

Celebrity Couple News: Channing Tatum Recalls 'Cruel' Proposal Tactic



By [Melissa Lee](#)

Channing Tatum recently reflected on his plan to propose to his now wife, Jenna Dewan Tatum, which ended up being... well, pretty cruel. According to [UsMagazine.com](#), Tatum wanted to propose in 2008 but when he thought his wife was onto him, he tried to throw her off. "I basically told her I never wanted to get married," Tatum reveals. "I told her, 'I don't believe in the institution of marriage and I don't think I ever want to get married.' She basically broke down crying." Apparently Dewan Tatum's reaction broke his heart, because he realized he

had to propose sooner than later. Thankfully, she said yes, and the [celebrity couple](#) have been married since 2009.

This celebrity couple news has us shaking our heads at Channing Tatum. What are some ways to throw your partner off the scent when you're about to propose?

Cupid's Advice:

If you're attempting to keep your proposal a secret, there are better ways to do so instead of taking your partner on an emotional rollercoaster (sorry, Channing!). Head below for some of Cupid's advice on throwing your lover off when it comes to the big proposal:

1. Stay quiet: Instead of bringing up any hints of marriage or proposing, just stay silent about the topic. This way you aren't even bringing the thought to their attention, plus it'll make it seem like you aren't even thinking about it. Don't do this for too long, though – you don't want to pull a Channing and have your partner think that you're not even interested in getting married!

Related Link: [Celebrity Baby News: 'Bachelorette' Rachel Lindsay Says Bryan's Mom 'Is Pressuring Us for Babies'](#)

2. Make it a complete surprise: Try to surprise your partner with the proposal by having them think you're doing something simple. For example, take them out on a date night and then propose at the end of the night, making it a memorable yet quaint night. You could also go on a weekend getaway and plan a romantic surprise, catching them off guard entirely.

Related Link: [Celebrity Baby: 'Bachelor in Paradise' Stars Jade Roper & Tanner Tolbert Reveal Baby Girl's Name](#)

3. Do it when they're least expecting: On the other hand, you could also propose when they're least expecting it. Make your partner breakfast in bed and pop the question just as they're done digging in. If your lover is into a more simple approach, surprise proposals would be picture perfect.

What are your tips for surprising your partner with a proposal? Leave your thoughts below.

Celebrity News: Carmen Electra Sets Record Straight on Her Relationship with Ex-Husband Dave Navarro





By [Melissa Lee](#)

In celebrity news, despite the drama surrounding some Hollywood exes, Carmen Electra is proving that you can stay friendly with your [celebrity ex](#). According to [EOnline.com](#), Electra is still friends with her ex-husband, Dave Navarro after being married for two years. "We're still really good friends," Electra says, mentioning the fact that the two recently ran into one another at a hotel. "We have a connection and it's undeniable and I'll love him forever." She added that though the pair will always remain friends, they're not meant to be married and will not get back together.

In celebrity news, Carmen Electra proves you can still be friendly with your ex! What are some ways to move toward friendship with your ex

partner?

Cupid's Advice:

Staying friends with your ex can be a tricky thing to accomplish, but if you make the right moves, it can end in complete civility. Check out some of these tips from Cupid:

1. End on good terms: Break-ups can be filled with anger, sadness, and hurt, but it is *always* a good decision to ultimately end things on good terms. At the end of the day, this person is someone you spent some time with, were romantically attracted to, and held a place in your heart. Although ending things positively won't completely get rid of the difficulty surrounding the break-up, it will help with getting through the tough times. Plus, when the time is right, it'll open an opportunity to becoming friends again.

Related Link: [Celebrity Couple News: Bethenny Frankel & Dennis Shields Are Back Together and 'Having Fun'](#)

2. Give it time: Even if this is someone you want to remain in your life, you have to give it some time – for both parties. It's safe to assume that the break-up will be a bit tough for you and your ex, so make sure you give yourself ample time to move forward before jumping into a friendship with them. There's no pressure to immediately have things go back to normal, regardless of what the circumstances are. Taking things slowly will benefit you, your ex, and the potential of being friends.

Related Link: [Celebrity News: Robin Thicke & Paula Patton End Custody Battle Amidst News of His GF's Pregnancy](#)

3. Have boundaries: When you do finally reach the point where you and your former lover are able to be friends, it's definitely important to have some boundaries. For example, it would be a little odd if your ex were talking and hanging out

one-on-one every day and still claiming to be just friends, right? Eliminate any possibilities of drama or mixed emotions/signals by simply creating a few limitations based off of your comfort levels.

What are some of your tips for staying friendly with your ex? Share your thoughts below!

Celebrity Workout: How to Drastically Lose Weight Like Jonah Hill



By [Melissa Lee](#)

Although this mega Hollywood actor has had his fair share of weight fluctuations throughout the years, Jonah Hill has recently been spotted looking fitter – and thinner – than ever. Hill, who has considered himself to be a victim of “yo-yo dieting”, reportedly sought help from his *21 Jump Street* co-star Channing Tatum. Tatum apparently pointed him the right direction and helped him find a team of nutritionalists and personal trainers so Hill could finally lose the weight in a healthy manner. After dropping at least 50 pounds, Hill is Hollywood’s newest fitness inspiration.

Check out some of these celebrity workouts and fitness tips to shed the pounds off just like Jonah Hill!

1. Alcohol hurts: Before his weight loss journey began, Jonah Hill was no stranger to binge drinking, beer being his favorite beverage of all. After meeting with a nutritionalist and attempting to find a way to drink beer and still lose weight, he ultimately saw the effects it was having on his body. “It’s so annoying because if I don’t drink beer, I get really, really thin. Then when I drink beer, I get a little bigger,” Hill says. The lesson here? Either learn to indulge in alcohol every now and then, or ditch the empty calories altogether.

2. Say goodbye to those nasty cigarettes: As if anyone needed anymore reasons to dislike cigarettes, here’s another one: you can gain anywhere from five to ten pounds from quitting. People tend to substitute food with the lack of nicotine they’re receiving, but you’re better off altogether by quitting, despite the reported weight gain. Treat your body

with respect and finally say goodbye to any remaining packs you may have.

Related Link: [Celebrity Diet: 5 Diet Tips Tried & Tested By Your Favorite Celebs](#)

3. End the battle with yo-yo dieting: Hill himself has expressed his frustration with yo-yo dieting – otherwise known as losing weight quickly and then gaining it all back. A recent study in the *International Journal of Obesity* reported that yo-yo dieting can serve some severe damage to your cardiovascular system, along with potentially increasing your risk of diabetes and heart disease.

4. Plan your grocery trips: Food shopping can tend to be an intimidating activity when you're trying to lose weight, but here's a way to help make the process a little bit easier. Make a list of items that you need (and be sure to stick to it!), and go food shopping after you've eaten a healthy breakfast. This way, you aren't particularly hungry while shopping, which should prevent you from stocking up on unnecessary snacks.

Related Link: [Look Like a Victoria's Secret Model with These Celebrity Workouts](#)

5. Chew: While this tip may sound a little ridiculous, trust us when we say it's not! Try your best to chew each bite at least 40 times when eating a meal. In a recent study, it was found that people that chewed their food more than twelve times ate less than those that didn't. It's even believed that chewing longer can lead to a more satisfied feeling.

