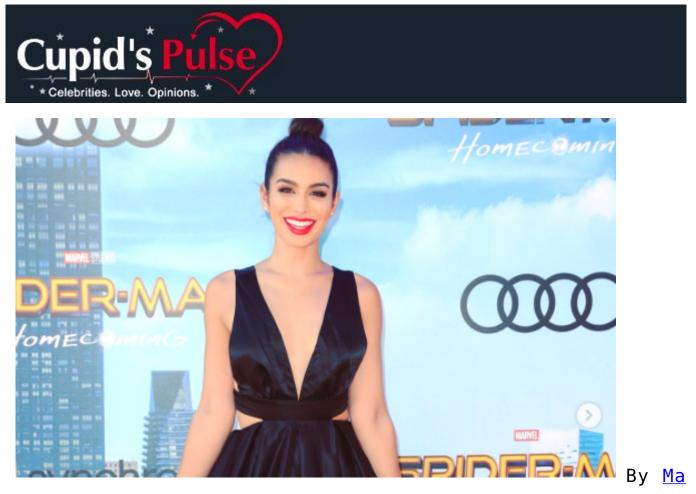
# Single Celebrity: Bachelor's Ashley laconetti Isn't Interested in "Random Dates"



<u>rissa Donovan</u>

Ashley laconetti doesn't make dating her first priority. According to <u>UsMagazine.com</u>, <u>The Bachelor</u> alum is too busy to go on random dates after she's done recording her <u>Almost</u> Famous podcast. The <u>single celebrity</u> joked that she would rather have God drop a husband in her lap than go on dates with strangers. We bet that laconetti will someday get lucky with love!

## In <u>celebrity news</u>, Ashley laconetti claims to be too busy for romance. How can you open up your schedule for <u>date nights</u>?

Cupid's Advice:

Although we can't predict when you will meet the next person you'll be in a relationship with, we can help by giving you some advice about opening up your schedule for date nights:

1. Free up your weekend nights: The best opportunity to go on date with a busy schedule would be your weekends. Many fun venues usually have events that you and your date can enjoy on Saturday. Sundays are good for restaurants specials and maybe brunch specials depending on what you and your date want to do.

**Related Link:** <u>Celebrity News: Lauren Bushnell Has A New</u> <u>Boyfriend</u>

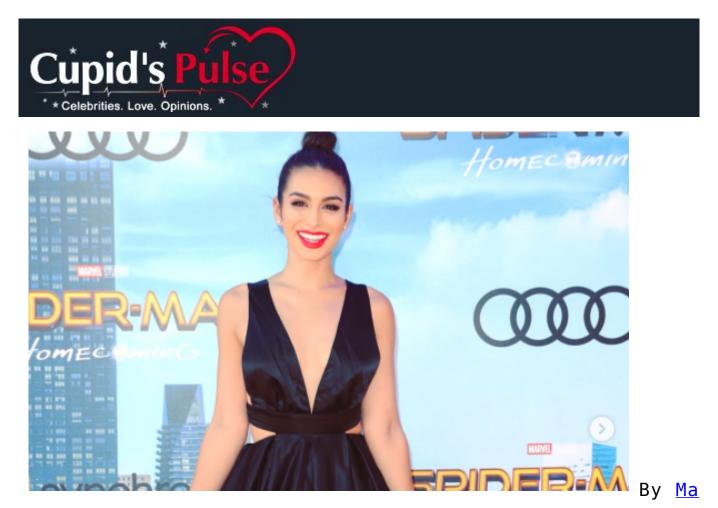
2. Try finishing up work projects during week: Tackle work projects during the week to allow you to enjoy your weekend. It might be easier said than done, but you will be thankful when you have a fun date to enjoy on the weekend!

**Related Link:** <u>Celebrity News: Former 'Bachelor' Ben Higgins</u> <u>Discusses Why He Sent Becca Tilley Home Before Hometown Dates</u>

**3. Take advantage of the holidays:** The holidays are really good for date nights! Most work offices will give their workers time off. Take advantage of your free time by planning a date night with someone new!

How can you free up your schedule for date nights? Let our busy readers know in the comments!

## Celebrity Divorce: Mel B Makes Fashion Statement About Her Ex At The VMA's



#### <u>rissa Donovan</u>

This America's Got Talent judge is proud to be single and divorced from her husband. According to <u>People.com</u>, Spice Girl singer Mel B made an appearance at the 2017 MTV's Video Music Awards wearing a dressed that said "You Will Never Own Me." Many have speculated that the eye catching message alludes to her ongoing divorce and a temporary restraining order against her <u>celebrity ex</u> Stephen Belafonte. The single celebrity will be back in court on September 25th to make arrangements.

## This <u>celebrity divorce</u> has inspired Mel B to make a bold <u>fashion</u> statement. How can you empower yourself through a messy divorce?

Cupid's Advice:

Don't allow your divorce to get the best of you! Although this may be a troubling process, it best to stay strong and keep your head up. Here are some ways you can empower yourself through a messy divorce:

1. Focus on your family and career: Let the new direction of your life to steer you in the direction of your family and your career. Focusing on your career will allow you to evaluate your current job and decide what your next move might be. Your family will also be a good outlet to help you move on from pain and give you the support to move on.

Related Link: <u>Mel B. Speaks Out about Husband Stephen</u> <u>Belafonte's Alleged Abuse</u>

2. Refresh your look: After any divorce or break up, some people feel the need to get a new hair cut or wardrobe. Embrace the changes that you desire! Making new changes will help you think positively about starting over in your life. If that means updating your fashion or hair style, then go for it!

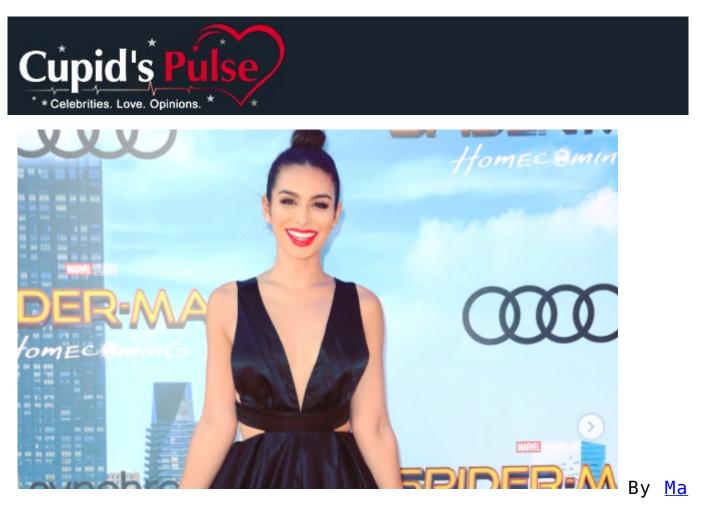
**Related Link:** Former Spice Girl Geri Halliwell Is Engaged to Formula One Boss Christian Horner

**3. Start reading:** Brush up on your reading with books that have encouraging plot lines or read your favorite genre for comfort. Even if you're not a big reader, try finding a book at a bookstore or Amazon you could see yourself reading.

Reading through your divorce will make you become invested in something besides the problems you may be facing.

What do you think of Mel B's dress? Let us know in the comments!

# Celebrity Couple News: George & Amal Clooney Enjoy Date Night in Lake Como



<u>rissa Donovan</u>

It looks like George and Amal Clooney enjoyed their <u>date night</u> in Lake Como, Italy! According to <u>UsMagazine.com</u>, the celebrity couple enjoyed a boat ride and dinner together with friends. The new <u>celebrity parents</u> enjoyed a night out without their twins and were all smile through out the whole date. In April 2016, George gushed that he's never been happier, and he's found the love of his life. It looks like the sparks are still flying between the pair.

This <u>celebrity couple</u> took a break from their twins for date night. What are some ways to keep your relationship healthy while raising kids?

#### Cupid's Advice:

Taking care of your children 24/7 can sometimes take a toll on your relationship with your partner. Here are some ways to keep your relationship healthy while raising kids:

**1. Take vacations:** <u>Travel</u> with your partner to escape the pressure of being parents for once. Book a vacay with your partner and try relaxing, while also resolving problems you have both been having with each other.

**Related Link:** <u>Celebrity Baby: George and Amal Clooney Welcome</u> <u>Boy & Girl Twins!</u>

2. Go on date nights: Like the clooneys, go on a date night and enjoy each others company while being away from the kids. Making weekend date nights a routine will improve your relationship as a couple.

