

# Celebrity Break-Up: 'Bachelor in Paradise' Couple Demi Burnett & Kristian Haggerty Split



By [Ahjané Forbes](#)

In [celebrity news](#), *Bachelor In Paradise*'s Demi Burnett announced her [celebrity break-up](#) from Kristian Haggerty this Halloween. The [celebrity exes](#) haven't posted a photo together since September 19th on their social media pages. According to *UsMagazine.com*, Burnett came out on the reality TV show and revealed that she had been dating Haggerty back home. The [reality TV star](#) wrote on Instagram, "... We will forever be proud of the impact our love story has made and we hope it has

helped others feel more accepted and confident within themselves. We hope it reminded others they aren't alone and don't need to be ashamed of who they are."

## **In celebrity break-up news, another 'BiP' couple has called it quits. What are some ways to announce your split to family and friends?**

### **Cupid's Advice:**

Announcing a break-up can be hard. There's never a right time or place to tell someone that you are done with your relationship. This is not something you can get perfectly right. Cupid has some advice on how to tell your family and friends that you are no longer dating your partner:

**1. Break the news when you're ready:** Just because you guys broke up two days ago does not mean that you have to tell the world that you guys are no longer together. Give yourself some time to come to terms with it and then tell your family and friends.

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**2. Tell them in person in an intimate setting:** Talking to someone face-to-face can show you the emotions that they feel by the reaction that they give you. It's easier to open up about pressing topics and issues when you're in front of someone. Try rehearsing what you're going to say before you say it. Talking to someone about your break-up can also bring you comfort if you are sad. This will help release some of the pain that she might be feeling at this time.

**Related Link:** [Celebrity Divorce: Adele Files for Divorce from](#)

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**3. Ask for some space:** You'll need some time to process all of this. Having people tell you what you should and shouldn't do is not going to make the situation better. Tell them the truth about how you feel, but ask for your privacy at this time. When you're ready to have an in depth conversation about with the situation, let them know.

**What are some ways you told your family and friends that you are now single? Let us know your experiences in the comments below!**