

# Parenting Advice: 4 Types of Parenting Styles



By [Mara Miller](#)

Celebrity parents Will Smith and Jada Pinkett-Smith encourage their children to show their creative sides and allow their kids to make their own decisions as long as they have a sound reason for doing it. Julie Bowen believes you shouldn't be your kid's best friend. Whether you're a laissez-faire parent, or super strict, in this [parenting advice](#), we'll look at four parenting styles and how they can affect your kids!

**Check out our parenting advice on**

# various types of parenting styles.

The type of parent you are has a lot to do with the type of person your child will turn into as an adult. It can affect everything from their weight to how they will treat other people (bullying vs. non-bullying, anyone?). Your kids rely on you not only to show them how to take out the trash or do the dishes but how their choices can have positive or negative consequences. Keep in mind that you might not fall into any one category as a parent. Parenting styles can blend depending on how old your children are and the mood you're in. So don't feel bad if you're a permissive parent one day and an authoritative another day.

**1. Authoritarian:** Authoritarian parents are the ones who force their children to do as they say. "Because I said so" is a common phrase used with this parenting style. Kids aren't allowed to do anything without their parent's permission and feelings are not taken into consideration. Studies show kids who grow up with super strict parents are excellent at following the rules but it comes at a price. They grow up thinking that their opinions don't count and suffer from high self-esteem problems. They also may grow to be excellent liars in order to avoid punishment.

**Related Link:** [Parenting Advice: How to Decide What TV Shows & Movies to Allow Your Kids to Watch](#)

**2. Authoritative:** Unlike authoritarian parents, authoritative parents enforce their rules, but they also take their children's feelings into consideration even though the parents are still involved. Children have consequences for bad behavior, but they also get rewarded for good behavior. Kids who grow up with authoritative parents tend to be well-rounded adults who are happy and successful. They have no problems making decisions on their own because they are able to evaluate the risks involved in any choices they make. Studies

show that this is the best type of parenting style.

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**3. Permissive:** Permissive parents set rules but they rarely enforce them. They don't like to hand out consequences for their children's behavior. They encourage their children to talk to them about their problems but there isn't a lot of effort made to influence their child's behavior one way or the other. They try to act more like a friend to their child rather than an actual parent. In fact, being liked by their child is more important than enforcing punishment for this type of parent. Studies show children with permissive parents tend to struggle academically and poor eating habits. Kids with permissive parents may struggle with obesity and dental issues because their parents don't want to enforce healthy eating habits.

**4. Uninvolved:** An uninvolved parent simply isn't involved at all. These types of parents tend to be neglectful, but it isn't always because they don't care about their children. They may be overworked or stressed by other events happening in their lives. They may also lack knowledge of child development. This type of parent expects their children to raise themselves and are not involved in their child's decision-making process. Studies show that kids with uninvolved parents tend to have bad grades and misbehave in school. They also tend to develop self-esteem issues.

**What kind of parent are you? Let us know in the comments below!**

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# Celebrity Divorce: 'Modern Family' Star Julie Bowen Files for Divorce from Husband Scott Phillips



By [Jessica Gomez](#)

In [celebrity news](#), Julie Bowen filed for divorce from husband Scott Phillips on Tuesday, according to [EOnline.com](#). It was revealed less than a week ago that the former [celebrity couple](#), who was married for 13 years, separated. However, Bowen listed their separation date as December 17. She marked irreconcilable differences as the reason for their parting and is asking for joint legal and physical custody of their three children, according to the documents that *E! News* obtained.

# **This celebrity divorce after 13 years of marriage is very unfortunate. What are some ways to know it's time to move on from a marriage?**

## **Cupid's Advice:**

Some of us may try to fight off a divorce for as long as possible... but honestly, that's just a waste of time. Cupid has some suggestions on signs that can mean it's time to move on:

**1. You're worried about what your kids, friends, or family will think:** Staying together for your children isn't a good idea. And staying together for the sake of dodging judgment from family and friends is even less of a good idea. Those you love don't usually want you to be unhappy, and neither do your children. Kids want parents who are happy and love them. You can go your separate ways, but still be a family. Build a friendship when possible, don't continue building an unhappy marriage. Your friends and family will just need to accept it. You are the one living with this decision, not them.

