

New Celebrity Couple: Camila Cabello & Matthew Hussey Are Dating



By [Jessica Gomez](#)

In [celebrity news](#), it's official – Camila Cabello and Matthew Hussey are dating and happy. The [celebrity couple](#) were spotted being all love dovey during their bae-cay. A source opened up to [EOnline.com](#) about this surprising relationship a couple days after the love birds were spotted during their [celebrity vacation](#). “It wasn't something she expected, but she knew of him and really enjoys his work,” said the source. “She has been following him for a while and was a fan, but it took her by surprise that she has gotten to know him on a deeper level.”

This new celebrity relationship took Camila by surprise. What are some ways to remain open when in a new relationship?

Cupid's Advice:

New relationships need to be nurtured, but at the same time, you don't want to rush. Cupid has some [dating advice](#) on ways to be open in your new relationship:

1. Be honest: It is important to be honest in a relationship from the start. This is when you're building trust, and trust is earned by being righteous and truth-telling. It's always best to be upfront. If not, things tend to build up, causing problems and the both of you closing up and not being open with each other. Don't be afraid to share your feelings – just remember there's a difference between being a blunt person and a rude one.

Related Link: [Jennifer Lopez Gushes Over Alex Rodriguez](#)

2. Communicate effectively : It's important to try understanding as much as you want to be understood. Talk to your partner about your feelings in a straight forward and clear manner – no beating around the bush. Also, be aware of your body language and timing. Non-verbal cues give can give away a whole different meaning than you're trying to convey. As for timing, being aware is essential because sometimes situations transform into a worse one due to wrong timing.

Related Link: ['Bachelorette' Alum Dean Unglert Is 'Incredibly Happy' Since Dating Lesley Murphy](#)

3. Learn as much as you can about each other: As your relationship blossoms, so should the both of you. By getting

to know one another, your relationship will evolve – the faster you do, the faster it blossoms. Not to say that you should rush, but there's not much harm in learning each other's ways at a rapid pace. When you learn someone's ways, you can be a better partner. In order for you both to learn from one another, you have to be open to it.

What are some ways you have stayed open with a new partner? Share with us below!

Cancelled: Why NBC's "Ready For Love" Fueled America's Hatred





By Marni Battista, Founder of Dating with Dignity

Let's face it: while Disney, RomCom's and The Bachelor have consistently fueled American women's desire to be swept off their feet by the dashing handsome, successful, and sensitive man, they are, simply put, not stupid.

As a dignity dating and relationship expert who works with thousands and thousands of single women around the globe, I can tell you that women are, in fact, ready for love. However, just as NBC has promptly cancelled its newest reality dating show Friday, with the same title, women are taking a stand for their dignity and what they really want to experience when it comes to finding love.

Related Link: [Guiliana and Bill Rancic Talk About Marriage, Parenthood and Hosting NBC's New Dating Reality Show 'Ready for Love'](#)

My clients (who posted hundreds of comments in a private Facebook group on Wednesday morning, the day after *Ready for Love's* second episode aired) became disheartened by the

message the show was sending to single women just like them, reinforcing the beliefs they are desperately trying to shake.

Amy posts...

...after watching last night, there was a part of me that feels as though the show reinforced some of my limiting beliefs that in order to find love you have to be America's version of perfect (two of the women were runners-up in the Miss Universe pageant).

Luckily, Amy has the benefit of being in a community of women who have drawn a line in the sand and are beginning to understand how important it is to, in Amy's words, "really know and believe in oneself to combat subtle messages the media relentlessly broadcasts that impact my thoughts."

So, does NBC's cancellation of the show as result of dismal ratings mean that they are ready to finally admit that American women no longer want to watch flawless looking women with low self-esteem throw themselves at men they don't know?

And, while having the matchmakers on the show was brilliant in that it pointed out that pretty women actually do not necessarily have any sort of advantage when it comes to surviving in the dating jungle (FACT: when gorgeous blondes talk about farting on a first date or share that they have a list of 50 characteristics a man has to have in order to be her partner, looks become insignificant), it quite frankly isn't enough.

Related Link: [Matthew Hussey Helps Women "Get the Guy" as One of Three Coaches on NBC's 'Ready for Love'](#)

If television executives want to produce dating shows, perhaps they ought to create programming that real women want. They want advice. They want direction. They want tips and strategies they can apply now, in real life. They want to know how to love themselves even when Disney, RomCom's and *The*

Bachelor say that pretty girls always finish first and that love doesn't last. They want hope. And they want inspiration.

