

Celebrity Couple News: Jenni 'JWoww' Farley & Zack Carpinello Are Back Together After Split



By [Hope Ankney](#)

In our latest [celebrity news](#), Jenni 'JWoww' Farley and Zack Carpinello are back together! After the [celebrity couple](#) split only two weeks ago, it seems like the two have mended their relationship. According to *UsMagazine.com*, the reality star and wrestler were seen together twice after they announced their break-up. This is when they spent time at Universal Studios in Florida on October 18th, and when Carpinello hung out with Farley's children on October 12th.

In celebrity couple news, this split didn't last! What are some ways to decide whether to get back together with an ex?

Cupid's Advice:

Getting back together with an ex can be a difficult decision. Let's be honest, it's much easier to patch things up with an ex instead of finding someone new because it means we must get to *know* someone new which, usually, isn't something we want to do. As you've probably broken up for legit reasons, it usually doesn't stop lingering feelings from keeping the flame alive. But, it's important to know when these feelings aren't just the normal process of missing a past relationship. If you're unsure of whether to give your ex another chance, don't worry. Cupid has some [relationship advice](#) that can help you decide:

1. Listen to your gut: The first thing you must do when reconsidering an old flame is to listen to what your gut is telling you. A past relationship could've ended because you chose to ignore major red flags or never followed what your gut felt. If you're choosing to give this person a second chance, make sure you're willing and able to trust your instincts if things start to slide back into the same territory.

Related Link: [Celebrity News: JWOWW Is 'Hurt' After Boyfriend Makes a Move on Angelina Pivarnick](#)

2. Address what ended the relationship: Sometimes, partners like to jump back together without discussing what made them split in the first place. But, those issues seem to always creep back into a relationship if they're not dealt with

properly. It's important for a couple to build on their new relationship by learning from the problems that occurred in the past that led to their break-up. It'll help you both to understand each other's perspective on the situation, and it will stop similar issues from arising in the future.

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3. Time has passed: Time heals all wounds, right? Or, so they say. It's possible that your relationship ended because both of you just needed some time apart from one another. Sometimes, one needs to go soul-searching. Sometimes, both of you just need to learn to live life without one another to see if the relationship is right. It's often that when time passes, you have matured and grown as people. So, when you do find your way back together, it's like your relationship has recharged, and you've realized that you'd rather be with no one else.

How have you decided when to get back together with an ex? Let us know down below!

Celebrity News: JWOWW Is 'Hurt' After Boyfriend Makes a Move on Angelina Pivarnick





By [Meghan Khameraj](#)

In [celebrity news](#), JWOWW responds to the new *Jersey Shore: Family Vacation* episode where her boyfriend, Chris, got handsy with her cast mate and roommate, Angelina Pivarnick. According to *People.com*, JWOWW revealed on her Instagram story that “...I’m pretty hurt. I feel disrespected by someone I called a friend and by someone who stated they loved me.” Chris, who was dubbed “24” by the cast as a joke about his age, repeatedly asked Pivarnick about her sex life and current [celebrity relationship](#) with Chris Larangeira. The next episode of *Jersey Shore: Family Vacation* promises to be an entertaining one as we see JWOWW and Pivarnick square off.

In celebrity news, JWOWW responds to her boyfriend putting the moves on *Jersey Shore* co-star Angelina Pivarnick. What are some ways to

deal with your partner flirting with another woman?

Cupid's Advice:

Jersey Shore stars JWovw and Angelina Pivarnick are going head-to-head again after it was revealed that JWovw's boyfriend tried to make a move on Pivarnick in a night club. This conflict is bound to end in flames that the [celebrity couple](#) may not survive. Cupid has some [relationship advice](#) to help you deal with an unfaithful partner:

1. Talk it out: Communication is an invaluable aspect of a healthy relationship. The most effective way to avoid drama and solve a relationship problem is to respectfully tell your partner how you're feeling. If your partner doesn't respond well in both words and actions to the flirting allegations, you should consider an alternate method.

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2. Consider couples' therapy: Sometimes tensions can be so high in a relationship that you and your significant other can barely speak to each other. If you find yourself in this situation, or you're simply unable to get your feelings across, you should consider speaking to an unbiased therapist who can help you work through your relationship problems.

Related Link: [Celebrity News: Source Says Kylie Jenner Left Travis Scott Over Lifestyle Differences](#)

3. Walk away: You should never lower your standards for anyone. You should also never allow anyone to make you feel like you aren't worthy. If your partner doesn't change their behavior after you've tried and tried to get your feelings across to them, you should walk away. It is never easy to walk

away from someone you love, but you will thank yourself in the long run.

How would you handle an unfaithful partner? Let us know in the comments below!

Celebrity News: Jen Harley Posts Pics of Jersey Shore's Ronnie Ortiz-Magro With a New Girl



By Meghan Khameraj

In [celebrity news](#), Jen Harley opened up about her rocky [celebrity relationship](#) with *Jersey Shore* star Ronnie Ortiz-Magro. According to *UsMagazine.com*, Harley posted several Instagram stories calling out Ortiz-Magro for his infidelity. Harley claimed that one picture showed a woman with her arms around Ortiz-Magro. A source for *UsMagazine.com* defended Ortiz-Magro, stating, "Ronnie did not cheat. That girl is a friend of his and that was from a boat party on Monday with a bunch of people." Ortiz-Magro's infidelity wasn't the only thing Harley revealed. She also claimed that she has been "bullied and abused" by Ortiz-Magro, MTV, and the cast of *Jersey Shore: Family Vacation*. This isn't the first time the [celebrity couple](#) has hit a bump in their relationship. During the filming of *Jersey Shore: Family Vacation*, Ortiz-Magro brought two different women home, which Harley also called out on her Instagram. Though the pair has been coming for each other's throats lately, they have been on speaking terms for the sake of their 17-month-old baby, Ariana Sky.

In celebrity news, the drama isn't over between these this Jersey couple. What are some ways to keep the drama after a split to a minimum?

Cupid's Advice:

Ronnie Ortiz-Magro and Jen Harley have hit yet another bump in their relationship. Though their dirty laundry has been exposed to the world, the couple needs to maintain a civil front for the sake of their daughter. Cupid has some advice that will help you avoid any unnecessary tension between you

and your ex:

1. Talk it out: It's better to get all of your feelings out early so they don't sneak up on you after you and your ex have made amends. Take some time and talk about the things in your relationship that really bothered you. The key to successfully airing out your grievances is to always keep it civil.

