

Celebrity News: Nick & Vanessa Lachey Open Up About Premature Birth of Son Phoenix



By [Melissa Lee](#)

In [celebrity news](#), Nick and Vanessa Lachey recently revealed some pretty upsetting details about the premature birth of their son, Phoenix. According to [People.com](#), Nick was petrified throughout the six weeks their son spent in the NICU. On Monday night, Vanessa dedicated a dance to Phoenix on *Dancing with the Stars*. Phoenix, who was born at just 29 weeks, is thankfully doing well now, but Nick wanted to share their story to help other families going through a similar

situation. Nick and Vanessa are also parents to two other children, Camden John, 5, and Brooklyn Elisabeth, 2.

This celebrity news has us hugging our children tight. What are some ways to support your partner through a tough childbirth?

Cupid's Advice:

Despite having a difficult time with it, Nick and Vanessa shared their tough childbirth story in order to help other parents that are dealing with the same thing. If you are struggling to support your partner through a hard birth, head below to check out Cupid's advice:

1. Be as supportive as possible: It doesn't sound like a massive tip, but trust us when we say it's extremely important to be completely supportive throughout the entire process. Nothing will mean more to your partner than being 100% helpful, caring, and supportive. Emotional support is something that can't be bought, so make sure you are making the most effort to be there for them no matter what.

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2. Show them you care: In addition to that, try to express your love and support in little ways. Get them flowers or cook them their favorite meal – regardless of how you decide to show your love, just remember how crucial it is to make your partner feel appreciated and important. This can be more helpful than you think, so don't underestimate the importance of emotional support.

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[Tristan Thompson After Pregnancy News](#)

3. Take on some of their jobs: If there are any ways you can lighten your partner's load, try your best to do so. Taking some of the weight off their shoulders is also super helpful. Try doing the laundry or cleaning the house so they have less things to stress about. At the end of the day, it's about making your partner feel as calm and loved as you possibly can.

What are some of your tips for helping your partner through a tough childbirth? Share your thoughts below.

Celebrity Couple News: Sofia Richie Kisses Scott Disick on Private Plane





By [Melissa Lee](#)

This unusual [celebrity couple](#) recently shared kisses on a private plane, courtesy of Sofia Riche's Snapchat story. Riche, 19, who is currently dating [Scott Disick](#), 34, has received a great deal of backlash after going public with her new boo. According to [UsMagazine.com](#), Riche and Disick have taken multiple trips together since the beginning of their relationship in September, so it looks like the two are keeping it romantic and positive – despite some of the negativity they've received. Good luck to this new celebrity couple!

It looks like this new celebrity couple is keeping things romantic. What are some ways to know if your new partner is a keeper?

Cupid's Advice:

Sofia and Scott are clearly basking in the romance of the beginning stages of their relationship, and we certainly can't blame them! If you're wondering if your new partner is a keeper, check out some of Cupid's advice below:

1. Do you see a future with them?: Although it's the beginning of your relationship, it's important to reflect on where you are in your life and whether you see your partner in your future. If you do, this is a key sign that your significant other is a keeper – talking about the future is always a good sign!

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2. Do they do nice things for you?: While this isn't always the biggest variable in every relationship, it is always nice to feel valued and appreciated. If your partner occasionally does nice things for you or shows romantic gestures, that's definitely another sign that they are a keeper.

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3. Do they get along with your loved ones?: A huge thing to make sure of is that your new lover gets along with your friends and family. If your loved ones get odd vibes from your partner, that's something you should absolutely be wary of. At the end of the day, they also know what's best for you.

What are some of your tips on finding out whether or not your new partner is a keeper? Share your thoughts below.

Celebrity News: Alex Rodriguez's Daughters Think He's a 'Hero' for Dating Jennifer Lopez



By [Melissa Lee](#)

After stopping by *Jimmy Kimmel Live*, Alex Rodriguez revealed that his two daughters think he's a hero for dating [Jennifer Lopez](#)! In [celebrity news](#), Rodriguez and Lopez, who have been dating since March, have gotten very serious within the past few months. According to [EOnline.com](#), Rodriguez revealed that his daughters love hanging out, dancing, and singing with Lopez, and even like to make an appearance on their daily FaceTime calls. How adorable!

This celebrity news has us chuckling. What are some factors to consider when introducing your partner to your child(ren)?

Cupid's Advice:

Jennifer and Alex have an amazing dynamic between their personal relationship and their kids. If you've been struggling with figuring out the right time to introduce your partner to your kids, head below to check out some of Cupid's advice:

1. Make sure they're in it for the long haul: Before letting your partner meet your children, there are a few things you need to make sure of. Firstly, make sure this person is in this relationship for the long haul. You don't want to introduce your kids to someone that's going to disappear in a month's time.

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2. Set some boundaries: It's also important to set a few limitations before letting your partner have a role in your kids' lives. Maybe have them around only a few times a week, and gradually introduce the idea of your lover being around as your children get more comfortable. It is crucial to listen to your kids' opinions and needs before getting caught up in anything.

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3. Take it slow: Most importantly, remember that there's absolutely no need to rush into anything. Take things one step

at a time, and base it off of your level of comfort, along with your partner's and your children's. Things will work out as time progresses, but don't feel obligated to rush it just because you want a family dynamic.

What are some of your tips for introducing your partner to your kids? Leave your thoughts below.

New Celebrity Couple? Macaulay Culkin & Brenda Song Hold Hands at Knotts Berry Farm





By [Melissa Lee](#)

New [celebrity couple](#) alert! Macaulay Culkin and Brenda Song were recently spotted getting cozy at Knott's Berry Farm in California! The unlikely pair were apparently on a double date with Seth Green and his wife, Clare Grant. While there's no confirmation yet, [UsMagazine.com](#) reported that they were seen holding hands and being cute with one another. They spent the night riding rollercoasters and enjoying each others' company. Best of luck to this new pair!

There may be a new celebrity couple in Hollywood. What are some ways to announce your new relationship to family and friends?

