johnson:** This blonde pop star has come a long way, which makes it so easy to root for her success. Recently, she announced that she's going to stop acting and retire from the entertainment world. Her focus is now on being a business woman and mother.

All of that also means that she's finally ready to marry her baby daddy, Johnson. When I took a closer look at their relationship, it looks like everything is falling into place for them. The question of will they or won't they tie the knot is about to be put to rest. This time, the wedding *will* take place. It's a wonderful time for them to get hitched, now that they have two cute kids and Simpson has lost the baby weight.

This celebrity couple has a pretty normal relationship, and their wedding should be held in 2014. Don't expect too much drama – everything is going strong with them.

**Related Link:** [Jessica Simpson Welcomes Baby Boy Ace](#)

**Miranda Kerr and Orlando Bloom:** This beautiful couple has called it quits, which was a surprise to many people. Rumors have circled that Kerr cheated with Leonardo DiCaprio and Justin Bieber, while Bloom has recently been seen with Liv Tyler, causing the media to assume they're more than friends.

When considering the lost love between these exes, it looks like it just ran its course. Their relationship was well over before they made it official. They still care deeply for one another and always will, but it is more like a friendship. They tried to stay together for their child but realized it was just better to say goodbye.

Bloom will date around a bit before settling down again, breaking a few hearts along the way. He's going to enjoy being a single dad. As for Kerr, there are plenty of suitors circling her. After all, models hardly ever have a hard time finding rich men to love them.

**Related Link:** [Orlando Bloom Says He Still "Loves and Cherishes" Ex Miranda Kerr](#)

**Beyonce and Jay Z:** How can I not bring up this power duo considering the current controversy sounding them for the song "Drunk Love," in which Jay-Z compares their relationship to

Ike and Tina Turner? The lyrics have stirred mixed reviews from fans and feminists alike. How can a strong woman like Beyonce allow those lyrics on her album? Keep in mind that the singer has never called herself a feminist; other people just view her in this way.

This is all to say that these musical stars don't have the amazing relationship that most of their fans want them to have. I know some people will not like me saying it, but when I look into their marriage, it's not that great. There's a rumor that Beyonce thought about leaving Jay-Z because he didn't put his family first, and it definitely has many elements of truth in it. Plus, there are often reports of Jay-Z having relations with other women. His entrance into the sports world will put even more strain on their relationship.

It'd be awesome if they had the picture-perfect marriage that has been marketed. If you are one of the people who believe that they are crazy in love, it's all good. Just remember that, no matter how much money or fame someone has, we all go through the same ups and downs in our relationships.

*For more information on Shoshi, click [here](#).*

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## **Orlando Bloom Says He and Ex Miranda Kerr 'Love and Cherish Each Other'**





By Brittany Stubbs

After three years of marriage, Orlando Bloom and Miranda Kerr announced their amicable separation earlier this year. Despite their split, [People](#) shares that they've maintained a healthy and happy friendship for their son Flynn, who will be 3 next month. "We both love and cherish each other," Bloom told E! Online on Monday. "What [our son] reads and knows about when he's a grown-up is more important to me than anything."

**What are some ways to remain friends with your ex after you part ways?**

**Related Link:** [Miranda Kerr and Orlando Bloom Reunite in NYC with Son Flynn](#)

**Cupid's Advice:**

**1. Have a separation period:** When building a friendship with someone you have a romantic history with, it's important to make sure all the feelings from your past don't get in the way. You can't truly have a healthy relationship if one of you is still bitter or hasn't recovered from the breakup. One way

to avoid this is by making sure you have some time apart from one another after the initial split. This approach allows you each the space to heal and move on before jumping into a friendship.

**2. Set boundaries:** Despite the fact that you both are over one another and are maybe even dating new people, there are still some boundaries you and your ex need to set to have a happy friendship. For example, you may be glad to hear your ex has a girlfriend, but you probably don't want to know the intimate details about their relationship. Being open and honest about what you feel comfortable sharing and discussing is key to remaining friends.