**Related Link:** <u>Find Out About George & Amal Clooney's First</u> <u>Week as Celebrity Parents</u>

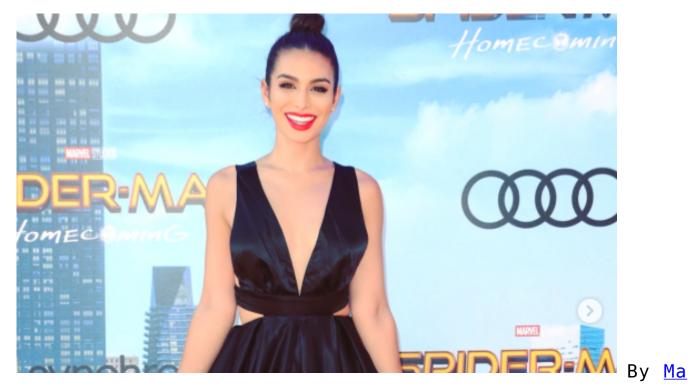
3. Seek relationship advice: Seeking dating advice for certain

problems you are having in your relationship will help things stay healthy between you and your partner. Even couples who are currently heathy in their relationships should keep some advice on the radar in case problems surface.

Do you think we will see the twins in the public eye soon? Let us know what you think in the comments.

# Celebrity Breakup: 'The Bachelor' Couple Nick Viall and Vanessa Grimaldi Call Off Wedding Engagement





#### <u>rissa Donovan</u>

Bad news for those rooting for Nick Viall and Vanessa Grimaldi to get married soon. The celebrity couple has split up! According to <u>EOnline.com</u>, <u>The Bachelor</u> couple shared a joint statement on their <u>celebrity break-up</u> and there's a great amount of heartbreak for the both of them. Before their split, the <u>Reality TV</u> stars were determined to not let the <u>Bachelor</u> curse effect their relationship. We hope the two can find love again and maybe star on <u>Bachelor in Paradise</u> in the future.

This <u>celebrity news</u> is upsetting to hear! What are some benefits of sharing your break up news with your ex vs. doing it alone.

#### Cupid's Advice:

Telling people that your relationship has ended is upsetting. Depending how the relationship ended, you might find yourself able to break the news with your former partner. Here are the perks of sharing your break up news with your ex compared to doing it alone:

1. You've ended on good terms: There's a good chance you ended your relationship on good terms if your ex is willing to spread the news about your split. Most exes are too hurt to come together to share bad news about their former relationship. It's a good sign that they want what's best for the both of you.

**Related Link:** <u>Celebrity News: 'Bachelor' Stars Nick Viall &</u> <u>Vanessa Grimaldi Attend 2017 MTV Movie Awards</u>

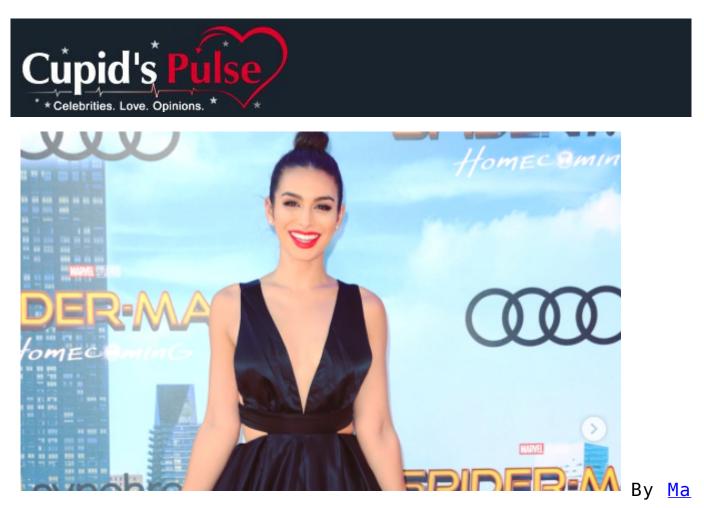
2. You can be civil from now on: Ending things together will allow you to be civil in the future, instead of being spiteful or sad about the break up. You do not have to be best friends with your ex, but it's good that you can move on from the relationship without any emotional bruises.

**Related Link:** <u>Celebrity Wedding: 'Bachelor' Alum Nick Viall</u> <u>Explains Why He and Vanessa Aren't Planning a Televised</u> <u>Wedding</u>

3. People will respect how you both handled it: It's a sign of maturity that you can both stay strong and help each other work toward a new beginning by ending things together. People may ask if there's a chance you may get back together. That's another discussion you can have if you both change your mind about breaking up.

What do you think the future holds for these two celebrities? Let us know in the comments!

# Single Celebrity: John Mayer Tries to Score a Date with David Foster's Daughter on Instagram



#### <u>rissa Donovan</u>

John Mayer seems to be searching for his next romance! The Love on The Weekend singer left a comment on David Foster's Instagram picture asking if he suggest him to his daughter Erin. Foster has yet to make a public comment about Mayer's remark. After breaking up with <u>celebrity ex</u> Katy Perry, the singer reflected on their relationship with song "Still Feel Like Your Man." According to <u>UsMagazine.com</u>, the singer has clearly moved on and is scoping out his next romance.

### This <u>single celebrity</u> made one bold move! What are some ways to utilize social media for dating purposes?

#### Cupid's Advice:

Over the recent years, dating has gone digital and has changed our ways of meeting new people. Here are some ways to use social media for dating purposes:

1. Download apps: Dating apps can be a hit or miss when it comes to dating someone. Some people get lucky and meet someone, while others find themselves mindlessly swiping. Before downloading any dating app, do your research on one you may be interested in and see how you can create a dating profile that others will be interested in.

**Related Link:** <u>Celebrity Exes Katy Perry and John Mayer Spark</u> <u>Latest Celebrity Gossip By Spending Super Bowl Together</u>

2. Create a dating resume: Get creative and humorous with you love life by making a funny, yet charming dating resume. According to *NYPost.com*, a student from Michigan State University created one and it apparently had a successful response. You can also come up with another creative concept that can help boost your dating game.

**Related Link:** <u>Celebrity News: Is John Mayer's New Song 'Paper</u> <u>Doll' about Taylor Swift?</u>

3. Direct message: Mayer is not the only one that's used Instagram for getting girls. According to <u>People.com</u>, Justin Bieber directed message a gym's Instagram account by asking for a girls name in a photo they posted. Although this may seem like the easiest avenue to try dating, use with precaution! Direct messages can often come across as creepy if you have never met the person. If you've met person you are messaging, then it may be okay to send a flirty message.

Who do you think John Mayer will date next? What <u>dating tips</u> would you give him? Let us know in the comments!

# Celebrity Interview: 'Love Blows' Creators SallyAnn Salsano & Patti Stanger Discuss Reality TV & Modern Dating





Inter

view by Lori Bizzoco. Written by Marissa Donovan.

Television producer <u>SallyAnn Salsano</u> and famous matchmaker Patti Stanger have teamed up to create a new <u>reality TV</u> show on WE tv called *Love Blows*, which follows the drama of a Chicago family's matchmaking business. In our exclusive <u>celebrity interview</u>, Salsano and Stanger chat about their show, previous television projects, and today's dating world.

## Read and listen to this celebrity interview from the masterminds behind the matchmaking reality TV show Love Blows!

http://cupidspulse.com/wp-content/uploads/2017/08/Sally-Ann-Sa lsano-and-Patti-Stanger-Interview-for-Love-Blows.mp3

SallyAnn, we last spoke about *Martha and Snoop's Potluck Dinner,* so I have to start off with saying congratulations because that's a tremendous success and your first Emmy nomination! How does that make you feel?

**Salsano:** I'm super proud of that. They are such power houses, superstars, and household names worldwide. Working with them – there's almost nothing they won't do. They are super dedicated 24/7 and on set with you morning, noon, and night. And creatively, it's really fun. We really had a great time.

**Related Link:** <u>'Martha & Snoop's Potluck Dinner Party' Producer</u> SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible 'Jersey Shore' Revival

You've said that there are a lot of commonalties between them, even though people may view them as so different. Do you think that played a role in the show's success? Salsano: There's all this hullabaloo now in our world about different people and people being against each other. If the country was more like this show, we'd be in a better place. If you like someone, nothing brings you together more than a good meal and good conversation. Just get together and have a good time! It doesn't matter where you're from, where you're raised, or what you're like. At the end of the day, we all like to eat, laugh, and have fun. That's basically what this show's about.

Absolutely – great point. Patti, last month, you were on *Hollywood Medium* with Tyler Henry, and you shared that your adoptive mother was really good at giving you advice. What was that experience like?

**Stanger:** It's not so much what he says and how he says it. It's more like, when you're in the room, there's a strong energy. You *feel* the presence of your loved one. He's a guy that brings in the energy of your loved ones, and you feel loved. My mom died a really horrible death of lung cancer, and at the end, she was in a lot of pain. So knowing that she was okay was important to me. And then my biological mother showed up — that was all really nice. I never met her, but I felt a presence. You can't tell that though the television though.

**Related Link:** <u>Celebrity Interview: 'Hollywood Medium' Star</u> <u>Tyler Henry on His New Memoir & Career: "This is Fundamentally</u> <u>What I'm Meant To Do"</u>

Now, let's talk about *Love Blows.* This is just an amazing collaboration. Who came up with the idea?

Salsano: Patti!

**Stanger:** I came up with the idea. I wanted SallyAnn involved because she did *Jersey Shore*, and I envisioned this show to be in the same style. I just thought she was the perfect powerhouse to go into Chicago and turn it upside down. Chicago didn't have it's own reality TV show, which was really

important.

