

# Celebrity Baby News: 'Duck Dynasty' Star Phil Robertson Finds Out He has Adult Daughter From Past Affair



By Diana Iscenko

In the latest [celebrity news](#), *Duck Dynasty* star Phil Robertson discovered he has a 45-year-old daughter. In a recent episode of their podcast, *Unashamed with Phil Robertson*, two of Robertson's sons, Alan, 55, and Jase, 50, revealed they received letters from their long-lost sister, Phyliss. The [reality TV](#) patriarch took a DNA, which was a 99.9% match. "As it turns out, 45 years, you have a daughter that you don't know about. Finally, after all those years, we come together,"

Robertson said.

**In celebrity baby news, Phil Robertson is coping with the news that he has an adult daughter he never knew about. What are some ways to welcome a child (baby or adult) into your family?**

**Cupid's Advice:**

Families come in all shapes and sizes. No matter who you're bringing into your family, it's important to welcome them with open arms. If you're unsure how to seamlessly expand your family, Cupid has some advice for you:

**1. Tell extended family:** Whether you're having a baby, adopting a child, or reuniting with an adult family member, it's important to make sure they feel welcome. That starts with the entire family being excited to meet them, not just the parents.

**Related Link:** [Relationship Advice: How to Deal With Estranged Family Members](#)

**2. Make sure they're comfortable:** For a baby, this would be setting up a nursery. However, it can vary for older family members. Make sure to openly communicate with them about their needs. Listening to them will make them feel valued and like part of the family.

**Related Link:** [Duck Dynasty's Miss Kay Reveals She Birthed Her First Child Before Marriage](#)

**3. Put energy into the relationship:** It's not enough to be

initially welcoming. Let your new family member know how excited you are for a future with them and use your actions to follow through with that. Be supportive, be accepting, and be there for them.

**How do you welcome your new family members? Start a conversation in the comments below!**

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## **Celebrity Baby News: Roger Mathews Defends Estranged Wife Jenni 'JWoww' Farley Amid Parenting Criticism**





By Emily Green

In the latest [celebrity baby news](#), Roger Mathews of *Jersey Shore*, defends his estranged wife Jenni 'JWoww' Farley via Instagram on Monday, in the midst of an overflow of negative comments regarding their co-parenting skills. These negative comments come after new [celebrity couple](#) Farley and boyfriend, Zack Clayton Carpinello, were seen celebrating Memorial Day in Las Vegas, according to *UsMagazine.com*.

**In celebrity baby news, Roger Mathews is supporting his ex JWoww through criticism about their parenting. What are some ways to keep parenting criticism from affecting your children?**

**Cupid's Advice:**

As a parent, receiving any criticism about how you are raising your children can be hard to hear, especially if it's from an outside source. These criticisms can make you begin to question if you are truly raising your children in the "right way." Every parent has their own unique way that they want their children to be raised. Here are Cupid's advice on remembering that your parenting style is the "right way" for you:

**1. Ask yourself about their intentions:** Some parents are what some would call "too confident" in their parenting style, thinking their way is the only right way to raise a child. Consider where their criticism is coming from: are they a random stranger that wants you to do things a certain way, or are they a close friend or family member offering advice? Through experience, you will find the parenting style that works best for you and your family.

**Related Link:** [Parenting Advice: 4 Types of Parenting Styles](#)

**2. Everyone is different:** No parents are going to have the exact same type of parenting as others. Every household is different, with different parents and children, with different morals and ideals. If you are not sure about how to go about a situation, that's okay! Reach out to your partner, any close friends or family members, even do some research! It takes time to figure out exactly how you want to raise your children, so don't be afraid to try new things or ask for help.

**Related Link:** [Parenting Tips: Apply Research to the Practice of Parenting](#)

**3. You know your children best:** No one knows your children better than YOU! You've been the one who has seen them grow up first hand, so you know how they react and adapt to certain situations and experiences. If you want to change up something in your parenting to better fit your family, that's fine! Just

stick to what you know will benefit your family, don't conform to any criticisms from any outside perspective. You know what is best!

What are some ways how you don't let parenting criticism affect your children? Let us know in the comments below!

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# Parenting Tips: Why Disciplining Your Kids Is Important



By [Cortney Moore](#)

As time goes on, we as a society understand mental health better. With this new knowledge come concerns from mothers and fathers who are trying to navigate parenthood during this age of information. The new parents of today, millennials, struggle to find the balance raising children during these empathetic times. Thus, many have distanced themselves from disciplining their kids in order to avoid [relationship problems](#). Tactics such as these are strange to generations prior, but recent scientific studies have shown the detrimental affects harsh discipline can have on a developing brain. According to [BusinessInsider.com](#), "Certain parental behaviors that scientists have found could be linked to problems in children, like depression and anxiety, later in life." So how can millennial parents discipline their children while maintaining their psyche?

## Here are some parenting tips that will ensure your children have structured discipline:

Discipline is important. In essence, discipline is the act of training someone to obey rules and correcting undesirable behaviors accordingly. Though every person has their own [parenting style](#), discipline is necessary to guide children throughout life so they grow up to be decent human beings. In other words, discipline makes for a good, law-abiding citizen and a structured society. Parents must take special care in disciplining their children during the formative years, or risk having a strained relationship like [famous parent](#) Jon Voight and daughter Angelina Jolie. Here are a few [parenting tips](#) and pieces of [relationship advice](#) to help you discipline your children without breaking bonds:

**Communicate expectations.** To minimize unwanted behavior, make sure your child knows *exactly* what you consider "good" and

“bad” behavior. They need to understand that there will be consequences for their actions. Naughty behavior should not be rewarded whatsoever, nor should it be tolerated. If at any time you decide to try a new disciplinary technique, you need to explain your new expectations. It’s not fair to dish out punishment for things they didn’t know were wrong.

**Be authoritative, not authoritarian.** Though you want to teach your child that there are expectations and consequences for their actions, you still need to have a level of flexibility. Being a parent doesn’t have to feel like a dictatorship. There’s no harm in explaining the rationale behind house rules or including them in discussions. Allowing your child to have input from time to time can bridge compromise and help you adopt more appropriate disciplinary styles as the years go on.

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**Try reward systems.** Discipline doesn’t have to be centered around punishment. Positive reinforcement is a great way to teach a child desired behaviors. Show your child that there are benefits to being well-mannered. Rewards can come in a variety of ways, whether it be a snack, toy, or praise- the important thing is that they earn them fair and square. If at any time you feel that your child is manipulating the system, it’s okay to nix the whole thing altogether.

**Keep hands to yourself.** Physical discipline has been a hot debate for years, but studies have shown that hitting children contribute to mental health disorders, according to [abcnews.go.com](#). Though at the same time it’s important to note that spankings and beatings are very different- it’s a safer bet to refrain from physically disciplining your child. A good rule of thumb: if you wouldn’t hit a puppy for undesirable behavior, then you shouldn’t do so to your kid. Find healthier coping mechanisms to deal with your anger. Putting your hands



on a child should be a very last resort in extreme circumstances.

**Related Link:** [Celebrity Interview: 'The Arrangement' Star Lexa Doig Says Views Can 'Expect a Bit of Everything'](#)

Set a good example for your child by showing them respect. Though you created them, they're still a human being that deserve autonomy. At the same time, discipline is important. There will be ups and downs while you try to guide your bundle of joy down the right path, but the key to being a good disciplinarian is consistency. Your child will never learn if you can't clearly show them that there are natural and logical consequences. They might complain now, but they'll be grateful for all that you've done for them later in life.