**Related Link:** [How to Cooperatively Co-Parent After Separation or Divorce](#)

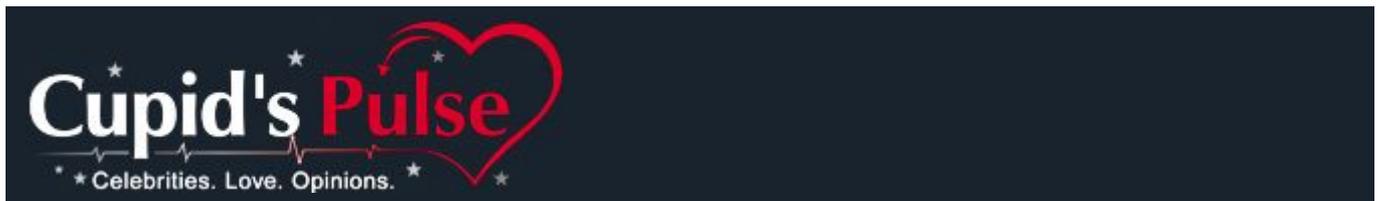
**3. Forget the bad:** Regardless of why you and your partner split, there were probably tough times for each of you in your relationship. It's impossible to stay friends if old disagreements or unhappy memories keep resurfacing, so let the rough parts of your past go and focus on having a better future.

**How have you remained friends with an ex? Share your experiences below.**

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**Miranda Kerr and Orlando Bloom Reunite in NYC with Son**

# Flynn



By April Littleton

According to [People](#), Miranda Kerr and Orlando Bloom seem to be getting along just fine despite the fact that they're separated. The pair were spotted in N.Y.C. Saturday with their son, Flynn, who turns 3 in Jan. The couple announced their split in October after three years of marriage. "We love each other. We're a family," Bloom said about Kerr days after their announcement.

**What are some ways to keep your post-breakup relationship civil for your children?**

**Cupid's Advice:**

**1. Let the relationship go:** Many couples try to stay in a

dying relationship for the sake of their children not realizing that they're actions are actually making it harder on the family. Put your kids first. Naturally, they would love to see the you and your former partner together, but they also want to see you both happy too – even if that means the two of you aren't an item anymore.

**Related:** [Malin Akerman and Husband Split Months After Son's Birth](#)

**2. Communicate:** Your children shouldn't be treated as messengers. If you have anything to say to or about your ex, tell them directly. Your kids don't need to be put in a situation that's already hard for them to understand.

**Related:** [Exes Ashlee Simpson and Pete Wentz Reunite for Son Bronx's Birthday](#)

**3. Establish a schedule:** Set up a schedule that works for both you and your ex. When it comes to visitations, try to be consistent on who gets to see the kids on what days. It's OK if you need to switch it up every now and then as long as your ex agrees on the terms.

What are some other ways to keep your post-breakup relationship civil for your children? Comment below.

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## How to Cooperatively Co-Parent After Separation or Divorce



By Rosalind Sedacca, CCT for [Hope After Divorce](#)

Since they're parents of a two-year-old son, Orlando Bloom and Miranda Kerr's separation is more than just celebrity news. They have become role models for how to handle divorce. At the Child-Centered Divorce Network, we watch celebrity divorces carefully, honoring them when they do things right – and admonishing them if they're doing things wrong.

So far, we're hearing the right messages that every couple facing separation or divorce should heed. I value what Bloom said recently on a TV interview: "We love each other. We're a family. We're going to be in each other's lives for the rest of our lives." That, in essence, is the reality divorcing parents face. Why not approach it cooperatively for the well-being of your children? Bloom added, "For the sake of our son and everything else, we're going to support one another and

love each other as parents to Flynn. Life sometimes doesn't work out exactly as we plan or hope for. But fortunately, we're both adults, and we love and care about each other. And we, most of all, love our son."

**Related Link:** [Can You Really Be Friends With Your Ex?](#)

I love this response and am delighted to share it with others. No doubt, life for parents after divorce can be enormously complex and challenging for several reasons.

- Both parents are bringing the raw emotions resulting from the divorce into a new stage in their lives.

- Mom and Dad are also bringing previous baggage from the marriage - ongoing conflicts, major disputes, differing styles of communication, unresolved issues, and continual frustrations - into the mix as they negotiate a co-parenting plan.

- Both parents are vying for the respect and love of the children - and are easily tempted to slant their parenting decisions in the direction that wins them popularity with the kids.

- Anger and resentment resulting from the divorce settlement can impact and influence levels of cooperation in the years to come.

- Parents may disagree about major issues ahead that weren't part of the parenting dynamic in the past, including visits and sleepovers with friends, scheduling after-school activities, handling curfews, new behavior problems, consequences for smoking, drinking and drug use, dating parameters, using the car, and scheduling vacation time.

- Parents may not share values and visions for the children as they grow and may also not agree on the plan of action required to honor those values.