These are people I work with – I'm like the head affiliate for matchmakers around the world. I'm the one generating leads, giving them advice, and training them. So Lisa used to fix me up – we were like sisters. One day, she told me the story about her husband who cheated on her with her best friend – and she stills works with both of them! Their kids are now training to take over the business. I was like, "Oh my god, this is a reality TV show."

I originally sold the show in a different format to Bravo, but when I left Bravo, I took it back. SallyAnn reformatted it and came up with a better concept than what I had. It was just going to be a pilot at first, but of course, given the powerhouse that she is, she made it go straight to series. We're super excited. It's going to connect to viewers like *The Real Housewives of Beverly Hills* and *Vanderpump Rules*. It's a show you can keep watching for two hours straight.

#### So you knew Lisa before you started developing the show?

**Stanger:** She's someone I work with on a regular basis. All matchmakers work with me; we all work with each other. What's great about this show is that you're going to see this unveiling of the industry. You're going to see behind the scenes of matchmaking, which is a real business that you cannot major in at college. The only place you can get certification is through my old assistant who owns the Matchmakers Institute in New York. You train with matchmakers. You shadow them, like other matchmakers have shadowed me. It's cool because it's always handed down generation after generation – the way Lisa plans on handing it down to her daughter Annie.

A lot of crazy things happen in these episodes, a lot of cliff-hanger drama. And I'm appearing in a lot of episodes, which is fun.

SallyAnn, you've produced a lot of shows about love and relationships. What do you think makes this one different?

**Salsano:** It's actually real. There's something about a family dynamic that you can't change. If you combine the young and beautiful people on *Vanderpump Rules* with the drama of *Flipping Out* and the family dynamic of *Cake Boss*, then you get *Love Blows* – this show has it all. And it's all coming from a place of helping other people find love.

Mixing Patti's star power and expertise with their family dynamic is a recipe for success. Still, there's a lot of disastrous moments behind the scenes too. It's the stuff that reality shows are made of – and it's completely authentic.

**Related Link:** <u>Celebrity Video Interview: 'Millionaire</u> <u>Matchmaker' Star Patti Stanger on How a Relationship and Love</u> <u>Changed Her: "I'm Much More Relaxed"</u>

Shifting gears, let's talk about digital matchmaking versus traditional matchmaking. Do you think singles are ready to get back to true matchmaking – where a matchmaker (instead of a website or app) sets them up on a date?

**Stanger:** Personal attention will never be defeated by an app. Ever! With a matchmaker, you have someone selecting potential partners for you and talking to you on a daily basis…versus an app that has no information! You don't even know how tall they are, how many kids they have, if they're divorced. That's why matchmaking is older than prostitution – it's as old as time.

## Do you think the show could help bring back the matchmaking industry?

**Stanger:** I wanted to make it a major in college – where you could actually major in it and open your own business. The industry is really going to change in the next 10 years. We've

already passed the two billion dollar mark — internationally, not just in the United States.

We've never been able to use FaceTime matchmaking because people want to hide their looks, their voices, their age, their height, and their weight. So that's the next frontier: Will you FaceTime with somebody? Will you show them who you are in broad daylight without makeup on and your hair up?

That's brilliant! Getting back to the show, Patti, we'd love to know a bit more about your role on-camera.

**Stanger:** You see a little bit of a softer side of me. I come in to help Annie, and I have to shut Lisa down because Lisa's more of a screamer than I am in this particular season. On top of it, I go on three dates.

I'm still going to lose my cool because I'm Patti, but I'm not in charge, so it's a different side of me. It's hard because I'm used to calling the shots. I'm more like the therapist that comes in to fix the problems in the family.

**Related Link:** <u>Celebrity Interview: 'Ex Isle' Executive</u> <u>Producer SallyAnn Salsano Talks Reality TV</u>

I have a couple additional questions for you, SallyAnn. The last time we spoke, I asked you if there would be a reunion for the *Jersey Shore* cast...and then *Reunion Road Trip* happened!

**Salsano:** That had nothing to do with me. Oh my god, I would kill to do one – with the entire cast and have them talk about the past.

## As you probably know, Ronnie Ortiz-Magro and Pauly D have both been on the show *Famously Single*. Have you watched it?

Salsano: Of course. I watch this show and everything those cast members do. We have a group text going, and we always support each other. They're like my children. They call me "Mom." It makes me feel 900 years old, but it is what it

is! There's something different when you know somebody before anyone else did. I think you just kind of have a different bond with them and different insight into who they are.

Any final words about Love Blows?

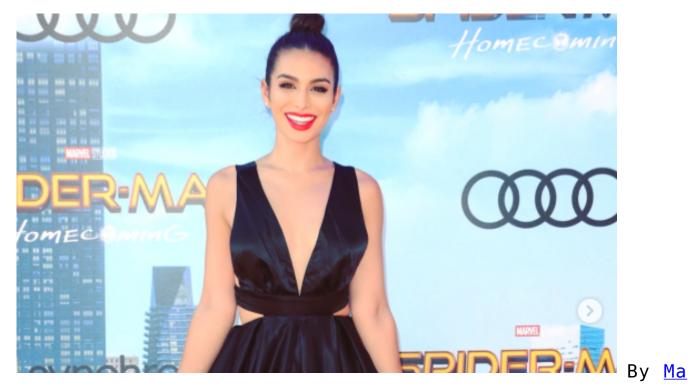
Salsano: Just watch it!

**Stanger:** You need to watch it live. We have this expression on WE tv: "Live or Die." You're going to get tips about what to do if you want to open your own business, if you're dating someone and it's not working out, if you want to get back in the game after a divorce. People date on Saturdays or Sundays, so they need to tune in on Friday night! They need to have these tips in their arsenal. We can basically be your dating coaches.

Check out the buzz for yourself by watching the premiere of Love Blows on WE tv TONIGHT at 10/9c!

# Celebrity News: Beyoncé & Jay-Z Are Ready for Blue to Start Kindergarten





#### <u>rissa Donovan</u>

Power couple <u>Beyoncé</u> and Jay-Z are ready for their next project, which happens to be getting Blue ready for Kindergarten! The <u>celebrity parents</u> are excited for her to go to school and Blue is too. According to <u>People.com</u>, the <u>celebrity couple</u> bought an \$88 million mansion that is close to her school. Besides being a kindergartener, Blue is enjoying her role as a big sister to her younger twin siblings. It looks like this family has good start to the school year!

This <u>celebrity baby</u> has really grown up! How can you and your partner prepare your child for their first year of school?

Cupid's Advice:

As parents, you and your partner must be excited for your child to start school. Here's how you and your partner can

prepare your little one for their big step into growing up:

1. Make a schedule: Base your family schedule off of when your child enters and leaves school during the week. This can get your partner and your child into a routine of how you can live your new lifestyles.

**Related Link:** <u>Celebrity Baby News: Beyoncé Announces She's</u> <u>Expecting Twins with Jay-Z</u>

2. Go shopping as a family: Before your little one goes off to learn, go shopping with you and your partner for school supplies and snacks to bring to school. Check online to see if there's any coupons that can help you save on cash.

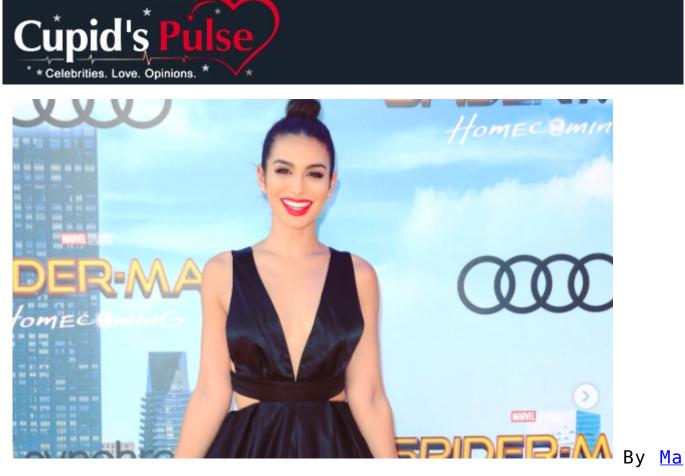
**Related Link:** <u>Relationship Advice: Making Marriage Work Like</u> <u>Beyoncé</u>

**3. Be extra supportive:** Your child may be nervous to start school. Now is a good time for you and your partner to boost your child's confidence and be there for them on their first day. Try your best not to be too overprotective, but be present when your child asks for help or seems scared about their new beginning.

What advice would you give Beyoncé and Jay-Z for Blue's first year of school? Let us know in the comments

## Celebrity News: Allison Janney Reveals How Anna Faris

## Is Handling Split from Chris Pratt



<u>rissa Donovan</u>

Anna Fari's co-star Allison Janney recently shared how Faris has been doing on set of *Mom* since her <u>celebrity break-up</u> from Chris Pratt. According to <u>EOnline.com</u>, Janney believes that Faris has been a trooper through her split and has remained professional while working. Janney is also close with Pratt and was sad to hear the news when the former <u>celebrity couple</u> called it quits. The newly <u>single celebrity</u> has kept a smile on her face and continues to work hard. We hope Faris and Pratt can continue staying strong!

