## Why Fans Think Lady Gaga Is Defending Bradley Cooper After Celebrity Break-Up





By Katie Sotack

Recently, news of Bradley Cooper's <u>celebrity break-up</u> with Irina Shayk broke. According to *EOnline.com*, rumors had been flying that Cooper's *A Star Is Born* costar Lady Gaga contributed to the couple's tension and demise. Gaga, who was performing in Vegas when news of the split arose, gave a speech about trying to change others before singing her and Cooper's duet, *Shallow*. It may be a stretch, but fans are certain of Gaga's hidden message about Cooper.

This celebrity break-up has a lot of rumors surrounding it. What are some ways to keep gossip from making your break-up worse than it actually is?

#### Cupid's Advice:

Rumor mills never stop turning. They can be hurtful and amplify situations for the worse. Here are some ways to keep ahead of the gossip about your breakup:

1. Make a clear statement: Once news of the breakup hits you'll have to have a go-to explanation prepared. Make it unbiased and appreciative of your ex-partner if you want to minimize the damage and potential gossip.

Related Link: Celebrity Break-Up: Bradley Cooper & Irina Shayk Split After 4 Years Together

2. Stay Facebook friends: If you and your ex are on good terms stay friends on social media. Apps like Facebook and Twitter have the added perk of a mute option. That way the breakup can be amicable online, but you won't need to see their posts everyday.

Related Link: Celebrity News: Brad Pitt Attends Ex Jennifer Aniston's Birthday Party

**3. Keep it light, but honest:** When you're pressed for more information, don't get worked up. Be honest about the way you feel, but not accusatory or angry. This way you'll stay authentic but positive about your ex-partner.

How have you avoided bad blood after a breakup. Share in the comments below!

# Celebrity Break-Up: Bradley Cooper & Irina Shayk Split After 4 Years Together





By Katie Sotack

Celebrity couple Bradley Cooper and Irina Shayk broke up after four years together, according to UsMagazine.com. The news arrived not long after reports came out that the couple were going through relationship problems, which began earlier this year amid talk of Cooper's chemistry with A Star Is Born costar, Lady Gaga. Shayk claims to know they were both "in character" and denies the relevancy to the break-up. The two

are still living in Cooper's house for now as they care for their two-year-old daughter, Lea.

This celebrity break-up comes after speculation that the pair's relationship was on the rocks. What are some ways to work through a tough time in your relationship?

#### Cupid's Advice:

Relationships aren't always smooth sailing. They take time and effort from the individuals involved. When your relationship requires work, here are some steps you can take to mend bridges:

1. Honesty is the best policy: it may be tempting to softenblows and tell white lies, but the truth is mandatory in a relationship. Sooner or later your partner will find out, it's better you're the one to tell them.

Related Link: <u>Back On! Celebrity Couple: Ben Affleck & Lindsay</u>
Shookus Are Back Together After Split

2. Listen to your gut: If you feel like something's wrong, something probably wrong. Your intuition is your best friend and it's trying to help you out. Sort through your feelings and talk to your partner about what your body's been telling you.

Related Link: Celebrity Exes Jennifer Lawrence and Nicholas Hoult Reunite in 'X-Men' Movie Scenes

3. Know when to seek outside help: sometimes your relationship problems are bigger then the two of you can handle. There's no shame in that and plenty of trained professionals are willing

to mediate. Whether you see a relationship counselor or sit down for legal mediation, considering bringing in a conflict expert.

What are some ways you manage conflict with your partner? Share in the comments below.

## Celebrity Break-Ups: Lady Gaga Breaks Silence on Split from Ex-Fiance Christian Carino





Lady Gaga wowed audiences in Las Vegas this past weekend with star-studded covers and a monologue of personal feelings. Gaga opened her song "Someone to Watch Over Me," with a brief statement about her breakup from ex-fiance, Christian Carino. She said, "Last time I sang this song, I had a ring on my finger, so it'll be different this time." According to EOnline.com, the split happened back in February, and this is the first she's spoken about it publicly. Her confession moved the audience, and she proved she's a singing star with or without Carino.

In celebrity break-up news, Lady Gaga finally addressed her split from Christian Carino. What are some ways opening up about a break-up can help you move on?

#### Cupid's Advice:

Staying silent about pain in your life is not always the best plan of action. It can build up until you explode in ways that aren't pleasant. Cupid has some ways opening up about a split can help you move on:

1. Talk to loved ones: Ending a relationship also drops the levels of intimacy you once had. Open up to your loved ones to quench your need for intimacy and vulnerability through other trusted people in your life.

Related Link: Celebrity Break-Ups: Fans Speculate That Porsha Williams and Dennis McKinley Call It Quits

2. Redefine yourself: For the past \*insert-relationship-

length-here\*, you've been branded as a couple. Post up your best selfie and re-introduce yourself to the world as a a single. Meaning you're just you and that's enough.

Related Link: Break-Up: Kendall Jenner & Ben Simmons Split
Months After Reconciliation

**3. Get physical:** Don't be afraid to tell your friends "I just need a hug right now". Pump up a feel good hormone, oxytocin, by admitting you miss a physical connection with your ex. Then, get hugging.

How has opening up about your breakup helped to kick start the healing process? Share in the comments below.

## Celebrity Couple News: Bradley Cooper & Irina Shayk Spotted Holding Hands After Lady Gaga Rumors





By Mara Miller

In <u>celebrity news</u>, <u>celebrity couple</u> Bradley Cooper and Irina Shayk are still going strong amidst rumors of Cooper having a relationship with former *A Star is Born* costar, <u>Lady Gaga</u>. According to *UsMagazine.com*, Cooper and Shayk stepped out together hand in hand in public nearly two months after the rumors started spreading.

In celebrity couple news, it seems Bradley and Irina are still a solid couple after Lady Gaga rumors surfaced. What are some ways to strengthen the foundation of your relationship?

#### Cupid's Advice:

Sometimes rumors will spread about your relationship, but

there are ways to keep it strong so the gossip doesn't destroy you. Cupid has some tips:

1. Practice love every day: Don't just use holidays like Valentines Day to show your love and appreciation for your partner. Little gifts before work in the morning, a drive through the countryside or spending the night together watching movies is a good way to practice loving each other because you're spending time together.