Perhaps, it's time for something akin to *The Biggest Loser* meets *The Bachelor*, except that there aren't three men himbos whining about wanting to find their "best friend," and the women have, in fact transformed, realizing that THEY have the power to choose their partner, and that getting "rejected" means it wasn't the right match, and that they are still valuable, loving and love-able humans with or without a man in their life.

I believe it is time for a new era in the television dating arena. Perhaps my mission to help women love themselves so that they can then find someone to love is actually taking hold.

Bravo to the viewers who said "no," and thank you to NBC for listening.

As the founder of **Dating with Dignity** and with more than 25 years of personal relationship and dating experience, Marni Battista dated, was married for 17 years and divorced, and then successfully dated again in the 21st century. She has undergone professional training in dating and relationship coaching as well as training in the Core Energy Coaching Process from the Institute of Professional Excellence in Coaching (IPEC). Marni also has extensive training as a Facilitator with the Hoffman Institute, one of the world's foremost organizations in personal development. More importantly, as a divorcee for more than five years, Marni truly understands what it feels like to be lonely and sick of wasting time on dates with men that go nowhere. A woman who is not your mother, best friend, or therapist, Marni is the professional relationship and dating expert who will stand behind you to provide love, compassion, support and honest guidance as you embark on one of the most important, fulfilling adventures in your life.

‘Ready for Love’ Matchmaker Matthew Hussey Tells Us How to ‘Get the Guy’



By [Lori Bizzoco](#) and [Rachael Moore](#)

Although he began his career as a life coaching at the age of 17, Matthew Hussey soon became an expert in the field of love and dating. His popularity with male clients grew in the United Kingdom, but it wasn't long before he made the transition to helping women in the UK, eventually crossing the pond to the United States. Hussey has built a platform to help

women find, attract and keep their ideal match through his organization, *Get The Guy*. Over six million single women tune in online for his motivational seminars, and around 50,000 females attend his live events. With all of Hussey's success, including his role on the upcoming NBC dating reality show, [Ready for Love](#), writing a book to share his eye-opening advice seemed to be the logical next step. In his debut book, *Get The Guy: Learn Secrets of the Male Mind to Find the Man You Want and the Love You Deserve*, out today, Hussey gives women the confidence they need to find – and keep – their soulmate.

What are some of the things you talk about in your book that help women find the right guy?

I teach them to look for a man who already has balance and is playing on their level. I let them know if they want a guy who doesn't play games, they shouldn't play games either. Also, it's important to be true to yourself. If they want a guy who is confident enough to walk up to a woman and make something happen, then they need to be confident too. Like any area of life, if you don't go out and get what you want, it won't happen for you.

Related Link: [Matthew Hussey Talks NBC's 'Ready for Love,' 'Get the Guy' and Being a Life Coach](#)

You've had a lot of success coaching men. Was there a pattern that you observed with the men who came to you for relationship help? What was their biggest challenge?

Their biggest challenge was that they weren't being men. I realized that guys have a lot of misconceptions about girls and that men have different stages they go through when dating. The first stage is to be really nice. When they were young, that's what their mother's taught them. But they soon figure out that women don't want a people pleaser; they want the guy who has an edge and might break their heart. Guys

learn quickly that being nice doesn't work.

The second stage occurs when they think they need to become a jerk or a bad guy. Women also think they want this type of guy, but what women really want is a man who is a leader, who is confident in his decision and who carries himself well. A lot of guys find it difficult to strike that balance between being nice and being a jerk.

What was it like transitioning from coaching men to coaching women?

The truth is I was terrified. I know men; I didn't know women. Then it hit me: that was exactly how I could help them. I didn't need to tell them about themselves; I needed to tell women about men and why they do the things that frustrate them. I worked with guys for so long, and working with the other side was so rewarding for me. It was great to see women get happier and figure things out about themselves through my coaching.

Related Link: [The Most Powerful Tool to Help You Find Your Soulmate: Intuition](#)

With the world of technology being used to find love – online dating, texting and even Facebook – women are more overwhelmed than ever. What is your number one piece of advice when it comes to technology and relationships?

People have too many options available, and relationships end up lacking depth. The problem is that as soon as we meet someone, we're already confused about that next step. Do I text, call, Facebook or e-mail them?

Ultimately, you have to boil things down to simple truths. Wherever you engage with someone, you have to be building a connection. Everything text or typing-related is the lowest form of communication. One step above texting or typing is talking on the phone. Regardless of your initial form of

communication, the goal should always be to progress to a phone call as quickly as you can.