## This <u>celebrity news</u> has us happy for Anna Faris. What are some ways to cope in the workplace after a very recent break-up?

#### Cupid's Advice:

Moving on after a break-up is not a cake walk, especially when you have to continue working. Here are some <u>relationship tips</u> for how to cope in the workplace after your most recent split:

1. Take on new projects: Some may say taking on new projects after a break-up might be risky since you might not be in the best state of mind. It's actually a good start to channel all your anger and sadness into something positive. You may even find yourself impressing your boss or co-workers.

**Related Link:** <u>Celebrity Break-Up: Anna Faris Opens Up About</u> <u>Split from Chris Pratt</u>

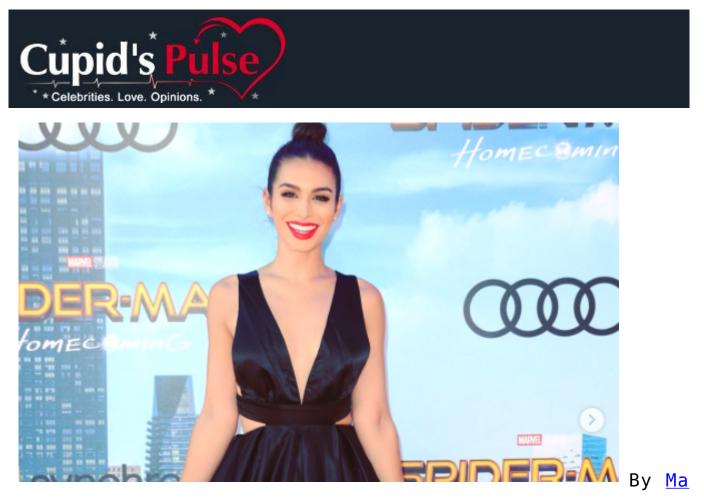
2. Socialize more during lunch breaks: Put yourself out their during lunch breaks! Socializing will help relax your post break-up anxiety and keep you from dwelling on old feelings. You might end up becoming closer with your co-workers, plus it will help your networking abilities!

**Related Link:** <u>Celebrity Break-Up News: Anna Faris and Chris</u> <u>Pratt Split After 8 Years</u>

**3. Organize your workplace:** Clean up your office space or work site as a therapeutic way to cope with your current emotions. Break-up are great for starting over and your work space could probably use a make over as well!

How can you cope in the workplace after a break up? Let our readers know in the comments!

## Celebrity Break-Up: Kylie Jenner Says She's 'Genuinely Happy' and Having 'More Fun' After Split from Tyga



#### <u>rissa Donovan</u>

Kylie Jenner opened up about her split from Tyga on a recent episode of *Life of Kylie*. According to *EOnline.com*, the cosmetic designer shared that she is happier and more free than she has been in years. Jenner is now currently dating Travis Scott and may have fans wondering if he will make an appearance on the show someday. Whether the <u>Reality TV</u> star is single or in a relationship, she's over her days with Tyga!

Some <u>celebrity break-ups</u> are definitely for the better. What are some ways to know a break-up is healthier for you than staying in a relationship?

#### Cupid's Advice:

If your partner is making you question the state of your relationship, then maybe it's time to part ways. Here are some signs to know a break-up is healthier than staying in the relationship:

1. Rude comments towards you are constant: If your partner keeps calling you names or being negative towards your decisions, consider the option of breaking up. Nobody deserves to be verbally abused in a relationship and it's not heathy for you to be in one.

**Related Link:** <u>Celebrity Exes: Tyga Won't Be Getting Back</u> <u>Together with Kylie Jenner</u>

2. You feel isolated while dating: Have you ever felt that you spend more time being by your partner's side than having fun with your friends? Some say this is a common trait of being in a relationship. If your partner controls your weekend plans, then you break-up and seek help from friends.

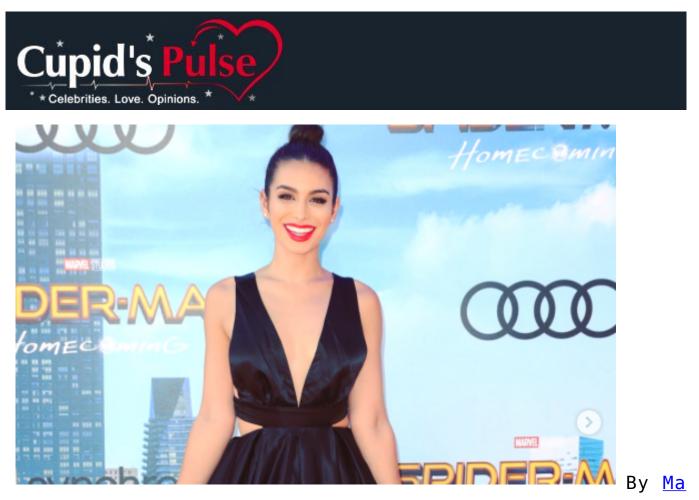
**Related Link:** <u>Celebrity Couple News: Kylie Jenner & Boyfriend</u> <u>Travis Scott Are 'Serious'</u>

**3. You feel self conscious around your partner:** Being self conscious around your partner is bad sign. Sometimes your partner can change their rude behavior and controlling ways,

but it is very hard to change how you feel around the person. If you have lost love for yourself while being with your partner, then breaking up might be the best for you.

What are your thoughts on Kylie Jenner's new show? Let us know in the comments!

## Celebrity Fitness: 5 Basic Yoga Poses by Celebrities



<u>rissa Donovan</u>

Many celebrities enjoy staying in shape and becoming relaxed through yoga. Yoga is one of the many ways you can improve your flexibility and posture. For those who are beginners and need guidance, here are a few poses you can try.

# Check out how to stay on top of your <u>fitness</u> goals with these yoga poses that celebrities have tried!

1. Karlie Kloss's Lotus Pose: Taylor Swift's Bestie and supermodel Karlie Kloss shows off her peaceful pose at the beach. To perform this pose, sit down bend your right knee and left knee out so your legs can cross. Press your hands in front of you and raise them above your head to form a triangle. The benefits of this pose can help improve breathing and can help reduce stress. This is the easiest variation of the pose.



Photo: karliekloss/Instagram

**Related Link:** <u>Rachel Brathen Shares Love Advice in New Book</u> <u>'Yoga Girl': "Each Moment is New and So Full of Potential!"</u>

2. Gisele Bündchen's Downward-Facing Dog Pose: When this supermodel isn't cheering on her husband Tom Brady or modeling, she seems to enjoy practicing her yoga poses with

her children. Gisele Bündchen proves to us that her and her child can do the Downward-Facing Dog. For this pose, you will need to place your hands wide on the ground and almost in front of your shoulders. Make sure that when you bend down that your knees are below your hips and not locked. To achieve good form to not let your head hang by keeping it placed between your upper arms. According to <u>Yogajournal.com</u>, this is great for those who enjoy rock climbing or want to improve their strength.



Photo: gisele/Instagram**Related Link:** <u>Gaiam Product Review:</u> <u>Learn Yoga and the Art of Self-Love with Rachel Brathen</u>

3. Eva Longoria's Tree Pose: This Desperate Housewives star is skilled at perfecting the tree pose! Like Eva Longoria, slowly put your weight on your left foot and bend your right knee. For support, gently grab your right ankle with your right hand. Make sure your right foot is placed on your inner left thigh by adjustment of the heel near your left groin muscle. Stretch your tailbone to the ground and press your hands together above your head forming a triangle. This pose will help you achieve excellent posture and balance.



Photo: evalongoria/Instagram

**Related Link:** <u>Actress and Producer Eva Longoria Decides Not To</u> <u>Have Kids</u>

4. Miranda Kerr's Wheel Pose: This Victoria Secret angel is extremely flexible! Miranda Kerr is a pro at yoga, but this can be a basic move for those who have the strength to bend backwards and have core balance. To start the wheel pose, lie on your back and set your feet on the ground by bending your knees. Next bend your elbows and open up the palms of your hands next to your head. Lift your body with by pressing your feet in the ground to help guide your tailbone lift your butt up. The muscles in your arms will help you hold this pose while taking deep breaths. Beginners should practice going into a back bend before lifting one leg from the pose. The wheel can stretch your chest and lungs, while also giving helping core areas like the abdomen become stronger.