Related Link: [Are Lori Loughlin & Mossimo Giannulli Heading for a Celebrity Divorce?](#)

2. Communicate only when necessary: Don't hit your ex up to hang out or update them on your personal life. If you need to talk to your ex make sure you only do so when you absolutely have to. For many couples, this may be the case if you share children or pets.

Related Link: [Celebrity News: Orlando Bloom Reveals How Past Divorce Affects Katy Perry Relationship](#)

3. Focus on yourself, not your ex: We're all guilty of creeping on an ex's social media profile. While that might be comforting in the early stages of a breakup, you shouldn't spend your time wondering what they are doing. Focus on bettering yourself in your spare time instead of checking their tagged photos!

Do you maintain contact with any of your exes? Let us know in the comments below!

Celebrity Divorce: 'Jersey'

Shore' Couple Jenni 'JWoww' Farley & Roger Mathews Finalize Divorce



By Meghan Khameraj

In [celebrity news](#), *Jersey Shore* couple Jenni 'JWoww' Farley and Roger Mathews has finalized their divorce after announcing their separation in September 2018. Farley and Mathews share two children, daughter, Meilani, 5, and son, Greyson, 3. This [celebrity divorce](#) won't be ugly, according to a source for *UsMagzine.com*, "the former couple has put their differences aside for the sake of their children." Mathews even attends the same family events as Farley's new boyfriend. The former celebrity couple is committed to maintaining an amicable

relationship for the sake of their kids.

This celebrity divorce has been finalized. What are some ways to re-build after a divorce?

Cupid's Advice:

Even celebrity divorces can take a lot out of the couple in question. It can be hard to think about moving on and re-building your life. Cupid has some tips:

1. Talk it out: Understanding why your relationship didn't work out will help you avoid awkward and potentially hurtful conversations with your ex. Avoid the drama and be honest with your former partner. Understand their point of view and their feelings so you can both move past it.

Related Link: [Celebrity News: Orlando Bloom Reveals How Past Divorce Affects Katy Perry Relationship](#)

2. Keep it civil: Break-ups can be nasty and it can be painful to have any sort of relationship with your ex. However, don't take your frustrations out on your former partner, instead, express your feelings calmly to figure out how you can maintain a relationship with your ex.

Related Link: [Celebrity Break-Up: Find Out Why Katie Holmes Ended Relationship with Jamie Foxx](#)

3. Move on: Don't spend time dwelling on the past and don't think you might get back together. Take your time to heal from the breakup but also understand that the romantic relationship is over and now you must move on to a more amicable relationship.

What are some other ways you can re-build a relationship? Let us know in the comments below!

Celebrity Baby News: Roger Mathews Defends Estranged Wife Jenni 'JWoww' Farley Amid Parenting Criticism



By Emily Green

In the latest [celebrity baby news](#), Roger Mathews of *Jersey Shore*, defends his estranged wife Jenni 'JWoww' Farley via Instagram on Monday, in the midst of an overflow of negative comments regarding their co-parenting skills. These negative comments come after new [celebrity couple](#) Farley and boyfriend,

Zack Clayton Carpinello, were seen celebrating Memorial Day in Las Vegas, according to *UsMagazine.com*.

In celebrity baby news, Roger Mathews is supporting his ex JWOWW through criticism about their parenting. What are some ways to keep parenting criticism from affecting your children?

Cupid's Advice:

As a parent, receiving any criticism about how you are raising your children can be hard to hear, especially if it's from an outside source. These criticisms can make you begin to question if you are truly raising your children in the "right way." Every parent has their own unique way that they want their children to be raised. Here are Cupid's advice on remembering that your parenting style is the "right way" for you:

1. Ask yourself about their intentions: Some parents are what some would call "too confident" in their parenting style, thinking their way is the only right way to raise a child. Consider where their criticism is coming from: are they a random stranger that wants you to do things a certain way, or are they a close friend or family member offering advice? Through experience, you will find the parenting style that works best for you and your family.

Related Link: [Parenting Advice: 4 Types of Parenting Styles](#)

2. Everyone is different: No parents are going to have the exact same type of parenting as others. Every household is

different, with different parents and children, with different morals and ideals. If you are not sure about how to go about a situation, that's okay! Reach out to your partner, any close friends or family members, even do some research! It takes time to figure out exactly how you want to raise your children, so don't be afraid to try new things or ask for help.

Related Link: [Parenting Tips: Apply Research to the Practice of Parenting](#)

3. You know your children best: No one knows your children better than YOU! You've been the one who has seen them grow up first hand, so you know how they react and adapt to certain situations and experiences. If you want to change up something in your parenting to better fit your family, that's fine! Just stick to what you know will benefit your family, don't conform to any criticisms from any outside perspective. You know what is best!

What are some ways how you don't let parenting criticism affect your children? Let us know in the comments below!

Celebrity News: 'Jersey Shore' Star Sammi 'Sweetheart' Celebrates Engagement to Christian

Biscardi



By Megan McIntosh

In recent [celebrity news](#), reality star Sammi “Sweetheart” Giancola and Christian Biscardi celebrated their [celebrity engagement](#) this past weekend, much like [Jennifer Lawrence](#) and her fiance did. According to *UsMagazine.com*, Giancola’s *Jersey Shore* cast mates are also excited for her engagement with Jenni “Jwoww” Farley saying on Instagram, “Omg omg omg !!!! I’m so freaking happy for you.”

In celebrity news, Sammi “Sweetheart” is soon to be a

married woman. What are some unique engagement party ideas?

Cupid's Advice:

It can always be tough to plan the perfect engagement party that embodies both the groom and bride and is unique without being overdone. As long as you have family and friends around you though, it's sure to be the perfect celebration of love and happiness. Here are some unique party ideas:

1. First date recreation: If your first date involved something like a movie night or a dance or two, you can recreate your first date with friends getting involved for the engagement party. If it's a movie, get a projector screen and let everyone see the movie that was there at the start of your love story.

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2. Picnic: A picnic is the easiest way to involve everyone (potluck, anyone?) while still maintaining a sense of community and togetherness. Everyone gets to involve themselves in the meal and you can keep track of all your guests by moving from blanket to blanket. Not a fan of sitting on the ground? Create a fancy picnic with indoor furniture used outside.

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3. A costume party: If you love dressing up as fun characters or your engagement happens in the fall, go ahead and have a costume engagement party. Make it themed or let your guests go all out. Your engagement is sure to go down in history.

