

Celebrity Break-Up: Demi Lovato Is Feeling Relieved After Split From Max Ehrich



By Carly Silva

In the [latest celebrity news](#), Demi Lovato is feeling a sense of relief after breaking off her engagement with Max Ehrich. The [celebrity exes](#) met in March and moved in with each other to quarantine together. Their relationship moved along quickly, and Ehrich popped the question only months after they were dating. The engagement was recently broken off, and according to *UsMagazine.com*, a spokesperson for Demi Lovato revealed that the pop singer is relieved after seeing Ehrich's "true colors."

In celebrity break-up news, Demi Lovato is relieved after her split and broken engagement from Max Ehrich. If you're feeling trapped or suffocated in a relationship, what do you do?

Cupid's Advice

Relationships can be very demanding and overwhelming sometimes. If you're feeling trapped or suffocated in a relationship and you're wondering what to do, Cupid has some advice for you:

1. Be honest: If you're having concerns about being suffocated in a relationship, the first thing to do is to be honest with your partner about it. Tell them that this type of relationship isn't working for you and that you're not happy. Your partner may be able to change their behavior and cater to your needs so that the relationship is more suitable for what you want.

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2. Set boundaries: If your partner is on board to make a change in your relationship, it's important to set boundaries. Tell them exactly what behaviors are okay and which ones aren't. Dedicate some time to having individual space and time for yourself to help with the suffocating feeling. If your partner is able to make these changes effectively, it may show that there is hope for your relationship to be less suffocating.

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3. Cut it loose: If you're able to work on a relationship with your partner, it can help with feeling less suffocated, but if you are feeling trapped in your relationship, that may mean something is seriously wrong. If you're not completely happy and for some reason feel like you can't get out of your relationship, then it is important that you cut it loose. Feeling trapped is not healthy for a relationship and will only lead to resentment.

What else can you do if you're feeling trapped or suffocated in a relationship? Start a conversation in the comments down below!

Celebrity Break-Up: Find Out More About Demi Lovato & Max Ehrich's Messy Split





By Carly Silva

In the [latest celebrity news](#), Demi Lovato and Max Ehrich's [celebrity break-up](#) got messy after the two broke off their engagement last week. The [celebrity couple](#) went public with their relationship in May, and Ehrich quickly put a ring on it in July. According to *UsMagazine.com*, the split came after distance made their relationship complicated, and Ehrich took to Instagram to call out the former Disney star.

In celebrity break-up news, this broken engagement isn't going smoothly so far. What are some ways to keep your split as uneventful as possible?

Cupid's Advice:

Break-ups don't always end peacefully, and sometimes the drama

can get out of hand. If you are looking for ways to deescalate the drama and keep your split as uneventful as possible, Cupid has some advice for you:

1. Try not to make a scene: When you're going through a breakup, there will obviously be a lot of emotions and pain, but it's important not to blow it up too much. Try your best to maintain composure and refrain from making a scene. This will make it easier to end the relationship peacefully and move forward without some huge blow-up making the situation worse.

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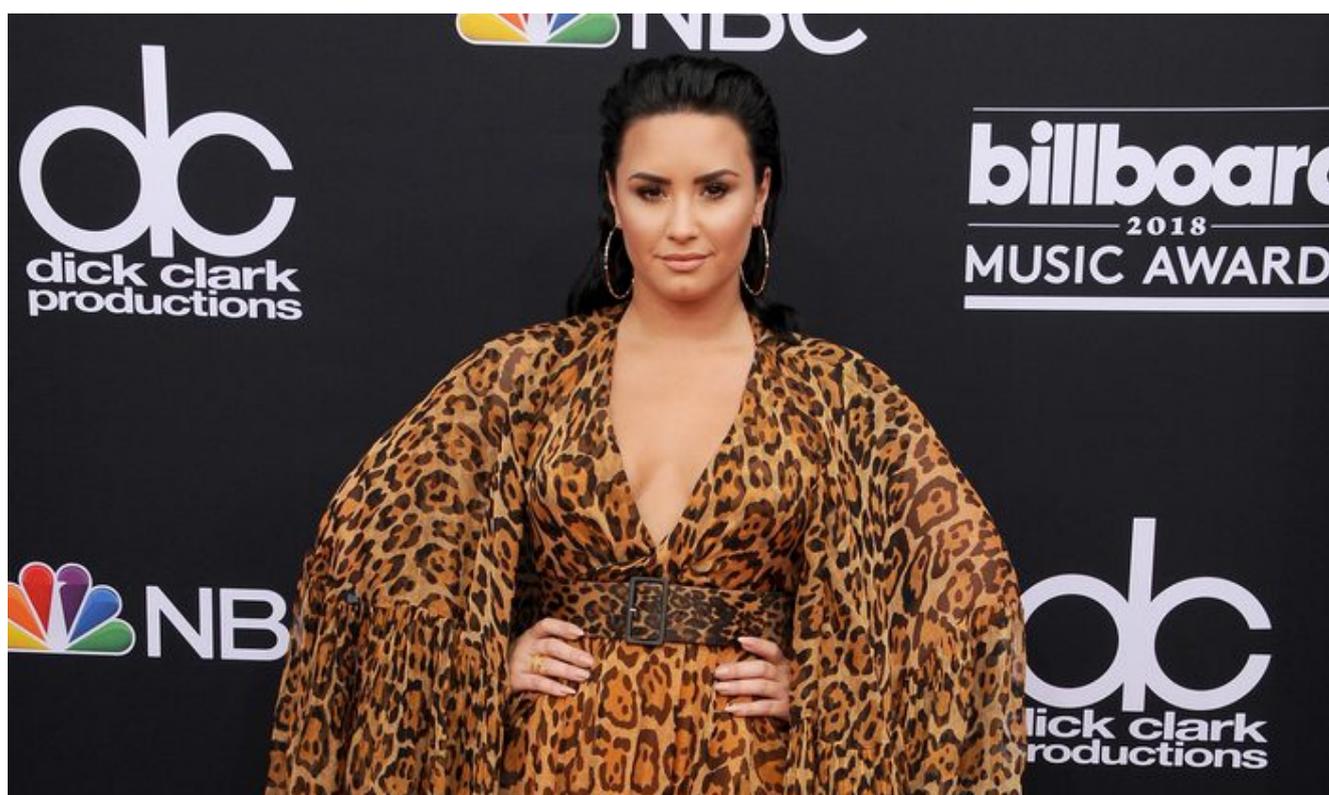
2. Stay off social media: A lot of times, couples will use social media to communicate with their ex, and it can get really messy. Saying anything over social media is so public and makes matters worse. Instead of messaging, commenting, following, or unfollowing your ex on social media, try to only communicate with them in person to remove the excess drama that comes with social media.