**Related Link:** [How to Navigate a Separation](#)

**2. You've tried counseling and gave it all you've got, but it's still not working:** If you gave it your biggest shot, but you guys are still not coming together the way you should, then it may be a sign that it's time to go. Staying in an unhappy marriage is unhealthy for you. As long as you can look back and say "I gave it my all," there's no shame in knowing it's time for a divorce. Time to take action. All you can do at the end is try, if that doesn't work then there's nothing to do but what's in your best interest.

**Related Link:** [Why Celebrity Exes Kourtney Kardashian & Scott Disick Are Happier Than Ever](#)

**3. You no longer respect nor trust your spouse:** Trust and respect are both key things to have in a marriage. Sometimes we can gain that sense of trust and respect back, but sometimes we can't. If you don't see yourself ever trusting or respecting your spouse again, then it's safe to say that your marriage has hit its end point. Being married to someone that is not the same person you married happens sometimes, and it sucks. It really does, but instead of dwelling on it, start making moves.

**Related Link:** [5 Communication Keys Every Relationship Needs](#)

And just as a last piece of advice: do not continue in an abusive marriage – whether it's physically, mentally, or emotionally abusive! An abusive relationship is one of the biggest signs it's time to leave. Seek help if needed.

**What are some ways you knew your marriage or relationship was over? Share below!**

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**'Modern Family' Star Julie Bowen Jokes She and Husband Are 'Too Tired' to Get Celebrity Divorce**





By Kayla Garritano

Together forever. Julie Bowen jokingly commented on her [celebrity relationship](#) with husband Scott Phillips, saying they are too tired to get a divorce. According to an interview in [UsMagazine.com](#), the *Modern Family* star said the [celebrity couple](#) of 12 years is too worn out to break up. “We watch all these people get married and split up and go, ‘Wait, did they get married after us or before us,’” she said. “We outlast all these people. The answer: We’re too tired to do anything else!”

**There’s no [celebrity divorce](#) down the road for Julie Bowen and her husband! What are some ways to use humor to strengthen your relationship?**

**Cupid’s Advice:**

Laughter can be the best medicine. Using humor can help a relationship grow. Cupid is here to help with some [relationship advice](#):

**1. Laugh off the problem:** We aren't telling you to ignore an issue. Obviously that wouldn't be very helpful! But, say a fight you're having is that you broke a dish in the kitchen, and you're both annoyed that it happened. Laugh it off. Say "oh well," joke about how you're clumsy, and move on. Life isn't meant to solve every problem by yelling.

**Related Link:** [10 Celebrity Couple Who Have Made Marriage Work](#)

**2. De-stress:** Having a rough day? Let your significant other try to make you laugh. There's nothing like venting to your partner about a rough day, and having them listen and then joke with you to ease your tensions.

**Related Link:** [Bigger is Better: Top 6 Celebrity Couple Engagement Rings](#)

**3. Develop your playfulness:** If you both have a great sense of humor, you should be able to learn off of each other. You can always find new ways to be playful, and once you do, it can definitely strengthen your relationship.

**How has humor helped your relationship? Comment below!**

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**Celebrity Baby News: 10  
Famous Couples Who Had Twins**





By [Whitney Johnson](#)

Nobody can resist [celebrity baby news](#) – especially when there are two bundles of joy! As if these famous couples aren't busy enough with their lives in the spotlight, they're also juggling twins and everything that comes with them: two bottles, two strollers, two wardrobes, and more. Below, we've pulled together a list of 10 celebrity parents who were doubly blessed in the baby department:

## Exciting Celebrity Baby News

**1. Mariah Carey and Nick Cannon:** This Hollywood couple welcomed their twins, son Moroccan and daughter Monroe, in April 2011. After an extremely difficult pregnancy, including preeclampsia and gestational diabetes, the diva says she's done having kids.

**2. Elsa Pataky and Chris Hemsworth:** Already parents to 25-month-old daughter India, the *Thor* star and his leading lady welcomed twin boys, Tristan and Sasha, this past March. The proud mom has been showing off her adorable celebrity family on Instagram ever since.

**Related Link:** [Elsa Pataky and Chris Hemsworth Are Expecting Twins](#)

**3. [Jennifer Lopez](#) and Marc Anthony:** Although this famous couple split in 2011 after seven years together, twins Max and Emme seem to be doing just fine. The cuties celebrated their sixth birthday in February with a trampoline party.

**4. Ricky Martin:** In 2008, the Puerto Rican singer became a father to twin boys, Matteo and Valentino, born via a surrogate mother. Luckily, his sons have a great role model in their father, who has been honored multiple times for his humanitarian work.