What are some unique engagement parties you've attended? Share

below!

Celebrity Wedding: 'Jersey Shore' Star Mike 'The Situation' Sorrentino Marries College Sweetheart



By [Ivana Jarmon](#)

The Situation aka *Jersey Shore*'s Mike Sorrentino is married! In [celebrity news](#), Sorrentino tied the knot with his college

sweetheart, Lauren Pesce, *UsMagazine.com* confirms. The [celebrity couple](#) were joined by some of their close family and friends at The Legacy Castle in Pompton Plains, New Jersey. The couple gushed in an exclusive statement to *Us*, "We are so incredibly excited to begin our journey as husband and wife!" Sorrentino proposed to Pesce on Valentine's Day while she was visiting him in Miami during the filming of *Jersey Shore: Family Vacation*.

This celebrity wedding news is super cute. What are some ways to reconnect with a love from the past?

Cupid's Advice:

Cupid has some ways to reconnect with a love from the past:

1. Social media: Thanks to social networking sites like Facebook, Myspace and Twitter, finding a long-lost love is becoming more common. Simply by putting in what high school you went to, Facebook will bring up a list of people you may remember.

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2. It's a small world: It really is a small world, so networking is another way to find and reconnect with someone from the past. Ask around to your friends and family, and someone is bound to know a way you can get in touch.

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3. How to reconnect: Try attending the same events you know

they will be at. Or, simply start an open dialogue, and make plans to hang out casually to catch up.

What are some ways to reconnect with a love from the past? Share your thoughts below.

Celebrity Divorce: Jenni 'JWoww' Farley Files for Divorce From Roger Mathews



By Courtney Shapiro

In [celebrity news](#), *Jersey Shore* star Jenni 'JWoww' Farley is a single woman. The reality star filed for divorce from her husband Roger Mathews. The [celebrity couple](#) had met on the *Jersey Shore*, and were married in October of 2015. The pair also have two children together. According to [UsMagazine.com](#), Farley stated there were "irreconcilable differences" on the papers she filed two weeks ago. There is no drama surrounding the divorce, and Mathews is going to try to save his marriage.

In celebrity divorce news, there's a Jersey Shore split to announce. What are some ways to know your relationship has run its course?

Cupid's Advice:

How do you know your relationship has run its course? Cupid has some thoughts:

1. Nothing is exciting anymore: You've tried doing new things together, but you're just going through the motions. If you aren't excited to be in each other's company, it can be time to end the relationship.

Related Link: [Celebrity News: Kevin Federline 'Tried to Settle' Custody Battle with Britney Spears Outside of Court](#)

2. It's hard to make time for each other: Your lives have become so busy, you hardly see each other. It's understandable to have other aspects or things to do, but spending time with each other is important too. If that's not one of your top priorities, then you should re-evaluate the relationship.

Related Link: [Celebrity Break-Up: Nikki Bella & John Cena Split Again Two Months After Reconciling](#)

3. You can't see a future with the person anymore: Sometimes people grow apart, and that is okay. The two of you have probably just reached different points in your life. Be up front with each other, you don't want to lead the other person on if you can't see the relationship going any further.

Have you been in a relationship that has run its course? Let us know below!

Celebrity Baby News: 'Jersey Shore' Star Deena Cortese Is Pregnant





By [Haley Lerner](#)

In [celebrity baby news](#), [Jersey Shore](#) star Deena Cortese is pregnant and expecting a baby boy with her husband, Chris Buckner. In an Instagram post, the [reality TV star](#) captioned a photo, “Chris and I Decided to wait until we were ready to spill the beans! Now that we are safely into our second trimester.. us and our little monkey are ready to tell the world Our little family is growing ! We have a sweet little boy on the way! We Are truly blessed and our hearts are filled with so much joy and happiness December can’t come soon enough! Daddy and Mommy can’t wait to meet you Christopher John you are going to be the most spoiled little boy ever!!!!” The Instagram photo shows the couple standing next to a sign that reads “We’re so excited to say a little firecracker is on the way! Baby Buckner. December 2018.” According to [UsMagazine.com](#), Cortese said back in March that her and Buckner were trying to have a baby.

In celebrity baby news, another *Jersey Shore* baby is on the way! What are some ways to introduce your kids to your friend's kids?

Cupid's Advice:

When you have a baby, it's important to introduce your child to the other important people in your life. Cupid has some tips on how to introduce your kids to your friend's kids:

1. Set up a play date: The first step to introducing your children to your friend's children is to actually set up a time and place for the meet up to happen. Pick somewhere you think your kid and theirs will be comfortable. Whether it's your house, a playground, or somewhere else, your kid will be bound to have lots of fun!

Related Link: [Celebrity Wedding: 'Jersey Shore' Star Deena Cortese Is Engaged](#)

2. Explain boundaries: Before the hangout, you should explain to your friend what your own kid's boundaries are and any important things they should know. This way, your tots can easily get along without any avoidable problems.

Related Link: [Reality TV Stars Deena Cortese and Chris Buckner Talk 'Couples Therapy' on VH1](#)

3. Plan activities: You don't want your children getting bored, so make sure you and your friend have plenty of fun activities planned for your children before introducing them to each other. This way, they can easily have something to do together.

Have any more tips on how to introduce your kids to your friend's kids? Comment below!

Celebrity News: Ronnie Ortiz-Magro Still Loves Ex Sam 'Sammi Sweetheart' Giancola



By [Jessica Gomez](#)

In [celebrity news](#), Ronnie Ortiz-Magro allegedly still loves his celebrity ex Sam Giancola. According to [UsMagazine.com](#), a source stated: "Ronnie still loves Sam. Everyone knows it."

This news comes after Ronnie's recent [celebrity break-up](#) with Jen Harley, who is pregnant with his first child. The celebrity exes broke up over the weekend via Instagram for all to see, apparently over the lack of faithfulness in the relationship from both sides. On an episode of *Jersey Shore Reunion*, Ronnie said that he wasn't planning on marrying Harley. The reason seems to be because she just isn't Sam. Ouch! Sammi Sweetheart actually didn't go back to the *Jersey Shore* house because of Ronnie, and she is currently dating Christian Biscardi. We wonder where this whole situation is headed.

This celebrity news conveys a concept that many of are not foreign to. How do you deal with realizing you are still in love with your ex.