What are some of your weight loss tips? Leave your thoughts below.

Celebrity Couple News: Bethenny Frankel & Dennis Shields Are Back Together and 'Having Fun'



By [Melissa Lee](#)

Though this NYC couple split back in May, it seems as though fate has brought the two back together! Bethenny Frankel and Dennis Shields have been spotted alongside one another multiple times this summer in the Hamptons, and Shields even accompanied Frankel to Bravo's *Watch What Happens*

Live. According to EOnline.com, Frankel and Shields started dating back in 2015, and even though Frankel has been since romantically linked to business owner Russ Theriot, it seems like nothing could tear this celebrity couple apart.

This celebrity couple news proves that exes can rekindle their relationship! What are some factors to consider before getting back together with your ex?

Cupid's Advice:

Before you bite the bullet and start dating your former ex-partner, there are a few things you should be considering. If you're in the same position as Bethenny or Dennis, check out Cupid's advice to help you make the right choice:

1. So, why'd you break up in the first place?: It's important to reflect on the former relationship as a whole and weigh the pros and cons. More importantly, why did you break up before? Is the issue something that has been solved, or is it still on-going? Everyone understands how tough break-ups can be (and how, in some cases, you may just want to skip it altogether and start dating again) but you should definitely make sure that the problems from the first relationship aren't going to continue.

Related Link: [Celebrity Baby: 'Bachelor in Paradise' Stars Jade Roper & Tanner Tolbert Reveal Baby Girl's Name](#)

2. Right reasons: Ask yourself this – are you getting back together for the right reasons? Is it because you're sad and you miss having a partner, or is it because you're deeply in love with this person and you believe you belong together?

Don't misinterpret sadness or hurt as reasoning to begin dating again.

Related Link: [Celebrity News: Robin Thicke & Paula Patton End Custody Battle Amidst News of His GF's Pregnancy](#)

3. Is it what you truly, really want?: The most crucial factor to remember – and reflect on – is if this is really what you want. When getting back together with someone, you have to have the upmost trust that this time it will work. If you don't feel that this will be a lasting relationship due to occurring issues from the last time, then maybe it isn't right. As cheesy as it may be sound, listen to your instincts and go with your gut.

What are some of your tips for getting back together with an ex? Share your thoughts below.

Celebrity Exes: Katy Perry Discusses Rekindled Romance with Orlando Bloom





By [Melissa Lee](#)

After spending a night out at Ed Sheeran's concert in California, Katy Perry discussed the potential of a rekindled romance with ex Orlando Bloom. The celebrity couple dated for 10 months before splitting back in February. According to [UsMagazine.com](#), Perry explained that "it's nice to keep people you love around you." She also mentioned that due to their busy schedules, she doesn't necessarily feel the need to label their relationship. "I'm really busy," Perry says. "And you know what, I'm about to go on tour for another year."

Celebrity exes don't always have to be on bad terms. What are some ways to keep things civil with your ex?

Cupid's Advice:

It seems that this former Hollywood couple are keeping things super civil, and we applaud them for that! It can be tough to

stay friendly with someone you used to be romantically involved with. Check out some of Cupid's tips if this is something you find yourself struggling with:

1. Distance can do miracles: The break-up process can be lengthy, but it's essential for *anyone* that wants to get over their ex. Before you can even think about being civil with your former lover, it's important to distance yourself for a little bit. There's no way that you will be able to be friends right after breaking up – there is way too much sadness, anger, and hurt there!

Related Link: [Celebrity Break-Up: Anna Faris Opens Up About Split from Chris Pratt](#)

2. Enforce boundaries: At the same time, it's crucial to have some limits when being friends with an ex. Lines can get blurred at times, especially if you're just trying to stay friends. An example of an important boundary to have is not hanging out one-on-one all the time. Base these limitations on your comfort levels with one another, and you should be good to go.

Related Link: [Celebrity News: 'Bachelorette' Alum Shawn Booth Opens Up About Having Kids with Kaitlyn Bristowe](#)

3. Make sure you have fully moved on: Before becoming BFFs with your ex-lover, make sure that you have fully and completely moved on from them. If you begin hanging out with your ex while you still have feelings for them, it can get really messy. There's even a potential for you getting even more hurt than you were before. Make sure to take care of your heart before putting yourself out there again.

What are some of your tips for keeping things civil with your ex? Share your thoughts below.

Parenting Tips: Being an Adoptive Parent



By [Melissa Lee](#)

The journey that comes along with parenting is never a walk in the park, but becoming or being an adoptive parent is a completely different experience. Although it is heart-warming, kind, and a beautiful adventure, there can also be a lot of heartache, stress, and emotional trauma. Similarly to having your own biological child, there is no amount of advice that can fully prepare you for the real thing. However, if you're still in the market for some suggestions, Cupid has your back.

Check out these parenting tips if you're on the road to becoming an adoptive parent!

1. Decide between an open or closed adoption: Assuming you've done the majority of your research and have made the final decision to become an adoptive parent, choosing between an open or closed adoption is another huge aspect. Closed adoptions consist of a rather confidential relationship between your child and their birth parents, where they will have little to no contact. On the other hand, with open adoptions, the birth parent(s) are able to communicate with you or your adopted child, but the extent of contact is completely up to you.

2. Understand the finances: The money aspect of adoption is something that typically isn't talked about. Though it depends on the type of adoption you choose (domestic, international, private or independent), adopting a child can cost anywhere between \$4,000 to \$30,000. Given these hefty costs, there are ways to lessen the amount of money to pay, like low-interest loans offered by the National Adoption Foundation.

Related Link: [Celebrity Parents Open Up About Their Best Parenting Advice](#)

3. Use a lawyer: Adoption experts suggest hiring a lawyer, especially one that specializes in adoptions, when the process officially begins. Although this can sound scary and more legal than expect, a lawyer will ensure that there are no mistakes or loopholes when it comes down to being the adopted child's guardian. At the end of the day, you would rather be safe than sorry.

4. There can be a lot of emotional and physical damage: Experts advise to keep your expectations low regarding

the adopted child. This is not meant to be crude, but rather because the child's former environment could have potentially left them in a rough state. A high percentage of adopted children were exposed to drugs or alcohol in the womb, which can have longterm effects, both physical or emotional.

Related Link: [Parenting Tips: How to Connect with Your Teenager](#)

5. Be open: Although the stigma surrounding adoption has mainly been lifted, it's highly important to be open about the topic, especially with your child. Focus on celebrating your family rather than acting like it's some sort of taboo subject, and be prepared to talk about the process as well.

What are some of your tips for adoptive parents? Leave your thoughts below.

Vacation Destinations: 5 Places to Visit on the West Coast





By [Melissa Lee](#)

The West Coast is filled with tons of tourist attractions and sightseeing activities, not to mention some of the most gorgeous scenery in the entire country. When trying to plan your next vacation, why don't you take a trip over to western side of America, where you can road trip the entire coast in 21 hours? Take a break from leaving the country, expensive resorts, and beach getaways and head below to read about the best places to visit on the West Coast.

Check out these beautiful vacation destinations, all located on the West Coast of America!