**What are your feelings on discipline? Share how you discipline your children in the comments below.**

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## **Celebrity Baby News: Beyoncé Announces She's Expecting Twins with Jay-Z**





By [Whitney Johnson](#)

Blue Ivy Carter is going to be a big sister! On Wednesday, February 1st, [Beyoncé](#) shared some major [celebrity baby news](#) when she announced that she and [Jay-Z](#) were expecting again – twins! As reported by [UsMagazine.com](#), the singer shared a beautiful photo of herself holding her baby bump on Instagram with the caption: “We would like to share our love and happiness. We have been blessed two times over. We are incredibly grateful that our family will be growing by two, and we thank you for your well wishes. – The Carters.” Beyoncé made this celebrity baby announcement ahead of her February 12th performance at the Grammy Awards, where she leads the nominations with nine nods for her album *Lemonade*.

**This celebrity baby news is the talk of the town! What are some ways to prepare for twins versus an**

# individual child?

## Cupid's Advice:

You have to prepare before welcoming a baby into your family – and with twins, double the babies means double the preparation. You need two cribs, two sets of clothing, twice as many diapers...the list goes on! Below, Cupid shares three ways to prep for twins versus an individual child:

**1. Find a good stroller:** It's important to pick out the best double stroller for your family – side-by-side, tandem, or jogger – before your babies arrive. It'll make challenging tasks like taking them to the grocery store or even on a walk around the neighborhood that much easier. Plus, it may be your saving grace if they have trouble sleeping in those first few weeks!

**Related Link:** [Relationship Advice: Making Marriage Work Like Beyoncé](#)

**2. Set-up a nursery:** Will your twins share a crib? Will they share a room with two cribs? Or will they each have their own room? Be smart as you decorate their room(s) and buy the essentials. You'll have to buy two of some items (like highchairs), but other things (like a changing table), they can share.

**Related Link:** [Celebrity Couple News: Beyoncé Dedicates 'Halo' to 'Beautiful Husband' Jay-Z](#)

**3. Arrange for help:** Even with one newborn, help is essential. With two babies, you'll need all hands on deck! Make plans for your mom or mother-in-law to come stay with you soon after they're born. During that time, interview trustworthy babysitters or nannies so that you have back-up whenever you need it.

Cupid wants to know: What's your best tip for preparing for twins versus an individual child?

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# Celebrity News: Mandy Moore Wants to Have Kids 'Sooner Than Later'



By [Whitney Johnson](#)

It looks like 2017 is going to be an exciting year for Golden Globe-nominated actress Mandy Moore! Not only was her hit NBC series *This Is Us* recently picked up for two more seasons, but

according to the latest [celebrity news](#) on [EOnline.com](#), the star is thinking about having children with Taylor Goldsmith, her boyfriend of 18 months – and playing TV mom Rebecca Pearson may have had something to do with it! “I feel like deep down, the soul of who this woman is, I’m familiar with,” the 32-year-old actress revealed at the *Elle* Women in Television dinner. “I feel a kinship with her. I was most concerned about feeling maternal, not having children myself. But being part of a project like this definitely makes my ovaries start kicking.” So when is she hoping to add a [celebrity baby](#) to her family? “I want kids sooner than later,” she added with a smile.

**It looks like Mandy Moore’s *This Is Us* character is rubbing off on her! What are some ways to know you’re ready to bring children into the world?**

#### **Cupid’s Advice:**

Having a baby is one of the biggest – and best! – decisions you can make. If you, like Moore, are thinking about having kids, consider this advice from Cupid to help you determine if you’re ready to become a parent:

**1. You’re in a stable relationship:** A baby changes everything, so it’s important to have a loving and supportive partner to help you navigate your new role as a parent. Plus, it’s nice to divvy up the sleepless nights spent taking care of a newborn!

**Related Link:** [Celebrity Baby News: Mila Kunis and Ashton Kutcher Welcome a Baby Boy](#)

**2. You're financially ready:** Having a child brings so much joy into your life, but it also brings a lot of new expenses. Sit down and look closely at your spending habits and savings account to make sure you can handle the added costs.

**Related Link:** [Celebrity News: Peta Murgatroyd Wishes 'Best Father in the World' Maksim Chmerkovskiy a Happy Birthday](#)

**3. You have baby envy:** If you can't stop staring at pregnant women at the grocery store or borrowing your friends' babies for snuggle sessions, it may be a sign that you're ready for a little one of your own!

**What's your best advice for knowing if you're ready to have a baby? Tell us in the comments below!**

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## **Celebrity Couple News: John Legend Defends Chrissy Teigen in Face of Parenting Criticism**





By [Brooke Crawford](#)

In latest [celebrity couple](#) news, [John Legend](#) came to the defense of his wife, Chrissy Teigen, after the social media trolls scrutinized. According to [celebrity news](#), [UsMagazine.com](#) shared that Legend supported his wife in the decision to take a night out on the town after only giving birth a few weeks prior. The couple took the same united and uninterested stance about the recent social media drama.

**This celebrity couple is taking some heat. What are some ways to get through unfair drama as a united front in a relationship?**

**Cupid's Advice:**

It can be frustrating to deal with unnecessary incidents that undermine your parenting skills. Luckily, Cupid is here with [relationship advice](#) to help:

**1. Be supportive:** When the drama starts, it is helpful to have a spouse that is supportive through it. Be sure to be encouraging and uplifting during this time so that you both can let it roll off with ease.

**Related Link:** [Celebrity Couple Kristen Bell & Dax Shepard Talk Disciplining Their Daughters](#)

**2. Ignore it:** There are times when it is better to just ignore the outside noise that is disrupting your life. Be sure to take your attention and focus it on something that is of more importance.

**Related Link:** [Celebrity News: Jennifer Garner Says She & Ex Ben Affleck Will Make Co-Parenting Work](#)

**3. Address it:** When all else fails, address those who are stirring up the trouble. When you face the drama, it takes the ammunition away from those who are posing as a problem.

**Making sure that you handle drama correctly is a task. How have you had to deal with unnecessary trouble? Share with us below.**

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# Celebrity Couple Kristen Bell & Dax Shepard Talk Disciplining Their Daughters







By [Brooke Crawford](#)

Famous [celebrity couple Kristen Bell](#) and Dax Shepard are great examples of parenting. In a recent story from [UsMagazine.com](#), the pair shared their good parenting advice on how they communicate with their kids. This couple, who have been in a [celebrity relationship](#) since 2007, finds there is importance in how you raise your children for the future of the family as well as themselves.

**This celebrity couple is super focused on good parenting. What are some ways to know if your partner will be a good parent?**

**Cupid's Advice:**

There is no manual on how to parent your children, and sometimes watching others does not help. Finding your own set of family moral and value sets to reference is important.

Being sure that you both are on the same page when parenting is also important. Cupid is here with parenting advice to help with the process:

**1. Patience:** Every parent needs to have an immense amount of patience. Raising children is not an easy job and can be thankless more often than not. Kids require a lot of patience, and without that, it can be extremely frustrating.

**Related Link:** [Simple Survival Tips for Single Parents](#)

**2. Stress management:** Kids can put a strain on a couple, as it affects each person differently. Someone who is strong under pressure will be able to handle anything that is thrown their way.