Cupid's Advice:

Sometimes it takes us longer than others to fall out of love with someone. It can depend on who that ex is, how the relationship was, or how it ended. However, cupid has some [love advice](#) on how to deal with still loving your ex:

1. Analyze your feelings and the situation: Be sure of what you feel. Sometimes we think we feel one thing when in reality we actually feel another. We are only human, so we do make mistakes. Also, evaluate the situation, think with your mind and not your heart. Only because you love an ex does not mean that you should be with them, or even have them in your life for that matter. Evaluate everything carefully.

Related Link: [Celebrity Break-Up: John Cena Opens Up About Nikki Bella Split, Says 'It Sucks'](#)

2. Keep busy: Be productive. Keep yourself distracted while bettering yourself, that's the best thing you can do after all. This can also detain you from taking any decisions that you may regret later. Give your mind some time away from your ex and do what you have to do. After giving it some time, take it from there.

Related Link: [Celebrity Break-Up: Anna Faris Learns Important Lesson From Divorcing Chris Pratt](#)

3. Get closure: When the time is right that is! Don't move too quickly. Sometimes what we want is to contact an ex, just for the hell of it. If you need closure, get some. Sometimes instead of closure, things may possibly get fixed, but don't go into it with expectations. After giving yourself the adequate amount of time and you're in a place that's as good as it's going to get for the moment, go for it.

What are some ways you dealt with realizing you still had feelings for an ex? Comment below!

Why Sam 'Sammi Sweetheart' Giancola Avoided 'Jersey Shore: Family Vacation'





By [Jessica Gomez](#)

In [celebrity news](#), “Sammi Sweetheart” did not go back to *Jersey Shore: Family Vacation* because she was afraid that [celebrity ex](#) Ronnie Ortiz-Magro would try to get back together with her, according to [UsMagazine.com](#). On Thursday’s episode, Ronnie went off about not caring about Sam not showing up because he has a baby on the way with his girlfriend Jen Harley. Deena Cortese, another *Jersey Shore* member and Sam’s close friend had something to say in a confessional on the show: “Ron needs to stop talking about Sam and move the f–k on ... Sam told me that he used to call her on blocked numbers, and used to like, be really weird. She was afraid she was gonna get in the house and he would get drunk and spiral and try and get back with her or something.” Arguments about Sam have erupted in the *Jersey Shore* house regardless of her not being present. The former [celebrity couple](#) are a topic of discussion because of their dramatic roller coaster relationship that kept fans watching. Let’s see if Sam decides to make an appearance after all.

In celebrity news, it seems Sam knows what she wants, and she doesn't want to get back with her ex. What are some ways you know you should not get back together with an old flame?

Cupid's Advice:

A lot of the time we think of reasons to get back together with an ex, but neglect to reflect on the reasons we shouldn't. Cupid has some [love advice](#):

1. They're involved with someone else: This is something that may seem obvious. However, there are some people that decide it's time to compete and win their former lover back. This is not the best idea. Once someone is involved with someone else, it will most likely just bring problems into a relationship that you may rekindle. Just remember, if it's meant to happen between you guys, it will.

Related Link: [Celebrity News: Tristan Thompson Is Asking Khloe Kardashian for Another Chance After Cheating Scandal](#)

2. You have not forgiven them: If you have yet to forgive your ex for any wrongdoings, then getting back together won't be the brightest idea. You will just have the same problems all over again, which is something you want to avoid. If you can't forgive, then it's time to move on – avoid yourself all the stress.

Related Link: [Back Together? Celebrity Exes The Weeknd & Bella Hadid Spotted 'Kissing All Night' at Coachella Party](#)

3. They're still not trustworthy: If you can't trust them,

then why go back to them? You would not want to enter a relationship with distrust, it just won't end well. It would be a different story if you didn't trust them before, but you feel like you can now. Remember, when there is no trust (for a good reason), it's best to keep things pushing.

What reasons did you have for not getting back with an ex? Comment below!

Celebrity Interview: Reality TV Producer SallyAnn Salsano Opens Up About New Show 'Hear Me, Love Me, See Me'





Interview by [Lori Bizzoco](#). Written by [Jessica Gomez](#).

If you're a fan of [reality TV](#), then you are probably a fan of [SallyAnn Salsano](#), the television producer behind popular series like *Jersey Shore*, *Party Down South*, and *Martha & Snoop's Potluck Dinner Party*. Lucky for you, we have the behind-the-scenes scoop on her latest show *Hear Me, Love Me, See Me*, straight from Salsano herself! In our exclusive [celebrity interview](#), Salsano opens up about the new TLC series, which premiered Saturday, March 3rd, and also reveals why she believes [The Bachelor](#) franchise has such staying power.

Celebrity Interview with Reality TV Producer SallyAnn Salsano

The 495 Productions executive tells us that she loves the concept of *Hear Me, Love Me, See Me*, a unique dating show where women who are looking for love meet three different men and get to know them through live streaming. Think about it: "You date someone for a long time. Then, you meet their

friends and family. Then, you learn about their job,” Salsano explains. “It takes so long to get to the bottom of all of that.” The idea behind the new TLC show is that people don’t need to spend months and years getting to know one another before they decide the person isn’t right for them.

Related Link: [Celebrity Interview: ‘Ex Isle’ Executive Producer SallyAnn Salsano Talks Reality TV](#)

On each episode of *Hear Me, Love Me, See Me*, a woman dates three different men *without* meeting them. Each guy wears a camera and shows off their daily life – you see their friends and family, their hobbies, and so much more. It’s interactive because the audience gets to play along as well. By the end of the episode, the woman often picks someone she usually wouldn’t have dated. Salsano says that the show concept received great feedback when she shopped it around to the networks.

With this type of dating process, from the very beginning, the women can see what their relationship will potentially look like. As our founder and executive editor, Lori Bizzoco explains, “Everyone has a checklist and a type – which is what makes this show work in a different way from others. Here, women are forced to look beyond their must-haves and truly consider the man they’re dating.”

There are three episodes filmed so far with tentative plans for more, depending on the viewers’ response. There is also a possibility to take the show outside of the United States and even reverse the roles with men looking for love. What a twist!

In addition, to *Hear Me, Love Me, See Me*, Salsano is working on *Jersey Shore: Family Vacation*, a reunion show that she first mentioned to us over a year ago. Fans can expect to see exactly what they’ve been missing: the entertaining dynamic of the cast, finally together again on television. Of course,

until the premiere date – Thursday, April 5th on MTV – Salsano couldn't reveal much, but she guarantees it will be fun to watch. It's also "100 percent of what producers were looking for" – which says a lot!

