

# Celebrity Divorce: Mandy Moore Reflects on 'Sad' and 'Lonely' Marriage to Ryan Adams



By [Mara Miller](#)

In the latest [celebrity divorce news](#), Mandy Moore opened up about her seven-year roller-coaster marriage to singer-songwriter Ryan Adams, according to *UsMagazine.com*. The [celebrity exes](#) met when Moore was 23, and she became smitten with him. They married a year later. Things fell apart in Moore's immediate family when her mother left her father and so she thought, "I'll create my own family," Moore admitted on the "WTF with Marc Maron" podcast. She explained that her

career quieted down soon after the marriage. “I couldn’t do my job because there was just a constant stream of trying to pay attention to this person who needed me and wouldn’t let me do anything else.” Moore and Adams divorced in June of 2015. She is now happily married to Dawes frontman Taylor Goldsmith.

## **This celebrity divorce ended up being a blessing in the end. What do you do if you find yourself in a marriage that’s bad for you?**

### **Cupid’s Advice:**

*If you’re truly being abused by your partner, the best thing you can do is get out of the relationship. Call this domestic abuse hotline if you ever need it: 1-800-SAFE (7233). Local women’s shelters and community-based services may be able to provide help as well.*

When you’re in a bad marriage, it can be a tough call to decide whether you should leave or stay. But, you have to think about yourself and your children (if you have any) before you think about the longevity of your marriage to someone who makes you unhappy. Cupid has some tips:

**1. Stop making excuses:** It’s easy to make excuses if you’re in an unhealthy marriage. They’re working too hard for you and your family, or they had a bad day at work, so that’s why they insulted you, especially when it happens constantly. *Stop this.* You’re letting your spouse get away with treating you badly. It’s easy to find yourself in a loop of reasons why it’s okay to let your spouse treat you this way. Remember this: the *only* person that can get you out of this situation is yourself.

**Related Link:** [Celebrity Exes: Mandy Moore Says Ex Ryan Adams](#)

## Was 'Psychologically Abusive'

### **2. Take a good, hard look at your role in the relationship:**

Does the house fall apart when you aren't home no matter how many times you've asked for help? Do they expect you to hold a full-time job *and* do all of the housework? Take care of the kids by yourself? If every single thing falls on you and they aren't trying to help, or they try to make you feel awful when you haven't gotten everything done, then it might be time to get out.

**Related Link:** [Celebrity Divorce: Channing Tatum & Jenna Dewan's Split is Becoming 'Challenging and Emotional'](#)

**3. Reach out to friends and family:** It can be easy to lose touch with friends and family when you're busy. This is normal. But one of the first signs of being abused is for the abuser to start isolating their partner so they can't reach out for help. Being in a relationship that requires an occasional venting session with your bestie is one thing, but feeling completely isolated with no way out is another beast entirely.

What are some things you can do if you find yourself in a bad relationship? Let us know in the comments below!

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# **Celebrity Exes: Mandy Moore Says Ex Ryan Adams Was 'Psychologically Abusive'**



By [Lauren Burczyk](#)

In [celebrity news](#), Mandy Moore opens up about her rocky marriage with [celebrity ex](#) Ryan Adams. According to *UsMagazine.com*, Moore accused Adams of being psychologically abusive during an interview with the *New York Times* that was published on Tuesday, February 13th. Moore, 34, claims that “music was a point of control for him.” She added that “he would always tell me, ‘You’re not a real musician, because you don’t play an instrument.’” The *A Walk to Remember* actress continued, noting that they would write songs together that Adams promised to record, but never did. Adams released a statement denying the claims made by his ex-wife, saying that “the picture that this article paints is upsettingly inaccurate.”

# Mandy Moore found herself in an abusive relationship with her celebrity ex. What are some types of abuse you need to protect yourself from?

## Cupid's Advice:

Abusive relationships are unfortunately very common, they happen when one person wants to maintain power or control over their partner. Here are some types of abuse that you need to protect yourself from in a relationship:

**1. Physical abuse:** This can be any type of hitting, punching, or scratching brought on by your partner. Even if this type of abuse doesn't leave a bruise, it's not healthy and needs to be addressed.

**Related Link:** [Celebrity Wedding: Mandy Moore Opens Up About Her New Engagement](#)

**2. Emotional and verbal abuse:** Even without physical violence, a relationship can be subject to unhealthy emotional and verbal abuse. Although it doesn't cause physical damage, verbal abuse leads to emotional pain and scarring.