**Related Link:** [To Move or Not to Move? Why This Decision is Tough on Kids](#)

**3. Dedication:** Kids require a lot hard work and dedication. Some people see this as a full time job. This is a bit more than a job because there aren't any off days, and it is an 18 year commitment (at least). A dedicated partner will have no problem sacrificing certain parts of their life to help raise kids.

Every family is different in how kids are raised. Share some of your valued parenting advice with us below!

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# Former Celebrity Couple Ben Affleck & Jennifer Garner Hit

# the Slopes with Tom & Gisele



By Emily Hoff

In [celebrity news](#), former [celebrity couple](#) Ben Affleck and Jennifer Garner and current couple Tom Brady and Gisele Bündchen were spotted vacationing together in Big Sky Montana on February 15th, according to [UsMagazine.com](#). The group went skiing at one of the Yellowstone Clubs where they enjoyed drinks and nachos. In past [celebrity relationship](#) news, Affleck had a fling with Christine Ouzonian, Ben Affleck and Jennifer Garner's nanny. Many people think that Ouzonian contributed to the celebrity divorce.

**This former celebrity couple isn't**

# Letting their split affect their family life! What are some ways to keep your family life strong after a split?

## Cupid's Advice:

**1. Communicate:** Good communication is key to anything in life. You need to communicate to your family what is going on. Communicate especially if there are kids involved. A split can cause a lack of communication, but it is vital, especially if you want to keep a strong family unit.

**Related Link:** [Celebrity News: Martin Henderson Dishes on Kissing Britney Spears in Music Video](#)

**2. Be open about how you are feeling:** If you are the one going through the divorce, communicate with your friends, family, or ex-spouse, how you are feeling. Do not hold those feeling in and be passive aggressive. No one wins in that case, and it only hurts your family more, so it's important to especially ask your kids how they are feeling because a divorce is very hard on them.

**Related Link:** [Celebrity News: Gwen Stefani Says She's 'Only Had Two Boyfriends'](#)

**3. Know it takes work to be a strong family unit during a divorce:** Ben and Jen are very lucky that they still can communicate with each other and be civil after their split. Some are not as fortunate. So, just know that if you want to still be a strong family unit especially after a split, that it is going to take work and it is not going to come easily.

**What are some ways to keep your family unit strong during a split? Comment Below.**

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# Celebrity Baby Expected by Wes Chatham from 'Hunger Games' Part 2



By Mackenzie Scibetta

According to Wes Chatham, there's no time like the present to have a [celebrity baby](#)! The *Hunger Games* star and his wife, Jenn Brown, are expecting their second child together just nine months after welcoming their first child into the world! As [UsMagazine.com](#) reported, the [famous couple](#) will find out the gender of their new baby in a unique birthday cake reveal. The gender information will be hidden inside a birthday cake

and opened at their son's first birthday party. Chatham and Brown have been a happily married celebrity couple since April 2012.

## **This celebrity baby will join his or her older brother! What are some reasons to have kids soon after one another?**

### **Cupid's Advice:**

If you just started adjusting to life with your new baby and are craving to give them a little sibling, then Cupid says go for it! While you must make sure you are financially stable enough to support two children, the advantages almost always outweigh the negatives when it comes to bringing a bright face into the world. Cupid has some reasons why having kids right after one another is beneficial:

**1. They will automatically become best friends:** It's nearly impossible for siblings of close age to not to be attached at the hip. They will develop similar interests and will always provide a shoulder to cry on for each other. As honorary twins, the two will share a connection that can't be explained.

**Related Link:** [Celebrity Baby Expected for Ginnifer Goodwin and Josh Dallas](#)

**2. Your older child will learn how to be selfless:** The older child will automatically develop a protective instinct to keep your youngest safe. As a result the new baby will also come into the world with an extra sense of belonging. Both children will develop friendly and healthy characteristics in their personalities from caring for one another.

**Related Link:** [High-Risk Celebrity Pregnancy Has Kim Kardashian “Scared”](#)

**3. They can share everything:** You can cut time in half by having the children share their wardrobe, toys and games! Christmas will become easier because they will most likely want very similar gifts! Odds are the two kids will be so close in age they can even share friends!

**How far apart in age are your children? Let us know below.**

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## **Celebrity News: Scott Disick Shares Adorable Instagram with Son Mason**





By Kyanah Murphy

Super cute! In latest [celebrity news](#), [Scott Disick](#) shared an adorable Instagram photo of himself and his son Mason going away together on a boys' trip. Disick recently completed a month-long stay in rehab, according to [UsMagazine.com](#). Disick seems to be doing fine since rehab and the end of his [celebrity relationship](#) with [Kourtney Kardashian](#) this summer.

**This celebrity news shows Scott Disick is still a loving dad. What are some ways to know your partner will be a good parent?**

**Cupid's Advice:**

This is great celebrity news, and we're glad to see Disick doing well and spending time with his children. Do you wonder if your partner would be a good parent no matter what? Cupid has some tips for you to look out for in your partner:



**1. They're mature:** Your partner is mature, and they take things seriously. Going out and partying is not at the top of their list anymore and they aren't childish (not to be confused with a kid at heart).

**Related Link:** [Celebrity News: Kris Jenner Brings Scott Disick's Kids to Visit Him at Rehab](#)

**2. They're financially responsible:** They're money conscious. They're good at saving, they know how to budget and use their money wisely. They don't have to have everything they want, especially on impulse.

**Related Link:** [Justin Timberlake Shares Photos of Celebrity Baby Son Silas](#)

**3. They're good with kids:** Any friends or family that have children who your partner interacts with, they're good with. Kids love them, and they love the kids. They like spending time with them and having fun with them.

**Do you have any kids? How did you know your partner would be good with kids? Comment below.**

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## **Relationship Advice: How to Survive Thanksgiving with the In-Laws**





By Mackenzie Scibetta

So you drew the short stick for the holidays this season. Thanksgiving will not be held at your loving, comfortable parents house, but rather you will be forced to put on your most convincing smile as you enter your in-laws home for the festivities. For the majority of us, venturing into in-law territory can be terrifying, stressful and impossibly frustrating. It's an unavoidable nightmare that must be endured with charming comments, positive vibes and endless efforts of offering help. If you want to make it out alive to enjoy Christmas, then you better prepare to exert yourself.

## Cupid has some [relationship advice](#) to help you endure Thanksgiving with your in-laws

**1. Don't take anything personally:** Don't put up a fight or a defense when your in-laws come off cold towards you as this will only increase the tension. Preparing a giant, delicious

meal for your closest friends and family can be extremely stressful so if your in-laws seem aggravated cut them some slack. They took the time to ensure your and your family's holiday is enjoyable so show them that you are appreciative.

**2. Offer to help with anything and everything:** Consistently, almost to the point of annoyance, ask if there is anything you can help with because this will show that you are not just asking to be polite, but that you genuinely want to help. Thanksgiving is all about authentic appreciation so helping out without being asked is a sincere way to win over your in-laws.

**Related Link:** [Dating Advice: Find Out If Men Really Want the 'Cool Girl'](#)

**3. Agree in advance when you are leaving:** Nothing is more uncomfortable than hinting and nudging at your partner that you want to leave. You don't want to hurt their feelings so instead of interrupting family game night to tell your loved one you want to go home, plan a rough time for leaving. Lay out an exit strategy complete with back-up excuses if you know your in-laws are the type to beg you to stay for "just one more game".

