

Celebrity News: Craig Strickland's Wife Asks for Prayers As Country Singer Remains Missing



By Abbi

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Here's some [celebrity news](#) that really breaks our hearts. Craig Strickland has been missing following a hunting trip he took this past weekend. [UsMagazine.com](#) reports that his celebrity love Helen Strickland asked her Twitter followers for prayers. She is heartbroken about this news. The country singer was reported missing on Sunday with his friend Morland, who was sadly found dead. We are hoping for the best for this celebrity relationship.

This celebrity news pulls at the heartstrings. What are some ways to cope with tragedy involving your partner?

Cupid's Advice:

It is never easy to see anything tragic happen to your significant other. It is probably every couples worst nightmare. Cupid has some advice for those struggling with tragedy on how to cope:

1. Support system: Have a huge support system. Your family and friends will be there for you when you need them most, so don't be afraid to call. If you don't want to be alone, they will make the time to be with you.

Related Link: [Celebrity Couple: Tom Brady and Gisele Bundchen Celebrate Christmas in New Photo](#)

2. Days off: Try not to over work yourself. Take some time off to relax and get your head straight. Tragedy can strike and things can become hectic, so breathe.

Related Link: [Celebrity News: Khloe Kardashian Responds to Criticism About James Harden's NBA Season](#)

3. Stay positive: At the end of the day, positivity and hope goes a long way. Don't become negative until something negative truly happens. Keep the spirit alive and hope that you will make it out of this tragedy together.

What do you think are the best ways to cope when dealing with tragedy? Share below!