Related Link: Celebrity Wedding: Celebrity Guests Party at 'DWTS' Pros Val Chmerkovskiy & Jenna Johnson's Wedding

2. Communicate, communicate, communicate: As long as you are both honest with each other, problems like jealousy or mistrust will not arise. Keeping an open line of communication with your partner will stop problems before they begin.

Related Link: Celebrity Couple: Kylie Jenner & Travis Scott Share Photos from "Baecation"

**3. Practice self-care together:** Meditate, work out, or do something else together that will help both of you focus on yourselves, but together. This will give you both quality bonding time together. It could even be as simple as going to a masseuse for a couple's session!

What are some other ways you can strengthen your relationship with your partner? Let us know in the comments below!

### Celebrity News: Find Out Why

# Lady Gaga Called Off Her Engagement





By <u>Mara Miller</u>

In the <u>latest celebrity news</u>, <u>Lady Gaga</u> revealed why she broke off her engagement to <u>celebrity ex</u> Christian Carino. It turns out he had some jealousy issues. According to *UsMagazine.com*, a source revealed, "Chris didn't really treat Gaga well toward the end of their [two-year] relationship." He kept trying to find her and texted her a lot, according to the same source. In the weeks following Gaga's broken engagement, she leaned on friend Jeremy Renner. Renner and Gaga have been spending time together since her split from Carino.

In celebrity news, the reason behind Lady Gaga's broken engagement is finally coming to light. What are some tips for dealing with jealousy?

#### Cupid's Advice:

A jealous partner does not mean you have to immediately break up with them. Cupid has some tips to deal with jealousy. But just remember, if it ever starts to feel too out of control, you are right in calling off the relationship:

1. Stay calm: Listen to your partner and the reasons that they are jealous. Most likely it isn't something you have done and they might have some insecurities about the relationship that you both need to work on. Remember, a key to a strong relationship is communication, and if you can't listen to their concerns, then it might not work out.

Related Link: Celebrity News: Rita Wilson Opens Up About What She Told Tom Hanks After Breast Cancer Diagnosis

2. Create boundaries: Your partner needs to know and respect your boundaries, but you also have to know and accept theirs. If they are concerned about your friendship with someone of the opposite sex, make it clear that you are only friends and there is no reason to be suspicious of the friendship.

Related Link: Celebrity News: Put Yourself First Like Lady
Gaga

3. Show affection: As long as you feel like the situation isn't abusive, show your partner some extra affection after you discuss their jealousy and dispel any reasons to be jealous. Holding hands or cuddling on the couch to watch a

movie might help them feel more secure in the relationship.

What are some other tips you have for dealing with jealousy? Let us know in the comments below!

# Celebrity News: Bradley Cooper's Ex Wife Reacts to Rumors of Lady Gaga Romance





By Lauren Burczyk

In <u>celebrity news</u>, <u>Bradley Cooper</u>'s <u>celebrity ex</u> Jessica Esposito, 45, reacted to a joke made at the *American Sniper* 

star's expense. According to *UsMagazine.com*, David Spade made a comment about the *NCIS* actress' former spouse following his sultry 2019 *Oscars* performance with <u>Lady Gaga</u>, 32. The *Rules of Engagement* alum, 54, captioned a shot of Cooper's duet with the pop superstar, "Is there any chance these 2 aren't f-king?" Esposito remarked with a simple, "Ha." There's been a lot of speculation by fans about a romance between Bradley Cooper, 44, and his *A Star is Born* co-star following their *Oscars* performance on Sunday.

In celebrity news, Hollywood is alight with rumors surrounding a romance between Bradley Cooper and Lady Gaga. What are some ways to keep rumors from ruining your relationship?

#### Cupid's Advice:

Whether a rumor surrounding your relationship is true or not, it can take a toll on both of you. Here are some ways to keep rumors from ruining your relationship:

1. Surround yourself with people who support you: Your true friends will stick by your side regardless of what's being said. Be sure to talk to them about your feelings and remember that they care about you, even through the toughest of times.

Related Link: <u>Celebrity Couple Bradley Cooper & Irina Shayk</u> <u>Have Discussed Marriage</u>

2. Keep yourself busy: Make sure to keep up with your activities and still give it your all at work. Showing people that you're staying strong, despite what's being said about

your relationship, may put an end to the silly gossip.

Related Link: New Celebrity Couple Bradley Cooper & Irina Shayk Make Red Carpet Debut

**3. Talk to your partner:** Your partner's true colors will show when there are rumors surrounding your relationship. If your partner is supportive and you both know the truth of the matter, stick together and be there for each other.

Can you think of some other ways to stop rumors from ruining your relationship? Comment below.

# Fashion Trend: Feathered Accessories





By Mara Miller

Fashion trends like feathers have come and gone in history, but for 2019, feathers have once again become all the rage. From coats with feathery fringe to full dresses made from ostrich feathers, this fun accessory has been all over the runway. While you might not want to embrace Lady Gaga's celebrity style with a full dress made with ostrich feathers like the one that she wore last year at the Venice Film Festival, there are a ton of fun accessories you can find. Whether you're an older lover of all things feathers and haven't had a reason to pull out your old earrings, or are new to the trend and want to try it out, we've got a list of accessories to share with you so you can try them!

## Check out the latest fashion trend — feather accessories!

#### 1. Purse/clutch:



Feather Purse Photo: Pinterest / @thepurseoutlet

We all need to be practical sometimes, right? Why not grab a clutch surrounded in ostrich feathers for your next date night? Or if you're the type of girl who has to shove everything into her bag, find a full-sized purse! It can either be covered in feathers or decorated along the trim of the opening of the bag, whatever strikes your fancy while you're shopping for your next carry-all accessory.

Related Link: Fashion Trend: 5 Ways Celebrity Style Influences
Fashion Trends

#### 2. Ostrich Feather Skirt:



Feather Skirt Photo: Pinterest / @WendysLookbook

Get fun and flirty with an ostrich feather skirt, recently made popular by the new fashion trends for 2019. This is a great piece to have in your wardrobe because it can be dressed up or down. Not only is it eye-catching, but it goes great with a cashmere sweater or a blazer.