**4. Find a place to catch your breath:** If you can sneak away from the mayhem for a few moments to relax and decompress then by all means go for it. Do a few dishes by yourself or sneak outside for some fresh air. Offering to take the dog for a walk is a practical way to sneak out and seem helpful.

**Related Link:** [Dating Advice: 5 Ways to Keep Boundaries with Your 'Work Spouse'](#)

**5. Be prepared for the worst:** If you usually have an unpleasant time then don't expect this Thanksgiving to be any different. Learn from previous family events and know what not to say, when to refrain from offering relationship advice and what to wear. If you're miserable just remember it is only

short-term and momentary.

How do you make your in-laws feel comfortable at your own home? Let us know below.

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# Celebrity Couple Sarah Michelle Gellar and Freddie Prinze Jr.'s Kids are the Perfect Mix of Mom and Dad



By Mackenzie Scibetta

The family that cooks together stays together! At least that's how married [celebrity couple](#) Sarah Michelle Gellar and Freddie Prinze Jr. make it seem in new, adorable family photos released to Gellar's company, *FoodStirs*. According to [UsMagazine.com](#), the [celebrity kids](#) of Gellar and Prinze both share their mother's button nose and their father's beautiful brown hair. Charlotte, 6, and Rocky, 3, helped inspire their parents to offer kid-friendly recipes and activities for FoodStirs. Gellar said that they "love trying out recipes and working in the kitchen, and I love it too because it's just such great, quality time together, but it's also productive." Having been married 13 years, Gellar and Prinze really know how to make their Hollywood relationship last.

## **This celebrity couple has some adorable celebrity kids! What are some ways to cherish your children's childhood?**

### **Cupid's Advice:**

It seems like we only have fleeting moments with our children before they're grown up and off to college. Minutes are precious and balancing cooking, cleaning, work and family can leave only small moments dedicated for your children. Get the most out of each day with your children because before you can blink they'll be adults. Cupid is here to help you live in the moment and appreciate your children to the fullest:

- 1. Get them involved in your day:** Take a cue from the Gellar-Prinze family and make your breakfast, lunch and dinner with them. Allowing them to help you crack the eggs or butter the bread not only saves you time, but makes them feel important.

You can incorporate your kids into endless other daily chores too.

**Related Link:** [Beyonce Proves Celebrity Relationship with Jay-Z is Still Solid with Sweet Pic](#)

**2. Journal only the big moments:** As a parent you will naturally want to document every move your child makes, but this takes away from the actual moment. Let your camera take a back seat and focus on living in the present the majority of the time. Your brain is a surprisingly effective tool for preserving moments so don't hold back and enjoy the moment.

**Related Link:** [Celebrity News: Justin Timberlake Thanks His 'Rock' Jessica Biel at Hall of Fame Induction](#)

**3. Cuddle them:** When they've had a nightmare let your kids sleep in your bed and, rather than complain about the space they are occupying, appreciate their comfort. Even if it's just having them sit on your lap while you read your morning paper, there's always time to get close with your children.

**What fun activities do you do with your little ones? Let us know below.**

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**Celebrity Mom Molly Sims Shares Secret To Losing Baby Weight In Celebrity Video Interview**



Interview by [Lori Bizzoco](#). Written by Mackenzie Scibetta.

Keeping up with healthy trends is hard enough when you're single, but what about when you're busy balancing work and raising two kids? Model, actress, and [celebrity mom](#) Molly Sims shares that it's easy with simple scheduling and planning ahead. In our exclusive [celebrity video interview](#), Molly Sims opens up further about raising her family and how she keeps her life in harmony.

## Molly Sims Shares How To Be Healthy as a Celebrity Mom

Raising a 3-year-old and 6-month old baby is time-consuming. Squeezing in exercise time can seem like an impossible task. Molly Sims' advice for staying fit is to schedule time for

yourself, even if it's only five minutes. "Even if you have 20 minutes you can workout," she says. "Even if it's at your house, even if it's on your block." Sims also shares that you can fit in a workout if you cut time away from other chores, such as getting ready in the morning. "Know what you're going to wear for the week, it saves a lot of time and a lot of angst," she added. Getting ahead as much as you can is vital to managing a hectic work week. Also, make sure you carve time out for your significant other! Your relationship and love life is important, so work with your partner as a team in order to balance everything on your to-do list.

**Related Link:** [Celebrity Video Interview: Molly Sims Talks About Her "Rocking Red" Hair: "I Feel Really Good!"](#)

In terms of finding time to eat healthy, Sims suggests always having a pack of almonds or a banana on hand to avoid indulging in sugary snacks when you're on the go. It's easy to be tempted by the convenience of fast food when you're in a hurry, but having a healthy alternative with you will give you no reason to cave.

**Related Link:** [Comedian Wayne Brady On His Modern Family and Celebrity Ex: "We Truly Love Each Other – Like Back to the Wall, Fight Anybody"](#)

Throughout the celebrity video interview, Sims shows a clear sense of self-worth and self-love, demonstrating how important it is to be confident with ourselves. "The best advice I can give woman is feeling good on the inside...it's really about feeling good with yourself right now," Sims says. Rather than over-stress yourself with losing weight, first you must set a goal to be happy on the inside. Stress doesn't have any benefit to our life so you must focus on personal happiness, then move on to weight loss. Sims also shares her own weight loss struggle. After giving birth to her first child she had to lose 85 lbs! Sims proves that even celebrity moms deal with the same weight-loss issues as regular moms.



*You can learn more about Molly Sims by following her on Twitter @MollyBSims or [www.instagram.com/mollybsims/](http://www.instagram.com/mollybsims/).*

*For more videos from [Cupidspulse.com](http://Cupidspulse.com), check out our [Youtube channel](#).*

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## **Comedian Wayne Brady On His Modern Family and Celebrity Ex: “We Truly Love Each Other – Like Back to the Wall, Fight Anybody”**





Interview by [Lori Bizzoco](#). Written by Katelyn Di Salvo.

Actor, improv artist, and comedian Wayne Brady was in New York City this week to team up with Charmin to host the “Keep it Clean Comedy Show.” The event gave young comedians from schools all over the city a platform to deliver five minutes of their best, clean potty humor routines in front of a live audience. In our [exclusive celebrity interview](#) with the television host, he opens up about the show, his upcoming role as Lola in *Kinky Boots* on Broadway, and his modern family dynamic!

## Wayne Brady Discusses Charmin’s “Keep it Clean Comedy Show”

Brady has a lot on his plate these days. He is best known for hosting *Let’s Make a Deal* on CBS as well as being on the very popular *Who’s Line Is It Anyway?* Additionally, the actor is developing an improv game show with Ryan Seacrest and a sitcom

with his producing partner – who also happens to be his celebrity ex – Mandie Taketa.

Even with his full schedule, the busy celeb still made time to give back and help out the future of comedy for Charmin's "Keep It Clean Comedy Show." Brady opened up the show with classic interactive improv and even brought his daughter Maile on stage for some father-daughter comedy. He says getting involved with the event was a "no-brainer" because he was excited about helping these young, aspiring comedians. Plus, Charmin offered to donate to his favorite charity, Ronald McDonald House Charities. He was so impressed with the young talent at the event that he thought he could cast a baby *Saturday Night Live*!