**5. Julia Roberts and Danny Moder:** The *Pretty Woman* star married her cameraman hubby in 2002, and two years later, the Hollywood couple welcomed twins, daughter Hazel and son Phinnaeus. Since then, their family has grown to five, with the addition of son Henry in 2007.

**6. Sarah Jessica Parker and Matthew Broderick:** The talented couple's twin daughters, Loretta and Tabitha, were born via surrogate in 2009, seven years after the *Sex and the City* actress gave birth to their first child, son James Wilkie.

## **This Famous Couple Has Six Kids, And Two of Them Are Twins!**

**7. [Angelina Jolie](#) and Brad Pitt:** This globe-trotting family of eight includes twins Knox and Vivienne, born in July 2008. This celebrity baby news got a lot of attention: The rights for the first images of the babies were sold to *Hello!* for 14

million dollars – the most expensive celebrity photos ever taken.

**Related Link:** [Brad Pitt Says Fatherhood Has Made Him a Better Man](#)

**8. Neil Patrick Harris and David Burtka:** The *How I Met Your Mother* actor and his fiancé welcomed twins, son Gideon and daughter Harper, in 2010, born via a surrogate.

**9. Rebecca Romijn and Jerry O'Connell:** The Hollywood couple became parents to fraternal twin daughters, Dolly and Charlie, in 2008, just over a year after they married. Dolly is named after singer Dolly Parton, and Charlie is named after her dad's brother (a former *Bachelor* star!).

**10. Julie Bowen and Scott Philips:** The *Modern Family* actress and her husband of a decade are parents to three sons: Oliver, born in 2007, and twins John and Gustav, born in 2009.

**Who are your favorite celebrity babies? Tell us in the comments below!**

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## 'Modern Family' Star Julie Bowen Advocates For Son's Anaphylaxis





By Priyanka Singh

*Modern Family* star, Julie Bowen, recently opened up to [CelebrityBabyScoop.com](http://CelebrityBabyScoop.com) about her advocacy for a special cause known as anaphylaxis, which is a deadly type of allergic reaction. Bowen talked about her son's frightening experience when he had a scary "life threatening allergic reaction to peanut butter." The actress also chatted about the joys of being a mother to three rambunctious boys: 6-year-old Oliver and 4-year-old twins, John and Gus.

**CBS: What are your best tips for parents in talking to their kids, making them aware and self-advocates of their anaphylaxis?**

JB: "It's important to have an anaphylaxis action plan and to talk about it with your child. The plan should include avoiding allergic triggers, knowing the signs and symptoms of anaphylaxis, having access to two epinephrine auto-injectors, and being prepared to respond if anaphylaxis occurs.

Talking about the topic can be empowering for a child. We talk

to my son about his life-threatening allergies a lot, and as a result, he's become his own best advocate. He's six and tells everyone about his allergy to peanuts and asks if there are nuts in foods before he eats a food he doesn't recognize."

**Related Link:** [Best Celebrity Moms \(Who Also Make Great Wives\)!](#)

**CBS: How are your boys doing?**

JB: "I have three boys, so my house is ... rowdy! They are close in age, so they really do like playing with one another, and so far, get along very well. I hope that continues. We just came out of a busy summer with lots of camps and activities, so we're settling in to new routines and a new school year."

**CBS: How do you juggle your busy career and your family life?**

JB: "It's a constant juggling act, and I'm just like every other mom trying to do the best I can. I have noticed that, now that the boys are a little older, they notice more when I am gone, so I try to be around as much as possible. But it's good for them to see I have a job that I love too. And I'm lucky that my work schedule is very manageable."

**CBS: What is it like raising kids in Hollywood? Do the paparazzi drive you crazy?**

JB: "I try not to really let it affect us too much. The kids could really care less that I am on TV. If I'm not on a cartoon, they're not interested. I'm just Mom."

**Related Link:** [10 New Celebrity Moms](#)

**CBS: What's up next for you?**

JB: "I'm really enjoying my work on *Modern Family* and the stage it's given me to bring new information to other moms. This includes my work to raise awareness of anaphylaxis with the Get Schooled in Anaphylaxis campaign as well as my work with Neutrogena next year. So, more of that and just spending

as much time with my family as I can!"

*For the rest of the interview, visit [www.celebritybabyscoop.com/2013/11/06/important-anaphylaxis-action](http://www.celebritybabyscoop.com/2013/11/06/important-anaphylaxis-action).*

*\*Sidebar photo courtesy of Celebrity Baby Scoop.*