Cupid's Advice:

Being in a new relationship is always a really exciting time, and Brenda and Macaulay are definitely proving that to be

true. If you're dating someone new and want to go public soon, check out some of these tips from Cupid:

1. Keep it casual: If you don't want to make a big deal out of it, you can try to phase your partner into your friend group. Gradually have them hang out with you and your friends more and more, and then eventually just let people know that they are your new boo. This way your friends have already gotten to know them a bit and it's less awkward!

Related Link: [Celebrity Baby News: Heidi Montag & Spencer Pratt Welcome First Child](#)

2. Have a big dinner: If you're more keen toward a greater gesture, you can try to organize a big dinner with your close friends and family. This is a great way for you to introduce your partner to all your loved ones all at the same time. While it may be a bit overwhelming, it can also be a really fun time as well.

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3. Have a separate dinner for each: If you want to combine the two, organize two separate dinners for your family and friends. This way, your partner has the opportunity to get to know your loved ones but do so at different times. This can be less overwhelming for you and your lover since they can be smaller get togethers.

What are some of your tips for ways to going public with your new partner? Share your thoughts below.

Celebrity News: Khloe Kardashian Steps Out with Tristan Thompson After Pregnancy News



By [Melissa Lee](#)

Days after rumors began swirling about [Khloe Kardashian](#)'s apparent pregnancy, she was spotted in Cleveland on Sunday with long-term boyfriend, Tristan Thompson. [EOnline.com](#) reported that the couple are expecting their first child together, though Kardashian has kept quiet on the subject since. Earlier in the week, it was allegedly announced that Kardashian's half-sister Kylie Jenner is pregnant, and Kim Kardashian announced that she is expecting her third child

via surrogate. Despite all the buzz surrounding the Kardashian-Jenner clan, Kardashian is continuing to stay silent.

This celebrity news shows us that life must go on after a big media announcement. What are some ways to support your partner through her pregnancy?

Cupid's Advice:

The pregnancy process can both be extremely exciting and stressful, so we're betting that Khloe is thankful to have someone as sweet as Tristan by her side! If you are struggling to support your partner through her pregnancy, head below to check out some of Cupid's tips:

1. Listen closely: It's easy to feel helpless during this emotional time, but it is also important not to assume what your partner needs or doesn't need. Instead of playing the guessing game, simply ask what she needs or wants from you. Find simple ways to make her life just a little bit easier, and your efforts will definitely be appreciated.

Related Link: [Celebrity Baby News: Khloe Kardashian Is Expecting First Child with Tristan Thompson](#)

2. Surprise her: Every now and then, go the extra mile for your partner to show how much you love and appreciate her. Whether it's breakfast in bed, a bouquet of flowers, or a weekend getaway, small efforts will definitely remind her of the excitement of having a baby. These little surprises are both super supportive and sweet.

Related Link: [Celebrity Baby News: Source Says Kylie Jenner's Pregnancy with Travis Scott 'Definitely Wasn't Planned'](#)

3. Lift the weight off her: While it's impossible to *physically* lift the weight off your partner, you can definitely do so emotionally or mentally. Instead of letting her do chores around the house or go food shopping, take the responsibility to do it yourself. Regardless of what your routine is, try your best to help her ease into the pregnancy so she isn't as stressed out.

What are some of your tips for being a supportive partner during a pregnancy? Share your thoughts below.

Celebrity Baby News: Heidi Montag & Spencer Pratt Welcome First Child





By [Melissa Lee](#)

Congratulations to Heidi Montag and Spencer Pratt, who just welcomed their first child into the world! The celebrity baby, whose parents are most famously known for starring on *The Hills* a few years back, is named Gunner Stone. He was born on Sunday, October 1 at 3:06 pm. Montag told [UsMagazine.com](#) that it was the “hardest and most rewarding experience,” but she feels that the couple is very blessed. Pratt, Montag’s husband, called it the “most lit day” of his life.

This celebrity baby has a memorable name – Gunner Stone. What are some ways to compromise with your partner on baby names?

Cupid’s Advice:

Heidi and Spencer are definitely some of the most eccentric celebrities in Hollywood, and their baby’s unique name shows

that. If you and your partner are expecting a baby and are dealing with the classic name debate, check out some of Cupid's advice below:

1. Be open-minded: If you and your partner are struggling to come up with a name you both like, remember to be open-minded when it comes to their suggestions. You may not like a name at first, but eventually find a liking towards it in a few weeks or months. Try your best not to immediately shut down the names your partner brings to the table and maybe you'll be able to come to a compromise!

Related Link: [Celebrity Baby News: Kim Kardashian Confirms She's Expecting Her Third Child](#)

2. Brainstorm together: Just like any other thing in parenting, baby names are a collaborative effort as well. Instead of thinking separately, try brainstorming a list of names together. Take the time to sit down and create a group of baby names that you both like, then come back to it later and see which one sticks out.

Related Link: [Celebrity Baby News: Khloe Kardashian Is Expecting First Child with Tristan Thompson](#)

3. Go through a baby book: When all else fails, head to the bookstore or Internet to find a compiled list of baby names. Go through the article or book together and find names that both of you enjoy. This could either help you two come to a compromise, or even spark up some names of your own.

What are some of your tips for coming up with a baby name? Share your thoughts below.

Celebrity Baby News: Kylie Jenner Is Pregnant and Expecting First Child with Travis Scott



By [Melissa Lee](#)

Congratulations are in order for [Kylie Jenner](#) and Travis Scott, as apparently the young [celebrity couple](#) are expecting their first child together! The [celebrity baby](#) was confirmed to multiple news outlets over the weekend, though the Kardashian-Jenner clan have yet to comment. According to [People.com](#), Jenner and Scott are having a baby girl. The pair have only been dating since April, after Jenner broke up with her on-again, off-again boyfriend, Tyga. Despite the timeline,

Jenner is “really excited” about being a mom, even though the pregnancy was completely unexpected.

This celebrity baby news is the talk of the tabloids right now! What are some ways to cope with an unexpected pregnancy?