And finally, should women initiate it if the guy doesn't ask for her number?

Some guys won't initiate anything. They don't want to seem overly desperate or needy, so they try to play it cool. But then, everyone plays it cool, and you end up in this limbo of no one doing anything. Remember that *someone* has to make a move. You can do this by texting, "Hey, I'm free tonight – give me a call." That way, the ball's in his court.

To order a copy of Hussey's new book Get the Guy: Learn Secrets of the Male Mind to Find the Man You Want and the Love You Deserve, click [here](#). For more information about the life coach, check out his sites, [Get the Guy](#) and [Matthew Hussey](#). You can also follow him on [Facebook](#) and [Twitter](#). Don't miss him on the premiere of Ready for Love tonight on NBC at 9/8c!

Matthew Hussey Talks NBC's 'Ready for Love,' 'Get the Guy' and Being a Life Coach





By Rachael Moore and [Lori Bizzoco](#)

It's spring time now, and love is in the air. So much so, that NBC's new dating competition show, *Ready For Love*, premiering Tuesday, April 9th, is already getting tons of buzz. The innovative series, with Executive Producer Eva Longoria and hosts Giuliana and Bill Rancic, follows three eligible men looking to find their soulmates. With twelve women vying for each man's heart, three matchmakers provide their expertise and advice to guide them in their search for love.

Matthew Hussey, a life coach, speaker and new author, is the only male matchmaker on the show and admits that he has a more direct approach than his female colleagues on the show, Amber Kelleher-Andrews and Tracy McMillan. "We all come from different places," he says. 'Amber is a matchmaker; Tracy is a writer; and I am a life coach.'

Related Link: [Ready for Love: Three Extraordinary Men](#)

Hussey grew up in England and claims that he was never good with the girls, so he started observing people to try to

understand them better. He learned some techniques to help people with their confidence, and at age 17, he realized that he wanted to be a life coach. He knew it would be hard for people to take him seriously given his young age, so he started out small, coaching three people per week before moving up to five and then ten.

Originally, he set out to help men better understand general life lessons, but it wasn't long before they started asking for advice on their love lives. 'I knew coaching a room full of guys wouldn't be practical. They needed to get out there and talk to women. When doing so, some men got rejected, but others got wins.'

Related Link: [How to Behave Like a Gentleman](#)

He became very popular in the United Kingdom, coaching 10,000 guys in the span of two years and doing seminars with 300 men in attendance. With his reputation growing, Hussey was approached by many women wanting to know his secrets. 'I was terrified,' he shares. 'I knew how to work with men, but I didn't understand women. Then, it hit me: that was exactly how I could help them. I didn't need to tell women about themselves. I needed to tell women about men and why they do the things that frustrate them.'

When it comes to guiding the three bachelors on *Ready for Love*, Hussey explains that Kelleher-Andrews and McMillan use a different method. 'I was more direct because I believe in giving people tools so they aren't dependent on anyone. I'm not prepping them for dates; I'm prepping them for life," he says. 'I don't care if the women in my group end up with the guy. I care about them gaining an understanding of who they are and what they want and having the strategies they need in the real world.'

Related Link: [Why Amazing Confident Women Remain Single](#)

When speaking about the difference between his coaching

techniques in his seminars and on the show, he shares, 'In my seminars, I can't watch what happens after the women leave. For the first time, I was able to see every change that was made in this nine-week period.'

When the show airs on April 9th, not only will Hussey make his debut as a reality star, but he will also add published author to his list of credits. His new book, *Get The Guy: Learn Secrets of the Male Mind to Find the Man You Want and the Love You Deserve*, will be released from HarperCollins that same day. The book focuses on three main ideas: find the guy, attract the guy and keep the guy. With his intelligence and eye-opening words of wisdom, there's no doubt that women will quickly realize that Hussey's process truly works.

Hussey's advice boils down to the idea that 'attraction is only a snapshot of any moment of time. It's not a black-and-white thing. Just because a guy isn't attracted to you now doesn't mean he never will be. So, just like they say...timing is everything.

*Don't miss the two-hour series premiere of [Ready for Love](#) on Tuesday, April 9th at 9/8c NBC. To order a copy of Hussey's new book *Get the Guy: Learn Secrets of the Male Mind to Find the Man You Want and the Love You Deserve*, click [here](#). For more information about the life coach, check out one of his sites, [Get the Guy](#) and [Matthew Hussey](#). You can also follow him on [Facebook](#) and [Twitter](#).*