Related Link: <u>Fashion Trend: Neon Fashion Items</u>

#### 3. Feathered Feet:



Feather Heels Photo: Pinterest / @myshoebizarre

From sleek heels with feathers attached from Louis Vuitton to magical KP Collections from <u>Katy Perry</u>, you might want to grab a couple pairs before feathered shoes go out of style. Wear them out for a coffee date with your bestie or in the office if you need a fun pick me up. Choose them in the sleek black and cream look like in the picture above, or find something that's bright neon pink!

#### 4. Hair accent:



Hair feather accessory. Photo: Pinterest / @Marilyn19032002

Probably one of the oldest feather accessories in existence, adding a feather to your hair can make you feel chic boho or whimsical without much effort. You can either tie one feather (like in the picture above) or get some clips that have feathers attached to them. Wearing them as an accessory this way might seem more natural if you don't like the other ways the trend has been gaining popularity.

#### 5. Earrings:



Feather Earrings Photo: Instagram / galinashandmade

This playful accessory will dance on your neck and is sure to catch some attention with a messy updo. You can choose feather earrings with a few feathers dangling at the bottom, find a set that has multiple colors, or one single feather to float around your neck if that's more your style. Earrings are another great simple statement if you don't want to get crazy with feather coats or skirts.

Do you plan on getting fun and flirty with this new fashion trend? Let us know in the comments below!

### Movie Review: A Star is Born





#### By Lauren Burczyk

A Star is Born is a musical romantic drama starring <u>Bradley Cooper</u> and <u>Lady Gaga</u>. The 2018 version of the movie, produced and directed by Cooper, was originally filmed in 1937, bearing the same film name. In the film, Cooper plays Jack Maine, a country music phenomenon with a serious drug and alcohol problem. He meets Gaga who plays Ally, an aspiring singer, at a drag bar. After being amazed by her performance, Jack invites her to go on tour with him. The two quickly fall in love and when Jack, despite his ongoing personal demons, asks Ally to marry him, they have a <u>celebrity wedding</u> the same day.

Get your box of tissues ready and hold your partner tight because this gut-wrenching, passionate love story about this <u>celebrity couple</u> will leave you in tears. Read our <u>movie</u> review to learn who to take!

## A Star is Born is the perfect love story for your next date night!

**Should you see it:** If you're looking for a movie with a captivating romance, excellent performances, and you enjoy emotional, heartfelt stories, then this one's for you!

Who to take: Take someone you don't mind getting emotional in front of. Your significant other would be a great choice, or take your best friend. I would advise against taking young children or making this your choice for a first date.

#### Cupid's Advice:

We're inspired by the unconditional love that is felt between Jack and Ally. It can be tough when you love someone that has personal demons that they are trying to deal with. Cupid has some <u>relationship advice</u> on how to support your partner in their time of need:

1. Try not to be an enabler: If you and your partner were regulars at the local bar, it's time to make that habit a thing of the past. For your partner to get over their addiction, they have to stay away from anything that can entice their behavior.

Related Link: Relationship Advice: How to Cope with a Loved One Who Is an Addict

2. Stop making excuses for them: For your partner to get better, it's important for you to stop allowing them to skip family gatherings or not come to the phone when their mother

calls. It's best that you don't try to handle this all on your own, so including other family members on treatment plans is a good idea.

Related Link: Relationship Advice: Don't Let Distance & Lifestyle End Your Relationship

**3. Attend therapy sessions together:** The last thing on your mind may be couples therapy, but it actually can help and may prevent your relationship from suffering. Remind your partner that you're in this together and that you would like to keep your relationship strong.

Have you helped your partner through a difficult time? Share some of your advice below!

# Celebrity Couple News: Lady Gaga & Fiance Christian Carino Share Kiss Backstage at Grammys 2018





By <u>Jessica Gomez</u>

In <u>celebrity news</u>, <u>Lady Gaga</u> and her fiancé Christian Carino were photographed sharing an endearing kiss backstage at the 2018 Grammys on Sunday, according to <u>UsMagazine.com</u>. Gaga was nominated for Best Pop Vocal Album for "Joanne" and Best Pop Solo Performance for "Million Reasons." The pop star did not win either award, but she did preform a fusion of both nominated songs. And, her future hubby was there to support his lady. Let's keep our ears open for their <u>celebrity wedding</u> date!

This newly engaged <u>celebrity couple</u> are very much in love. What are some ways to support your partner in his or her professional endeavors?

#### Cupid's Advice:

Supporting one another in a relationship is a given! Cupid has some relationship advice on ways to support your partner's journey toward their career path:

1. Be their cheerleader: Sometimes when following your dreams, things can get rocky, and what we really need is a support system. Be respectful of their feelings and listen to them. Show your partner you understand, support them by acknowledging their negative feelings and encouraging their positive ones. Don't forget to cheer them on as well. Lift them up when they're at their lows and their highs. Words of encouragement go a long way.

Related Link: <u>How Jessica Biel & Justin Timberlake Keep Their</u>
Marriage Strong

2. Offer help: Sometimes your partner may need an extra mind, a different perspective. Sometimes a shoulder to lean on. Discuss the obstacles and the solutions to those obstacles together. Helping them in any way you can in any aspect of their life can help their career one. Be on the lookout and see what your partner may need. You both are a team, and you have to be in it together to win it.

Related Link: Shailene Woodley Makes Relationship with Rugby Player Ben Volavola Instagram Official

3. Stay involved: While being a cheerleader and offering help to your partner, you of course have to stay involved. Keep yourself updated with their journey and what's going on with them mentally and emotionally, and vice versa. Neither you or your partner should become isolated from the other. Pursing a career can take up a lot of time and effort, but staying involved with one another is also important when in a committed relationship. Keep lines of communication open at all times, and keep up with as much optimism as possible!

What ways have you encouraged and supported your partner during their journeys? Comment below!