**Related Link:** [Former 'TLC' Member Rozanda 'Chilli' Thomas Denies Dating Wayne Brady](#)

## Comedian Shares His Excitement for His Latest Gig on Broadway

NYC will be seeing a lot more of Brady come November. The actor will be the next star of *Kinky Boots*, playing the role of Lola. He's performed on Broadway before, acting as Billy Flynn in *Chicago*. However, the Emmy winner believes that being on Broadway will be different this time around because "Lola is an amazing role." It's no surprise that it'll take a lot of discipline to "sing those songs, wear those heels, walk that walk, and be the guy that helps to hold the entire show up." The celeb explains that his role as Billy Flynn was "cool and poppin'," a very different character to play. "For my money, this Lola is one of the best roles on Broadway," he shares.

Brady also clears up the belief that he *is* his work, saying, "It's a job. I think that there's this weird misconception that I believe most people carry around that, if you're a stand-up comedian or if you do improv, whatever you do on

stage is how you should be in life.” He explains that he isn’t a wind-up doll and is a different person in real life. “When I’m on stage, I let out all the stops – that’s why I started acting,” he reveals. “When I was a kid, you got to use your imagination and be whoever you wanted to be...and then come back to real life and just chill.”

## The Dynamic of His Modern Celebrity Family

As fans know, Brady went through a [celebrity divorce](#) with Mandie Taketa in 2007. But unlike many celebrity exes, the two managed to stay close, parenting *and* working together. Last fall, he went through some tough times and battled depression, and the comedian credits his ex-wife for helping him get through it.

Brady confirms that his relationship with Taketa (who was sitting next to him with daughter Maile during our interview) works for a simple reason: “We love each other. We truly love each other – like back to the wall, fight anybody, like I can say something about her, but you can’t because I will fight you, and she will kill you for me,” he explains. “So we have love and friendship. Add to that that we are parents together and business partners in this beautiful venture of a child.” Given his experience, he doesn’t understand the people who can’t be friends, love each other, and happily co-exist because, at the end of the day, they are still a family.

The comedian shares that he’s happily single at the moment. “I tried dating in the past, and it’s not that I don’t want to or won’t, but now is not the time,” he says. “I’m enjoying my life. I’ve got my daughter; I get to hang out with my best friend; and I get to do amazing work. I’ll get around to it at some point.”

**Related Link:** [Holly Madison Says Her Past As Playboy Bunny is Like “The Elephant in the Room That Never Goes Away”](#)

The celebrity father didn't hesitate when asked to give his daughter [dating advice](#), quoting his daughter's mother and saying, “Don't give anybody your time that won't respect your boundaries and respect you as a person. You've got to be willing and ready to do what you have to do to back that up. I wouldn't want her to be with someone who doesn't pay attention to those things.”

*Catch Wayne Brady in Kinky Boots on Broadway this fall! You can follow the star on Twitter @waynebrady.*

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**Relationship Author Dr. Tara Fields' Love Advice: “The Happiest Couples Don't Necessarily Have More or Less Conflict”**





By [Sarah Batcheller](#)

Unwanted conflict patterns in relationships are just that: unwanted. Often times, couples feel helpless and like their arguments are a curse instead of something they can navigate. Dr. Tara Fields, a licensed psychotherapist who specializes in relationships and love and the author of the upcoming [self-help relationship book](#) *The Love Fix: Repair and Restore Your Relationship Right Now*, teaches her readers how to grab the reins of their negative habits and bring their love to a better place. Knowing that no relationship is perfect, Dr. Fields provides more than just love advice; she also shares usable actions to help couples weather any storm together. In this exclusive author interview, she reveals her proven techniques for lovebirds in all stages of romance.

**In the book, you discuss the ways that couples can manage their relationships. What are some benefits of the HEARTwork exercises and self-assessment quizzes?**

Change comes with awareness, so until an individual or a couple can take ownership of things, they can't change. What

you can do is look at your part in the conflict. I see miracles happen when even just one person starts looking at their part in the loop. One of the reasons that I created the assessment is for people to self-diagnose and start becoming aware. The second reason is for people to say, "What can I do *now*?" So I came up with the three-minute fixes – people want help now, and they also want *hope* now.

Even if things don't change immediately, it will make you feel better because, when you act in a loving way, it increases your sense of self and also makes you feel empowered. What happens with couples is that they start to feel powerless: "They're never going to change," or "They're never going to forgive me for that thing that happened five years ago." But this book lets people know there's something they can do to change things, and from there, things just keep progressing.

One of the biggest pitfalls I've seen is people wondering whether they can get their partner on board. Just be hopeful. Many people think they need to refrain from conflict, but here's something most people don't know: The happiest couples don't necessarily have more or less conflict. Instead, it's about how you handle the conflict. That's a big piece of the book – it teaches you to say, "We have an opportunity here."

**What is the most important thing that keeps a relationship healthy?**

Outside forces like friends, in-laws, or money can be a big problem in relationships. What's crucial, and what successful couples have, is that they're a team. The beautiful thing about a loving relationship is that you're better together. You should be able to surrender and trust and know that your partner has your back.

**Related Link:** [Love Advice: How to Make Your Partner Happy in 5 Minutes a Day](#)

# Proven Love Advice For Couples in Budding Relationships

**Can you tell us your most crucial love advice for new couples?**

In the media, and especially on reality TV, we see this attitude of, "Yay, I found it!" The biggest misconception is that your partner will guarantee that you're always going to be happy. It's so important for couples to realize that you're dealing with hormones and chemicals and the newness of romance.

In the book, I discuss coming together and growing apart, which happens when you start facing real-life issues. So many couples have a plan, but then, *life* happens. For example, all of a sudden you're laid off from that secure job, and the house can't be sold. I always say to couples that, even if you've already dealt with these issues, it's a good idea to do pre-marital counseling and make sure you're on the same page. Lots of people say things like, "We never really talked about finances" or "He's saying he doesn't want to have children, but that will change once we're married." It's so important for couples to articulate their expectations.

There's an erroneous belief that, "We're different from everybody else. The divorce rate is almost 50 percent, but nobody loves each other like we do. *We're* different." That's what almost everybody thinks. The crazy thing is that people put so much planning and money into this one day, this one big party, but they don't plan for the rest of their lives.

**What was one of the biggest issues you have had in a relationship, and how did you resolve it?**

Well, I've been with my husband for seventeen years, and we've dealt with many challenges in terms of finance and health. Our marriage and our relationship is so much stronger because we stuck together. I've surrendered a lot of things that I



thought only I was able to do and therefore have seen what a champion my husband is. Because we both know that we're all in, we're able to overcome everything.

Furthermore, lots of couples ask if the passion is going to fade, and they're absolutely right that those things will go away. But when you build a history as a couple and go through things together, that kind of intimacy creates a passion that can only come with time.