When these types of differences appear, parents might find themselves struggling to find ways of coping. Agreement on how to co-parent effectively in the present and the future is not a one-time discussion. It takes on-going communication, both verbal and written, as well as regular meetings via phone or in person. And it takes a commitment to make co-parenting work – because you both want it to.

**Related Link:** [Must We Remain Friends with Our Ex-Husband?](#)

The consequences, when it doesn't work, can be considerable. Your children are very likely to exploit any lack of parental agreement or unity, pitting Mom and Dad against one another while they eagerly take advantage of the situation. This is a danger sign that can result in major family turmoil fueled by behavior problems that neither parent can handle.

When Mom and Dad are on the same page, so to speak, they can parent as a team regardless of how far apart they live. These parents agree about behavioral rules, consequences, schedules, and shared intentions regarding their children. They discuss areas of disagreement and find solutions they can both live with – or agree to disagree and not make those differences an area of contention.

Keep in mind that when you're more open and receptive to your co-parent, you are more likely to get what you really want in the end. Good listening skills, flexibility, and the commitment to do what's best on behalf of your children are part of a smart co-parenting mindset. Remember that co-parenting will be a life-long process for the two of you. Why not do it in a way that will garner your children's respect and appreciation? It looks like Bloom and Kerr recognize the importance of that. I hope other co-parents do as well.

*For more information on Hope After Divorce, click [here](#).*

*Rosalind Sedacca, CCT is a Divorce and Parenting Coach and author of the ebook, How Do I Tell the Kids about the Divorce?*

A Create-a-Storybook Guide to Preparing Your Children – with Love! Acclaimed by divorce professionals, the book provides fill-in-the-blank templates that guide parents in creating a family storybook with personal photographs as an ideal way to break the news. Rosalind is a contributing expert at [HopeAfterDivorce.org](http://HopeAfterDivorce.org), [DivorceSupportCenter.com](http://DivorceSupportCenter.com), [FamilyShare.com](http://FamilyShare.com), and [CupidsPulse.com](http://CupidsPulse.com). For her free ebook on Post-Divorce Parenting: Success Strategies for Getting It Right!, her free ezine, articles, coaching services, and other valuable resources, visit Rosalind's personal website, [www.childcenteredddivorce.com/](http://www.childcenteredddivorce.com/) or follow her on [www.facebook.com/ChildCenteredDivorce/](http://www.facebook.com/ChildCenteredDivorce/) and Twitter @RosalindSedacca.

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## Why Do You Want to Be Friends With Your Ex?





By Lori Zaslow and Jennifer Zucher, founders of [Project Soulmate](#)

While it *is* possible to be friends with your ex, it's very hard and circumstantial. Everyone's relationship is different, but we believe that the general rule of thumb is to cut all ties unless there are third parties involved.

If you have kids together, it's mandatory to maintain a friendly relationship. Putting aside the differences that exist between you and your ex-partner is vital for the wellbeing of your family. A divorce means that children must make so many adjustments, but they still need both of their parents in their lives in consistent ways.

**Related Link:** [Bruce and Kris Jenner Announce Their Separation](#)

Turning to Hollywood for inspiration, Kris and Bruce Jenner are making a good business decision as well as a smart choice for their kids by choosing to still film their show despite their separation. There is nothing worse than divorce for a family, so why make it any harder than it has to be? By

choosing to put aside their personal differences for the sake of their empire, they're keeping the Kardashian-Jenner crew connected and together.

Similarly, Miranda Kerr and Orlando Bloom were recently spotted kissing only a day after they announced their split. They appear to be on great terms despite their separation, which will certainly help their young son Flynn cope with the changes in his life.

Now, let's look at relationships without children involved. It'll be especially difficult to maintain a friendship with your ex if one or both of you still have lingering feelings. However, if both of you are happy in other relationships and enough time has passed, then the possibility does exist. Even then, we still think the relationship should be kept "minimally friendly" – no need to try to be best friends.

**Related Link:** [Five Ways Being Friends with Your Ex Can Ruin You](#)

If you're in one of the above situations, the real questions to ask yourself are: Why do you want to be friends with your ex? What makes his or her friendship so important to you? And does your ex feel the same way? Are you secretly hoping that sparks will fly again? Figuring out the answers to these questions will help you determine what path to take.

Remember: It may be possible to be friends with your ex, but that doesn't necessarily mean it's healthy to do so.

*For more information about Project Soulmate, click [here](#).*

**Tell us: Have you ever maintained a friendship with an ex?**