Cupid’s Advice:

This pregnancy definitely came as a surprise to Kylie and Travis, but it seems like they’re handling it really well! If you’re having difficulty coping with an unexpected pregnancy, here are some of Cupid’s tips:

1. Assess the situation: Before taking any further action regarding the pregnant, it’s super important to assess the situation you’re in. Is the baby’s other parent in your life, or do they want any part in the pregnancy? What’s your financial situation like? Do you have a stable job? These aspects are really crucial, and it’s even more crucial to make sure everything’s in line before the baby is born.

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2. Lean on loved ones: Unexpected pregnancies can be a very difficult thing to cope with, so take this opportunity to lean on your loved ones for support. Confide in trustworthy people that have your best interest in mind. You should not have to deal with this situation completely on your own, so don’t feel ashamed about leaning on others when you need love and support the most.

Related Link: [Celebrity News: Justin Timberlake Says He’s ‘So Proud’ of Wife Jessica Biel](#)

3. Start planning: In order to rid yourself of existing stresses and anxieties, you could just begin planning for the baby's arrival. You could start slow, like simply looking at the necessary doctors to ensure a healthy pregnancy, or even start preparing for the baby's nursery. Take your time, but don't ignore the issue at hand because you're nervous.

What are some of your tips for coping with an unexpected pregnancy? Share your thoughts below.

Celebrity Wedding: Former 'Bachelor' Star Erica Rose Gets Engaged at Daughter's First Birthday Party





By [Melissa Lee](#)

Look out, *Bachelor* Nation – there's another [celebrity wedding](#) on the horizon! In recent [celebrity news](#), former *Bachelor* contestant Erica Rose got engaged to her boyfriend Charles, who popped the question at Rose's daughter's first birthday party. According to [EOnline.com](#), Charles proposed in front of all their friends and family at Houston Zoo, but didn't want to take the attention away from Rose's daughter, Holland, so he stepped outside briefly when it was time. Although Charles is not Holland's biological father, it seems like the trio has been working well as a family. Wishing the best of luck to the happy couple!

There's a celebrity wedding in the works now that Erica Rose is engaged! What are some ways to know you're with someone who you could

have a happy marriage with?

Cupid's Advice:

Marriage is a huge, life-changing decision, so before saying yes, it's important to make sure you're with the right person. If you're in a happy, healthy relationship and are starting to wonder if they're "the one," check out some of Cupid's [relationship advice](#) below:

1. Think long-term: Assuming you decide to marry this person, it's obviously crucial that you see a future with them. When you envision your life in 10 years, is your current partner by your side? If the answer is yes, that's definitely a good sign. In order to have a happy marriage, your relationship needs to stand the test of time!

Related Link: [Celebrity News: Justin Timberlake Says He's 'So Proud' of Wife Jessica Biel](#)

2. How's the family situation?: Another huge aspect of getting married is that this person will ultimately become a part of your family. Given this, it's important to observe how your partner gets along with your family members. Do your parents hate them, or are they constantly asking when they'll see them next? Are they super charming with your relatives? Take this into consideration before answering that big question.

Related Link: [Celebrity Couple Jay-Z & Beyonce Slay in a Series of Date Nights](#)

3. Reflect on *your* happiness: At the end of the day, your happiness is more important than anything else. If you are over the moon about dating this person and you absolutely see yourself marrying them, then by all means, go for it. You should always do what makes you the happiest.

What are some of your tips for figuring out if your current

person is someone you could happily marry? Share your thoughts below.

Beauty Tips: Colored Eyeliner



By [Melissa Lee](#)

The beauty world is constantly changing, and sometimes it feels a little difficult to keep up. On top of that, it can get easy to get super bored with your every day makeup routine. A solution to both of these worries comes in the form of 2017's hottest beauty trend – colored eyeliner! While it may sound a little intimidating, don't worry. There are plenty of ways to rock this look, regardless if you're looking to go

bold or subtle. Head below to check out ways to wear colored eyeliner this season.

Check out some of Cupid's beauty tips on how to rock colored eyeliner below!

1. Start light: If your every day makeup look is relatively neutral, try starting with white eyeliner. This look has been rocked by celebs like Kerry Washington, who made white eyeliner look super classy on the red carpet. Paired with a natural eye look, line the your eyelids with white eyeliner. If you're feeling a little bolder, try a cateye by adding small flicks to the ends.

2. Blue is the new black: Lady Gaga is notorious for ditching black eyeliner for blue, and has been showing this look off on her tours. Take a page out of Gaga's book with this neon dream. Sweep a fun eye shadow color over your lids (green, pink, even purple) and pair with neon blue eyeliner on your waterline.

Related Link: [Beauty Tips: The Rise of Microblading](#)

3. Multicolored: Looking for something even crazier? Try this out: multicolored liquid eyeliner. Emily Ratajowski showed this amazing look off at this year's Met Gala and it was a hit! Her makeup artist blended together two different liquid eyeliner colors (blue and green) and lined her lash line. Extend the eyeliner a little past your lids for a cute cateye look and you're all good to go!

4. Reverse it: Dianna Agron tried reverse eyeliner out on the red carpet last year and we're obsessed! She lined her lids with regular black eyeliner (a cateye, of course), but made a bold statement by sweeping neon pink eye liner on her

waterline. This graphic look is guaranteed to stand out, especially when paired with neutral lips and face makeup.

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5. Sharp and clean: If you want the colored eyeliner to be the complete star of the show, consider trying this look out. Line the tops of your lids with a fun eyeliner color (blue, red, maybe even purple too!), and call it a day. Apply some mascara to your eyelashes and finish with a dewy, natural face.

What colored eyeliner look do you want to try out? Leave your thoughts below!

**Celebrity Break-Up: Anna
Faris Is 'Fantastic' Amid
Chris Pratt Divorce, Says
Allison Janney**





By [Melissa Lee](#)

It's been a couple of weeks since Anna Faris and Chris Pratt shocked Hollywood with their [celebrity break-up](#), but it seems as though Faris is doing fine despite the [celebrity divorce](#) proceedings. Faris' co-star Allison Janney revealed to [UsMagazine.com](#) that Faris is "fantastic" and extremely professional when coming into work. "It's good to have things like work to hang on when you're going through a difficult time," says Janney. Faris and Janney presented an award at the 69th Primetime Emmy Awards this past Sunday, and while Pratt did not make an appearance, he told photographers that he thinks she did a great job. Kudos to these exes for staying civil during such a difficult time!