**Related Link:** [Expert Love Advice: How To Tackle That Nagging Seven-Year Itch](#)

## **Relationship and Love Author Provides Readers with Quick, Realistic Solutions**

### **What is a key thing that couples should do every day?**

If you do nothing else, even if you can't think of anything positive to say about your mate, find a minimum of three things that you can express gratitude and appreciation for. Send a little text or e-mail. At the end of the day, instead of going into your room and opening up your laptop, wrap your arms around your partner and say, "Have I ever told you what a great mother I think you are?" Or, in the morning, say something like, "Honey, have I ever told you how much I admire that every day you go in to that job you hate?" I have every couple do this either at the beginning or the end of their counseling. Some couples say, "You've got to be kidding...I can't think of anything!" What happens is that they go from the honeymoon phase, where their partner is perfect, to only noticing what their partner does wrong – your brain gets rewired to only see the negative.

The key is to do this exercise with no expectations. If you do it just so that your mate does it back, you're not really

doing it. Research shows that doing it without expectations actually makes people feel better. Again, the one thing you can always do is make a choice to act lovingly.

*The Love Fix: Repair and Restore Your Relationship Right Now is available now on Amazon. To get the most out of your relationship-repairing experience, Dr. Fields recommends each partner have their own copy. For more from Dr. Tara Fields, visit her website and read her blog at [www.tarafields.com](http://www.tarafields.com).*

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## **Famous Couple George and Amal Clooney Have Family Dinner in Italy**





By Mackenzie Scibetta

Lake Como has long been [George Clooney](#)'s favorite celebrity getaway spot. This summer, however, he's shaking things up and bringing not only his famous wife Amal Clooney on the trip, but also the happy couple's family. According to [People.com](#), the famous couple wined and dined on their Italian vacation in the company of George's parents, Amal's sister Tala Alamuddin and other close friends. After feasting on a variety of local dishes, the Clooneys and guests finished off their [celebrity vacation](#) by celebrating the French Bastille Day on July 14 with colorful fireworks.

**This lavish celebrity getaway showcases perfectly how to include family into a relationship! What are some pros to making your family**

# apart of your love life?

## Cupid's Advice:

Family-oriented couples tend to be more supportive and respectful of each other, but developing these strong family ties might not be suitable for every couple. If you're unsure about mixing your love life with family life, Cupid has three advantages of becoming family-oriented to help you decide:

**1. Preparing for the future:** Becoming well-acquainted with your partner's parents and vice-versa can help give you a solid preview of what's to come in the years ahead. The dynamic of your parents and your partner's parents will likely be similar to how you and your lover will act. You can both learn from their relationship strengths and mistakes to help build a strong foundation to increase the longevity of your relationship.

**Related Link:** [Find Out How Famous Couple George and Amal Clooney Celebrated Her 37th Birthday](#)

**2. Lively relationship:** The same date night routine every week can make your relationship mundane and lifeless. Family events such as picnics, kid soccer games or game nights can stimulate your relationship and provide exciting new opportunities to try.

**Related Link:** [Amal Alamuddin Changes Name to Amal Clooney](#)

**3. Insightful criticism:** Sometimes we become blinded to our significant others bad habits and traits, and while some are harmless, others can be toxic. Your family can offer an outside point of view to make it easier for you to decide if your lover is the one, or the wrong one. If they are the one then your family surely won't hesitate to make you certain of it.

What fun activities do you and your loved one enjoy with your family? Share your ideas below.

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# Brooke Burke-Charvet Talks About Her Marriage in Celebrity Video Interview: “We Carve Out Time for Each Other”



Interview by [Lori Bizzoco](#). Written by [Rebecca White](#).

Fans may recognize Brooke Burke-Charvet from her time on the reality TV show *Dancing with the Stars*, but she's come a long way since then. She is married to musician and actor David Charvet and spends much of her time with her family, promoting a healthy lifestyle. In our [celebrity video interview](#), Executive Editor Lori Bizzoco chats with the actress and model about her relationship and love life, motherhood, and her busy career, including her current partnership with Walgreens for Red Nose Day.

**Related Link:** [Brooke Burke-Charvet Shares Love Life Secrets](#)

## Brooke Burke-Charvet Talks Red Nose Day in Celebrity Video Interview

Celebrated for over 25 years in the UK, Red Nose Day has been a day dedicated to raising money for underprivileged children and families. On Thursday, May 21, the event will take off for the first time in the United States and include a night full of comedy, music, and fundraising that will help 12 charity organizations lift children and young people out of poverty, both in the U.S. and throughout the world. Burke-Charvet decided to partner with Walgreens for this fundraiser because she likes that "it's really about children and young families." Just buying the red rubber nose for one dollar at Walgreens will have an impact: "That money is going to go and make a difference for a lot of different causes – the Boys and Girls club of America, United Way, Feeding America," the actress says.

As the mother of four children herself, she understands that teaching her celebrity kids generosity and charity is an important lesson. The model reveals that leading by example is the best way to teach your children that hard lesson. "It's really interesting for them to be able to see it and understand it," she shares in our celebrity video interview.

“You can teach them to be generous and to give.”

Of course, fans remember the health scare that Burke-Charvet faced after being diagnosed with thyroid cancer in 2012. Now, she says, “Everything’s good. My health is perfect.” Her experiences and health issues have helped her recognize that “there’s somebody else somewhere who’s struggling with similar issues.”

**Related Link:** [Brooke Burke-Charvet Finally Weds David Charvet](#)

## Television Personality Talks About Her Relationship and Love Life

Although she’s a busy celebrity mom, she makes sure to prioritize her relationship and love life. “We carve out time for each other, which is super important,” she says of her marriage, “even if it’s just having lunch while the kids are at school.” When their schedules permit, the famous couple’s favorite date night is eating at a local restaurant in Malibu. “We cook so much that sometimes it’s nice to be served a meal!” she divulges.

*You can keep up with Brooke Burke-Chavet on Twitter @brookeburke or her blog, [www.modernmom.com/](http://www.modernmom.com/)*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

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## Hilary Duff’s Celebrity Ex

# Mike Comrie Fights for Joint Custody of Son Luca



By Maggie Manfredi

Another Hollywood custody battle? According to [E! News](#), Mike Comrie is going for joint custody of son Luca, though Hilary Duff's initial file was for primary custody. Comrie was originally set to have visitation rights. The singer filed for her celebrity divorce from the retired hockey player in February, but the [celebrity exes](#) had been separated for almost a year prior. This news comes as a surprise because these celebrity exes have been the epitome of co-parenting, even attending events together and having public lunches.



# Things aren't looking good for this celebrity ex couple! What are some ways to compromise mid-break-up when it comes to your kids?

## Cupid's Advice:

When you have a child with someone, you are bonded for life, for better or for worse. So if the relationship and love doesn't work out you still have to be a team for the sake of the kid. Here are some ways to compromise with your ex:

**1. Third party help:** If you are arguing or having trouble seeing eye to eye don't be afraid to reach out for assistance. Whether it be a counselor or a third party with no personal interest in the matter, you will want someone unbiased and knowledgeable to make this time easier for everyone.

**Related Link:** [Hilary Duff's "Imminent" Wedding](#)

**2. Remind each other:** Continue to remind yourself and your ex that your child comes first in everything. No matter what issues you had in your relationship, they can be put aside to do what's best for your son or daughter.

**Related Link:** [Hilary Duff & Mike Comrie Signed a Prenup](#)

**3. Pick your battles:** Issues such as custody and visitation rights, definitely worth the fight; but not every little issue is worth making it into a world war. It can be hard not to get into it on little things, especially if things in the relationship ended poorly. Do your best to have a clear head and an open heart.