**Related Link:** [Celebrity News: Mandy Moore Wants to Have Kids 'Sooner Than Later'](#)

**3. Sexual abuse:** Just because you are married to someone or have been with them for a long time, doesn't mean you have to be forced to engage in behavior that you're not comfortable with. This activity should be fun and you shouldn't feel like you are being pressured into anything you don't want to do.

**Can you think of any other types of abuse you need to protect**

yourself from? Comment below.

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# Celebrity Wedding: Mandy Moore Opens Up About Her New Engagement



By [Karley Kemble](#)

Between starring on a successful television show and planning a [celebrity wedding](#), *This is Us* star Mandy Moore is as busy as ever these days. Moore and her fiancé, musician Taylor Goldsmith, have been engaged since last month and the actress



is finally talking about the excitement in her life! According to [People.com](http://People.com), Moore credits Instagram for bringing the [celebrity couple](#) together – after posting a picture of his album, they began emailing and “the rest is history.” Before meeting Goldsmith, Moore says she spent a “few years of just unhappiness,” but knows she has found the “right person” because they “can handle anything together.” As far as the ceremony goes, Moore says her upcoming celebrity wedding will be “quiet and private” as she and Goldsmith are quiet and private, too.

**This celebrity wedding-to-be is making Mandy Moore very happy. What are some ways know if you're ready to take the next step in your relationship and get engaged?**

#### **Cupid's Advice:**

Engagements are the gateway to marriage. You might be to take the next step if you can check “yes” to Cupid's three tips:

**1. You are each other's best friend:** Knowing your partner is dependable and that you can turn to them in times of need and/or struggle is an important foundation to establish before tying the knot. If you can confidently say your partner is your best friend through and through, you could be ready for the next step.

**Related Link:** [Celebrity Couple Mandy Moore and Taylor Goldsmith Are Engaged](#)

**2. You're okay with being boring together:** Quality time is essential within any relationship. You know you don't have to rely on date nights to keep the romance alive. You're okay

with being boring and running errands, or even just sitting at home on the couch watching Netflix. What you do (or don't do) isn't important, as long as you're together.

**Related Link:** [Celebrity News: Mandy Moore Wants to Have Kids 'Sooner Than Later'](#)

**3. You speak in we's:** Before you got together, it was always 'you' and 'me' when you talked about each other. If you find yourself using 'we' and 'us' more frequently out loud or in your head, that is a very telling sign!

**How did you know you were ready to be engaged? Share your story below!**

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## Celebrity Couple Mandy Moore and Taylor Goldsmith Are Engaged







By [Melissa Lee](#)

Congratulations to Mandy Moore and Taylor Goldsmith! The [celebrity couple](#) are engaged after two years of dating. According to [EOnline.com](#), Moore was recently spotted rocking an engagement ring while grabbing lunch earlier this week. The pair celebrated their two-year anniversary just a few months ago, although Moore's celebrity divorce with musician Ryan Adams wasn't finalized until late 2016. Wishing this couple the best of luck as they plan their [celebrity wedding](#)!

**Looks like another celebrity couple is getting hitched! What are some things to consider when getting engaged after a divorce?**

#### **Cupid's Advice:**

Getting engaged is such an exciting time, and this celebrity couple can definitely vouch for that. The *This Is Us* star

is looking happier than ever, despite her recent divorce from her ex-husband. If you, like Moore, are getting engaged after a divorce, check out these tips from Cupid:

**1. Make sure you're not rushing it:** There are a ton of emotions that are provoked by divorce – after all, it's not an easy thing to go through. In order to make sure your next marriage doesn't end badly, it's truly best that you don't rush into anything. Take your time, and make sure you're with someone who is understanding of your situation.

**Related Link:** [Celebrity News: Spoiler Alert! 'Bachelor in Paradise' Stars Derek Peth & Taylor Nolan Are Engaged](#)

**2. Build a positive, longterm relationship:** Although time doesn't always mean everything, it's best to make sure that the person you're marrying has been someone you've been dating for awhile. This celebrity couple has been dating for two years before their engagement, despite Moore's ongoing divorce. Time definitely does say something about your future with your partner, so keep that in mind.