1. Big Sur: Not only is this destination absolutely to-die for, but the journey to get there is an adventure in its own. The drive to Big Sur has been named as one of the best drives in the country, complete with zig-zags that overlook the Pacific Ocean before finally reaching the remote views. With

treehouses available to rent, hiking trails, and redwoods, what more could you want?

2. Crater Lake: Dubbed as the deepest lake in America, Crater Lake is also credited as one of the prettiest sights in the country. Open year-round, this South-Central Oregon spot offers a multitude of nature-based activities that are perfect for the outdoors lovers. Hiking, camping, and cliff-jumping are only a few of the highlights that Crater Lake is known for.

Related Link: [Top 5 Luxury Travel Destinations for Your Next Girls-Only Getaway](#)

3. Friday Harbor: If nature isn't your thing, try heading out to the Friday Harbor located in Washington. Hop on a cruise at the harbor, where you'll head to one of the world's premier yachting destinations, the San Juan Islands. Bicycles and go-karts are available to rent, along with delicious food and even whale watching!

4. Joshua Tree: Infamously known as one of the most magical places on the West Coast, Joshua Tree is a desert with an "anything goes" attitude. Although the air is dry and the temperature steadily rises throughout the day, this spot is a fantastic camping spot. Bars and restaurants are scattered along the desert, giving it the true western vibe its known for.

Related Link: [Celebrity Vacation Spot: Everything You Need to Know About Beaches Turks & Caicos](#)

5. Palm Springs: This destination may sound familiar to you since, that's right, it's home to the Coachella music festival. When the crazy festival isn't going on, Palm Springs is a relaxing place for a weekend getaway. Complete with gorgeous scenery, this is the perfect place to head to if you're looking to take some time for yourself and enjoy a luxurious vacation.

Where are your favorite places to go to on the West Coast?
Leave your thoughts below!

Celebrity Baby News: 'Bachelorette' Rachel Lindsay Says Bryan's Mom 'Is Pressuring Us for Babies'



By [Melissa Lee](#)

Could there be a new *Bachelor* Nation baby in the mix? This

season's *Bachelorette* Rachel Lindsay, who recently got engaged to Bryan Abasolo, reveals that her fiancé's mom has been pressuring the [celebrity couple](#) to have a baby already! Despite urges from her mother-in-law to-be, Lindsay says that the pair will definitely be waiting until after their [celebrity wedding](#). According to [UsMagazine.com](#), the couple will be tying the knot in either Winter 2017 or 2018, but having kids won't come until after they're married. As of now, Lindsay and Abasolo are just enjoying getting to know one another. Wishing the best of luck to the new couple!

This celebrity baby news is surprising, as this couple has only been together a brief time! What are some ways to decide when it's the right time to have children?

Cupid's Advice:

Relationships in *Bachelor* world always seem to move a little fast. If you're like the rest of us and have a significant other in the... well, real world, making big decisions like marriage and children may come with a little more thought. If you and your sweetheart are deciding whether or not it's the right time to have kids, check out this advice from Cupid:

1. Look at your financial situation: As much happiness as babies bring, they're also super expensive! Before deciding that it's time to bring a child into the world, it's important to look at your financial situation to make sure you can completely support the baby. Between diapers, formula, and clothes, money can quickly become an on-going issue.

Related Link: [Celebrity News: 'Bachelor in Paradise' Stars Carly Waddell & Evan Bass Discuss Surprise Pregnancy](#)

2. How's your relationship?: Most importantly, you need to look at the relationship you have with your significant other. If you argue on a daily basis or you're not completely steady with one another, maybe it would be best to wait a little bit. If you have been consistently dating for a long period of time, see a future with one another, and are both excited to get started, then maybe it's time! It all depends on where you two are at.

Related Link: [Celebrity News: 'Bachelor in Paradise' Premiere Addresses DeMario Jackson & Corinne Olympios Scandal](#)

3. How prepared are you?: At the end of the day, reflect on your own life, too. Are you prepared to put this baby before yourself in every situation? Becoming a parent is a very mature decision that comes with just as much stress and frustration as it does happiness. If you feel that you're personally not ready, that should be a red flag.

What are some of your tips for deciding whether or not it's time to have children? Share your thoughts below.

**Famous Cooks : What
Restaurants Should You Hit Up
in NYC?**





By [Melissa Lee](#)

New York City is the mecca for deliciously diverse food. From street carts to cafes to full-blown five star restaurants, regardless of where you look, you're bound to find some of the best food in the nation. If you're heading to NYC and you're on the hunt for the yummiest places to stop by, check out this list. It's a combination of the city's greatest food treasures – we can even guarantee you won't be disappointed with any of the spots!

Head below to get a sneak peek into NYC's most famous cooks!

1. Restaurant Daniel: Believe or not, NYC is home to a ton of French restaurants, all of which are competing for the best cuisine in the city. This fine dining establishment may possibly be the reigning champion, but that decision could be up to you. Located on the upper East side, Restaurant Daniel is notorious for their award winning French cuisine. The chef, Daniel Boulud, supplies a seasonal menu with a gorgeous

atmosphere inspired by Venetian Renaissance style.

2. Aureole: This American-style restaurant is a classic. Though classified as another fine dining spot, the joint serves (what they describe as) “progressive American cuisine.” Charlie Palmer, the head chef at Aureole, is even the winner of the 1997 James Beard award for Best Chef. Head to the Bank of America Tower in Bryant Park if you’re interested in dining at this contemporary yet elegant restaurant.

Related Link: [5 Famous NY Restaurants to Visit if You Want to Spot One of Your Favorite Celebrities](#)

3. Gramercy Tavern: This jewel is a New York City treasure that everyone should visit. Danny Meyer opened this spot in 1994 and has since become one of the most beloved restaurants in the country. The tavern serves American style cuisine created by Chef Michael Anthony, who also offers a seasonal menu. Located on the Lower East side, Gramercy Tavern is known for its warm hospitality, incredible food, and rustic setting.

4. Masa: If you’re in the mood for Japanese food, look no further than Masa. Chef Takayama is perhaps one of the best sushi chefs in the world, using only the freshest and best ingredients for his meals. If you’re looking for something more casual, head next door to Bar Masa, which serves a more extensive menu of seasonal sushi selections (and has a no-reservation policy!).

Related Link: [Popular Restaurants: Best Bagels in NYC](#)

5. Le Bernardin: Seafood lovers absolutely have to make a reservation at this acclaimed four star spot. Maguy Le Coze, one of the original owners, and Eric Ripert are currently the chefs and they surely do not disappoint. The restaurant serves strictly seafood, using only the freshest fish available. Le Bernardin won the James Beard award for Outstanding Restaurant in 1998, followed by Ripert’s triumph of Chef of the Year New York.

What are some of your favorite places to eat at in NYC? Share your thoughts below.

Beauty Tips: 5 Holiday Makeup Looks to Try



By [Melissa Lee](#)

The holiday season is the best time to start experimenting with different makeup looks. Between the delicious food, family gatherings, and fun holiday parties, find some time to try out a few fun looks before heading to your next event. If you're bored of the same old glittery eye look, never fear –

Cupid's here to save the day! Check out some of these dazzling makeup tips that will have you looking like the star of the party.

Head below and find a few of Cupid's fave beauty tips for this year's holiday makeup looks!