## Celebrity Diets: 5 Celebrity-Approved Diets to Achieve Your Summer Body





By <u>Jessica Gomez</u>

Summer is here, and some of us have been procrastinating on getting in shape for fun in the sun, or maybe are just not quite there yet. Dieting is a challenge for most of us, so it's important to find one that is right for you. Some research suggests that choosing a diet you can stick to is more important than which diet you choose. Consistency is key, so choosing the most realistic diet for yourself is essential

# Not every diet works for everyone, so here are five celebrity diets to choose from to lose weight. Let the diet and fitness tips begin!

Try one, try some, or try all of these celebrity diets! All of these diets are celebrity-approved and vegan-friendly! Some are full plans, and others are tips you can incorporate into your own diet:

1. Hot Lemon Water: Drink it right after waking up. Many celebrities have tried this tactic — Elle MacPherson, Lauren Conrad, Beyoncé, Gwyneth Paltrow, and Miranda Kerr are a few! The diet consists of a simple daily routine: drinking a cup of warm water with at least one tablespoon of fresh lemon juice. Lemon juice is highly acidic, so the mixture of it with warm water helps digestion by kick starting it early in the morning. For even better results, drink a cup before each meal instead of just before breakfast.

Related Link: <u>Celebrity Chef Recipes to Help You Eat Healthy</u>
<u>This Year</u>

- 2. Master Cleanse: This is an all-liquid diet. Beyoncé did a master cleanse, while incorporating cayenne lemon water into her all-liquid diet. You can also try juicing as a master cleanse. Make some at home or get some from your nearest juice bar. Juice fasting is a good way to lose weight because you can receive the raw nutrients of vegetables and fruits, and since it's in liquid form, you digest it much easier. See the pounds fall right off!
- 3. Baby Food Diet: To some this may sound gross and to others, yummy. Baby food is no longer just for babies! The diet is

based on eating baby food as your first two meals of the day and then eating a healthy dinner. Baby food is low in calories and is easy to digest. About 14 jars of baby food, up to 75 calories each (the less the better), should replace breakfast and lunch. For dinner, it's your choice! To aim for a healthy dinner, just try to lay off of anything fried or high in sugar, carbs, or salt. Celebrities like <a href="Lady Gaga">Lady Gaga</a> and Camila Alves have tried this diet!

Related Link: <u>Celebrity Chef Recipe: Meal-planning Made</u>
Delicious

- 4. Macrobiotic Diet: This strict diet is pretty famous due to Madonna. Meat, dairy, eggs, and wheat are all excluded from your meals for this diet. Other foods are fair game, like brown rice and other whole grains such as barley, millet, oats, and quinoa. The diet encourages "sea vegetables" as well. What are sea vegetables? Arame, nori, kombu, and kelp are few vegetables originating from the sea. These lower cholesterol, detoxify your body, and fights constipation and aging as well.
- 5. Apple Cider Vinegar Shots: Before every meal, take a shot of apple cider vinegar, measuring to around a teaspoon. Celebrities like Megan Fox have tried this diet. If you feel like you can't take the shot neat, you can mix two teaspoons into water. If the taste is still too unpleasant for you, you can add a sweetener like honey or maple syrup. Of course, neat shots and diluting the vinegar in water are more effective. This diet takes time you must take it consistently over a long period of time. The acetic acid has fat-burning properties that influence your fat metabolism, stopping your body from storing fat, and instead using it as a form of energy.

What are some diets you've tried that worked for you? Share below!

## Celebrity News: Put Yourself First Like Lady Gaga





By Dr. Jane Greer

Lady Gaga announced she is postponing the European leg of her Joanne world tour until next year because she is in a great deal of physical pain, and has decided to take this time to try to heal so that she can come back stronger. This is a very difficult thing to do, since as a performer she may feel like she's letting down her fans. She has been open about her battle with fibromyalgia, including the side effects of anxiety and depression, but until now has pushed through it. In order for her to take this drastic and important step, one

can only imagine the acute discomfort she is experiencing. She clearly has such a strong work ethic, and over the years we have witnessed the incredible details that go into her work. It often seems she will do anything for her fans. But the time has come to focus on herself, making her fans number two for the time being. You don't have to be Lady Gaga or a performer to have a strong response to the people in your life, making it tough to take yourself out, even if it is just for a short time, and do what you have to do if you are suffering from a physical or emotional situation that is making it hard to function in your daily life. Sometimes even being able to find the time to get to the doctor for a simple appointment can seem daunting. So many of us feel a need to keep going, in work or taking care of family, and feel too guilty to take any time out for self-care.

The thing is, when you neglect yourself, not only can it compromise your work and caretaking, there is also a chance you will miss something with your health that needs your attention. When you consider the celebrity news behind Lady Gaga, it's very important to take care of yourself.

It seems like the obvious response that if you are not feeling well you will check it out, but so many people simply don't and continue to ignore whatever is bothering them, often trying to forge ahead and doing further harm. It isn't until you have gone over a cliff or hit a wall, simply unable to go

on in the same way, that many people stop to consider their own needs. By then, though, recuperating might take even longer and be more complicated.

If you are one of those people who finds it difficult to put your own needs first but might be concerned about a personal health issue, what can you do? This does not include situations that might seem like an emergency — a terrible headache, a pain in your left arm, symptoms of a possible stroke — in those cases it is essential to seek immediate medical help. But for more subtle symptoms that linger, making you feel different from your norm, it is important to pay attention and take inventory. Give yourself a timeline, deciding that if the symptoms don't go away by a certain time you will go to a doctor. Some health issues present themselves in a flurry of symptoms that are hard to pinpoint and too easy to explain away. If these persist, don't ignore them.

Along the same lines, if you're dealing with health concerns and physical pain, it helps to be able to talk about it with people, friends and family. That way they can let you know that they care about you, as well as offer support and be helpful with whatever you're going through. It gives them a chance to be there for you.

Lady Gaga was open in sharing her painful condition, and is a role model for all of us. One thing she will most certainly feel in the coming weeks and months is the tremendous love and caring of all her fans .

Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on Facebook, at www.facebook.com/DrJaneGreer, and be sure to

follow <u>@DrJaneGreer on Twitter</u> for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <u>http://www.drjanegreer.com</u>.