**Do you think these celebrity exes will battle it out or resolve things amicably? Share your predictions below!**

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# Dating Advice: How to Introduce Your Kids to Your New Partner



By [Katie Gray](#)

When you have children and are no longer with the other parent, it can be a very difficult transition. Raising kids is a lot of hard work and it's important. When you get a shot at happiness in your relationship and love life, you deserve it – even if you do already have children. The important thing is to make sure your kids are still your number one priority – them. It's often very hard to tell when you should introduce

your kids to your new partner.

## **Cupid talked to some experts about relationships and love to find out exactly when and how you should introduce your kids to your new partner.**

### **1. Introduce when it gets serious.**

When you do decide to introduce your children to the new special person in your life, it should be when the relationship and love is developing into something permanent. Dr. Jane Greer, a New York based relationship expert and author, gave dating advice by explaining, “You should introduce your kids when you become really exclusive and serious with the new partner. You don’t want to confuse the kids or allow them to become attached to the new partner if he or she won’t be around for long.”

### **2. Keep it casual.**

As far as how to go about introducing the children to your partner, Dr. Greer says, “It’s always best to introduce the kids in an activity that’s casual and informal – a ball game, a movie, etc. – something where everyone is participating together.” She also added that if your new partner also has children, then this is the perfect time for everyone to get to know one another. If you are unsure how to label your significant other to your kids, it’s always good to use, “Mommy’s good friend” or use your partner’s first name.

### **3. Make it positive.**

JoAnn Ward, President of Master Matchmakers, emphasizes, “No

matter what, always make it positive and show that you can create a balance between your kids and your dating life.”

#### **4. Consider age and timing.**

The amount of time that passes before you introduce your kids to your new partner varies. It depends on factors such as: the age of your children, how comfortable you are with your partner and how long you have known them. Ward suggests that the minimum would be a month to six weeks for mentioning them to your kids and about three months to initially introduce. She explains, “Younger kids do not quite have a firm grasp on time, so you don’t want to confuse them if you tell them about your new partner too early and it doesn’t work out.”

#### **5. Mention a new partner to your kids’ other parent.**

Ward says that you should absolutely tell the other parent of your children if they are going to meet your new partner. Ward explains, “The kids will wind up saying something anyway. You’d want to say that you’re seeing someone and give them notice that you’re planning to introduce them to your kids.” It’s a common courtesy and the polite thing to do, especially if this significant other will be around long term.

Dr. Greer and Ward both agree that you must be honest with your children. That is the most important thing!

**What are some other things to keep in mind when you’re introducing your kids to your new partner? Share your thoughts below.**

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# Actress Joely Fisher on Her Celebrity Marriage: “It’s Work, But I Don’t Feel Like It Doesn’t Have Its Rewards”



By [Katie Gray](#)

Joely Fisher is perhaps best known for playing Paige Clark on the television series *Ellen* and Joy Stark on *'Til Death*. She's also been on Broadway in *Grease* and *Cabaret* and had a recurring role on the popular ABC show *Desperate Housewives*. Acting isn't her only passion though: She serves as an ambassador for the International Fund for Animal Welfare (IFAW), which recently debuted the PROTECT PSA campaign that was conceived, directed, and edited by the talented

star herself. It features notable Hollywood personalities – including Amber Valletta, Melissa Rivers, Denise Richards, Brian Austin Green and Joshua Bowman – discussing the pressing issues facing animals around the world and are calling upon the public to take action for animals. “I’m an animal lover,” she says.

**Related Link:** [Jennie Garth Says Farm Animals Help Her Cope with Divorce](#)

## **Joely Fisher Talks PROTECT PSA Campaign in Exclusive Celebrity Interview**

The actress, who currently has a recurring role on Tim Allen’s show *Last Man Standing*, describes her initial encounter with IFAW as “love at first lecture. I fell in love with these people and their commitment.” One of the primary goals of the organization, which was founded in 1969, is to inform the world about the realities of endangered exotic species. “A lot of people don’t realize that piano keys, chess pieces, and billiard balls are historically ivory,” she explains in our exclusive celebrity interview. “And they’re not aware that you can’t have ivory unless an elephant is dead.”

The video footage in her PROTECT PSA campaign shows the relationship that animals like elephants have with each other, allowing viewers to see them as living, breathing creatures. “It’s so important that people know that they have feelings and emotions and reverence for their ancestors like humans do,” she passionately shares. “Our campaign sheds light on the struggles of these animals without being graphic. It’s in a positive way.”

She adds, “We’re not asking anybody to give any money; we’re

not asking for a donation. We're asking people to protect these animals and to have them in their consciousness. I feel like everyone is loving it."

**Related Link:** [Celebrity Mom Tia Mowry Says, "There's No Such Thing as Balance!"](#)

## Actress Opens Up About Being a Celebrity Mom

Beyond acting and working with the IFAW campaign, Fisher also has a busy home life: She's a devoted wife and celebrity mom of five, with kids ranging in age from six to twenty-nine. "Mothering is a job. It's our greatest gift and also our biggest career," she candidly says. "We are built for speed; we are built to multitask. We have to schedule ourselves so that we are present in our children's life and also fulfilled in our careers and partnership."

With this thought in mind, the star believes that it's important to show her kids what it means to be a working mother. "They get to see me love my career and also have enough time for them," Fisher shares. "They will be better humans for that!"

In order to find that balance between your professional and personal life, you have to surround yourself with people who appreciate all of your hard work and enjoy every moment. "We're all running at full speed, so don't forget to have a giggle with your kids when you can and then hit the ground running with work," she reveals. "I think it's possible." And that is from a woman who has never had help from a nanny!

**Related Link:** [Ben Affleck Says Jennifer Garner's Love Has Helped Him Become a Hollywood Star](#)

# Hollywood Star on Her Celebrity Marriage

When it comes to her celebrity marriage, Fisher knows the importance of making your spouse feel loved and appreciated. “We celebrate each other and like to raise each other up. That’s sexy,” she says. “It’s sexy to see your partner doing what they love. It’s also sexy to me to see what a great father he is – that’s impressive.”

She adds with a laugh, “More than, you know, romance in the bedroom – but you do have to fit that in too!”

For date night, the famous couple enjoys going to sushi bars and eating good food. Recently, they went and saw Brad Garrett, Fisher’s costar in *‘Til Death*, in a comedy show. When it comes to family time, they have game nights and movie nights, frequent the beach, and go bowling. “Our house is very open. We love having Sundays here, and I cook for everybody,” she reveals. “We’re all really close. I don’t go a day without seeing my family.”

People are in awe of her 18-year celebrity marriage because it’s rare these days – especially in the entertainment industry. “It’s work, but I don’t feel like it doesn’t have its rewards,” she divulges. “So the work is the same thing as when you work really hard and you earn your paycheck and you get to see the fruits of your labor.” When talking to the star, it’s evident that her family is her proudest accomplishment.

Visit [www.ifaw.org/united-states/our-work/political-advocacy/protect-campaign](http://www.ifaw.org/united-states/our-work/political-advocacy/protect-campaign) to watch the PROTECT PSA campaign.

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# Celebrity Video Interview: Actress Tia Mowry Says, “There’s No Such Thing as Balance!”