1. Silver eyeliner: Gold and silver looks are always a holiday favorite, but why not experiment with your eyeliner? Pick up some silver liquid eyeliner and try out this wintry look by lining your lids with the metallic pigment. Keep the rest of your makeup fairly neutral so all the attention goes to your eyes.

2. Rosy cheeks: Although the freezing temperatures may be enough to add some color to your cheeks, this flushed face look is perfect for the holiday season. Not only is it simple, but it's definitely a change from the usual bronzed glow that we're used to seeing. Use your favorite cream blush or cheek tint by applying to product directly to the apples of your cheeks and blend with your fingers, creating a rosy yet natural glow.

Related Link: [Fairdescent Make-Up Is Adding New Shine to Beauty Trends This Year](#)

3. Berry stain: This look is a step up from the classic dark lip, so if you're looking to vamp it up this December – pay attention! Try a glossy berry toned lip stain and concentrate it in the center of your lips. Carefully blend out the color by desaturating the outer edges of your lips. This '90s look is perfect, especially since you won't have to worry about fixing your lipstick all night.

4. Colorful underliner: If the silver eyeliner look was too

much for you, try this out instead. Pick up a colorful or metallic pencil eyeliner and smudge it through your waterline. Pair this daring flash of color with a neutral, natural eye shadow look so your eyeliner is the attention-grabber.

Related Link: [Beauty Trend: Glitter Cuticles](#)

5. Smoky eyes: The smoky eye is an oldie but a goodie – and perhaps one of the most difficult makeup looks to master. Instead of grabbing your favorite neutral eye shadow palette and attempting to create a smoky eye, try this gunmetal look instead. Using a black smudgeable non-waterproof eyeliner, trace the pencil into your crease, along the bottom lash line, and *smear*. Use your fingers to blend this baby out before gradually retracing the messy lines to make it darker. Swipe on your favorite mascara and you're good to go!

What are your favorite holiday makeup looks? Leave your thoughts below!

Celebrity Break-Up? 'Bachelor in Paradise' Stars Amanda Stanton & Robby Hayes Are Still Dating Despite Rumors





By [Melissa Lee](#)

Could there be trouble in Paradise? Despite rumors of Robby Hayes being spotted with another girl, [UsMagazine.com](#) reported that this meant nothing when it comes to his relationship with Amanda Stanton. False rumors on social media led people to believe that Hayes had taken a mystery girl to a Zac Brown Band concert, which then led to a [celebrity break-up](#) with girlfriend and *Bachelor in Paradise* co-star Amanda Stanton. The [celebrity couple](#) starting dating when they were filming season four of the show.

There's no celebrity break-up where these rumors came from! What are some ways to keep rumors from affecting your relationship?

Cupid's Advice:

Rumors come and go, but you should never let them affect your

relationship, especially if there's no truth to them. Luckily, this couple was able to move past these apparent cheating rumors. If you have a hard time preventing rumors impacting your relationship, check out some of these tips:

1. Talk it out: If you've heard a rumor about your partner, the best thing to do is to simply communicate with them. Try your hardest not to be angry or upset, but rather calmly talk it out and ask where these allegations came from. At that point, it's up to you whether or not to believe them, but above all, it's best not to jump to conclusions.

Related Link: [Celebrity Couple News: Taylor Swift & BF Joe Alwyn Go on Double Date with Blake Lively & Ryan Reynolds](#)

2. Keep the relationship private: If you've found that rumors and other people continue to have a negative impact on your relationship, maybe you should start keeping your personal life on the down low. By having a more low-key romance, you're less likely to even deal with rumors or allegations.

Related Link: [Celebrity Exes: Miranda Lambert Didn't Want A Breakup Album About Blake Shelton](#)

3. Move forward: At the end of the day, if you know the rumors circulating you and your partner are false, you two should just keep moving forward with your lives. Don't pay the lies any attention. You shouldn't have to prove anything to anyone, especially if you're already aware that there's no truth to any of the rumors.

What are some of your tips for dealing with relationship rumors? Leave your thoughts below.

Beauty Advice: The 5 Best Beauty Tips from Celebrities



By [Melissa Lee](#)

Celebs are always radiating the upmost beauty – whether it be thanks to their extensive hair and makeup teams, or their natural glow. However, if anyone can offer some beauty advice to make your day-to-day makeup routine a little easier, celebrities are some of the best resources. Head below if you're interested in enhancing your own natural beauty, or looking to learn some new tips on applying makeup!

Check out some of the best beauty

advice from our favorite stars!

1. Wash your face: After a long day, regardless of whether or not you have makeup on, you should always wash your face before heading to bed. Mary J. Blige advises to never go a full day or night without using some sort of cleanser or face wash. Your skin will thank you after you get rid of all that dirt and makeup out of your pores!

2. Stay hydrated: Besides the basic reasons needed to drink water, staying hydrated can also have some major positive effects on your skin. According to America Ferrera, when she started drinking more water, her skin, hair, and nails all flourished. The recommended amount of water to drink per day is at least eight ounces, so let's get to it!

Related Link: [Beauty Trend: Fake Freckles Are In!](#)

3. Use one product for multiple things: If you're in a rush or looking to condense your daily makeup routine, pick up a product like a lip or cheek tint. Jewel says that she wears a lip stain both on her lips and cheeks to give an overall rosy glow. Wear it under your foundation and this simple makeup look will be perfect for the day.

4. Mix moisturizer and bronzer: If you're looking to achieve a perfectly natural summer glow, Eva Mendes has a great tip – mix together a shimmery bronzer and your moisturizer, then apply it to your face and blend it out. This look is ideal for those days where you just don't want to wear makeup but still want to have a good base on your face.

Related Link: [Beauty Tips: The Rise of Microblading](#)

5. Pick up a lighter concealer: Instead of purchasing a concealer in the same color as your foundation, pick one up that's one or two shades lighter. Apply the lighter concealer to your under-eyes and high points of your face to give you a

refreshed look. [Kim Kardashian](#) says that she loves this tip because it's perfect for when you're extra tired, or have been traveling a lot.

What are your favorite beauty tips? Share them below!

Celebrity News: Source Says 'Bachelorette' Rachel Lindsay's Break-Up with Runner-Up on Finale Was 'Brutal'





By [Melissa Lee](#)

The finale of *The Bachelorette* is going to be a tear-jerker for sure. [UsMagazine.com](#) reported that Rachel Lindsay, this season's *Bachelorette*, was torn up until the very end. Even after she broke up with the runner-up, they couldn't say goodbye, and they were both hysterically crying. It was also revealed that it was the worst break-up the show has seen in years, so make sure you grab your tissues before sitting down to watch next week!

This celebrity news has us grabbing the tissues for next week's finale of *The Bachelorette*. What are some things to keep in mind when it comes to breaking up with your

partner?

Cupid's Advice:

The saying, "breaking up is hard to do" isn't a cliché for nothing. Things can get really tough when trying to end things with your partner, so check out some of these tips from Cupid if you've found yourself in the same spot:

1. Be honest: If you have specific reasons for breaking things off with your significant other, the least you can do is be honest with them. By giving them the true reasoning behind the break-up, they will at least be aware of what they did wrong so they can work on it in the future. Plus, it'll help both of you by receiving closure.