**Related Link:** [Celebrity Couple News: Channing Tatum Recalls 'Cruel' Proposal Tactic](#)

**3. Finalize your divorce:** In terms of legal issues, it's important to make sure everything has been finalized with your divorce. It's best to leave that relationship in the past – both emotionally and legalistically – in order to prevent any issues with your current partner.

**What are some of your tips for getting married after a divorce? Leave your thoughts below.**

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# Celebrity News: Mandy Moore Wants to Have Kids 'Sooner Than Later'



By [Whitney Johnson](#)

It looks like 2017 is going to be an exciting year for Golden Globe-nominated actress Mandy Moore! Not only was her hit NBC series *This Is Us* recently picked up for two more seasons, but according to the latest [celebrity news](#) on [EOnline.com](#), the star is thinking about having children with Taylor Goldsmith, her boyfriend of 18 months – and playing TV mom Rebecca Pearson may have had something to do with it! “I feel like deep down, the soul of who this woman is, I’m familiar with,” the 32-year-old actress revealed at the *Elle* Women in Television dinner. “I feel a kinship with her. I was most

concerned about feeling maternal, not having children myself. But being part of a project like this definitely makes my ovaries start kicking.” So when is she hoping to add a [celebrity baby](#) to her family? “I want kids sooner than later,” she added with a smile.

**It looks like Mandy Moore’s *This Is Us* character is rubbing off on her! What are some ways to know you’re ready to bring children into the world?**

#### **Cupid’s Advice:**

Having a baby is one of the biggest – and best! – decisions you can make. If you, like Moore, are thinking about having kids, consider this advice from Cupid to help you determine if you’re ready to become a parent:

**1. You’re in a stable relationship:** A baby changes everything, so it’s important to have a loving and supportive partner to help you navigate your new role as a parent. Plus, it’s nice to divvy up the sleepless nights spent taking care of a newborn!

**Related Link:** [Celebrity Baby News: Mila Kunis and Ashton Kutcher Welcome a Baby Boy](#)

**2. You’re financially ready:** Having a child brings so much joy into your life, but it also brings a lot of new expenses. Sit down and look closely at your spending habits and savings account to make sure you can handle the added costs.

**Related Link:** [Celebrity News: Peta Murgatroyd Wishes ‘Best Father in the World’ Maksim Chmerkovskiy a Happy Birthday](#)

**3. You have baby envy:** If you can't stop staring at pregnant women at the grocery store or borrowing your friends' babies for snuggle sessions, it may be a sign that you're ready for a little one of your own!

**What's your best advice for knowing if you're ready to have a baby? Tell us in the comments below!**

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## Celebrity Break-ups of 2015







Gwen Stefani and Gavin Rossdale

This musical duo surprised everyone when they announced their celebrity divorce on August 3rd. They've promised to keep things amicable and co-parent their three sons together.  
Photo: Albert L. Ortega / PR Photos

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## **New Celebrity Couple Alert! Ryan Adams is Dating Amber Heard's Sister, Whitney**





By Meranda Yslas

Hollywood has a new [celebrity couple](#)! Singer Ryan Adams is now dating singer Amber Heard's younger sister, Whitney Heard, according to [People.com](#). Just two months earlier, Adams and actress Mandy Moore officially announced their celebrity divorce. Although the celebrity couple had been married for almost six years before the split, they were going their separate ways beforehand. One insider shared, "They really were just two very different people. He's such an introvert, and she may not want her life out there every day, but she's so sweet and friendly and social. Total opposites."

**It looks like former celebrity couple Ryan Adams and Mandy Moore are going their separate ways! How do you know when you're ready to**



# move on from a past love?

## Cupid's Advice:

Moving onto a new relationship and love is exciting! However, if you find yourself constantly thinking about your ex, maybe you're not quite ready to start something new. If you need some reassurance that you're over your old fling, here are some signs:

**1. Thinking of the future:** What do you imagine your life being like in the next three months? Year? Five Years? If in these fantasies and future goals, your ex partner isn't in them, it's safe to say that you've moved on from him.

**Related Link:** [Mandy Moore and Ryan Adams File for Celebrity Divorce After 6 Years of Marriage](#)

**2. You've stopped talking about them:** It's a tell-tale sign that you aren't over your ex if you find any excuse to bring up their name. Some simple relationship advice: if you want to forget about a past love, don't constantly remind yourself of it.