### Beauty Tips: Colored Eyeliner





By <u>Melissa Lee</u>

The beauty world is constantly changing, and sometimes it feels a little difficult to keep up. On top of that, it can get easy to get super bored with your every day makeup routine. A solution to both of these worries comes in the form of 2017's hottest beauty trend — colored eyeliner! While it may sound a little intimidating, don't worry. There are plenty

of ways to rock this look, regardless if you're looking to go bold or subtle. Head below to check out ways to wear colored eyeliner this season.

# Check out some of Cupid's beauty tips on how to rock colored eyeliner below!

- 1. Start light: If your every day makeup look is relatively neutral, try starting with white eyeliner. This look has been rocked by celebs like Kerry Washington, who made white eyeliner look super classy on the red carpet. Paired with a natural eye look, line the your eyelids with white eyeliner. If you're feeling a little bolder, try a cateye by adding small flicks to the ends.
- 2. Blue is the new black: Lady Gaga is notorious for ditching black eyeliner for blue, and has been showing this look off on her tours. Take a page out of Gaga's book with this neon dream. Sweep a fun eye shadow color over your lids (green, pink, even purple) and pair with neon blue eyeliner on your waterline.

Related Link: Beauty Tips: The Rise of Microblading

- 3. Multicolored: Looking for something even crazier? Try this out: multicolored liquid eyeliner. Emily Ratajkowski showed this amazing look off at this year's Met Gala and it was a hit! Her makeup artist blended together two different liquid eyeliner colors (blue and green) and lined her lash line. Extend the eyeliner a little past your lids for a cute cateye look and you're all good to go!
- **4. Reverse it:** Dianna Agron tried reverse eyeliner out on the red carpet last year and we're obsessed! She lined her lids with regular black eyeliner (a cateye, of course), but made a

bold statement by sweeping neon pink eye liner on her waterline. This graphic look is guaranteed to standout, especially when paired with neutral lips and face makeup.

Related Link: Celebrity Beauty Tips: Dazzle this Summer with Sunset Eyes

**5. Sharp and clean:** If you want the colored eyeliner to be the complete star of the show, consider trying this look out. Line the tops of your lids with a fun eyeliner color (blue, red, maybe even purple too!), and call it a day. Apply some mascara to your eyelashes and finish with a dewy, natural face.

What colored eyeliner look do you want to try out? Leave your thoughts below!

# Celebrity News: 7 Best Celebrity Pop Music Moments





By <u>Katie Gray</u>

Pop music is one of the most popular music genres for a reason! For decades, amazing pop music has been created and crafted. People love jammin' out to pop, and watching pop stars perform in bold outfit choices. Since the 80's, Madonna has been the Queen of Pop. From then on, there have been many pop stars and pop princesses introduced to the world. Whether it's an award show performance or a music video, there have been some iconic pop moments among fellow pop stars in celebrity news, and pop stars in celebrity relationships.

## Cupid has compiled the seven best pop moments in celebrity news:

1. Madonna & Britney Spears: The Queen of Pop is Madonna and the Princess of Pop is Britney Spears. The most iconic pop moment in history, is hands down the famous 2003 VMA performance where Madonna, Britney Spears and Christina Aguilera performed and shared a kiss. Madonna was dressed as a groom and Britney was dressed as a bride. To this day, it

continues to generate buzz! It will go down in history, as the most iconic moment in pop music. Just like Nicki Minaj sums up in her song with Madonna, she raps, "There's only one queen, and that's Madonna."

2. Taylor Swift's 'Look What You Made Me Do': The official music video to 'Look What You Made Me Do' by pop superstar, Taylor Swift, premiered on August 27<sup>th</sup> at the 2017 MTV Video Music Awards. It broke the record for being the most watched music video within 24 hours of its release, by getting 43.2 million views on YouTube. It garnered over 3 million views per hour. The song and video, is influenced by a lot of Swift's past celebrity relationships. This includes her celebrity relationship with Calvin Harris, Tom Hiddleston, and the feuds with Kanye West and Katy Perry. The music video even features an elaborate scene where Swift is seen in a bathtub full of jewels â€" that were all real. That's right, the authentic diamonds, were loaned by celebrity jeweler Neil Lane and was worth over \$10 million. As of now, in September, the video has over 200 million views already!

Related Link: Best Lana Del Rey Lyrics Inspired By Celebrity Relationships

- 3. Ariana Grande & Big Sean: Ariana Grande is running pop music right now! The pop star, was in a much publicized relationship with music artist, Big Sean. The celebrity couple was adorable on the red carpet at the Grammys, and it was well noted. Grande performed that night, and had several nominations herself. This duo even wore matching outfits when they performed together at KIIS FM's Jingle Ball in 2014. They also were cute together at 'A Very Grammy Christmas' backstage. Although the couple split, they shared great performances together and have had subsequent music inspired by their celebrity relationship.
- 4. <u>Jennifer Lopez</u> & Iggy Azalea: Don't be fooled by the rocks that she got, she's still Jenny from the Block! Pop icon,

Jennifer Lopez AKA JLO, always brings the fire! Her duet with rapper Iggy Azalea, to their song 'Booty' was the highlight of the 2014 American Music Awards. Their music video to their hit song is also sizzling! It's one of the best collaborations in pop music. The catchy song, features a nice beat, and is great to dance around to! "Work!"

5. Rihanna & Drake: The friendship and relationship, between artists Drake and Rihanna, has been a constant topic on/off throughout the years. Drake and Rihanna are both icons. Drake bough Rihanna a billboard in Los Angeles to congratulate her on receiving the Michael Jackson Video Vanguard Award at the MTV Video Music Awards. He presented her with the moonman award. During his speech, he was loving, and proclaimed he's, "been in love with her" since he was 22 years old. He proclaimed, "She's one of my best friends in the world." Whether they're friends or more, they make us swoon!