Related Link: [‘Martha & Snoop’s Potluck Dinner Party’ Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible ‘Jersey Shore’ Revival](#)

As if that's not enough, *Winter Break: Hunter Mountain* premieres on Friday, March 16th on MTV2. It's not a typical relationship show, the television producer explains. "It's like *Jersey Shore* on ice. The dating, the hook-ups, the sex, the make-ups – the drama on this show is ridiculous," she shares in our celebrity interview. "What goes on between that cast – the intermingling – I've never seen that before. It's such a fun, twisted turn of events." Thanks to that introduction, we can't wait to watch!

Salsano first got her start working on *The Bachelor*. With the dramatic finale of season 22, we had to ask for her thoughts on the popularity of the franchise. After so many seasons, she believes that the people on the show have become more normal, more real. "It's candy. Everyone can relate to it," she explains. "Everyone's been that girl; everyone's dated that guy, and everyone's had their heart broken. It's like a version of Fantasy Football for women."

With a plethora of shows and ideas in her back pocket, we cannot wait to see what Salsano will be working on next!

Don't miss the next third installment of Hear Me, Love Me, See Me on TLC, airing on Saturday, March 17th at 10 p.m. EST.

Celebrity Divorce: Jenni 'JWoww' Farley Talks Snooki & Jionni Divorce Rumors



By [Karley Kemble](#)

Though rumors have been flying that [Nicole "Snooki" Polizzi](#) and her husband Jionni LaValle are facing relationship problems, it looks like there is nothing to worry about. LaValle addressed the rumors head-on last week on his Instagram, denying all allegations of a [celebrity divorce](#), and also shared he will not be part of the "Jersey Shore" reboot. Now, it looks like Polizzi's bestie is speaking out! According to [UsMagazine.com](#), Jenni "JWoww" Farley said that it was "really heartbreaking" that LaValle had to combat the nasty

rumors, but she supports the [celebrity couple](#) and loves “everything about them and what they have going on.” What a great friend!

These celebrity divorce rumors are very unfortunate. What are some ways to keep rumors from affecting your relationship?

Cupid's Advice:

Uh oh, is your relationship the current talk of the rumor mill? Don't worry, love. This too shall pass. If rumors are bringing you down, Cupid has how to fight through these challenging times:

1. Stay busy: This is an important factor because it tests and shows your true inner strength. When you are actively excelling at work, at school, or at home, it shows you cannot be kicked down by petty rumors. In time, the rumors should pass because people will realize you're way too strong to be affected by their nonsense.

Related Link: [‘Martha & Snoop’s Potluck Dinner Party’ Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible ‘Jersey Shore’ Revival](#)

2. Give the benefit of the doubt: When you hear something unnerving or seemingly unlikely about your partner, it's important to take a step back and not jump to conclusions. Your emotions will be running high, and you're definitely entitled to your feelings. Just think: are you going to jeopardize an entire relationship over the possibility of a rumor being true? Before you do something you might regret, consider waiting and acting when you have the facts.

Related Link: [Snooki Stands Up for Celebrity Love Jionni LaValle Amid Ashley Madison Reports](#)

3. Talk to your partner: At the end of the day, what's most important is you and your partner's take on things. If the rumors are affecting your relationship, you two *must* talk about it. If you don't, then your relationship will have a very challenging chance at survival. Communicating will help fill in the blanks and clear the doubts you could be having.

How have you stopped rumors from affecting your relationship? Let's talk about it!

Celebrity News: 'Jersey Shore' Star Ronnie Ortiz-Magro Opens Up About Serious Girlfriend





By [Karley Kemble](#)

In the latest [celebrity news](#), Ronnie Ortiz-Magro is gushing with details about his love life! The former *Jersey Shore* star says his current girlfriend Jen is his soulmate. Ortiz-Magro exclusively told [UsMagazine.com](#) “She is the first person I finally really fell in love with. I want to settle down and have a family; she is that person for me.” The [celebrity couple](#) is even talking marriage – though they are happy with the current state of their relationship. Ortiz-Magro and most of the original *Jersey Shore* cast will reunite in a revamped version of their 2007 show, titled *Jersey Shore Family Vacation*, which will premiere next year on MTV.

In this adorable celebrity news, it looks like the *Jersey Shore* alum is looking to settle down. What are some ways to know you’re ready to

settle down?

Cupid's Advice:

Are you ready to take the next step in your relationship? Check out these tips straight from Cupid:

1. You don't see anybody else in your future: Relationships are all about the journey from "you and me" to "we." When you think of your life five, ten, or even one year from now, do you see your partner? If the answer is yes, then you are certainly heading in a serious direction.

Related Link: [Celebrity Break-Up: 'Famously Single' Stars Ronnie Magro & Malika Haqq Have Split](#)

2. You share big responsibilities together: When you're ready to share a huge commitment together, that is very telling. Big responsibilities – dogs, cats, any living object – are classic "starters" to a future life filled with kids. It takes mutual support from you and your partner to care for a pet – and it is obligation that is certainly serious!

Related Link: ['Martha & Snoop's Potluck Dinner Party' Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible 'Jersey Shore' Revival](#)

3. When it doesn't feel like you're settling down: The progression from couple to *serious* couple is naturally seamless. If you feel like you and your partner are simply continuing along on your journey together, then you are definitely ready to settle down! It's important that you and your partner bring out the best in each other, and challenge each other to grow.

How did you know you were ready to settle down? Let us know below!

'Martha & Snoop's Potluck Dinner Party' Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible 'Jersey Shore' Revival



Interview by [Lori Bizzoco](#). Written by [Delaney Gilbride](#).

The queen of reality TV, [SallyAnn Salsano](#), has taken VH1 by

storm and is back and better than ever! The self-made American television producer is the CEO and president of 495 Productions, which launched in 2006 and has been a success ever since. Salsano has produced a number of widely-loved television shows, including MTV's [Jersey Shore](#) with its equally successful spin-off *Snooki & JWoww*. The entrepreneur has also produced popular reality TV series such as *Friendzone*, *Party Down South*, *Blue Collar Millionaires*, and the new VH1 show that everyone has been raving about, *Martha & Snoop's Potluck Dinner Party*.