It looks like Anna Faris is keeping it together amid her divorce! What are some ways to stay strong during

a split?

Cupid's Advice:

Splits can get messy and difficult, but Anna Faris seems to be handling hers quite well. If you find yourself struggling to stay strong during a break-up, check out Cupid's tips:

1. Try to make it positive: We know it's easier said than done, but try looking at the break-up in the most positive way possible. Even though it can be *super* sucky, remind yourself that relationships tend to be learning experiences. Sometimes they don't work out or you two aren't meant to be, and that's totally okay. Commend yourself for getting this far and keep it moving.

Related Link: [Celebrity Break-Up: 'Bachelor in Paradise' Star Amanda Stanton Opens Up About Her Split from Robby Hayes](#)

2. Stay civil: Instead of bad-mouthing your ex and possibly starting drama regarding the former relationship, try your best to stay civil with them. Faris and Pratt seem to be doing a great job doing this, especially since they have a child together. If you make an effort to be civil with your ex-lover, you'll start to feel less angry with them. It'll be a gradual process, but totally worth it in the end.

Related Link: [Celebrity Divorce: Fergie and Josh Duhamel Call It Quits](#)

3. Focus on yourself: Take this time to do activities that will make you feel stronger, whether it be physically or mentally. Head to the gym and begin a healthier lifestyle, or take up yoga or meditation. Regardless of what will make *you* feel like a more positive human being, try out this tip to ensure staying strong during this tough time.

What is your advice for staying strong during a split? Leave

your thoughts below.

Celebrity News: 'Bachelor in Paradise' Star Danielle Lombard Says Dean Unglert Was 'Encouraged' to Cut Ties



By [Melissa Lee](#)

Is there ever a time where there *isn't* a ton of drama in Bachelor Nation? [Bachelor in Paradise](#) star Danielle Lombard

recently disclosed some juicy [celebrity news](#). In a recent interview, she says that Dean Unglert, who simultaneously dated Lombard and Kristina Shulman during the show, was encouraged to cut ties with Lombard in the finale of the show. Unglert, who originally found interest in Schulman, flip flopped between the two girls this season. According to [UsMagazine.com](#), Lombard says that Unglert is infamous for constantly changing his mind, and relationships are no exception. She further disclosed that the producers of the show make it seem like there's always a greater opportunity to meet someone new and connect with somebody else. Sounds fishy!

This celebrity news continues the 'Bachelor in Paradise' drama from the most recent season. What are some ways to know if you're respected by your S.O. in a relationship?

Cupid's Advice:

Dean is definitely looking sketchy after the nation watched him mess around with both Danielle and Kristina. This kind of situation is totally unfair – in order to prevent getting disrespected by your significant other, check out Cupid's advice:

- 1. Communicate often:** If you're speculating that your partner is being dishonest, the best way to figure that out is through communication. If they aren't communicating with you very often, or they don't seem super serious about your relationship, it may be a cause for concern. Sit your significant other down and talk everything out – after all, it's better to be safe than sorry.

Related Link: [Reality TV Update: Andi Dorfman Is 'Excited' to See Arie Luyendyk Jr. as New Star of 'The Bachelor'](#)

2. Talk to your friends: Though sometimes it's better to avoid the opinions others have on your relationship, this may be a time where you should lean on their advice. If your friends or loved ones have been around you and your partner, ask them how they feel about them. Do they think they're disrespectful? Or do they think you two go well together? Take their thoughts into consideration.

Related Link: [Reality TV Star Dean Unglert Talks About 'Bachelor in Paradise' Love Triangle](#)

3. Listen to your gut: At the end of the day, your instincts will never guide you in the wrong direction. If you truly feel that something's off, don't torture yourself by being in a toxic relationship. When it comes down to it, the relationship may not be meant to be, and that's completely okay.

What are some of your tips for figuring out if you're being disrespected in your relationship? Share your thoughts below.

Celebrity Couple Jay-Z & Beyoncé Slay in Series of Date Nights





By [Melissa Lee](#)

Hollywood's favorite [celebrity couple Jay-Z](#) and Beyoncé have been looking better – and more in love – than ever! The couple have been keeping the spark alive throughout a series of date nights in New York City. According to [EOnline.com](#), they hit up Rihanna's Diamond Ball earlier in the week, then headed over to Broadway's newest hit show, *Dear Evan Hansen*. Days later, Jay-Z headlined The Meadows Music & Arts Festival, where Beyoncé was spotted with their first born daughter, Blue Ivy, supporting from backstage.

This celebrity couple is all about the date nights! What are some ways to keep the spark alive in your date nights?

Cupid's Advice:

After being together for over 10 years, Beyoncé and Jay-Z seem

to be experts at keeping the romance alive in their relationship. If you and your partner struggle with rekindling the love, head below to check out some of Cupid's tips:

1. Do something new: When you've been together for awhile, date nights can get a little repetitive. Instead of doing the usual dinner date, try doing something new, regardless of how big or small. This will make date nights a lot more fun and valuable, plus you'll continue to create memories neither of you will ever forget.

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2. Go on a weekend getaway: Little vacations are guaranteed to get the spark going again during a dull point in the relationship. Spending one-on-one time in a particularly romantic spot will absolutely get the butterflies going again. Added bonus: talking about the reasons why the two of you fell in love in the first place will remind you both of how much you adore one another.

Related Link: [Zayn Malik Opens Up About His Celebrity Relationship with Gigi Hadid](#)

3. Try something adventurous: Regardless of whether or not the two of you are adventurous, pick something that's completely out of your comfort zone. This date night will have adrenaline pumping through your veins, causing the two of you to rely on each other just a little bit more than usual. The experience will surely bring you two closer together.

What are some of the ways you and your partner keep the spark going during date night? Leave your thoughts below.

Celebrity Exes Reunite: Are Leonardo DiCaprio & Toni Garrn Rekindling Their Romance?