#### Related Link: 6 Best Rock & Roll Celebrity Couples

- 6. Beyoncé's Lemonade: Queen Bee Queen Bey! Beyoncé released her sixth studio album, titled Lemonade, and it took the world by storm. The witty lyrics quickly circulated, and the film that went along with it made a big impact. Beyoncé is married to rapper, Jay-Z, and the pretty pair are also proud parents! Much of the album is about the celebrity couple, and it was widely interpreted that Lemonade was about infidelity. There were some empowering parts of the album, such as the songs "Hold Up" and "Sorry" and "Sandcastles." There were inspirational parts, such as the fact that winners "don't quit on themselves." When life gives you lemons, make lemonade!
- 7. Lady Gaga & Album Joanne: Lady Gaga is a top pop icon. She's won a Golden Globe, performed at the Academy Awards and was nominated for an Oscar herself, and continuously sells out stadium tours. She even gave an amazing super bowl half time show performance! She released her album, Joanne, which is named after her aunt who died at a young age from lupus. The

album also revolves around the triumphs and trials of love. Much of the inspiration for the album, is derived from her relationship, engagement and break-up with Taylor Kinney. After dating for five years, they broke off their celebrity engagement. Lady Gaga said, "When you listen to the album, it's clear the influence that all the men in my life have made on this record. She added, "I always wanted to be a good girl. And Joanne was such a good girl."

What are your favorite celebrity pop music moments? Comment below!

### Workout Tips: 5 Exercise Videos Based On Today's Pop Hits





By <u>Marissa Donovan</u>

Many people enjoy listening to the radio or their Ipod while working out. Fitness instructor Cassey Ho has created a series of workout videos tailored to those who love today's pop music! Ho has exercises that will help you build muscle while also burning fat as well. You will break and sweat after trying some of her music based exercises!

# Today's workout tip involves watching these fitness videos for new workouts to add to your daily routine!

1. One Direction's "What Makes You Bootyful" Butt Challenge: This workout will making your butt firm if you complete this challenge every day! It may seem like an awkward position to be in at first, but you will feel and see results!

Related Link: Fitness Advice: Is Fitness Turning Entirely Digital?

2. Katy Perry's "Roar" Challenge for Abs & Inner Thighs: Become a beast while working out to this exercise. This challenge will focus your core areas for getting stronger abs and inner thighs.

Related Link: Look Like a Victoria's Secret Model with These Celebrity Workouts

3. Justin Bieber's "As Long as You Love Me" Love Handles Challenge: Feel the burn with this Bieber fever challenge! This workout can help you stretch out while also targeting areas you been meaning to transform at the gym.

Related Link: 5 New Fitness Trends to Help You Get a Celebrity Body

**4. Lady Gaga's "Applause" Arms Workout:** This sassy workout will have you clapping over your progress. Make sure to have weights for these arm toning movements.

Related Link: Fitness Trend: 5 Reasons Women Should Lift Weights

The Wanted's "Glad You Came" Calves Challenge: This simple workout requires two shopping bags and your will to work your calves. Although this challenge is meant for your calves, you may feel a change in your arms too!

Which workouts do you plan on trying? Let us know in the comments!

## Celebrity Style: Walk Into Fall in Dr. Marten Boots





By <u>Marissa Donovan</u>

A trend that is returning this fall is Dr. Marten boots! Although celebrities have been wearing this trend during all seasons, fall seems to be the most popular time to showcase these combat styled boots. This footwear comes in many different colors and styles to choose from. Cupid is here to help you pick the cutest ones!

## Kick up the leaves in <u>celebrity</u> <a href="mailto:style"><u>style</u> with these fashionable boots!</a>

**Gigi Hadid's Floral Boots:** Fashion model Gigi Hadid has been seen wearing yellow floral Dr. Martens in her every day looks. These boots may look cute for gardening in the spring, but the floral print is a sweet touch that can look adorable with tights and a skirt!



Photo: GrungeVintagebabyx/Etsy .com

Related Link: Fashion Trend: Break Out the Floral Print This
Fall and Winter

Lady Gaga's Silver and Shimmer Boots: Lady Gaga's Dr Martens may have been more bedazzled for her *Super Bowl* performance, but this style will give you the same bold look with your outfits. Try wearing these boots for a girls night out!

Photo:
worldmarketproductio/
Esty.com

Related Link: <a href="Product Review">Product Review</a>: Keep Warm These Colder Months
With Peekaboos Ponytail Hats & Scarves

**Hayley Williams's Red Boots:** Paramore singer Hayley Williams can usually be seen wearing these boots to award shows and with her everyday looks. These Dr Martens can make any black skinny jean or dark denim look flattering with the pop of red!



Photo:
MiseleLeather/Etsy.com

Related Link: Rock the "Dress-Over-Pants" Fashion Trend This Fall With Celebrity Stylist Alexa Taylor

**Katy Perry's Purple Boots:** Look like a modern Teenage Dream in these cute purple Dr. Martens! <u>Katy Perry</u> wore these cute boots with a daisy print dress. You could also wear this style with a dress and tights for the cold fall wind.



Photo:

VintageZiggy/Etsy.com

Related Link: Celebrity Looks for the No nonsense® Girl

**Emma Watson's Black Classic Boots:** Actress Emma Watson likes to keep her fashion taste simple and chic! Black Dr. Martens are the most versatile for your fall wardrobe. Match these boots with a cute infinity scarf or black leather purse!



Photo:BuddyBuddyVintage/Ets y.com

Which Dr. Marten style will you be wearing? Let us know in the comments!

Fitness Tips: 5 Fit Celebrities That Lost Weight and How They Did It





By Melissa Lee

It feels like celebrities are constantly talking about their fitness routines and how they were able to shed the weight. Although they're not necessarily normal — with a team of personal trainers, chefs and nutritionalists, celeb weight loss is never surprising — the basis of weight loss comes down to eating right and working out, and that's a commonality among us and stars. If you're struggling to lose weight, look to the stars and use their tips to get fit.

# Check out these fit celebrities lost weight and how they did it! Plus, fitness tips.

1. Khloe Kardashian: Perhaps one of the most famous celeb

transformations, Khloe completely toned her body after being the victim of online bullying for years. Kardashian revealed that she likes to mix up her workouts and enjoy food in moderation instead of sticking to a strict diet. Kardashian says she has "finally learned to process things in a healthy way, and for me, that's my 'revenge body.'"