Celebrity Interview with Reality TV Producer SallyAnn Salsano

In our recent [celebrity interview](#), Salsano opens up about the idea behind her latest project. She had collaborated with VH1 in the hopes of creating a new, unique show that viewers would fall in love with – and boy, did they! When speaking about the birth of *Martha & Snoop's Potluck Dinner Party*, Salsano says the new president at VH1 asked her what kind of show she had been dying to create. She answered the question with an immediate response: “I would love to do a crazy, energetic celebrity cooking show,” which everyone at VH1 jumped right on board with. When going back and forth about who they wanted to co-star in the show, Salsano tells us she asked the room, “Why are we even discussing other people? I think Martha Stewart and Snoop Dogg would be the best show ever.”

Related Link: [Celebrity Interview: 'Ex Isle' Executive Producer SallyAnn Salsano Talks Reality TV](#)

After discussing the idea with the world-renowned chef, 495 Productions reached out to the rapper, but when they called him, he had already known about the show through Stewart. “They really are friends,” says Salsano. “It’s such an honor working with them.” Salsano relates the mega-stars to those

on another one of her shows, CNBC's *Blue Collar Millionaires*, by expressing how they started out just like every other aspiring blue collar worker: as entrepreneurs. "Even now, at this stage of their careers, they don't take it for granted," she adds.

Feeling inspired by the reality TV stars of her many shows, Salsano shares an important piece of career advice, saying, "You don't have to be a rapper or an NBA star to make it big. You just have to have an interest in something, dedicate yourself to it, and be good at it. And sometimes, loving your job, regardless of what it is, is enough."

Martha & Snoop's Potluck Dinner Party is the number one rated non-sports cable program in its time period with over three million viewers after only the second episode was released. Plus, it's already been renewed for a second season. Salsano believes that the reason why the reality TV show is such a hit is because the duo makes the show extremely fun-loving and humorous for people of all ages.

She adds that the show has an underlying message of, "Come on, everyone – knock it off. We can all get along." The renowned rapper and famous chef continue to cross generations and demographics with their [celebrity relationship](#). People may wonder how they can be friends, but as Salsano explains, "When you look at who they really are as people, you come to realize that they have the same interests and the same sense of humor." It doesn't get any simpler than that.

Related Link: [Relationship Advice: Stay True to Yourself](#)

It's no surprise that the reality TV producer loves working on the show. "If Snoop and Martha are on set, I'm on set," she reveals. "It's a fun day." The stars actually have a lot of leeway when it comes to what they want to make in the kitchen. While Stewart makes, well, anything and everything she puts her mind to, Snoop is more of a "home cook" and uses recipes

passed down by his mother. As Salsano shares, “He claims his mother always used to tell him, ‘You know what girls like? A man that cooks.’ And from then on, he has been making his signature dishes, like fried shrimp and catfish, for his family and friends.” Great [relationship advice](#) from Mamma Snoop!

SallyAnn Salsano Teases Future Bravo Reality TV Show & *Jersey Shore* Revival

Salsano also talked about her future projects in our celebrity interview. “There’s still so much I want to do,” she shares. The producer teased us with the notion that her first Bravo show will be coming out in the spring, but she’s not able to tell us much more than that she’s extremely excited to share it with everyone when the time comes. She also revealed that she’s constantly thinking about reviving her past reality TV shows, including *Friendzone*, which is still one of her “favorite shows of all time.”

Related Link: [Celebrity Break-Up: ‘Famously Single’ Stars Ronnie Magro & Malika Haqq Have Split](#)

Of the continued success of the *Jersey Shore* stars, Salsano says, “I love it. I get excited for them, watch everything they do, and root them on. I feel like I have a different kind of love for them – I feel like I’ve known them from birth.” She also wants people to know that the stars of the hit MTV show are more than how they’re presented on camera. People don’t truly see “what great kids they are and what great families they’re from.”

Given her love for the reality TV stars, we had to ask if she ever thinks about doing a *Jersey Shore* revival. Without skipping a beat, she exclaims, “Like every day! Every show

runs its course, but you never know.” We’ve got our fingers crossed!

Be sure to tune in to Martha & Snoop’s Potluck Dinner Party on Monday, March 6 on VH1 at 10pm ET. You can keep up with Salsano’s many projects on Twitter [@sallyannsalsano](#)!

Celebrity Wedding: ‘Jersey Shore’ Star Deena Cortese Is Engaged



By Kayla Garritano

Pump your fist in the air for her ring! [Jersey Shore](#) star Deena Cortese is officially engaged to boyfriend of five-years, Christopher Buckner, and took it to Instagram to share the [celebrity news](#). According to [EOnline.com](#), a few hours after the first Instagram post, saying she got proposed to on a beach in Mexico, she took a couple more shots of the bling."I felt like the other pictures didn't show how beautiful the ring was. The pic on the left was me a little after he proposed after I was finished happy sobbing lol," she shared with her followers. "Christopher did such an amazing job picking me out the perfect ring."

Another *Jersey Shore* alum is ready for her [celebrity wedding](#) ... now that she has her engagement ring! What are some ways to pick the perfect ring for your partner?

Cupid's Advice:

When it's time to put a ring on it, the biggest question is what the ring is going to look like. You found the right partner, now all you need is the right ring. Here are some ways to help figure out the perfect one:

1. Sneak a peak at her jewelry: Look at the other jewelry your partner is wearing to give a sense of what they like. Is it mostly gold, are there a lot of jewels or sparkles? What is their favorite gem? Or are the jewelry pieces simple? This can give you an idea of what they prefer as to what they'd never be seen wearing.

Related Link: [Bigger is Better: Top 6 Celebrity Couple Engagement Rings](#)

2. Figure out the ring size: It's not the worst situation if you put the ring on your partner's finger and it doesn't fit, but it makes for a bother to bring it back and get it adjusted. Have a close friend of theirs ask about the ring size, and make sure you can find a ring in that size. It also may help narrow the ring selection when you're searching!

Related Link: [Celebrity News: Ricky Martin Reveals He's Engaged to Boyfriend Jwan Yosef](#)

3. Let them pick: If you really are unsure, maybe your partner has a better idea. Get engaged first, and pick the ring out later. What type of ring have they always imagined being placed on their left finger? Let them get the chance to choose. This way, your partner is happy with the choice, and you are happy because they are.

How did you pick the perfect engagement ring for your partner? Comment below!

'Jersey Shore' Celebrity Couple JWOWW & Roger Mathews Welcome Second Child





By [Stephanie Sacco](#)

In [celebrity baby news](#), *Jersey Shore* alum Jenni 'JWoww' Farley has hung up her high heels for a pair of sensible shoes as she welcomes her second child. Already mother of one, a 21-month-old daughter named Melina, JWoww is ready to add a new member to the Mathews family. This [celebrity couple](#) couldn't be happier. According to [UsMagazine.com](#), JWoww returned to the *Jersey Shore* to celebrate her baby shower with her best friend from the shore, Nicole "Snooki" Polizzi, who is also a mother of two. These moms are proving that it's tough to have just one.