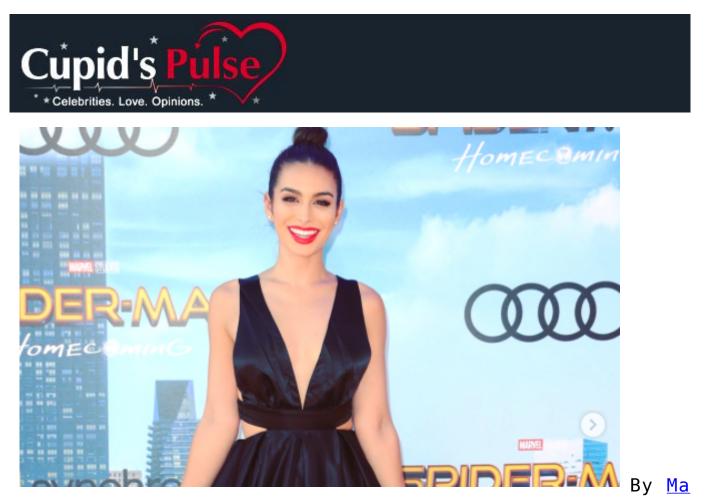
Photo: mirandakerr/Instagram

**Related Link:** <u>Product Review: Check Out Gaiam's New Athletic</u> <u>Yoga Collection for Men – Just in Time for Valentine's Day!</u>

5. Miley Cyrus's Tolasana Pose: We can't stop being amazed by Miley Cyrus's skill level! This may not be the most basic pose to try, but some may find it to be easy. The first step to the tolasana pose is to put your bend your right knee and place your right hand in the small pocket of where your knee bends. Lean forward and slowly put your right foot at where your left hip curves forward. Make sure your inner groin and inner knee are aligned in a bend that you are comfortable with. Use your left hand to help cross your bent left leg over your bent right leg. Try your best to bring both knees closer together to prefect your form. Take a moment to focus on your breathing. After you feel comfortable, with a deep exhale push down on your hands to help lift off your knees and butt from the ground. Look straight ahead while pushing off and make sure your knees are next to your belly button. Hold the pose as long as you can and take slow breaths. To come down from the pose, slightly lean forward and undo your left foot from your right thigh and your right foot from your left. This pose can help make your abs stronger while also help you focus on your posture.

Which yoga pose will you try first? Let us know in the comments!

Celebrity News: Robin Thicke & Paula Patton End Custody Battle Amidst News of His GF's Pregnancy



<u>rissa Donovan</u>

These <u>celebrity parents</u> have finally come to an agreement over the custody of their son Julian. According to <u>UsMagazine.com</u>, Robin Thicke and Paula Patton will each have equal time with their son and share expenses such as tuition for private school. Patton filed for a <u>celebrity divorce</u> from Thicke back in 2014. There has been family drama that has caused custody problems in the past, including allegations of domestic and child abuse that has teared the family apart over the years. In a twist of events, Thicke and girlfriend April Love Geary recently announced they are expecting a <u>celebrity</u> <u>baby</u> soon, which may have caused the former <u>celebrity</u> <u>couple</u> to make amends.

There's no lack of drama in this <u>celebrity news</u>, although maybe some of it has been put on the back burner now. What are some ways to keep personal drama from affecting your children?

Cupid's Advice:

Don't let personal drama that you are experiencing affect your children. Here are some ways to keep your kids drama-free:

1. Let them know what's happening without biases: Try giving your child an over view of what's happening without using language that allows them to pick a side. Biases will only cause them to turn on other, which will only cause more drama.

**Related Link:** Paula Patton Says She's a 'Real Woman Now' Post-Split from Celebrity Ex Robin Thicke

2. Let family members or friends babysit: Sometimes it's best to let family members watch your children while your flustered. Family members or friends will hopefully be understanding of your current problems and help you by watching your children while you work out your issues.

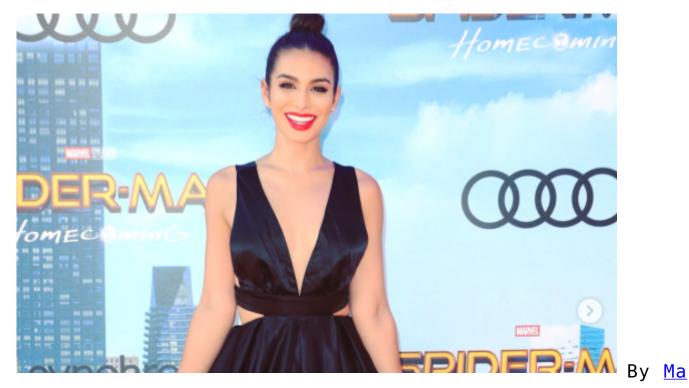
**Related Link:** <u>Robin Thicke Speaks Out About Trying to Win Back</u> <u>Paula Patton</u>

**3. Keep them open minded:** Let them know that there's a bright side to the problems that are currently happening. Keeping them open minded to the future will set a positive tone.

How can you keep your kids drama-free? Let us know in the comments!

Celebrity Baby: 'Bachelor in Paradise' Stars Jade Roper & Tanner Tolbert Reveal Baby Girl's Name





#### <u>rissa Donovan</u>

This <u>Bachelor in Paradise</u> couple have released their daughter's name! According to <u>UsMagazine.com</u>, the <u>Reality</u> <u>TV</u> stars named their daughter Emerson Avery Tolbert and have given her the nickname Emmy. Roper posted a photo of her newborn daughter on her <u>Instagram</u>, while also promoting her baby blanket from Highway 3. This <u>celebrity mom</u> is already showering her baby with love!

## This <u>celebrity baby</u> name is super cute! What are some ways to compromise about baby names with your partner?

#### Cupid's Advice:

Coming up with your child's name is a team effort as parents. There may be some baby names that you and your partner may not agree on, but here are some ways you can compromise: **1. Create nicknames:** If your partner chooses a name, create nicknames by shortening the name. This way you will have a special name for your bundle of joy.

Related Link: <u>Celebrity Baby News: 'Bachelor in Paradise'</u> <u>Stars Jade Roper & Tanner Tolbert Welcome Baby Daughter</u>

2. Call dibs on your next child's name: As silly as this suggestion may sound, make an agreement with your partner that you will name or let your partner name the next child that you have. If you only plan on having one child, make a deal to name the next family pet!

Related Link: <u>Celebrity Wedding</u>: 'Bachelor in Paradise' Couple Jade Roper & Tanner Tolbert Tie the Knot

**3. Realize it's one of the many battles:** Picking a name for your child might be one of the many disagreements you have while parenting together. Since this might be one of the many battles, wait for one that you may feel more passionate about.

What are some cute baby names? Leave your favorites in the comments!

## Celebrity Parenting Tips: How To Keep Your Child Healthy During Flu Season





#### <u>rissa Donovan</u>

Back in January 2013, *Supernatural* star Jared Padalecki shared that he was feeling bad for his nine-month old sick son Thomas Colton. According to *People.com*, Padalecki thought that maybe he gave his son his sickness. As a parent, it's easy pass on a sickness to your children. Keeping your children healthy and practicing good hygiene with them can decrease the risk of them catching the flu this winter season.

## Here are some <u>celebrity parenting</u> <u>tips</u> on how to keep your child from catching the flu bug!

1. Get vaccinated: Kristen Bell strongly believes in children receiving flu vaccination during those risky winter months. According to her <u>parenting</u> advice for <u>Parents.com</u>, Bell explains that even though the shot is roughly 50 percent effective, it's better than having your child be 100 percent at risk. **Related Link:** <u>Celebrity Parents Open Up About Their Best</u> <u>Parenting Advice</u>

2. Have a strict diet: <u>Gwyneth Paltrow</u> is a <u>celebrity mom</u> who wants her kids eat heathy foods. According to <u>WomensMealthMag.com</u>, she tries to stay away from noticeable food allergens and has her kids eating more plantbased. Eating heathy can keep your immune system on track.

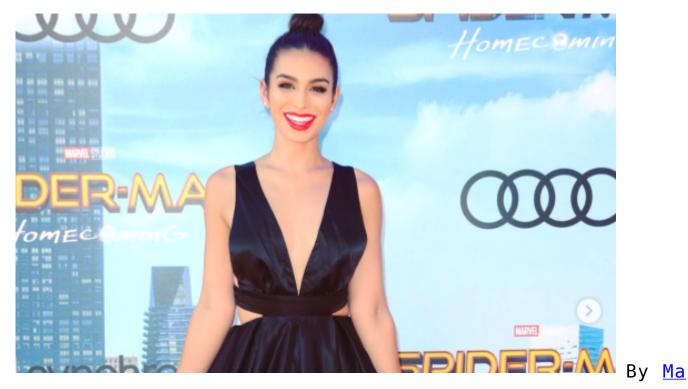
Related Link: <u>Parenting Tips: Why Disciplining Your Kids Is</u> <u>Important</u>

3. Be on top of their hygiene: <u>Tia Mowry</u> keeps her son super clean to prevent catching the flu. According to her interview with <u>Parents.com</u>, she keeps her hand sanitizer handy for her son and once he gets home from school he puts on new clothes. Germs can stay attached to surfaces such as clothing, so Mowry encourages to put them into play clothes to keep them from catching the sickness and spreading it to family members.

Do you have other parenting tips in time for flu season? Leave your best advice in the comments!