Related Link: [Celebrity News: 'Bachelorette' Rachel Lindsay Debates Between Three Suitors](#)

2. Stay civil: If possible, try to keep the break-up as clean as possible. Things can get messy but at the end of the day, staying civil is the best way to go. By ending things on a positive note, there won't be many issues after the break-up, and you two will be able to go your separate ways and begin to move forward.

Related Link: [Celebrity News: Kevin Hart & Eniko Hart Vacation Together Following Cheating Rumors](#)

3. Keep it friendly... but not too friendly: It's okay if you two would like to stay friends after the break-up, but the key is time. Rushing into a friendship can make things complicated and messy, so be clear with your ex that you need some time to move on before getting back to normal.

What are some of your tips for breaking up with your partner? Leave your thoughts below.

Author Interview: Ashley Papa Shares Relationship Advice & Discusses New Book, 'Vixen Investigations: The Mayoral Affairs'



By [Melissa Lee](#)

As a journalist and expert on all things romance, Ashley Papa is a relationship columnist that writes about sex, love, dating, and marriage. She is the author of a news

blog, *SEXTRA! SEXTRA!*, which covers love and sex headlines. In addition to writing articles about the current dating scene, Papa has recently published her first book, *Vixen Investigations: The Mayoral Affairs*. The fiction novel is about a young woman that has launched her own business with the purpose of solving infidelity crimes. As a victim of cheating herself, Paige Turner is hired to take on a case surrounding the mayor and his wife that gets intense when she finds enough evidence to take down the entire administration. Paige eventually finds herself falling in love with a man while she's undercover, resulting in the challenge of revealing who she really is.

Ashley Papa Spills Details on *Vixen Investigations: The Mayoral Affairs*

The novel, which focuses on bringing justice to the broken-hearted, was completely inspired by the writer's own experiences. She frequently interviews relationship experts, so she used their expertise and translated it both to the book and the main character. "I created Paige as a heroine that encompasses this CIA-type coolness," Papa shares in our [author interview](#). "I still wanted to make her relatable though." The relatable aspect of Paige is certainly not missing: Though described as a headstrong woman, Papa made sure to include Paige's experiences with unhealthy relationships and infidelities as well.

Related Link: [Celebrity News: Kevin Hart & Eniko Hart Vacation Together Following Cheating Rumors](#)

Although Paige is this incredibly strong-willed character, her downfall in the novel is when she finds herself falling in love. Papa explains that she wanted there to be an intense conflict in the book, especially since Paige's business is something that she typically keeps low-key. The author lends a

bit of [relationship advice](#) when she touches on the importance of honesty, something that Paige struggles with when she doesn't want her identity to be found. "When you're not truthful from the start, it can start to snowball," Papa advises.

Author Dishes Important Relationship Advice That Everyone Should Hear

Papa's novel begins when Paige decides that she's had enough of being taken advantage of in the dating world. With such a powerful backstory, it almost seems criminal not to ask the journalist about her tips for getting over a tough relationship. "We all have different ways of coping, but you need to identify what you deserve," she explains, placing a heavy emphasis on self-worth. "We all deserve good relationships and respect, but if we're not finding that, it might be best to take a step back from dating and be by yourself until you realize what you need."

Related Link: [Celebrity Interview: 'Famously Single' Dating Coach Dr. Darcy Sterling on Relationships, Communication & Her Own Marriage](#)

In terms of trust issues, Papa is no stranger to learning to put your faith in someone again, especially after writing an entire novel on it. "Focus on yourself," she explains in our author interview. "It comes with taking things slow – you don't want to jump right into a relationship despite how confident you may feel." She also takes a cue from *Vixen Investigations: The Mayoral Affairs* by encouraging troubled individuals to be their own investigators, though she urges those to trust their instincts at the end of the day.

And if you're in a similar position as Paige, it's important

to understand that although you are the victim of cheating, it won't be impossible to trust again. "Identify the fact that you deserve better, and make sure you fully understand that," the author says. "You don't want to get stuck feeling like everyone you date is going to cheat on you."

Journalist Reveals Personal Details & What She's Learned in Author Interview

The main message of her book, Papa discloses, comes from a caring place and completely depends on one's self-worth: "Everyone deserves a good relationship and to be loved. You don't need to put up with cheating just for the sake of being in a relationship."

Related Link: [Relationship Advice: From Cheater to Keeper – How to Make Amends](#)

She further opens up about the learning process she experienced when writing *The Vixen Investigations: The Mayoral Affairs*. When pulling inspiration from real life occurrences, it seems like it would be necessary to go through a great deal of self-reflecting. "Looking back at past relationships, I saw I didn't require the guys to respect me and be very truthful," Papa reveals. Right after she finished writing the first draft, she swore she was done dating dishonest and untrustworthy men – and shortly after, she ended up meeting her current boyfriend, whom she has been dating for the past two years.

To keep up with Ashley, check out her [website](#). You can buy her book [here](#)!

Popular Restaurants: The Best NYC Date Night Spots



By [Melissa Lee](#)

Perhaps one of the most romantic cities in the world, New York City is the place to be if you're treating your sweetheart to a [date night](#). There are thousands of amazing restaurants tucked into the vast neighborhoods and areas of the city, each individual spot giving you a new experience all based on the environment and food. If you're on the hunt for a romantic restaurant to take your honey on your next date night, check out some of the best spots in the city.

Interested in heading to a popular restaurant for a romantic date night? Here are a few of these hottest spots in NYC!

1. The River Cafe, Brooklyn: Considered to be the best (and most expensive) restaurant in Brooklyn, The River Cafe is a romantic spot complete with views of downtown Manhattan and some of the best chefs in the world. The current chef offers an incredible dining experience by giving two menus: three entrees that you and your partner choose, or six entrees that he chooses.

2. La Grenouille, Manhattan: This French spot is one of the last in the city. Located on the East side, the restaurant has amazing food that has been raved about since 1962. The menu also has an extensive wine list, many of which are encouraged to be paired with certain entrees.

Related Link: [5 Famous NY Restaurants to Visit if You Want to Spot One of Your Favorite Celebrities](#)

3. Le Coucou, Little Italy: Located in, perhaps, one of the most cultural neighborhoods in the city, Le Coucou does not shy away from its Italian roots. The gorgeously decorated restaurant is quite intimate, making it a fantastic date night spot. If you stop by, make sure to try their notorious rabbit cooked three ways.

4. Marea, Manhattan: Another Italian hotspot on our list, Marea is located in Midtown West. Featuring a huge menu filled with expensive delicacies, only the freshest and best ingredients are being served to its customers. The experience is completely unique, especially since it's the only place in town that serves Petrossian special reserve caviar at \$385 an

ounce!

Related Link: [Famous Restaurants: Hottest Happy Hours in NYC](#)

5. Augustine, Manhattan: Yet another French restaurant that's based in the Beekman Hotel restaurant in the Financial District. Augustine is decorated with floral murals and beautiful chandeliers, giving it a rustic and classic vibe. Their food is incredible, and the spot serves some of the best steak tartare in the entire city.

What are your favorite date night spots? Share your thoughts below!