This celebrity couple is adding to their brood! What are some ways to decide whether to have another child?

Cupid's Advice:

It is a huge decision to have one baby, let alone a second. You have to weigh the pros and cons and discuss it heavily with your partner. Cupid is here to help:

1. When your body is ready: You have to make sure that you're in good health to have another baby. Don't jump into it if you're still recovering from baby number one. There is time to make this decision, so really think it through.

Related Link: [Former 'Bachelorette' Ali Fedotowsky Wears Floral Dress to Baby Shower](#)

2. When your partner is ready: Having a baby isn't only your decision, but also your partner's. Be sure to discuss it thoroughly with them so that you're on the same page. If they aren't ready, you aren't ready.

Related Link: [Blake Lively & Ryan Reynolds Are Expecting Second Child](#)

3. When your first child is ready: Depending on the age and personality of your first child, they might have a problem with having a little brother or sister. Sharing the attention and losing the title of 'only child' could be a big change. Check with all parties before bringing a new baby into the mix.

What are some other ways to know when it's right to have baby number two? Comment below!

Snooki Stands Up for

Celebrity Love Jionni LaValle Amid Ashley Madison Reports



By Kyanah Murphy

Ever since the Ashley Madison hack, the rumor mill has been churning like crazy and even exposing celebs for infidelity and using the site. While Josh Duggar leads the exposed pack in the Ashley Madison scandal, it seems that Snooki's [celebrity love](#) Jionni LaValle is now joining the Ashley Madison rumor mill. According to [USMagazine.com](#), LaValle's email address matched one used on the infidelity website. In response to this discovery, Snooki has taken to Instagram to firmly stand by her husband. This is a brave move by Snooki that really shows how much faith and trust she has in her celebrity relationship.

This reality TV star is standing by her celebrity love! What are some ways to stand by your partner amid scandal?

Cupid's Advice:

It's important to have trust in your relationship and love, especially when something troubling arises such as rumors. In any healthy relationship, you should naturally want to stand by your partner. Cupid has some tips:

1. Have a line of communication with one another: This is an essential key in any strong, healthy relationship. You two should be able to talk like best friends and share everything with each other and really listen to what the other has to say.

Related Link: [Snooki & JWOWW Tell Sammi the Truth](#)

2. Let go of negative influences: If you have a friend or someone you know that is trying to get you down regularly, such as by insulting you and/or your partner or trying to cast doubt into your heart, it's time to let that person go. They are no friend of yours. Surround yourself by positive people – people that want to lift you up.

Related Link: [Selena Gomez is 'Having a Good Time' Post-Split with Justin Bieber](#)

3. Have trust in each other: If you have a sweetheart, you two should already have established trust in one another! Stand by that trust! If you don't have any trust in each other, it's time to re-evaluate your relationship.

What are some ways you stand by your partner? Share with us

below!

Snooki Marries Jionni LaValle



By Jessica DeRubbo

It looks like Nicole "Snooki" Polizzi is no longer a single woman! The former *Jersey Shore* star tied the knot with longtime boyfriend and baby daddy Jionni LaValle at the Venetian in Garfield, New Jersey on Saturday. According to UsMagazine.com, the parents to Lorenzo, 2, and Giovanna Marie, 3 months, had a Great Gatsby-themed celebration, with a cigar and scotch bar.

What are three creative themes to have at your wedding?

Cupid's Advice:

1. Gone With the Wind: Take it back to the times surrounding the Civil War, and center your wedding around the American classic movie, "Gone With the Wind." It's the ultimate love story, and the costumes, settings and decorations in the movie show a rich lifestyle ruled by high class and beauty. Adapt it for your wedding, and it'll be a celebration no one will ever forget.

Related: [Snooki Prepares for Wedding Day with Great-Gatsby Themed Bridal Shower](#)

2. Girls wear suits, men wear dresses: Shake things up a little and do some role reversal. Okay, so we got this idea from the movie *27 Dresses*, but hey, it could work!

Related: [Snooki: Motherhood Made Me 'Grow the Hell Up'](#)

3. A black tie affair: Go traditional, and keep things classy. Declare your wedding celebration a black tie affair, and everyone will attend the bash in their finest.

What are some other themes that would work for a wedding? Share your ideas below.

Reality TV Stars JWovw and Snooki's Celebrity Kids Enjoy

a Sleepy Movie Date



By Amanda Boyer

Now that *Jersey Shore* [reality TV](#) stars JWoww and Snooki are celebrity moms, they are involving their kids in their friendship too. The celebrity kids attended a recent movie night with their mothers for a fun play date. Although Snooki's celebrity baby girl was born in September, she did not come to the movie night. According to [UsMagazine.com](#), JWoww captioned a photo in September saying, "Meilani and Lorenzo Are BFFS!!! ... OMG Meilani is getting so big so fast!!!!"

These reality TV stars are setting

good examples for their celebrity kids. How do you positively influence your child's choice of partner?

Cupid's Advice:

As a parent, you want the best for your child. It can be painful to watch them choose inappropriate partners. Cupid has some tips on how to positively influence your child's choice of mate:

1. Teach them good values: Teaching your child what to see in others will help them decide what they want in a partner. By introducing their children at a young age and hosting play dates together, these celebrity moms are already off to a good start!

Related Link: [JWoww and Snooki's Kids Are Already BFFs](#)

2. Read to them: Pick up some reading for them, whether it's magazines or love stories. When they have a vision of what they want, it will help them stay away from someone who would be a negative influence.

Related Link: [Snooki Steps Out 3 Days After Giving Birth to Second Child](#)

3. Get personal: By talking about your past partnerships and the pros and cons in each of them, they'll get a glimpse of what you have been through and better understand how relationships and love are supposed to work.

Have you influenced your child's taste in partner another way? Comment below!

JWoww and Snooki's Kids Are Already BFFs



By Maggie Manfredi

Jersey Shore's favorite duo are sharing in baby bliss! According to UsMagazine.com, Jenni "JWoww" Farley's daughter and Nicole "Snooki" Polizzi's kids are already bonding. Meilani, JWoww and Roger Matthews' first child has already spent quality time with Lorenzo, and more recently Snooki's second child Giovanna born Friday Sept. 26. Snooki said, "Jenni and I always talked about being pregnant together. I'm so excited to go through this experience with my best friend!" These *Jersey Shore* alums have come a long way since that first

famous summer at the shore.