**Related Link:** [Mandy Moore and Ryan Adams Celebrate 5-Year Anniversary](#)

**3. Excited for love:** If you can picture yourself in a new relationship with different people, then your ex isn't a problem anymore. You are free from any lingering feelings that may have stopped you from grabbing fro-yo with your cute coworker.

**How did you know you were ready to move on from a past love? Share below!**

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# Mandy Moore Ditches Wedding Ring & Spends V-Day with Minka Kelly Amid Celebrity Divorce News



By [Rebecca White](#)

Sometimes even married celebrity couples have to call it quits when things go terribly wrong in their celebrity relationship. When the latest celebrity news and gossip hit the press that famous couple Mandy Moore and Ryan Adams were filing for celebrity divorce, our hearts were broken. According to

[UsMagazine.com](http://UsMagazine.com), Moore officially became a single celebrity woman by ditching her wedding ring and spending Valentine's Day weekend with her best friend at a celebrity getaway.

## **Celebrity divorce is tough because all eyes are on people like Mandy Moore and estranged husband Ryan Adams. What are some ways to keep your divorce drama private?**

### **Cupid's Advice:**

Unfortunately, when a celebrity divorce occurs, all eyes are on the Hollywood couple, with rumors and gossip flying around in Tinseltown. Luckily for us, when we decide to get divorced, it is not a celebrity break-up on the front page of the tabloids. Here are a few ways to keep the divorce drama private:

**1. Keep it off social media:** When your relationship and love life is going downhill and you decide to file for divorce, keep it off social media. There's no reason for every acquaintance to be aware of your personal life.

**Related Link:** [Mandy Moore and Ryan Adams File for Celebrity Divorce After 6 Years of Marriage](#)

**2. Only tell trusted family and friends:** During this time of heartbreak, keep your friends and family close, rely on them for support, and don't tell anyone else about the dying romance. Right now, you need time to grieve with your group of support.

**Related Link:** [Divorce Attorney Jacqueline Newman Offers Relationship Advice: "You Want to Be Divorcing a Happier](#)

[Spouse](#)“

**3. Keep legal issues amicable:** Try not to engage in unnecessary arguments and keep the divorce amicable. If the split is as mutual and friendly as possible, then no one will overhear a fight or see you with your guard down, therefore keeping your private life, private.

**How do you keep divorce drama private? Comment below!**

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## **Mandy Moore and Ryan Adams File for Celebrity Divorce After 6 Years of Marriage**





By Maggie Manfredi

Well, it's been a marriage to remember. According to [UsMagazine.com](http://UsMagazine.com), actress and singer Mandy Moore is calling her celebrity marriage to Ryan Adams quits. This celebrity divorce ends after a six year relationship between the two artists. The celebrity exes released a statement stating, "It is a respectful, amicable parting of ways and both Mandy and Ryan are asking for media to respect their privacy at this time."

This celebrity couple has always kept their relationship private, and the divorce is being handled no differently.

**Celebrity divorce is often analyzed by the celebrity news media and public. What are some ways you can keep your divorce private?**

**Cupid's Advice:**

Handling divorce is a delicate procedure whether you are

celebrity exes or not. Wanting to keep your relationship termination private is understandable, but at times it can be tricky. Cupid has some tips on how to handle the process:

**1. Keep your thoughts to yourself:** This may seem like common sense, but if you want to keep the divorce private you have to stay quiet. That definitely includes, but is not limited to, social media. If you feel the need to express what you are feeling, try starting a personal journal. It will feel good to write it all down. Good news here: you aren't limited to 120 characters.

**Related Link:** [Mandy Moore and Ryan Adams Celebrate 5-Year Anniversary](#)

**2. Share with people you trust:** There is no shame in reaching out for professional help. A psychologist, counselor or therapist will be able to listen with no judgement and can give you tools to move forward with your life. If you want to reach out to your personal connections, make sure you are staying within the circle of people who you know have your back and will support you.

**Related Link:** [Mandy Moore Discusses Happy Ending with Husband Ryan Adams](#)

**3. Communicate with your ex:** If you are working to keep a divorce quiet, make sure that the person you are sharing the breakup with are on the same page as you. Be honest with each other and set boundaries for the road ahead as separate individuals.