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3. Keep it private: Another way to keep your split uneventful is to keep it as private as possible. Obviously your friends and family are going to find out about the split, but you don't necessarily have to air all of your dirty laundry to everyone in the world. Keeping the fallout of your relationship and the details of the break-up somewhat private will help to keep the drama to a minimum.

What are some other ways to keep your split as uneventful as possible? Start a conversation in the comments down below!

Celebrity Break-Up: Max Ehrich Reveals Details About How He Learned of Split From Demi Lovato



By Nicole Maher

In the latest [celebrity news](#), Max Ehrich reveals new details surrounding his [celebrity break-up](#) from fiancé Demi Lovato. According to *EOnline.com*, Ehrich first learned that his [celebrity relationship](#) was over when he saw the headline of a tabloid on his phone. At the time, Ehrich was on the set of

his new movie, *Southern Gospel*, and not with his then-fiancé Lovato. The actor described how his cast members watched the event unfold and helped him get back into character to continue filming.

In celebrity break-up news, Max Ehrich claims he heard about his break-up from Demi Lovato via a tabloid. If you've decided to break things off with your partner, what are the best ways to go about it?

Cupid's Advice:

Breaking up with your partner can be one of the most difficult conversations to have. However, just because the conversation is challenging does not mean it's okay to go about ending the relationship without consulting your partner. If you are looking for the best ways to go about breaking things off with your partner, Cupid has some advice for you:

1. Address the issues: Before you even get to the point of breaking up, it is important to discuss the issues you are having within the relationship with your partner. Try to find any last minute areas of compromise before you decide that the relationship is officially over. If the issues that the two of you are facing appear to be unrepairable, then continue forward with the split.

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2. Privately and in-person: Even though a relationship is failing and there may be some ill-feelings between you and

your partner, it is still important to respect the other person throughout the process. One of the main ways to show respect is to go about the break-up in a private setting and preferably in person. If distance is an issue, try to make the conversation as personable as possible by making a phone call rather than sending a text.

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3. Listen to their requests: After a break-up, there are often new boundaries that need to be established between you and your ex. Take some time after the break-up to establish what kind of relationship the two of you will have moving forward. While one of you may wish to remain friends, the other may need some time without any contact to process this new change before agreeing to an ongoing relationship of any kind.

What are some other ways to go about breaking things off with your partner in the best way? Start a conversation in the comments below.

Celebrity News: Demi Lovato Buys \$7 Million House After Getting Engaged to Max Ehrich





By Carly Silva

In the latest [celebrity news](#), Demi Lovato just purchased a brand new home with fiancé and *The Young and the Restless* star, Max Ehrlich. The [celebrity couple](#) went public with their relationship earlier this year, and not long after, Ehrlich popped the question in July. According to *EOnline.com*, the former Disney star purchased her new Los Angeles six-bedroom, nine-bathroom mansion for \$7 million after selling her Hollywood Hills home in June.

In celebrity news, Demi Lovato is all about crossing major life events off of her list lately. How can moving into a new home with your partner strengthen your relationship?

Cupid's Advice:

Moving into a new home together can be a big step for a relationship. If you're thinking of moving into a new home with your partner and want to strengthen your relationship, Cupid has some advice for you:

1. Make it yours: Decorating your home with photos and pieces that you both love will really make it feel like home for both of you. Giving your house sentimental meaning will make for the perfect beginning to a life together, especially if you're hoping to start a family.

Related link: [New Celebrity Couple: Demi Lovato Is Dating Young and Restless Star Max Ehrich](#)

2. Find your own spaces: Even when you're in a relationship, it's still important to have time for yourself. Find or create places in your home where each of you can unwind and do what you love. Whether it's a TV room or an art studio, finding spots for each of you to practice your favorite hobbies will make you both love your new home together.

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3. Do it together: The journey of buying, moving into, and decorating a new house is a huge project. Do it together and have fun with it. Beginning your life together from the second you purchase your home will create memories and sentimental value that your home will have forever.

What are some ways moving into a new home with your partner can strengthen your relationship? Start a conversation in the comments below!