By [Melissa Lee](#)

Speculators have their eyes on [celebrity exes Leonardo DiCaprio](#) and Toni Garrn after the two were spotted at the Uritas Gala this past Tuesday. The former [celebrity couple](#) dated for a year and a half until late 2014, according to [EOnline.com](#). A source close to DiCaprio claims that they are both keeping their expectations low after their previous break-up. They apparently are hanging out and having fun, so no labels have been placed just yet!

These celebrity exes may give their relationship another go. What are some reasons not to rekindle your relationship with an ex?

Cupid's Advice:

Everyone understands how difficult the break-up process can be, but it's even harder rekindling the romance with your ex after time has passed. If anyone knows this situation well, it's *definitely* Leo and Toni! If you've found yourself in a similar dilemma, check out some of Cupid's advice below:

1. Reflect on the past: Although when you look back on the relationship all you may remember are the good times, but you need to look past that. Reflect and remember the reasons why things didn't work out in the first place, and realize that those issues will most likely continue to arise in the potential new relationship with your ex. You broke up for a reason!

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2. You're not moving forward: By getting back together with your ex, you're not moving forward with your life whatsoever. In fact, some could argue that you're simply living in the past and stunting potential emotional and mental growth by getting back together with this person. Throughout life, it's important to make sure you are constantly growing, so do yourself a favor and say goodbye once more.

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3. You're missing out on the potential new lovers: By getting back with your ex-lover, you're missing out on all the

potential new partners! Instead, you're essentially just re-living the same relationship from before. Unless you truly believe (and see) a change in your ex and in the budding relationship, there is really no reason why you should get back with them.

What are some reasons why you think getting back with your ex is a bad idea? Leave your thoughts below.

Celebrity Baby: Adam Levine and Behati Prinsloo Announce Second Pregnancy





By [Melissa Lee](#)

Adam Levine and wife Behati Prinsloo are quickly expanding their little family! Prinsloo announced that she is pregnant with the [celebrity couple's](#) second baby via an adorable Instagram post of her bump (see photo above). The two have been married since 2014 and are already parents to daughter Dusty Rose. According to [UsMagazine.com](#), the couple could not be happier about their second [celebrity baby](#). In fact, the Maroon 5 frontman is constantly gloating about his growing family. Congratulations to these lovebirds and best of luck!

Adam Levine and Behati Prinsloo will have their hands full with two celebrity babies. What are three tips to help parents handle young children so close in age?

Cupid's Advice:

This couple is soon going to be welcoming their second celebrity baby into the world. While it's an exciting time, it can also be super stressful. Check out these tips if you're nervous about having young children so close in age:

1. Remember the benefits: When you start to get overwhelmed, try your best to remember all of the positives of having two kids close in age. Your kids will most likely be close in terms of their relationship; you'll be able to use hand-me-downs from your first child; and they will be able to do activities together when they're older. Try to be thankful that they'll have a good sibling dynamic!

Related Link: [It Will Be a Celebrity Baby Girl for Adam Levine & Behati Prinsloo](#)

2. Hand-me-downs are all the rage: If you saved your first child's clothes and you're expecting another baby of the same sex, this is the perfect opportunity to break them out and put them to use again. You can reuse baby clothes, towels, toys, and more for the new baby to-be. It will save you a ton of money in the long run. Plus, it'll be cute to compare pictures of both kids in the same outfits or playing with the same toys.

Related Link: [Celebrity Couple: Behati Prinsloo Wishes Husband Happy Birthday With Adorably Funny Instagram Post](#)

3. Use the same discipline style: If you're concerned about disciplining them, never fear: Since your kids will be super close in age, you will be able to use the same discipline style for both of them. And hopefully, they'll learn good behavior from one another!

What are some of your tips for raising kids so close in age? Share your thoughts below.

Celebrity Couple Mandy Moore and Taylor Goldsmith Are Engaged



By [Melissa Lee](#)

Congratulations to Mandy Moore and Taylor Goldsmith! The [celebrity couple](#) are engaged after two years of dating. According to [EOnline.com](#), Moore was recently spotted rocking an engagement ring while grabbing lunch earlier this week. The pair celebrated their two-year anniversary just a few months ago, although Moore's celebrity divorce with musician Ryan Adams wasn't finalized until late 2016. Wishing this couple

the best of luck as they plan their [celebrity wedding](#)!

Looks like another celebrity couple is getting hitched! What are some things to consider when getting engaged after a divorce?

Cupid's Advice:

Getting engaged is such an exciting time, and this celebrity couple can definitely vouch for that. The *This Is Us* star is looking happier than ever, despite her recent divorce from her ex-husband. If you, like Moore, are getting engaged after a divorce, check out these tips from Cupid:

1. Make sure you're not rushing it: There are a ton of emotions that are provoked by divorce – after all, it's not an easy thing to go through. In order to make sure your next marriage doesn't end badly, it's truly best that you don't rush into anything. Take your time, and make sure you're with someone who is understanding of your situation.

Related Link: [Celebrity News: Spoiler Alert! 'Bachelor in Paradise' Stars Derek Peth & Taylor Nolan Are Engaged](#)

2. Build a positive, longterm relationship: Although time doesn't always mean everything, it's best to make sure that the person you're marrying has been someone you've been dating for awhile. This celebrity couple has been dating for two years before their engagement, despite Moore's ongoing divorce. Time definitely does say something about your future with your partner, so keep that in mind.

Related Link: [Celebrity Couple News: Channing Tatum Recalls 'Cruel' Proposal Tactic](#)

3. Finalize your divorce: In terms of legal issues, it's important to make sure everything has been finalized with your divorce. It's best to leave that relationship in the past – both emotionally and legalistically – in order to prevent any issues with your current partner.

What are some of your tips for getting married after a divorce? Leave your thoughts below.

Fitness Tips: 5 Most Effective At-Home Workouts



By [Melissa Lee](#)

When you're trying to maintain a healthy lifestyle, getting to the gym all the time can get a little tough. If you have a busy day-to-day schedule, sometimes doing your workouts at home may be the way to go. Don't worry about getting a decent workout in, though – check out a few of these at-home exercises to ensure you keep your healthy habits going.