Beauty Advice: DIY Hair Treatments for Pool Hair





By [Melissa Lee](#)

After spending the summer doing laps in the pool, you've probably noticed the severe damage it's done to your hair. It's no secret that chlorine can be super harmful to your hair, resulting in split ends, dry hair, or even a change in color! (That's right – chlorine can actually turn your hair green!) If you're looking to solve your post-pool hair problems, look no further and try out some of these DIY treatments.

Check out this beauty advice for DIY hair treatments for your damaged pool hair!

1. Aspirin: Here's a home remedy that almost everyone has the ingredients for. In order to prevent your hair from turning that gross green color, dissolve between six and eight aspirin tablets in a glass of warm water and run the mixture through your hair. Leave it in for 10 – 15 minutes for rinsing out.

2. DIY Detangling Spray: Mix together two tablespoons of conditioner, warm water, and five drops of rosemary essential oil. Spray this concoction in your hair and then comb it through before jumping in the pool. This detangling spray will help prevent your hair from getting dry.

Related Link: [Leg Contouring is the Newest Beauty Trend for Summer](#)

3. Olive Oil Treatment: Apply olive oil to your hair and then put on a swimmer's cap. The oil will essentially repel the water and chlorine from your hair, repairing some of the damage from the day. It's also designed to soften your locks.

4. Apple Cider Vinegar: Try doing an apple cider vinegar rinse in order to remove any lingering chlorine after a long day at the pool. It apparently will remove any dead skin cells, along with unclogging hair follicles. Sounds promising!

Related Link: [Beauty Trend: Fake Freckles Are In!](#)

5. Baking Soda Remedy: Mix together two tablespoons of baking soda, 1/4 cup of lemon juice and one teaspoon of shampoo. Wet your hair and massage this through, then cover your hair with a cap or plastic bag for 30 minutes. This hair mask will help repair damage from harsh chemicals.

What are some of your hair care tips? Leave your thoughts below!

Celebrity Style: High Waisted

Bathing Suits



By [Melissa Lee](#)

Bathing suits can be a tricky item to shop for, regardless of your body type. With all the different styles, cuts and colors, it can feel nearly impossible to hunt down the perfect bathing suit for those days you'll be lounging by the pool. High waisted bathing suits are a style that have been popularized over the past few years. They were originally most fashionable during the 1950s and '60s, but our favorite celebrities have been seen rocking these retro pieces, bringing them back in style.

Thanks to celebrity style, high

waisted bathing suits are all the rage again! Check it out below.

1. Printed: A printed bathing suit will add some fun to your style. Seen on celebs like Vanessa Hudgens, opting for a more eccentric swimsuit would be fun to wear at a pool party. A printed high waisted bikini is especially appropriate for the more colorful girls that want to show their personality through their clothes!

2. Strappy: A high waisted bathing suit with strappy details can give a sexy edge. This style is especially flattering, and it can turn a boring swimsuit into something totally unique. Pick up a funky bikini top and pair it with a plain pair of bottoms so there isn't too much going on, and the attention is immediately geared toward the star of the outfit!



Related Link: [These Celebrity-Approved Denim Shorts Are The Cutting-Edge Fashion Trend for Summer](#)

3. One piece: Typically, high waisted bathing suits are two-pieces, but there are a million options if you're looking for something full coverage. Lea Michele rocked this adorable one

piece bathing suit with a cute cut-out in the middle along with a high neckline. This swimsuit is perfect for the beach, plus it's guaranteed to look amazing on all body types!



Lea Michele.

4. Cut outs: Similar to the vibes [Lea Michele](#) was lending, cut out bathing suits are super on trend. Small cut outs in your high waisted bikini can give you a slightly sexier edge while still being able to cover up certain parts of your body. Instead of opting for a regular bikini, try out one of these edgier swimsuits.



Cut out high waisted
bathing suit.

Related Link: [Fashion Advice: 'Wow' the Crowd With Color](#)

5. Bold colors: Looking to make a statement without showing too much skin? Picking up a high waisted bikini in a bold color might be the answer! Wearing a fun color on the beach will definitely set you apart, plus it'll make your tan look awesome. Try out a color you don't wear very often and watch your confidence soar!

Which style was your favorite? Leave your thoughts below.

**New Celebrity Couple?
'Bachelor in Paradise' Stars**

Amanda Stanton & Robby Hayes Spark Romance Rumors



By [Melissa Lee](#)

[EOnline.com](#) has reported of a speculated romance between *Bachelor in Paradise* stars Amanda Stanton and Robby Hayes! The two were spotted in West Hollywood on Saturday night, where they were holding hands as they entered a restaurant. They also attended a Los Angeles Dodgers game alongside Ashley "I" Iaconetti and Jason Treece, before heading to co-star Raven Gates' birthday party on Sunday. This potential relationship comes after Stanton's break-up with Josh Murray, which she described as "really, really hard."

There might be a new celebrity couple in Bachelor Nation! What are some ways to know you're ready to move on from a volatile relationship?

Cupid's Advice:

After getting out of an emotionally tolling relationship, it can be tough when deciding you're finally ready to get back in the dating game. Luckily, Stanton is in a place where she is able to find love after her rollercoaster romance with her ex-fiance. Check out some of these tips from Cupid if you're in a similar position:

1. Take time for yourself: Before jumping into any new romances, take some time to focus on yourself. After being in a frustrating relationship, you owe it to yourself to spend your time improving yourself, whether that be mentally or physically. You need to give yourself the opportunity to healthily move on from this relationship before even thinking about finding someone new to date.

Related Link: [Celebrity News: Former 'Bachelor' Ben Higgins Discusses Why He Sent Becca Tilley Home Before Hometown Dates](#)

2. Seek support and help: Volatile relationships can be exhausting, and it would be unrealistic to go through the break-up without seeking support from loved ones. Don't be afraid to ask for help when you're having bad days, or even ask for a shoulder to cry on. Having a good support system will make the break-up process a lot less painful.

Related Link: [Celebrity News: 'Bachelorette' Castoff Dean Unglert Still Isn't Speaking to Father After Emotional Reunion](#)

3. Begin to move forward: Accept the past for what it is, and begin to move on with your life. Dedicate your days to move improvements to your own lifestyle. Day by day, the aftermath will start to get a lot easier, and you will find yourself move forward from this former relationship. It's important to trust in your instincts, and that's when you'll know you can begin to date someone new.

What are some of your tips for moving on from an emotionally exhausting relationship? Leave your thoughts below.

Celebrity News : 'Bachelorette' Rachel Lindsay Debates Between Three Suitors





By [Melissa Lee](#)

In *Bachelorette* news, Rachel has been picking between her last three suitors, Peter, Eric and Bryan. [UsMagazine.com](#) reported that the men met her family, each having a completely different experience. Peter, who openly expressed his objection with proposing to Rachel at the end of the series, found respect from her family, but the episode took a turn when the two were on their date. They found that they couldn't agree on common ground in terms of commitment, causing Rachel to shed some tears. However, when Eric met Rachel's family, he asked her mother for her blessing to propose – and she reluctantly said yes. Eric ended up sweet-talking Rachel on their date, claiming that she was everything he wanted in a wife, and she invited him to the Fantasy Suite that night. And as for Bryan... while Rachel's friends approved, her family did not, and Rachel's mom showed her distaste by assuming his words are insincere.