2. Lady Gaga: Lady Gaga is another celebrity that has also been ridiculed for her weight, but continues to radiate confidence and beauty despite the haters. Gaga's crazy tour schedule makes it hard to maintain her shape, so her personal chef said that her key to staying healthy is planning out her meals. On a day-to-day basis, Gaga's chef says that he tries to prepare healthy, tasty and nutritious food so she has enough energy to make it through the day.

Related Link: 5 New Fitness Trends to Help You Get a Celebrity
Body

- 3. Chrissy Metz: After facing a health scare regarding her weight earlier in the year, Chrissy made the decision to begin her weight loss journey. Since beginning, Metz has lost 100 pounds by following a strict diet of 2,000 calories and walking for 20 minutes every day. "Physically, I really am interested in just feeling better and not having to be put in a box," Metz says.
- 4. Gabourey Sidibe: Gabourey was diagnosed with type 2 diabetes in 2016, and after dealing with lifelong anxiety, depression, and bulimia issues, she decided to undergo weight loss surgery. Though this was prompted by her diagnosis, Sidibe still chose to seek help from a nutritionalist and a personal trainer, all of which aided in her weight loss. Her trainer boosted her daily workout regimen, and Sidibe says that, "I wasn't cheating by getting it [the surgery] done. I wouldn't have been able to lose as much as I've lost without it."

Related Link: Fitness Trend: 5 Reasons Women Should Lift Weights

**5. Oprah:** Despite dealing with years of struggling with her weight, Oprah eventually lost an impressive 42 pounds by making a mental adjustment. She says that thinking positively helped her find pure happiness, and giving up numerical goals on the scale helped her lose weight. Oprah explained that the intention behind her weight loss was not about the number on the scale. "It's in the way you see yourself fitting into your life. Embracing your life. Honoring your life. Having reverence and appreciation for your life."

What are some of your weight loss tips? Share them below.

## Date Idea: Dress Boo-tifully for Halloween





By <u>Melissa Lee</u>

Stumped on fun date ideas for the weekend? Halloween is coming up, and there's no better time for coordinated outfits than this spooky holiday.

Whether it's with your special someone, or a group of all your special people, dressing up and going all out on Halloween is a must! Check out our date ideas.

If you're celebrity conscious, there are some great and easy celeb pairings for you to dress as this year. The standby is Beyonce and Jay Z, with Miss B wearing her "Single Ladies" leotard and Jay Z sporting all Rocawear. Another option for the more rock-and-roll couple, is Russell Brand and Katy Perry. There is an assortment of wigs to fit Perry's ensemble and for Russell, those who want to wear shirts need not apply.

Related Link: "Fall" In Love

For the more literary minded, celebrate the upcoming *Harry Potter and the Deathly Hallows* release by dressing as Harry and Hermione. This costume idea can be easily expanded to include a larger group as well. Another fantastical literary couple would be Bella and Edward from the *Twilight* series.

Related Link: Date Idea: Laugh Out Loud Fun

And lastly, while Lady Gaga is undoubtedly going to be popular choice this Halloween, you can even make that a group costume, too. This is mostly for the ladies, but brave men can rock it, too! Gather up your friends and strut your stuff in Gaga's most outrageous outfits — from the meat dress to the Kermit the frog ensemble.

Have a favorite couple costume of your own? Comment below and share with our other readers. Until next week, Happy Halloween!

### 5 Celebrity Couple Breakups: Say It Isn't So





By Tanni Deb and Katie Gray

They say everything happens for a reason, so we can only hope that these recent <u>celebrity couple</u> breakups are for the best — because we loved watching their romantic fairy tales unfold. Whether they were married with children, engaged, or just dating for awhile, we will miss these <u>celebrity relationships</u>. The important thing is to take away the positive from any situation and grow from it!

## Cupid has compiled 5 Celebrity Couple Breakups: Say It Isn't True

1. Lady Gaga & Taylor Kinney: Music icon and actress, Lady Gaga, dated actor Taylor Kinney for five years. The pair met on the set of her music video in 2011. Kinney popped the question and proposed on Valentine's Day and Gaga had a huge diamond ring to set it in stone. They announced afterwards that they were both calling the engagement off, which was a surprise to fans. However; Lady Gaga recently stated she still cares about him and her new album has beautiful ballads.

2. Taylor Swift & Tom Hiddleston: "Say you'll remember me, standing in a white dress, staring at the sunset, babe," is one of the many love song lyrics of singing superstar, Taylor Swift. She was in a relationship with Tom Hiddleston after dating musician and DJ, Calvin Harris. Rumor has it that Hiddleston wanted to be more public with the relationship than Swift did, which led to their breakup. Regardless; the two had some great times together, and she will be coming out with some amazing new love songs!

#### Related Link: Celebrity Couples We Want To Reunite

- **3. Jana Kramer & Mike Caussin:** Country singer, Jana Kramer, and former NFL star, have separated. The celebrity couple have a baby daughter together, Jolie Rae. According to the news, Caussin had to go to rehab for unidentified reasons, but Kramer is staying strong and doing everything she can for their babygirl. We know that these two will be able to coparent and do what is best for their beautiful baby!
- 4. Angelina Jolie & Brad Pitt: The separation of actors and icons, Angelina Jolie and Brad Pitt, rocked the world and caused a media frenzy. Jolie filed for divorce, citing irreconcilable differences. Pitt announced to People magazine that he was saddened by it and was just concerned about their children. There have been reports of cheating and arguing over parenting. Every couple has their ups and downs. Our only hope is that these two can co-parent together in a healthy way, and move onto happy futures!

#### Related Link: Celebrity Couple Engagement Rings

5. Jennifer Meyer & Tobey Maguire: Actor Tobey Maguire and his wife Jennifer Meyer, sadly split after nine years of marriage. The celebrity couple have two children together. They issued a joint statement, saying, "As devoted parents, our first priority remains raising our children together with enduring love, respect and friendship." We applaud them for remaining

positive and focusing on their children!

