

# Jack Osbourne Admits His Baby-to-Be Wasn't Planned



Despite the surprise factor, 25-year-old Jack Osbourne and fiancée Lisa Stelly are thrilled to be expecting their first child together. Known for his love of extreme sports, Osbourne has no problem curbing these activities once he is a father. He told Britain's *Star* magazine that he is "excited" for the baby and that he's "really happy about the whole thing." [RadarOnline](#) says that along with the excitement of the new baby is the possibility of a reality TV show for the blossoming household, much like *The Osbournes*, which originally brought Osbourne to fame.

**How do you quickly adapt to the idea of having a baby?**

## Cupid's Advice:

Pregnancies aren't always planned, so it's often necessary to come to grips with the idea of having a baby quickly. Here are some things to consider:

**1. Tell your family:** Telling your family about your unplanned pregnancy can be difficult, but there are a myriad of benefits. They can be a valuable source of support when it comes to difficult decisions, can provide financial help, and may even go with you to your appointments.

**2. Stay healthy:** Be aware of necessary lifestyle changes such as the one Jack Osbourne plans to make for his baby. Make smart diet choices as well as smart physical choices. Avoid alcohol and dangerous movements.

**3. Trust the professionals:** When in doubt, there is no better advice given than that of your doctor. Make sure to have regular appointments with your doctor, and don't be afraid to ask them *any* questions you may have.

**How would you handle an unexpected pregnancy? Share advice below.**

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# Jack Osbourne Announces Engagement and Soon-to-Be Fatherhood





Newly engaged Jack Osbourne, son of Ozzy and Sharon Osbourne, is about to be a father. Osbourne shared the news less than two weeks after he confirmed his engagement to actress Lisa Stelly, reports [People](#). “I’m excited,” said Osbourne on *Piers Morgan Tonight*. “I’m a little nervous.”

**How do you balance an impending marriage and soon-to-be parenthood?**

### **Cupid’s Advice:**

Though both wedding planning and pregnancy are exhausting, it is possible to balance both. Here are a few suggestions:

- 1. Enlist help:** Planning a wedding is difficult even for people who aren’t pregnant. If a wedding planner is outside the budget, rely on your bridesmaids or phone a close friend for some extra help.
- 2. Remember your schedule:** If you’re planning on getting married while pregnant, make sure to keep your biological calendar in mind. For example, don’t buy a wedding dress that will soon be too small.

**3. Take it one step at a time:** If planning the wedding is too stressful or if you're having a rough pregnancy, it's okay to put the wedding on hold. Extend your engagement and wait for a time when you're feeling up to the task.

**Were you pregnant at your wedding? Feel free to share your story below!**