What are some ways to combine your social life with parenthood?

Cupid's Advice:

Being a parent takes patience, compassion and a lot of hard work. Sometimes when this stage of your life begins your, social life can fall to the wayside. Cupid has some advice on how to stay connected with your friends during parenthood:

1. Be active: One of the easiest ways to sync up with your pals while parenting is getting physical! Walks with the stroller, play time in the park, or even workout classes for kids and adults.

Related: [Ashton Kutcher Is Nesting As He Waits for Baby](#)

2. Stay in: Bring over your favorite classic movie from your childhood, like *The Sound of Music* or *Toy Story*, for a fun night for all ages. Don't forget your favorite treats and enjoy a show all together.

Related: [Kristen Bell and Dax Shepard Have a Baby Name Breakthrough](#)

3. Get involved: It may sound dorky, but getting involved at your child's school would be a fun way to socialize. The PTA does all sorts of events throughout the year, lots of other adult will be volunteers too. You are sure to find some parent partners to bake with for bake sales or make costumes for the schools plays, have fun with it.

Will JWovw follow in Snooki's footsteps and go for baby number two? Share your thoughts below!

Snooki Steps Out 3 Days After Giving Birth to Second Child



By Amanda Boyer

Nicole "Snooki" Polizzi is now a mother of two! Last week, Giovanna Marie LaValle was born and her mother introduced her to her fans, friends and family over Twitter stating, "So happy to let you know we had our beautiful daughter this morning Giovanna Marie LaValle. 6.7 lbs, full head of black hair & perfect." According to UsMagazine.com, Snooki could not be more in love with her daughter and is already blessed to be a mother of two. She recently stepped out 3 days post-birth with skin-tight black leggings to show off her post-baby bod.

How do you introduce your new baby to family and friends?

Cupid's Advice:

It has been nine months and the baby is finally here, how are you planning on introducing them to the family? Read ahead for some tips:

1. Throw a party: What better way to introduce the new little one to the world than by having your family and friends over to celebrate!

Related: [Snooki: Motherhood Made Me "Grow The Hell Up"](#)

2. Surprise your loved ones: Take a trip to visit your parents or your in-laws, and introduce them if they did not get a chance to come over when your baby was born. They will no doubt be all smiles!

Related: [Deena Cortese Says Snooki Will Be a 'Great Mom'](#)

3. Send out cards: After the baby shower when you send your thank you's, send a small wallet sized picture of the new baby along with it so they can "meet" him or her, too.

Did you introduce your baby to family and friends differently? Comment below.

**Reality TV Stars Deena
Cortese and Chris Buckner**

Talk 'Couples Therapy' on VH1



Interview by Ashley Pacifico. Written by Stephanie Salsini. Fans of *Jersey Shore* and *Snooki & Jwoww* recognize Deena Cortese as the hilarious little “meatball” who is best friends with Snooki. In our exclusive celebrity interview during *OK!* Magazine’s New York Fashion Week celebration, CupidsPulse.com asked Cortese and her boyfriend Chris Buckner about what we could expect to see from them on the reality TV show *Couples Therapy* as well as their best fashion [dating advice](#).

Related Link: [Snooki Prepares for Wedding Day with 'Great Gatsby'-Themed Bridal Shower](#)

Reality TV Stars Talk *Couples Therapy*

Viewers know Cortese for her crazy partying, but you won't be seeing that behavior from her on *Couples Therapy*. "You're going to see a completely different side of me. I open up about a lot of stuff that I didn't feel comfortable opening up on *Jersey Shore*, so it should be very interesting," the reality TV star reveals. Buckner also shares his thoughts on being filmed for the VH1 show: "It was an awesome experience. There were a lot of ups and downs. I know it's going to be a lot of fun to watch."

When the celebrity couple aren't on television, the pair enjoys going all out for their date nights. "We do a lot of little getaways, like spending a couple of nights in Atlantic City, getting dinner, and seeing a comedy show – the whole nine yards!" Cortese explains.

Related Link: [Deena Cortese Says Snooki Will Be a 'Great Mom'](#)

Deena Cortese on Fashion Dating Advice

Of course, with NYFW in full swing, we had to ask the New Jersey native about her favorite date night look. "Bebe fits my little body with curves so well. I usually wear a bodycon dress or something like that," she says. Buckner picks his outfits a bit differently, taking fashion advice from his girlfriend: "Whatever Deena says looks good, that's what I'm wearing. If it matches what she's wearing, I'm in it," he reveals.

*Tune in to VH1 to see Deena and Chris on *Couples Therapy* on VH1 on Wednesdays at 9/8c. You can follow them both on Twitter: @DeenaNicoleMTV and @cbuckner_!*

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

JWoww Says Being Pregnant is a 'Struggle'



By April Littleton

Pregnant best friends JWoww and Snooki attended the MTV Movie Awards together. Farley is expecting a baby girl in July with fiance Roger Mathews. Polizzi is expecting her second child some time in the fall. "I'm not a fan of pregnancy right now, with my thighs touching and my boobs changing, but I know it

will be worth it, and hopefully I get back to that really quickly," JWoww told UsMagazine.com.

How do you prepare for your first pregnancy?

Cupid's Advice:

Whether you're thinking about getting pregnant, or you're already well on your way to giving birth, there are a few things you should prepare for and consider before you raise a child on your own. Cupid is here to help:

1. Eat the right foods: Help your body prepare for its physical journey by eating all the right foods. No more caffeinated beverages, seafood, canned foods, etc. Stick to eating plenty of fresh fruits and vegetables. When it comes to your source of protein, try to limit yourself to chicken and other lean meats.

Related: [JWoww and Fiance Roger Matthews Are Expecting First Child](#)

2. Check your finances: Are you financially ready to take care of a child? Take a look at your bank account. Can you afford to miss a few months of work, while you're pregnant? You have to be realistic about what you're capable of doing right now at this point in your life. You're not ready for a child if you're not 100 percent sure you can afford to take care of one.

Related: [Celebrity Couples Who Let Money Ruin Their Relationship](#)

3. Talk to your partner: You're ready for a baby, but your significant other might think otherwise. Have a conversation with your partner about you wanting to start a family, and make sure the two of you are on the same page.

How did you prepare for your first pregnancy? Share your

experience below.