What celebrity couple breakups shocked you? Comment below.

## Celebrity Couple News: Lady Gaga & Taylor Kinney Split





By <u>Stephanie Sacco</u>

This <u>celebrity couple</u> is on the edge of heartbreak. Lady Gaga and Taylor Kinney have been taking a break from their relationship, but it might not be forever. According to <u>UsMagazine.com</u>, the pair is on the same page on this one. She said, "We are both ambitious artists, hoping to work through

long-distance and complicated schedules to continue the simple love we have always shared." In <u>celebrity news</u>, the long distance was the real reason for their separation. Let's hope they can find their way back to each other and rekindle their love because they really are soulmates.

In celebrity couple news, Gaga says that she and Kinney are "on a break." What are some factors to consider before going on a break from a relationship?

#### Cupid's Advice:

Couples break-up all of the time and half the time they get back together. Being 'on a break' is common even if it's only temporary. Cupid is here to help with some <u>dating advice</u>:

1. If he's driving you crazy: Sometimes couples are too close for comfort and that causes every little thing to annoy you. Space is key when it comes to not overdoing it. Make sure your partner is aware that you need a break and why.

Related Link: <u>Celebrity News: Calvin Harris Unfollows Taylor</u> Swift on Social Media

2. If he needs a time out: When your partner takes it too far or steps over the line, take a break. As long as he's not being mean or cruel and it's not the end of the world, a break isn't going to kill the relationship. But occasionally he might need to get put in the dog house.

Related Link: <u>Celebrity News: Iggy Azalea Sets Record Straight</u>
About Moving Out of Nick Young's House

3. If you aren't sure about him: Stepping back and assessing

the relationship is healthy. It doesn't have to be a formal break, but a few days between visits or dates will help you figure out where you stand with him.

Have you ever been 'on a break'? Comment below!

# Celebrity Couples and Their Most Extravagant Valentine's Day Gifts







Kim Kardashian West and Kanye West If diamonds were a meter of love, West's love for the reality TV star is off the charts. The rapper bought his wife a 73,000 dollar Panthere De Cartier cuff embellished with diamonds and emeralds. Photo: Flynet UK/FameFlynet Pictures

# Celebrity News: Taylor Kinney Reacts to Fiance Lady Gaga's Golden Globes Win





By Abbi Comphel

Celebrity couple Taylor Kinney and Lady Gaga attended the Golden Globes on Sunday night. Gaga won her first Globe for her acting in American Horror Story: Hotel. UsMagazine.com reports some great celebrity news, as Kinney was seen gushing about his celebrity love all night. He was so unbelievably proud of her. Gaga was sure to thank him in her Instagram post! This lovely couple has been engaged since Valentine's Day 2015.

This celebrity news shows Lady Gaga has a lot of support from her man. What are some ways to show your support with regard to your partner's career?

#### Cupid's Advice:

Your partner's career can mean a lot to them. They have worked

so hard to get to a certain part in their life, and they are so excited they can share their accomplishments with you. Cupid has some <u>relationship advice</u> on how to show your support in regards to your partner's career.

1. Be there for them: If you want your partner to know that you really care about their career and how they are doing then show up for them. Go to their events or let them know how much you care about their day.

Related Link: Celebrity Couple News: Miranda Kerr Says BF Evan Spiegel Acts Like He's 50

2. Tell the world: Let the world know how successful your partner is. If you are at a party, or have social media, just let everyone know how brilliant they are and what a wonderful job they are doing.

Related Link: <u>Celebrity News: Carey Hart Shares Sweet Family Photo on Anniversary with Pink</u>

**3. Let them shine:** Give them the spotlight. If there is a big announcement or they have been waiting for something for so long, then let them have their moment to be the center of attention. It is probably a big deal to them.

What do you think are some good ways to show support in regards to your partner's career? Comment below!

### Celebrity News: Taylor Kinney Says Lady Gaga Slapped Him

### After Their First Kiss





By Mackenzie Scibetta

Love at first slap? Taylor Kinney and Lady Gaga started off their celebrity relationship by getting physical, with Lady Gaga actually slapping Kinney after an attempted kiss. According to UsMagazine.com, while on the set of Gaga's "You and I" music video Kinney made an artistic decision to unexpectedly kiss Gaga, but she was not feeling it. However, Kinney says that by the second take she was accepting his kiss. The couple have been dating for four years and are now in a celebrity engagement, although they have yet to set a wedding date or location.

# This celebrity news is pretty funny! How do you know if someone you're interested in likes you back?

#### Cupid's Advice:

Deciphering whether your crush likes you back or not isn't as difficult as one would think. It's all about paying attention to the little details and picking up on subtle hints. Cupid has some golden tips to help you discover if your crush is crushing back:

1. Watch their body language: While this celebrity news of Lady Gaga slapping her crush is atypical, most people when interested in someone will lean towards them when talking, make impressively good eye contact and have better posture. Also, notice if they're smiling a lot around you.

Related Link: 20 Celebrity Couples That Are Just Like Us

2. Notice how often they're around you: If you catch them going on their lunch break the same time as you or making excuses to be near you, then they clearly want to spend more time with you. Watch if they try to grab your attention from across the room too.

Related Link: Celebrity Couple Lady Gaga and Taylor Kinney Get Cozy on Romantic Charity Ski Trip

3. He showers you with compliments: Sometimes they are not as obvious as "you look beautiful" so you'll need to look deeper. Compliments can be very subtle and can come in unexpected ways, such as praising you. Make sure to return the favor so he catches onto how you're feeling too.

How do you let a guy know you like him? Let us know below.

### Celebrity Photo Gallery: Romantic Getaways





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Adam Shulman and Anne Hathaway

This famous couple enjoyed a nice summer getaway in sunny Spain! The pair spent time on a yacht, soaking up the sun and playing in the water together. Photo: LRR/FAMEFLYNET PICTURES

## 20 Celebrity Couples Who Are Just Like Us





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Nikki Reed and Ian Somerhalder

Like many of us, the actors, who tied the knot this summer, have a passion for animals and consider their pets to be their

babies. Photo: Willie Pena/Diana Pena / PRPhotos.com