Head below to check out some fitness tips: most effective at-home workouts to do when you're too busy to get to the gym!

1. Dumbbell squats: This exercise is perfect if you're trying to workout your legs and butt. It's essentially a regular squat, but you're also using dumbbells to increase the weight being applied. This is super beneficial and intensifies the workout. Do as many reps as you can in one minute, then repeat.

2. Pushups: Although they're everyone's least favorite workout (upper body exercises are definitely a pain), pushups are extremely beneficial. Pushups are fantastic for your upper body strength (arms, chest), plus they work your core. Make sure you're doing the right form to prevent getting injured!

Related Link: [Celebrity Diet: 5 Diet Tips Tried & Tested By Your Favorite Celebs](#)

3. Sprint in place: So you don't have time for the gym or to go out on a run – no problem! Try sprinting in place for 20 seconds, then repeat three more times. Running is a great exercise to get in the habit of, and it's even better to start or end your workout with. It can be painful when you first get started, but eventually you will start to get better, making a notable improvement.

4. Squat thrusts: This workout isn't the most well known, but we can walk you through it. Start by lowering into a squat and placing your hands under your shoulders, then jump down into a full plank position. Make sure you're keeping your abs tight to get the most out of this workout as well. Do as many reps as you can for 20 seconds, then repeat three more times.

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5. Dumbbell shoulder lifts: Stand with your feet apart (about hips distance apart), holding dumbbells with your arms bent in front of your shoulders. Hold your core tight and extend your arms overhead (be careful with this one!), then lower the weights. Do as many reps as you can for one minute, then repeat once more.

What are your favorite at-home workouts? Leave your thoughts below.

Celebrity Break-Up: 'Bachelor in Paradise' Star Amanda Stanton Opens Up About Her Split from Robby Hayes





By [Melissa Lee](#)

Looks like there's trouble in paradise! [Bachelor in Paradise](#) star Amanda Stanton recently spilled details about her celebrity break-up from Robby Hayes. [EOnline.com](#) reported that, following their brief reality TV romance, the former [celebrity couple](#) attempted to make their relationship work in the real world. Hayes asked Stanton to be his girlfriend but continued to go out with his friends and go MIA for multiple days at a time. Stanton has taken a mature position following their [celebrity break-up](#), saying that she doesn't blame him for anything and wishes him the best.

Amanda Stanton is staying positive after her latest celebrity break-up. How can you keep a good attitude following a split?

Cupid's Advice:

Break-ups can be super tough, so props to this reality TV star for staying positive and moving on! If you find yourself struggling to keep a good attitude after a split, check out Cupid's advice below:

1. Be nice: Although you may want to talk badly about your ex, it's better to be nice and keep a positive mindset. Wish them the best and move forward instead of focusing on the past and starting drama. The cliché "fake it 'til you make it" is true: If you think only good things about your ex and your former relationship, you'll eventually begin to believe them!

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2. Focus on yourself: Instead of wondering what your ex is doing or being sad about the break-up, use it as ammunition to better yourself. You have the power to make any situation better, and if you do things to positively impact your own life, you won't be as concerned with the split. Start a new workout routine, focus on your career, or make an effort to spend more time with your friends.

Related Link: [Celebrity News: Peter Kraus Speaks Out About Arie Luyendyk Jr. Becoming 'The Bachelor'](#)

3. Unfollow your ex: Unfollowing your former lover on social media can be extremely cleansing. If you're less concerned with who they're with or what they're doing, it'll be easier for you to stay positive. Out of sight, out of mind, right?

What are some of your tips for staying positive after a break-up? Share your thoughts below.

Celebrity Couple Nikki Reed and Ian Somerhalder Step Out for First Time Since Welcoming Daughter



By [Melissa Lee](#)

New parents [Nikki Reed](#) and [Ian Somerhalder](#) recently stepped out for the first time since welcoming their daughter, Bodhi Soleil. According to [UsMagazine.com](#), the [celebrity couple](#) attended EIF's XQ Super School Live at Banker Hangar in Santa Monica, California, on Friday, September 8. Though the pair have been parenting since late July, they announced shortly before their celebrity baby's birth that they would be taking a month of silence. As Reed explained, "Just the three

of us, no visitors, and we're turning off our phones too, so there's no expectation for us to communicate."

Parenthood looks good on this celebrity couple! What are some ways to stay connected as a couple after having a baby?

Cupid's Advice:

Despite the stress of having a celebrity baby, these new parents look more in love than ever! If you and your partner are concerned about keeping the romance alive after having a child together, check out this relationship advice below:

1. Take time for yourselves: Although a baby can completely occupy all of your time, it's important to ensure that you two are having personal time as well. Stress can result in unnecessary frustration and arguments. In order to avoid this difficulty, try to have at least one night a week where the two of you can be alone.

Related Link: [Celebrity Baby: Nikki Reed Is Expecting Child with Ian Somerhalder](#)

2. Try some silence: Take a cue from this celebrity couple and try out their method of unplugging. It doesn't have to be a month – let's face it, that's a bit unrealistic for people who *aren't* celebrities! Even just a weekend where you can bond with your partner and newborn can be very beneficial.

Related Link: [Celebrity Baby: Eva Longoria Is Not Pregnant Despite Rumors](#)

3. Go on a weekend getaway: A few months after your baby is born, extend your weekly date night and go on a short

trip. Make the goal of the weekend to reconnect with your partner and remember who you are as a couple outside of being new parents. And don't stress if all you do is talk about your sweet babe!

What are some of your tips for staying connected with your significant other after you have a baby? Leave your thoughts below.

Fitness Tips: Staying Healthy During the Holidays



By [Melissa Lee](#)

The holiday season is all about family gatherings, giving (and receiving) gifts, and *food*! Regardless of what you celebrate during the holidays, there is bound to be a ton of delicious food that seems almost impossible to resist. If you find yourself having a difficult time staying healthy during the winter season, don't stress too much. We've got you covered with a few ways to look (and feel) your best!