# Celebrity Baby News: 'Hocus Pocus' star Vinessa Shaw Shares Movie Themed Announcement





#### <u>rissa Donovan</u>

It looks like this new <u>celebrity parent</u> is getting in the spirit of Halloween! Actor Vinessa Shaw gave fans of the 90's Halloween classic a sweet surprise when she teased a celebrity baby announcement her husband made on Instagram. According to <u>People.com</u>, stars of the movie such as Sarah Jessica Parker and Bette Midler have talked about a squeal to the film. Shaw has been thankful to fans of the movie, and maybe starring in a second installment to the Disney movie isn't totally out of the question in the future.

### This <u>celebrity baby news</u> is very creative! What are some ideas for your own baby announcement?

### Cupid's Advice:

Baby announcements are one of the exciting things about your pregnancy! Here are some fun ideas for sharing your happy news:

1. Include your pets: Have your cat or dog share the news to your family and friends. Upload a video of presenting your dog with baby shoes or take a photo of your cat in a baby crib. Get creative with your fury friend and see what you can come up with.

**Related Link:** <u>Celebrity News: 'Bachelor in Paradise' Stars</u> <u>Carly Waddell & Evan Bass Discuss Surprise Pregnancy</u>

2. Have a theme: Try having a theme that can make your announcement be cute and clever. Have you and your partner think of lines from your favorite movie or think of ways you could included your favorite sports team. Base the announcement off of one idea that you could take pictures of and share with others.

**Related Link:** <u>Celebrity Baby: Brooklyn Decker & Andy Roddick</u> <u>Expecting Baby No. 2</u>

**3. Make it interactive:** Create a game or prank out of your big news with close friends or family members. Make sure to video tape it so you can share the news with others!

What are some other ideas for baby announcements? Let our readers know in the comments!

# Celebrity Baby News: 'Bachelor in Paradise' Stars Jade Roper & Tanner Tolbert

### Welcome Baby Daughter





### <u>rissa Donovan</u>

More baby news from another <u>Bachelor in Paradise</u> couple has been released! Jade Roper and Tanner Tolbert are now are celebrity parents to their newborn baby girl. According to <u>EOnline.com</u>, their daughter weighed in at 6 lbs., 8.8 oz. and 20 inches long. The <u>Reality TV</u> stars were not expecting their child until September, but their bundle of joy was born August 17, 2017 at 10:03 a.m. Congratulations to the happy parents!

# In this celebrity baby news, <u>Bachelor</u> Nation has grown by one! What are some ways to prepare

# your relationship for a first child?

### Cupid's Advice:

Getting ready for a first child can be exciting for you and your partner. Here are some ways you can prepare for your newest family member:

1. Plan a baby budget: For the first few months of having your first child, plan a budget that you and your partner believe is reasonable for your baby. Decide how much you want to spend on baby food and diapers and other accessories the baby may need. Planning a budget will keep you burden free of spending habits.

**Related Link:** <u>Celebrity Wedding: 'Bachelor in Paradise' Couple</u> Jade Roper & Tanner Tolbert Tie the Knot

2. Install a car seat: Find a car seat that would be safe for your baby and affordable for your price range. Keep in mind that you will most likely upgrade once your child becomes older!

**Related Link:** <u>'Bachelor in Paradise' Celebrity Couple Jade</u> <u>Roper & Tanner Tolbert Reveal Romantic Wedding Date</u>

**3. Ask family for help:** It never hurts to have extra hands helping you prepare for your first child. Ask your parents and your partner's parents for suggestions on how you can get ready for your new baby!

How can you get ready for a first child? Let us know in the comments!

# Product Review: Let Your College Student Feel Like Stylish Celebrity With Modular Closets





<u>rissa Donovan</u>

This post was sponsored by Modular Closets

Your young adult is probably excited to attend their first year of college, or maybe he or she is returning this year. The <u>parenting advice</u> that you may want to give your child is to only pack what they need for their school year. If your college student is obsessed with their <u>fashion</u> outfits and accessories, it may be challenging for them to put a limit on what they bring along. With Modular Closets, they'll have the ability to store away many outfits, sports gear, textbooks, and accessories all in one space. Measure the space you would like to work with and see how you can transform any dorm room or apartment with a celebrity style touch!

### Treat your college student to an organized and stylish school year with Modular Closets with these Pre-Designed options!

1. 5' Bi-Level Hanging Modular Closet Organizer With Shelf Tower: Stack up your students sneaker or heel collection with the shelf tower or hang up favorite outfits in the hanging organizer! The shelves are made of solid plywood that can hold up thick and heavy textbooks when your student needs to have space for their class assignments. This space is easy to assemble and is pre-drilled to put in a living space.



Photo: Modularclosets.com

**Related Link: Related Link:** <u>MatchMade Scholarship: Connecting</u> <u>the Children of Match Couples to an Education</u>

2. 5' Double Hanging Modular Closet Organizer: If your college student is attending a school out of state, it may be easier for them to bring clothing for every season. Having a wide variety may mean less space for dorm room decor and furniture. With having this closet organizer, you can let your child have a closet like an all-star athlete or famous pop star!



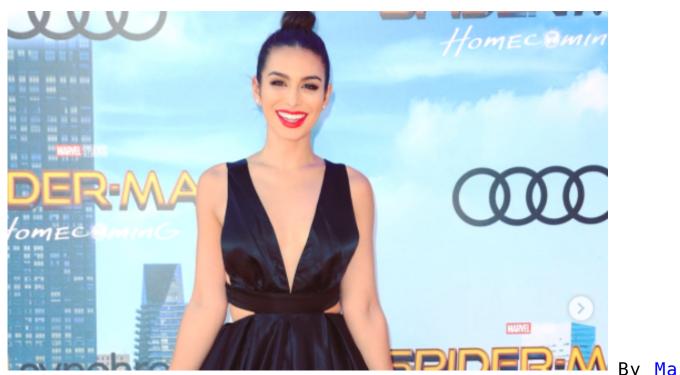
Photo: Modularclosets.com

There are many more options for your college student! See for which one you can fit your student's living space at <u>modularclosets.com</u>

# Celebrity News: 'Bachelor in Paradise' Stars Carly Waddell

# & Evan Bass Discuss Surprise Pregnancy





<u>rissa Donovan</u>

Carly Waddell and Evan Bass recently revealed that their newly announced pregnancy was a surprise for the <u>Reality TV</u> couple. According to <u>UsMagazine.com</u>, Waddell took a pregnancy test in Mexico right after they wed, and the couple was first confused by the result because neither of them knew Spanish. The <u>Bachelor in Paradise</u> stars did not have cameras filming their happy discovery. The couple will find out the sex of their <u>celebrity baby</u> soon!

### In this <u>celebrity news</u>, this

# pregnancy definitely wasn't planned! What are some ways to help your partner cope with a surprise pregnancy?

Cupid's Advice:

Pregnancy news can change the dynamic of your relationship, especially if it the news comes as a surprise for the both of you. Here are some ways you can help your partner during a surprise pregnancy:

1. Consider possible outcomes: No matter how you and your partner handle the news, you should think about the options you have as a couple and the outcomes each option has. Picking one option that you and your partner agree on can keep the situation less stressful.

**Related Link:** <u>Celebrity Baby News: Carly Waddell and Evan Bass</u> <u>Are Expecting</u>

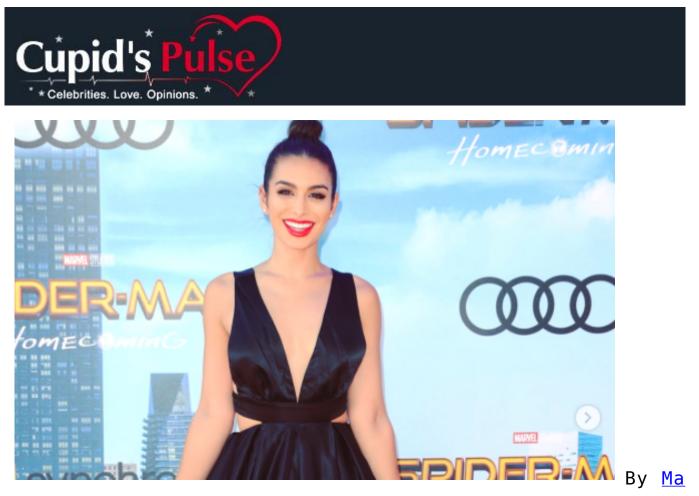
**2. Be supportive:** Stick by your partner's side. The news may be a shock to the both of you, but it's important to let them know everything will work out as long as you have each other!

**Related Link:** <u>Celebrity Wedding: 'Bachelor in Paradise' Stars</u> <u>Evan Bass & Carly Waddell Are Married</u>

3. Ask if they want extra help: As much as we want to be our partner's go-to person, it's sometimes nice to have extra help from family or friends when handling a life changing situation. Ask them if they would like their parents to help get ready for the baby, or a friend to see if they can help out in any way.