**What is your solution for a private end to a relationship? Share your thoughts below.**

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# Real Life Celebrity Duets







Beyonce and Jay Z

Known as the queen and king of music, this couple is one of the most powerful celebrity duos. Not only has the hot pair been together for over a decade, they collaborate regularly with too many songs to count and recently performed their On The Run Tour together for thousands of fans around the U.S. Photo: Janet Mayer / PRPhotos.com

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## Mandy Moore and Ryan Adams Celebrate 5-Year Anniversary





By Louisa Gonzales

Mandy Moore and long-term partner Ryan Adams marked their fifth wedding anniversary with a huge celebration on Sunday with family and friends. The star posted pictures of the evening's festivities on Instagram, with everyone looking lovely and in smiles. According to [People](#), everyone who attended the party dressed up for the monumental occasion, with the guys wearing '50s looks and the gals wearing party dresses along with fun accessories. Moore, 29, herself sported a sombrero, while her good celebrity friend Minka Kelly wore a clown bow-tie. The fashionable couple got engaged back in 2009 and are now happily married. Moore even posted a photo of her marriage certificate the week before with a caption that read, "The best 5 years...". Congrats to the married couple!

**How do you make your wedding anniversary special?**

**Cupid's Advice:**

Marriage is a special thing that signifies a bond and love between two people. Once you're married they are a lot of

hardship, but also a lot of good times. When you love someone you want to make them feel special, loved and appreciated. This is even more important come your wedding anniversary. Cupid has some advice on how to make your wedding anniversary memorable:

**1. Plan a celebration:** What better way to celebrate your love and marriage with your lover than to plan something special like a celebration. Celebrating your anniversary doesn't have to be a huge extravagant thing, it can be as big as a party filled with family and friends or as simple as a romantic evening in. The point is you are celebrating the day you decided you wanted to be with your lover forever. However you plan to mark the special occasion is up to you, just make it memorable and perfect for the both of you.

**Related:** [Mandy Moore Discusses Happy Ending with Husband Ryan Adams](#)

**2. Take them someplace fun and exciting:** Why not use your wedding anniversary as an excuse to go out and do something adventurous or fun? Your sweetheart will be sure to feel loved and appreciated when you take them some place they have always wanted to go, but never could before. Maybe, take them to a fancy new restaurant, or to the beach or travel some place special, it doesn't matter. Sure, life can get busy or costs can get expensive, so make plans that work for the both of you, just keep in mind on what would make significant other the most surprised and happy.

**Related:** [Find Out What Romantic Thing Aaron Paul Tells His Wife Every Day](#)

**3. Get them an unforgettable gift:** Nothing says, "I love you" like the perfect gift. When you're working on the gift or thinking about what to get, try to consider what would truly show how much you understand your lover, after all no one probably knows your honey better than you. Maybe you can write

them a card, filled with inspiring words or all the things you love about them. Or you can write a song for them, make them something special or buy a gift it doesn't matter, just make sure it's something that your honey will appreciate.

**What are ways to make your wedding anniversary special? Share in the comments below.**

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## 5 of the Sweetest Movie Moments



By Tanni Deb

Whether we admit it or not, we all enjoy a good love story – the ones that make our hearts beat, our pulses race, and the tears flow. We love getting caught up in the magical moments and gushing over romantic scenes. You probably have your own top Sweetest Movie Moments, but join us as we count down some of ours:

**5. A Walk to Remember:** If you're a hopeless romantic, this movie and its leading characters, Landon Carter (Shane West) and Jamie Sullivan (Mandy Moore), will leave you sobbing at the end. After a dangerous dare goes badly wrong, rebellious Landon is made to do community service, where he seeks help from bookish and religious Jamie – the girl he eventually learns to love. When he discovers the secret she's been carrying for two years, he plans a date at night to star gaze. He asks her to search for a specific star, and when she questions him about it, he says he had it named after her. The scene is sealed with a kiss.

**4. 50 First Dates:** When Henry Roth (Adam Sandler) meets Lucy Whitmore (Drew Barrymore) in a café, they decide to meet again the following day. However, when Henry returns, Lucy doesn't have a memory of him, or their previous meeting. When he's told that since the day she got into a car accident she's been unable to retain new information, he devises new ways to meet her every day, hoping that one day she'll remember him and will return his feelings. The sweetest – and most powerful – scene in the film comes when Henry discovers that Lucy has been singing, and she might remember who he is. He runs to the hospital and asks her if she recognizes him. She says "no," but explains that she has been dreaming of him every day. When she leads him into her studio, it is filled with paintings she drew of him! Believing that this is proof of their love, they reunite.