Check out these fitness tips on how to stay healthy this holiday season!

1. Stay hydrated: this is just a general, every day fitness tip, but water is super important. This becomes even more crucial if you are traveling a ton, especially if you're flying. Make sure you are drinking plenty of water on the days you spend the bulk of your time on a plane, train, or bus. Plus, when someone offers you an alcoholic beverage or sugary drink or dinner, turn them down and opt for a glass of water instead. It's a great way to avoid consuming empty calories.

2. Skip dessert: although it's completely justifiable to sneak a cookie or two post-family dessert, try not to go too overboard. After a huge holiday dinner, eating too many desserts can simply lead to unnecessary weight gain and just feeling awful the next day. If there's any fruit, try to stay near the healthier options instead of sampling every cake available.

Related Link: [Fitness: 5 Amazing Workout Tips from the Best Celebrity Trainers](#)

3. Snack wisely: when traveling, staying healthy might not be on the very top of your priority list – trust us, we get it. But when you're at the train station or airport, instead of stopping at a chain restaurant for a sugary snack filled with

calories, pick up something healthier and equally sustainable like a granola bar. This small tip will most definitely go a long way, plus it's a great habit to have!

4. Rest up: the holidays can very quickly become a very stressful and busy time, so it's important to take some time for yourself. Enjoy your time off by having a few moments just for you. Take a relaxing bath or shower or even take a walk on your own. Small things like this are beneficial for both your mental and physical health!

Related Link: [Celebrity Diet: 5 Diet Tips Tried & Tested By Your Favorite Celebs](#)

5. Stop yourself from overeating: even though all the food at dinner will be absolutely delicious, try your best to avoid overeating. Remember that overeating can certainly lead to being bloated, and a difficult mental state will prevent you from feeling good. It's okay if you want to sample a little bit of everything, but pay attention to how full you're becoming.

What are some of your tips for staying healthy during the holiday season? Share your thoughts below.

**Royal Celebrity Couple:
Meghan Markle Says She &
Prince Harry Are 'Really**

Happy and in Love'



By [Melissa Lee](#)

After being months of low-key dating, Meghan Markle has finally spoken up about her [celebrity relationship](#) with Prince Harry! In October's issue of *Vogue*, Markle opened up about the love the [celebrity couple](#) has for one another. According to [UsMagazine.com](#), Markle and Prince Harry are very happily in love. "We dated very quietly for about six months before it became news," Markle says of the relationship. "Nothing about me has changed. I'm still the same person that I am, and I've never defined myself by my relationship." Wishing the best of luck to these royal lovebirds!

This royal celebrity couple could be heading toward an engagement. What are some ways to know you're ready to take the next step in your relationship?

Cupid's Advice:

New relationships are always fun, but taking the next step to a more serious stage is important. If you and your partner are on the same page as Meghan Markle and Prince Harry, head below to check out some of Cupid's advice:

1. Future plans: Before taking the next step in your relationship, it's important to reflect on whether or not you see a future with this person. If you do, then it's definitely a good sign, and a way you know it's time to move forward in your relationship. However, if you don't see the relationship lasting much longer, then maybe it would be better to keep things casual.

Related Link: [Celebrity Couple News: Chloe Green Denies Engagement to 'Hot Felon' Jeremy Meeks](#)

2. Are you personally ready?: Although relationships take two people to function, it's also of importance to figure out if you are personally in the right place to take the next step. If you're not in a decent enough mental or emotional state, then it might be best to take some time to work on yourself before moving forward in the relationship.

Related Link: [Celebrity Wedding: Sarah Michelle Gellar & Freddie Prinze Jr. Celebrate 15th Anniversary](#)

3. How long have you been together?: Though the length of a relationship doesn't always mean everything, it's important to

know that it's always better when you two have been together for a decent amount of time. Relationships that stand the test of time are more likely to stay together longer, therefore it'll be better to decide when to take the next step.

When do you know it's time to take the next step in a relationship? Leave your thoughts below.

Celebrity Break-Up: Sarah Hyland Said Summer 'Sucked' Post-Split from Dominic Sherwood





By [Melissa Lee](#)

Sarah Hyland recently posted a rather aggressive summer goodbye on her Instagram after dealing with a tough [celebrity break-up](#) this season. Hyland captioned her picture, “goodbye summer! You’ve sucked”, making sure to add a few middle finger emojis. Hyland and her former boyfriend, Dominic Sherwood, split after two years of dating. Despite the break-up, [UsMagazine.com](#) says that the exes will continue to stay friends and will always respect one another.

This celebrity break-up left a bad taste in Sarah Hyland’s mouth. What are some ways to get over your break-up enough to enjoy what life brings your way?

Cupid’s Advice:

Break-ups are never easy, and Sarah Hyland can easily attest for that. Even though it's important to go through the stages of a break-up, there comes a point where you need to move forward with your life. Check out some of Cupid's tips on finally getting over your ex:

1. Focus on yourself: Take a page out of Khloe Kardashian's book and use the break-up as a way to completely focus on yourself. Head to the gym and get fit, or start a new hobby that you've been meaning to get to. Either way, by doing things for yourself that positively impact your physical or mental state, you'll slowly start to feel so much better.

Related Link: [Celebrity Couple News: Chloe Green Denies Engagement to 'Hot Felon' Jeremy Meeks](#)

2. Get back out there: Although it may be hard to do at first, the best way to completely move on from a relationship is to start meeting new people. It doesn't necessarily mean you need to date anyone or commit to anything, but by pushing yourself to meet other people for a potential romantic interest, it can be a great tool for moving on.

Related Link: [Celebrity Wedding: Sarah Michelle Gellar & Freddie Prinze Jr. Celebrate 15th Anniversary](#)

3. Don't be hard on yourself: The most important thing to remember is that you should never be too hard on yourself during the process. Break-ups are difficult for every party involved, so don't get upset if it takes you a little bit longer. By taking the time you need, you will move on when you're ready, and it'll make your next relationship that much better.

What are some of your tips for moving on from a break-up? Leave your thoughts below.