Will Carly and Evan have a boy or a girl? Let us know what you

# Celebrity Break-Up: 'Flip or Flop' Star Christina El Moussa Officially Files for Divorce from Tarek



<u>rissa Donovan</u>

Famous HGTV series couple has officially split. Christina El Moussa filed for divorce from former husband and co-star Tarek El Moussa. The *Flip or Flop* real estate agents broke the news to fans last December that they were calling it quits after seven years of their <u>celebrity marriage</u>. According to <u>UsMagazine.com</u>, the two are staying civil and will still work together on the <u>Reality TV</u> show.

### It looks like this estranged couple is officially having a <u>celebrity</u> <u>break-up</u>. What are some ways to salvage your relationship?

Cupid's Advice:

This couple decided to end their relationship after many years together, but some couple may feel that they can still reclaim their love for each other. Here are some ways you can salvage your relationship:

1. Notice the little details: Noticing the little details while being together is important. Mention how you like their new wardrobe or express how much you appreciate when they take out the trash. It may seem silly, but you and your partner will connect over compliments.

**Related Link:** <u>HGTV Realtor Steven Aaron Talks 'Selling LA' and</u> Love: "You Can't Be Everything To One Person All The Time"

**2. Take a vacation:** Sometimes getaways a needed to save a crumbling marriage. Plan a vacation that you and your partner can escape the stress of your daily lives.

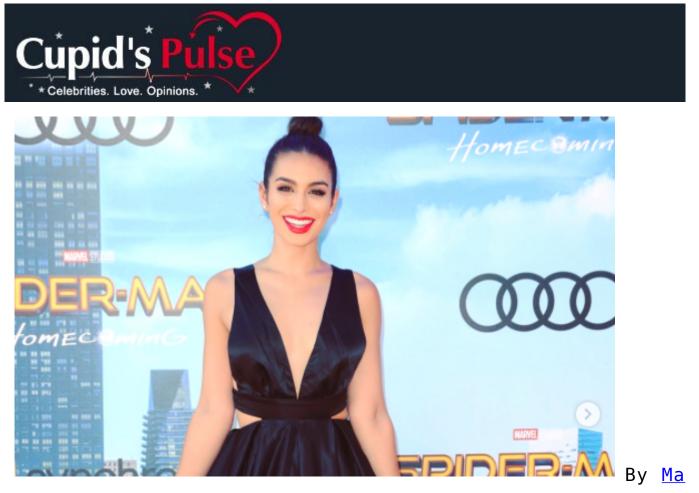
**Related Link:** <u>Celebrity Video Interview: Love Advice From HGTV</u> <u>Host Kelly Edwards</u>

**3. Seek a couples therapist:** Reach out to an expert when it comes in helping other try to save marriages. A couple therapist can give you and your partner tools to help you

problem-solve and help you decide if you want to save your marriage.

What do you think of this celebrity break-up? Let us know in the comments!

# Beauty Trend: The Ultimate Guide to Eyelash Extensions



<u>rissa Donovan</u>

Upgrading your lashes for extra volume sounds very simple for those thinking about eyelash extensions. Before jumping into the beauty trend bandwagon, here are some things you need to know prior getting eyelash extensions.

# Check out these <u>beauty tips</u> about eyelash extensions!

1. Temporary strip falsies are different than eyelash extensions: There are many ways to fake dramatic eyelashes, but there are differences between strip falsies you can buy at a beauty store and eyelash extensions from a technician. Placement is one of the key differences, because falsies can be glued to the line, while extensions are glue to the actual lashes. Falsies will also last you a day compared to extensions, which can last up to several weeks.

Related Link: Beauty Tips: The Rise of Microblading

2. Extensions have multiple styles to choose from: Like the many choices you would have picking hair extensions, eyelashes have options too based on length, material, and curl. When it comes to length, the longer they are, the more you will need to have on your extensions to look natural. Materials for the lashes can range from synthetic material to mink hair. The curl is based upon the slope of the eyelashes. Large lashes will most likely have a greater slope for the curl. Make sure to ask a technician what they would recommended based on your eyelid and your ideal beauty look for your next <u>date night</u>.

Related Link: Beauty Trend: Glitter Cuticles

3. Make sure your technician is extremely sanitary: Do not wing it when it comes to choosing a technician! It's very important to get extensions from a technician who washes their hands religiously, because it's nearly impossible to wears gloves while placing the small and sticky extension on the lashes. The horror stories of bad technicians include bacterial infections and cornea damage. It is also important for the technician to clean their tweezers and have disposable eyelash brushes when working with clients. Do your research, and read many reviews before choosing a technician for your beauty experience!

**Related Link:** Fairidescent Make-Up Is Adding New Shine to Beauty Trends This Year

4. Maintenance is required for your extensions: Once you have your extensions, you need to be extra protective. In a period of 12 hours, you need to avoid water from touching them so the glue on your extensions can dry. If you do come in contact with water, it will dissolve the glue and can sometimes cause redness due to the glue entering your eye. After the protection period is over, you need to gently brush your lashes before and after sleeping with a mascara wand to remove eye build up. You also need to brush them after you shower as well. Make sure that that you have mascara wands that you can throw away after brushing your extensions.

Check your local areas to see if you have a skilled and clean beauty technician in your area. Let us know your experience with eyelash extensions in the comments!

Celebrity Break-Up: 'Vanderpump Rules' Star Stassi Shroeder Gets Dumped By Boyfriend on 4-Year

### Anniversary





### <u>rissa Donovan</u>

Stassi Shroeder had her heart broken big time! The <u>Reality</u> <u>TV</u> star shared on her <u>Twitter</u> that, after her four year relationship with boyfriend Patrick Meagher, he dumped her on their anniversary. According to <u>UsMagazine.com</u>, the two had a rocky long-distance relationship. The <u>Vanderpump Rules</u> star booked a trip to Mexico to celebrate their anniversary, but once Meagher called their relationship off, Shroeder brought her best friend instead. Hopefully she can find a future partner to treat her better!

### This <u>celebrity break-up</u> isn't

### necessarily surprising, but it's still sad. What are some ways to know your relationship is on its way out?

Cupid's Advice:

Sometime break-ups can be predictable depending on what has happened in your relationship. Here are some signs you and your partner could be ending your time together soon:

1. Long distance effects you both: Distance doesn't always make the heart grow founder in relationships. For some couples, being apart for long periods of time can strain you relationship and allow for you and your partner to grow apart. If this seems to be a problem, you can expect to be breaking up soon.

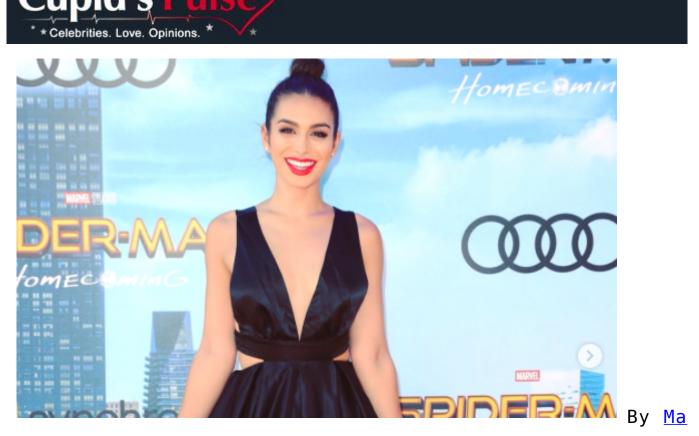
**Related Link:** <u>Celebrity Divorce: 'Vanderpump Rules' Star</u> <u>Sheana Shay Finalizes Divorce from Mike Shay</u>

2. It's always on and off: Couples who keep making up and breaking up will eventually get tired of their old routine. Instead of getting back together or trying to stay together while being unhappy, it might be best to break it off permanently.

**Related Link:** <u>Celebrity Wedding: 'Vanderpump Rules' Stars</u> <u>Katie Maloney & Tom Schwartz Are Married</u>

3. Wanting to see other people: Knowing that one of you is interested in seeing other people should be enough to cut ties in your relationship. If you sense that you or your partner plans on ending the relationship for a new relationship, then your intuition is most likely right. What positive advice would you give Stassi Schroeder after her brutal break up? Let us know in the comments!

# Celebrity News: Aaron Carter Asks Chloë Grace Moretz On A Date Via Twitter



<u>rissa Donovan</u>

Aaron Carter is proclaiming his love again for a blonde, but this time it's not <u>Hilary Duff</u>! According to <u>EOnline.com</u>, Chloë Grace Moretz said in an interview that her childhood crush was Aaron Carter, and the pop singer had to respond. The pop singer replied back to the actor via Twitter and said the crush was mutual. Carter also asked Moretz out for dinner. No comment has yet been made from Moretz, but maybe the *Neighbors 2: Sorority Rising* star may take Carter up on his offer!

This <u>celebrity news</u> leaves us wondering if these two may become a future <u>celebrity couple</u> if they do go out to dinner together! What are some creative ways you could ask out someone your interested in?

### Cupid's Advice:

Aaron Carter chose to be bold by asking out Chloë Grace Moretz on social media. This has us wondering how we can ask someone out for a <u>date night</u>. Check out these dating tips for how to approach someone for a date:

1. Break the ice: Whether it's a person you met last weekend or a long time friend, find a starting topic that can lead you into asking them out on a date. Some suggestions for breaking the ice might be recalling the last time you spent time together or talking about an event that's coming up.