**3. You've Got Mail:** If you think you can't find love online, then this is the movie to watch. Joe Fox (Tom Hanks) and Kathleen Kelly (Meg Ryan) are business rivals who began writing emails back and forth, without knowing each other's identities. Over time, romantic feelings develop, and Joe later realizes that the person he's been writing to the entire time has been Kathleen. At the end, they decide to meet, and Kathleen is not only shocked, but also excited to know that her cyber friend was him all along. She admits that she was hoping it was him, and the two passionately kiss.

**2. The Notebook:** This love story is one you'll watch repeatedly with a box of Kleenex next to you. It's the tale of small-town boy, Noah Calhoun (Ryan Gosling), who falls in love with rich and beautiful Allie Hamilton (Rachel McAdams). Even after Allie is diagnosed with Alzheimer's disease and fails to recognize her family, or him, he never leaves her side. Instead, he decides to grow old with her in a nursing home and attempts to bring her memories back. Sure, this romantic film has many sweet moments, but perhaps the scene that makes you realize how much he truly loves her is when, many years later, his children ask him to leave the rest home and return home with them. He says, "Look guys, that's my sweetheart in there. I'm not leaving her. This is my home now. Your mother is my home." Quick, pass me one of those Kleenexes.

**1. The Wedding Singer:** This is another romantic comedy film, once again teaming Adam Sandler and Drew Barrymore together, who always manage to create some of the most romantic movie scenes. In this film, Sandler is a wedding singer who falls in love with Barrymore – a waitress. When he discovers that her fiancé is cheating on her and doesn't plan on stopping after marriage, he attempts to pursue her. There are plenty of sweet moments in this movie, but the one that will make your heart melt is at the end, when Sandler sings a song for Barrymore on an airplane. Who wouldn't fall for a man like that?



If one of your favorite sweetest movie moments didn't make it onto our list, let us know in a comment below! In the meantime, make sure to check out the movies mentioned above and let us know what you thought about them.

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## Love      Wedding      Marriage featuring Mandy Moore, Kellan Lutz and Jessica Szohr



A marriage counselor, Ava (Mandy Moore) is thrown for a loop when her parents decide to get a divorce in [Love, Wedding,](#)



[Marriage](#), which hits theatres June 3rd. Ava, who has recently married Charlie (Kellan Lutz), is now questioning everything for which her marriage stands. To counter that feeling, she decides to get her parents back together by moving her father in with her and her new husband, much to Charlie's dismay.

Through laughs and tears, this family finds a way to make it work despite all the emotional struggles they're going through.

### **What are the benefits of marriage counseling?**

#### **Cupid's Advice:**

Marriage counseling does not guarantee a lack of divorce, but there are definitely benefits to the process even if it doesn't work:

**1. Communication:** The main thing that counseling does is provide a place to air all of your grievances. You can tell your partner all of the things you've been holding in. That way, everything you need to work on is on the table ready to be tackled.

**2. Solutions:** Whether the solution ends up being a divorce or getting back together, a decision is definitely necessary when you're at odds with your spouse. Marriage counseling provides a neutral place to decide.

**3. Last shot:** Marriage counseling comes before a split so that if there's any chance whatsoever that you may be able to work out your issues, you can do it. It's the last stop shop before making the decision to call it quits.

**Have you had experience with marriage counseling? Share your experience below.**

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# Mandy Moore Discusses Happy Ending with Husband Ryan Adams



It looks like there's at least one celebrity couple we can count on. After two years of marriage to musician Ryan Adams, Mandy Moore is still very much in love. The actress and singer recently told [People](#), "I feel very supported and loved and at peace ... I got my own little happy ending." And for Moore, happiness is found in the little things. After mentioning how "nerdily obsessed" she and her hubby are with their two cats and dog, the actress added, "We're big homebodies ... We never want to leave [the house]." **How do you have fun staying in for the night?**

## **Cupid's Advice:**

Going out on the town can be exciting, but sometimes you just need to chill out at home. Here's how to make the most of staying in:

- 1. Be romantic:** Just because you're staying home doesn't mean you have to forgo romance. Cook an extravagant dinner for your partner, and then snuggle while you watch a corny movie.
- 2. Go old school:** Dust off that old game of Chutes & Ladders or Monopoly and go wild. A retro game night will help you bond.
- 3. Get close:** Are you usually too busy or too tired to get quality intimate time with your partner? Use this opportunity to try new things in (and out) of the bedroom.