In this celebrity news, it's down to Rachel's final three suitors! What are some ways to decide between two of your crushes?

Cupid's Advice:

When you feel yourself falling for more than one person, it can be a little tough making a decision. If this situation sounds familiar to you, check out some of this advice from Cupid:

1. Do some self-reflecting: Before taking action, take some time to reflect and think about your situation. Do you already know which one you like more? Have you been leading both people on? Analyze the circumstances before you make a choice, and try to come up with a civil solution that would be most beneficial for all people included.

Related Link: [Celebrity News: 'Bachelorette' Castoff Dean Unglert Still Isn't Speaking to Father After Emotional Reunion](#)

2. Confide in someone you trust: If that doesn't work, go to someone you trust, whether it be a parent, best friend, or relative. Explain the situation to them and listen to their opinion. They might be able to point out something you were previously unaware of, and potentially even help you come to a conclusion.

Related Link: [Celebrity News: Former 'Bachelor' Ben Higgins Discusses Why He Sent Becca Tilley Home Before Hometown Dates](#)

3. Be honest with them: At the end of the day, it's important to realize that this situation is most likely affecting them as well as you. If you find yourself unable to make a decision – or possibly in the wrong mindset to even be in a

relationship with either one – it might be best to just be honest with them.

What are some of your tips for picking between your two crushes? Share your thoughts below.

Celebrity Parents Who Keep Their Kids Out of the Spotlight



By [Melissa Lee](#)

With living in a world absolutely obsessed with pop culture and celebrities, you can only wonder – what does the media love *more* than stars? The answer to that is unsurprising and comes in the form of little ones... celebrity families! Not only does our society idolize celebs, but we also have a fascination with famous families like the Kardashians. This obsession has caused celebrity parents to make the executive decision to keep their children out of the spotlight – and we can't exactly blame them!

Check out these celebrity parents and their kids, who have managed to stay out of the limelight!

1. Sandra Bullock: Bullock adopted two children, Louis Bardo in 2010, and Laila in 2015. Although the paparazzi are always dying to catch candid photos of the single mom with her kids, Bullock has expressed her need for privacy on multiple occasions. "Most foster children are in foster care because they were taken from their birth homes under tragic circumstances," she says. "The last thing I wanted was to bring more harm to her because of the nature of my job."

2. Adele: Adele and husband Simon Konecki had their son in October 2012, and have kept him out of the spotlight to the best of their abilities. "We need to have some privacy," Adele explained. "I think it's really hard being a famous person's child." The couple even went as far as suing paparazzi in 2013 for taking photos of their son on a private family outing.

Related Link: [Celebrity Co-Parents: See How Stars Manage to Raise Their Children Post-Split](#)

3. [Jennifer Garner](#): When it comes to this celeb mom, her main concern was how aggressive the paparazzi were toward her three kids, Violet, Seraphina, and Samuel. She says that her kids

were constantly uncomfortable with the paparazzi, and didn't want them to know what they looked like. "They don't want this at all, and I don't want it for them," Garner said.

4. [Ryan Gosling](#) and Eva Mendes: These celebrity parents are notorious for keeping things under wraps. In fact, the majority of their six-year long relationship has been extremely private! The couple have two daughters together, Esmeralda and Amada. "I find the media's 'bump watch' obsession to be both intrusive and stressful," says Mendes. "So I made the decision to eject myself from it completely."

Related Link: [Parenting Tips: How to Cope With Stress](#)

5. Tyra Banks: Tyra welcomed her son, York, into the world just last year, and has made a great effort to keep his life relatively low-key. "I don't think that my son has ever asked to be seen, so I'm very, very conservative when it comes to showing him," said Banks.

Who are some of your favorite celebrity families? Share your thoughts below!

**Celebrity Interview:
'Famously Single' Dating
Coach Dr. Darcy Sterling on
Relationships, Communication
& Her Own Marriage**



Written By [Melissa Lee](#). Interview by [Lori Bizzoco](#).

Relationship expert and dating coach Dr. Darcy Sterling is no stranger to training individuals on their communication skills. As the mentor on E!'s *Famously Single* and the co-owner of a group practice, Dr. Darcy has spent the past 21 years counseling those on their relationship skills. *Famously Single* is only a sneak peek into the type of work Dr. Darcy does on a daily basis as a dating coach. As a clinical social worker, Dr. Darcy strives to help individuals open up and communicate in order to receive the most fulfilling romantic relationships possible. In our recent [celebrity interview](#), Dr. Darcy revealed some of the drama that went down on this season, key relationship issues, and how her show has helped her own marriage.

Dr. Darcy Spills Some Drama on Season 2 of *Famously Single* in Celebrity Interview

Since the show essentially revolves around relationships, it's not a surprise that several co-stars ended up dating both during and after filming. Former *Jersey Shore* star Ronnie Ortiz-Magro and *DASH Dolls* alum Malika Haqq did not shy away from sharing details on their relationship on social media, but broke up shortly after filming ended. "I think they needed to learn how to have a fight. They had different communication styles, they needed to learn how to resolve conflict, and they needed to learn how to communicate effectively," Dr. Darcy says. She even confessed that her and wife Stephanie Koncicki offered to coach them after the show had ended, but Ronnie wasn't interested.

Related Link: [Celebrity Interview: "The Cycle" Co-Host Aliya-Jasmine Sovani on Work, Life, Love and Balancing It All](#)

Bachelorette contestant Chad Johnson soon ended up revealing his love with model Zoe Baron. When asked whether or not Dr. Darcy thinks Chad has learned much from the show, she informed us that the couple had very recently broken up! "They broke up two nights ago, so you tell me," she says.

And when it comes down to Calum Best, who was also on the show last season, Dr. Darcy explained that it was much easier to get deep down and solve his relationship conflicts. "The amazing thing with Calum is that I got to go so much deeper with him because I already had a relationship established with him, so I didn't have to earn trust or build a foundation of a relationship," Dr. Darcy says. "I'm a little rough on Calum this season."

The Advice Dr. Darcy Gives Is As Real As It Gets

As a licensed psychologist, Dr. Darcy also has her own group practice in addition to an advice column. At times, it can be up for debate whether or not the advice she gives is the same she'd give to her private clients – but she quickly shuts that down. “You have to start with the basic skills – communication skills, conflict skills, how to have a fight. Those are the biggest issues.”

She explains that regardless of whether she's counseling in private or in the public eye on television, it is of great importance that individuals are working on their communication and conflict resolution. “We need them with all of our relationships. I need them with my friends, family, even my clients.”

Related Link: [Celebrity Break-Up: ‘Famously Single’ Stars Ronnie Magro & Malika Haqq Have Split](#)

Dr. Darcy further emphasized the fact that feelings get hurt in relationships, and it's somehow inevitable. “We need to know how to have a fight, and how to communicate when someone's hurt our feelings because in relationships, we hurt each other's feelings,” she says. “Everyone does it.”

Famously Single Improved Her Marriage

Dr. Darcy married her partner, Stephanie, in 2009. She mentioned that Stephanie also does relationship counseling, but coaches couples together, whereas Dr. Darcy prefers one-on-one. “We teach relationship skills all the time. We're incredibly mindful of practicing what we preach, and it's really enhanced our relationship,” Dr. Darcy disclosed.