Related Link: <u>Celebrity Couple Chloe Grace Moretz & Brooklyn</u> <u>Beckham Make Red Carpet Debut</u>

2. Ask common interests: Talk about what each of you like for food and activities if you are unsure. Simply implying that you are interested in getting to know someone is one thing, but you need to have some idea about what you can do together if you do not know. Asking what they would like to do can make a date less stressful.

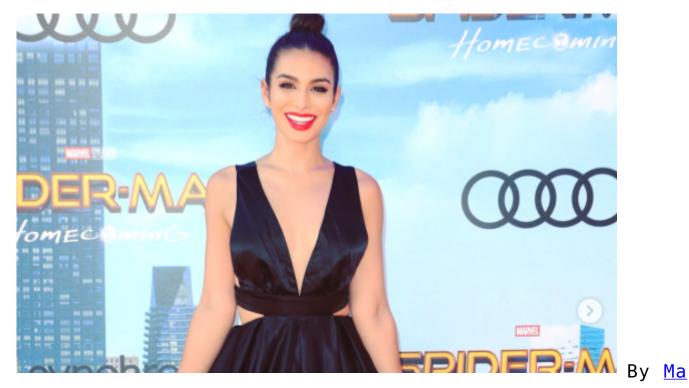
**Related Link:** <u>Hilary Duff Says Aaron Carter's Love</u> <u>Declarations Are 'Uncomfortable'</u>

3. Find availability: Ask when the person is free right after proposing or mutually coming up with date ideas. If the person comes across as busy, then try proposing a max of two different times when you are available. If they reject the times that you are free, then wait for another opportunity to present itself.

How do you think Chloë Grace Moretz will respond to Aaron Carter? Let us know in the comments!

# Celebrity Couple News: 'Bachelor in Paradise' Star Amanda Stanton Opens Up About Dating Robby Hayes





<u>rissa Donovan</u>

Are <u>Bachelor in Paradise</u> stars Amanda Stanton and Robby Hayes more than a <u>Reality TV</u> show fling? It seems like there's something happening between the <u>celebrity couple</u>! According to <u>UsMagazine.com</u>, Stanton was asked if she left the show engaged, and she shared that she couldn't say. She did share that her co-star is very sweet and that he has not met her two daughters yet. We can't wait to see what happens between these two!

This celebrity couple news is definitely forecasting for the new season of *Bachelor in Paradise*. What are some ways to know when it's time to introduce your kids to your partner?

Cupid's Advice:

Introducing your kids to your partner may be the next step in your relationship. Here are some signs to prove that you're ready:

1. Your friends already know him: If your friends already know them and approve, then it's probably time for your kids to meet your special someone. You can even invite your friends to help you introduce your partner to your kids for extra support.

**Related Link:** <u>Celebrity Break-Up? 'Bachelor in Paradise' Stars</u> Amanda Stanton & Robby Hayes Are Still Dating Despite Rumors

2. He's naturally liked around everyone: Acceptance of your partner by others is a factor to consider when letting them meet your kids. Although not everyone has to be their biggest fan, it can set the stage for whether your kids will like them as well.

**Related Link:** <u>New Celebrity Couple? 'Bachelor in Paradise'</u> <u>Stars Amanda Stanton & Robby Hayes Spark Romance Rumors</u>

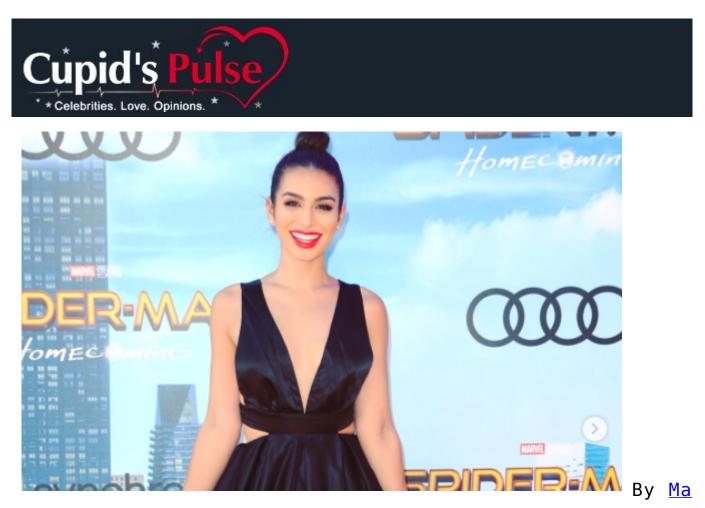
**3. He's excited to meet your family:** If your partner seems excited to meet those close to you, then obviously meeting your children is the right way to go. Make plans for your kids and your partner to meet soon.

Do you think Amanda Stanton is engaged? Let us know in the comments!

**News:** 

### Celebrity

# 'Bachelorette' Alum Dean Unglert Discusses Why Rachel Lindsay Doesn't Want Peter Kraus to Be 'The Bachelor'



#### <u>rissa Donovan</u>

Dean Unglert believe he knows Rachel Lindsay's intentions when it comes to not wanting him to be the next to find love on *The Bachelor*. According to <u>UsMagazine.com</u>, <u>The Bachelorette</u> star believes that Lindsay still has some feelings for Peter Kraus and does not want to see him with other girls on TV. Time will tell if the <u>Reality TV</u> star runner-up will have his own shot at love.

### This <u>celebrity news</u> certainly sheds some light on a dramatic situation. What are some ways to get over your ex enough that you want them to move on with someone else?

### Cupid Advice:

Getting over someone in general is challenging. You may feel like you should stay close in case there is a chance you could get back together, but that may end up making your love life complicated:

1. Cut ties temporarily: Keep your distance from your ex, whether that means not looking at their social media updates or not going out of your way to speak to them. You can still be civil with your ex, but for your own state of mind, give yourself space.

**Related Link:** <u>Celebrity News: 'Bachelorette' Castoff Dean</u> <u>Unglert Still Isn't Speaking to Father After Emotional Reunion</u>

2. Talk to other people you're interested in: Start talking to other people to distract yourself from focusing on your ex. Be careful not to treat anyone as a rebound from your ex, but socialize with those who make you happy!

**Related Link:** <u>Celebrity News: 'Bachelorette' Rachel Lindsay</u> <u>Picks Her Man in Finale</u>

3. Give it time: Allow yourself time before jumping into dating again. Your ex could be dating again, but that doesn't mean you have to! People often make the mistake of dating while they still have strong feelings for their ex. As much as some of us would like to quickly get over someone and move on to the next person, let yourself heal first. Do you think Rachel should have picked Peter? Let us know in the comments!

# 5 Must-Visit Locations for Book Loving Couples





#### <u>rissa Donovan</u>

Reading can be an activity enjoyed by you and your partner. Although the hobby might not be every couple's cup of tea, it's something some bookworm partners truly bond over. There are many locations to visit for couples who love to read! From hotels to museums to bars, check out these hot spots across the United States!

# Travel away to these book lover locations with your partner!

1. Portsmouth Book & Bar in Portsmouth, New Hampshire: This New England nook gives a cozy feeling to book lovers who love to eat. Watch live performances or get beer on tap with a fresh sandwich. You can also buy books right off the shelves. You will feel at home at this New Hampshire hot spot.



Photo: dustinbotta/Instagram

Related Link: <u>A "Novel" Date Idea: Browsing for Books</u>

2. Chumley's in New York, New York: This historic New York location was the stomping grounds for authors such as Ernest Hemingway, F Scott Fitzgerald, and Zelda Fitzgerald. Many famous authors have photos hanging on the walls of this location. The delicious restaurant serves many <u>food</u> dishes worth ordering and might be a great spot for your next <u>date</u> <u>night</u>.



Photo: zjlynch/Instagram

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**3. The Beat Museum in San Francisco, California:** Learn more about the minds behind the Beat Generation in this museum made for fans of Jack Kerouac, Allen Ginsberg, and other authors. Book loving couple will enjoy the North Beach walking and museum tour the location has to offer their visitors.



Photo: thebeatmuseum/Instagram

Related Link: Date Idea: Stroll Through a Museum

4. The Library Hotel in New York, New York: Bookworms can rest easy in this creative New York hotel. The hotel has many

shelves full of books to browse before walking the city streets. Book reservations for a honeymoon or anniversary date that you will not forget!



Photo: libraryhotel/Instagram

**Related Link:** <u>5 Unique Travel Destinations You Can Drive to</u> <u>from NYC</u>

5. Carousel Piano Bar & Lounge in New Orleans, Louisiana: This is one of the coolest bars you will ever visit in your life if you and your book loving partner stop at this famous Louisiana hot spot. Many famous authors such as Tennessee Williams and Truman Capote have had drinks at this location. Besides having famous guests, the bar is literally styled like a carousel that you can drink at!



Photo: hardcor\_hj/Instagram

Will you be visiting one of these locations soon? Let us know in the comments!