Celebrity News: Prince Harry & Meghan Markle End African Vacation with Romantic Trip to Victoria Falls



By [Melissa Lee](#)

After spending three weeks in Africa together, Prince Harry and Meghan Markle ended their romantic getaway with a safari lodge in Zambia. According to [People.com](#), the couple's trip was intensely private, similar to most of their vacations together. Officials, local hotel staff, and safari staff were

all sworn to secrecy as the pair enjoyed their lodge on the Zambezi river. When their trip came to a close, they were taken directly to their plane, where no pictures were allowed to be taken.

This celebrity news has us hoping that Prince Harry & Meghan Markle are close to a celebrity engagement! What are some ways travel can bring you closer together as a couple?

Cupid's Advice:

Prince Harry and Meghan Markle are no stranger to taking romantic trips together, and clearly it's super beneficial for them! Traveling is a great way for couples to get closer, so head below to read Cupid's tips for jet setting lovers:

1. You get to experience new things: When you travel with your partner, you get the opportunity to experience and try brand new things that you've never done before. The best part is that you get to do it together, too! By trying new foods, activities, and exploring cities and countries neither of you have been to, you grow closer as a unit.

Related Link: [Single Celebrity: Bachelor's Ashley Iaconetti Isn't Interested in 'Random Dates'](#)

2. You make great memories: Traveling is always filled with amazing memories that you'll never forget, but they get ten times better when your partner is by your side! Together, you're able to make memories that you will always remember, even when things get a little rough. Make sure to take a ton

of pictures and videos so when you come home, you'll have a little piece of your trip together to remember forever.

Related Link: [Celebrity Divorce: Mel B Makes Fashion Statement About Her Ex At The VMA's](#)

3. It can be romantic: When traveling with your lover, you get to spend a lot of one-on-one time. You can take the opportunity to make your time together a little romantic by going out on dates filled with candlelit dinners and delicious food. The romance will surely bring you two even closer together than before, making it a getaway that you will absolutely adore.

What are some of your favorite reasons to travel with your partner? Share your thoughts below.

Celebrity Break-Up: Nick Viall Says He Still Loves Vanessa Grimaldi Post-Split





By [Melissa Lee](#)

It seems like there's always drama in *Bachelor* Nation, and this week is no exception. After season 21 *Bachelor* Nick Viall and Vanessa Grimaldi announced their split last week, Viall broke his silence regarding the situation. "I still love her very much. I'm not afraid to say that," Viall admitted at the Wrangler by Peter Max line debut party. According to [UsMagazine.com](#), he wants to stay friends with Grimaldi, despite the difficulty of the separation.

This celebrity break-up really wasn't that shocking. What are some ways to know you're not a good match with someone?

Cupid's Advice:

Heartbreak is real, but it comes as a result of realizing the person you're dating just isn't for you. If you're wondering

whether or not your partner is a good match, check out some of Cupid's advice below:

1. Differences and similarities: Although they say opposites attract, there is such a thing as *too* many differences. If it gets to a point where you realize that the differences between you two are starting to take a toll on your relationship (and result in frequent arguments), it might be a sign that you're not the best match. Differences in morals, attitudes, and personalities can be an on-going conflict in relationships, so make sure to pay attention.

Related Link: [Single Celebrity: Bachelor's Ashley Iaconetti Isn't Interested in 'Random Dates'](#)

2. Comfort level: Ideally, you would like to feel completely comfortable around your significant other, right? But... what if this isn't the case, and you can't imagine yourself ever getting particularly comfortable around them? This would be a cause for concern. Your partner should be someone that never judges you, so if you feel like this isn't the case, it may be something you need to think about.

Related Link: [Celebrity Couple News: George & Amal Clooney Enjoy Date Night in Lake Como](#)

3. Think forward: Do you see yourself having a future with this person? If you are dating seriously, it's important to think forward about whether or not you think things will last. If they have qualities that you personally don't want in a longterm partner, this could be a sign that you two aren't a great match. Although it's fun to casually date as well, you need to keep in mind what you would like to get out of the relationship.

How do you know someone you're dating isn't a good match for you? Leave your thoughts below.

Parenting Tips: 5 Holiday Activities to Do With Your Child



By [Melissa Lee](#)

The holiday season can mean a bunch of different things to you and your families, but to those with kids, winter break and time off from school is on most of our minds. Though the holidays are a joyous time filled with family gatherings and delicious food, boredom can quickly set in during the break. If you find yourself struggling to find activities suitable for your children, check out some of Cupid's ideas.

Head below to look over a few of Cupid's parenting tips for this holiday season!

1. Volunteer: The holidays are bound to be one of the most exciting times of the year, and it's mainly due to gifts and presents! Even if you and your families are fortunate enough to shower one another in gifts, try taking your kids to volunteer this year. Help out people in your community by contributing to a toy drive or a soup kitchen.

2. Have a holiday movie marathon: Snowy day preventing you and your kids from leaving the house? Never fear! Compile some of your favorite holiday movies, along with theirs. Sit everyone down in the living room and make a few yummy snacks, then spend the day in your pajamas and getting in the holiday spirit.

Related Link: [Parenting Tips: How to Connect With Your Teenager](#)

3. Create a family time capsule: After teaching your children about what a time capsule is, have them pick out a few of their favorite holiday memories and write them on pieces of paper. Add in some photos, drawings, and hand written notes, then wrap it all up in a present for next year.

4. Pose for holiday cards: While it may be a running tradition in some family's households, this is still a fun activity to do with you and your kids. Have everyone get dressed up (whether you want to do a serious card or a funny one is completely up to you!), and then sit down and pose for this year's card. Send them out throughout December and don't forget to save one for yourself!

Related Link: [Celebrity Parents Open Up About Their Best](#)

[Parenting Advice](#)

5. Make a gingerbread house: This idea is a classic that guarantees fun for the whole family. Either buy a gingerbread house set or bake some pieces from scratch, then have fun decorating the house the night before your favorite holiday. Even feel free to eat it after you're done decorating!

What are some of your favorite activities to do with your kids during the holiday season? Share some of your thoughts below.