The two even have an online course together called "Relationship Skills Bootcamp." The workshop is designed to teach participants to improve skills within their relationship, similarly to the way their face-to-face counseling is.

Related Link: [Celebrity Interview: Former 'Bachelorette' Ali Fedotowsky Shares Her Tips on Staying Fit as a New Mom](#)

It turns out that hosting *Famously Single* has actually been a huge positive influence on her marriage. "We're much better to each other, we're more careful, we're on our toes with each other," she says. "How many people say getting a television show actually enhanced the relationship?"

Tune into Famously Single on Sundays on E! to see what relationship advice Dr. Darcy is giving this week!

NY Restaurants with the Most Celebrity Sightings





By [Melissa Lee](#)

While most celebrities across the board call Hollywood their home, New York is the runner-up. Known for its busy streets, bustling nightlife, and resilient aura, New York is constantly hosting celebs, whether it be for work or play. Regardless of the intentions of their stay, at the end of the day, who doesn't want to dine luxuriously at some of the city's best restaurants? Celebrities are always eating at the most lavish spots, and when you hear that your fave star was spotted eating somewhere... well, you know it *has* to be good.

If you're making a trip to the concrete jungle you have to head to these restaurants with the most celebrity sightings!

1. Carmine's: Never mind the fact that celebrities are constantly being spotted at this restaurant – Carmine's serves

family style Italian food that is absolutely to-die for! Due to its popularity, the owners have opened several locations throughout the city, but that doesn't mean stars have been going any less. For over 25 years, Carmine's has hosted numerous celebs including Drew Barrymore, Tina Fey, and Tim Gunn. Can we make our reservation now?!

2. Bagatelle: Located in the Greenwich Village area, this classic French Mediterranean restaurant is a celebrity hotspot. Beyonce and husband [Jay Z](#), Mariah Carey, and [Sofia Vergara](#) are only some of the stars that have dined at this five-star spot. Bagatelle has also revealed that Jamie Foxx even stepped into the DJ booth at one of their notorious parties, too!

Related Link: [5 Famous NY Restaurants to Visit if You Want to Spot One of Your Favorite Celebrities](#)

3. The Polo Bar: This All-American spot is extremely luxurious, and has seen Hillary Clinton, Andy Cohen, and [Gwyneth Paltrow](#). The restaurant, which is very exclusive, honors fashion designer Ralph Lauren by showcasing his brand with artwork of horses, polo matches, and sports. The Polo Bar serves incredible American dishes, including their signature Polo Bar Burger.

4. Beautique: While an intimate, low-key place to dine in Midtown, Beautique is also a high-energy club and lounge. Stars like [Kendall Jenner](#), A\$AP Rocky and [Leonardo DiCaprio](#) have all partied here, partially because the spot is known for hosting internationally acclaimed DJs.

Related Link: [Popular Restaurants: Best Bagels in NYC](#)

5. Rao's: The second Italian hotspot on this list is nearly impossible to get into – reservations are booked for months in advanced! However, if you manage to snag a table at this East Harlem spot, you're guaranteed to see a celeb. Rao's has served Leonardo DiCaprio, Bill Clinton and wife Hillary

Clinton, and baseball star Hank Aaron – just to name a few.

What are your favorite places to spot a celebrity? Leave your thoughts below.

New Celebrity Couple: Lea Michele Is Dating Clothing Company President Zandy Reich



By [Melissa Lee](#)

It has been recently revealed that Lea Michele is officially

in a new celebrity relationship! Michele's new beau, Zandy Reich, is the president of clothing company AYR. After the celebrity couple was spotted holding hands in NYC, UsMagazine.com confirmed that the relationship is fairly new. After knowing one another for a few years, it was revealed that Michele is a longtime fan of Reich's clothing company. Wishing the best of luck to this new couple!

There's a new Glee-tastic celebrity couple in Hollywood! What are some ways to know you're attracted enough to someone to date them?

Cupid's Advice:

When keeping a guarded heart, it may take a little bit to know whether or not you're attracted enough to someone to date them. If this situation sounds familiar, look over these tips from Cupid to see if you're ready to date that person you've been chatting with:

1. How well do you get along?: Okay, so you've established the fact that you're interested in this person. Before making any decisions, it's important to reflect on the relationship you currently have with them. The first thing to think about is how well you two get along. Do you fight often? Are you able to spend hours on end with each other? Do you go weeks without speaking, or do you talk all day every day?

Related Link: [Celebrity Couple News: Gigi Hadid and Zayn Malik Love Wearing Each Other's Clothes](#)

2. Do you see a future with them?: This question may seem a little irrational, but let yourself be realistic for a moment. If you were to date this person, do you see yourself staying with them or having a future with them? Or does this just seem

like a fun little fling? If you're able to imagine yourself being with them for awhile, then this may mean you're ready to date them – otherwise, you may want to think this one through.

Related Link: [Celebrity News: Lauren Bushnell Has A New Boyfriend](#)

3. How do they make you feel?: Most importantly, this potential relationship is most likely going to come down to how they make you feel. If they give you butterflies and make you smile – well, you can assume the answer there. But if you don't feel particularly attached or attracted to them, then maybe dating them just isn't the right decision for your friendship.

What are some ways you know you're attracted enough to someone to start a relationship? Leave your thoughts below.

Celebrity Couple News: Ben Affleck & Lindsay Shookus Are Going Strong





By [Melissa Lee](#)

In [celebrity couple](#) news, [Ben Affleck](#) and girlfriend Lindsay Shookus have been going strong! Affleck and Shookus, who have been casually dating since April, were seen enjoying a relaxed date night at a LA pizza joint. [UsMagazine.com](#) reported that Affleck is very happy with Shookus, a producer for *Saturday Night Live*. The two apparently met nearly three years ago, while they were both married to their respective spouses – both couples ended up getting divorced later that year.

This newly announced celebrity couple are definitely making an impact. What are some ways to work on the strength of your relationship?

Cupid's Advice:

This celeb couple seems to be going steady after a few months of casual dating. If you're looking to make your new relationship strong, check out some of these tips from Cupid:

1. No pressure: Putting pressure on a young relationship will only cause unnecessary stress, especially if it's still in the early stages. By keeping things fun, light and casual, the avoidance of pressure will eventually work to your advantage by letting the more serious stuff come at the right time. Besides, who wants to be getting serious in a relationship that's only a few months old?

Related Link: [New Celebrity Couple: Ellen Page Is Dating Dancer Emma Portner](#)

2. Extend loving gestures: Show your appreciation for your new sweetheart by occasionally doing nice things for them. Extend loving gestures like buying them flowers, cooking them a meal, or even just sending a sweet text to them. Kind and loving actions like this show that you truly do care for them, plus it'll put a smile on their face throughout the day.

Related Link: [Celebrity Wedding: Serena Williams Addresses Secret Wedding Rumors](#)

3. Communication is always key: Regardless of how long you've been with your partner, communication will always be crucial to a strong relationship. It's even more important to implement this behavior early on, so you two get in the habit of expressing your concerns, bothers or appreciations. By starting to do this when the relationship is young, it won't be as much of an issue later on.

What are some ways that you work on strengthening a relationship? Share your thoughts below.