Interview by [Lori Bizzoco](#). Written by Shannon Seibert. Perhaps fans best recognize Tia Mowry from the 1990s television series *Sister, Sister*, but she’s come a long way since then! Currently playing Stephanie Phillips on the popular Nickelodeon show *Instant Mom*, she channels her real life experiences as a wife and mother for the role: She married actor Cory Hardrict in 2008, and they welcomed their son Cree Taylor into their family in 2011. In our [celebrity video interview](#), Executive Editor Lori Bizzoco chats with the

actress about marriage, motherhood, and her busy career, including her current partnership with the National Center for Missing & Exploited Children (NCMEC) and Honeywell.

**Related Link:** [‘Sister, Sister’ Star Tia Mowry and Actor Husband Cory Hardrict Are Expecting](#)

## **Tia Mowry on Being a Celebrity Mom**

Finding balance can be seemingly impossible when you’re a working parent – but Mowry has figured it out. “Be honest with yourself. In my opinion, there’s no such thing as balance!” the celebrity mom says with a laugh. “Some days, you’re going to be a better mom than other days.” She candidly adds, “I have a three-and-a-half year old at home, but I still consider myself a new mom. I’m still learning new things.”

Of course, there are some days where you just can’t do it all. In those situations, she encourages other working parents to lean on their partners. “My husband is extremely considerate,” she shares in our celebrity video interview. “That’s better than receiving flowers on Valentine’s Day!”

## **Actress Shares Relationship Advice in Celebrity Video Interview**

Despite her busy schedule, the star still makes time for her favorite date nights with her man – relationship advice that she says is important for keeping the passion alive in a marriage. “It’s when we both get dressed up and get sexy for ourselves, for each other. I put on my really nice, sexy dress and red lipstick, and my husband puts on a really nice suit,” she explains. “Then, we go to our favorite restaurant...and really have a great meal and have a great glass of wine.”

**Related Link:** [Date Idea: Spend an Intimate Night Indoors](#)

Mowry also talks with us about her work with the NCMEC and Honeywell and the KidSmartz “Safety Dance” contest. For her, this partnership was a no-brainer. “As soon as you become a mother, you’re constantly worrying. My child’s safety is my number one priority,” the celebrity mom reveals. For more information about KidSmartz and the current contest, check out their website.

*You can keep up with Tia on Twitter @TiaMowry and [www.facebook.com/TiaMowry](http://www.facebook.com/TiaMowry).*

*For more videos from [CupidsPulse.com](http://CupidsPulse.com), check out our [YouTube channel](#).*

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## **Another Celebrity Pregnancy! Alec Baldwin and Wife Hilaria Share Baby News**





By [Whitney Johnson](#)

New year, new celebrity baby! It looks like there's going to be another celebrity kid toddling around soon, because [Hollywood couple](#) Alec and Hilaria Baldwin rang in 2015 by sharing their celebrity pregnancy news. According to [UsMagazine.com](#), in the sweet announcement, the actor holds their 16-month-old daughter Carmen as she touches her mom's growing stomach. Along with the photo, Hilaria wrote: "The sun has set on 2014 and on my year of daily #hilariaypd ....2015 is going to be very exciting as we are thrilled to announce we are expecting another little addition to our family! (tadasana) #yogapostureoftheday."

**The Baldwins' celebrity pregnancy news shows they're ecstatic for their newest celebrity baby. How do you think you should prepare**

# differently for a second child?

## **Cupid's Advice:**

With every addition to your family comes moments of excitement...and exhaustion. Still, after you welcome your first child, you should feel a bit more ready for future babies. So how do you prepare differently for a second child during pregnancy? Cupid has some ideas:

**1. You have more hand-me-downs:** Before your first baby was born, you were probably scouring the Internet for “must-haves” and stocking your home with all of the essentials: a crib, a changing table, a car seat, a stroller, clothes...the list goes on. Now, though, you should have plenty of hand-me-downs for your second child to use.

**Related Link:** [Kourtney Kardashian Says She Feels 'Blessed' After Birth of Third Child](#)

**2. You don't feel so stressed:** No matter how many books you read or how many friends you grill, it's hard to truly prepare for becoming a parent. Since you already have one child to call your own, you won't feel quite so much worry as you get ready for your family to grow.

**Related Link:** [Blake Lively Shares That Her Family Will Influence How She Raises Her Child](#)

**3. You have another child to focus on:** Of course, you can't forget about your oldest kid just because you have a baby on the way! This time around, you'll have a new set of worries: Will he like his baby sister? Will she feel neglected when her brother arrives? Try to make those last few months as a family of three extra special for your little one.

**Cupid wants to know:** How did you prepare differently for your second child?

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# How to Celebrate the New Year with a New Baby



By [Courtney Omernick](#)

You may think that all of the fun of New Year's is over because you have a new baby in the house, but guess again! Just because your newborn is taking control of how you spend your time doesn't mean you have to have a dull New Year's celebration. Check out some fun ways to celebrate New Year's with your baby in tow:

**1. Host a slumber party:** If you have enough space in your

home, consider inviting a few of your friends who have children to party at your place. Yes, your house will have even more chaos because of the extra children, but this gives your friends an incentive to get out of the house and celebrate too! You can even have it catered to take some of the pressure off of you and your partner.

**Related Link:** [Scarlett Johansson Secretly Married Romain Dauriac in October](#)

**2. Dress up:** If you're planning a night in, you don't have to resort to sweats! Add some sparkle to the event by wearing a skirt or dress (for her) and a bowtie and suit (for him). Make sure to include your new baby in the festivities by dressing them up in a cute outfit too!

**Related Link:** [Did 'Bachelor' Winner Nikki Ferrell Reveal She Has A New Man?](#)

**3. Bring your baby to the party:** Obviously, this option depends on the type of party you're attending. After all, you won't want to bring your baby to a loud bar. But if you're going to a friend's house, you might be able to bring your newborn along. If there's a place in your friend's home where you can put your child down for bed, you won't even have to worry about interrupting their usual routine.

**How else can you celebrate the New Year with a new baby? Share your ideas in the comments!**

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**Blake Lively Shares Her**

# Christmas Traditions



By [Courtney Omernick](#)

This week, [UsMagazine.com](#) reported on the interesting Christmas traditions that actress and mom-to-be Blake Lively partakes in each year. Lively said that her family spends the whole day in the house with one another. And, at the end of the day, they all pile into the same bed. Talk about a close Christmas!

**What are some ways to make new traditions with a new partner?**

## **Cupid's Advice:**

It's almost time to ring in the new year, and if you have a new partner, it can be a great time to create special and fun Christmas traditions. Below is a suggested list of ways to



come up with these new traditions:

**1. Blend ideas:** Seeing as how you both came from different families, you might have a few different traditions. You and your new partner can take ideas from the old traditions that you both have and “reformat” them into a new tradition that you celebrate together.

**Related Link:** [Hugh Hefner and Crystal Harris Debut Cute 2014 Christmas Card](#)

**2. Consult the Internet:** Thanks to Buzzfeed, articles that incorporate lists have become extremely popular. Even a simple Google search of “Christmas traditions” can help you and your partner come up with unique ideas.

**Related Link:** [Blake Lively Proclaims Pregnancy is What She Always Wanted](#)

**3. Be spontaneous:** The great thing about traditions is that they continue because of something awesome that happened one year. Why not wait and see what activities you two can spontaneously come up with together this year? What makes it a tradition is repeating it the next year, so there’s no limit to what you can do.

**What are some other ways you can make new traditions with a new partner? Comment below!**